



Lancaster running back Chris Dameron (30) blasts out of the backfield for the Red Devils. Photo by Mike Antonio



The Lancaster High School 2016 Homecoming King and Queen from left are James Coleman and Monica Waddy. Photo by Mike Antonio

## Lancaster Red Devils win homecoming game, 22-12

The Lancaster High School Red Devils on Friday scored two fourth quarter touchdowns to pull out a homecoming victory over the visiting Rappahannock High School Raiders 22-12.

Following a scoreless first quarter, Red Devils quarterback James Coleman broke the ice with a 1-yard run with 5:49 to go in the second quarter. Evan Steensma kicked the PAT for 7-0 lead.

Rappahannock scored on a 1-yard run with 1:46 on the second-quarter clock. The 2-point conversion run failed and Lancaster held onto a 1-point advantage, 7-6.

With some 26 seconds remaining in the half, Steensma split the uprights with a 27-yard field goal and the Red Devils had a 10-6 lead at the break.

The Raiders scored on a 20-yard run early in the third quarter to take the lead 12-10. The 2-point conversion run failed.

In the fourth quarter, Coleman completed a pass to Logan Cook for a 56-yard TD. An attempted 2-point conversion pass failed and Lancaster went up by four, 16-12.

Nearing the two-minute mark, Coleman scored on another 1-yard run. The Raiders blocked Steensma PAT kick and Lancaster held on for 22-12 win.



Lancaster quarterback James Coleman (12) gets the jump on a Rappahannock High School defender. Photo by Mike Antonio



Lancaster defensive back Martez Davis (7) tackles the Raiders' quarterback. Photo by Mike Antonio

Rappahannock	0	6	6	0	—	12
Lancaster	0	10	0	12	—	22



The Red Devil gets fired up over the game. Photo by Mike Antonio



"Morphmen" in red suits added halftime antics to the homecoming celebration. Photo by Mike Antonio



The Red Devils Marching Band rallies stadium pep. Photo by Mike Antonio



Lancaster's student section cheers on the Lady Devils at the Dig Pink event. Photo by Lisa Hinton-Valdrighi

# Lady Devils win big with Dig Pink

by Lisa Hinton-Valdrighi

Lancaster celebrated a dual victory over Essex last Tuesday during its annual Dig Pink volleyball fundraising event, which benefited the Side-Out Foundation for breast cancer research and education.

Both the Lady Devils junior varsity and varsity teams won their matches over the Lady Trojans.

"It was a great night for the Dig Pink rally and for the Lancaster volleyball program," said LHS coach Dave Zeiler.

Volleyball parents organized the annual event, which included raffle prizes and a bake sale.

Action on the court left Lancaster's varsity team with

a 3-2 record in Conference #43 play. The best of five series went the distance with LHS edging Essex, 3-2.

Behind the serving of Rachel Valdrighi and Reghan Jones, the Lady Devils jumped on the Lady Trojans for a 25-4 win in the first game. Valdrighi opened the contest with a 10-point run.

Essex bounced back with a 25-13 win in the second game before Lancaster rallied for a 25-20 win in the third. The Lady Trojans forced the contest into the tie-breaker, getting by Lancaster, 25-21, in the fourth. The Lady Devils picked up the match with a 15-10 win in the fifth game.

Valdrighi led behind the ser-

vice line, going 16-of-24 with three aces. McKenzie Hathaway was 11-of-18 with three aces and Jones was 10-of-13 with two aces.

Aline Johnson had five kills and five blocks to dominate at the net. Frannie Wilson had three kills and a block and Maddie Davis had two kills.

Also at the net, Sydney Price had three blocks and Lucy Gilbert and Jones had one each.

Defensively, McKenzie led with 16 digs, while Valdrighi had nine and Wilson Throckmorton six.

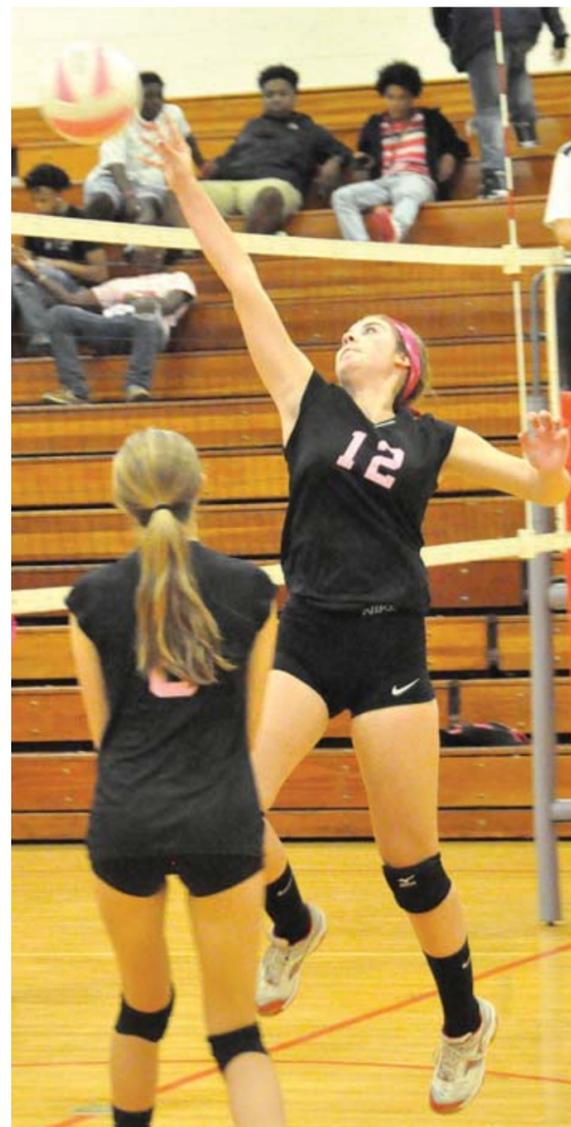
Lancaster will host Northumberland tonight, October 20, and will go to Colonial Beach on Tuesday, October 25.

**In JV action**, Lancaster beat Essex, 2-1, with Courtney Crossdale leading the servers with nine good serves with an ace. Rachel Woolard, Britney Thomas and Leighton McCranie had three aces each.

Annie Smith led on the front line with four kills, while Randi Reed had three, Kalia Harding two and McCranie one. Crossdale had nine assists.

Lancaster also picked up a 2-0 win over Colonial Beach two weeks ago with Crossdale putting over 18 good serves with an ace. Smith had five good serves with an ace.

Smith led the offense with two kills and Crossdale and Woolard led the setters with five assists each.



