



Opening day at Dreamfields

At left, Ronald Hudson was commended for his many years of service to the Youth Club of Lancaster County during opening day ceremonies for Lancaster Little League last Saturday. Hudson has spent countless hours for more than a decade laboring over the fields — cutting, weeding and fertilizing. Lancaster High School coaches Scotty George and Welby Saunders presented Hudson an unusual trophy, the home plate used by the school team last season. Coincidentally, that was the plate his son, Ryan, spent many hours behind as catcher for the LHS team. Photo by Lisa Hinton-Valdrighi



Lancaster's Evan Steensma is safe on the slide at home during a major boys baseball game. The Lancaster team played a Richmond team on opening day. Photo by Lisa Hinton-Valdrighi



The Lancaster County Little League opening day festivities extended from the field to the Hayden Building where these new members were inducted into the Wall of Fame. From left are Bill Lee, accepting for his father Foster E. "Bill" Lee, Lisa Hinton-Valdrighi and Leonard "Teeny Man" Hall. Photo by Shannon Rice

More photos at RRecord.com

SCOREBOARD

Varsity boys baseball

Mathews 6, Lancaster 0
Colonial Beach 13, Lancaster 3
Essex 11, Lancaster 4

Varsity softball

Lancaster 9, Colonial Beach 0
Essex 2, Lancaster 0
Mathews 6, Lancaster 0

JV baseball

Lancaster 15, Mathews 14
Lancaster 8, Colonial Beach 0
Essex 13, Lancaster 3

JV softball

Mathews 6, Lancaster 5
Lancaster 19, Colonial Beach 7
Essex 7, Lancaster 0

Varsity boys soccer

Northumberland 4, Lancaster 0
Rappahannock 3, Lancaster 2

Upcoming games

Varsity boys baseball
(Lancaster's home games are played at Dreamfields near Kilmarnock)
April 27:
Northumberland at Lancaster (5 p.m.)

May 1:
Rappahannock at Lancaster (5 p.m.)
May 3:
Essex at Lancaster (5 p.m.)

Varsity girls softball

(Lancaster's home games are played at Dreamfields near Kilmarnock)
April 2:
Lancaster at Washington & Lee (5 p.m.)

JV baseball/softball

(Lancaster's home games are played at Dreamfields near Kilmarnock)
April 27:
Lancaster at Northumberland (5 p.m.)
May 1:
Lancaster at Rappahannock (5 p.m.)
May 3:
Lancaster at Essex (5 p.m.)

Varsity boys soccer

April 27:
Mathews at Lancaster (7 p.m.)

Varsity girls soccer

April 30:
Lancaster at Essex (5:30 p.m.)

YMCA NEWS

Healthy kids day

The Northumberland Family YMCA at 6348 Northumberland Highway in Heathsville will hold health kids day from 9:30 a.m. to 12:30 p.m. April 28.

There will be relay races, parachute, the Big Game, zumba for kids, face painting, crafts, healthy snacks, exhibits, a live bee hive and a fire truck. Other planned activities include fire safety demonstrations, dental hygiene, gun safety, water safety, dog training, finger painting, and the antics of "Buzzie the Clown." All activities are free.

Injuries hit Red Devils

by Lisa Hinton-Valdrighi

In what's already a rebuilding year for Lancaster's varsity baseball team, the Devils can't seem to catch a break.

Sam Somers, one of Lancaster's three starting returners, went down two weeks ago with a knee injury that will keep him out the rest of the season. Then, last Tuesday against Essex, starting junior pitcher Colton Hayden suffered a massive ankle injury and broken leg bone that will keep him sidelined the rest of the year. Pitcher and starting infielder John Buzzell is also out indefinitely with an illness.

"It's going to be tough from here on out," said LHS coach Welby Saunders, "but we're going to still try and win as many as we can."

So far, Lancaster is winless at 0-12. The Devils dropped three games last week, including Northern Neck District games to Colonial Beach and Essex.

Reggie Johnson went all seven and gave up only four hits for the Trojans in their 11-4 win over Lancaster last Tuesday.

Homestanding Essex put up five runs in the first inning and another three in the fourth off a three-run homer by Demonte Taylor.

Lancaster did all of its scoring in the fourth with Will Perkins drawing the lead-off walk. Joel Hudnall hit a one-out single and Demetrick Lee got hit by a pitch to load the bases for a two-run single by Kedrick Lee. D. Lee scored off a hit by Jordan Hodges and Essex error and Daniel Thomas singled in K. Lee.

Hudnall led at the plate, going 2-for-4 with a run scored.

Colonial Beach and Lancaster were tied 2-2 after three innings when the bottom fell out for the Devils last Thursday. The Drifters scored six runs off four hits, two walks and an error in the top of the fourth and went on to beat Lancaster, 13-3.

Hudnall led the Devils at bat, going 2-for-3 with two doubles and a run scored, and D. Lee had a triple for an RBI and a run scored. Josh Moore also had a sacrifice fly for an RBI.

K. Lee and Hudnall had a single each to account for Lancaster's two hits last Friday as Mathews shut out the Red Devils, 6-0.

The Blue Devils had only three hits in the game but scored four runs off walks and LHS errors.

Lancaster will host Northumberland at 5 p.m. Friday, April 27, at Dreamfields near Kilmarnock.

In JV games, Lancaster picked up a pair of wins over Colonial Beach and Mathews last week to improve to 7-4 overall.

The Devils' three-game series actually started with a loss last Tuesday to Northern Neck District opponent Essex. The Trojans beat Lancaster, 13-3, in five innings.

"Due to injuries on both the JV and varsity teams, we were playing with a lot of our players in new positions and it showed both defensively and offensively," said LHS coach Dave Cunningham. "We had several errors and Essex took advantage of that."

Taylor Woolard led Lancaster at the plate, going 1-for-2 with a triple, run scored and two RBIs.

The Devils rebounded last Thursday to pick up a district shutout, 8-0, over Colonial Beach.

Brandon Self got the win and had an impressive day at the plate, going 2-for-4 with two runs and an RBI.

Matthew Abbott also went 2-for-4 with a triple, run scored and two RBIs.

With Jay Bryant out with an injury, "Grant Long has taken over the lead-off spot...and has done a really nice job," said Cunningham. "While his average has dipped just a little, his ability to get on base has been impressive."

Lancaster scored three runs in the bottom of the seventh to come from behind and beat Mathews, 15-14, in a non-district game last Friday.

The Devils spotted Mathews nine runs in the top of the first inning, then spent the rest of the game battling back.

"They never gave up," said Cunningham. "I was very proud of the guys that night."

Abbott was the big hitter for the Devils, going 3-for-4 with three runs, 5 RBIs, a triple and two stolen bases.

At the plate for LHS, Self went 3-for-4 with two runs scored and an RBI with a double and three stolen bases. Jonathan Seal was 2-for-5 with two runs, two RBIs, a double and three stolen bases. Seal also got the win on the mound.

Lancaster had 15 hits as a team.

Hudnall has a good game as Lady Devils slug it out for a 1-2 mark last week

by Lisa Hinton-Valdrighi

The varsity Lady Devils beat Colonial Beach but lost to Essex in Northern Neck District games last week, falling to 1-2 in the league and 5-7 overall.

Mathews also defeated Lancaster, 6-0, in a non-district no-hitter last Friday.

The Lady Blue Devils scored two in the fourth and four in the fifth with Kaitlin Ericksen and Taylor Denton batting 2-for-3 each.

Lancaster had no hits and drew one walk.

Brooke Hudnall tossed a two-hitter, struck out seven and didn't walk a batter to lead Lancaster in its 9-0 shutout of Colonial Beach last Thursday.

Hudnall also led the offense, going 3-for-4 with a double and home run. Nicole Crowther was 3-for-4 with a double and July Traylor went 2-for-4 with an inside-the-park homer.

Lancaster gave up a run in the third and fourth as Essex got by the Lady Devils, 2-0, last Tuesday.

Ammoni Roane went 2-for-3 with a double and Chelsea Montgomery was 1-for-3 for all three of Lancaster's hits.

Hudnall struck out three, gave up seven hits and didn't walk a batter in seven innings for Lancaster.

The Lady Devils will be at home at Dreamfields near Kilmarnock Friday, April 27, when they host Northumberland. Game time is 5 p.m.

In JV games, Lancaster went 1-2 last week, splitting contests against Northern Neck District opponents Essex and Colonial Beach.

The Lady Trojans shut out Lancaster, 7-0, last Tuesday in a no-hitter to open the three-game week.

Brittany Jones pitched all seven innings with eight strikeouts for Lancaster and catcher Brook Reed threw out a runner stealing second for the first time this season.

