



It took two Devils to wrap up and bring down Middlesex ball carrier Raquan Marshall last Friday night. Photo by Lisa Hinton-Valdrighi

Chargers double Red Devils, 28-14

by Lisa Hinton-Valdrighi

Coach Billy Jarvis, who once called plays for the Red Devils, brought his Chargers across the river to hand Lancaster its first home loss of the season last Friday, 28-14.

Injuries and cramps didn't help Lancaster's game plan but new head coach Draper Washington refuses to make excuses for his team's loss.

"It was hard to get a rhythm going when you don't have someone in there consistently," he said. "We had Chris [Dameron] out and our other runners kept coming out with cramps after each run. When you're first option goes down, then it was running back by committee.

"But I will not make excuses for why we didn't finish the game," he added. "I have to teach these kids it's about what we do and don't do. Jarvis had his kids well prepared. When they were third and long we had to get them off the field and we weren't able to do that."

Lancaster workhorse Chris Dameron managed 87 yards on eight carries in the first half before exiting the game just before halftime with a knee injury. He sat the bench the remainder, which left a void in the Devil backfield.

The score was knotted at 14-14 at the half. The Chargers found the zone on their first possession and Lancaster answered with the first of two Tafari Wall-to-Calvin Henderson connections. Wall hit Henderson on a 30-yard scoring pass with 8:40 to play in the first.

Middlesex converted a third and 15 with a huge 65-yard scoring run by Demetre South for a TD with three minutes left in the opening period. South cut left, broke two or three tackles, jumped a downed Devil defender then cut back across the field to sprint 30 more yards down the right sideline. Jack Ruark's second PAT of the night lifted the visitors, 14-7.

Lancaster's Darius Reed came up with a key interception at the LHS 35-yard line with eight minutes to play in the half and five plays later Wall hit Henderson on a 16-yard TD toss. Evan Steensma kicked his second PAT for the Devils to tie the game at 14-14.

A scoreless third quarter included a missed field goal by both teams and a Wall 6-yard TD run that was called back on a holding call on the Devils.

The Chargers scored on two short-yardage carries in the



It was a pickle juice and mustard kind of night last Friday. Lancaster's Dereonta Redmond takes a drink of pickle juice as volunteer trainer Sandy Zeiler rolls out a cramp in his calf. Lancaster had about a dozen players go down with cramps in the heat and humidity. Photo by Lisa Hinton-Valdrighi

fourth and came up with two key defensive stands, forcing Lancaster to go three and out on back-to-back possessions.

"We have to do the basic things right. Block, tackle and not turn the ball over," said Washington. "And we have to be consistent and keep a rhythm going on offense."

Lancaster managed over 300 yards on offense with Wall completing 6-of-14 passes for 107 yards and two TDs. He hit Henderson for three catches for 60 yards and both scores.

Dameron led the ground game with 87 yards. Dereonta Redmond carried the ball only twice but gained 51 yards, while Tahluk Redmond had nine touches for 37 yards and Damarcus Doggett four carries for 35 yards.

Martez Davis, Adam Wilmore, BJ Lee and Henderson had six tackles each. Davis also had two sacks.

The Devils, now 1-2, will head to the Eastern Shore tomorrow, September 22, for a 7 p.m. kickoff at Nandua.

Lady Devils drop two volleyball matches

by Lisa Hinton-Valdrighi

Lancaster dropped a pair of varsity volleyball matches to Washington & Lee and Middlesex last week.

The Eagles blanked the Lady Devils, 3-0, in Montross last Thursday with wins of 25-15, 25-4 and 25-17 and Middlesex defeated LHS, 3-1, in Saluda Monday.

Middlesex won the first game easily, 25-12, before the Lady Devils rallied for a 25-23, win in the second game. The Lady Chargers claimed the final two games, 25-20 and 25-11, for the best-of-five win.

The Lady Devils seemed sparked in the second game when after Rachel Valdrighi opened the serving for three points, play was stopped and the officials took all three points away and gave the ball and a point to the Chargers. The ruling was Lancaster had submitted a receiving line-up instead of its serving line-up and was out of position on the court.

"Despite the loss, I was proud of how we played against a very good team, especially in set two," said LHS coach Keegan Walters. "We rallied to finally put together the complete set we've been looking for. Now we need to do it for an entire match."

Reghan Jones led the Lancaster servers with 13 for points, while McKenzie Hathaway had 12 digs. Riley Molineaux led the setters with 17 assists.

On the front row, Maddie Davis put over six kills and Aline Johnson had five blocks.

"Our back row has stepped up to pick up a ton of digs and we need to turn those into more kills," said Walters. "Overall, we're coming together well as a team. Now we need to turn them into wins."

Against the Lady Eagles, Jones served for six points, Hathaway had 15 digs and Molineaux five assists with three kills.

"Aside from the second set of the match, I was pretty pleased with our

play," said Walters. "We're still working on closing out because we seem to slow down toward the end of sets.

"Sydney Price put up a great game on the front row," he added. "It has been fun to see her develop as a tenth grader and gain confidence in her play."

Lancaster will host Essex in its first Northern Neck District match tonight, September 21, and play a rematch with Washington & Lee in Montross Tuesday, September 26.

"This part of our schedule is much more difficult than the beginning of the year," said Walters. "So each of these games will leave us a stronger team."

Junior varsity

In JV action, the Lady Devils swept both Washington & Lee and Middlesex, 2-0, to remain unbeaten.

Lancaster defeated the Lady Eagles, 25-16 and 25-8, last Thursday.

Madison Giese put over five aces and Rachel Woolard four in the first game. Amanda Steensma sent over three serves for aces.

In the second game, Giese had 10 aces and Woolard six. Katherine Thomas put over two.

Woolard had six sets in the match and Thomas one.

Lancaster rallied for an extra-points win, 27-25, over Middlesex in the first game Monday night and took the best-of-three match with a 25-9 win in the second game.

Blair Smith had eight good serves with two aces to lead the Lady Devil servers in the first game, while Steensma did most of the work behind the service line in the second with 14 good serves and four aces. Smith also had two aces in the second game.

Woolard led the defense in the first game with eight digs and Giese had seven. Giese also had two kills and Kat Zeiler laid down three.

Thomas led the setters with 15 in the first game and Woolard had six in the second.

Red Devils golfers sink Trojans, 176-189, fall to Raiders, 154-174

by Lisa Hinton-Valdrighi

Sheridan Ford shot a team-low 41 and all six of the Red Devil golfers shot in the 40s last Thursday as Lancaster took a 13-stroke win over Essex at Golden Eagle Golf Course in Irvington.

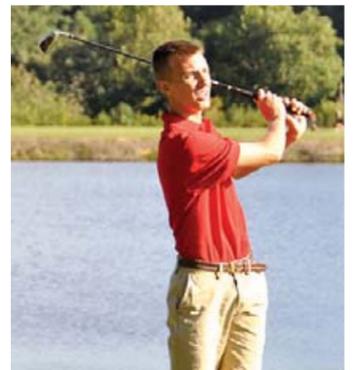
Spencer Crittenden and Nicklaus Ford both shot a 44 and Blake Smith came in with a 47 in the nine-hole match as the four scorers for the Devils, who finished with a team score of 176. Roman Cutler also shot a 47 and Jacob Hudnall a 48.

Tristan Gross, playing in the number three spot for the Trojans, posted the match low of 40 to lead Essex, which finished with a 189. Hunter Shackelford shot a 45, Cliff Whitlock a 51 and Tae White a 53 as the four scorers for the Trojans.

Reed Thorne shot a 36 for the match low as Rappahannock beat Lancaster last Tuesday at Quinton Oaks Golf Course near Callao. The Raiders finished with a 154 team score, 20 strokes better than Lancaster's 174.

Daniel O'Bier shot a 38 for Rappahannock, Brandon Whaley a 39 and Sydney Deshazo a 41.

S. Ford had the low for Lancaster,



Lancaster's Nicklaus Ford knocks his second shot onto the green at Golden Eagle Golf Course. Photo by Lisa Hinton-Valdrighi

shooting a 37, while Crittenden had a 45 and N. Ford and Hudnall tied with a 46 each. Cutler and Evan Steensma also played for LHS.

The Devils were scheduled to wrap up regular season play September 19 against Northumberland and will play in the Northern Neck District tournament on September 25.