Lancaster's Reghan Jones puts over a kill against Essex during a varsity match. Photo by Lisa Hinton-Valdrighi

## SCOREBOARD

### Varsity football

Lancaster 22, Rappahannock 12  
Washington & Lee 21, Northumberland 20  
Colonial Beach 23, Essex 15  
Charles City 60, Middlesex 23  
West Point 75, King & Queen 0  
King William 49, Mathews 12  
Sussex 14, Franklin 0  
Southampton 42, Surry 6  
Greensville 64, Windsor 13  
Christchurch 28, Fredericksburg Christian 13

### Varsity volleyball

Lancaster def. Essex, 3-2  
Christchurch def. Amelia, 3-0  
Christchurch def. Steward, 3-0

### JV volleyball

Lancaster def. Essex, 2-1  
Steward def. Christchurch, 2-0  
Amelia def. Christchurch, 2-0

### Varsity field hockey

St. Margaret's 4, Northumberland 0  
Nansemond Suffolk 1, Christchurch 0  
Bishop Sullivan 9, Christchurch 0  
Christchurch 2, Steward 0

### Varsity boys soccer

Christchurch 8, Richmond Christian 0  
Christchurch 2, Steward 1  
Collegiate 2, Christchurch 1

### JV boys soccer

Christchurch 1, Steward 0  
Collegiate 5, Christchurch 1

### YMCA soccer

NNK Phoenix 3, Richmond County 3  
Richmond County 8, NNK Misfits 6  
NNK Misfits 4, Richmond County 3

### Upcoming games

#### Varsity football

(7 p.m.)  
October 21:  
Lancaster at Essex  
Colonial Beach at Northumberland  
Rappahannock at Washington & Lee  
King & Queen at Charles City  
Mathews at West Point  
King William at Middlesex  
Franklin at Greensville  
Surry at Park View  
Brunswick at Sussex  
Windsor at Southampton  
Christchurch at Randolph-Macon, 3 p.m.

#### JV football

(6:30 p.m.)  
October 26:  
Colonial Beach at Lancaster

#### Varsity/JV volleyball

(JV 6 p.m., varsity following)  
October 20:  
Northumberland at Lancaster  
Christchurch at Stone Bridge School,  
JV 5:15 p.m., varsity 6:30 p.m.  
October 25:  
Lancaster at Colonial Beach  
October 27:  
Christchurch at Bishop Sullivan,  
JV 4 p.m., varsity 5:30 p.m.

#### Cross country

October 26:  
Conference #42 Meet at Lancaster

#### Varsity field hockey

October 20:  
Christchurch at Northumberland, 5 p.m.  
Christchurch at Fredericksburg Christian, 4:30 p.m.

### Varsity boys soccer

October 20:  
Christchurch at Norfolk Christian, 4 p.m.  
October 22:  
Covenant at Christchurch, noon  
October 26:  
Christchurch at Steward, 4:30 p.m.

### JV boys soccer

October 21:  
Bishop Sullivan at Christchurch, 4:30 p.m.  
October 26:  
Steward at Christchurch, 4:30 p.m.

### Sailing

October 20:  
Christchurch at VISA Sailing Team Sailoff Regatta  
October 22:  
Christchurch at VISA Team Race, Norfolk Yacht and Country Club  
October 27:  
Christchurch at VISA Team Race, Norfolk Yacht and Country Club

### Middle school golf

October 24:  
Chesapeake at Hobbs Hole, 3:30 p.m.

### Middle school soccer

October 20:  
Chesapeake at St. Clare Walker, 4:30 p.m.  
October 24 & 26:  
Chesapeake at ISAC Tournament

### Middle school volleyball

October 25 & 27:  
Chesapeake at ISAC Tournament

# Seahorses defeat Eagles, 28-13

The Seahorses won a solid victory October 15 during Fall Family Weekend. The 28-13 win over the Eagles of Fredericksburg Christian School gives the Seahorses a 3-0 record at home as they head off for two weeks on the road.

Early in the game, Christchurch quarterback Joseph Humphreys rolled out inside the five and hit B Pressley in the corner of the end zone for the first score. However, the PAT try was blocked and the Seahorses came away with just six points.

Later in the first half, Jamar Darboe added six with a run around right end for 22 yards. Going for two, the Seahorses called on sophomore Ugo Eze who rammed the ball



Joseph Humphreys

in for a two-point conversion.

In the fourth quarter, Jamir McNeil took a screen pass for a 29-yard score. Humphreys nailed the PAT to push the Sea-

horses in front 21-7. Minutes later, Darboe took a screen pass for a 30-yard score. Humphreys made good on this last PAT attempt and Seahorses cleared the bench to get all the guys in for the parents to see.

On the ground, McNeil had 6 rushes for 52 yards and Darboe had nine rushes for 60 yards. Humphreys and quarterback Steven Stilianos together went 8 of 14 for 124 yards and 3 TDs with only 1 interception.

Overall the day went well on defense as CCS was able to hold the Eagles' single wing offense in check for most of the day, reported Jennifer Homer. Sebastian McGill tallied 10 stops including eight solo tackles. Darboe had 12 tackles including five solos.

## BRIDGE RESULTS

Six tables of duplicate bridge were in play October 6 at the Woman's Club of White Stone.

Winners north/south were first, Judy Peifer and Virginia Adair; and second, Arden Durham and Dianne Monroe.

Winners east/west were first, Cynthia Birdsall and Ronnie Gerster; and second, Barbe Bonjour and Shirley Churchill.

Five tables of duplicate bridge were in play October 13 at the White Stone Woman's Club.

Winners north/south were first, Ginger Klapp and Arden Durham; and second, Shirley Churchill and Dianne Monroe.

Winners east/west were first, Ronnie Gerster and Cynthia Birdsall; and second, Shirley Pleasants and Alison Holman.

The next bridge for this group is 1 p.m. Thursday, October 20, and Tuesday, October 25.



Christchurch School senior Annie Heath enjoys the natural rockslide in Shenandoah National Park.

# Christchurch students pursue adventure trips

Weekend Adventure Trips are an important and favorite component of the Christchurch Great Journeys Curriculum.

The trips are designed by director of place-based education Dave Cola to supplement classwork across the academic departments, reported Jennifer Homer. The adventures give students an opportunity to continue exploration of the communities and the Chesapeake Bay watershed, from the headwaters to the basin, in their free time.

Cola and students recently headed to the headwaters of the Rappahannock River in Shenandoah National Park. They hiked and went fly fishing for wild, native brook trout.

A highlight of the trip was the 60-foot natural rockslide. The group enjoyed Northern Neck Burger milkshakes on the way home, and wrapped up the trip with stargazing from the school's dock.



