

Birthplace will celebrate Washington's 283rd birthday

On February 22, 1732, an unremarkable Friday on a Westmoreland County, Virginia, tobacco farm, a son was born to a Virginia planter and his wife. This baby, shaped by his early life in the Northern Neck, would in turn shape the political foundations of the new American Republic.

"On Sunday, February 22, 2015, join us at George Washington Birthplace National Monument as we celebrate the 283rd anniversary of the birth of the man whose name is forever linked to freedom and democracy throughout the world," said superintendent Melissa Cobern.

Two old George Washington Birthplace traditions will be resurrected this year. First, the birthday will be celebrated on Washington's actual birthday and not the observed holiday of the third Monday in February.

Second, birthday cake will be served in the park's Log House, the traditional site of Birthplace hospitality. Built by the Wakefield Memorial Association in 1932, the Log House interior is a fine example of Colonial Revival styling, complete with dark paneling and exposed pegged beams.

"The Log House is seldom open to the public," said Cobern. "This party is a wonderful opportunity for everyone to enjoy the beauty of this special place."

With the recent addition of a pedestrian bridge, connecting the historic area to the Log House, visitors will be able to enjoy a scenic walk between all the events of Washington's Birthday.

At 1 p.m., a special George Washington Birthday flag-raising ceremony will be held at the Visitor Center, conducted by the Cub Scouts and Webelos of Pack 207, Westmoreland County.

At 2 p.m., the cake will be served at the Log House.

From 10 a.m. to 4 p.m. the George Washington Birthplace National Monument 4H Heritage Club will demonstrate hearth cooking, blacksmithing and other aspects of colonial living in the historic area surrounding the actual birth site of George Washington.

The park will be open to visitors from 9 a.m. until 5 p.m. Admission to George Washington Birthplace National Monument is free, and there is no charge for any activities on February 22.

George Washington Birthplace National Monument is at 1732 Popes Creek Road between Montross and Colonial Beach.

Haynie to present herb talk February 26

Historic Christ Church, 420 Christ Church Road, Weems, is closed for tours until April 1, but each winter the flower and herb garden committees bring a speaker to the Bayne Center on the campus to talk about Spring and some aspect of gardening.

On February 26, Donald Haynie will talk about "Twelve Culinary Herbs Everyone Should Grow, Know and Use," said publicity chairman Marilyn Hedges. Haynie has had a successful floral business in Warsaw, taught floral arts at Rappahannock Community College, and created an herb farm in the Shenandoah Valley. He now consults and lectures on herb-related topics.

Haynie's presentation at 1:30 p.m. will include a discussion of culinary herbs such as basil, oregano, tarragon, parsley, sage, rosemary and thyme. He'll offer suggestions for adding herbs to meat, poultry, vegetables, sauces and drinks such as tea.

A \$20 donation is requested, payable at the door. Reservations are required by February 23. RSVP to 438-6855 or tgeeson@christchurch1735.org.



Cast members from left include (front row) Katy Duryea; (next row) Jomarie Scerbo, Joyce Mills, Robin Blake and Kathryn Shepherd.

Lancaster Players to present comedy

Tickets are available for the upcoming Lancaster Players' production of "The Charitable Sisterhood of the Second Trinity Victory Church" by Richmond playwright Bo Wilson.

The comedy, directed by Bob Walker, will be presented at 8 p.m. March 5, 6, 7, 12, 13, 14,

19, 20 and 21, and at 3 p.m. March 22 at The Lancaster Playhouse, 361 Chesapeake Drive, White Stone. Doors will open an hour prior to curtain.

Admission is \$20. Reservations required. Visit lancasterplayers.org, or call 435-3776.



Alan Campbell, Michael Plante, Thorne Thompson, Anita Harrower, Joanne Cox and Philip Haynie.

'Life with Father' to open Feb. 28

The American classic comedy "Life With Father," by Lindsay and Crouse will open February 28 at the Westmoreland Players Theatre, 16217 Richmond Road, Callao.

Adapted from the autobiography of author Clarence Day Jr., the play was first staged in 1939. Glenn and Joy Evans direct the play. Gail Bruner is the stage manager.

Cast members include Alan Campbell as the Victorian patriarch, Mr. Day; Anita Harrower as his wife, Vinnie; Jeremy Saunders, Michael Plante, Philip Haynie and Thorne Thompson, as the Day brothers; Nica Wyszynski, Virginia Casey, Kelly Bowie

and Rebecca McGlinn, as maids; Beverly Mangan, as Margaret the cook; Joanne Cox as Cousin Cora; Makenzie Hall as a traveling companion; Bruce Lawyer and John Bowie as physicians; and John Pitman as Rev. Lloyd.

Tickets for the opening night gala are \$25 for adults and \$17 for students. Festivities will begin at 6:30 p.m. followed by the play at 8 p.m.

Tickets for remaining shows will be \$20 and \$12 respectively. The play will continue at 3 p.m. March 1, 7, 8, 14 and 15, and 8 p.m. March 6, 12 and 13.

Reservations required. Visit westmorelandplayers.org, or call 529-9345.

AREA EVENTS

■ Fish breakfast

The Men's and Women's Ministry of Calvary Baptist Church will host a hack fish breakfast from 8 to 11 a.m. Saturday, February 21, at the church, 490 East Church Street, Kilmarnock.

Tickets are \$15 per person. Contacts are Gail Turner, 436-0616, and Burton Moody, 462-7220.

■ Veterans affairs

VFW Post 7167 Ladies Auxiliary and VFW Post 7167 will host a Veterans Affairs Forum from 9 a.m. to 3 p.m. February 28 at VFW Post 7167, 73 Washington Avenue, Warsaw.

Topics will include numerous programs, benefits and projects. Admission and lunch are free. For reservations, call 443-49322 by February 25.

■ Pro-life speaker

The Knights of Columbus at St. Francis de Sales Church Winter Speaker Series will continue at 7 p.m. Wednesday, February 25, at De Sales Hall, 151 Church Street, Kilmarnock.

The guest speaker will be Terry Beatley. She will address parental rights and the pro life culture.

■ Spelling bee

Lancaster Community Library will hold The Great Northern Neck Adult Spelling Bee at 2 p.m. March 1 at 16 Town Centre Drive, Kilmarnock. Admission is \$5. Team registration is \$100. Spelling teams consist of three people, ages 17 or older, and a team captain.

Register at lancasterlibrary.org, or complete and mail in registration form, with a check made payable to LCL, to Lancaster Community Library P.O. Box 850, Kilmarnock, VA 22482. Registration is due by February 21.

■ Spirit Night

Relay For Life of Lancaster and Northumberland will host Spirit Night from 3 to 10 p.m. Wednesday, February 25, at Northern Neck Burger Co., 62 Irvington Road, Kilmarnock. Relay will receive 10% of the net proceeds.

■ Barbecue To Go

The Sharon Baptist Church Fall Festival committee will sponsor Barbecue To Go beginning at 11 a.m. February 28 at the church, 1413 Lumberlost Road, Weems. The menu will include barbecue on bun, coleslaw, baked beans and dessert.

The fee is \$10. Proceeds will benefit the church's electric panel/piano project.

■ Benefit concert

The Robbin Thompson Band will present a concert February 28 at the Lancaster Middle School Theater, 191 School Street, Kilmarnock. Doors will open at 7 p.m. and the show will begin at 8 p.m.

Proceeds will benefit the Kilmarnock Volunteer Fire Department. All seats are reserved. Premium seats are \$35 and general admission tickets are \$25. Advance tickets are on sale at Noblett's Inc. and Hair Design Studio in Kilmarnock, or rtb@fcpsound.net. Tickets also will be available at the door.

■ Blood drives

The American Red Cross will conduct blood drives from 10 a.m. to 3 p.m. February 27 at Bon Secours Rappahannock General Hospital, 101 Harris Drive, Kilmarnock; noon to 6 p.m. March 2 at Kilmarnock Baptist Church, 65 East Church Street, Kilmarnock; and 1 to 7 p.m. March 10 at Saluda Baptist Church, 960 General Puller Memorial Highway, Saluda.

All blood types are needed, especially types O negative, A negative and B negative. To schedule an appointment, download the Red Cross Blood Donor App, visit redcrossblood.org, or call 1-800-733-2767. Walk-ins welcome.

■ Hake fish breakfast

The Men of Macedonia will hold a hake fish breakfast from 7 to 11 a.m. February 28 at Macedonia Baptist Church Fellowship Hall, 10246 Northumberland Highway, Heathsville.

The menu will include fish, potatoes, sausage, bacon, eggs, fried onions, biscuits, jelly, coffee, tea and juice. The fee is \$13. Dine in or carry out. Call 580-7595.

