Rappahannock Record

Thursday, June 1, 2006 • Kilmarnock, Virginia • Eighty-ninth Year • Number 34 • Three Sections • 50¢

American Legion Adams Post 86 member William Elswick carries Old Glory during the Christ Church Memorial Day ceremony.

Survival of freedom requires 'great cost, commitment, and personal sacrifice'

by Joan McBride

The initiated knew to arrive early last Monday to get a boxed pew of their choice at Christ Church. The acoustics caused the circa 1735 interior to echo the many voices like a beehive with amplification.

By the time the Memorial Day Service started some folks were seated single-file right down the center of a side aisle while several chose to stand.

Large open doorways on three sides of the rectangular interior gave the feel of an open-air cathedral. The three wide aisles traced the shape of a cross.

From the balcony high above, the Lancaster High School Band Ensemble provided accompaniment to hymns whose themes spoke of God's grace and assistance in our modern lives as well as our shared historical past.

Representatives from several branches of the U.S military and the American Legion participated in the service as readers of Biblical verses or marched in the color guard or offered special introductions.

Retired U.S. Air Force Col. Arval J. Roberson and American Legion Adams Post 86 Commander James E. Kelly were honored in a wreath ceremony.

Adding a special flare to the ceremony was bagpiper and retired Army Col. James R. Stuart.

Offering the address Monday morning was Del. Robert J. Wittman, who came to Westmoreland County as a teenager, returned years later with a doctorate in public policy administration, and since 2005 has served the area in the Virginia House of Delegates.

(continued on page A16)

Balancing out-of-county student enrollment is more than a tuition issue

by Joan McBride and Reid Pierce Armstrong

KILMARNOCK—Lancaster County opened debate last month over the benefits and hardships of educating out-of-county students.

In a budget work session among the Lancaster supervisors, school board members and administrators, school board members expressed surprise to learn that 69 students from other districts now attend Lancaster schools.

That number represents a jump of more than 80 percent from last year.

Tim Guill, the director of operations and maintenance for Lancaster schools, said the number of out-of-county students tends to fluctuate from one year to the next. In the past five years, out-of-county enrollment has ranged from 31 to 69 students.

Lancaster County requires out-of-county students to make application and school officials consider criteria such as SOL test scores, attendance records, behavior or discipline problems and special needs. In addition, principals decide if additional students can be physically accommodated at a certain grade level and still keep the teacher/student ratio below a designated level.

According to Guill, Lancaster schools received 96 applications for the current school year and denied 21. Approved were 61 from Northumberland, eight from Richmond County, three from Middlesex, one from Henrico and two from Mathews.

Of the 75 applications approved, six students "elected to go to schools in their county of residence," said Guill.

Out-of-county students choose to attend Lancaster schools for a variety of reasons, according to school officials. Many live along the county line. Northumberland reaches into Kilmarnock, and Lancaster schools are closer for those families. Some have parents working at jobs in Lancaster who transport their kids to school. School teachers are allowed to enroll their children in the district of employment, accounting for 13 out-of-county students in Lancaster. There may be some parents who prefer one school district to another.

Northumberland averages far fewer out-of-county students than Lancaster, about 20 to 25 per year. This year, 11 of those students came from Lancaster.

"Our policy is to accept any students who apply provided it will not add to the cost of the school's operation," said Northumberland superintendent Clint Stables. Only two students were denied this year because their attendance would have required an additional teacher at that grade level.

Neither Northumberland or Lancaster charges tuition to out-of-county students. Some county officials and citizens believe a tuition should be imposed.

"The school board really

(continued on page A15)

Everybody has a story . . . .

An occasional column by Lisa Hinton-Valdrighi profiling interesting neighbors around the Northern Neck

Betty Bridgeman of Reedville whips up a batch of cookies, which she routinely sends as part of care packages to friends and relatives in the military.

Betty Bridgeman sweetens tours of duty

Betty Bridgeman pours a lot of love into her cookie batter. Mixed with flour, sugar, butter and chocolate is a heaping spoonful of appreciation.

"This is something I can do for them for all that they do for us, for fighting for our freedom," said Bridgeman, wiping a tear.

She gets emotional while talking of her loved ones' service in the armed forces. She's committed to making their time served a little sweeter.

Poring over her cookie file — a deep wooden box with hundreds of recipes — Bridgeman pulls out a tattered magazine page that's obviously been used dozens of times. It bears the recipe of her grandson Zach Bridgeman's favorite cookie, White Chip Orange Dream Cookie.

Zach is away, serving in the Army in Germany. He's one of about a dozen or so soldiers that Bridgeman routinely sends care packages. Inside the boxes, protected by mounds of popcorn, are her confections — peanut butter burst cookies, oatmeal chocolate chip, Reese's peanut butter cookies and chocolate chip walnut. The list makes one's stomach rumble.

Bridgeman has been sending her sweet little pieces of home all over the world for 59 years.

She started shipping her homemade goodies overseas way back in 1947 when her husband, Sam, was in the Navy. Back then, the two were sweethearts. They started dating while he was in the Navy and over a five-year-period, while engaged, saw each other a total of 90 days.

So, Bridgeman knows first-hand how difficult it is to have a loved one in harm's way on the other side of the world.

Since 1947, she's been making cookies for friends, relatives and relatives of friends away at college and in the armed forces.

Father Dan Mode, who serves on a Catholic committee with the Bridgemans, received lots of cookies during his two-year tenure in Afghanistan. So does her grandson and sons and daughters of friends in the Northern Neck.

She bakes when the mood strikes and when it strikes, she bakes a bunch.

"I make about 200 or 250 cookies at

(continued on page A15)

Inside

■ **School negotiations:**
Northumberland conferring with three companies on new combined middle and high school.....**B10**

■ **To the water:**
New three-county authority seeks ways to open additional access to shorelines.....**B1**

■ **Medals awarded some 60 years late:**
Norris Chamberlain receives the Distinguished Flying Cross and the Air Medal with five gold stars, some 60 years after earning them.....**A7**

Eight advance to State: A11

Business.....B5-6
Calendar.....A2-3
Churches.....B2-4
Classified.....C1-7
Directory.....C12-13
Obituaries.....B3
Opinion.....A4
Police.....B1
Schools.....B7-9
Sports.....A10-14
Upcoming..A2-3, 5+
Notices.....C10-12

In the nets, for a shot at regionals

Leif Mieras of Lancaster High (left) slips a shot past diving Rappahannock High goalkeeper Andrew Harbin to score the Red Devils' first goal of last week's district semifinal. The Red Devils beat the Raiders, 7-1, in the match and have a home berth in this week's Region A tournament. More match coverage appears on page A10.