Kelli Tignor had three hits and three RBIs to lead Lancaster's offense in a 19-7 win over Colonial Beach last Thursday.

Samantha Randolph and Jones had two hits each and Mikayla Meadows, Tess Thomas, Allison Savoy, Skylar Dixon and Reed each

had a hit. Randolph, Jones and Savoy also had an RBI apiece.

On the mound for Lancaster, Meadows had two strikeouts in two innings and Dixon retired one batter in two innings. Jones had one strikeout and took the Trojans three-up-three-down to close in the last inning.

Mathews got by Lancaster, 6-5, in a non-district game last Friday.

Despite the loss, "it was a big improvement over the first time we played them," said LHS coach Tiffany Pittman.

In their first meeting, Mathews

routed Lancaster 16-4.

Jones struck out six and went all seven innings on the mound for Lancaster last Friday.

Randolph had two triples and two RBIs and Jones hit a triple and single to lead the Lady Devils at bat.

Tignor, Reed, Thomas, Savoy, and Caroline Beck each got one hit. Beck also had two RBIs and Savoy had one.

The JV Lady Devils will host Northumberland Friday, April 27, at Dreamfields near Kilmarnock. Game time is 5 p.m.

SPORTS SHORTS

■ Anglers club

The Northern Neck Anglers Club (NNAC) will meet at 7 p.m. April 28 at the Transportation Building at 73 Monument Place in Heathsville. The meeting is open to all members and those interested in fishing local waters.

Capt. Rick Lockhart will discuss early season techniques for striper fishing which will provide some great insights just in time for the NNAC's Trophy Rockfish Tournament May 5 and 6. Attend the meeting to find out more about the club, or visit chesapeake-fishing.com/nnac/.

■ Win a Whaler

Chesapeake Academy is conducting a raffle to win a 2012 Boston Whaler 130 Super Sport (13') runabout powered by a 40hp Mercury 4-stroke outboard. The boat and motor come with a galvanized trailer. Tickets are \$20 each. Purchase 10 tickets and get an additional ticket free.

A drawing will be held May 5 at the annual Chesapeake Academy Auction. To purchase tickets, call Chesapeake Academy at 438-5575.

■ Lion's golf

The Lancaster County Lions Club will hold its annual charity golf tournament May 16 at Indian Creek Yacht and Country Club. The fee is \$65 per person or \$260 per team. Tee-off is at 1 p.m.

The tournament is open to male and female golfers. Format will be four players, captain's choice. Prizes will be awarded in various categories. Teams and hole sponsors are needed. Call Lion Mac Conway, 435-1045.

Youth football registration set

Registration for the Middlesex Colts youth football program will be held May 12 and 19, and June 2 and 9 at the Middlesex Sports Complex in Locust Hill. Registration will be held from 9 a.m. to 2 p.m.

Youth from Lancaster County and Mathews County are eligible to play on the Middlesex Colts.

Teams are Mites, ages 6 to 7; Mighty Mites, ages 8 to 9; Midgets, ages 10 to 11; and Juniors, ages 12 to 14.

Parents must bring a copy of their child's birth certificate in order for their child to be eligible. The fee is \$85. Registration forms are available at middlesexcolts.com, or Urbanna Builders' Supply in Saluda.

Head coaches are Mites, Michael Reed; Mighty Mites, Tony Pullman; Midgets, Lee Walton; and Juniors, Bob Boxley.



Lancaster High School's girls track and field team



Lancaster High School's boys track and field team

LHS track teams sprint to the middle of the field

by Lisa Hinton-Valdrighi

The Lancaster High boys and girls track teams were third in their respective meets at a West Point Invitational last Saturday.

Senior Kalisha Harding broke the school record in the shot put with a 34'3" throw, taking first at the meet and pre-qualifying for the Group A state meet in May.

One of 11 returners on the girls team, Harding also took first in the discus.

Leading Lancaster's jumpers was senior returner Shamerah Taylor, who cleared 5'0" to win the high jump and state qualify. Taylor also won the long jump.

Leading the boys team were distance runners Kevin McCartney and Ronnie Cutler.

McCartney, a junior newcomer, won the mile and was the runner-up in the 800-meter. Sophomore returner Cutler won the two-mile and took third in the mile.

"We have a lot of new faces on both teams," said LHS coach Joanne Webb-Fary. "So far, they are working hard and haven't really discovered what their potential is."

On the girls team, Taylor returns as a sprinter and jumper, adding high jump to her list of events. Also sprinting are returning senior Jalisa Walker and junior Tikoya Henderson and senior newcomer Shyanna Reed. Eighth-graders Syhkeia Bullock and Aloni Scott sprint as JV runners.

Junior Cansu Aksoy will join Taylor as a jumper and Harding as a thrower.

Also throwing the shot and discus are senior Darshia Ward, junior Tylisha Lucas and freshman Shelby Newton.

Sophomore returner Anesha



Lancaster's Paris Morris clears a hurdle.

White also will be jumping.

On the track, sprinters include senior returner Jalisa Walker and middle distance runners include sophomore returner Dazah Davenport and Keyondra Norris and sophomore newcomer Lysa Nguyen.

Running the mile and two-mile will be junior returner Elizabeth Flynn, sophomore returner Moira Hull and sophomore newcomer Elizabeth Robertson.

Jumping the hurdles will be returners senior Marisa Logan and sophomore Raven Love and freshman Madeline Simpson.

McCartney and Cutler are the only middle distance and distance runners on the boys team, which includes just five returners.

Back to jump is senior JT Walters and back to throw are seniors Laterron Jones, Ryan

Morgan and Javonte Smith. Smith also sprints along with newcomers freshmen Tyrell Henderson, DeVante Stewart, Vince Stewart, Justin Washington and Rashaun Smith and sophomore Kaliq Noel.

Joining the veteran throwers are junior TreVaughn Davis, sophomore Devante Haskins and freshmen Dominique Taylor and Clarence Thomas.

Junior Paris Morris returns to hurdle and is joined by junior Artis Seldon.

Eighth-graders throwing for the JV team are Samuel Bouis, Qujuan Sutton and Tyler Barksdale. Running distance on the JV team is eighth-grader Kenique Stewart.

Lancaster' track team will have next week off and will compete in a tri-meet against King William and Middlesex in Saluda on Wednesday, May 9. The meet will start at 4:30 p.m.

SPORTS SHORTS

■ Pink tournament

The Piankatank Ladies Golf Association will host a "Pink Ribbons of Hope" golf tournament at 9 a.m. May 17 at the Piankatank Golf Course. Men and women are urged to participate and to wear as much pink as possible. The format will be modified stableford.

A \$25 donation is requested for Massey Cancer Center at Virginia Commonwealth University, for breast cancer research. Piankatank's regular fees apply. Registration opens at 8 a.m. with a continental breakfast.

■ Navigation seminar

The final seminar in the Yankee Point Racing and Cruising Club spring series will be conducted by Wally Dawson, past commander of U.S. Coast Guard Auxiliary Flotilla 33. The seminar will be held from 9 a.m. to 12:30 p.m. Saturday, April 28, at the club facility on Oak Hill Road in Lancaster.

The seminar is free and open to the public. Attendees will break at noon and send out for lunch, followed by informal discussion. Dawson's topic will be "Modern Navigation."



Lancaster's Borja Astray Diez (7) goes up for a header against Rappahannock during a Northern Neck District match last Wednesday. Photo by Lisa Hinton-Valdrighi

Red Devils take beatings on district soccer courts

by Lisa Hinton-Valdrighi

Lancaster lost two Northern Neck District soccer matches last week to fall to 0-3 in the league and 1-6 overall.

Aaron Rock had a penalty shot for the go-ahead goal for Rappahannock with 12 minutes remaining last Wednesday as the Raiders got by Lancaster, 3-2.

Goalkeeper Connor Donahue, who had 10 saves on the night, got a hand on Rock's PK but couldn't make the stop.

"Connor did have an outstanding save just before the penalty shot," said LHS assistant coach Chris Felthouse.

Rappahannock led 1-0 at the half before Lancaster's Borja Astray Diez scored early in the second half to tie. The Raiders led 2-1 when Kyle Bennet scored on an assist from Diez to re-tie the game at 2-2.

Lancaster was called for tripping a shooter in the box to bring up Rock's penalty kick.

The Devils took 15 shots in the match. Northumberland went up 3-0 at the half en route to a 4-0 shutout of Lancaster last Friday.

Lancaster took seven shots in the outing and Donahue had eight saves.

The Devils host Mathews in a non-district match at 6 p.m. April 27, then have a week off before heading to Essex May 4.