February

19 Thursday

AA, 8 p.m. De Sales Hall and Kilmarnock UMC.
AI-Anon, 8 p.m. Kilmarnock Baptist. 588-9224.
Heathsville Forge Blacksmith Guild, 10 a.m.-3 p.m. Rice's Hotel/Hughlett's Tavern. 580-3377.
Listening Lambs, 10-11 a.m. Northumberland Public Library, 7204 Northumberland Highway, Heathsville. Story hour for ages 3 to 6. Theme: Hats & Mittens. 580-5051.
Bay Tones Barbershop Chorus, 7-8:30 p.m. St. Andrews Presbyterian, Kilmarnock. Rehearsals. New singers welcome.
Grief Support Group, 2 p.m. Henderson UMC, Callao.
Volunteers Needed, 8 a.m.-2 p.m. Help Lancaster/ Northumberland Habitat for Humanity build a house. 435-3461, or LNHabitat.org.
Northern Neck-Middle Peninsula Chapter, Virginia Aeronautical Historical Society, 11:30 a.m. Pilot House Restaurant, 2737 Greys Point Road, Topping. Speaker: Clyde Kizer.
Northern Neck Native Plant Society, noon. Wicomico Parish Church Hall, 5191 Jessie duPont Memorial Highway, Wicomico Church. Panel: Brian Barnes and Stuart McKenzie. Moderator: Kate Daniel. Topic: Tools for Protecting Wetlands and Water Quality: The Role of Native Plants. Bring a brown bag lunch. Beverages and light refreshments available.
Duplicate Bridge, 1 p.m. Woman's Club of White Stone. \$4. 435-6207.
Shaggin', 6 p.m. free lessons, 7 p.m. dancing. KC's Crabs and Cues, 10428 Jessie Ball duPont Memorial Highway, Kilmarnock. Shag, line dancing. 435-7665.
Potomac River Crab Advisory Committee, 6 p.m. PRFC Office Building, 222 Taylor Street, Colonial Beach.
On The Rise Performers, 7-9 p.m. Willaby's on the Rappahannock, 327 Old Ferry Road, White Stone. 435-0000.
Rockin' the Rappahannock ... a Sixties Revue, 7 p.m. David and Wendy Charlton Center for Fine & Performing Arts, Marston Gymnasium, Christ Church School, 49 Seahorse Lane, Christchurch. Student musical. \$10 adults, \$5 children. Reservations required. 758-2306 ext. 277, or e-mail csevents@christchurchschool.org. Doors open at 6:30 p.m.
Lancaster Planning Commission, 7 p.m. County Administration Building, 8311 Mary Ball Road, Lancaster.
Northumberland Planning Commission, 7 p.m. Courts Building, 39 Judicial Place, Heathsville.

20 Friday

AA, noon. Trinity Episcopal, Lancaster.
AA, 8 p.m. Calvary Baptist, Kilmarnock.
AA, 8 p.m. St. Andrews Presbyterian, Kilmarnock.
AI-Anon, noon. Bay Center for Spiritual Development, 31 Noblett Lane, Kilmarnock. 588-9224.
Overeaters Anonymous, 7:30 p.m. Rappahannock Church of Christ, 9514 Richmond Road, Warsaw. 529-6671.
Community Lecture, 2 p.m. Magnolia Manor-The Orchard, 63 Delfae Drive, Warsaw. Speaker: Carolyn Costello. Topic: Mission trip to Peru.
Bill & Pam Gurley & Friends, 7-10 p.m. Willaby's on the Rappahannock, 327 Old Ferry Road, White Stone. 435-0000.
Rockin' the Rappahannock ... a Sixties Revue, 7 p.m. David and Wendy Charlton Center for Fine & Performing Arts, Marston Gymnasium, Christ Church School, 49 Seahorse Lane, Christchurch. Student musical. \$10 adults, \$5 children. Reservations required. 758-2306 ext. 277, or e-mail csevents@

christchurchschool.org. Doors open at 6:30 p.m.

21 Saturday

AA, 8 p.m. Irvington Baptist.
AA, 8 p.m. Heathsville UMC.
AA, 8 p.m. Henderson UMC.
Heathsville Forge Blacksmith Guild, 10 a.m.-3 p.m. Rice's Hotel/Hughlett's Tavern. 580-3377.
Hake Fish Breakfast, 8-11:30 a.m. Galilee UMC, 747 Hull Neck Road, Edwardsville. \$12.
Hake fish Breakfast, 8-11 a.m. Calvary Baptist Church, 490 East Church Street, Kilmarnock. \$15. Contact Gail Turner, 436-0616, or Burton Moody, 462-7220.
Couch to 5K, 8-9 a.m. Northumberland Family YMCA, 6348 Northumberland Highway, Heathsville. Training for first-time participants ages 18 and older. Continues on Saturdays to April 18. \$15 members, \$30 others. Register at YMCA, or 580-8901.
Leedstown Resolutions Commemoration, 10 a.m. Yeocomico Church, 1283 Old Yeocomico Road, Kinsale. Interpreters to portray Philip Ludwell Lee, Richard Henry Lee and Hannah Lee Corbin.
Tempering The Twos Without Losing Your Temper, 10-11 a.m. Northern Neck Montessori School (NNMS), 97 FMC Drive, Kilmarnock. Seminar for parents and caregivers of children ages 18 to 36 months. Free childcare. Registration required. 435-3503 or email info@nnmontessori.org.
Cancer Education, 10 a.m.-noon. Jerusalem Baptist Church, 2404 Nomini Hall Road, Hague. Sponsors: Northern Neck Cancer Education and Risk Reduction Group. Theme: Overcoming Our Fears: What is Cancer?
Art Workshop, 10 a.m.-noon. Rappahannock Art League Studio Gallery, 19 North Main Street, Kilmarnock. Saturday smARTS for youth. Glass-On-Glass mosaics. \$20 plus materials fee. Register at the gallery, or 436-9309.
Free Income Tax Help, 1-4 p.m. Lancaster Community Library, 235 School Street, Kilmarnock.
Roast Beef Dinner, 5-7 p.m. Fairfields UMC, 4741 Northumberland Highway, Burgess. Donations. Take out, 453-2631.
Rockin' the Rappahannock ... a Sixties Revue, 7 p.m. David and Wendy Charlton Center for Fine & Performing Arts, Marston Gymnasium, Christ Church School, 49 Seahorse Lane, Christchurch. Student musical. \$10 adults, \$5 children. Reservations required. 758-2306 ext. 277, or e-mail csevents@christchurchschool.org. Doors open at 6:30 p.m.
Tailgate Down, 8:30 p.m.-12:30 a.m. KC's Crabs and Cues, 10428 Jessie Ball duPont Memorial Highway, Kilmarnock. \$5. 435-7665.

22 Sunday

AA, 7:30 p.m. White Stone UMC.
AA, 5:30 p.m. Henderson UMC.
George Washington Birthday Celebration, 9 a.m.-5 p.m. George Washington Birthplace National Monument, 1732 Popes Creek Road, Colonial Beach. Special activities: 10 a.m.-4 p.m., colonial living demonstrations; 1 p.m., flag-raising ceremony; 2 p.m. birthday cake.
Tavern Spinners & Weavers, 11 a.m.-3 p.m. Rice's Hotel/Hughlett's Tavern, Heathsville. Studio open. 435-2424.
Sundays At Two, 2 p.m. Lancaster Community Library, 235 School Street, Kilmarnock. Speaker: Molly Mitchell. Topic: Virginia, a Hot Spot of Sea Level Rise.
Pat Moore, 5-8 p.m. KC's Crabs & Cues, 10428 Jessie Ball DuPont Memorial Highway, Kilmarnock. 435-7665.

23 Monday

AA, noon. Palmer Hall.
AA, 8 p.m. Fairfields Baptist.
AI-Anon AFG, 8 p.m.

Kilmarnock UMC.
Weight Watchers, 5:30 p.m. St. Andrews Presbyterian, Kilmarnock.
Veterans' Cafe, 9 a.m.-noon. 84 Main Street, Warsaw. Virginia Wounded Warrior Program welcomes all veterans from all branches of service for coffee, conversation and camaraderie.
Art Forum, 1 p.m. Rappahannock Art League Studio Gallery, 19 North Main Street, Kilmarnock. Program: "The Royal Paint Box," 60-minute video with the Prince of Wales.
Kilmarnock Town Council, 6 p.m. Kilmarnock Town Hall, 1 North Main Street, Kilmarnock.
Lancaster County Democratic Committee, 6:30 p.m. Bank of Lancaster northside, 432 North Main Street, Kilmarnock. Speaker: Margie Armen.

24 Tuesday

AI-Anon AFG, 4:30 p.m. Kilmarnock Baptist.
AA, 7 and 8 p.m. Palmer Hall.
AA, 7 p.m. St. Mary's White Chapel Episcopal.
AL-ANON, 7:30 p.m. Lower UMC, 776-9799.
Kilmarnock & District Pipe Band, 7 p.m. Campbell Memorial Presbyterian, Weems. 462-7125.
Heathsville Forge Blacksmith Guild, 10 a.m.-3 p.m. Rice's Hotel/Hughlett's Tavern. 580-3377.
Overeaters Anonymous, 4 p.m. St. Andrews Presbyterian, 435 East Church Street, Kilmarnock.
Aphasia Group, 11 a.m. Bon Secours Rappahannock General Hospital Rehabilitation and Sports Medicine Center, 43 William B. Graham Court, Kilmarnock. \$40 per month, or \$10 per session. 435-8501.
Volunteers Needed, 8 a.m.-2 p.m. Help Lancaster/ Northumberland Habitat for Humanity build a house. 435-3461, or LNHabitat.org.
Northern Neck Master Gardener's Help Desk, 9 a.m.-noon. Northumberland VCE Office, 7154 Northumberland Highway, Heathsville. 580-5694.
Virginia Marine Resources Commission, 9:30 a.m. VMRC Headquarters, 2600 Washington Avenue, Third Floor, Newport News. Habitat applications, fisheries items. Public hearings begin at noon.
Heritage Arts Class, 1-5 p.m. Rice's Hotel/Hughlett's Tavern, 73 Monument Place, Heathsville. Stained Glass Stepping Stone. \$25 members, \$30 others, \$35 materials. Register at RHHTFoundation.org, or call 580-3377.
Duplicate Bridge, 1 p.m. Woman's Club of White Stone. \$4. 435-6207.
Computer Training, 1:30 p.m. Northumberland Public Library, 7204 Northumberland Highway, Heathsville. Mango language. 580-5051.