Photo by Lisa Hinton-Valdrighi

June

1 Thursday

Bingo is played at the American Legion Post 86 on Waverly Avenue in Kilmarnock at 7 p.m.
The RFM Modelers meet at 10 a.m. at Reedville Fishermen's Museum. 453-6529.
Al-ANON meets at 8 p.m. at Palmer Hall in Kilmarnock.
Al-ANON meets at 7 p.m. at Riverside Warsaw Medical Arts building in Warsaw.
The White Stone Town Council meets at 7 p.m. at the town office.
The Marine Corps League Detachment meets at 7:30 p.m. at the Callao firehouse. 580-3803.
The Wetlands Board for Northumberland County meets at 7:30 p.m. at the courthouse in Heathsville.
The Airport Club Of Hummel Field meets at 6 p.m. for a dinner meeting at The Pilot House at Topping. 758-5500.
The Board of Supervisors for Lancaster County will hold a budget work session at 4 p.m.
The Irvington Town Council will hold a special budget planning meeting at 7:30 p.m. at the town office.

2 Friday

Bingo is played at the Upper Lancaster Ruritan Center in Lively at 7:30 p.m.
Bingo is played at the Mid-County Rescue Squad Building in Heathsville at 7 p.m.
The RFM Stitchers meet at 9:30 a.m. at Reedville Fishermen's Museum. 453-6529.
The RFM Quilters meet at 1 p.m. at Reedville Fishermen's Museum. 453-6529.
Dessert Bridge And Mahjong will be played at the Woman's Club of White Stone at noon. $4. For reserved seating, call Carolyn Reed at 435-6207.
Steve Keith will be featured at Rose's Crab House in Kilmarnock.
Fully Loaded will rock the deck at Smokin' Joe's in Kilmarnock from 5:30 to 9:30 p.m. 435-6000.
Sweet Justice will play for the NorthernNeck.com rollout party off Main Street in Kilmarnock from 7 to 10. The concert is free.

3 Saturday

Steve Keith will be featured at Café Mojo in Urbanna. The show will begin around 8 p.m. 758-4141.
The Wayne T. Holt Band will provide music for the fifth annual Beef Roast sponsored by the Upper Lancaster Ruritan Club from 4 to 8 p.m. at the Upper Lancaster Ruritan Center near Lively. $15 adults, $6 children.
A Horseshoe Tournament will be held in conjunction with the fifth anual Beef Roast. Registration will begin at 2:30 p.m. and competition at 3 p.m. The fee is $10 per team with a cash prize for first place.

On the road again

The cast of "Driving Miss Daisy" takes to the highway. From left are Bev Mangan as the cantankerous Miss Daisy, Jason Strong as her exasperated son Boolie, and Gernard Reed as the ever affable chauffeur Hoke. The play is produced by The Westmoreland Players and runs June 9-25 at the Playhouse in Callao. For reservations, call 529-9345.

3 Saturday

A Fish Fry and Car Wash will be held at New St. John's Baptist Church in Kilmarnock. The menu includes fried fish, fried potatoes and onions, baked beans, cole slaw, a cup cake and drinks. $8 per meal; delivery is an additional $2. The fee for a car wash only is a donation.
A Standard Flower Show will be held by the Rappahannock Garden Club from noon to 4 p.m. at Rappahannock Westminster-Canterbury near Irvington.
Red Hat Day will be celebrated in Kilmarnock. The Kilmarnock Chamber of Commerce and the Rivah Crab Pots will host over 45 different clubs. A variety of activities are planned throughout town.
The Irvington Farmers' Market will be held from 9 a.m. to 1 p.m. on the Irvington Commons.
The Northern Neck Boat And Bike Show will be held at Naylor's Beach to benefit the Richmond County Family YMCA. $5 per vehicle. Prizes will be available in multiple categories. Dr. Julie Ball and other top anglers will speak during an associated fishing workshop. 333-4117.
A Free Instructional Clinic For Women Only will be held by The National Rifle Association's Women On Target program at the Rappahannock Pistol and Rifle Club at 640 Blueberry Point Road in White Stone. The clinic will begin at 8:30 a.m. and conclude at 3 p.m. To register, contact clinic coordinator Peggy Cathey at 438-6069.
Party on the Potomac returns to the Colonial Beach Town Commons. 224-3565.

3 Saturday

The Annual Church Yard Sale will be held from 8 a.m. to 1 p.m. at St. Fancis de Sales Church in Kilmarnock. The sale is sponsored by the Knights of Cloumbus.
A Relay For Life Celebration will be held at Northumberland Elementary School in Claraville. An opening ceremony will begin at 10 a.m. Brunch will follow for survivors. A silent auction will be held from 5 to 8 p.m. and a luminaria ceremony will begin at 8:30 p.m..
A New World Discoverers program will be held at Belle Isle State Park from 2 to 5 p.m. $5 per person.
A Sunset Canoe Trip will be held at Belle Isle State Park from 6:30 to 8:30 p.m. $6 per person.
The Ball in the Halls fund-raiser for the Northern Neck Family YMCA will be held at YMCA facilities at 39 Harris Drive in Kilmarnock. The formal affair begins at 6:30 p.m. Call 435-0223 for information.
The Christchurch School Graduation will be held at 10:30 a.m. on the Headmaster's Lawn.
A Field Outing sponsored by the Northern Neck Chapter of the Virginia Native Plant Society will be held at 2 p.m. at Hickory Hollow Natural Area Preserve.

4 Sunday

The Widowed Persons Service for Lancaster and Northumberland counties holds its lunch brunch at Eckhard's in Topping immediately following church services.
A Vineyard Stroll will begin at 1 p.m. at Ingleside Vineyards in Oak Grove. Walk and chat with the vineyard manager, winemaker or proprietor. Wine tasting. Free, however reservations recommended. 224-8687.

4 Sunday

Mercy Creek will be featured at J.M. Randalls in Williamsburg at 9:45 p.m.
An Afternoon Jazz Concert will be presented by the Lancaster High and Middle school jazz bands at the LMS Theater in Kilmarnock. The concert begins at 3 p.m.
The Baccalaureate Service for the Lancaster High School Class of 2006 will be held at 7 p.m. at Claybrook Baptist Church in Weems.
The Baccalaureate Service for the Northumberland High School Class of 2006 will be held at 7 p.m. at Zion Baptist Church in Lottsburg.

5 Monday

The First-Place Weight-Loss Class meets at 6:45 p.m. at the White Stone Church of the Nazerene Family Life Center at 57 Whisk Drive. 435-5701.
The Historyland Community Workshop volunteer craft group meets at the Lancaster Woman's Club from 10 a.m. to 2 p.m. Brown bag lunch. Guests welcome.
A Birding Class will be held by the Northern Neck Audubon Society at 6:30 p.m. at Grace Church in Kilmarnock.
The Northern Neck Audubon Society meets at 7:30 p.m. at Grace Episcopal Church. Nature photographer Dr. William H.D. Leaning will speak.
The Kilmarnock Town Council will hold a special meeting and public hearing on the 2006-07 budget at 7 p.m. at the town hall.