SCORES & SCHEDULES

Varsity football

Middlesex 28, Lancaster 14
Northumberland 51, Mathews 0
Essex 60, Surry 0
W&L 38, Rappahannock 27
Sussex Central 18, Colonial Beach 12 (OT)
Christchurch 47, Randolph-Macon 8

JV football

Middlesex 32, Lancaster 6
Varsity volleyball
W&L def. Lancaster, 3-0
Middlesex def. Lancaster, 3-1
Northumberland def. Northampton, 3-0
West Point def. Colonial Beach, 3-0
Rappahannock def. Middlesex, 3-0
Norfolk Collegiate def. Christchurch, 3-0
Steward School def. Christchurch, 3-0
St. Margaret's def. Christchurch, 3-0

JV volleyball

Lancaster def. Washington & Lee, 2-0
Lancaster def. Middlesex, 2-0
Norfolk Collegiate def. Christchurch, 2-1

Varsity field hockey

Northumberland 2, Caroline 0
Colonial Heights 3, Northumberland 2 (OT shootout)

Golf

1. Lancaster 176. 2. Essex 189.
1. Rappahannock 154. 2. Lancaster 174.
Cross country
Boys results
1. Mathews 25. 2. Lancaster 36.
3. Washington & Lee 83.
Girls results
1. Mathews 22. 2. Washington & Lee 50.
3. Lancaster 64

Varsity soccer

Christchurch 3, St. Anne's Belfield 1
Christchurch 2, Highland School 0
St. Christopher's 1, Christchurch 0

Upcoming Games

Varsity football
(7 p.m.)
September 22:

Lancaster at Nandua
Northumberland at Middlesex
Washington & Lee at King William
Colonial Beach at Charles City
West Point at Northampton
K&Q at Rappahannock County
Franklin at Park View
Surry at Greenville
Southampton at Sussex Central
Brunswick at Windsor
September 23:
Atlantic Shores at Christchurch, 1 p.m.

Varsity/JV volleyball

(JV 5:30 p.m., varsity 7 p.m.)
September 21:
Essex at Lancaster
Northumberland at Colonial Beach
September 22:
Cape Henry at Christchurch, JV 5 p.m., varsity 6 p.m.
September 23:
Walsingham at Christchurch, JV 2 p.m., varsity 3:30 p.m.

September 26:
Lancaster at Washington & Lee
Bishop Sullivan at Christchurch, JV 4 p.m., varsity 5 p.m.
September 28:
Lancaster at Rappahannock

Golf

(4 p.m.)
September 21:
Northumberland vs Essex and Middlesex at Piankatank Golf Course
September 25:
Northern Neck District Tournament

Cross country

September 21:
King & Queen, King William and Middlesex at Northumberland, 5 p.m.
September 26:
Lancaster at West Point, 5 p.m.

Varsity field hockey

September 22:
Highland Springs at Northumberland, 7 p.m.



Lancaster High School boys and girls cross country team members from left are (front row) Katelin Seaver, Emily Kane, Skylar Bean and Leanne Nguyen; (next row) Dominique Veney, Marcus Keeve, Will Parker, Darius Reed, Ashton Hollingsworth, Tucker Vanderpool, Mears Pollard, Nathan Spiers, Tara Gill, Zach Kane, Hailey Smith, Deavion Harding, Marshall Lee and Kyle Bean. Photo by Lisa Hinton-Valdrighi

Smith, Nguyen and Reed lead the pack

by Lisa Hinton-Valdrighi

Lancaster High School eighth grader Hailey Smith paced the field of 122 female harriers to win the junior varsity girls race at the William & Mary Cross Country Invitational last Saturday.

Smith ran the 5000-meter race in 22:26.40, beating out runner-up, West Potomac senior Jackie Bewick, by five minutes.

Although it was a JV race, there were three senior runners, one junior and one sophomore in the top six. In fact, Smith was one of only two middle school students in the top 13 finishers.

Smith was also the first female runner across the finish line at tri-meet at Lancaster last Wednesday, running the 3.1-mile race in 23:11.

Lancaster senior Leanne Nguyen was the girls varsity medalist with a time of 23:55. Mathews had three runners finish in the top five and seven runners in the top 10 to score a team low 22 points as the meet winner. Washington & Lee was second with 50 points and Lancaster third with 64.

Nguyen was also Lancaster's top finisher in the W&M race, placing 41st out of 141 runners in the varsity "B" race.

Also running for the Lady Devils this year are junior Mears Pollard, sophomores Skylar Bean and Tara Gill and freshmen Katelin Seaver and Emily Kane.

Boys team

In the boys race at LHS last Wednesday, Lancaster senior Darius Reed finished a step ahead of teammate, junior Dominique Veney, as the individual medalist. Reed ran the race in 18:56 and runner-up Veney finished in 18:56.5.

The Red Devils had three finish in the top 10 to place second with 36 team points.

Mathews won the race with 25 points and Washington & Lee third with 83.

Lancaster senior Will Parker was 10th with a time of 21:18 and sophomore Deavion Harding was 11th (21:24). Freshman Marshall Lee placed 12th



Lancaster's Darius Reed (right) pushes to cross the finish line just steps ahead of teammate Dominique Veney at a tri-meet at Lancaster last Thursday. Photo by Lisa Hinton-Valdrighi



Lancaster's Hailey Smith won the junior varsity race at the William & Mary Invitational last Saturday.

(21:43).

Also running this season for the boys team are seniors Kyle Bean and Nathan Spiers, junior Tucker Vanderpool, Zach Kane and Marcus Keeve and freshman Ashton Hollingsworth.

Lancaster will be on the cross country circuit again Wednesday, September 26, at West Point and will host meets October 4 and 18 prior to the Northern Neck District tournament.



Leanne Nguyen was the first Lancaster girl to cross the finish line at last week's tri-meet. Photo by Lisa Hinton-Valdrighi

SPORTS SHORTS

Alzheimer's discussion

Living with Alzheimer's: The Early Stage for Care Partners will be presented from 10 a.m. to noon Tuesday, September 26, at Rappahannock Westminster-Canterbury, 132 Lancaster Drive, Irvington.

In the early stage of Alzheimer's disease, families face new questions as they adjust. This session should provide some practical answers to the questions that arise in the early stage. Hear from those directly affected and learn what to do to cope with the changes that come with an early-stage diagnosis.

Charity golf

The seventh annual Special Operations Warrior Foundation Chesapeake Bay Charity Golf Event will be held Wednesday, September 27, at King Carter Golf Club, 480 Old St. Johns Road, Irvington.

The format will be a four-person captain's choice. For a brochure with event schedule, sponsorship and registration information, call Tom Quinn, 703-402-6121, or Fred Gilman, 761-1427.

Golf tourney

The Virginia Veterans Golf Tournament will be held Friday, September 22, at the Piankatank River Golf Club in Hartfield. Hosted by the Knights of Columbus Assembly 3349, the event is a four-player captain's choice competition. Registration will begin at 11 a.m. A shotgun start will follow at noon.

The entry fee is \$80 per player which includes use of the practice range, golf cart rental, greens fee, on-course beverages and dinner in the Steamboat Restaurant. To sign up, contact Al Langer, 776-7427, alanger1@va.metrocast.net; or Richardson, 776-0949, lynnegary@gmail.com.

Mind & Muscle

Modern medicine has made great strides in reducing, diagnosing and treating breast cancer. Bon Secours Rappahannock General Hospital imaging manager Chris Shepperson will discuss some of these advances at Rappahannock Westminster-Canterbury's final 2017 Mind & Muscle event at 11 a.m. on October 2.

The program, which is free and open to the community, includes a complimentary luncheon at noon. Reservations are required. Call 438-4000.

Little League

Northumberland County Little League will hold a general membership meeting at 7 p.m. September 28 at the Northumberland County Little League Complex board room, 529 Academic Lane, Heathsville. To become a general member for the 2018 season, there is a \$5 membership fee that must be paid by September 23.

The agenda will include elections, reports, approval of the constitution and the transaction of business as may properly come before the meeting. For a copy of the constitution, contact Withers at mwithers0864@gmail.com, or 724-0845.

Skipjack sails

The Reedville Fishermen's Museum, 504 Main Street, Reedville, recently announced the schedule for public sails on the historic Chesapeake Bay skipjack *Claud W. Somers*. Sails are planned for 1 to 3:30 p.m. on Saturdays, September 23; and October 14 and 28.

Fees are \$25 for members, \$30 for other adults and \$15 for ages 12 and younger. Children weighing less than 50 pounds are not permitted unless coordinated in advance and may be required to provide their own U.S. Coast Guard-approved life preserver. For reservations, call 453-6529. Walk-ons are accepted, space permitting.



Northumberland's Shannon Baker (right) fights for possession against Caroline during a varsity field hockey game.

Lady Indians showing improvement in field hockey, says the coach

After suffering a four-goal shutout by Colonial Heights two weeks ago, the varsity Lady Indians rallied to force the Colonials into a three overtime outing in Claraville last Monday.

Northumberland and Colonial Heights played to a scoreless lock at the end of 60 minutes and were still tied at 0-0 after a 15-minute sudden death period where the two teams played 7-on-7. The first shootout, with five shooters from each team taking a goal shot, ended in a 1-1 tie. Two Colonial Heights shooters scored to Northumberland's one in the second sudden death shootout to give the Colonials the 3-2 win.