## Weekly Tides

Windmill Point - Sunrise & Moon - October 2016

Date	High	Low	1.3'	Sunrise	Sunset	29%	Low	High	1.3'	Sunrise	Sunset
<b>Fri. 10/21</b> 71% Moon	3:37	10:00	0.2'	7:20	6:19	29% Moon	1:59	7:53	0.3'	7:24	6:14
	<b>4:08</b>	<b>10:57</b>	<b>0.2'</b>	<b>Sunset 6:19</b>	<b>Moonset 1:04</b>		<b>2:18</b>	<b>8:19</b>	<b>0.3'</b>	<b>Moonrise 2:31</b>	<b>Moonsset 3:52</b>
	<b>10:57</b>										
<b>Sat. 10/22</b> 60% Moon	4:40	11:40	0.2'	7:21	6:18	20% Moon	2:50	8:46	0.2'	7:25	6:13
	<b>5:13</b>	<b>12:10</b>	<b>0.3'</b>	<b>Sunset 6:18</b>	<b>Moonrise 1:54</b>		<b>3:13</b>	<b>9:08</b>	<b>0.3'</b>	<b>Moonrise 3:29</b>	<b>Moonsset 4:25</b>
	<b>5:13</b>										
<b>Sun. 10/23</b> 50% Moon	12:00	5:47	1.2'	7:22	6:17	13% Moon	3:35	9:33	0.2'	7:26	6:12
	<b>12:10</b>	<b>6:19</b>	<b>1.4'</b>	<b>Sunset 6:17</b>	<b>Moonrise 12:32</b>		<b>4:02</b>	<b>10:02</b>	<b>0.2'</b>	<b>Moonrise 4:26</b>	<b>Moonsset 4:56</b>
	<b>12:10</b>										
<b>Mon. 10/24</b> 39% Moon	1:01	6:52	1.3'	7:23	6:16	7% Moon	4:17	10:15	0.2'	7:27	6:11
	<b>1:17</b>	<b>7:22</b>	<b>1.3'</b>	<b>Sunset 6:16</b>	<b>Moonrise 1:32</b>		<b>4:46</b>	<b>10:33</b>	<b>0.2'</b>	<b>Moonrise 5:22</b>	<b>Moonsset 5:26</b>
	<b>1:17</b>										

PM times are in boldface type



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From left are Ian Duncan, Paul Lassanske, Walter Jachimski, Frans Kasteel, Rita Theisen, Ted Tulis, John Mill, Owen McGuill, Don Gallagher and Brian McArdle.

## Flotilla 33 members receive Presidential award

Fifteen members of U.S. Coast Guard Auxiliary Flotilla 33 recently were surprised to learn that they were being honored with the "President's Lifetime Achievement Award for their lifelong commitment to building a stronger nation through volunteer service."

In a letter from the White House accompanying the award, President Barack

Obama commented, "In my Inaugural Address, I stated that we need a new era of responsibility — a recognition on the part of every American that we have duties to ourselves, our Nation, and the world." The letter concluded with, "Thank you for your devotion to service and for doing all you can to shape a better tomorrow for our nation." The letter was

signed by President Barack Obama.

Wally Dawson, Ian Duncan, Don Gallagher, Gerald Hawley, Ed Hind, Walter Jachimski, Frans Kasteel, Paul Lassanske, Brian McArdle, Owen McGuill, John Mill, Rita Theisen, Amy Thomas, James Thomas and Ted Tulis received the award at the flotilla's October meeting.

## SPORTS SHORTS

### ■ Mathews Men

The Northern Neck-Middle Peninsula chapter of the Virginia Aeronautical Historical Society will meet at 11:30 a.m. Thursday, October 20, at the Pilot House Restaurant, 2737 Greys Point Road, Topping.

The speaker will be William "Bill" Geroux, author of *The Mathews Men: Seven Brothers and the War Against Hitler's U-boats*. Copies of the book will be available for purchase and signing by the author—courtesy of the Mathews Maritime Foundation. Books are \$28 per copy, check or cash.

### ■ Field day

The Virginia Department of Conservation and Recreation's Natural Heritage Program will celebrate its 30th anniversary October 22 and 23 with field days at natural area preserves across the state. The field days are free and open to the public. Each event will include guided group hikes and natural-history interpretation by DCR Natural Heritage staff and volunteers.

A field day will be held at Hughlett Point Natural Area Preserve in Northumberland County. Registration is required. Register at [dcr.virginia.gov/natural-heritage/thirtyyears-field-days](http://dcr.virginia.gov/natural-heritage/thirtyyears-field-days), or 786-7951.

### ■ Little League

Lancaster County Little League will hold its annual membership meeting on at 6 p.m. Wednesday, October 26, in the Hayden Building at Dreamfields, 1385 Irvington Road, Kilmarnock.

The agenda will include the election of a new board of directors. All are welcome to attend.

### ■ Pet parade

Belle Isle State Park will host a Parade of Pets from 2 to 4 p.m. October 30. Guests who bring their pets in their best "howl-o-ween" costume will receive free parking and a chance to win a prize.

Light refreshments will be provided. Pet food and supplies will be accepted for a local shelter. Don't forget to bring a leash and doggy bags.

### ■ Pickleball

The Northern Neck Family YMCA will host its seventh annual Pickleball Shamrock Tournament November 11 and 12. Proceeds will benefit Guardian Program.

Competition will be held in men's, women's and mixed doubles. Categories are under 60, 60 to 69 and 70 and over. A ratings clinic will be held November 10.

The entry deadline is October 30. Register at [pdninsulaymca.org](http://pdninsulaymca.org), or 435-0223.



From left are Kari Eryln, Paislee Marie Esten-Kirby and Heather Kirby.

## Virginia State Fair's 'Blue-Ribbon Baby'

"Barn Baby," "Blue-Ribbon Baby" and "Curly Sue" look-alike are the endearing names used to describe Paislee Marie Esten-Kirby.

No matter which description is preferred, they each illustrate her charm and presence alongside her miniature horse in the 2016 Virginia State Fair's Miniature Horse Show, September 29, at the Meadow Event Park in Doswell, reported her grandmother Diana Garrettson of CK Ranch.

Her parents, Ty Kirby and Kari Eryln of CK Ranch, Callao, started introducing Miss Paislee to horses at 3 months of age by letting her hear, see and experience sights, sounds and smells at

the stable, said Garrettson. It's no surprise that her first spoken word, besides momma and daddy, was "horsey!"

At 19 months old, this little cowgirl entered her first horse show and was the only baby in the ages 6 and younger division, she said. Esten-Kirby's entourage included her parents, grandparents and aunt.