6 Tuesday

The Kilmarnock & District Pipe Band rehearses at 7:15 p.m. at Campbell Memorial Presbyterian Church in Weems. 462-7125.
Al-ANON meets at 8 p.m. at Kilmarnock United Methodist Church.
Duplicate Bridge will be played at the Woman's Club of Lancaster at 1 p.m. 462-0742.
U.S. Rep. Jo Ann Davis's Staff will conduct satellite office hours from 10 a.m. to noon at the Lancaster Community Library at 235 School Street in Kilmarnock; and from 2 to 4 p.m. at the Northumberland Public Library at 7204 Northumberland Highway in Heathsville.
Duplicate Bridge will be played at 12:15 p.m. at the Northumberland Woman's Club in Lottsburg.
The Kilmarnock Chamber of Commerce meets at 8 a.m. at the town office in Kilmarnock. 435-1302.
The Northern Neck Chapter of the National Active and Retired Federal Employees Association will meet at 2 p.m. at the Northern Neck Electric Cooperative building in Warsaw. Rev. Janine Howard will speak on her recent trip to Ireland.

(continued on page A3)

LET'S EAT!

Your guide to the most delicious food & tastiest treats in the Northern Neck and Middle Peninsula.

THE BLUE HERON PUB & GRILL: 37 N. Main Street, Kilmarnock. Casual dining with a diverse menu. Full bar with an excellent selection of specialty draft and bottled beers and extensive wine list. Open for lunch and dinner from 11 am-10pm, Tuesday-Saturday. 804-435-7005.

CONRAD'S UPPER DECK: Waterside restaurant overlooking the Rappahannock River, specializing in fresh local seafood. Full menu-All you-can-eat buffet. Boat dockage. Friday & Saturday only. 5-9pm (D) Route 624, Mollusk 462-7400.

DIXIE DELI: Family owned and operated (forever!) Serving lunch 5 days a week, Mon-Fri., 10:30-3:00, Subs, soup, our famous potato & chicken salad and sandwiches, 50 Irvington Rd., Kilmarnock 435-6745.

FADED GLORY CRUISES: -Irvington "Faded Glory"-the Hope and Glory Inn's classic 1952 Chesapeake Bay dead rise. **Friday Night Crab Cruises:** $65 per person/wine and beer inclusive. Departure 6:30 pm-90 minutes. **Saturday Cocktail Cruises:** $30 per person/Libations a la carte. Departure: 4:30 pm. 90 minutes. Reservations required for cruises-438-6053 and 800-497-8228.

HOPE and GLORY INN: ***Dinners at our Chef's Table:*** $65.00 per person++/Four courses/wine paired/one table limited to 18/prix fixe/7 pm. Reservations required for dinners-438-6053 and 800-497-8228. 65 Tavern Road and King Carter Drive, Irvington.

LANCASTER LANDING RESTAURANT: Seafood, Steaks and daily dinner specials. Located at the foot of the White Stone Bridge. Hours: Main Dining Room: 5:00–10:00 Tues.–Sat; Lounge Dining Room: 4:00–12:00 Tues.–Thursday & 4:00–1:15 Fri. & Sat. Entertainment Friday & Saturday (in the lounge). 436-9060

THE MOUNT HOLLY STEAMBOAT INN: Overlooking beautiful Nomini Creek in historic Westmoreland County. Winter Hours Dinner Wednesday to Saturday. 5:00-9:00 Grand Sunday Brunch Buffet 11:00-2:00. 804-472-9070. 3673 Cople Highway (Rt. 202 at Nomini Bay) www.mthollysteamboatinn.com

PAPERBACK WRITER: 367 Chesapeake Drive, White Stone 804-436-9339. Open 8 a.m. to 5 p.m. daily, 9 a.m. to 4 p.m. Sat. Closed Sundays. Fresh Arabica Coffees, espresso, cappuccino, fresh baked pastries and sweets, reading rooms, music, free WiFi for customers.

SANDPIPER RESTAURANT: Est. 1982. Casual relaxed dining with friendly service. Featuring nightly specials, charbroiled steaks and fresh seafood dishes. Full menu. (D) Route 3, White Stone. 435-6176.

SKEETERS Home of the famous Buster Burger! Thursday Shrimp Night, Friday Crab Cake Night. Daily Lunch Specials. 5360 Mary Ball Road, Lively. 804-462-5700.

THE STEAMBOAT RESTAURANT: Enjoy casual dining while overlooking the beautiful Piankatank River Golf Club. We offer a traditional lunch menu, gourmet and traditional evening menus and Sunday Brunch selections. Open Tues.-Sat., 11:00 am - 2:30 pm, Thurs., Fri. & Sat. evenings 5:30 pm - 9:00 pm, and Sunday Brunch 10:30 am - 2:00 pm. Banquets, functions and group outings also available. Call 776-6589 (Reservations suggested). Located off Rt. 33 at 629, Hartfield, Va.

THAI POT: Authentic Thai cuisine. Serving lunch and dinner. Dine in and carry-out. Hours: Tuesday-Saturday Lunch: 11:30am-3pm. Dinner: 5:30pm-9pm., Catering available. 238 N. Main St., Kilmarnock, 436-Thai.

THE TAVERN RESTAURANT: In the heart of Heathsville, Va. Chef Branden Levine serves a pleasing Progressive American Cuisine. Enjoy steak, seafood, chicken, lamb, and gourmet desserts. Open for lunch: Wednesday - Saturday 11:30 - 2:30, Dinner: 5:30 - 9:00 and Sunday Brunch 10:30-2:00. Call 804-580-7900 for reservations.

TOWN BISTRO: Casual upscale dining in an intimate setting. Featuring contemporary American Regional Cuisine. Wine & Beer on premises. 62 Irvington Road. 804-435-0070. Monday-Saturday 5pm till.

WILLABY'S: Comfortable casual atmosphere. Featuring daily chef's specials, gourmet burgers & delectable desserts. Eat in or carry out available. Monday-Saturday 11-3. Items available for take home until 4:00. White Stone. (L) 435-0044.

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Mon. – Thurs. (5:00), 7:45
OVER THE HEDGE (PG-13) 1 HR 30 MIN
Fri. (4:15), 6:15, 8:00
Sat. (2:15, 4:15), 6:15, 8:00
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Students, Senior Citizen & Active Military $3.50 for all shows
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X MEN: THE LAST STAND (PG13) 5:10, 7:30, 9:45
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OVER THE HEDGE (PG) 5:15, 7:10, 9:25
CALL THEATRE FOR ADDITIONAL FILMS & SHOWTIMES
THE OMEN OPENS TUESDAY JUNE 6
SAT. JUNE 3
X MEN: THE LAST STAND (PG13) 12:45, 3:00, 5:10, 7:30, 9:45
THE DA VINCI CODE (PG13) 1:00, 4:00, 7:00, 9:50
OVER THE HEDGE (PG) 1:15, 3:15, 5:15, 7:10, 9:25
CALL THEATRE FOR ADDITIONAL FILMS & SHOWTIMES
THE OMEN OPENS TUESDAY JUNE 6
SUN. JUNE 4
X MEN: THE LAST STAND (PG13) 12:45, 3:00, 5:10, 7:30
THE DA VINCI CODE (PG13) 1:00, 4:00, 7:00
OVER THE HEDGE (PG) 1:15, 3:15, 5:15, 7:10
CALL THEATRE FOR ADDITIONAL FILMS & SHOWTIMES
THE OMEN OPENS TUESDAY JUNE 6
MON. JUNE 5
X MEN: THE LAST STAND (PG13) 7:30
THE DA VINCI CODE (PG13) 7:00
OVER THE HEDGE (PG) 7:20
CALL THEATRE FOR ADDITIONAL FILMS & SHOWTIMES
TUES-THUR. JUNE 6-JUNE 8
THE OMEN (R) 7:20
X MEN: THE LAST STAND (PG13) 7:30
THE DA VINCI CODE (PG13) 7:00
OVER THE HEDGE (PG) 7:15

Area Events

■ Raffle winners

Office manager Julie Dudley of the American Red Cross last week announced the winners of the Red Cross raffle at the Kilmarnock Crab Festival May 19 and 20 are Ruth Ball, Connie Felvey, Anne Davila and Emma Robertson, all of Lancaster

■ Yard sale

The Sharon Baptist Church Missionaries will have a yard and bake sale June 9 on the church lawn.