Breanna Davis scored the two overtime goals for Northumberland.

"This was a great game by both teams and they played a thrilling game," said NHS coach Mark Fridenstine. "The Indians are showing great improvements, they worked well together and completed many passes."

NHS 2

Caroline 0

Davis also scored both of the Lady Indians' goals last Tuesday when Northumberland beat Caroline County, 2-0.

Hannah Loving had the assists on both of Davis' goals. The two combined to score with eight minutes to play in the first half and again four minutes into the second half.

"This back-to-back game was tough after going to triple overtime the previous night," said Fridenstine. "Grit, heart and determination won the game."

Henrico 3

NHS 1

Northumberland lost back-to-back in the Henrico High School Tournament on September 9, falling to the host Warriors, 3-1, in the first game.

Loving took three break-away shots and had the only goal for NHS.

New Kent 6

NHS 1

New Kent beat NHS, 6-1, in the second game with Davis scoring the Lady Indians' only goal with under two minutes to play.

Northumberland's Lauren Suchan and Zoie Sadler were named to the all-tournament team.

The Lady Indians will host Bruton at 6 p.m. today, September 21.

Junior varsity

In junior varsity matches last week, Northumberland lost two games in the Henrico High School Tournament, losing, 3-2, to the host Warriors in an overtime shootout.

Chley O'Bier and Graci Hall both scored in overtime for Northumberland.

Hannah Hall scored the one goal for Northumberland in a 4-1 loss to Matoaca in the Lady Indians' second tournament game.

Sisters H. Hall and G. Hall were named to the JV all-tournament team.

The Indians and Colonial Heights played to a 1-1 tie on September 11 with O'Bier lifting NHS to a 1-0 lead with a first-half goal. Ariana Smith scored for Colonial Heights in the second to tie the game.

Christchurch sacks Randolph-Macon, 47-8

Hosting Christchurch School defeated Randolph-Macon Academy, 47-8, on Saturday.

Despite giving up a 55-yard touchdown on the first play from scrimmage, the Seahorses held the Yellow Jackets in check for the rest of the game, while racking up over 300 yards on offense, reported Jennifer Homer.

Christchurch tailback Sebastian McGill rushed for 84 yards on 13 carries and caught a pass for 32 yards. Quarterback Jackson Swanner finished the day 4 of 5 for 61 yards and no interceptions. He also rushed for 35 yards on 5 carries.

Senior captain B Pressley visited the end zone with two rushing touchdowns and a punt return for a 63-yard score as the half came to a close.

On defense, Connor Gordon

had several key pass break-ups and an interception for 31 yards into the Yellow Jackets' red zone, setting up a Christchurch score.

Matthew Shackelford had five tackles, an interception on defense, 14 yards on four carries and a reception for seven yards on offense.

The Seahorses host the Seahawks of Atlantic Shores Christian School this Saturday at 1 p.m. Admission is free.



Weekly Tides

Windmill Point - Sunrise & Moon - September 2017

Fri. 9/22 2% Moon	High 12:50 Low 7:17 High 1:12 Low 7:46	1.5' 0.1' 1.6' 0.2'	Sunrise 6:53 Sunset 7:02 Moonrise 9:08 Moonset 8:44	Tue. 9/26 28% Moon	High 3:33 Low 9:59 High 4:04 Low 10:50	1.2' 0.5' 1.3' 0.6'	Sunrise 6:57 Sunset 6:56 Moonrise 12:54 Moonset 11:13
Sat. 9/23 7% Moon	High 1:30 Low 7:56 High 1:53 Low 8:30	1.4' 0.2' 1.5' 0.3'	Sunrise 6:54 Sunset 7:00 Moonrise 10:07 Moonset 9:18	Wed. 9/27 37% Moon	High 4:21 Low 10:49 High 4:56 Low 11:44	1.1' 0.6' 1.3' 0.7'	Sunrise 6:58 Sunset 6:54 Moonrise 1:45 Moonset 11:58
Sun. 9/24 13% Moon	High 2:09 Low 8:35 High 2:34 Low 9:14	1.3' 0.3' 1.5' 0.4'	Sunrise 6:55 Sunset 6:59 Moonrise 11:04 Moonset 9:53	Thu. 9/28 47% Moon	High 5:15 Low 11:44 High 5:54	1.1' 0.7' 1.3'	Sunrise 6:58 Sunset 6:53 Moonrise 2:33
Mon. 9/25 20% Moon	High 2:50 Low 9:15 High 3:17 Low 10:00	1.2' 0.4' 1.4' 0.5'	Sunrise 6:56 Sunset 6:57 Moonrise 12:00 Moonset 10:31	Fri. 9/29 56% Moon	Low 12:42 High 6:15 Low 12:44 High 6:53	0.7' 1.1' 0.7' 1.3'	Sunrise 6:59 Sunset 6:51 Moonset 12:46 Moonrise 3:19

PM times are in boldface type



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ICYCC Ladies Handicap Tournament winners from left are Audrey Saunders, Kendall Minton, Seale George, Charlotte Farrar and champion Cyndie Stephenson.

CLUB GOLF

Golden Eagle

Golden Eagle Golf Club Labor Day Golf play day winners for September 18 were first, Allen Robins; and second, (tie) Tom Ray and Carl Roane.

Indian Creek

The Indian Creek Yacht and County Club 18-Hole Ladies Golf Association two-day handicap tournament overall winner and champion on September 12 was Cyndie Stephenson. The first flight winner was Charlotte Farrar; second flight, Seale George; third flight, Kendall Minton; and fourth flight, Audrey Saunders.

King Carter

King Carter Golf Club men's play day winners for September 8 were first, Phil Booth; second, Tom Cernicky; and third (tie) Ron Carey and Tom Chapman. September 11 winners were first, Ned Crockett; second, Arvid Frankenhoff; and third, Ed Kazenske. September 13 winners were first, (tie) Tony Sica and Carey; third, Crockett. September 15 winners were first, (tie), Dave Gwaltney and Jon Baer; third, Bruce Adams.

Piankatank River

Piankatank River Ladies Golf Association first flight winners for September 14 were first, Mary Francisco; second, Kelly Lowe; and third, June Klink. Second flight winners were first, Karen Gorin; second, Lynne Richardson; and third, Bev Hudgins.

Quinton Oaks

Quinton Oaks Men's Golf Association first flight winners for September 12 were first, Ed Hoeck; and second, (tie) John Sadler and Don Short. Sadler had an eagle on #6.

Second flight winners were first, Bobby Albrite; second, Dale Henderson; and third, Jim Hanline.

Bailes, Williams and Hawkins place first at VMS FASTRAK championship weekend

Ross Bailes put on a clinic leading flag to flag on Saturday, September 16, to capture the \$20,000 FASTAK World Championship presented by James River Equipment at Bill Sawyer's Virginia Motor Speedway, 4426 Tidewater Trail, Jamaica.

Bailes took the lead on the drop of the green flag and then held off a hard charging Chris Ferguson, by .985 seconds for the victory in the 60-lap race, reported director of sales, marketing and public relations Dave Seay.

"If you don't have a Barry Wright ICON race car you need to get you one, this car was flawless all weekend; I can't thank Barry Wright and the crew enough for putting such a great car under me," said Bailes in the WhosYourDriver.org Victory Lane.

Rounding out the top five were Ferguson, Ryan Montgomery, Walker Arthur and Tyler Bare.

The event attracted a record car count for Virginia Motor Speedway of 71 entrants, said Seay.

World Challenge

On Friday, September 15, VMS 2017 Pro Late Model champion Justin Williams used a

PIT STOP

Virginia Motor Speedway

September 15 results

\$5,000 to win FASTRAK World Challenge: First, Justin Williams; second, Tyler Bare; third, Walker Arthur.

September 16 results

\$20,000 to win FASTRAK World Championship: first, Ross Bailes; second, Chris Ferguson; third, Ryan Montgomery. **\$3,000 to win Southeast Modified Championship:** first, Jake Hawkins; second, Chris Arnold; third, Ryan Ayers.

little home cooking to take home the \$5,000 FASTRAK World Challenge victory.

Williams powered to the outside of Walker Arthur on lap 15 of the 40-lap race and then held off Tyler Bare for the victory, reported Seay.

"Getting this win is pretty awesome, I have to thank Tyler Bare for running me clean right there at the end, he probably had the faster car, I was slowing him up there in three and four. Like I said this is pretty awesome it is the biggest money race I have ever won," said Williams in the WhosYourDriver.org Victory Lane.

Rounding out the top five

were Bare, Walker Arthur, Henry Hornsby and Logan Roberson.

Modified Series

In other action Jake Hawkins held off Chris Arnold of Matoaca for his first Southeast Dirt Modified Series win and the \$3,000 check, said Seay.