Accompanied by her grandpa, Gerald Garrettson, she and her horse "CK's Conquest of Babylon" won their first blue ribbon. She also won a blue ribbon in her second class, lead-line, led by her aunt, Heather Kirby. In costume class, dressed as Sheriff Cowgirl Callie, she won second place.



Indian Creek Yacht & Country club assistant golf professional Rob Pittman (foreground) offers instruction during a fall clinic session.

## Clinic sets club members up for success

During September, under the instruction of Indian Creek Yacht and Club professionals Rob Pittman and Josh Speight, dozens of club members enjoyed three weeks of hands-on instruction meant to fine tune their golf game.

Instruction targeted putting keys of speed control, reading greens and keeping the putter face square, reported sales, marketing and membership director Megan Stephens. The series continued with chipping/pitching keys of distance control, trajectory control, consistent contact and club face control.

This beneficial group setting allows peers to learn from each other and hear answers to the questions each ask of the professionals, said Stephens.

Contrary to what some may believe, winter is a great time to practice the short game, revisit what's in the golf bag and mentally prepare for the season ahead, she said.

"This winter we will also focus on classroom details such as rules, updates and programming for the upcoming season," she said.

The club plans to launch its new and revamped "Back in the 'Good' Habit" series in spring of 2017, she added.

"Thank you to the golf professional team under direction of head PGA professional Brenda Mayer for continuing to invest time and effort in player development of club members," said Stephens.



Barbara Fentress shot a 55, 58 to win the Indian Creek Yacht and Country Club 9-hole ladies club championship.



From left are Jack Thomas, Nancy Monroe, Ellen Edmonds and Andy Sharpe.

## CLUB GOLF

### Indian Creek

Indian Creek Yacht and Country Club 9-hole ladies club championship winners for October 6 and 14 were first, Barbara Fentress; and second, Susan Birch.

Indian Creek Yacht and Country Club 18-hole ladies first flight winners for October 11 were first, Linda Price; second, Ruth Thomas; and third, Ellie Davis. Second flight winners were first, Dana Smith; and second, Lynn Georgiadis.

Indian Creek Yacht and Country Club night golf winners for October 15 were Josh Speight, Melanie Maguire, Kathy Davidson and Margie Rankin.

Indian Creek Yacht and

### Country Club

Country Club 18-hole scramble winners for October 16 were first, Andy Sharpe, Jack Thomas, Nancy Monroe and Ellen Edmonds; and second, Hap Hadd, Kathy Davidson, Frank Maguire and Joan Gravatt.

### King Carter

King Carter Golf Club men's play day winners for October 10 were first, Tom Chapman; second, David Crowther; and third (tie) Steve Craig and Tom Cernicky. October 12 winners were first, Craig; second Bruce Adams; and third, Phil Booth. October 14 winners were first, Crowther; and second (tie) Carroll Craig and Ned Crockett.

### Piankatank River

Piankatank River Ladies Golf Association first flight winners for October 13 were first, Michele Meanley; second, Sue Silberhorn; and third, Gloria Matthews. Second flight winners were first, Faith McDermott; second, Marny Richardson; and third, Sarah Finney. Third flight winners were first, Sheila Lia; second, Bev Hudgins; and third, Lynne Richardson.

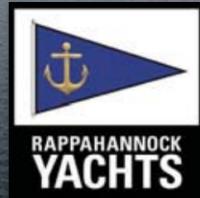
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Entries must be delivered to the Rappahannock Record office before 5 p.m. each Friday, or mailed to the Rappahannock Record Football Contest, P.O. Box 400, Kilmarnock, Va. 22482, with a postmark no later than Friday, or enter online at www.RRecord.com (same deadline).

The person who picks the most correct winners will win a \$50 gift certificate to a local business. In case of a tie, the first tiebreaker game will decide the winner. If there is still a tie, the second tiebreaker game will decide the winner.

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4. \_\_\_\_\_
5. \_\_\_\_\_
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7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

\* First tie-breaker: Lancaster at Essex  
Total points: \_\_\_\_\_

\* Second tie-breaker: Washington at Detroit  
Total points: \_\_\_\_\_

\* Circle winner & give total points to be scored by both teams

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# Gunn is named head baseball coach at Christchurch School

Christchurch School athletic director Shannon Fisher recently announced the appointment of Dennis J. Gunn as head baseball coach.

Gunn is the longtime assistant coach of the team with a decades-long record of success, including the team's Virginia Prep League Championship in 2012 and numerous state play-off appearances.

Gunn has served as a staff member and coach at Christchurch School since 1987, primarily as director of campus operations.

Headmaster Jeb Byers noted Gunn's "total commitment to Christchurch School and its students."

"Dennis joins a stand-



Coach Dennis J. Gunn

group of experienced and successful head coaches at Christchurch, coaches who routinely

go above and beyond the call of service to build great teams and create great experiences for our students," said Byers.

The Christchurch School baseball team competes in the Virginia Prep League, which includes Norfolk Academy, Norfolk Collegiate, St. Christopher's, Trinity Episcopal, Collegiate School, Fork Union Military, Woodberry Forest and St. Anne's Belfield.

Gunn will be assisted by coaches Eric Smith and Bob Phipps. Smith is a faculty member at Christchurch. Phipps is the former headmaster of the school, 1983-1994, who has volunteered as a football and baseball coach since his retirement.



This 2014 Mazda Miata represented one of the newer models at the recent car show. It was entered by new Memory Lane Car Club member Nancy Roth.

## Car club reports good showing in Deltaville

The Memory Lane Car Club on October 15 participated in the annual art and seafood festival at the Deltaville Maritime Museum.

With the beautiful weather the event was a big success with a large turnout of visitors and the largest turnout of collector vehicles for this event ever, said club spokesman Jack Ashburn. Vehicles in attendance ranged from a 1927 model owned by members Gordon and Ruth Gibb and 1929 models owned by members C.P. Hilliard, George and Kay Shel-

ton and Jack Vogel to the newest model a red 2014 Mazda Miata owned by new member, Nancy Roth.

Everyone seemed to have a great day, said Ashburn. The club thanks Bill Powell and the members of the museum for making everyone feel very welcome.

Everyone is invited to attend the Oktoberfest Car Show October 29 at the White Stone Firehouse, he said. For other club events, call 435-6171.

## New procedure must be followed to purchase Virginia hunting license

The Virginia Department of Game and Inland Fisheries reminds hunters to purchase their hunting licenses early to avoid the opening day rush for both seasons.