■ Museum barbecue

The Morattico Waterfront Museum will hold its spring event, Billy's Barbecue, from 4 to 8 p.m. on June 10 at the museum in Morrattico.

Feasting will begin at 5 p.m. in the James Vick Pavilion. The menu will include Billy's famous barbecue pig and chicken, bean salad, cole slaw, potato salad, sodas, cake and a cash bar. Entertainment will be provided by the Randy Davis Band. There will also be door prizes and horseshoes.

■ Summer vacation

Summer vacation, that special time of year for all children, is not far away. The Fresh Air Fund is seeking more families to give inner-city children a two-week vacation this summer. By volunteering as a host family for The Fund's Friendly Town program, one can help give a child a break from the hot and crowded city streets.

Hosts can select the gender and approximate age of their visitor. To learn more about hosting a Fresh Air child, call Mary Beth Deutsch at 285-3354, The Fresh Air Fund at 800-367-0003, or visit www.freshair.org.

■ Relay for Life

The Relay For Life event previously scheduled at Northumberland High School June 3 will move to Northumberland Elementary School. The school is off Route 360 on Academic Road in Claraville.

All activities will remain the same. The opening ceremony is at 10 a.m.; brunch for survivors' follows. A silent auction will be held from 5 to 8 p.m. and a Luminaria Ceremony is at 8:30 p.m.

■ Heat relief

Bay Aging has received funding from Dominion Virginia Power for the Fan Care Program to help provide free fans to the elderly (60 and over) who meet eligibility criteria.

The Fan Care Program begins June 1 and continues through September 29. To obtain a fan, call 1-800-493-0238.

Kinsale's 300th

On September 16, the town of Kinsale will celebrate its 300th birthday. This seaport village has been continuously occupied since the 1600s.

Many events are planned including a parade, firework display, colonial life demonstrations, re-creation by the Mattaponi tribe of an Indian village, and working watermen and farming demonstration. There will be music, food vendors, artists and artisans.

Watch the Blue Boxes for
The Rivah!
Published June

Upcoming

(continued from page A2)

6 Tuesday

A Photoshop Special Interest Group meets at 9 a.m. at the Lancaster Community Library in Kilmarnock. The contest theme is fog or mist. 580-2538.

7 Wednesday

The Rotary Breakfast Club meets at 7:30 a.m. at Lee's Restaurant in Kilmarnock.
The Kiwanis Club meets at 7:30 a.m. at St. Andrews Presbyterian Church in Kilmarnock.
The Rotary Club for Kilmarnock, Irvington and White Stone meets at 12:30 p.m. at Rappahannock Westminster-Canterbury.
The Northern Neck Bay Tones meet at 2:30 p.m. at St. Andrews Presbyterian Church in Kilmarnock. 438-5127.
The RFM Quilters meet at 9:30 a.m. at Reedville Fishermen's Museum. 453-6529.
The Woman's Club Of White Stone will meet at 11:30 a.m. at Rose's Crab House in Kilmarnock to honor its 2005 scholarship recipients. For reservations, call Nancy Lee at 435-0398.

8 Thursday

Bingo is played at the American Legion Post 86 on Waverly Avenue in Kilmarnock at 7 p.m.
American Legion Post 86 meets at 7 p.m. on Waverly Avenue in Kilmarnock.
The RFM Modelers meet at 10 a.m. at the Reedville Fishermen's Museum. 453-6529.
Al-ANON meets at 8 p.m. at Palmer Hall in Kilmarnock.
The Wetlands Board for Lancaster County will meet at 9:30 a.m. at the courthouse in Lancaster.
The Board of Supervisors for Northumberland County will meet at 3:30 p.m. at the courthouse in Heathsville. Public hearings begin at 7 p.m.
The Irvington Town Council will meet at 7:30 p.m. at the town office.
The Interfaith Service Council will meet at 7:30 p.m. at Wicomico Episcopal Church in Wicomico Church.
The Upper Lancaster Ruritan Club will meet at 6:30 p.m. at the Ruritan Center in Lively.
American Legion Post 117 will meet at 7:30 p.m. at the post home in Reedville.

(Submit calendar items to Robert Mason Jr., editor.)

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All proceeds given to non-profit organizations in our community

Excerpts

by Henry Lane Hull

This spring we have made three family forays to Williamsburg. In a city where restaurants abound and prices are substantially steep, we have rediscovered an old friend in Josiah Chowning's Tavern. It is part of the Colonial Williamsburg restoration and dates back to the original days of John D. Rockefeller Jr.'s bold plan to return the colonial capital to its glory days of the 18th century.

The actual tavern building, on Duke of Gloucester Street, near the large public square, is approximately midway between the Capitol and the College of William and Mary. The reconstructed building is simply appointed to cater to plain folks who like relatively plain, but tasty, food.

We had our first two meals inside and last Sunday, as we were out off normal hours, we dined under grape arbors in the garden behind the tavern. Inside, one sits at the simple table first to be greeted by a basket with some of Virginia's finest peanuts.

When I see the huge peanuts I think of Mary Selby, the Scottish lady whose late mother and father-in-law used to live in Kilmarnock. Mary rose to become the Chief Peanut inspector for the Commonwealth and if she were to dine at Chowning's, she undoubtedly would give the peanuts her highest marks, a comment I make as a self-proclaimed peanut connoisseur myself.

The corn chowder is utterly delicious, especially when accompanied by an oversize corn muffin. The Younger B.E. revels in the Brunswick stew, and the sandwiches are unbeatable, our favorites being the turkey and the ham with Gloucester cheddar cheese. The pint of corn chowder is quite reasonable at $4 and the muffin is $2. Together they make a complete meal.

The garden experience is interesting in that the shade provided by the overhead grape vines keeps the area cool on a hot day. I suppose the vines also produce, but I did not see any nascent grapes on our visit. The tables and benches, along with the chairs inside, are typical of what would have been there in the 18th century, and the serving staff dresses in appropriate colonial garb.

Personally, even more than the great cuisine, I enjoy the live entertainment in the form of musicians playing the violin and flute or fife. They introduce the pieces to set the tone of the colonial times they replicate and sing with the same gusto that one would expect from the crew of a British man-o-war or a privateer.