Rounding out the top five were Arnold, Ryan Ayers, Jordan Taylor and Mike Reynolds.

The next event will be the 13th annual Run-A-Muck Mud Bog and Mud Sling at The Pit at Virginia Motor Speedway on October 14. Eleven divisions will compete. Stone Crusher with driver Steve Sims will be on hand for a bone crushing monster truck freestyle show.

SPORTS SHORTS

Hospice regatta

Early registration for the 22nd annual Hospice Turkey Shoot Regatta is open. The regatta will be held September 29 through 31. Shore activities start Friday night under the tent at Rappahannock Yachts. Regatta competition will follow on Saturday and Sunday.

All boats with a design of 20 years or older and over 18 feet in length are eligible. Register at turkeyshoot.org.

VAHS luncheon

The Northern Neck-Middle Peninsula Chapter of the Virginia Aeronautical Historical Society (VAHS) will meet at 11:30 a.m. today, September 21, at the Pilot House Restaurant, 2737 Greys Point Road, Topping.

The speaker will be Norton Hurd. He served as a naval aviator and torpedo-bomber pilot in World War II in the Pacific. He was a member of the "Hell Razors" and flew in the first group of Navy planes to bomb Tokyo.

Ultimate

The Northern Neck Ultimate Frisbee Association (NNUFA) meets at 5:15 p.m. Thursdays at the Irvington Commons, 98 King Carter Drive, Irvington, for fun and exercise. The coed NNUFA is open to those of all skill levels. No experience is necessary.

Jack Johnson-Buddy Loving tournament raises \$2,400

The Jack Johnson-Buddy Loving Scholarship Tournament was held on Sunday, September 17, at Indian Creek Yacht and Country Club.

This event honors two of the club's past visionaries, Jack Johnson, PGA, and Buddy Loving, reported head golf professional Brenda Mayer, PGA.

Johnson was the head professional from 1970-75. He created the scholarship, said Mayer. Loving was a golf course architect and member who developed the plans to expand the course from 9 holes to 18.

The scholarship is awarded to a student golfer from Northumberland High School or Lancaster High School based on integrity, leadership, teamwork and academics, she said.

Eighty players attended the event, 40 women and 40 men, said Mayer. The event raised over \$2,400 for the scholarship fund.

The Men's Division Net Champions, Dwight Clarke, Bill Broaddus, Jim Rankin and Charlie Bradshaw, shot a 56.2.

The Ladies Division Net Champions, Carol Johnson, Tammy Corrie, Kay Stout and Ellie Davis, shot a 58.3.

The Men's Division Gross Champions, Mike Petty, Mac



From left are Kay Stout, Carol Johnson and Ellie Davis.



From left are Dwight Clarke, Bill Broaddus, Jim Rankin and Charlie Bradshaw.

Conway, Ed Rocella and Rob Pittman, shot a 57. This was formerly Jack Johnson's team and they represented him well.

The Women's Division Gross Champions, Seale George, Molly Gatchell, Isabelle Bunch and Beth Kendrick, shot a 68.

Chesapeake Bay Croquet Club hosts tourney

The Chesapeake Bay Croquet Club (CBCC) held a U.S. Croquet Association sanctioned tournament last weekend in Hartfield. Fifteen players from up and down the east coast came out to vie for the championship trophies.

The tournament started with a practice and clinic on Wednesday and was followed by singles and doubles play on Thursday through Saturday morning, reported CBCC president Macey White of Hartfield. Playoff games were held Saturday afternoon and the finals were held on Sunday.

White won the Championship Flight followed by Rodney Lassiter of North Carolina. Jeff Morrison of the National Croquet Center in Florida won First Flight and John Priest of Mathews placed second. Yen Sullivan of the National Croquet Center won Second Flight edging Karin Karel of the Delaware Croquet Club.

In doubles play, White and Tom Cooper of New Jersey won the championship. Lassiter and Buck Brewer of Deltaville placed second.

The CBCC was formed in 2016 and built eight laser leveled courts in Hartfield. The CBCC has a dining facility that will seat over 120 people and a courtside clubhouse with locker rooms and lounge. The Chesapeake Bay Croquet Club urges everyone to come out and try the game, he said. CBCC has organized practices for members and visitors at 1 p.m. Wednesdays and Sundays. There is no charge to come out and give this great game a try.



Bo Prillaman makes a difficult shot in an American 6-Wicket croquet game last weekend at the Chesapeake Bay Croquet Club.

BRIDGE RESULTS

Five tables of duplicate bridge were in play September 12 at Hills Quarter.

Winners north/south were

first, Marsha Chapman and Jane Jarvis; and second, Betty Thornton and Millie Wiley.

Winners east/west were

first Pat Anderson and Barbara Sherupski; and second Betsy Heller and Penny Marshall.

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Entries must be delivered to the Rappahannock Record office before 5 p.m. each Friday, or mailed to the Rappahannock Record Football Contest, P.O. Box 400, Kilmarnock, Va. 22482, with a postmark no later than Friday, or enter online at www.RRecord.com (same deadline).

The person who picks the most correct winners will win a \$50 gift certificate to a local business. In case of a tie, the first tiebreaker game will decide the winner. If there is still a tie, the second tiebreaker game will decide the winner.

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Participants, spectators and band members gather for final "Old Fashion Cruise-in" of the season at Stan's Dairy Freeze in Montross.

This One's for Ted: Auto club holds 'Old Fashion Cruise-in' at Stan's Dairy Freeze

The Northern Neck Region of the Antique Automobile Club of America on Friday, September 15, held its final "Old Fashion Cruise-in" of the season at Stan's Dairy Freeze in Montross.

The cruise-in was organized by president Ted Thomas and was held on third Fridays. Thomas was in the hospital and was unable to attend this final event, reported Ward Sevilla.

Participants were requested

to bring canned and other non-perishable food items for donation to the Northern Neck Food Pantry. At least 20 cars were counted with approximately 40 pounds of food collected this month, said Sevilla.

Participants enjoyed fellowship among like car enthusiasts and got a free tasty freeze treat plus chances to win food coupons for Stan's restaurant and a 50-50 drawing for cash. Music

was provided by The Hard to Tell Band each month.

The Northern Neck Region members invite those with an interest in antique and custom cars to join them at the annual Farnham County Fair from 10 a.m. to 3 p.m. Saturday, September 23, at 511 Cedar Grove Road, Farnham. There will be food, vendors, a living history reenactment and music by the Dove Brothers Band.

Stratford Hall hosts Memory Lane Car Club

The Memory Lane Car Club returned to Stratford Hall on Sunday, September 17. More than 80 vehicles of members and friends from all over the state, participated in the annual invitation-only event, reported Jack Ashburn.

The vehicles ranged from the very small Austin Mini of member Howard Collins of Virginia Beach to the very large Classic Cadillac V16 of member Alan Merkel of White Stone. Other vehicles ranged from the American Bantam Coupe of member Bill Stemmerman of Heathsville to the Jeep Military truck of members Bill and Nancy Max of Lancaster.

Also present was a large group of Corvettes, from the 1957 of members J.R. and Carol Roscher of Lancaster, to the 2017 of Northern Neck Corvette Club president Steve Balsam of



Memory Lane Car Club members Glen and Lona Trebour of Gloucester displayed their 1936 Auburn Speedster.

Warsaw.

The Memory Lane Car Club thanks Jon Bachman and the staff of Stratford Hall for their great hospitality in hosting this event every year, said Ashburn.

The car show was part of

Stratford Hall's annual Wine and Oyster Festival, September 16 and 17.

For more collector car fun, join the Memory Lane Car Club at Wings, Wheels and Keels September 30 in Topping.

Conservancy to celebrate the great outdoors on September 24

Boots and Barbecue to benefit the Northern Neck Land Conservancy will be held from 12:30 to 4 p.m. Sunday, September 24, at historic Grove Mount Farm, at 755 Grove Mount Road, near Warsaw.

The theme is "Dogs, Decoys and Doubles," a tribute to how open space and working farm landscapes and their owners have supported the sporting life for centuries on the Northern Neck and Essex County.

"Decoy carving, dog trials and gun displays are all new this year and the Conservancy could not be more excited to share them at Boots and Bar-

becue," said executive director Elizabeth Friel.

The menu will feature fried oysters, barbecue dinner, beer, wine, soda and homemade desserts all included in the \$40 fee. Tickets are available at nconserve.org, or by calling the conservancy 462-0979.

One of Virginia's most talented dog trainers will demonstrate the abilities of Labrador retrievers and other sporting breeds, said Friel.

The event will feature Fritz Wildt, who has trained retrievers for hunting, companionship and competition.

Decoy carvers will bring

blocks of wood to "life" in the form of counterfeit waterfowl. Carvers will include Wade Johnson, Clarence "Juice" McKenney and Willard Bowen. There also will be antique duck decoys and side-by-side shotguns.