Community Lecture, 2:30 p.m. Magnolia Manor-The Orchard, 63 Delfae Drive, Warsaw. Speaker: Gene Shirley Richey. Topic: *Dancing My Way Through Hell*.
Pancake Dinner, 5-7 p.m. Heathsville UMC, 39 Courthouse Road, Heathsville. Rescheduled from Shrove Tuesday. Donations to benefit the Mattaponi Indian Healing Eagle Clinic.
Lancaster County Lions Club, 7 p.m. Lancaster Tavern, 8373 Mary Ball Road, Lancaster.
Books Alive, 7 p.m. Northumberland Public Library, 7204 Northumberland Highway, Heathsville. Author: Jerry Peill. Book: *The Curious Case of the Conjure Woman: An Appalachian Detective Yarn*. Sponsor: Friends of the Library.

25 Wednesday

AA, 8 p.m. Trinity Episcopal, Lancaster.
AA, noon. Women's meeting, Irvington UMC.
Kiwanis Club, 7:30 a.m. St. Andrews Presbyterian, Kilmarnock.
Rotary Breakfast Club, 7:30 a.m. Lee's Restaurant, Kilmarnock.
Rotary Club for Kilmarnock, Irvington and White Stone, 12:30 p.m. Rappahannock Westminster-Canterbury.
Tavern Spinners & Weavers, 10 a.m.-2 p.m. Rice's Hotel/Hughlett's Tavern, 73 Monument Place, Heathsville. Studio open. 435-2424.
Community Lenten Service, 12:05 p.m. St. Andrews Presbyterian Church, 435 Church Street, Kilmarnock. Lunch follows at 12:30 p.m. \$4. Continues on Wednesdays through April 1.
Free Income Tax Help, 1-4 p.m. Lancaster Community Library, 235 School Street,

Kilmarnock.
Information Technology Help, 3:30-4:30 p.m. Northumberland Public Library, 7204 Northumberland Highway, Heathsville. Technical help on cell phones, tablets, iPads, computers. Bring devices. 580-5051.
Spirit Night, 3-10 p.m. Northern Neck Burger Co., 62 Irvington Road, Kilmarnock. To benefit Lancaster/ Northumberland Relay for Life. Relief receives 10% on net proceeds.
Potomac River Oyster/ Clam Advisory Committee, 6 p.m. PRFC Office Building, 222 Taylor Street, Colonial Beach.
Knights Of Columbus Winter Speaker Series, 7 p.m. St. Francis de Sales Hall, 51 Church Street, Kilmarnock. Speaker: Terry Beatley. Topic: Parental rights and the pro-life culture.
Music Night, 7-10 p.m. Rappahannock Grill, 37 North Main Street, Kilmarnock. 435-5152.
Karaoke, 7 p.m. KC's Crabs & Cues, 10428 Jessie Ball duPont Memorial Highway, Kilmarnock. 435-7665.

26 Thursday

AA, 8 p.m. De Sales Hall and Kilmarnock UMC.
AI-Anon, 8 p.m. Kilmarnock Baptist. 588-9224.
Heathsville Forge Blacksmith Guild, 10 a.m.-3 p.m. Rice's Hotel/Hughlett's Tavern. 580-3377.
Bay Tones Barbershop Chorus, 7-8:30 p.m. St. Andrews Presbyterian, Kilmarnock. Rehearsals.
Grief Support Group, 2 p.m. Henderson UMC, Callao.
Volunteers Needed, 8 a.m.-2 p.m. Help Lancaster/ Northumberland Habitat for Humanity build a house. 435-3461, or LNHabitat.org.
HorseHead Boys, 10 a.m.-12:30 p.m., Mid-County Rescue Squad, Heathsville. Oldies, classic country, gospel and bluegrass.
Duplicate Bridge, 1 p.m. Indian Creek Yacht and Country club, Kilmarnock. 435-6207.
Herb Lecture, 1:30 p.m. Bayne Center, Historic Christ Church, 420 Christ Church Road, Weems. Speaker: Donald Haynie. Topic: Twelve Culinary Herbs Everyone Should Grow, Know and Use. Reservations due by February 23, 438-6855, or tgeeson@christchurch1735.org.
Cancer Support Group, 3 p.m. Bon Secours Rappahannock General Hospital, Cancer Center Oncology Conference Room, Kilmarnock.
White Stone Planning Commission, 5:30 p.m. Whate Stone Town Office, 433 Rappahannock Drive, White Stone. Public hearing on two amendments to the zoning ordinance.
Northumberland County Democrats, 6 p.m. Northumberland Public Library, 7204 Northumberland Highway, Heathsville. Speaker: Frank Fletcher. Topic: Groundwater.
Shaggin', 6 p.m. free lessons, 7 p.m. dancing. KC's Crabs and Cues, 10428 Jessie Ball duPont Memorial Highway, Kilmarnock. Shag, line dancing. 435-7665.
On The Rise Performers, 7-9 p.m. Willaby's on the Rappahannock, 327 Old Ferry Road, White Stone. 435-0000.
Lancaster Board of Supervisors, 7 p.m. County Administration Building, 8311 Mary Ball Road, Lancaster.

Call 435-1701 to join the Record's Dining Guide

CHESAPEAKE CLUB AND TERRACE LOUNGE AT THE TIDES INN:
 It's the views. It's the relaxing terrace. It's the variety of dining options, light fare, happy hour small plates, craft beers, wine flights and award-winning wine list. Open daily for breakfast, lunch, dinner, Sunday brunch. For reservations, 804-438-4489. www.tidesinn.com for sample menus and dining events.

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THE GOLDEN EAGLE GRILL AT THE GOLDEN EAGLE GOLF CLUB:
 Casual lunch under the "French Quarter ceiling fans" or al fresco on the porch, featuring locally sourced seafood, salads and sandwiches. Perfect for private dinner parties/family gatherings and wedding rehearsal dinners. Open for lunch daily 11am to 3pm, except Tuesdays. Call Gayle or Don Nelson at 438-6740, 364 Clubhouse Rd, Irvington, VA 22480.

KILMARNOCK INN:
 Sunday Brunch 11 - 2, Open 7 days a week. All American brunch buffet and home of the Bloody Mary Meal! Classic Dining - grilled filet mignon, handmade crab cakes, crisp rock fish, black Angus burgers, with gluten free and vegetarian options. Entrees with a modern flair, yummy, popular dining. Homemade desserts. Like us on Facebook. com/kilmarnockinn to see our daily lunch specials. A Growing Kilmarnock Tradition. 34 East Church St., Kilmarnock, 804-435-0034, www.kilmarnockinn.com.

KING CARTER CAFÉ AT KING CARTER GOLF CLUB:
 The best golf club on the Northern Neck also has the best lunch on the Northern Neck! Open for lunch 7 days a week from 11:00am-2:00pm (closed on Mondays during the winter.) Enjoy a few of our favorites such as our Mulligan Salad, Chicken or Steak Wraps, King Carter Burger or our Classic BLT loaded with crispy bacon. Our Café is the perfect place for your next meeting, lunch outing, or private party. Like us on Facebook and follow us on Twitter @kingcartergolf for daily updates. Call Jeff Crabbe at 435-7843, 480 Old St. Johns Road, Irvington, VA 22480.

LEE'S RESTAURANT:
 Hometown cooking and atmosphere in a popular downtown Kilmarnock tradition. Full menu, fresh local seafood in season, homemade pies made daily. (B,L,D) Main St. Kilmarnock, 435-1255.

NATE'S TRICK DOG CAFE:
 Wonderful little restaurant full of music and laughter with extraordinary food located in the "Shops at Trick Dog" in the quaint waterfront of Irvington. Open Tues.-Sat. 5pm until closing. Dinner 5pm to 9:30pm. Reservations suggested. 4357 Irvington Road 804-438-6363.

RAPPAHANNOCK GRILL:
 Open 7 days a week. Offering a fresh American Menu which features the freshest local seafood, prime cut steaks, great burgers and fries as well as daily specials. Carry out available. Live Music Wednesday Nights. Great Food and Fun with Friends. 37 N Main St. 435-5152 rappahannockgrill.com

SALS PIZZA:
 Pizza, subs, pasta, burgers, beer, wine, and more. Large parties welcome. Tuesday 4-10pm, Wed.-Thurs. & Sunday 11am-10pm, Fri. & Sat. 11am -11pm, closed Mondays. 456 N. Main St. 435-6770.

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The Northern Neck Orchestra presents

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MENDELSSOHN
 Violin Concerto in E Minor
 Annika Brynn-Lascara Jenkins, Soloist
TWO PERFORMANCES:
 3 pm, Sunday, March 1, St. Clare Walker Middle School
 6814 General Puller Highway, Locust Hill, Virginia
AND
 3 pm, Sunday, March 8, Northumberland School Theater
 201 Academic Lane, Heathsville, Virginia
 Tickets \$20 at the door or online at northernneckorchestra.org. Students always free.

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804
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All Star Show
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Jerry Peill to review Appalachian mystery

Author Jerry Peill will return Tuesday, February 24, to the Books Alive! program at Northumberland Public Library, 7204 Northumberland Highway, Heathsville.

At 7 p.m., Peill will review his second book, *The Curious Case of the Conjure Woman: An Appalachian Detective Yarn*.

Peill describes the book as part farce, part detective story, and part anthropological dive into the folkways of a culture and way of life that is slipping away. He points out that he set the time as 1968, before television influenced the language, reported publicity chairman Jay Walker.

The main character is Dr. Tom Watson, a British folklorist, doing post-doctoral research in Appalachian Virginia at the fictional village of Caney Forks. The name actually comes from a river in Tennessee that Peill set in Virginia, said Walker.

The conjure woman of the



Jerry Peill

title is Shirley Combs, who is also the detective. She has a feline companion named "Whassup?" They set out to solve little mysteries as Dr. Watson, who at first is appalled by what he hears, learns to respect mountain wisdom and culture.