Lancaster's Matthew Joyner battles for control against a Rappahannock Raider during a boys soccer match last week. Photo by Lisa Hinton-Valdrighi

BOWLING RESULTS

Ladies League

Tri-Star remained in first place with two wins over second-place The Corner Restaurant. Cathy Hoskins led Tri-Star with a 347 set including games of 100, 123 and 124. Theresa Davis rolled a 337 set with games of 109, 104 and 124. Kara George had a 334 set with two games of 120.

For The Corner, Betty Evans bowled the week's highest set, a 372 with games of 127, 115 and 130. Joan Bowles rolled a 333 set with games of 114, 110 and 109. Mary Savalina had a 300 set with a 110 game.

Davis Auto took two games from Yeatman's Forklift. Marie Piccard bowled a 321 set with a 130 game. Vicki White rolled a 320 set including the week's highest score, a 134. Sandra Evans had a 301 set with games of 113 and 102. Vivian Callaway had a 110 game.

For Yeatman's, Val Crossbie bowled a 108 game. Alma George had a 106 game.

D & L Doc n' Divas won two games from R. P. Waller. Terry Stillman rolled a 331 set with games of 113, 105 and 113. Beverly Benson had a 308 set with games of 105 and 111.

For R. P. Waller, Marsha Nash bowled a 321 set with games of 121 and 104. Dee Atkins had a 103 game.

PIT STOP

Virginia Motor Speedway

April 21 Results:

Late models- First, Scott Adams; second, Billy Tucker; and third, Tim Shelton.

Sportsmen- First, Brett Adkins; second, J.R. Guy; and third, Taylor Doggett.

Modifieds- First, Brian Dobie; second, Page Harrison; and third, Jimmy Duncan.

Limited stocks- First, Brandon Sandridge; second, Brett Adkins; and third, James Givens.

Upcoming schedule

April 28: No races
May 5: Late models (35 laps), modifieds (25), sportsmen (25 laps), limited stocks (20 laps).
(VMS is on Route 17 in Jamaica, eight miles north of Saluda. Pit gates open at 4 p.m.; spectator gates open at 5 p.m. Track activities begin at 6:30 p.m.)

Weekly Tides

Windmill Point – Sunrise & Moon – April – May, 2012

Fri. 4/27	High 3:21 1.3' Low 10:12 0.2' High 3:50 1.1' Low 10:13 0.3'	Sunrise 6:14 Sunset 7:52 Moonset 12:36 Moonrise 10:51	Tue. 5/1	Low 1:17 0.2' High 7:07 1.2' Low 1:44 0.2' High 7:41 1.3'	Sunrise 6:09 Sunset 7:56 Moonset 2:59 Moonrise 3:02
Sat. 4/28	High 4:09 1.2' Low 11:00 0.3' High 4:42 1.1' Low 11:09 0.4'	Sunrise 6:12 Sunset 7:53 Moonset 1:15 Moonrise 11:51	Wed. 5/2	Low 2:21 0.2' High 8:08 1.2' Low 2:39 0.1' High 8:40 1.4'	Sunrise 6:08 Sunset 7:57 Moonset 3:32 Moonrise 4:10
Sun. 4/29	High 5:04 1.2' Low 11:53 0.3' High 5:49 1.1'	Sunrise 6:11 Sunset 7:54 Moonset 1:52 Moonrise 12:52	Thu. 5/3	Low 3:22 0.0' High 9:06 1.3' Low 3:33 -0.1' High 9:36 1.5'	Sunrise 6:07 Sunset 7:57 Moonset 4:06 Moonrise 5:21
Mon. 4/30	Low 12:12 0.3' High 6:04 1.2' Low 12:48 0.2' High 6:41 1.2'	Sunrise 6:10 Sunset 7:55 Moonset 2:26 Moonrise 1:56	Fri. 5/4	Low 4:19 -0.1' High 10:02 1.3' Low 4:26 -0.2' High 10:30 1.6'	Sunrise 6:06 Sunset 7:58 Moonset 4:44 Moonrise 6:35

Corrections **High** **Low** **Height**

Piankatank River, Cherry Pt. -1:42 -1:44 86% **PM times are in boldface type**

Great Wicomico River Light 0:30 0:20 75%

Smith Point Light 1:01 0:44 86%

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From left are Mark Rhodes and Kevin Stewart. Photo by Ruth Fisher.

Mark Rhodes and Kevin Stewart are awarded Eagle Scout badges

Mark Eben Rhodes and Kevin Flint Stewart of Boy Scouts of America Troop 235 received their Eagle Scout badges March 24, 2012, at White Stone Baptist Church, during a shared and self-orchestrated Court of Honor.

Eagle Scout Justin Stewart escorted and presented Rhodes and Stewart. Scoutmaster Ken Abrams made the presentation of the badges.

Rhodes joined Troop 235 in March 2003, worked through the ranks, earned 35 merit badges and held numerous leadership positions, while completing his journey to Eagle.

His project, conducted at The Steamboat Museum in Irvington, entailed restorations to the exterior of the museum. The project was completed in May 2010.

Stewart joined Troop 235 in April 2004, worked through the ranks, earned 21 merit badges and held numerous leadership positions, while completing his journey to Eagle.

His project, conducted at Rappahannock Westminster-Canterbury near Irvington, consisted of wood line cleanup and beautification of the wooded area between Denegre Drive and Old Salem Road. The project was completed in January 2011.

Both young men thank White Stone Baptist Church for their sponsorship of Troop 235 and all the people who helped them along their journey to achieving the rank of Eagle.

Rhodes is the son of Hubie and Debbie Rhodes of White Stone. Stewart is the son of Beth Stewart of Weems and Clyde & Becky Stewart of Lancaster.



From left are Eagle Scout Sam Friday and Scoutmaster Ken Abrams.

Boy Scout Sam Friday receives Eagle Award

White Stone Boy Scout Troop 235 conferred the rank of Eagle Scout on Sam Friday of Irvington Saturday, April 21, 2012.

Attending Friday's Court of Honor at Campbell Memorial Presbyterian Church in Weems were a host of relatives, fellow Scouts, and friends including guest speaker, Craig Oren.

In completing the requirements for the Eagle rank, Friday raised the funds for, designed, and built a pergola at the Northern Neck Free Health Clinic in Kilmarnock.



Trophy rock

Greg Maddox and Danny Humphreys captured these trophies on opening day on a Bob-a-Long Your Boat charter. They were fishing in the Potomac River.

CLUB GOLF

Golden Eagle

Golden Eagle Golf Club play day winners for April 23 were first, Rob Grace; second, Carl Roane; and third, Andy Sharpe.

ICYCC 18-holers

The Indian Creek Yacht and Country Club 18-hole two-day ringer tournament (April 10 and 17) first flight winners were low gross, Kay Stout; and low net, Betty Penley. Second flight winners were low gross, Jan Hinch; and low net, Cathy Chagalis. Third flight winners were low gross, Dee Byrne; and low net, Jeanne Kenny.

ICYCC men

The Indian Creek Yacht and Country Club men's midweek winners for April 18 were first, Pat Thomas; second, Ed Bunch; and third, Ron Davis.

Friday Knights winners for April 20 were first, Jim Arrison, Gib Carson, George Chagalis and Bob Johnson; and second, Bill Vose, Gene Mapes, Thomas and Bunch.

Piankatank ladies

The Piankatank River Ladies Golf Association first flight winners for April 19 were Sue Silberhorn, Rita Prendergast and Kelly Lowe. Second flight winners were Kim Harris, Eva Mullins and Janice Phillips. Third flight winners were Donna lange, Ann Sullivan and Lynne Richardson.

Quinton Oaks men

The Quinton Oaks Senior Men's League first flight winners for April 17 were first, Bruce Berry; second, Gerard Belanger; and third, Phil Gates. Second flight winners were first, Bob McNally; second, Ray Heron; and third, (tie) Dick Andersen and Richard Patereau.

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AUCTION - 10:00 AM
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Walk-Run into Spring

by Patricia Monge-Meberg, MD

The third annual Northern Neck Montessorri School Kilmarnock 5K and Kid's Fun Run was held April 21.

Douglas Marshall of Mathews was the overall winner with a time of 17 minutes, 46 seconds. Amy Jones of Heathsville was the top female with a time of 20 minutes, 39 seconds.

"Thank you all for a wonderful race day turnout and otherwise overall support—from encouraging words and thoughts to great newspaper coverage and amazing town office Kilmarnock Police and local businesses support," said Patricia Monge-Meberg. "The school teachers, parents, friends and the Campbell Church in Weems 'race marshalls' made the day possible but it was the runners and walkers that made the day a success."