Audubon organizes bird walk on Tangier Island

On Monday, September 25, the Northern Neck Audubon Society will conduct a bird walk on Tangier Island in the middle of the Chesapeake Bay.

This will be a great opportunity to see some of the birds that fly over the bay as well as on the island, reported publicity chairman Maggie Gerdts.

The walk will be led by Melissa Gross and Jeff Wright.

Birds that have been sighted during previous September walks include boat-tailed grackles, brown pelicans, marsh wrens, palm and prairie warblers, American oystercatchers, tricolored and green herons, yellow-crowned and black-crowned night herons, glossy ibises, great black-backed gulls, Wilson's storm petrels and ruddy turnstones. Some of these birds are rarely, if ever, seen in the Northern Neck and the Middle Peninsula.

The Chesapeake Breeze ferry departs from Buzzard Point Marina, 468 Buzzard Point Road, Reedville. After a 90-minute narrated cruise,

the ferry will dock at Tangier Island. The Breeze departs at 10 a.m. and returns to Reedville about 3:30 p.m.

During the 2½ hour visit to the island, there will be opportunities to bird, have lunch, take a tour, visit the museum, rent a bike or golf cart, or just stroll around the island.

Tangier Island is only about a mile wide and three miles long, said Gerdts. Several of last year's participants suggested that it would be nice to spend the night at one of the B&Bs on the island and return the next day, giving the opportunity to really enjoy the island.

Participants can bring their own food and drink, or enjoy one of Tangier's restaurants. Individuals will be responsible for purchasing their own tickets for the trip on tour day, or in advance online where there may be discounts. Google Chesapeake Breeze Ferry Boat to Tangier Island, or call 453-2628. The website states that round trip tickets are \$25.

Three Rivers Health District to offer drive-thru flu shots

On September 23, health districts from the Southside, Peninsula, Eastern Shore and Three Rivers areas will provide free flu shots while exercising their emergency response plans.

Some of the locations will be walk-in clinics and others will be drive-thru.

At the drive-thru clinics, folks will not have to exit their vehicle to receive the flu shot, reported regional public information officer Larry Hill. All persons attending the drive-thru clinics are asked to wear short sleeves.

The Three Rivers Health District will offer flu shots at a drive-thru clinic from 9 a.m. to 1 p.m. Saturday for ages 10 and older at Gloucester Fire and Rescue, 7598 Dutton Road, Gloucester.

The flu vaccination is the best way to prevent the flu. All persons age 6 months or older should be vaccinated against influenza each year. The vaccination is especially important

for people at higher risk of complications from the flu. These include:

- Pregnant and postpartum women, or those who will be pregnant during the influenza season;

- Persons over 65 years of age, including residents of nursing homes and long-term care facilities;

- People who have chronic lung or heart problems, including asthma; and

- People who have other serious medical conditions, such as diabetes, kidney disease, cystic fibrosis, anemia, cancer, weak immune systems, HIV, or a seizure disorder.

To help prevent the spread of influenza to people in high risk groups, those who live with people in a high risk group and healthcare workers should also receive an annual influenza vaccine. Travelers to countries outside of the U.S. may also need to consider influenza vaccination, even at different times of

the year.

Influenza, commonly called "the flu," is a serious disease caused by the influenza virus that affects the respiratory tract. It is highly contagious and generally spreads from person-to-person when an infected person coughs or sneezes. The virus can be transmitted even before flu-like symptoms appear. A person usually becomes sick one to three days following exposure to the virus. Typical flu symptoms include fever, dry cough, sore throat, runny or stuffy nose, headache, muscle aches and extreme fatigue.

To minimize the risk of contracting or transmitting the flu, follow these simple steps:

- Get vaccinated.
- Wash hands frequently and thoroughly, for at least 20 seconds.

- Cover when coughing, either by using a disposable tissue or coughing into a sleeve, not a hand.
- Stay at home when sick.

Seamanship course fee reduced by donations from Cole Foundation

Northern Neck Sail and Power Squadron will teach a seamanship course starting October 7 and continuing for six Saturdays. The course will be offered from 9 to 11 a.m. at Lancaster Community Library, 16 Town Centre Drive, Kilmarnock.

This is the first time a U.S. Power Squadron seamanship course will be offered to the

public in the Northern Neck, reported executive officer Ray Reuter. This course will build boating confidence and competence for safe and fun on-the-water adventures.

It will provide a foundation of knowledge and skills in boat handling and maneuvering, boat operation, skipper's responsibilities and boating techniques that will advance

boating enjoyment, said Reuter.

The fee is \$20. Previously, the fee was posted at \$58, however, all other instructional materials including books will be funded by donations from the Cole Foundation.

To register, call educational officer Tony Russo at 438-8085.

RWC readies for Alzheimer's Walk

The Northern Neck's Walk to End Alzheimer's is slated for October 7 and employees and residents of Rappahannock Westminister-Canterbury are getting ready early. They'll kick off activities Friday, September 22, hoping to generate interest, enthusiasm—and dollars—to support the upcoming Walk to End Alzheimer's at Bethpage Campground in Urbanna.

RWC's residents include some with dementia and Alzheimer's disease, said Mary Arthur, dementia care coordinator.

"We see a lot of families

struggling. But there is hope and there is support," said Arthur.

The RWC community has made Alzheimer's care and research a priority, raising thousands of dollars each year. In 2016, RWC won third place in fundraising for the walk.

While the flurry of fundraising activities in September is only open to RWC residents, the Northern Neck and surrounding community is invited to join Rappahannock Westminister-Canterbury's Walk Group "RWC Yes2Years" or make a donation by going to <http://bit.ly/2w0qfzb>. Support

is welcome. This year's team goal is to raise \$3,000.

"We're in this fight together," said Arthur, whose interest in dementia care came from serving as primary caregiver to her grandmother.

According to the Alzheimer's Association, more than five million Americans are living with Alzheimer's Disease and by 2050, that number could reach 16 million. It's the sixth leading cause of death in the country and each year, more than 15 million people provide unpaid care for patients with Alzheimer's or other forms of dementia.

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From left are (front row) Annabel Clair, June Nichols, Violet Edmonds, Weston Kenner, Noel Wessinger, Lucas Rafael, Veronica Edmonds, Finley Burke, Emory Simmons, Julian Hart and Nolan Pittman; (next row) Mason Shelton, John Stephen Weddle, Colton Mothershead, Benton Miller, Brantley Chance, Lucas Claire, Madison Howell, Jacour Mullings, Brendan Beuchelt, Delaney Bowman, Eliza Leo, Joshua Hall, Sophia Davis, Nathan Meberg and Khloe Ridgell; (next row) Layla Leo, Claire Beitel and Gavin Simpson.

Chesapeake Academy welcomes new students

Chesapeake Academy welcomed 30 new students to campus for the 2017-18 school year, reported head of school Julianne Keese.

Joining the prekindergarten 3 & 4 class are Annabel Clair, the daughter of John and Jennifer Clair; June Nichols, the daughter of David and Ivana Nichols; Violet Edmonds, the daughter of Donald and Kimberly Edmonds; Weston Kenner, the son of Jason and Gentry Kenner; Noel Wessinger, the son of William and Graciela Wessinger; and Lucas Rafael, the son of Allan Rafael and Lena Okun.

Also, Mason Shelton, the son of Steven and Whitney Shelton; John Stephen Weddle, the son of John and Alison Weddle; Colton Mothershead, the son of John and Kristen

Mothershead; Benton Miller, the son of Bryan and Jennifer Miller; and Brantley Chance, the son of Alan and Megan Chance.

Joining the kindergarten class are Veronica Edmonds, the daughter of Donald and Kimberly Edmonds; Finley Burke, the son of Justin and Melissa Burke; Emory Simmons, the daughter of Rawleigh and Susan Simmons; Julian Hart, the son of Allison Hart; Nolan Pittman, the son of Robert and Sarah Beth Pittman; Brendan Beuchelt, the son of Chris and Jennifer Beuchelt; and Sophia Davis, the daughter of Danielle Davis.

Joining the first grade are Lucas Claire and Henry Claire, the sons of John and Jennifer Clair; Madison Howell, the

daughter of Joshua and Megan Howell; and Jacour Mullings, the son of Chamaria Dillon.

Joining the second grade is Khloe Ridgell, the daughter of Kelly Ridgell.

Joining the third grade is Delaney Bowman, the daughter of Jesse and Mary Bowman; Eliza Leo, the daughter of Benjamin and Lauren Leo; and Joshua Hall, the son of Jamie and Elizabeth Hall.

Joining the fourth grade is Nathan Meberg, the son of Keith Meberg and Patricia Monge-Meberg.

Joining the sixth grade is Layla Leo, the daughter of Benjamin and Lauren Leo; and Gavin Simpson, the son of Richard and Kendra Simpson.