A Britain, Peill has lived

in the U.S. for 40 years, but retains his British accent and phrases. He has spent time in the mountains of Tennessee where his niece has "a 100 percent mountain family."

"Curious Case has a mystery theme, a detective theme, a cultural theme, and an inspirational theme," said Peill.

He also enjoys weaving in humor, he said. As for getting the mountain accent in print to "sound right" to the reader, "it was a tough job for sure," he explained.

"It was a horrifying experience to proof read, but I had guidance ahead of time," said Peill.

The most colorful accents and phrases now come from the older generations, he said. The accent is eroding among the younger generations and may soon disappear, he predicts.

Discussion, refreshments, and book signing will end the program, sponsored by the Friends of the Northumberland Library.

AREA EVENTS

■ Gardening seminar

The Master Gardeners' 22nd annual Gardening in the Northern Neck Seminar will be held March 28 at the White Stone Church of the Nazarene Family Life Center, 57 Whisk Drive, White Stone.

The seminar fee will be \$25, with box lunches available for purchase. Registration forms are available at nmg.org and the Northumberland Cooperative Extension Office, 580-5694.

■ Orchestra concert

The Northern Neck Orchestra in March will present Strings and Things March 1 at St. Clare Walker Middle School, 6814 General Puller Highway, Locust Hill, and March 8, at the Northumberland High School, 201 Academic Lane, Claraville. Both concerts start at 3 p.m.

Tickets for the March orchestra performances are \$20 (no charge for students). Tickets will be available at the door and northernneckorchestra.com.

■ Spaghetti dinner

A spaghetti dinner will be served from 6 to 7:30 p.m. February 28 at St. Francis de Sales Hall on Church Street in Kilmarnock. The menu will include spaghetti with meat sauce, salad, bread, dessert, coffee, tea, milk or lemonade. Meatless sauce will be available.

Tickets at the door will be \$10 for adults. Ages 10 and younger eat free. Carryouts will be available. For advance tickets, call George at 456-2211.

■ Viewpoints

Actress and attorney Kathryn Shepherd will speak at Viewpoints at 11 a.m. March 2 at Rappahannock Westminster-Canterbury, 132 Lancaster Drive, Irvington.

A complimentary buffet luncheon will follow the presentations. Reservations are required. Call 438-4000.

■ Stew's on

Wicomico United Methodist Church, 5060 Jessie duPont Memorial Highway, Wicomico Church, will host an Emmaus fundraiser from 5 to 7 p.m. February 28.

The menu will include oyster stew, Brunswick stew, hot dogs, grilled cheese sandwiches, desserts and drinks. The fee is \$15.

■ Concert

Violinist Alex DePue and guitarist Miguel DeHoyos will give a concert at 3 p.m. February 22 at Mathews High School, 9889 Buckley Hall Road, Mathews. Tickets at the door are \$25. Students through high school are admitted free.

The program is sponsored by Concerts By The Bay and Live On Stage Inc. Season tickets are still available for the spring 2015 series. Purchase tickets at concertsbythebay, or 725-9776.

■ Reforestation

The Friends of Dragon Run will meet at 7 p.m. February 26 at the Gloucester County Library, 6920 Main Street, Gloucester. Light refreshments will be served.

Wes Hudson will present findings from his seven-year research to investigate how to increase the probability of successful forested wetland restoration.



Shown in the serving line at last year's roast beef dinner are (from left) Maude Rock, Jim Holland, Val Lumsden, Jilda Davis and Otelia Robertson.

Roast beef dinner to support missions

Fairfields United Methodist Church will host a roast beef dinner from 5 to 7 p.m. Saturday, February 21, at the church social hall, 4741 Northumberland Highway, Burgess.

The menu will include roast beef, gravy, potatoes, green beans, rolls, butter, beverage and dessert, reported church spokesman Bob Matthews. Donations will be accepted. For takeout meals, call 453-2631.

The dinner is sponsored by the Nelia Tingle Social Group and the proceeds will support community outreach missions, said Matthews.



Ernie Memmo recently filled the display case at Lancaster Community Library with samples of his wood pieces.

Woodturnings by Ernie Memmo are displayed at library

Bowls and vases of woodturning artist Ernie Memmo of Ophelia are on display at the Lancaster Community Library, 235 School Street, Kilmarnock.

A self-taught woodturner, he has created hollow vessels, bowls, vases and lidded centerpieces out of rare and exotic woods, both domestic and foreign, for almost 22 years, said Memmo.

It all began in May 1992, when a friend presented Memmo with a small hobby lathe in return for his work on a special project. One thing led to another and eventually Memmo bought himself a commercial lathe, a "One-Way," and he and his wife, Maribeth, hit the circuit of juried fine art shows. They traveled the East Coast from Connecticut to Florida, including New York, Pennsylvania, New Jersey, Maryland and Virginia.

A couple of years into the business, Memmo was

inspired by the vibrant citrus colors used by a neighboring glassblower at one of their shows, he said. He devised a bonding system that enabled him to incorporate colorful acrylics into his pieces.

Memmo said this is what caught the eye of producers of "The Carol Duvall Show" on HGTV in January 2001, when they sent a camera and sound crew to Ophelia from California to film him in the studio.

Memmo has enjoyed many awards over the years. His work has appeared on the front cover of art magazines, such as *Sunshine Artist* in February 1997. He was spotlighted in the Harrisburg State Museum and The Target Gallery in Alexandria. He has sold numerous turnings over the years, many outside of the United States.

Although retired from woodturning, and having sold his lathe, Memmo loves to talk the talk and share visually what remains of his work.

Sundays at Two will explore the impact of rising sea level

Molly Mitchell, a senior scientist at the Virginia Institute of Marine Science, will discuss "Virginia, a Hot Spot of Sea Level Rise" for the Lancaster Community Library's Sundays at Two program February 22.

The talk will begin at 2 p.m. at the library, 235 School Street, Kilmarnock.

Mitchell has a bachelor's and a master's in marine science from the College of William & Mary. She is a senior scientist at the VIMS Center for Coastal Resources Management, where she conducts research to promote understanding of changes in the natural systems and is involved in advisory work related to the management of those resources, reported committee member Gloria Wallace.

Sea level rise in Virginia is a growing concern, said Wallace. Water levels have risen more than a foot over the past 80 years and current analy-



Molly Mitchell

ses suggest the rate of rise is increasing.

The consequences of higher sea level are evident in the increased frequency of significant flooding events in some coastal Virginia communities. In addition to safety risks during storm events, tidal flooding damages seawalls, sewers, drainage systems and wastewater treatment plants.

"Nuisance flooding" is also

increasing in many coastal towns, flooding parked cars and disrupting communities. In the face of increasing risks, adaptation is essential but complicated by the diversity of shoreline communities in Virginia's coastal plain, said Wallace.

The most appropriate adaptation strategy for an area depends on existing infrastructure and uses, population size, economic conditions, projected growth and surrounding land use, she said. Many of the strategies for dealing with sea level rise have proven to require long lead times for effective implementation.

Mitchell will discuss planning studies that may require years to undertake and the construction or implementation of solutions that can take even longer.

Following her talk, refreshments will be served and Mitchell will be available for conversation.

Hurricane Katrina authority to speak

The Reedville Fishermen's Museum 2015 Winter/Spring Lecture Series will continue at 7 p.m. March 2 at Festival Halle, 177 Main Street, Reedville.

Dr. Ivor van Heerden will present "Hurricane Katrina 10 Years Later, and Lessons Learned."

He played a key role in the dissemination of information related to the consequences and causes of the flooding of New Orleans during the passage of Hurricane Katrina, reported Betty Mountjoy.

He is the former deputy director of the Louisiana

State University (LSU) Hurricane Center, and a faculty member of the Department of Civil and Environmental Engineering.

He was fired in 2009 for resisting attempts to stifle academic freedom, and reached an out of court settlement in 2013, said Mountjoy. He now lives near Reedville.

He received his undergraduate degree from the University of Natal (South Africa), and graduate degree from LSU. He led the State of Louisiana's official forensics team that investigated the

levee failures, and has testified before a number of Congressional Committees about the causes of the catastrophe.

He has undertaken thousands of interviews, and has appeared in many documentaries including Harry Shearer's "The Big Uneasy," Spike Lee's HBO documentary; NOVA-PBS, History Channel, Discovery Channel, National Geographic and BBC. A recipient of the 2009 Joe Callaway Award for Civic Courage, he is the author of *The Storm - What Went Wrong and Why during Hurricane Katrina - the Inside Story from One Louisiana Scientist* (with Mike Bryan).

There will be a question-and-answer period following the lecture.

The museum requests a \$5 donation. Light refreshments will be served.

Jazz trio coming to Claraville February 28

Rappahannock Concert Association will present the Michael Kaeshammer Trio at 7:30 p.m. February 28 at the Northumberland High School Auditorium, 201 Academic Lane, Claraville.

This jazz trio "offers up high energy fare: a musical gumbo served up piping hot with a huge helping of joy on the side." Their programs incorporate New Orleans jazz, rhythm and blues, soul and boogie-woogie and have been described as "exhilarating and unforgettable," said Phyllis Neal.

The trio includes jazz pianist and vocalist Michael Kaeshammer, bassist Roger Travassos and drummer Sean Cronin. They have performed in the U.S., Canada, and Europe.



Michael Kaeshammer

Single show tickets are \$25 each. To purchase show tickets or season tickets, visit rappahannockconcerts.org, or call 1866-217-8149.

Wine club will host champagne presentation at Belle Mount Vineyard

Northern Neck Uncorked chapter of the American Wine Society (AWS) will host a reception in honor of Dave and Rose Falchek at 6 p.m. March 6 at Belle Mount Vineyard, 2570 Newland Road, Warsaw.