Parker Smith was the top boy followed by Peyton Smith and Matthew Kelley. Chloe Fridley was the top female followed by Olivia Saunders and Rebecca Meberg.

Here are the complete results for the 5K: Douglas Marshall, 17:46; Bryan Schuster, 20:17; Amy Jones, 20:39; Sean Jones, 21:22; Harry Booth, 21:30; Clara Schuster, 21:41; Randy Davis, 21:46; Greg Williams, 22:29; Chris Allen, 22:49; Lisa Smith, 23:01; Dave Hershiser, 23:21; Benjamin Nickerson, 24:02; Diana Nickerson, 24:53; Mary Jane Allen, 25:32; Steve Beebe, 25:50; Nathan Rose, 26:04; India Egujuven, 27:06;

Mary Williams, 27:19; Anne-Sophie Marchal, 27:43; Ray Funkhouser, 28:06; Inga Spaan, 28:12; Kaitlyn Rochelle, 29:14; and Brenda Santanaria, 29:15.

Also, David Bronson, 30:44; Madrenna Horn, 31:50; S. Winter Horn, 31:52; Katherine Zeller, 32:10; Liz Lockerman, 32:38; Sue Saunders, 33:09; William Moughon, 33:10; Clay Moughon, 33:40; Holly Booth, 34:01; Richard Conley, 34:22; Katie Jett, 34:25; Rachael Haynie, 35:00; Erin Kelley, 35:01; Courtney Medved, 35:08; Daphne Papaefthimiou, 35:24; Ashley Luck, 35:38; Jimmy Luck, 35:39; Alma Talcott, 35:49; Harriette Fishburne, 35:51; Russ Talcott, 38:43; Brenda Kettlewell, 39:17; Mimi Riffle, 39:18; Jack Yunker, 39:30; and Adele Medved, 39:35.

Also, Smitha Theriault, 39:42; Kelly Fridenstine, 40:33; Karen Jett, 43:36; Tanya Bohlke, 44:29; Kim Ware, 44:30; Heather Hute, 44:34; Rebecca Dix, 45:00; Tracy Riffle, 45:29; Cindy Talcott, 46:03; Susan Anthony-Tolbert, 46:35; Jennifer Hodges, 46:41; Donna Funkhouser, 47:10; Teena Carlson, 47:11; Ward Currin, 47:22; Catesby Ware, 48:06; Kim Huffman, 48:36; Pat Musser, 48:37; Brittany Huffman, 48:40; Vicki Vermeer, 49:27; Katie Reynolds, 49:28; Steven Glessner, 51:58; Roxanne Sullivan, 55:48; Debra Moore, 55:49; Karen Hurt, 55:50; Edith Dix, 56:17; Nancy Bowley, 58:54; Missey Collins, 60:47; Rachael Schultz, 60:48.

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Girl Scouts donate cookies to food bank

Girl Scout Troop 663 recently delivered Girl Scout cookies to the Northern Neck Food Bank as their Gift of Caring project during the 2012 cookie sale. From left are (front row) Rebecca Meberg, Blair Smith, Carissa Davis, Ashtyn Franklin, Chloe Fridley, Zaire Nickens and Cassie Thomas; (next row) Jessica Medlin, Madison Giese, Michelle Giese, Jordan Abbott and Amarii Nickens.

Wild turkey is bird of choice for Audubon

The Northern Neck Audubon Society will meet at 7 p.m. May 7 at Grace Episcopal Church in Kilmarnock.

Susan O'Hara Christopher and Stephen Proctor will present a program on wild turkeys, highlighting the work of the Northern Neck Wild Turkey Association (NNWTA), said publicity chairman Margaret Gerdt.

Christopher has been active in the NNWTA since it began in the mid-1990s. A former board member, she currently serves as the

educational outreach coordinator, said Gerdt. She will discuss the NNWTA history and its programs which include scholarships, fellowships, plantings, youth programs and spring and fall turkey shoots (target and clay).

Proctor, a longtime member of the NNWTA and its past president, will discuss the wild turkey population in the Northern Neck, its habitat and outlook for the future, said Gerdt.

Refreshments will be served and door prizes will be provided by the NNWTA, she added.

Special Olympics bowlers compete in tournament

Six athletes from Special Olympics Virginia Area 28 recently attended a regional bowling tournament at Bowl America in Manassas.

Travis Hundley and Jazmine Houston, both of Tappahannock, won second- and third-place ribbons in their divisions, respectively.

Tashia Lowe of Gwynn also won second place in her age division. Competing against her in the same division, Ryan Cammarata of Ophelia won third.

Also bowling for Area 28 were Scottie Hinson of Tappahannock and Courtney Reisner of Kilmarnock.

Under the instruction of coaches Earl and Donna Adcock, the athletes attend weekly practice sessions at Village Lanes in Gloucester. Practice will continue until the state summer games June 8 through 10 in Richmond. Area 28 will send five bowlers to the



From left are (front row) Tashia Lowe, Jazmine Houston and Ryan Cammarata; (next row) Earl Adcock, Scottie Hinson, Donna Adcock, Courtney Reisner and Travis Hundley.

state competition.

"The athletes work hard at practice. We love to get them out there competing against their peers in these tournaments," said Earl Adcock.

Volunteers from Christchurch School and the Knights of Columbus come faithfully to assist the coaches at the practices and

donations from citizens, businesses and organizations help to allay the cost.

Athletes never have to pay to participate in any Special Olympic event, so donations are essential for the program to continue.

To volunteer, or to make a donation, contact Chris Cammarata at 761-3206, or csrnfnp@hotmail.com.

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If you don't need a saltwater fishing license to fish legally, you need to register.





Cape Dory Typhoons approach the starting line.

Typhoon National Regatta will be held in Irvington June 22-24

Rappahannock River Yacht Club will host the Cape Dory Typhoon National Championship Regatta June 22 - 24. For the second straight year the Typhoon Nationals will be held in the Northern Neck, home to the world's largest Typhoon fleet with over 60 Typhoons plying nearby waters, said event chairman Ron Mihills.

The venue for this year's nationals is the confluence of Carter's Creek and the Rappahannock River.

Interest in competing in the nationals has been coming in from up and down the East Coast and as far away as Colorado. Race organiz-

ers hope to more than double the number of last year's participation, which consisted of 32 Typhoons. Check the Facebook Page facebook.com/pages/2012-Typhoon-National-Regatta/405051736174781?ref=ts, or contact Ron Mihills at 438-6111, or rmihills@creeksideassociates.com.

This event is a one-design non-spinnaker race for Weekender, Day-sailer and Open Typhoons. Three races are scheduled June 23 and two races June 24. The event kicks off at 5 p.m. Friday, June 22 at RRYC's Clubhouse at 100 Rappahannock Drive in Irvington.

The Notice of Race ("NOR") entry form and details are available at TyphoonNationals.blogspot.com.

The Rappahannock River Yacht Club was founded in 1936 along Carter's Creek in Irvington to serve the interests of local sailboat owners. In 1983, the Rappahannock River Sailing Association and the first Rappahannock Cup races were established.

Since then RRYC has maintained a strong racing program. Proceeds from the Typhoon National Championship Regatta will benefit the RRYC Junior Racing program. To learn more about RRYC, visit www.rryc.org.

RW-C announces golf tourney winners

On April 17, some 104 golfers participated in Rappahannock Westminister-Canterbury Foundation's 28th annual Open Golf Tournament at The King Carter Golf Club.

The event raises funds for the foundation's Fellowship program, which provides financial assistance to qualified residents for entrance or monthly fees, and to qualified participants in RW-C's adult day program, said vice president for development Whiz Harris.

"This is always a great event," said Violet Whay, who has played in the tournament for the past five years. She and partner Pat Willett also volunteered to obtain prizes and sponsorships.

"What a joy it is to play with such a great group of people. We are always happy to help out in raising funds for such a great cause," Willett said.

"Again this year, our community turned out to help us raise funds for an important initiative," said president Stuart Bunting.

Much of the success of the day's events is due to the work of volunteers and to the sponsors who provided prizes and financial support, added Harris.

Ladies' flight winners were Ruth Fisher, Willett, Whay and Ann Stanley.

Men's winners were first flight, Jimmy Poplin, Carl Cunningham, Don Nelson and Don Holt, sponsored by Defined Business Solutions; second flight, Gordon Jones, David Dew, Robert Allen and Scott Finney of Bay Design Group; third flight, Jason Perry, James Pitts, David Valadez and Heath Bray sponsored by Rappahannock Community College; and fourth flight, John O'Shaughnessy, Lee Stephens, Susan Hill and Jimmy Carter, sponsored by Chesapeake Bank.