Joining the seventh grade is Claire Beitel, the daughter of Richard and Kari Beitel.

SCHOOL REPORTS

Family stories

The RAL Art Center, 19 North Main Street, Kilmarnock, will offer Family Stories Through Art September 29 through October 1. The instructor will be Sharon Santillo. Classes will be held for teens from 6:30 to 8:30 p.m. September 29; for child and adult partner from 10 a.m. to noon September 30; and for adults from 1 to 6 p.m. September 30 and October 1. For course fees and registration, visit the center, or call 436-9309.

Heritage arts

Rice's Hotel/Hughlett's Tavern, 73 Monument Place, Heathsville, will offer a Heritage Arts Class, Bit of Color Basket, from 10 a.m. to 3:30 p.m., Friday, September 22. The instructor will be Judy Penry.

The fee will be \$45, plus \$15 for materials. A lunch menu will be available in the Tavern Café.

Lifelong discovery

The Rappahannock Community College Educational Foundation's Rappahannock Institute for Lifelong Learning will offer "Meriwether Lewis and William Clark: From Tidewater Roots to the Expedition 1803-1806" from 1 to 3 p.m. October 11, 18 and 25 at St. Mary's Whitechapel Episcopal Church, 5940 Whitechapel Road, Lancaster. Instructors will be Page and Jane Henley.

Advance registration, with a tuition payment of \$35, is required. To register, contact Sharon Drotleff at 333-6707, or sdrotleff@rappahannock.edu.

Lifelong history

The Rappahannock Community College Educational Foundation's Rappahannock Institute for Lifelong Learning will offer "Virginia and the War of 1812: Did anything happen here?" from 1 to 3 p.m. October 6, 13 and 20, at Rappahannock Westminster-Canterbury in Irvington, 132 Lancaster Drive, Irvington. The instructor will be Stuart L. Butler.

Advance registration, with a tuition payment of \$35, is required. To register, contact Sharon Drotleff at 333-6707, or sdrotleff@rappahannock.edu.

PALS

The Chesapeake Academy Performing Arts and Lecture Series (PALS) will host singer and songwriter Cathy Bollinger at 9:30 a.m. Wednesday, September 27, on the Rowe Campus, 107 Steamboat Road, Irvington.

Bollinger will perform songs that teach social skills and letter sounds. The program is for ages 3 through grade 2. Reservations are required, contact hscott@chesapeakeacademy.org, or call 438-5575.

Puppet show

Ware Academy invites the public to the Art of Ventriloquism and the Gift of Music by the Rev. Dr. Rob Marston and Friends from 9:30 to 10:45 a.m. Saturday, September 23. The Rev. Dr. Marston has been entertaining children of all ages for years with his puppets.

The performance will be held in the Ware Academy Gymnasium, 7936 John Clayton Memorial Highway, Gloucester. For reservations, visit wareacademy.org or email dfleet@wareacademy.org.

Feed Virginia Day of Action

Lancaster County Public Schools will offer breakfast at no cost to all students on September 29. This is a part of first lady Dorothy McAuliffe's Virginia Food Access Network to raise awareness of organizations in Virginia working to increase food access in an effort to improve nutrition and end hunger.

The goal is to provide breakfast to as many students as possible. Parents, teachers and other community members are urged to participate and purchase a breakfast at \$3.25. The funds collected will help to offset the cost of offering breakfast at no-cost to students.

School superintendent reports discipline data

by Madison White Franks

KILMARNOCK—At the September 12 school board meeting, superintendent Steve Parker presented the Lancaster schools' discipline data for the 2016-17 school year, excluding bus referrals.

He indicated that out of the student population of 1,223, 455 students have received one or more referrals and out of these students, they have received a total of 1,755 referrals.

Black students, 57% of the population, received 75% of referrals, white students, 39% of the population, received 22% of referrals, and other race students, 4% of the population, received 2% of referrals.

Of the students with 10 or more referrals, 83% were black, 15% were white, and 2% were other races.

At the Lancaster Primary School, 83 students out of 415 received 296 referrals. 72% of students referred were black, 23% white and 5% another race.

Parker indicated that 70% of the referrals were for the "5 Ds," which is defiance, disrespect, classroom disruption, campus disruption, or obscene language or gestures at all schools.

At Lancaster Middle School, 202 students out of 432 received 961 referrals. 67% of students referred were black, 30% white and 3% another race.

At Lancaster High School, 170 students out of 376 received 498 referrals. 68% of students referred were black, 28% white and 4% another race.

Parker indicated that going forward, the school division will continue to implement and focus on Positive Behavioral Interventions and Supports, programs at each school, begin training on restorative practices while bringing parents into the conversation in a deliberate manner, continue to implement behavior support plans and continue to build partnerships with support agencies to provide more and earlier intervention services.

Raffle tickets on sale for 'Broadway in Richmond'

The Lancaster County Virginia Education Foundation (LCVEF) is raffling tickets to "Broadway in Richmond" plays. The plays are "The Sound of Music," "Finding Neverland," "Cabaret," "Dirty Dancing" and "Rent 20th Anniversary Tour."

The winner of each raffle will receive four orchestra seats to a matinee performance plus \$100 in cash, said Margaret Socey.

The tickets are \$10 each, three for \$20, or 15 for \$100. The tickets are available at The Box in White Stone, Kilmarnock Antique Gallery in Kilmarnock, Union First

Market Bank in Kilmarnock, Objects in Irvington and the Irvington Farmer's Market.

Tickets also may be purchased from any board member, Vera Lee, Jamilah Sawyer, Hazel Farmer, Lex Forrester, Eve Jordan, Bill Warren, Stephanie McClain, Julia Alderson, Susan Pittman, Kim Crockett, Emily Webb, Barbara Smith and Socey, or by calling 438-6604.

Proceeds support LCVEF programs, which include a third-grade Washington, D.C. trip, an annual scholars dinner, teacher mini-grants and STEM programs.



Math donations adding up

Two community organizations recently presented donations to the Lancaster High School math department. The funds will be used to purchase graphing calculators. Above, the Kilmarnock Irvington White Stone Rotary Club presents a donation to Sheila Chewning. From left are Les Kilduff, Bill Lee, Chewning, Butch Gross and Anne Paparella. Right, Margaret Socey of the Lancaster County Virginia Education Foundation presents a check to Chewning and Gross. From left are Socey, Chewning and Gross.



RAL Art Center posts workshops for October

The RAL Art Center, 19 North Main Street, Kilmarnock, recently announced workshops for October.

The workshops will be held at the center, reported Barbara Pulling of the communications committee. For course, details, fees and registration, visit the center, or call 436-9309.

On October 19, Bit of Color Basket will be offered. Instructor Judy Penry will lead this fun basket making workshop from 10 a.m. to 3 p.m., said Pulling. The workshop is for all skill levels.

On October 28 and 29, Fabulous Color for Painters will be offered. Adele Castillo will

lead this workshop from 10 a.m. to 5 p.m., exploring color theory and comparing it to the reality of how pigment actually works, said Pulling. Each student will create several paintings using various palette options to see how color choices impact what artists are trying to portray.



New board members

The Lancaster County Virginia Education Foundation recently welcomed six new board members. From left are Sydney Price, Kimberly Crockett, Barbara Smith, Julia Alderson, Butch Gross and Susan Pittman.



Trip donation

The River Counties Community Foundation recently awarded a grant to fully fund multiple field trips for Lancaster Middle School students. From left, Lex Forrester of the Lancaster County of Virginia Education Foundation presents the check to principal Jessica Davis.

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Little Spats Preschool has openings for ages 16 months through 5 years. Call for more information 804-824-6192. Angie Garrett, Kilmarnock, littlespatspreschool@gmail.com



Mitch Alga's final volunteer shift at Bon Secours Rappahannock General Hospital will be Friday, September 29. At the conclusion of that shift, he will have served 835 hours.

BSRGGH volunteers honor Mitch Alga

Bon Secours Rappahannock General Hospital volunteer Mitch Alga is retiring from his volunteer service at age 95.

Mitch was born in California in 1924, served in World War II, met his wife Mary and moved to the Northern Neck in the 1950s to work at the Tides Inn.

Later, he became a banker in White Stone.

After retiring and losing his wife of 50 plus years, he became a volunteer at Bon

Secours Rappahannock General Hospital. Now, six years later, he never misses a Friday afternoon to transport patients, or run errands for the staff and he often substitutes when needed on other days to assist with the growing demand for volunteers.

"He is an inspiration to the other Friday afternoon volunteers who enjoy his company and dedication," said volunteer Marilyn Creager.

Allen named Employee of the Month at RGH

Bon Secours Rappahannock General Hospital recently announced Virginia "Ginny" Allen received the honor of September Employee of the Month.