All four of us can dine at Chowning's for under $50, including the tip, or to be more politically correct, should I say, gratuity? The latter one gives with pleasure as the waiters and waitresses are courteous and gracious to the nines. Also, they are well-informed about the city and its restoration and delight in sharing their knowledge and in fielding questions.

A hidden benefit of dining at Chowning's is the walk back to the parking area. Not only is the scenery what one would expect from a jaunt through Williamsburg, it is also an excellent way to compensate for any feelings of guilt for having indulged one's appetite too fully.

Bon Appetit!

Delegate's Report

by Del. Robert J. Wittman

On Monday, May 22, the Senate passed a modified version of the House budget that funds all elements of government and sets aside $567 million for development of a transportation budget to be finished later this summer or early fall.

The Senate provided the condition that a transportation budget be developed no later than November with a dedicated source of revenue for statewide transportation funding, or the $567 million will go back to the general fund.

On May 25, the House set in motion a procedure for the Senate budget proposal to go to the budget conference committee. The committee met May 30 to begin negotiating the details of the final budget to be presented before both chambers. It is my hope that this process will take place quickly so that we will soon have a final budget.

It is imperative that we address our transportation problems. Beyond funding related construction, we must also reform our transportation planning and construction processes so we spend funds more efficiently and are held accountable for results.

Beyond new roads. the solution also must include rail and transit that move people and goods more efficiently and can relieve growing urban congestion and rural transit needs.

We must also combat transportation problems by giving localities more power to control growth and sprawl. As more families move to suburbs and exurbs, their commutes increase, as do the demands on roads and congestion. When localities have such controls, they can keep development to a level which the roads can handle.

On a different note, I have asked the House budget conferees to not agree to proposed cuts in dollars that go towards the Land Preservation Tax Credit program. The program is a highly successful public-private partnership that works to conserve farmland, natural areas, battlefields, and scenic open spaces throughout Virginia.

This program helps to preserve open spaces, supports family farms, and restore the Chesapeake Bay, and it also is a part of the solution to the traffic crisis that this state is facing. This tax credit is a free market tool against sprawl and for land conservation.

While I started my week on the other side of the state for the House majority retreat, I returned Monday for a busy Tuesday, May 23, when I joined Sen. John Chichester for the Northern Neck Christian Men's Group meeting. I then rushed to give a legislative update to the Richmond County Democratic Party.

The next morning, I had a great time with the Kilmarnock Kiwanis Club at their community service breakfast. They have provided significant monetary contributions to community service in the regions. The Kiwanis efforts and those of other community service organizations are much appreciated and improve the quality of life for all.

After breakfast, I went back to work and it has been work, work, work ever since. This past weekend I attended the Strawberry Festival in Heathsville and the Northern Neck Antiques Fair at Epping Forest.

On Memorial Day I had the opportunity to speak with groups at Christ Church near Weems and Bethel United Methodist Church near Lively. This was a great opportunity to honor those service men and women who have given so much for our country.

As always, if I can be of assistance, do not hesitate to contact me at robwittman@verizon.net or 804-493-0508. I hope everyone had a happy and safe Memorial Day.

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Letters to the Editor

Town needs flags

To The Editor:

Driving through Irvington over Memorial Day Weekend, the town was ablaze with American flags provided by the town, and White Stone merchants, particularly Mac Davis, adorned their businesses with flags in memory of those who have fought and died for our freedom. How sad that the Town of Kilmarnock did not have flags flying, perhaps attached to the new light posts in town.

I would like to suggest that next Memorial Day, flags are provided by the town and flown in Kilmarnock to remember those who gave so much.

Rebecca Tebbs Nunn
Kilmarnock

Missing stars

To The Editor:

I had a terrible shock tonight. The stars were gone. Once I could look up on a clear night and see thousands of twinkles. They glowed steady billions of miles to reach our eyes as we laid back in the soft grass and just gazed at them all. Here, unlike so many places left on earth, we could watch shooting stars and see the Milky Way.

Those days are gone. The new Kilmarnock lights have killed the stars. Their gentle light that was truly magic has been dimmed for good for over a mile outside of town. These lights were supposed to bring us back to days of old, but never has Kilmarnock had such horrible bright lights in place. It looks more like a car dealership than a "quaint village" as they intended. One can read the paper a block away at midnight.....how quaint is that?

I miss those ugly old street lights...they let the stars outshine them, they brought families together to make their wishes on the streaks of meteors, did not cause such awful light pollution. They made Kilmarnock safe without killing the magic that made Lancaster special. I ask that the town dim those lights... calm them down, and bring back the night.

Tara Simmons
Kilmarnock

Letters policy

Letters on any subject of public interest are welcome and encouraged. When writing, please observe the following guidelines.

DO:
- Be as brief as possible.
- Sign your name.
- Include your address.
- Include your phone number for verification or clarification purposes (the phone number will not be published).
- Include a hometown and phone number in all e-mail correspondence (send to editor@rrecord.com). E-mail letters without a hometown noted will not be published.

DO NOT:
- Write on personal matters.
- Praise or condemn private businesses.
- Send form letters.
- Send copies of letters written to others.
- Send personal thank-you letters.

All letters are subject to editing for length or potentially libelous statements.

Prom helpers acknowledged

To The Editor:

On behalf of the Lancaster High School Prom committee, thanks to those who made our May 6 prom a beautiful and extraordinary night. A special thanks to The Flower Cart in Kilmarnock for a wooden trellis for our photo backdrop and the beautiful silk flower arrangements; to Curry and Curry Pottery for the four heavenly angel statues which formed a beautiful entrance for our theme of "Just Like Heaven"; and to Bay Etching of Lively for expedient service and help with prom glasses.

A special thanks is extended to Norma Hernandez at Northumberland High School for the business namedropping, and to the staff and faculty at Lancaster High School for their support and helpfulness picking up items, returning items and giving advice to an amateur prom advisor.

The prom committee worked many long hours preparing for this special night and I appreciate their efforts immensely. We received many compliments on the decorations, photo background, music and overall attendance. Many thanks to everyone!

Alicia Young
Lancaster High School
Prom Advisor

Senator must be retiring

To The Editor:

Well, the votes are in and Sen. John Warner has cast his for amnesty. He has ignored the vast majority of his constituents and voted to allow the law breakers to apply for citizenship.

One of the specifics of the bill was that the U.S. would have to consult with Mexico before building a wall on the border between the U.S. and Mexico. How's that for subordinating your country's rights to a foreign power?

Sen. Warner, in his responses to constituents on these issues, has stated that we need a "reasonable" solution. He apparently thinks it reasonable to allow fraudulent use of social security numbers (probably a felony) and other acts of lawbreaking to prevail in processing new citizens for this country.

The scenes of anarchy recently seen on our streets did not concern him as it did us. Or perhaps he seeks the anarchists' votes more than ours.

It's time for the Senator to retire and let someone take over who supports the interests of the constituents. Can you tell that Sen. Warner is not up for re-election this year?