Harry Hoffon of Eagle Fire captured the prize in the closest-to-the-pin contest. Susan Pittman of the Bank of Lancaster won the longest drive contest.

Sysco sponsored lunch for participants. After the event, golfers attended an awards reception sponsored by Coastal Builders.

Eagle Fire and Chesapeake Bank/Chesapeake Investment Group were gold sponsors. Bank of Lancaster, Keiter (KHPS LLC), Connemara Construction and Noblett Oil & Propane were silver sponsors.

Patron sponsors included Area Access and Dr. Robert Barlowe. Additionally, The James Company, Guernsey Tingle Architects, Spotts Fain, Open Door Communications, the RW-C Residents' Association, Dr. Robert Westbrook, Breeden & Breeden, Rappahannock Community College and Tri-Star were hole sponsors.

Golf courses and clubs providing gifts included Indian Creek, King Carter, Piankankank, Golden Horseshoe, Hobbs Hole, Gauntlet, Bay Creek, Lee's Hill, Wintergreen and Kiskiack. Prizes were donated by Lee's Restaurant,

Lighthouse Builders, The Dandelion, River Market, The Box, Bonner Florist/Country Cottage, LeNail, Hometown Lighting, White Stone Pharmacy, Great Fortune Chinese

restaurant, Car Wash Café, Moxie Salon, Merle Norman, Rose's Steak House and Shear Pleasure Salon.

The tournament committee included chairman Ed French,

Kylie Bransford, Whay, Ginny Burnette, J. Moon, Kent McCraney, Keith Hudgins, Willett, Andrea Cralle, Harris and J. D. Wilson, golf pro at King Carter Golf Club.

What time and where? RRRecord.com

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The Youth Club of Lancaster County needs your support.

Like community banks, area nonprofits and service organizations play an essential role in the growth and wellbeing of our community. Collectively, we help shape our neighborhoods and engage associates, friends and family through community giving and action.

Chesapeake Bank's Northern Neck branches encourage you to support the Youth Club of Lancaster County's Little League Baseball and Softball program. Created for boys and girls ages 5 to 18, the program cultivates qualities such as citizenship, discipline, teamwork and physical wellbeing, developing superior citizens rather than superior athletes.

What can you do? The Club is seeking volunteers to coach, umpire and maintain the grounds. Call 804-724-9279 to sign up.

How can you give? Make an equipment donation or sponsor a child for the spring season. Contribute at any Chesapeake Bank Northern Neck branch now through April, and we will match donations up to \$1,500.

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Madison Davis is a state finalist in national pageant

Madison Davis, 6, the daughter of April and B.K. Davis, has been chosen as a state finalist in the National American Miss Virginia Pageant.

She will participate in the ages 4 to 6 division of the pageant July 5 through July 7 at the Hyatt Regency in Reston. She is sponsored by Burton's Electric.

The winner of the pageant will receive a \$1,000 cash award, official crown and banner, a bouquet of roses, and air transportation to compete in the national pageant in California where she will receive a tour of Hollywood and two VIP tickets to Disneyland.

"The National American Miss Pageants are unlike any other because all activities and competitions are kept age-appropriate," said April Davis. "Girls under the age of 12 are not allowed to wear



Madison Davis

make-up, and there is no swimsuit competition."

Emphasis is put on the importance of developing self-confidence, learning good sportsmanship, as well as setting and achieving personal goals, said Davis.

Outside of pageants, Madison's activities include taking tap classes and singing in her church's Cherub choir. She also enjoys shopping, playing with her little brother, Lucas, and learning sign language.

Lancaster announces summer feeding session

The Lancaster County Public Schools will conduct its Extended Summer Session May 30 through June 14.

The food service department will provide meals to all children under the age of 18 without charge, according to Stephanie Coleman. Acceptance and participation requirements for the program and all activities are the same for all, regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service.

Meals will be provided at Lancaster Primary School, Lancaster Middle School

and Lancaster High School. LPS will serve breakfast from 8:10 to 8:45 a.m. and lunch from 11 to 11:45 a.m. LMS will serve breakfast from 8 to 8:30 a.m. and lunch from 11 a.m. to 12:45 p.m. LHS will serve breakfast from 8 to 8:15 a.m. and lunch from 11:20 to 11:50 a.m. These hours are subject to change.

To file a complaint of discrimination, write or call immediately to: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 20250-9410, or call 800-795-3272, or 202-720-6382 (TDD).



From left are Sheila Chestnut, and performers Dwan Hayes, Stacey Pratt, Dee Sims, Lucian Restivo and Jordan Hardy.

'Railroad' stops at NES

Theatre IV put on a fine performance of Harriet Tubman and the Underground Railroad April 10 at Northumberland Elementary School in Claraville, said Shelia Chestnut.

This moving drama is a tribute to a courageous woman and great American who freed hundreds of people from slavery, including herself, said Chestnut.

The children seemed mesmerized during the play and had lots of questions afterwards, she said.

The play was sponsored by Chestnut for the purpose of raising self-esteem of young people.

Museum to offer genealogy course

The Mary Ball Washington Museum & Library in Lancaster will offer a five-week Genealogy Course from 10 a.m. to noon Tuesdays, May 15 through June 12 at Trinity Church in Lancaster.

Participants will learn and practice the fundamental tools and methods of researching family ancestry with instructor, author, historian and genealogist Carolyn Jett, said executive director Karen Hart.

The fee is \$40 for members and \$50 for others, said Hart. Pre-paid registration is required by May 10. To register, send name, mailing address, email, and phone number with a check payable to MBWML to P.O. Box 97, Lancaster VA 22503; call 462-7280, or email history@mbwm.org.

Grace Episcopal offers scholarships

The Grace Episcopal Church scholarship committee invites graduating seniors from Lancaster High School, active members of Grace Church and/or current recipients of scholarships from Grace to apply for the 2012-13 school year.

According to committee member Poppy Cockrell, scholarship funds are available for undergraduate studies at state-supported colleges or universities in Virginia. Completed applications are due in the Grace Church office by June 15.

The scholarship committee will review all applications submitted by June 15 and students applying later than this date will be considered only if funds remain, said Cockrell.

Current recipients of Grace Church scholarships must re-apply by June 15 to be considered for renewal of scholarship funds, she said.

Applications are available at the Lancaster High School guidance office or the Grace Church office in Kilmarnock.

SCHOOL REPORT

'A' Club

Shyla Henderson of Lancaster County and Darlene Campbell of Westmoreland County were among the Rappahannock Community College students recognized at a recent "A" Club luncheon at Lowery's Restaurant in Tappahannock, sponsored by Student Support Services.

The luncheon honored students invited to join the SSS "A" Club in recognition of the grades they earned for the Fall 2011 semester.

NHS scholarships

The Women of Good Shepherd Lutheran Church in Callao recently announced scholarships of \$750 and \$500 for graduating Northumberland High School seniors. They will be awarded based on an original essay describing how the Christian faith has affected the student's life and goals, academic and extra-curricular achievements and financial need.

Completed application packages are due by April 27. Scholarship application forms, directions and guidelines are available from guidance counselor Dr. Brian Zobel.

HU scholarship

Hampton University recently announced a scholarship for the graduating senior with the highest GPA applying from Lancaster and Northumberland high schools for the 2012-13 academic year. Interested students should contact the school counselor.

The family of the late Morgan E. Norris established the fund to honor the memory of Dr. Norris, a Lancaster County native who graduated from HU in 1908 and returned to Kilmarnock to practice medicine in 1917.

Nature of Learning

The Rappahannock Wildlife Refuge Friends Group will present a "Nature of Learning" lecture from 7 to 8:30 p.m. May 3 at the Rappahannock Community College lecture hall in Warsaw.

Friends of the Rappahannock tidal Rappahannock River steward Richard Moncure will present "The Past, Present, and Future of Seafood on the Northern Neck."

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Art fills the school

Parents, teachers, students and the community viewed art works in several mediums and levels at the annual Spring Art Show at Lancaster Middle School in Kilmarnock April 20 and 21. Photo by Shannon Rice



From left are Andrea Cox, Sarah Duncan, instructor Joanna Hyde, Samantha Siddall and Mary Kathryn Schellhaas.

Four graduate from nurse aide program

A class of four students recently completed the course requirements for Rappahannock Community College's nurse aide program.

This class, graduating April 12, is the first to earn the certificate at the Kilmarnock Center, according to public information officer Tom Martin. Clinical facilities were provided by The Lancashire Convalescent and Rehabilitation Center, a Virginia Health Services facility in Kilmarnock, and coordinated through Lancashire administrator Garrett Jones.

The graduating students were Andrea Cox, Mary Kathryn Schellhaas, and Samantha Siddall, all of Lancaster County; and Sarah Duncan of Northumberland County.