Allen is a nursing supervisor at RGH and her nomination praised her for her extreme dedication to ensuring the best care for patients, reported marketing and public relations coordinator Joanna Marchetti.

Allen was commended for always being willing to lend a hand in whatever capacity its needed, being self-motivated, anticipating the needs of others and jumping in with assistance, said Marchetti. She has been at RGH for 40 years.

Allen lives in White Stone with her husband, Glenn. She enjoys reading, bowling and spoiling her eight grandchildren. "After 40 years here, my co-workers are truly like a second family," said Allen.

Other nominees for recognition included imaging manager



Virginia "Ginny" Allen

Chris Shepperson, Bridges inpatient nurse Martha Smith, RN, and pathology lab secretary Julia Sandy.

These staff members have been recognized by their colleagues for their hard work and commitment to the ministry of Bon Secours and the good help being provided at Rappahannock General Hospital, said Marchetti.



From left, Bon Secours Rappahannock General Hospital OPIC clinical coordinator Pamela Harrington, RN, BSN and mammographer, Catherine Webb R.T.(R)(M), ARRT display the raffle prize.

Hospital launches breast cancer awareness raffle

In honor of Breast Cancer Awareness month throughout October, Bon Secours Rappahannock General Hospital will raffle a pink designer bag.

Participants will be eligible to enter by receiving their mammography screening during the month of October at RGH, or attendance at the Power of Pink breast cancer awareness event from 5 to 7 p.m. October 10 at the Lancaster Community Library, 16 Town Centre Drive, Kilmarnock, reported marketing and public relations coordinator Joanna Marchetti.

BUSINESS BRIEFS

Business workshops

The University of Mary Washington Small Business Development Center in Warsaw today, September 21, will offer "Creating Your Business Plan Financials" and on Thursday, September 28, "Keeping the Books." The workshops will be held from 8 to 9:30 a.m. at the Enterprise Center, 483 Main Street, Warsaw.

The registration/material fee is \$30 per workshop. To register, contact Bonnie Haywood, 333-0286, or bhaywood@umw.edu.

Gas falls

Virginia is seeing a decline in gas prices since the large increase after Hurricanes Harvey and Irma.

As of September 18, the price for gas in Virginia was \$2.49 per gallon, a four cent drop from last week, but still a 35 cent increase from last month and 48 cent more than last year.

New book

Urbanna author and Southside Sentinel columnist Mary Wakefield Buxton and Rappahannock Press in Urbanna recently published *A Middlesex Morning*. The book is a collection of stories and photos that celebrate "local heroes" and the rural way of life in Middlesex County.

Signed copies are available at the Southside Sentinel in Urbanna for \$16 plus tax, or can be purchased by mail by sending a check for \$22 to cover tax, postage and packaging to Rappahannock Press, Box 549, Urbanna, VA 23175, calling 758-2328, or emailing Geanie Longest at glongest@s sentinel.com.

Waste collections

The Fall 2017 Household Hazardous Waste and Electronic Waste Collection for Northumberland County will be held Saturday, September 23, at Northumberland Middle School, 175 Academic Lane, Claraville. Hours are 9 a.m. to 2 p.m.

Anyone with questions regarding the upcoming collection events should call the Extension Office in Northumberland, 580-5694, or the Northern Neck Soil and Water Conservation District, 313-9102, ext. 105.

Carousel Physical Therapy to observe Fall Prevention

Carousel Physical Therapy, 500 Irvington Road, Kilmarnock, will observe Fall Prevention awareness the first day of fall, September 22.

"The Falls Free Initiative by the National Council on Aging (NCOA) is an excellent resource for cost-effective interventions that help address known risk factors," said Vicki VerMeer, MSPT, and owner of Carousel Physical Therapy.

According to the American Geriatrics Society, the greater the number of risk factors, the more

likely a fall will occur, ranging from an 8% increased risk for one risk factor to a 78% increased risk for four or more factors. More than 25% of people ages 65 years and older will fall each year. Falls are the most common cause of both traumatic brain injury and fractures in older adults and are the leading cause of unintentional death for this population. In 2015, Medicare costs related to falls totaled over \$31 billion.

A growing number of older adults fear falling and, as a result,

often self-limit activities and social engagements. Resulting limitations can result in further physical decline, depression, social isolation, and feelings of helplessness.

"Prevention is cost effective, it is evidence-based through elimination of known risk factors like previous falls, balance impairments, decreased muscle strength, vision impairment, taking greater than four medications or psychoactive medications, and gait impairment," said VerMeer.

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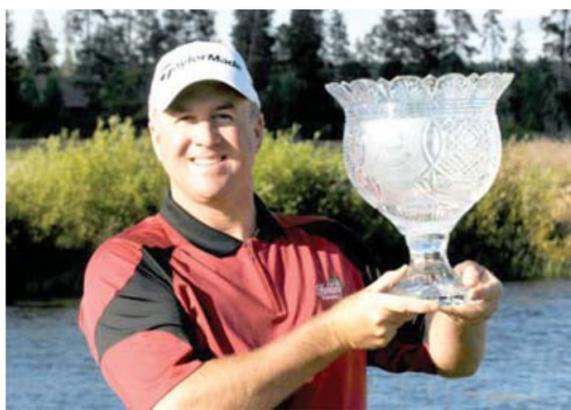
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Among his many accomplishments on the links, Chip Sullivan won the 2007 PGA Professional National Championship.

Chip Sullivan is named PGA head golf pro at King Carter Golf Club

Chip Sullivan recently joined King Carter Golf Club, 480 Old St. John's Road, Irvington, as PGA head golf professional under PGA general manager Jeff Crabbe.

Sullivan and family are thrilled to be returning home to Virginia after a three-year journey in Mississippi.

"We are certainly very excited to have a PGA professional of Chip's accomplishments join our team," said Crabbe.

Over his career Sullivan has served at clubs throughout the U.S., including 20 years as a head golf professional in Roanoke. He comes to King Carter Golf Club with over 30 years of experience in the golf business and an impressive list of golf accomplishments.

Sullivan was a former college standout at Ole Miss where he was SEC champion and is a proud member of the Athletic Hall of Fame. As a professional, he has earned over 80 mini tour and club professional wins, including winning the 2007 PGA Professional National Championship.

In his 20 years in Virginia, Sullivan was a three-time Middle Atlantic Player of the Year, a four-time Maryland State Open champion and a five-time Virginia State Open runner up. Additionally, he is a former member of the PGA Tour, Nationwide Tour and South African Tour. He has played in over 50 PGA Tour events including nine Majors where his best finish was a T-31 in the 86th PGA Championship at Whistling Straits, Wis.

Sullivan will be available for lessons with all ability levels.

Sullivan has been married to his wife, Kari, for 21 years. She worked in the Roanoke County Public Schools for over 20 years, in addition to working and performing as a teaching artist with Roanoke Children's Theatre. The Sullivans have three children, Kalley 19, Camryn, 15, and Colby, 13.

Urbanna gallery to host KonKons show

Urbanna Harbor Gallery & Art Services, 202 Virginia Street, Urbanna, recently announced the opening of a new exhibit on Friday, September 22. The show will continue through mid-December.

"Artmiralty" is a charming art collection, featuring the latest mixed media and installation works by Konstantina and Ignat Konstantinov, aka the "KonKons," two artists in a collaborative effort.

The show gives glimpses of the breadth of their studies, experiments and practice within and outside of their teachers' influence, reported president and chief executive officer Barbara Hartley.

Through the use of weathered sail cloth, the artists skillfully incorporate both highly personal and traditional art historical precedents and create mixed media imagery that is at once meditative and dynamic, said Hartley.

With their suggestions of stormy oceans, desolate tropical islands, booming skies, and flooded river banks, the KonKons



Konstantina and Ignat Konstantinov

create a balance between the natural and the man-made.

The Bulgarian-born American artists have work in exhibits and private collections world-wide. They draw inspiration from their travel experience as well as from the beauty of Virginia's wilderness. The KonKons work as a team in their professional art endeavors and as teachers at St. Margaret's School in Tappahannock.

White Stone UMC issues vendor call for yard sale

White Stone United Methodist Church, 118 Methodist Church Road, White Stone, will hold a Giant Yard Sale and Vendor fair from 8 a.m. to 1 p.m. October 14 in the church parking lot.

Spaces are still available for \$10 each for yard sale and vendors. To register and for a vendor application, contact the

church at 435-3555, or whitesstoneumc@verizon.net prior to yard sale day.

Proceeds from rentals will support scholarships for children in need so they can attend a week of Summer Camp at West View on the James through the Care and Connect Program, reported council chairman Alice Dix.

Get ready for the State Fair of Virginia

When making plans to attend the State Fair of Virginia September 29 through October 8, make the most of each visit with this handy guide to tickets, parking, hours and services.

Held at The Meadow Event Park in Caroline County, the fair will open at 10 a.m. each day except for Midway Madness by Virginia Lottery and Virginia529 Kidway, which will open at 11 a.m..