At 7:30 p.m., D. Falchek, AWS membership director, will present "All that sparkles, Champagne made from Unconventional Grapes."

In its 48th year, AWS is the largest consumer wine education organization in North America. There are 138 chapters in the U.S. and six in Virginia.

Northern Neck Uncorked meets on first Fridays of each month to experience wines from all over the world, reported chapter chairman Diane Waltrip. There are 44 members.

Reservations are required. Contact Waltrip at slowestwaltrip@com, or 493-1206.



Photos by the Special Interest Group of the Northern Neck Computer Users Group are now on exhibit at the Lancaster Community Library, 235 School Street, Kilmarnock. From left are Charles Huckins and Barbara Richards. Over 40 photographic images comprise the exhibit which will run through February. All who are interested in photography are invited to meet with the group at 9:30 a.m. second Tuesdays at the library.

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 804-435-1207
www.virginia-antiques.com

ANGLICAN

► **All Saints Anglican**
48 New Street, Saluda
757-374-6724; Rev. Jeff Johnson
Sunday, February 22:
10 a.m., Adult Bible Study
11 a.m., Worship/Holy
Communion Weekly

► **Holy Redeemer Anglican**
11264 Kings Highway
Montross, VA 22520
Rev. Dr. W. R. Gardiner
804-493-7407
1928 BCP 1940 Hymnal
Traditional Anglican Faith
Sunday, February 22:
11 a.m., Holy Communion

BAPTIST

► **Abiding Faith Baptist**
83 Bluff Point Road, Kilmarnock
Rev. Dr. Barbara L. Cain
Sunday, February 22:
5 p.m., Sunday School
6:30 p.m., Worship
Monday - Friday
4-6 p.m., Intercessory Prayer Line
at 435-8742

► **Corrotoman Baptist**
48 Ottoman Ferry Road,
Ottoman; 462-5674
Rev. David C. Cromer
Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship
Wednesday, February 25:
5:30 p.m., Youth Discipleship
6 p.m., Family Dinner/Fellowship
7 p.m., Adult Bible Study
Cherub Choir

► **Fairfields Baptist**
15213 Northumberland Hwy.,
Burgess; 453-3530
Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship Service
Nursery Provided
Wednesday, February 4:
5:30 p.m., Dinner/Fellowship
6 p.m., Adult Bible Study/Kids
for Christ

► **Fairport Baptist**
2395 Fairport Road, Reedville;
453-3235; Rev. Neale Schools
www.fairportchurch.org
Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship
Wednesday, February 25:
7 p.m., Bible Study & Prayer
Pray for Churches Everywhere

► **Kilmarnock Baptist**
65 East Church St. Kilmarnock;
435-1703; Rev. Matthew Tennant
Sunday, February 22:
9:45 a.m., Sunday School

11 a.m., Worship Service
Wednesday, February 25:
9:45 a.m., Ladies Bible School
5:30 p.m., Prayer Meeting
6 p.m., Worship on Wednesday
6:30 p.m., Fellowship Dinner
7:15 p.m., Choir Rehearsal

► **Lebanon Baptist**
Rev. Carlton Milstead, Pastor
Sunday, February 22:
Lebanon
10 a.m., Sunday School
Thursday, March 5:
11 a.m., WMU meet in Marsh
Fellowship Hall
Providence
9:45 a.m., Worship
11 a.m., Sunday School
Norwood
11 a.m., Worship

► **Queen Esther Baptist**
7228 River Road, Lancaster;
462-7780; Rev. James E. Smith
Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship
Wednesday, February 25:
7 p.m., Bible Study

► **Sharon Baptist**
1413 Lumberlost Road, Weems;
438-6659; Rev. Dale S. Bunn
Sunday, February 22:
9:30 a.m., Sunday School Power
Hour
11 a.m., Morning Worship
Wednesday, February 25:
2 p.m., A Day in the Word Bible
Study
7 p.m., Evening Bible Study

► **White Stone Baptist**
517 Chesapeake Drive
White Stone; 435-1413
Dr. M. S. "Jeff" Shanaberger,
Pastor wsbtc11@verizon.net
Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship
Nursery Provided-Ages 0-4
Tuesday, February 24:
1-3 p.m., Food Pantry Open
1-3 p.m., Extra Helping Hand
Thursday, February 26:
7 p.m., Choir Practice

► **Willie Chapel Baptist**
510 Merry Point Road;
462-5500; Rev. Rose Curry
Sunday, February 22:
8:45 a.m., Sunday School
10:30 a.m., Worship
Wednesday, February 25:
4 p.m., Senior Bible Study
7 p.m., Bible Study

CHURCH OF GOD

► **Tibitha Church of God**
P.O. Box 167, 991 Fleeton Road,
Reedville, VA. 22539
453-4972; Rev. Steven P. Hency



Living Water Lutheran Church, Kilmarnock

www.tibitha.net
Sunday, February 22:
10 a.m., Worship
11:15 a.m., Sunday School
6 p.m., Sunday Evening
Wednesday, February 25:
7 p.m., Bible Study

EPISCOPAL

► **Grace Episcopal**
303 South Main Street,
Kilmarnock; 435-1285
The Very Rev. David H. May
The Rev. Megan Limburg
Sunday, February 22:
8 a.m., Holy Eucharist Rite I
10:30 a.m., Holy Eucharist Rite II
Wednesday, February 25:
12:05 p.m., Holy Eucharist Healing
Service
4 p.m., Contemplative Prayer in
the Chapel

► **St. Stephen's Episcopal**
6807 Northumberland Hwy.
724-4238; Rev. Lucia Lloyd
ststephensepiscopal.org
Sunday, February 22:
8:15 a.m., Choir Practice
9 a.m., Holy Eucharist
10 a.m., Coffee Hour
10:30 a.m., Education, Sacramental
Rites; Reconciliation of a Penitent
Monday, February 23:
7 p.m., N. N. Beekeeper's Class

► **Trinity Episcopal**
8484 Mary Ball Road, Lancaster;
trinitylancastrva.org
The Rev. Torrence M. Harman

Sunday, February 22:
9:30 a.m., Holy Eucharist II

► **Wicomico Parish**
5191 Jessie Ball duPont Highway,
Wicomico Church; 580-6445;
Rector The Rev. James H. Silcox Jr.
Sunday, February 22:
8 a.m., Holy Communion, Rite II
Breakfast
10 a.m., Holy Eucharist, Rite II
11 a.m., Coffee Hour

LUTHERAN

► **Living Water Lutheran Church (ELCA)**
83 Bluff Point Rd., 435-6650
admin@livingwaterchapel.org
Sunday, February 22:
9 a.m., Confirmation Class
10 a.m., Sunday School and
Worship Service

METHODIST

► **Fairfields UMC**
14741 Northumberland Highway,
Burgess; 453-3770
Pastor Moses Min
fairfields-umc.com
Sunday, February 22:
9:25 a.m., Worship
Wednesday, February 25:
7 p.m., Choir Practice

► **Heathsville UMC**
39 Courthouse Road, Heathsville;
580-3630; Rev. Rebecca L. Minor
Sunday, February 22:
10 a.m., Worship

Nursery Available
Wednesday, February 25:
6 p.m., Bible Study

► **Irvington UMC**
26 King Carter Drive, Irvington;
438-6800; A. Ray Massie, Pastor
Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship

► **Kilmarnock UMC**
89 East Church Street,
Kilmarnock; 435-1797; Rev.
Penny Cory
(Elevator access)
Sunday, February 22:
8:30 a.m., Worship
9:30 a.m., Sunday School
11 a.m., Worship
Monday, February 23:
10 a.m., Outreach
7 p.m., Prayer Study
8 p.m., AI Anon

Tuesday, February 24:
10 a.m.-12n. Knitting Group
6 p.m., Handbell Quartet practice
Wednesday, February 25:
6 p.m., Handbells
7:30 p.m., Choir

► **Rehoboth UMC**
126 Shiloh School Rd.,
Kilmarnock 580-9723
Rev. Donna Blythe
Saturday, February 21:
5 p.m., Children Movie Night
Sunday, February 22:
9 a.m., Worship
10 a.m., Coffee & Fellowship
Thursday, February 26:

Noon, Lent Bible Study

► **White Stone UMC**
118 Methodist Church Road,
White Stone; 435-3555
Rev. Bryan McClain
whitestoneumc.org
(Elevator available)

Saturday, February 21:
8:30 a.m., Christian Men's
Fellowship
Sunday, February 22:
9:30 a.m., Bible Study
11 a.m., Worship
Noon, Coffee Hour
5 p.m., Lenten Study
7:30 p.m., AA Mtg.

Monday, February 23:
10 a.m., Lent Study
Wednesday, February 25:
8:30 a.m., Fellowship Breakfast at
Lee's Restaurant
10 a.m., Whetstone Committee
Thursday, February 26:
10 a.m., Bible Study
7 p.m., Choir practice

PRESBYTERIAN

► **Campbell Memorial Presbyterian**
3712 Weems Rd., Weems
438-6875; campbellchurch.net
The Rev. W. Clay Macaulay
Sunday, February 22:
1st Sunday in Lent
9 a.m., Service of Praise & Com-
munion
10 a.m., Sunday School & Small-
Group
11 a.m., Worship w/Communion
Noon, Fellowship
Monday, February 23:
8 a.m., Men's Prayer Group
2 p.m., Campbell Matinee: Murder
on the Orient Express
Wednesday, February 25:
10 a.m., Lenten Study w/Pastor-
Clay
12:05 p.m., Community Lenten
Series @St. Andrews Presbyterian
2 p.m., Staff Meeting
7 p.m., Choir Rehearsal

► **St. Andrews Presbyterian**
435 East Church Street,
Kilmarnock; 435-3948
Rev. Dr. Thomas R. Coye
Rev. Dr. Judith E. Thomson
saintandrewspsc.org
Sunday, February 22:
9 a.m., Youth Bell Choir
9:30 a.m., Adult Sunday School
9:45 a.m., Youth Sunday School
11 a.m., Worship
Monday, February 23:
10:30 a.m., Disciple Study
Wednesday, February 25:
10 a.m., Congregational Develop-
ment Team
4:15 p.m., Session
Thursday, February 26:

4 p.m., Disciple Study
4:30 p.m., Choir Practice

OTHER DENOMINATIONS

► **Calvary Pentecostal**
781 John's Neck Road, Weems
Clarence Jones, Pastor
438-5393/435-1777;
Sunday, February 22:
7:30 a.m., Radio Broadcast,
101.7 FM

Sunday, February 22:
9:45 a.m., Sunday School
11 a.m., Worship
Wednesday, February 25:
7:30 p.m., Worship

► **Christian Science Society**
98 N. Main St., Kilmarnock
Sunday, February 22:
10:30 a.m., Service/Sunday School
1st and 3rd Wednesday
7:30 p.m., Testimony Mtg.
Reading Room open Tues, Thurs.
& Sat. 11 a.m.-2 p.m.