The Workforce Investment Act Adult Program sponsors this training with funding supplied by the Area XIII Bay Consortium Workforce Investment Board through the Virginia Employment Commission Workforce Center.

New classes for RCC's nurse aide program will begin soon. Contact director Karen Taliaferro at 333-6875, or at ktaliaferro@rappahannock.edu.

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Date: Saturday, May 19, 2012
Location: RCC Glens Campus, Room 112
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Administration of the EPA 608 Certification Exam

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Rappahannock Community College
Workforce Development

For additional information or to register for EPA Section 608 review and certification testing, please call:
Glens: 804-758-6750
Warsaw: 804-333-6828

Rappahannock Community College educators deliver presentations at technology conference

The Virginia Community College System (VCCS) recently held its annual "New Horizons" conference at the Hotel Roanoke.

New Horizons provides VCCS educators with opportunities to update their knowledge of the latest technological developments, and to learn of effective ways to use that knowledge in their teaching, according to Rappahannock Community College public information officer Tom Martin.

Headliners included Chris Dede, the Timothy E. Wirth Professor in Learning Technologies at Harvard University's Graduate School of Education and Laurence F. Johnson, Ph.D., chief executive officer of New Media Consortium.

RCC dean of instruction and student development Donna Alexander presented "Are You a Bad Boss?", outlining strategies and practices to create better workplace relationships and therefore better performance, said Martin.

She also assisted RCC dean of student development Anne Kornegay with "Threat Assessment at Community Colleges," which considered ways of defusing the campus tensions that may lead to such situations as the Virginia Tech massacre.

RCC dean of technology and distance education Leslie Smith presented "Compressed Video Moves



From left are Rappahannock Community College associate professor of information systems technology Ruth Greene, administrative assistant Kristy Walker and Leslie Smith.



Michael Greene (left) demonstrates iPad uses at the annual New Horizons Conference.

to the 21st Century." She was a finalist in the "Excellence in Education" awards category for "Innovative Use of Technology in the Face-to-Face and Online Classroom." Her entry,

which describes major improvements in RCC's use of interactive video technology to deliver the same class to several locations simultaneously, was one of the 15 finalists in the competition,

said Martin. Each finalist entry earned a certificate recognizing its creator's participation. In addition, Smith took part in a panel discussion titled "They Said It Couldn't Be Done! Shared Services Distance Learning in the VCCS." The new Shared Services program makes services originating at Northern Virginia Community College available to every college in the system, he said.

RCC web solutions specialist Michael Greene, was instrumental in designing and assembling elements of the "New Horizons Live!" Google site, where participants could post materials either before or after the conference, and could follow current or archived live-streaming sessions, said Martin.

At the conference, Greene presented "Five Concepts to Future-Proof Learners," including efficiency, communication, autonomous learning, and other key concepts for successful teaching in the 21st century.

He and Smith also gave a joint demonstration of "A Full House Approach to iPads," covering a "royal flush of innovative uses for iPads" in every aspect of an educational institution's or an organization's life, including classroom management, collaborative meetings, and video-conferencing.

College to train shipyard workers

A recent agreement between the Southeastern Maritime and Transportation Center (SMART); Newport News Shipbuilding (NNS), a division of Huntington-Ingalls Corporation; Rappahannock Community College (RCC); and three other Virginia Community College System (VCCS) member institutions has resulted in a mobile training program to deliver 10,000 new workers to the shipyard within the next four years.

A generation of NNS employees is due to retire soon, and the company feels its training facilities will not be able to keep up with the large number of new workers it must hire to replace them. NNS worked with the SMART Center, RCC, and Thomas Nelson, Eastern Shore, and Paul D. Camp Community Colleges.

"We toured the NNS mock-ups that simulate what the technicians will work on," said RCC Workforce Development Office project manager Rusty Bragg. "This is truly a 'hands-on' training facility."

Aside from the sheer numbers of prospective trainees,

the major consideration in planning this training was to make it accessible to those not living in the immediate Newport News area, said Bragg. Mobile training units are the answer; whenever a college registers enough students to make up a class, one of the units can be brought to them.

When Trenton Hightower, special assistant to the VCCS vice chancellor for workforce development, learned what was being planned, he offered the system's help to pay not only for the mobile equipment but for stationary simulation units as well. RCC will receive one of these units for use at its Gwynn's Island marine training facility, which shares space with the Mathews Maritime Museum's boat shop.

One of the most attractive things about this three-week training program is its price. The cost of putting a student through the program is \$750. However, NNS and the VCCS are each picking up one third of this "up front," so the actual fee for each student to RCC will be only \$250, which will be refunded by NNS when the student has completed the program and joined the company as a full-time marine electrician.

Prospective students must be at least 18 years of age, and U.S. citizens. To be considered for participation in the program, complete an application at huntingtoningalls.com/careers/metp.html.

Boys and Girls Club has 88 members on the honor roll

The Boys and Girls Club of the Northern Neck announced 88 of its members achieved the honor roll of local primary, secondary and high schools, according to unit director Wardell Carter, up from 57 for the previous calendar year.

"There is no better measure of the success of our club and its programs than a 54% increase on the honor rolls," said Carter. "It gives the staff, students and volunteers real encouragement and a deep sense of accomplishment as well as motivates other students to achieve academic excellence."

Marcus Lee, 13, is one club member who was an honor roll winner. He started at the club in third grade and has consistently been on the honor roll since the first grade, said Carter.

Lee lives near Lively and Nuttsville with his mom, dad and brother Tre'von who



Marcus Lee

also attends the club. Marcus wants to be president of the U.S. or a famous basketball player. The club helps him strive for both goals, said Carter.

Marcus said he gets all of his homework done at the Club and can ask for and receive help if he needs it.

The club is in need of mentors for the students. Call the club at 435-9696.

Art league posts May workshop schedule

The Rappahannock Art League recently announced its workshop schedule for May 2012.

All workshops are offered to members and others at the Studio Gallery at 19 North Main Street in Kilmarnock, said marketing committee member Barbara Richards. For fees, course details and registration, call 436-9309.

- May workshops include:
- Jewelry Class & Findings from 10 a.m. to 3 p.m. May 1 and 2. The instructor will be Sue Broadway.
 - Yupa from 10 a.m. to 3 p.m. May 3 and 4. The instructor will be Sarah Soderlund.
 - Oil Painting from 6 to 9 p.m. May 8, 9 and 10. The instructor will be Charles VanDenburgh.
 - Pastels from 10 a.m. to 3 p.m. May 15. The instructor will be Susan Sills.
 - Abstract Painting from 10 a.m. to 3 p.m. May 22, 23 and 24. The instructor will be Rose Nygaard.

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From left are (front row) Virginia Johnson, Portia Bea, Cathy Boyd, Sue Fitzgerald and Tammy McGarraher; (next row) Frank McCarthy, Ruby Cook, Monica Green, Akila Rich, Taneika Brooks, Cynthia Coger RN, Karen Wilkins, Eayolanda Basker and Stacie Miles.

Home health business launches new Alzheimer's care program

Visiting Angels Living Assistance Services of the Northern Neck and Middle Peninsula recently launched its ACE-ANGEL (Alzheimer's Care Expert) training program at the Kilmarnock Center.

"Because our care model is one-on-one, Visiting Angels is in a very unique position to deliver the highest level of Alzheimer's/Dementia care in our community, if not in the state," said owner Frank McCarthy. "Approximately 30% our care recipients have varying forms of memory-related issues. Just sitting with them is not enough. We are committed to creating joyful moments for our clients—and for their families."

McCarthy also serves on the advisory board of the Middle Peninsula Northern Neck Chapter of the Alzheimer's Association and on the board of the Greater Richmond Chapter.

While some memory loss is considered a normal part of aging, developing Alzheimer's is not, and those with Alzheimer's live on average, another eight years once their symptoms become noticeable. One out of eight older Americans has Alzheimer's disease, and the number continues to grow. Every 68 seconds someone develops Alzheimer's.

In 2010, 130,000 persons in Virginia had Alzheimer's, which represented a 30% increase over 2000. With the aging of the population, those numbers continue to increase. Alzheimer's is the sixth leading cause of death in the U.S., the only disease out of the six without some level of hope attached to the diagnosis.

According to Sherry Peterson, chief executive officer of the Alzheimer's Association Greater Richmond Chapter, the programs such as the initiative Visiting Angels is instituting are particularly important in the rural counties of Virginia.

Census statistics show 12.2% of the Virginia population is age 65 or older. In

Middlesex County 25.2% of the population is age 65 or older; Northumberland County, 30.1%; and Lancaster, 31.2%.