Hunters are required to create a customer account at GoOutdoorsVirginia.com to purchase a license, according to Lee Walker of the DGIF.

Once a customer account has been completed and a number has been issued, hunters can proceed to purchase their license. A frequently asked questions page and a brief video tutorial on how to set up a customer account and pur-

chase a license are available at [dgif.virginia.gov/licenses/go-outdoors-virginia-help/](http://dgif.virginia.gov/licenses/go-outdoors-virginia-help/).

Once that account is created it can be used to purchase licenses in the future, said Walker.

GoOutdoorsVirginia is a one-stop-shop for hunters that brings Virginia online

with other states using similar systems. Hunters in Virginia now have the ability to renew licenses, check game, track their harvests over time and get their HIP permit.

It also gives hunters the ability to manage their account online by computer or app for mobile devices, said Walker.

## Wildlife refuge offers dog retrieval permits

The Rappahannock River Valley Wildlife Refuge will offer special use permits for dog owners to retrieve animals that enter refuge properties during the firearms hunting season for white-tailed deer.

The refuge encourages all those who own deer hunting dogs and hunt near refuge property, to sign up for a permit, reported Roxanne Warren. If a dog comes on the refuge and the owner or party retrieving the dog does not have a permit, a citation can be issued.

A related informational meeting will be held at 6 p.m. November 2 at Wilna Lodge, 1278 Wilna Road, Warsaw.

Refuge staff will provide permit applications and answer related questions. Following the meeting, permits also will be issued by mail, email or by visiting the refuge office weekdays from 9 a.m. to 3 p.m., or call the refuge 333-1470, ext 113.

## Irvington Turkey Trot registration is under way

Registration is under way for the 17th annual Irvington Turkey Trot on Thanksgiving Day, November 24.

The 2-mile and 5-mile races will begin at 9 a.m. and 10 a.m. respectively on King Carter Drive in Irvington, followed at 11 a.m. by the Tot Trot for the little ones on Irvington Commons, 98 King Carter Drive, Irvington.

"Registration is \$20 per person until November 5 and goes to \$25 the following day," said race director Michelle Lybarger of the Irvington Village Improvement Association. "In addition, for an extra \$5 runners can participate in both races."

Online registration is available at [RunSignUp.com](http://RunSignUp.com). Search "Irvington Turkey Trot" and click on the listing for "Irvington Turkey Trot and Animal Food Drive."

Registration also is available in person from 1 to 6 p.m. November 23 at Irvington Baptist Church, 53 King Carter Drive, Irvington or in person on the morning of the race prior to the competition, but allow extra time!

Chip timing will be provided by Colonial Sports Race Management. Participants can receive their immediate unofficial finish time free by including a cellphone number and service provider on their registration.

Awards will be given to the top three finishers in both men's and women's divisions in both races as well as the top three finishers in each of 10 age groups.

"To add to the Thanksgiving spirit, we again ask participants and spectators to bring contributions of dog and cat food for local animal shelters," said Lybarger.

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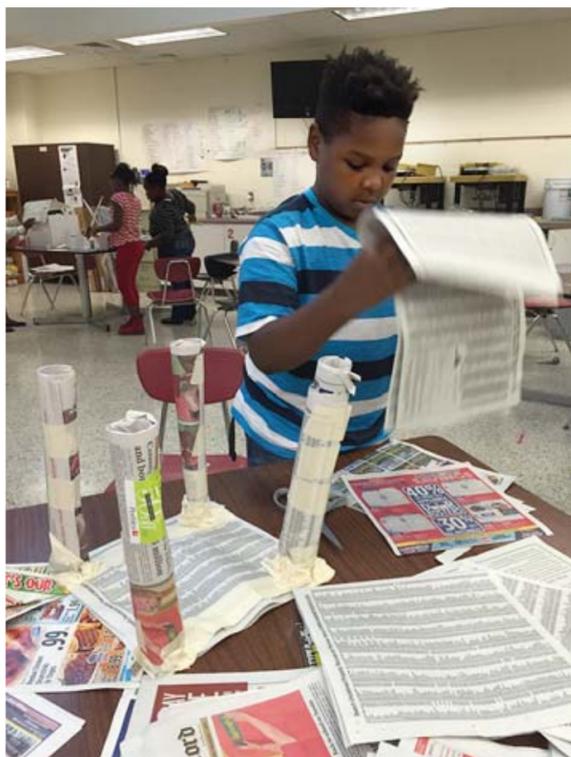
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From left, fifth grader Jaquarrias Morris and fourth grader Mason Walker work on their paper art projects.

## Rappahannock Record art abounds at LMS

Turning 100 was never so much fun.

Fourth and fifth graders were given an opportunity the first week of school to invent and create anything from the Rappahannock Record in celebration of the 100 years of the local newspaper, reported Lancaster Middle School art teacher Marilyn Sprouse.

Students could use some cardboard, Rappahannock Records that have been recycled, tape and glue, said Sprouse.

When students attended art once a week, they figured out what they could make and brought some amazing ideas to life, she said. If time permitted, they painted too, she said. At assemblies October 11 and 13 in the school auditorium, the students each described their projects.

"For many of our students, this was his or her first time on the stage," said Sprouse. "Students celebrated each other's creations with positive cheers and clapping"

Some creations have been transported to Lancaster Community Library for display and judging for artistic merit by artists of Rappahannock Art League. Winners will be displayed at RAL Studio Gallery in November.

Participants in the 100th Rappahannock Record art contest are:

Fourth grade, Antonio Boyd, Destiny Carter, Sarah Cooke, Zion Darby, Sophie Delaney, Aniyah Dixon, De'Avion Holden, Riley Jackson, Auron Jones, Jaden Landon, Colin Maksym, Makiyali Morris, Ethan Rainville, Nasire Scott, Christain Smith, Nadiyah Smith, Brady Vanlanding-

ham, Tyshawn Ward, Messiah Weldon, Trayven Wormley, Philip Ashburn, Jayla Beale, Brandon Bishop, Matthew Booth, Caston Burrell, Crystal Chen and DaNyiah Cofield.

Also, Terrill Diggs, Cody Donovan, Kimberly Elswick, Jesse Hill, Trinity James, Jayvien Monroe, Jamari Newbill, Trinity Noel, Logan Nundahl, Skye Smith, Kodi Uhler, Gracy West, Michael Wilson, Eternity Yerby, Journey Beale, Samiah Graham, Cayden Bishoff, DaNasia Cofield, Tyron Davenport, Kaysean Davis, Taylor Davis, Elizabeth Hazel, Auriannia Henderson-Jones, Demarcus Howard, Christian Hudnall, Braelyn Johnson and Matthew Kane.