Morris Dillingham
Kilmarnock

Yesteryear in Lancaster

(A reprint from the June 1, 1906, issue of the Virgnia Citizen.)

Iberis

Schooner Loon is in Eastern Branch loading lumber for Mr. B. H Robinson of Lancaster.

Geo. R. McKenney is improving the looks of his house by the addition of a large kitchen. Jas. B. Slater, hustling merchant near Merry Point, has purchased a new saw-mill.

Millenbeck

One evening last week Mr. and Mrs. W. F. Carter returned from calling on friends and on entering their house discovered that it was filled with smoke. An investigation revealed that one of the beds was on fire, but very little damage was done. Origin of fire unknown.

Jno. Belfield is having an addition put on his house. Carpenters Dodson and Thomas are doing the work.

Are you on the list?

When the treasurer's list of poll-tax payers is posted, read it to see if your name is on it. If it is not, and you have paid your tax, get busy. Here is how to get on it:

"Within thirty days after the list has been posted any person who shall have paid his capitation tax, but whose name is omitted from the certified list, may apply to the circuit court to have the same corrected and his name entered thereon."

The treasurer, unintentionally, may omit your name from the list. Or the printer who sets up the names, or the clerk who copies the list may make a mistake.

(Transcribed by volunteers of the Genealogy and Research Center of the Mary Ball Washington Museum and Library.)

This Side of 60

by Marie Snider

Aging role models

My mother never wanted to become old and she got her wish. She died too young. I, on the other hand, dreamed of being old like my grandmother for as long as I can remember.

I remember grandma as being very tall, very stately and very old, with delicious wintergreen drops in her apron pocket. She was always joking and laughing. And nothing seemed to faze her.

She never owned a car. Instead, she had an olden-days buggy behind her garage. And every Halloween, the village lads would parade her buggy up and down Main Street, passing her house many times.

She only laughed. Fortunately, it was always returned in good condition.

Widowed at a young age, during a time when women didn't work outside the home, she was a good money manager. Somehow, she always had money to loan her children or to buy gifts.

My grandmother died when I was 17, so some of my remembrances are correct and others don't match what I later learned about her.

I was right about the wintergreen drops and the joking and laughing. But I was wrong about the "very tall, very stately and very old."

Grandma was actually 5' 3" inches tall and she died at age 72.

The day she died, grandma and her daughter ground horseradish from her lush garden. At 5 p.m., she walked down the street to visit an older man and take him some horseradish.

There, she reached for the pocket where she usually had nitroglycerine - and died suddenly.

My 5-year-old cousin Ruth Ann was waiting for grandma to come home because she had something important to tell her.

Grandma is still my aging role model. Laughing, having fun and enjoying life until the end.

Of course, some people like my mother don't really want to get old. But the problem with that attitude is, no matter what you want, you may live to advanced years. So you better be ready.

And one of the best ways to prepare for aging well is to follow a good role model.

Who is your aging role model? Your grandmother or a next-door neighbor? A professor emeritus or Jimmy Carter? One of your peers? Or is it a composite of several older people you admire?

After selecting your role model, follow that person's lead.

If your mother used to walk two miles a day, but you find it difficult to walk, pick another form of exercise.

If you still admire your aging college professor for his quick wit and agile mind, work hard to keep your mind active. Play computer games, read books or enjoy scrabble with your friends.

If your great aunt lived almost to 100 and was always interested in everything, develop your ability to enthusiastically embrace life experiences.

All of these things make the difference between "Vibrant Aging" and just getting old.

There's no better time to decide who to pattern the remaining years of your life after. Then, if you happen to live to 100 or more, you'll be prepared to do so vibrantly.

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Email your NEWS to:
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Mrs. Donnie E. Davis

Davis-Douglas vows exchanged

The marriage of Miss Kristy Lynn Douglas, daughter of Ronnie and Ellen Douglas, to Donnie E. Davis, son of Wesley and Cheryl Goodwyn, all of Callao, took place April 29, 2006, at Henderson United Methodist Church. Rev. Jimmy Reamy and Rev. Sue Ann Salmon officiated.

The bride, escorted by her father and presented in marriage by her parents, is the granddaughter of the late Mr. and Mrs. August C. Lewis, formerly of Burgess and Mr. and Mrs. Robert Lee Newsome of Callao and the late Ralph S. "Bud" Douglas, formerly of Callao.

The groom is the grandson of Mr. and Mrs. William Whittaker and Mr. and Mrs. Robert A. Goodwyn, all of Callao.

Mrs. Casey Langford, friend of the bride, was matron of honor. Bridesmaids were Mrs. Mandy Blosser, Mrs. Kristy Jenkins, friends of the bride, Mrs. Heather Woolard, sister of the groom, and Miss Courtney Douglas, niece of the bride. Haley Langford, friend of the bride, was flower girl.

Michael Downing, friend of the groom, was best man and Sean Michael Davis, the couple's son, was junior best man. Groomsmen were Travis and Nick Goodwyn, brothers of the groom, and Wayne Headley and Matt Webb, friends of the groom. Austin Douglas, nephew of the bride, was ring bearer.

Mrs. Bertha Booth and Mrs. Faye Hall served as mistresses of ceremony. Ariana Lewis, cousin of the bride, was the guest book attendant and distributed programs.

The rehearsal dinner and reception were held at the Callao Rescue Squad Building.

After a honeymoon in Las Vegas, the couple will live in Callao.

Local News

Mr. and Mrs. Carroll Hurst and daughter, Lauren, of Richmond were in Dallas, Texas, for the graduation of their other daughter, Meredith Carter Hurst, from Southern Methodist University last weekend.

Mr. and Mrs. Andy Simmons and children, Victoria and Drew, of Mooresville, N.C., spent the long Memorial Day holiday with his parents, Mr. and Mrs. Andrew Simmons. Mrs. Louemma Simmons of the Mayfair joined her family.

Mr. and Mrs. Steve Baskerville and children, Kate and Eric, of Norfolk were at the Baskerville home on Prentice Creek for the holiday. Mrs. Robert Baskerville of Rappahannock Westminster-Canterbury joined them on Monday.

Michael and Billy Jean Smith of Emmerton are the parents of a son, Christian Ryan Smith, born Wednesday, May 24, 2006, at Henrico Doctors Hospital, Richmond, weighing 8 lbs, 2 oz. and 20 inches long. Christian has a brother, Jonathan, 3 years old. Grandparents are Henry and Barbara Smith of Emmerton and Billy, Peggy and Christine Voss of Kilmarnock. Great-grandparents are Pauline Voss of Kilmarnock and O.J. and Bernice Smith and W.C. and Elaine Clark of emmerton.

Mr. and Mrs. Carroll Hurst and daughters, Meredith and Lauren, and Mr. and Mrs. Pete Conti and their family, all of Richmond, and a friend from Canada were at the Hurst home on Jarvis Creek for the holiday.

Ms. Betty Brown of Falls Church is the guest this week of her brother-in-law and sister, Mr. and Mrs. Tom Spafford.