► **Historic White Marsh Church**
11040 Mary Ball Rd., Brookvale
543-8861, Rev. Hall
462-7908, Rev. Talley
Sunday, February 22:
11 a.m., Worship
Thursday, February 26:
3 p.m., Time of Praise

► **Northern Neck Religious Society of Friends (Quakers)**
580-4505; David Scarbrough
Every First Sunday
10 a.m., Silent Worship
11 a.m., Discussion
Noon, Social Fellowship

► **Unitarian Universalist Fellowship of the Rappahannock**
366 James Wharf Road
White Stone 758-4790;
uufappahannock.uua.org
Sunday, February 22:
10:30 a.m., Fellowship Service
Speaker: Lee Anne Washington
"What I like about Unitarian
Universalism"

► **White Stone Church of the Nazarene**
57 Whisk Drive, White Stone
435-9886;
Sr. Pastor-Jimmy Jackson
www.whitestonechurch.com
Sunday, February 22:
8:30 & 9 a.m., Adult Bible Studies
9:45 a.m., Worship, Kids Worship
Nursery
6 p.m., Small groups for grades
5-6 and 7-12
Contact office for other small
group opportunities

To the cause of the church, this calendar is contributed in part by the following:

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CHURCH NOTES

Women's conference

Shachah World Ministries of the Northern Neck will host a Women Get Ready Conference at 9 a.m. Saturday, February 21, at 504 North Main Street, Kilmarnock.

The guest speaker will be apostle Phyllis Glascoe of Bowie, Md. She will be accompanied by her praise team.

Deacon's meeting

The Northern Neck Baptist Deacon's Union Inc. will meet at 7 p.m. February 20 at Lively Hope Baptist Church, 1550 Lively Hope Road, Callao.

Bible study

Rehoboth United Methodist Church, 126 Shiloh Road, Kilmarnock, will host a six-week Lenten & Bible Study from noon to 1:30 p.m. beginning February 19.

Open pulpit

On Sunday, February 22, at 6:30 p.m. Abiding Faith Baptist Church, 83 Bluff Point Road, Kilmarnock, will observe "open pulpit." The Rev. Dorothy Johnson of Macedonia Baptist Church, Heathsville, will preach and M.O.M.'s Ministry will render the music.

Black History Month also will be observed with dramatizations, readings and spiritual musicals. Come dressed in African attire for the occasion.

Lenten lunch

St. Francis de Sales Catholic Church will host community Lenten services on Wednesdays through April 1 at St. Andrews Presbyterian Church, 435 Church Street, Kilmarnock.

The service will begin at 12:05 p.m. Lunch will follow at 12:30 p.m. A \$4 donation is requested for the luncheon.

Economic ministry

Good Shepherd Lutheran Church, 1717 Hampton Hall Road, Callao, will hold an Economic Update Workshop at 1 p.m. February 21. Vicki Thorpe and Anne Johns of Thrivent Financial will cover the status of the current economy and its effect on investments and retirement.

Lunch will be provided and there will be age-appropriate movies for children. To register, call Lisa Sweeney at 337-9308.

Men's fellowship

A men's fellowship group is now organizing in the Kilmarnock area. Men interested in discussing jobs, marriage, family, finances, health and other current topics are urged to contact Steve at 435-6922, or stepter@verizon.net.

A kick-off is planned for 7 p.m. March 10 at a yet-to-be-announced site.

Feeding time

Abiding Faith Baptist Church, 83 Bluff Point Road, Kilmarnock, will serve a free community meal from 6 to 8 p.m. February 27 through its Feeding the Body and the Soul ministry. All are welcome.

For children

Rehoboth United Methodist Church, 126 Shiloh Road, Kilmarnock, will host Children's Movie Night from 5 to 7 p.m. February 21.

The movie will be "Golden Winter" about five golden retriever puppies needing a home. Dinner will be served after the movie.

Night of prophesy

Mark O'Donnell will return for another night of prophesy Monday, February 23. He will speak from 7 to 8:30 p.m. at the Northumberland Women's Club, 2928 Northumberland Highway, Lottsburg.

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the Water.



Mary Helen Morgan

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LOCAL NEWS, WEATHER & SPORTS

Weekday Mornings
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Lawrence Battle

HEATHSVILLE—Lawrence Battle, 86, of Heathsville passed away on February 11, 2015. He was a retired mail carrier for the U.S. Postal Service, and also was in the U.S. Air Force.

He is survived by his wife of 38 years, Carol W. Battle. He also is survived by his children, Deborah Clarke and her husband, Gary, of Jacksonville, Fla., Larry G. Battle, also of Jacksonville, Troy E. Battle and his wife, Angela, of Newport News; one daughter-in-law, Patricia Battle; three stepchildren, Ronald W. Rickards and his wife, Vicki, of Middlesboro, Ky., Michael J. Rickards, of Greer, S.C., and Cynthia Dorsey and her

husband, William, of Papillion, Neb. He also is survived by nine grandchildren, Chris, Tammy, Chad, Robin, Janet, Ericka, Carolyn, Simone and Armand; 14 great-grandchildren; and several cousins, nieces and nephews.

A memorial service will be held at 10 a.m. Saturday, February 21, at Saint Andrews Presbyterian Church, Kilmarnock. Burial will be private at a later date.

Memorial contributions may be made to the Mid-County Rescue Squad, P.O. Box 355, Heathsville, VA 22473, or to a charity choice.

Online remembrances may be made at faulknerfamilyfuneralhome.com.

Ronald L. Courtney

WALHALLA, S.C.—Ronald Lee Courtney, 76, of Walhalla, S.C., died at his home after a long battle with cancer on Sunday, February 1, 2015.

He was born July 13, 1938, in Ottoman to Noless and Cora Courtney.

He graduated from Lively High School in 1955, attended Ferrum College and completed a four-year apprenticeship at Newport News Shipbuilding where he worked for 15 years.

He was married to Mary Jacquelyn Walther on August 22, 1957.

He was a self-employed general building contractor for 36 years and an active member of the Westminster Seventh-day Adventist Church.

He is survived by his wife; children, Teresa Bass, Ronald Courtney Jr., R. Keith Courtney and Kimberly Owen;

grandchildren, Crystal Brinson, Christopher Bass, Robby Courtney, Kelly Courtney, Kristina Courtney, Ronald Courtney III, Andrew Owen, Christian Owen, Preston Owen and Courtney Owen, all of Walhalla; sister, Gloria Dean O'Daire of Lancaster; and brother, Larry Courtney of Norwood, N.C.

He was preceded in death by his parents; brothers, Nathan Courtney, Jennings Courtney and Randolph Courtney; son, James Courtney; and granddaughters, Courtney and Carrie Bass.

A memorial service will be held at 5 p.m. February 28 at the Westminster Seventh-day Adventist Church, 4279-A South Highway 11, Westminster, S.C.

In lieu of flowers, memorials may be made to the Westminster SDA Church, or Hospice of the Foothills.

Mary V. Kent

WICOMICO CHURCH—Mary V. Kent, 78, of Wicomico Church died February 15, 2015.

She was preceded in death by a daughter, Betty Jett.

She is survived by her husband, Ramey T. Kent; a son, Wayne Kent; two daughters, Ann Rose and Annette Kent; grandchildren, Nathan Rose, Ashely Rose, Jonathan Kent, Jessica Kent, DJ Kent and

Amy Jett; great-grandchildren, Haley, Cash and Tristan; a sister, Annie Harrington of Richmond; and brothers Albert Rock of Richmond, and Jim Rock of Culpeper.

A private family service will be held at a later date.

In lieu of flowers, memorial contributions may be made to Riverside Tappahannock Hospice or the Northumberland Animal Shelter.

Ruth K. Mayo

KILMARNOCK—Ruth Kelly Mayo, 67, departed this life on February 12, 2015, attended by her beloved husband of 17 years, William L. Mayo, after a valiant, yearlong battle with a rare infection.

Widely known as "Bikey," Ruth was a graduate of The Collegiate Schools in Richmond and Mt. Holyoke College, where she was Phi Beta Kappa. She moved with her family to Northumberland County in the mid '70s. For 30 years, she was a receptionist and medical transcriptionist for Dr. David Harris.

Ruth shared her energy and enthusiasm with a number of civic organizations including the Lancaster Community Library, the Blue Ridge Bull Terrier Club, and the Northern Neck Free Health Clinic. She was also a Certified Pharmacy Technician. She was known for her love for family, friends, animals, Coca-Cola and Converse sneakers.

For many years, Ruth was a member of an informal group that met to explore their spirituality and to provide mutual support.