Also, Ashton Molineaux, Anna Ramos, Jayden Rich, Ayla Saunders, Madison Schneider, Russell Spears-Bottlemey, Alyza Sutton, Lawrence Veney, Mason Walker, Shayla Williams, Ja'Na'e Avery, Lily Davis, Alannah Farrell, Layla Harding, Alexis Kelley, LaShawnda Laws, Tylan Lee, Lucy McDaniels, Emoni Morris, Junacia Morris, Carvonte Noel, Cryshon Ross, Alexia Smith, Zaden Veney, Keira Wheatley, Gage Anderson, A'Mar'reona Ball and Arthur Bowers.

Also, Key'Vontrez Bunns, Colton Carneal, Jden Cuffee, Sarah Donovan, Ronell Gordon, Jr, Samantha Kellum, Javion Pinn, Tyler Rhodes, Tahlia Sutton, Nehemiah White, Jayla Williams and Joshua Woolard.

Fifth grade, Isabelle Bean, Latine Bowman, Jenaya Cox, Collin Darrall, Todd Donovan, Caleb Dunford, Ta'Leyia Elmore, Allison Foulkes, Kayanna Gaskins, Lawrence

Harding, Pierson Long, Lamar Mattocks, Ethan Parks, Anari Polk, Reece Rhodes, Kaylie Roshia, Trinity Sydnor, Caleb Ramsey, Jada Ashburn-Frame, Laura Canter, Emily Carlson, Jesse Donovan, Tiya Goodman, Ethan Jackson, Keegan Kellum, Christine Ketner, Sarah McGee and Tarik Norris.

Also, Alexander Posey, Samariah Robinson, Creston Saunders, Adele Schneider, Ewan Scott, Christian Thomas, Seartis Turner, Aiana Lewis, Isiah Ball, Tre'von Ball, Rozalina Delaney, Aiden George, Jocelyn Hasson, Jordan Hooker, Trainell Kelley, Hailey M. Lewis, Tamia McLaughlin, Jaquarrias Morris, Evan Muse, Mikayla Morris, Khalil Redmond, Darius Scott, Jada Smith, Vijay Smith, Tylil Walters, Ryane Anderson, Zahim Churchill, Ja'Vahri Cockrell and Faith Dameron.

Also, Darrus Gordon, Jason Heming, Haley A. Lewis, Deavion Newbill, Adam Newman, William Sheppard 111, Daveon Smith, BJ Trahan, Trajan Waddy, MyKell Ward and Sa'Nye Wilson

Projects by the following students are displayed at the library:

Fourth grade, Sarah Cooke, Sophie Delaney, Riley Jackson, Auron Jones, Colin Maksym, Ethan Rainville, Nasire Scott, Nadiyah Smith, Trayven Wormley, Crystal Chen, DaNyiah Cofield, Terrill Diggs, Cody Donovan, Kimberly Elswick, Jesse Hill, Samiah Graham, Trinity James, Skye Smith, Gracy West, Journey Beale, Tyron Davenport, Elizabeth Hazel, Auriannia Henderson-Jones,

Braelyn Johnson, Ashton Molineaux, Alannah Farrell and Ayla Saunders.

Also, Madison Schneider, Russell Spears-Bottlemey, Alyza Sutton, Mason Walker, Lily Davis, Lucy McDaniels, Junacia Morris, Cryshon Ross, Jden Cuffee, Sarah Donovan, Samantha Kellum, Javion Pinn and Joshua Woolard.

Fifth grade, Isabelle Bean, Latine Bowman, Jenaya Cox, Collin Darrall, Caleb Dunford, Ta'Leyia Elmore, Allison Foulkes, Lamar Mattocks, Ethan Parks, Anari Polk, Reece Rhodes, Trinity Sydnor, Caleb Ramsey, Jada Ashburn-Frame, Laura Canter, Emily Carlson, Tiya Goodman, Ethan Jackson, Keegan Kellum, Christine Ketner, Sarah McGee, Alexander Posey, Creston Saunders, Adele Schneider, Ewan Scott, Seartis Turner, Isiah Ball and Tre'von Ball.

Also, Rozalina Delaney, Aiden George, Jocelyn Hasson, Hailey M. Lewis, Tamia McLaughlin, Jaquarrias Morris, Mikayla Morris, Khalil Redmond, Jada Smith, Vijay Smith, Tylil Walters, Ryane Anderson, Zahim Churchill, Ja'Vahri Cockrell, Haley A. Lewis, Deavion Newbill, Adam Newman, William Sheppard 111, Daveon Smith, BJ Trahan, Trajan Waddy and Sa'Nye Wilson

## Author to participate in Montessori Book Club

The Northern Neck Montessori School fall season book club will meet from 10 to 11:30 a.m., October 29, at the school, 97 FMC Drive, Kilmarnock. The parenting guide *Positive Discipline* by Dr. Jane Nelsen will be the first book in this series.

After word of this selection was announced, the book's author reached out to the school to see how she could help and participate herself. Although Dr. Nelsen practices in Utah and California, she contacted the school's lower elementary program head Beth Rohne to schedule a way to participate in the series and

answer questions about her work.

"We are very excited that Dr. Nelsen reached out directly to us," said Rohne. "We quickly decided that setting up video-conferencing at our December 3 session would work out very well. She is no stranger to a camera—Dr. Nelsen has been a guest in a number of national settings including the Oprah Winfrey Show—and we're looking forward to her partnership in our efforts to promote better parenting in our community."

Child care will be available for the sessions. Contact the school at 435-3503.

## Wheat Learning Center offers tutoring sessions

The Wheat Learning Center at St. Margaret's School in Tappahannock opens its doors to the public offering one-on-one tutoring services to a wide range of grade levels and in multiple subject areas.

All sessions will be held on St. Margaret's campus in 50-minute increments with a qualified tutor in math, reading, writing, social studies, science and study skills, reported Wheat Learning Center coordinator Jane Harrington.

The program includes individualized instruction and a monthly written progress report, explained Harrington. Participants will be charged \$55 per session and every effort will be made to accommodate the scheduling needs of the tutee. A pre-assessment

session may be required in which the standard tutoring fee will apply.

Community outreach is one of the main areas of focus within the Wheat Learning Center and is an obvious priority to St. Margaret's School, she said.

Her shared vision for the Center is to be a valuable resource to the community and meet the needs of the region at large, added Harrington.

"Our tutoring program is the first step," she said. "It excites me to know that there will be many other opportunities to come."

Contact Jane Harrington with questions or to be matched with a tutor, contact Harrington at [jharrington@sms.org](mailto:jharrington@sms.org), or 443-3357, ext. 3032.