"The State Fair attracts visitors from all across the Commonwealth, and providing an enjoyable experience for those fairgoers is a priority," said executive director Marlene Pierson-Jolliffe. "Information for planning a visit, as well as a full schedule of events, is online at StateFairVa.org. We encourage guests to wear comfortable clothes and shoes that take weather into account. It's not a bad idea to have warmer clothing or rain gear in the car, too, just in case."

Tickets

Purchase advance tickets at StateFairVa.org and at participating Walgreens in Virginia. Advance-price online ticket sales will continue through September 28.

Regular-price fair tickets can be purchased online September 29 through October 8. Advance tickets and discounted ride wristband vouchers will be available through September 28 at participating Walgreens in Virginia. Regular-price fair tickets and ride wristband vouchers will be available at Walgreens September 29 through October 8.

Advance tickets are \$12 for adults and \$8 for ages 5-12 and ages 60 and older. They can be used any day during the fair. Ages 4 and younger will be admitted free with a paid adult admission. Season passes good for all 10 days are \$40 and can be purchased online through September 26.

Rides are not included in fair admission, but ticket buyers can save \$5 online on advance-purchase vouchers for Unlimited Ride Wristbands. The advance wristbands are \$20.

A Premium Weekday Parking pass, good on Monday through Thursday, is \$10, and a Premium Weekend Parking pass, good Friday through Sunday, is \$20.

Parking

General parking at The Meadow is free, and parking lot trams will be running in Lots A and C to help customers get to and from their vehicles. Look for Ford Tram stops designated with small tents and flags.

Fair officials advise guests to note the numbered sign nearest their vehicles so they can find their way back easily.

In the portion of the fair on the north side of state Route 30, customers can use guest service carts to shuttle between designated stops.

Hours, rides and amenities

Ticket plaza and building/exhibit hours will be 10 a.m. to 10 p.m. on Fridays and Saturdays and 10 a.m. to 9 p.m. on Sundays and Mondays through Thursdays. Rides will

operate for at least an hour after the ticket plaza closes.

General admission includes access to all concerts, performances, exhibits and demonstrations. Ride tickets and single-day unlimited-ride wristbands will be available for purchase at ride ticket booths in the Midway and Kidway areas. Requirements for rides and some attractions include height, weight and whether a child must be accompanied by an adult. Those requirements will be displayed at each ride and attraction, as well as at the Midway customer service booth.

Guests will be able to rent wheelchairs, motorized scooters and single and double strollers outside the ticket plaza on a first come, first served basis. Chair rentals and a personal chair check station will be available near the main stage, and guests are welcome to bring blankets as well to enjoy musical performances from the lawn outside Meadow Hall.

Handwashing stations will be strategically located throughout the property. The State Fair recommends washing hands after leaving an animal or Midway area and before eating or drinking.

The fair's mission is to increase agricultural and natural resource awareness and interest through educational programs, exhibitions and competitions in a fun, family-friendly setting.

New book on Weems set to launch at museum

The Steamboat Era Museum will host the launch of *Tides That Bind-Weems Virginia*, by Pat Lumpkin Rose. An author's talk and book signing will be held at 5 p.m. October 6.

The author's talk is free. For reservations, call 438-6888, or email director@steamboatmuseum.org.

Rose also will sign books at the museum from 10 a.m. to 2 p.m. October 7. Both events will take place at the museum, 156 King Carter Drive, Irvington, said director Barbara Brecher.

With the introduction of *Tides That Bind-Weems Virginia*, Rose

remembers about growing up in Weems. Placed within a historical and social context, she has compiled the treasured memories and memorabilia of the people who lived and worked together over many decades to form a kinship of the rarest kind. She acknowledges the deep impression the people and the land made upon her own life.

While researching, interviewing and re-connecting with many second-generation individuals over a five-year period, she also discovered how incumbent their Weems connections were upon one another. Personal stories of

success and failure amid vivid moments of caring and concern rise to the Weems story surface. All serve as a backdrop for families who labored long upon the fertile land and the bountiful waters that enclosed them.

The narrative style of writing lends itself to "set the scene" for each of the six-part book segments. From the "Time Before Us" to "Threads of Our Community," hundreds of personally selected photographs enhance the beauty of the area as well as the images of its people.

Upon completion of a 32-year career in teaching, Rose has

continued to maintain a strong interest in educating and writing. She taught numerous classroom workshops upon self-publishing a fiction adventure children's novel, *Spirit of Blackfoot Country*. Debuting in 2004 a memoir, *Anchored In America*, has been presented in program format for many years.

As a docent of the Virginia Historical Society for over 20 years, Rose enjoys guiding children and adults through the "Virginia Crossroads" exhibit. She lives in Midlothian, returning to Weems when she can to enjoy the area and interact with family and friends.

Northern Neck Electric Cooperative responds to hurricane

Hurricane Irma was a historic storm and utilities are coordinating a historic response, including Northern Neck Electric Cooperative (NNEC).

On September 12, six NNEC linemen volunteered to travel to Excelsior EMC in Metter, Ga., to restore power. Crews from NNEC and many other electric cooperatives in the Virginia, Maryland & Delaware Association of Electric Cooperatives

headed south to aid sister co-ops in South Carolina and Georgia.

Outage estimates as of 10 a.m. September 12 totaled 595,000 in Florida, 428,000 in Georgia, and 52,000 in South Carolina. These outage numbers continue to decrease and highlight the resilience, preparedness and collaboration of electric cooperatives.

"Cooperation among coop-

eratives is the sixth cooperative principle," said president and chief executive officer Greg White.

"It was only a few years ago when electric cooperative crews from the Southeast and nearby states helped restore power to our members after Hurricane Isabel. We are proud of our crew who volunteered to restore power at Excelsior EMC as well as all of our linemen who

keep NNEC's members' lights on."

Please keep NNEC employees in thoughts and prayers as well as those affected by Irma's devastation, he said.

NNEC is a member-owned cooperative serving over 18,900 homes and businesses in Lancaster, Northumberland, Richmond, Westmoreland, King George and Stafford counties.

Dominion Energy sends crews to Florida for restoration

More than 750 employees and contractors on September 13 mobilized and headed south to Florida in support of a massive restoration effort after Hurricane Irma left more than seven million homes and businesses without power.

"We wish our friends and colleagues a safe journey and restoration effort," said Ed Baine, senior vice president, power

delivery, Dominion Energy. "Their first stop will be at the staging and processing center in Florida to receive safety instructions, orientation and assignments from the impacted utilities. From there, we expect our people to be fully engaged along with tens of thousands of others from around North America helping in the recovery from one of the worst natural

disasters our country has seen.

"We also appreciate our team members who remain behind to keep the home front safe and the lights on for customers here," Baine said. "We are committed to ensuring reliability here while we support the restoration efforts in Florida."

Customers are facing the possibility of weeks without power. Employees and contractors are

expected to remain in Florida for at least two weeks, working alongside an army of workers from other utilities across the U.S. and Canada to restore power as quickly and safely as possible.

Gov. McAuliffe announces tax amnesty program

Gov. Terry McAuliffe recently announced the start of the 2017 Virginia Tax Amnesty Program which provides delinquent individual and business taxpayers the opportunity to pay back taxes with no penalties and half the interest between September 13 and November 14.

Approved by the 2017 General Assembly, the program assumes collection of \$89.5 million for the general fund to support education, health and public safety, as well as provide a cash reserve.

"This program provides delinquent taxpayers with a great opportunity to pay off their outstanding tax bills easily at a reduced

cost, while at the same time increasing the collection of certain revenues that are owed to the Commonwealth and fund critical services," said Gov. McAuliffe. "I urge Virginians who have delinquent tax bills to take advantage of this opportunity to clear their debt and contribute to the essential services that make Virginia a great place to live."

This amnesty period provides most individuals, corporations, estates, trusts and partnerships that have failed to pay taxes an opportunity to easily settle their tax obligations with the Commonwealth. At the conclusion of the amnesty period, an addi-

tional 20% penalty will be assessed on any remaining amnesty-qualified liabilities.

"Many taxpayers who are eligible for amnesty will receive a notice through the mail," added Tax Commissioner Craig M. Burns. "However, anyone who owes back taxes may be eligible and should contact us."

The Virginia Department of Taxation is mailing approximately 300,000 notices to households and businesses with outstanding tax bills. The average delinquent tax bill is \$4,830.

This is Virginia's fourth tax amnesty program. Previous programs were conducted in 1990, 2003 and 2009.



Stylist relocates

Sara Brown Salon, 320 South Main Street, Kilmarnock, has welcomed Jessie Wagner. A hair stylist since 2004, Wagner (above) is from Richmond and has relocated to the Northern Neck. She specializes in all types of hair color and cutting techniques.



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