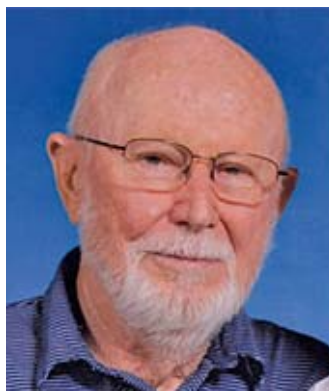
Ruth was preceded in death by her parents, Balmer H. and Ann Wood Kelly. In addition to her husband, she is survived by her brother, Franklin W. Kelly and his wife, Karen "Houston" Kelly; her sister, Caroline "Candy" Terry; her brother-in-law, Mat Terry; nieces and nephews, Kelly McCaskill (Duncan), Ruth Cady "Pie" Bell (Charles), Sam Terry, Taylor Kelly and James Kelly; and six grandnieces and grandnephews.

She was an affectionate, passionate, vibrant being with an unquenchable curiosity. Her infectious smile and constant motion will be missed by her countless family and friends.

A memorial service celebrating her life will be held this spring. Memorial contributions in her memory may be made to the Animal Welfare League of the Northern Neck, P.O. Box 975, White Stone, VA 22578; or Blue Ridge Bull Terrier Club, 4401 Manor Hall Lane, Fairfax, VA 22033.

Currie Funeral Home LLC of Kilmarnock handled the arrangements.

James F. Koca



WHITE STONE—James Frank Koca, 91, of White Stone passed away on February 11, 2015. He was born September 10, 1923, in Milligan, Neb., to James Vaclav and Mayme Rohla Koca.

He graduated from Milligan High School in 1942, started college, was drafted and served in the Second Marine Division in Japan during World War II. He returned to finish his education at the University of Nebraska in Lincoln, graduating in 1950. He was called back to active duty during the Korean War and was stationed at Cherry Point, N.C. Jim was a member of the American Legion and White Stone United Methodist Church for many years.

He married the love of his life, Janet P. Keeney of Lincoln, over 65 years ago on July 9, 1949. After his discharge, they made Alexandria their home. Jim went to work for the Federal Highway Administration, retiring in 1998 after 42 years.

They retired to their current home on the Chesapeake Bay in White Stone, which they have had for over 50 years. They also maintain a home on

Main Street in Milligan.

He is survived by his children, James V. (Melinda) Koca of Herndon, Jonathan C. (Tamara) Koca of Dale City, and Jenise R. (Kevin) Koca-Martin of Alexandria; six grandchildren; a great-grandchild; and a sister, Betty Koca Small of Herriman, Utah. He also opened his heart and home to numerous foster children.

A memorial service will be held at 2 p.m. Sunday, February 22, at White Stone United Methodist Church in White Stone. In lieu of flowers, contributions can be made in his name to White Stone United Methodist Church, 118 Methodist Church Road, White Stone, VA 22578.

Douglas T. Westermann

TAPPAHANNOCK—On February 9, 2015, the Lord took away the burdens of the spirit of Douglas Toma Westermann, 39, of Tappahannock.

He is now in the arms of his father, Brent Westermann, who passed away at the age of 30 when Doug was six years old.

Doug is survived by his mother, Nancy Graves, of Orlando, Fla.; his son, Anthony Westermann; his significant other, Rena Ball; two brothers, Michael Edwards and Timothy Dennis; six uncles; five aunts; and numerous cousins.

Doug lived a simple life in which his passion for music

and his creativity as a singer and songwriter expressed his boundless love for his family and their traditions. His laugh and genuine kindness toward others will be missed by all who have known him.

Memorial services were held February 14 at Currie Funeral Home, 116 East Church St., Kilmarnock.

Memorial contributions may be made to the American Heart Association, Memorial Center, P.O. Box 5216, Glen Allen, VA 23058-5216; or the American Lung Association, P.O. Box 25177, Richmond, VA 23260.

Samuel L. Winder Jr.



BALTIMORE, M.D.—Samuel Leon Winder Jr., the son of the late Georgianna Mary Donaldson and Samuel Leon Winder Sr. was born on November 14, 1930, in Baltimore, Md. He peacefully departed this life on Sunday, January 18, at the age of 84 following a prolonged illness.

Sam received his education in the Baltimore City Public School System. He graduated from Frederick Douglass High School in 1950. Following high school, Sam enlisted in the U.S. Air Force where he served during the Korean War from August 1951 to August 1955. After his honorable discharge, Sam enrolled in college and was awarded a bachelor's from Morgan State College on June 5, 1961. He completed post graduate studies at Coppin State College.

Following his military service, he began a career teaching in the Baltimore City School System. He taught art to seventh- through twelfth-grade students. Sam completed 22 years of service in the public school system until his retirement in 1984.

Sam later relocated to White Stone where he spent time with family and friends enjoying a quiet and simple life in the country. Sam's special interests and hobbies were fishing, crabbing, and gardening. He was an amateur radio operator (KB3MR) for more than 30 years.

He was a lifelong member of Mt. Vernon Baptist Church in White Stone, having served on the Golden Wing Quartette as a little boy with his brother, Donald Winder and the male chorus (Men's Club) as an adult.

Sam returned to Baltimore to be closer to his children and grandchildren in February

2013. Some of his favorite times included attending family gatherings and outings. Sam left an indelible mark on everyone who knew his laughter and wit and will be remembered for his quick smile and charismatic personality. Sam never missed a birthday and always sent a card.

Sam was preceded in death by his brothers, Donald Winder, Robert Tatum, Butch Tatum and William Tatum.

Sam leaves to celebrate his life his sister, Carolyn Tatum-White; his brother, Dennis "Ibby" Taylor (Linda Taylor); his children, Samuel L. Winder III (Patricia S. Winder), Cynthia D. Winder, Michele D. Winder, Karen W. Stewart (James W. Stewart), Michael E. Allen Sr. (Tenia E. Allen), Leon Winder, Lynette Allen-Hebron (Hilbert M. Hebron), Rodney Allen, Jessica M. Winder (Wade Irving) and Antwon A. Winder (Porsha Winder); 17 grandchildren; 12 great-grandchildren; and a host of nieces, nephews, family and long-time friends.

A celebration of life service was held January 28 at Marsh Funeral Home in Baltimore. Interment followed at Garrison Forest Veterans Cemetery in Owings Mills, Md.

Good Shepherd Lutheran to serve soup and worship

The community is invited to attend the 5:30 p.m. mid-week Lenten worship service Wednesday, February 25, and stay for the soup supper at Good Shepherd Lutheran Church, 1717 Hampton Hall Road, Callao.

"Lent is a time for reflection and meditation to deepen one's understanding of the drama, scriptural fulfillment, meaning and importance of Jesus' passion," said pastor Mike Ramming. "Lent is spring training for Christians and is a good time for Christian fellowship."

The Lenten season, which starts on Ash Wednesday and lasts through the week before Easter Sunday.

No donations, tickets or reservations are necessary, to enjoy the service, soup and fellowship, said Rev. Ramming.



From left are (front row) Steve Harris, Diane Ward and Cliffe Harris; (next row) Bill Otley, Spencer Webster, Jim Spangler, Gordon Nelson and Judy Ripley.

Planning under way for Grace Church Yard Sale

The Grace Church Yard Sale committee is planning for the annual event from 8 a.m. to noon May 2 at YMCA/APYC Camp Kekoka, 1083 Boys Camp Road, Kilmarnock.

The yard sale is known for its gargantuan efforts while always donating 100% back to the community, said procurement and advertising chairman Judy Ripley.

"This effort has simply not stopped since last year," said Ripley. "With a generous community and super supportive local businesses, our stock is coming in strong."

Items need to be in good condition. Donations will be accepted at Camp Kekoka (Boys Camp) from 9 a.m. to noon Saturdays, starting March 7. For pickup, call Jim Spangler, 436-4656.

CHURCH NOTE

Liking Unitarian Universalism

Lee Anne Washington will present: "What I Like About Unitarian Universalism" at 10:30 a.m. Sunday, February 22, at the Unitarian Universalist Fellowship of the Rappahannock, 366 James Wharf Road, White Stone.

Washington is attending Christian Theological Seminary in pursuit of a master's in divinity and ordination as a Unitarian Universalist minister.

Animals For Adoption

The Animal Welfare League has many animals for adoption to good loving homes. The dogs, cats, puppies and kittens change rapidly, in lieu of listing them, interested persons may call the league at 435-0822 or Joyce at 462-0091 to be advised as to what is available at that time. Visits to local animal shelters also are encouraged.

Purnell L. Raines

2-17-14

Purnell, you are gone but not forgotten. We will always remember the love, faith and all around good person that you were.

There is an emptiness in our hearts that only God can fulfill. So until we meet again.

All our love,
Wife Ann, Children & Grandchildren

JEWELRY FACTS

BY ROSS CHRISTIANSEN



For most of us the advent of the quartz watch/clock was the ultimate in accuracy . . . perhaps a gain or loss of one or two minutes a year. Then, technicians at the National Institute of Standards & Technology switched to an atomic clock which needs 300,000 years to gain or lose one second!

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"How God's power defeats fear"

is the topic of this week's
Christian Science Sentinel Program
Now airing on Sunday at 9:30 a.m.
Tune in Sunday, February 22, on WKVI Bay 101.7 FM
www.NNChristianScience.org

Kilmarnock United Methodist Church

Sunday Worship Services
8:30 am and 11:00 am
NEW Children's SS - 9:30 am
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Reflections

by Rev. John Farmer

Jonah, is One Whale of a Story

The Old Testament Book of Jonah teaches us about: obedience, willingness of spirit, gratitude, compassion, manifest in God's patience and mercy. This is not just a children's story.