Holiday guests of Mr. and Mrs. Bob Butler of RW-C at their Bluff Point home were their grandson, Bryan Butler, and Ms. Morgan Childs, both of New York City and Ms. Elizabeth Hood of Sherman Oaks, Calif. Ms. Ida Hall of Bluff Point and David Parrish of Arlington and Bluff Point joined them.

Mr. and Mrs. Tom Fletcher were in Springfield the weekend of May 21 with a son and family, David and Jenn Fletcher, Riley and Will. The occasion was to celebrate Riley's 5th birthday. From there they attended a Fletcher family reunion in Council, Va., returning on Memorial Day. Mrs. Fletcher (Carol) will be remembered as the daughter of Mr. and Mrs. E. E. Trent. Mr. Trent was the longtime principal of Lancaster High School.

Miss Victoria Simmons and brother, Drew Simmons of Mooresville, N.C., on Monday visited their grandmothers, Mrs. Isla Mae Barrack in Irvington and Mrs. Louemma Simmons at the Mayfair House in Kilmarnock. They also visited Mrs. Reed Simmons at the Mayfair House.

Mr. and Mrs. Jim Blankenship were with her brother and sister-in-law, Mr. and Mrs. David Sutton, in Gloucester for the weekend.

Mr. and Mrs. Ron Bolle returned on Saturday after two weeks in Cedar, Fla.

Guests of Mr. and Mrs. Peter Blaatz for the Memorial Day holiday were his brother-in-law and sister, Dr. Eugene and the Rev. Susan Pendleton of Atlanta, Ga. While here they enjoyed boating on Indian Creek, touring Stratford Hall, a trip to Tangier Island, and the Memorial Day Service at Christ Church.

David and Kimberly Wright and children, Tyler, Cora, Hunter and Sophie, of Roanoke enjoyed the holiday with David's parents, Richard and Liza Wright in Kilmarnock.

Announcement has been made of the marriage of Pete Knight and Cynthia Johnson of Laurel Point, Lancaster, on May 24, 2006, aboard their sailing vessel, Salute.

Roy Lewis has returned to his home in Tappahannock after a week in Marysville, Washington, with his daughter and her family, Tom and Jill Shipman and the twins. Jill and the twins are visiting Roy and the grandparents, Mr. and Mrs. Owen Lewis in Kilmarnock.

Mr. and Mrs. David Philpott of Virginia Beach are the parents of a son, Devin Arrington Philpott, born May 19, 2006. Mr. and Mrs. Ron Bolle are the grandparents.

Mrs. Donnie Lewis of Lively is in Jacksonville, Fla., to pick up her grandchildren, Madison and Tyler Lewis, who will spend the summer here with their grandparents.

Mr. and Mrs. Clarence Lee Abbott III

Abbott-Saunders vows exchanged

The wedding of Belinda White Saunders and Clarence Lee "Sonny" Abbott III took place May 20, 2006, at 7 p.m. on the shores of the Chesapeake Bay at the home of Karen and Fred Burke in Reedville. Pastors Mary Dell and Bill Sigler officiated the double-ring ceremony.

The bride was escorted and given in marriage by Fred Burke Jr. Miss Nicole Saunders, daughter of the bride, was flower girl and William Abbott, son of the groom, was the ring bearer. The ceremony uniting the two families included vows recited by the children and bride and groom.

Mr. and Mrs. Joe Hunt of Reedville hosted an outdoor champagne reception followed by a dinner at the Crazy Crab Restaurant in Reedville. Out-of-town guests included the bride's sister, Victoria White, and the bride's father, Bryan White of Hanover, Pa.

The couple live in Kilmarnock with their children, William Saunders Jr., Little William and Nicole.

Engagements

Joshua Corbin James and Tiffany Dawn King

King-James

Mr. and Mrs. Thomas Michael King of Richmond announce the engagement of their daughter, Tiffany Dawn King of Norfolk, to Joshua Corbin James, also of Norfolk, son of Mr. and Mrs. Wilbert Stanley James III of Lancaster.

Miss King graduated from Virginia Polytechnic Institute and State University with a master's in elementary education. She is employed with Chesapeake Public Schools. She is the granddaughter of the late Mr. and Mrs. Arnold King of Bristol and Mr. and Mrs. Gordon Williams of Chesterfield.

The prospective groom graduated from Lancaster High School and received a bachelor's in chemical engineering from Virginia Polytechnic Institute and State University. He is employed as a nuclear engineer for the Norfolk Naval Shipyard. He is the grandson of Mr. and Mrs. Wilbert Stanley James Jr. of Weems and Mrs. James Huling Giese Jr. of Lancaster and the late Mr. Giese.

The wedding will take place July 15 at Bon Air Baptist Church in Richmond.

Baldersons plan family reunion this summer

The Eastern Region of the Balderson, Balderston, Balderstone Family Reunion Association will hold its annual reunion June 17 at the VFW Building at 73 Washington Avenue in Warsaw.

The reunion begins at 11 a.m. with registration of $3 per household. This is a covered dish affair.

Anyone who is descended from the trio of above spellings is urged to attend.

Most of the Baldersons in the Northern Neck descend from Ebenezer Balderson (between 1710 and 1714 to about February 1775) who married Frances Hardwick. Ebenezer was a joiner by trade. He was indentured to Col. Landon Carter at the time that Col. Carter was building his home, "Sabine Hall," near Warsaw.

The reunion will include a memorial service for those family members who have passed away since the last reunion, lunch, a business meeting, and a program. Also, there will be door prizes and a silent auction.

For more information, call eastern region president Gladys Balderson at 472-3303.

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Celebrating 50 years

Don and Helen McGonegal of Mosquito Point recently celebrated their 50th anniversary with family and friends.

New women's chorale plans June 10 debut

The Rappahannock Women's Chorale will perform in the Heritage Appreciation concert Saturday, June 10, at 8 p.m. at the Lancaster Middle School Theater in Kilmarnock.

Selections will include "It's a Grand Night for Singing," from "State Fair" by Rogers and Hammerstein, "Deep River" arranged by Nobel Cain, "Zion's Walls" adapted by Aaron Copland, a Hoagy Carmichael tune, "In the Cool, Cool, Cool of the Evening," and "What a Wonderful World" from " "Good Morning Vietnam." The group is directed by Brenda Burtner and accompanied by Claudia Gale.

Other performers will include the Northern Neck Bay Tones Barbershop Chorus directed by Carol Wright and the Northern Neck Big Band conducted by Glen Burtner.

The concert is produced by the Rappahannock Foundation for the Arts and sponsored by the Bank of Lancaster and Bay Trust Company. Tickets are $10 for adults and $5 for students and may be purchased at Kilmarnock Antique Gallery and the Book Nook.

Town to host Red Hatters

More than 300 ladies will converge on Kilmarnock Saturday, June 3, to participate in "Red Hat Day." Sponsored by the Kilmarnock Chamber of Commerce and hosted by the Rivah Crab Pots, the event is believed to be the largest of it's kind ever held in Kilmarnock.