The new ACE-ANGEL program is based on many different and recognized approaches by the National Alzheimer's Association. In addition, the agency will incorporate the book, *Creating Memories of Joy: A Journey for Caregivers*, by best-selling author, Joeline Brackey.

According to McCarthy, this enhanced level of training will allow them to serve their care recipients in a very intentional manner. For ACE Angels, the training will never end.

Each employee who passes the agency's initial standards will earn the ACT designation (Alzheimer's Care Trainee), he said. Upon completion of 12 additional class credits, employees will have the opportunity to become ACE Angels.

"All ACE caregivers must commit to participate in regularly scheduled ongoing Alzheimer's training and will be required to earn nine additional class credits each year," said nurse manager Cynthia Cogar, RN.

Care coordinator and community liaison Karen Wilkins and Cogar will work closely with the company's clients and families to help implement enhanced one-on-one care.

"To accomplish our vision, we want to know as much as possible about the care recipient and his or her personal history. With that information our employees will be able to make a strong connection, thereby creating moments of joy for the care recipient," said Wilkins.

"We look forward to providing more respite for the family caregiver, while enhancing the ability for the care-recipient to remain in a more structured setting at home," said Cogar.

Visiting Angels Northern Neck/Middle Peninsula has more than 80 employees and has served the area since 2008.

Fleet joins Bank of Lancaster residential lending department

Bank of Lancaster president and chief executive officer Randal R. Greene recently announced Robert "Robbie" H. Fleet III has been elected by the board of directors to the position of vice president, residential lending administrator.

Fleet received a bachelor's from Christopher Newport College and a master's from Old Dominion University. He brings 16 years of mortgage lending experience to his new position with Bank of Lancaster.

He previously was a vice president with EVB's mortgage department. Along with his lending experience, he also brings management experience, having had over-

sight of a staff of six lenders and operational support staff.

Fleet is a member of the Northern Neck Board of Realtors and the Mid-Rivers Board of Realtors. He is a member of the Irvington Baptist Church, where he serves on several committees and is a deacon.

Fleet and his wife, Dawn, live in Irvington and have one son, Hill, who attends Woodberry Forest School.

"We are very fortunate and proud to have Robbie as a member of our Bank of Lancaster family," said Greene. "He brings with him a great deal of knowledge and experience, and we know he will be an asset to



Robert H. Fleet III

our lending area and to our organization as a whole. We have money to lend and we encourage everyone to come by and meet with Robbie or give him a call. We're excited to have him on our team."

Penick retires from banking career

Union First Market Bank Northern Neck region president Russell G. Brown recently announced the retirement of senior vice president C. Wayne Penick.

"Wayne's constant focus on the customer and dedication to the banking needs of Northern Neck residents were always at the top of his daily activities," said Brown. "As is fitting for the work he did in marine finance, I wanted to wish him fair winds and following seas."

Penick graduated from Hampden-Sydney College (1970), the Stonier Graduate School of Banking at Rutgers University (1982) and the Executive Program of The Darden Graduate School of Business at the University of Virginia (1992).

He began his banking career with The Bank of Virginia (later Signet Bank) in Roanoke in 1972, serving as area manager for branches in Danville and Lynchburg before transferring to Richmond in 1982.

In Richmond he worked in the Commercial Banking Group, managing banking relationships with larger corporate customers and subsequently became manager of the Small Business and Private Banking areas before being promoted to senior vice president in charge of retail banking in the Richmond, Petersburg, Southside Virginia and Northern Neck markets.

After serving as president of Signet's insurance subsidiary, Penick transferred to Baltimore in 1991. He was promoted to executive vice president and managed the nationwide student loan business with assets approaching \$750 million. Signet was acquired by another bank in 1998 and Penick took that opportunity to move to the Northern Neck and begin working for Northern Neck State Bank as vice presi-

dent and area manager of the bank's branches in Lancaster and Northumberland counties.

In 2002, Penick started the Marine Finance business for Northern Neck State Bank, a yacht financing business serving the Maryland, Virginia and North Carolina region.

Penick is married to Brook, who is retired from a

competitor bank. They have three children and three grandchildren.

Penick is vice chairman of Rappahannock General Hospital and president-elect of the Kilmarnock-Irvington-White Stone Rotary Club. He will continue to serve as a director of Northern Neck CASA and a member of the Union First Market Bank regional board.

Farm website caters to beginning farmers

The demand for information on how to start farming continues to grow, and a new U.S. Department of Agriculture website is designed to be an easy place to start looking.

Start2Farm.gov helps visitors find local programs to help them learn about a career in agriculture, as well as to help existing farm operations grow or transition to new owners. Virginia's Farm Link program is one of several mentioned on the site.

"Once you go into that beginning farmer portal, there are several resources there, and they're adding them and growing it as well. We represent one of the efforts in Virginia," said Kelli Scott, a farm mentor coordinator with the Virginia Beginning Farmer &

Rancher Coalition Project.

"Agriculture is a very diverse field; there are a lot of different folks getting into farming. Some are young and just getting into farming; some are coming into agriculture as a second career; some of them have inherited land and are just now learning about farming," said Scott. "If you're computer-literate, this site will be a very helpful introduction to agriculture."

The Beginning Farmer and Rancher project is in its third year at Virginia Tech. Supported by a USDA grant, it is one of almost 50 individual state projects designed to help would-be farmers learn how to survive and thrive in a highly technical and competitive industry.

SERVICE NOTE

Pfc. Joseph T. Gordon

Marine Corps Pfc. Joseph T. Gordon, the son of Kenneth D. Gordon Sr. of Farnham, recently completed 12 weeks of basic training at U.S. Marine Corps Recruit Depot, Parris Island, S.C., designed to challenge new Marine recruits both physically and mentally.

Gordon and fellow recruits began their training at 5 a. m., by running three miles and performing calisthenics. In addition to the physical conditioning program, Gordon spent numerous hours in classroom and field assignments which included learning first aid, uniform regulations, combat water survival, marksmanship, hand-to-hand combat and assorted weapons training. They performed close order drill and operated as a small infantry unit during field training.

Gordon and other recruits also received instruction on the Marine Corps' core values—honor, courage and commitment, and what the core values mean in guiding personal and professional conduct.

They ended the training phase with The Crucible, a 54-hour, team evolution culminating in an emotional ceremony in which recruits are presented the Marine Corps Emblem, and addressed as "Marines" for the first time in their careers.

State posts revenue growth

Gov. Bob McDonnell recently announced March general fund revenue collections rose 7.6%. The year over year increase was driven in large part by growth in sales and corporate income tax receipts. March is typically not a significant month for revenue collections.

On a year-to-date basis, total revenue collections have risen 5.3%, ahead of the revised annual forecast of 4.6% growth. Adjusted for the accelerated sales tax program, state revenues have grown 4.9%, close to the economic base forecast of 4.7% growth.

The March revenue gains were reflected across nearly all major revenue sources

except individual withholding, which declined by 5%. Individual non-withholding grew by 5.9%.

Sales tax receipts increased by 11.1% in one month. On a year-to-date basis, sales tax collections have risen 5.7%, compared to a projected annual growth of 1.8%.

Compared to March 2011, corporate income tax receipts have grown 16.4%.

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Rappahannock General Hospital holds 35th anniversary open house

by Shannon Rice

In recognition of its 35th anniversary, Rappahannock General Hospital provided full access to its patrons during an open house event April 19.

The celebration activities included guided tours, free screenings, a LifeEvac3 helicopter, nutrition consultations and the Bon Secours Care-A-Van.

"Everything has been upgraded in the last five years and we wanted our community to see that first-hand," said RGH Foundation executive director Jimmie Carter.

Technological advances at RGH include digital mammography, nuclear medicine stress testing, upgraded x-ray equipment and a new echocardiograph machine. The hospital is also moving towards a paperless health records system. This will include barcode wristband scanning and

secured medicine carts.

"The system is part of increasing safety measures and makes for better communication and extremely limited error," said vice president of nursing Ann Gumina.

Other improvements have come as a result of RGH's recent affiliation with Bon Secours. The Bon Secours Care-A-Van serves as a free clinic providing healthcare to individuals without insurance. Access to the Massey Cancer Center in Richmond is now available. Bon Secours is even sending in E.R. staff to cover shifts at RGH.

Future plans include the use of therapy units in the palliative care unit, more private rooms, and an expanded psychiatric wing.

"It's really a blessing to come here," said Gumina. "Not many hospitals of this size have such a robust caliber of equipment and services."



Bon Secours' "Bonnie the Bunny" made her Rappahannock General Hospital debut during its 35th anniversary open house celebration.