Jonah, a Galilean prophet, and his story takes place somewhere between 780 - 760 BC Assyria, an ancient kingdom in northern Mesopotamia-today's modern northern Iraq, which was Israel's most dreaded enemy. The Lord told Jonah to go to Nineveh, the capital of Assyria, and preach to them, "Repent or suffer the consequences."

Jonah despised those people. He wanted God to punish them. Though they had committed terrible atrocities against

the people of Israel, he knew that if he preached repentance to the Ninevites, they would repent. God would spare them.

Jonah hops on a boat heading for Tarshish, thinking he could hide from God. A bad storm arose tossing the boat about violently.

Pray the story forward: Once Jesus awoke and calmed the sea, Paul was shipwrecked by a storm off the coast of Malta... Perhaps we never conquer our fears until we go through the storm, eh?

The frightened crew began to pray to pagan gods. Below deck, Jonah slept. "The captain went to Jonah's cabin and pulled him out of bed. And they said to one another, 'Come, let us cast lots, that we may know for whose cause this trouble has come upon us.' So they cast lots, and the lot fell on Jonah."

The sailors asked Jonah what he had done to bring this storm upon them. He confessed, "I am running away from the Lord's will." He told the sailors to throw him overboard to spare their lives. They did!

God's great mercy prevailed: He could have let Jonah suffer the consequences of his actions and drown. As Jonah sinks into the sea, a whale swallows

him. God spared his life. There are consequences for our sins. Do we ever count how often He has spared us?

Jonah, in the whale's belly for three days and nights, spent that time in prayer, thanking God. He realizes the miracle that God has saved him. He is grateful. How about us, after sitting in a whale's belly? Would we complain about the accommodations or be grateful for being rescued? Often we beg for relief from our circumstances, yet when it comes we aren't satisfied. Jonah stopped complaining. He was sincere in his prayers.

Often we beg for relief from our circumstances, yet when it comes we aren't satisfied. Jonah stopped complaining. He was sincere in his prayers.

God had the whale spit Jonah out on Nineveh's shore.

This time Jonah did as told. Given a second chance, he walked into the city and preached a message bound to be unpopular. The people repented. King Jeroboam II ordered all "to fast, put on sackcloth and beg for forgiveness." How do we face our fears?

Jonah brings us important lessons. Contemporary Christ-followers are often afraid to talk about their faith. We'd rather not have others think us foolish or unpopular. There was no city less likely to repent than Nineveh. However, when Jonah was finally willing to do as he was told, they did! It took Jonah three days to cover the land. Precious were the lives rescued by his obedient voice. Think of all whom would have perished had that voice not been there.

Many have never heard about Jesus simply because we believers have been timid to tell them. We have an obligation to tell people about Jesus. We don't know what they will decide. When we share Jesus, miracles happen in people's lives. When we are mute, we fail in our responsibility.

With Nineveh spared, Jonah walked away mad at God, building himself a lean-to outside town. There he pouted. God should have destroyed the Ninevites. "So he prayed to the Lord, and said, 'Ah, Lord, was not this what I said when I was still in my country? Therefore I fled previously to Tarshish; for I know that You are a gracious and merciful God, slow to anger and abundant in lovingkindness... now, O Lord, please take my life from me, for it is better for me to die than to live!'"

Jonah throws a tantrum, angry that God has given the gift of salvation to a nation that he found so undeserving. It was wrong for the Jews to be sharing God with people they considered heathens. Is it so foolish to us that Jonah got mad at God for saving the Ninevites. Are there people that we resent and would like to see fail? Are there some who've wronged us; whom we'd like to punish? He didn't want the Ninevites getting God's mercy. He wanted them to suffer.

God's universal mercy and salvation is not for just those we think deserving. Jonah never grasped this. Whining about his own condition, he felt no pity, no mercy for the Ninevites.

God asked, "Nineveh has more than 120,000 people living in spiritual darkness, not to mention all the animals. Shouldn't I feel sorry for such a great city?"

God commissioned Jonah to deliver a message despite Jonah's unwillingness and complete distaste for the topic. God works through us, in spite of ourselves. Jonah suffered consequences for not doing things God's way, as do we.

Twice in recent decades Miss Hazel has brought us the "Jonah" musical. I am anxious for our new crop of IBC youth to freshen the story anew at some

Rev. John Farmer has been the pastor at Irvington Baptist



From left are The Rev. Lucia Lloyd, Mary Downey, Barbara Fisher, Milton Crump, Lyle Avent and Bishop Ted Gulick.

Bishop Gulick helps welcome new members at St. Stephen's Episcopal

Bishop Ted Gulick on February 16 visited St. Stephen's Episcopal Church in Heathsville and celebrated the confirmation and reception of four new members.

Lyle Avent, Milton Crump, Mary Downey and Barbara Fisher are local residents, reported The Rev. Lucia Lloyd. Each of the new members was presented by a current member of the congregation who had invited them to the church or made them feel particularly welcome. Those members include Leslie Hatch, Phil Moore, Don Shearouse and Evie Cox.

The service was a joyful one as the four new members renewed their commitment to Jesus Christ and vowed to that with God's grace they will follow him as their Savior and Lord, said Rev. Lloyd. The entire congregation renewed their baptismal covenant along with the new members, proclaiming their faith in God the Father, Son, and Holy Spirit, and committing themselves to living a life of faith and service. The congregation also joyfully welcomed the four new people into the St. Stephen's congregation, The Episcopal Church, and the worldwide Anglican Communion.

Bishop Gulick preached and celebrated Holy Communion at the service. His sermon was on Mark 9, the scripture that describes the transfiguration of Christ. His sermon also encouraged his listeners to prepare for Lent.

"Lent is the yearly surrendering of all our attempts to make Jesus into our own image," said Bishop Gulick. "Instead, we allow Jesus to be Lord of our lives. The transfiguration in Mark's gospel comes directly after Peter has identified Jesus

as the Messiah and then denied the need for his suffering and death. Every Christian is like Peter. We have our own misunderstandings of God which need to be healed by Christ's laser sharp light.

"I am glad we welcome these four Christians who follow the Lord Jesus Christ. Jesus, immediately after his transfiguration, heals a man with convulsions. I am glad we now have four more hearts and minds, and eight more hands to extend Christ's compassion in this place. That's who we are; that's whose we are; that's what we do."

St. Stephen's parishioners organized a festive reception following the service, featuring Mardi Gras colors and Louisiana cuisine. At the reception, each new member was given an Episcopal Book of Common Prayer and Hymnal, signed by everyone present.

Milton Crump remembered being invited to St. Stephen's for the first time by his friend Phil Moore. "Phil told me it was a very accepting church.

It is! The congregation is such a warm and friendly and welcoming group of people."

Mary Downey, who began attending with her fiancé, said, "Coming from out of town, I felt very welcomed and included even before my joining. I got to flip hamburgers at the Strawberry Festival right away: 500 of them. And the priest is very welcoming and her sermons have a good message in contemporary language."

Barbara Fisher also commented on how active the congregation is. "It is just unbelievable what this church can do. The word no is not in the vocabulary here. ... I love the sense of peace I feel as soon as I walk into the church. This old church with all the history of people praying here, you can feel it is holy space."

The worship is what drew Lyle Avent, who said, "I am glad to be part of St. Stephen's because the worship service is so meaningful to me. It is the teachings of God and that's what it's all about."

Men,

**Are you enjoying peace and satisfaction in all areas of your life?
Job? Marriage? Finances? Health?**

If you are struggling, know you're not the only one! Would you be interested in discussing your concerns with other men in the community?

If so, call Steve 435-6922 or email stepter@verizon.net and let him know of your interest in a discussion group! Men, we all have struggles, so let's talk!

**Kick-off is March 10 • 7pm
{Location is TBA}**

'Build the Love' benefit attracts longtime friends

On Valentine's Day, Jay and Diana Wolfson, co-owners of Northern Neck Burger Co. in Kilmarnock, generously contributed 10% of their profits from 3 to 10 p.m. to Lancaster/Northumberland Habitat for Humanity (LNHFH).

Several longtime friends of LNHFH attended including Tim Shrader, past president of the affiliate; Jean Hess, multiple-year attendee at LNHFH Women Builds; Bill Landrum, volunteer mentor/teacher for the Jumpstart Our Youth program with

the Boys' and Girls' Club; and many faithful volunteers. Local folksinger and avid Habitat supporter Barbara Keeler provided love songs to Habitat. Jentre and Ranisha Carter came to thank the proprietors and burger-eaters for helping them build their home, the affiliate's 17th, reported office manager Lauren Henry.

To volunteer or donate to Lancaster/Northumberland Habitat, contact Henry at 435-3461, or info@inhabitat.org.



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**Kilmarnock Office - February 27th, 9:30-11:00 am
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Warsaw Office - March- 13th, 9:30-11:00 am**

Please call 800-555-5923 to register; seating is limited.

Tinnitus is a medical symptom, not a disease, described as hearing a sound in one or both ears or in the head.

- 35 million Americans suffer from mild or moderate tinnitus, but they report it is not bothersome.
- 12 million Americans suffer from severe and very bothersome symptoms.
- It is often heard as a ringing, buzzing or whistle noise.
- It can also sound like a low roar or pumping sound.
- It can be an occasional annoyance for some or a constant frustration for others.
- There is a high correlation of tinnitus and disruption in the hearing system.
- There is increased risk of tinnitus with the aging process and/or noise exposure.
- There is a lot of misinformation about tinnitus "CURES". This seminar will give you information about proven tinnitus management strategies.

Tinnitus Seminar Summary:

- Overview of the auditory system
- Medical implications of tinnitus
- Treatment options for tinnitus
- Prevalence and causes of tinnitus
- Treatment options for hearing loss
- Review Tinnitus Handicap Inventory Sheet

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