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### Up on the farm

The students at Bethel Preschool recently enjoyed a day on Holyoke Farm just off Alfonso Road in Lively. The fun included a hayride to see the many newborn calves that have arrived this fall. Cows, horses, pigs and chickens also were on the tour. The highlight of the trip included a ride on a John Deere tractor. Apple cider, snacks and games awaited the students in the barn. From left are (front row) Grafton Forrester, Veronica Edmonds, Addison Pittman, Jedi Fearing, Jamie Mitchell, Cameron Moore, Emma Hand, Logan Lange, Sara Forrester, Elliot Crissey, Austin Laund and Chas Lange; (next row) director and teacher Denise Cromer and teacher Lauren Brent. The students and teachers extended a special thank you to the entire Forrester family for their contribution to fall fun.



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### LMS students of the week

The Lancaster Middle School PTA recently announced its students of the week. From left they are (front row) Riley Jackson, Emily Carlson, Nimiyah Williams, Anyiah Brown and Kat Zeiler; (next row) Javion Pinn, Adam Newman, Deroyne Sutton, Brooklyn Farrell and Trevon Owens. The students each receive a t-shirt and a free small Slurpee from 7-11 in White Stone.

## Opera performs for PALS

Booming baritone and lilting soprano characters cavorted with comedic antics to capture the attention of an audience filled with youngsters when the Virginia Opera Company recently took the stage at Chesapeake Academy.

Through the generosity of Mr. and Mrs. C. Jeffers Schmidt of Irvington, Virginia Opera presented "Tales from the Brothers Grimm" for students ages 3 through grade four as part of the school's Performing Arts and Lecture Series, said head of school Deborah Cook.

"Tales from the Brothers Grimm" was a completely charming and musically interesting original work by Dr. Glenn Winters, containing three short comic operas drawn from the 19th century fairy tales by Jacob and Wilhelm Grimm, said Cook.



Virginia Opera entertains students at Chesapeake Academy.



### Headley inducted

Jacob Headley recently was inducted into Beta Gamma Sigma, an international honor society for high-achieving business students. Headley is a senior at the College of William and Mary. His parents are John and Lisa Headley of White Stone, and his grandparents are David and Mary Headley of Irvington and Richard and Rella Voelker of Warsaw.



### Fire safety

The Learning Center visited the Kilmarnock Firehouse last week for Fire Prevention Week. While there, the preschoolers learned about fire safety, received a first-hand look at what to expect if a firefighter enters their house, and toured the firehouse and fire trucks. Future volunteer fireman Max Braly (above) models gear. Volunteer firefighters Bryan Keyser and Tyler Jones helped with the experience.

## Special education program outlined

The Lancaster County Public School division will offer a variety of free special education programs serving children ages 2-21.

To locate those who are suspected of having a disability, the school system conducts an annual Child Find Campaign, reported Northern Neck Regional Special Education Program preschool coordinator Janie C. Davis.

Children with a disability who turn age 2 on or before September 30, and who have not reached their 22nd birthday by that date, can be considered for these programs, said Davis.

Disabilities which may adversely affect a child's educational progress include the following:

- Developmental delay among children ages 2 through 8 who experience a significant delay in physical, cognitive, communication, social, emotional or adaptive development.

- Autism is a developmental disability significantly affecting verbal and nonverbal communication and social integration, generally evident before age 3. Other characteristics are engagement in repetitive activities and stereotyped movements, resistance to environmental change or changes in daily routines, and unusual responses to sensory experiences.

- Deaf-blindness.
- Deafness so severe that the child is impaired in processing linguistic information through

hearing, with or without amplification. Hearing impairment, whether permanent or fluctuating.

- Intellectual Disabilities or significant sub-average general intellectual functioning with deficits in adaptive behavior.

- Multiple disabilities, including two or more impairments at the same time. Orthopedic impairment, including those caused by congenital anomaly, disease and other causes such as cerebral palsy.

- Other Health impairment, such as limited strength, vitality or alertness due to chronic or acute health problems.

- Emotional disturbance, with one or more of the following characteristics over a long period of time and to a marked degree: an inability to learn that cannot be explained by intellectual, sensory, or health factors; an inability to build and maintain satisfactory interpersonal relationships with peers and teachers; inappropriate behavior or feelings; a pervasive mood of unhappiness or depression or a tendency to develop physical symptoms or fears associated with personal or school problems. The term does not apply to children who are socially maladjusted unless other serious emotional disturbances exist.

- Specific learning disability, a disorder in one or more of the basic psychological processes involved in understanding or using language, spoken or written, that may manifest in an imperfect ability to

listen, write, spell or do math calculations.

- Speech and Language impairment, a communication disorder such as stuttering, impaired articulation, language or voice.

- Severe disability, a primary disability that severely impairs cognitive abilities, adaptive abilities and life functioning.

- Traumatic brain injury, an injury to the brain caused by an external physical force resulting in total or partial functional disability, psychosocial impairment or both. This can apply to head injuries that are congenital or degenerative, or brain injuries induced by trauma.

- Visual impairment.

Early warning signs of these disabilities include delays in reaching developmental

milestones in early childhood such as trouble sitting, standing, walking, talking, seeing, hearing, learning or paying attention, said Davis. Early intervention helps children with disabilities have a better chance to develop.

Special services for identifying and treating children suspected of having disabilities are free and available through the school division. In order to identify and place a child with a disability, the county follows an evaluation process. A child is referred by a teacher, parent, physician or outside agency to a special education administrator and/or child study committee which then gathers information about the child from teachers and the person who made the referral.

The committee reviews the information and determines

if there is a need to have a formal evaluation and if so, written consent is sought from the parent/guardian.

Parents are informed of their rights and procedural safeguards including due process. A formal evaluation, which is free to the parents, may include educational and psychological assessments, medical and social histories, vision and hearing screenings, and speech and language screening. A committee including parents and school personnel meet to consider the results of the evaluations. If a child meets eligibility criteria, then a free appropriate public education of special services is provided.

Those who think they may know a child with a disability should call Ann Kelley at 462-5100.