Hospital honors volunteers; auxiliary makes annual donation

Each year during National Volunteer Week, the Rappahannock General Hospital board of directors, administration, medical staff and employees recognize the volunteers who contribute numerous hours of service working in the hospital, gift shop or at Lifeline.

In honor of the RGH Volunteer Auxiliary, the hospital held its 35th annual Volunteer Appreciation Luncheon April 20 at Indian Creek Yacht and Country Club.

The luncheon opened with a social provided by the hospital medical staff and RGH presented a gift to each volunteer.

Auxiliary president Linda Cales welcomed everyone and the auxiliary prayer was led by vice-president Lyle Avent. Treasurer Shirley Pitman presented a check for the funds the auxiliary raised over the last year, totaling \$41,000, to RGH president and chief executive officer James M. Holmes Jr. The money was from a combination of activities in which they volunteer their time which include the



The Rappahannock General Hospital Volunteer Auxiliary recently presented its annual gift to the hospital. From left are Dee Wise, Lyle Avent, Shirley Pitman, James M. Holmes Jr., Linda Cales and Neil Avent.

hospital gift shop, the Tree of Life program, Lifeline and numerous fundraisers.

Holmes thanked the volunteers for their 35 years of dedication, service and loyalty. The 94 volunteers were commended for 15,595 hours of service. The auxiliary has volunteered a total number of 655,152 hours since the hospital opened in 1977.

Holmes also thanked them for the generous donation, which will be used towards patient care at RGH. Vice-president of nursing Ann Gumina thanked the volunteers, and recited a poem about volunteer appreciation.

The 2012-13 auxiliary officers are president Lyle Avent, vice president Elizabeth Hub-

bard, treasurer Shirley Pitman and secretary Lynn Jones.

The auxiliary thanked the community for supporting them through the Gift Shop, Tree of Lights, Lifeline and other fundraisers including Pizza Hut "We work for tips" and jewelry sales. If you are interested in volunteering at the hospital, call 435-8546 to join the auxiliary.



Rappahannock General Hospital recognized its volunteer groups in honor of Volunteer Appreciation Week. The RGH Volunteer Auxiliary and the Seconds Unlimited Volunteers were presented flowers and plaques to show the hospital's appreciation for their dedicated service. From left, auxiliary president Linda Cales, RGH president and chief executive officer James M. Holmes Jr., Seconds Unlimited manager Missie Arenson and RGH Foundation executive director Jimmie Carter display new posters.

RGH posts CPR class schedule

Rappahannock General Hospital recently announced the May CPR course schedule offered by American Heart Association Instructors.

Classes are approximately four hours long, said Cindy

Myers. Books are available upon request.

The course, Basic Life Support for Healthcare Providers, will be offered May 7, 9, 24 and 29. Classes will begin at 8 a.m.

For non-hospital employees, the fee is \$45. To register, contact Myers at 435-8280.



Prize winner

Megan Stephens took home the grand raffle prize last Thursday from the Rappahannock General Hospital open house celebration, a "Fun in the Sun" gift basket provided by Walgreens of Kilmarnock. The celebration was in recognition of the hospital's 35-year anniversary serving the Northern Neck and Middle Peninsula communities.

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Free legal assistance

Rappahannock Legal Services managing attorney John R. Rellick will offer free legal services to Northumberland residents from 10 a.m. to 1 p.m. April 26, May 10 and May 24 at First Baptist Church at 3585 Courthouse Road in Heathsville.

Limited free legal services are offered. Call 443-9393 or 1-800-572-3094 to determine eligibility and reserve an appointment time.

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Ronald McDonald visits

Signaling a recent renovation project complete, McDonald's in Kilmarnock held a grand opening celebration last Saturday complete with a children's magic show conducted by Ronald McDonald himself. Photo by Shannon Rice

Businesses and community to conduct benefit

T-Town Tack in Tappahannock and Broaddus Farms in Bowling Green will sponsor a fundraiser April 28 to benefit China Collins, who suffers complications from rheumatic fever.

She is the daughter of Jimmy and Angel Collins of Essex County. Collins is employed by Broaddus Farms.

Following a 26-day hospital stay, the sixth-grader's medical bills exceeded a million dollars. Although insurance will cover 80%, the Collins family will have to raise the remainder.

The fundraiser will be held at T-Town Tack at 1251 Tappahanock Boulevard.

Jo Lynn Farmer of T-Town Tack said activi-

ties will include pony rides and face painting. Maxie Broaddus will display his monster truck designed by Dennis Anderson, she added.

BUSINESS BRIEFS

■ New hours

The Lighthouse Thrift Shop of Corrottoman Baptist Church in Ottoman has established new hours and telephone number.

The shop is open from 9 a.m. to 3 p.m. Thursdays through Saturdays. The phone number is 462-0062.

■ Calling artists

The annual Memorial Day Art Show will be held from 10 a.m. to 5 p.m. May 26 and 27 at the Tides Inn in Irvington.

Artists, craftsmen and vendors interested in participating may contact retail supervisor Kathleen Kehoe at 438-4440, or retailshops@tidesinn.com for guidelines and applications. The application deadline is May 10.

There will be barbecue for sale and Indian River Humane Society will have an adoption stand. The WRAR/WNNT Fun Bunch will broadcast from the store and offer folks a spin on the fun wheel for a chance to win \$100 and other prizes.

There will be a sidewalk sale and discounts ranging from 10 to 75% storewide, said Farmer.

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Deltaville Dealer Days due May 5 & 6

Deltaville yacht dealers will sponsor Deltaville Dealer Days from 10 a.m. to 4 p.m. May 5 and 6. This is the fifth year Annapolis Yacht Sales South, Chesapeake Yacht Sales, Gratitude Yachting Center and Norton Yachts have combined to host this event. The public may view, inspect and buy America's top new boat brands, as well as a large number of used boats.

Each dealership will host an open house. Visiting all four will provide an opportunity to inspect sailboat lines including Beneteau, Catalina, Hunter, Island Packet, Jean-

neau, Sabre, and Harbor Day-sailors. Among power boats to be displayed are Carolina Classic, Mainship Trawlers, Eastern Boats and Beneteau's Swift Trawler. Twenty-one businesses will participate.

Event sponsors will display related signs at their premises. Registrants at each dealership will qualify for the May 8 grand prize drawing, a three-hour Chesapeake Bay Sunset Cruise for up to 25 of the winner's family and friends on the TORTUGA, a 57-foot Chesapeake Bay Deadrise.

If you're in the market

to buy a sailboat, or simply dreaming about it...Deltaville Dealer Days and Boat Show is the place to be May 5th and 6th," said Carolyn Norton Schmalenberger of Norton Yachts.

Skip Madden of Gratitude Yachting "expects to have an Island Packet in the water and an Eastern Boat displayed on land and anticipates an even greater turnout than last year."

Anne and Jonathan Hutchings of Annapolis Yacht Sales South "are excited to have the new Beneteau Oceanis 41, the Beneteau 43 and the

Swift Trawler 34 to display as well as a large range of used boats," adding that 2012 is off to a galloping start.

"We always look forward to meeting new people coming to shop for boats during Deltaville Dealer Days" said Onna Grimm, owner of Chesapeake Yacht Sales/Deltaville Yachting Center. We know people who are driving from West Virginia, North Carolina and Maryland for the weekend. It's so much fun to watch families enjoy the 'Deltaville atmosphere' and learn more about the right boat for them."

Middle Bay Boat Show set May 5 & 6

Norview Marina in Deltaville will host the second annual Middle Bay Boat Show, a land and in-water event, from 10 a.m. to 6 p.m. May 5 and 11 a.m. to 5 p.m. May 6.

The show will be sponsored by Chesapeake Bay Magazine, West Marine, Richmond's K95 Country and the Virginia Marine Trades Association, said Norview Marina

owner Ernie Asaff. Several boat brands will be featured, including Grady-White, Cobia, Parker, Sea Fox, Sea Cat, Edgewater, Key West, Chapparral, Scout, Carolina Cat and Polar.

More than 30 exhibitors will showcase everything from marine electronics to custom canvas products and marine fuel polishing services, said Asaff.

The Deltaville Maritime Museum will display Explorer, a fully functional sailing and rowing replica of the shallop Capt. John Smith used to explore and map the Chesapeake Bay in 1607-1608, he said.

"In 2011, we created a smaller, more intimate show experience for buyers and exhibitors here in Deltaville and everyone seemed to

enjoy it," said Asaff. "Most exhibitors did very well and asked us to host the show again. This year we're very pleased to have a special attraction—a 31-foot Jamestown replica, courtesy of the Deltaville Maritime Museum. This boat is a symbolic reminder of Deltaville's rich history and its heritage of boat building."

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