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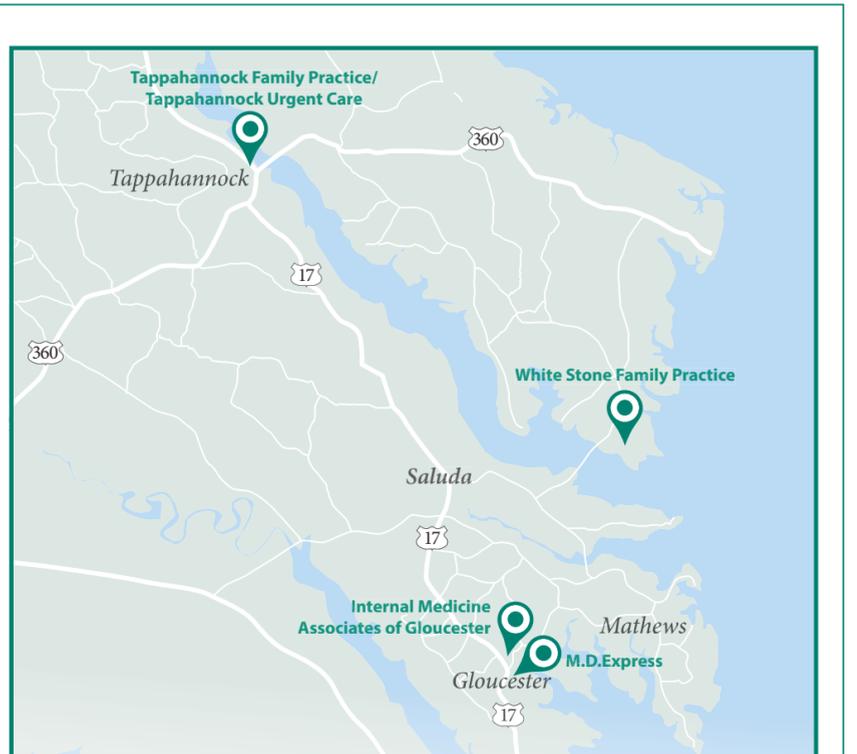
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## SCHOOL REPORTS

### ■ Sky watching

The Rappahannock Community College Educational Foundation's Rappahannock Institute for Lifelong Learning will offer "Sky Watching: Making Friends with the Night Sky" from 1 to 3 p.m. November 3, 10 and 17 at RCC Kilmarnock Center, Chesapeake Commons Shopping Center, 447 North Main Street, Kilmarnock. The instructor will be Dr. Greg Boeshaar.

Advance registration, with a tuition payment of \$35, is required. To register, contact Sharon Drotleff at 333-6707, or sdrotleff@rappahannock.edu.



Zoe Harding



Avery Shivers



Eliza Carr Schmidt



Sally Johnson

## Local students serve in leadership positions at Christchurch School

Christchurch School student leaders and officers for the 2016-17 school year include four local students.

Zoe Harding, the granddaughter of Jim and Vicki Harding of Wicomico Church, is co-head prefect and president of the National Honor Society.

Avery Shivers, the son of Gregg and Lisa Shivers of White Stone, serves on the Honor and Conduct Council.

Eliza Carr Schmidt, the daughter of Jeff and Sallie Schmidt of Irvington, serves on the Honor and Conduct Council.

Sally Johnson, the daughter of Frederick Johnson of Kilmarnock and Jenny Ramey of Richmond, serves on the Honor and Conduct Council.

## High school essay contest explores transgender issue

The Virginia State Bar (VSB) recently announced its 25th annual Law in Society essay competition that awards almost \$7,000 in prize money to eight Virginia scholars.

Virginia high school students ages 19 or younger and enrolled in grades 9 through 12 or a home-school equivalent are eligible to submit an essay for a chance to win the competition and cash prizes, reported Gordon Hickey. The contest is co-sponsored by the VSB litigation section and communications committee. The deadline for submissions is February 10, 2017.

In 2016, the U.S. Department of Education and Department of Justice issued a joint letter to all schools receiving federal funding stating that the prohibition of discrimination on the basis of "sex" under Title IX of the Civil Rights Act of 1964 encompasses discrimination on the basis of gender identity and gender expression, said Hickey. This year's essay competition asks students to discuss these issues and recent transgender lawsuits as they relate to these questions:

- Should the law protect transgender students from discrimination on the basis of their gender identities?

- Is it discrimination for a transgender student to be prohibited from using the restroom or locker room of their gender identity?

- Should the federal government establish a nationwide policy on transgender students in public schools, or are state governments and local school boards better suited to make these decisions?

Essays are limited to 750 to 1,000 words, and are judged on how well they demonstrate the student's understanding of the role and value of the legal system in everyday life. Entries will be judged by a panel of volunteer lawyers from across the state. The purpose of the contest is to awaken an interest in law and appreciation of the U.S. Constitution, he said.

The first-place winner will receive \$2,300 and the winning essay will be published on the VSB website. Other awards include second, \$1,850; third, \$1,350, and honorable mentions, \$250 each. All winners receive a plaque and copy of Strunk and White's Elements of Style. Awards will be presented in the spring at the winners' schools.

Contest rules are posted at [vsb.org/site/public/law-in-society](http://vsb.org/site/public/law-in-society).



Chesapeake Academy students recently had a nautical history experience aboard the Godspeed.

## Students learn aboard ship

Chesapeake Academy's third through fifth graders visited the Godspeed when it docked at the Tides Inn in Irvington for the Turkey Shoot Regatta.

Rotating through learning stations, students enthusiastically participated in the lives of Colonial sailors, reported head of school Deborah Cook.

At station 1, the students learned how ships used compasses to navigate and tell time and how sailors knew how fast the boats were sailing.

At station 2, they learned about simple machines that were used on ships. In particular they learned about the ones used to raise the anchor. The kids then proceeded to work together to lift

up the 300 pound anchor using the lever system on the ship. They were also taught how the sailors determined the depth of the water they were sailing in.

At station 3, the students learned about the daily lives of the people who worked on the ship: how the sailors took different watches over the ship, how they kept track of that time and about the food and games the sailors brought to keep themselves entertained on the long voyage.

The Godspeed is a re-creation of one of the three ships that brought America's first permanent English colonists to Virginia in 1607. When not touring, it is moored at Jamestown Settlement.



## Celebrating 10 years

Lancaster Library's Babygarten program started 10 years ago and Harmyni Ball (above) was the very first baby to attend. Ball recently was honored at the General Assembly for getting all A's over her school career. Her mother attributes her success to early exposure to reading through Babygarten and other library programs. The next Babygarten will be at 10:30 a.m. Monday, October 24. Babygarten is for ages 3 months to two years, and their caregivers.



## Saluting grandparents

Chesapeake Academy students and faculty recently hosted Grandparents' and Grandfriends' Day. The visitors caught up on the state of the school, experienced classes with their grandchildren, and were regaled by talented students in a whole-school integrated arts performance. Above, Kathryn Kenner shows her grandparents how she organizes words for a nursery rhyme. From left are Sherry Vanlandingham, Kenner and Van Vanlandingham.

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