Red Hat Day 2006 will get under way at 8 a.m. with a continental breakfast in the Lancaster Middle School cafeteria. A special recognition will be given to the oldest Queen Mum and the oldest Red Hatter and a Red Hat and costume contest will take place after the breakfast. Beginning at 10 a.m., the ladies will be taken to downtown and uptown Kilmarnock for shopping and sightseeing. That will be followed by a parade back to the middle school where the group will be served lunch and be entertained by accordionist Tom Fudula, formerly with the Lawrence Welk orchestra.

After lunch, the presentation of awards will take place followed by "Let's Make A Deal," and finally the popular Funny Money auction to finish the day.

More than 45 different groups will be represented. Ladies will come from several states and many locations in Virginia.

Edwards is RW-C June artist

Lella Lee Edwards is Rappahannock Westminster-Canterbury's featured artist of the month for June. Fresh from a month at the Studio Gallery, her exhibit features water media paintings of landscapes and still lifes that include flowers.

Edwards last exhibited at RW-C in January 2003. Then president of the Rappahannock Art League, she shared the RW-C exhibit space with colleague Sibyl Bayne, then spearheading the art league's campaign to purchase the Studio Gallery building in Kilmarnock.

Edwards is a disciplined preplanner. She sketches first with pencil, does an under-painting in water media such as watercolor or acrylics, then builds pastel on top.

"I work from photographs that I've taken myself, " Edwards said, "I do a lot of setups and work from life as much as possible. For me, that's ideal."

A popular teacher among area artists, she recently taught two classes in acrylics at the gallery and may teach pastels in the fall. She serves on the art league's board of directors, chairs the committee that juries applicants for wall space, and serves as gallery day manager twice a month.

She is the legal secretary for her husband, Wes, a practicing lawyer and retired brigadier general.

Museum to host youth art classes

The Steamboat Era Museum on King Carter Drive in Irvington will host summer art lessons for youth in grades 7 to 12.

Taught by Shauna McCranie, the art teacher at Lancaster High School, the class will meet Monday, July 10, through Friday, July 15, from 9:30 to 11:30 a.m.

The museum exhibit, "The Bay At War," features a series of storyboards that McCranie's high school art classes designed to illustrate a local Civil War engagement, the capture and burning of the Union steamer Harriet DeFord in Dymers Creek.

"Shauna is wonderful at helping students learn through art and develop their creative potential. The storyboards are one of the big hits of the show," said exhibit curator Grayson Mattingly.

The summer class will offer drawing and painting in natural settings around the village of Irvington. The fee is $100 per student and covers all class materials.

To reserve a space, call Terri Thaxton, Director of the Steamboat Era Museum, at 438-6888.

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The Dragon Run Band is tuning up for park concert

The Friends of Belle Isle State Park anticipate a foot-stomping, soul-searching good time June 10. The Music by the River family concert series will resume at 6 p.m. with The Dragon Run Band followed by a Gospel Trio.

The Dragon Run Band is known for its monthly bluegrass, gospel and classic country show at the Gwynn's Island Civic Center. On the third Saturday of each month, except December, the band hosts similar groups at the civic center to raise money for the Gwynn's Island Museum.

Band leader Richard Callis of Mathews agreed to bring the show to the park. The veteran mandolin player and singer will be joined on stage by Morris Dillingham of Kilmarnock on guitar and vocals, Ed Arrington of Deltaville on fiddle, Gary Monger of Gloucester on guitar and vocals and Bob Pugh of Newport News on banjo.

Music by the River is sponsored by the Friends of Belle Isle State Park with financial support from the Rappahannock Foundation for the Arts, the Virginia Commission for the Arts, the National Endowment for the Arts, the Kilmarnock-Irvington-White Stone Rotary, the Bethel Emmanuel United Methodist Men, the Rappahannock Record and the Virginia Department of Conservation and Recreation.

The series will continue June 17 with the Wayne T. Holt Band, July 8 with Doug Parks and Lonewolves, July 15 with Gerry Maddox and August 12 with Jollet Lane.

Folks are urged to bring a picnic, lawn chairs or blankets. Soft drinks and bottled water will be sold. Popcorn is free. There will be crafts for the kids before the show and during the intermission.

Also on June 17, the park will celebrate the 70th anniversary of Virginia State parks with a birthday party from 1 to 3 p.m. A variety of family activities are planned. The Kilmarnock and District Pipe Band will open for a Steve Keith concert.

To help fund the Music by the River series and the birthday party, the friends group is conducting a raffle. The grand prize is a hand-crafted schooner, The Belle Isle II, and a painting of river wildlife scene, Chief ranger Mike Lambert built the model ship and painted the scene.

Only 500 tickets will be sold. Tickets are $10 each, or six for $50. The tickets are available from friends members, at the concerts, at other park and community events, at the park ranger station and by calling the park at 462-5030.

Jenny Boyenga offers pointers on functional table design.

Garden Club prepares for Standard Flower Show

The Rappahannock Garden Club extends an invitation to the public to attend a Standard Flower Show at Rappahannock Westminster-Canterbury on Thursday, June 8, from noon to 4 p.m.

The show is free for all to enjoy. A green offering basket in support of the Virginia Federation of Garden Clubs' (VFGC) nature camp for youth will be available.

Jenny Boyenga, flower show chairman, was the featured speaker at the May 11 meeting of the Rappahannock Garden Club. "Type I Functional Tables Demonstration" was the subject matter of her talk in preparation for the upcoming show. Three theme tables were displayed. Boyenga stressed simplicity of design in table setting and floral design.

At the May meeting, horticulture award points went to Elaine Bentley, 5; Ann Burgess, 6; Jacquie Colligan, 11; Nancy Collings, 10; Glenda Decker, 5; Susan Edmonds, 15; Ann Hecht, 15; Aleta Hoffman, 7; Ann Hopkins, 16; Anne Lewis, 2; Mary Loftus, 17; Marie MacLeod, 2; Edna Earle Mizelle, 5; Ruth Netherton, 15; Mary John Payne, 10; Margaret Peill, 27; Judy Ripley, 12; Carol Rogers, 14; Jeanne Rosenwall, 13; Carol Shear, 25; Anne Skerrett, 18; JoAnn Smith, 17; and Rita Stover, 5.

Food Gardens awards went to Burgess, 3; Loftus, 5; Rogers, 3; and Rosenwall, 10.

Design awards were for two classes. Class I "Circus Circus" hanging design awards went to Lewis, blue; Catherine Bennett, red; and Collings, red. Class II "Tiny Tots" miniature design awards went to Lewis, blue; Hopkins, blue; Peill, blue; and Colligan, red.

Sunday afternoon jazz concert planned

For the third year in a row, the Lancaster County Public Schools Jazz Department will present its annual jazz concert Sunday, June 4, at 3 p.m. at the Lancaster Middle School Theater in Kilmarnock.

"The concerts of the last two years were huge successes, and this year should be our best yet," said director Kenny Flester. "The Lancaster Middle and High School Jazz Bands, under the direction of myself and Glen Burtner, will be performing songs from the past and present by composers such as George Gershwin, Duke Ellington, Fats Waller and Cab Calloway."

The high schoolers also will demonstrate the work they have been doing on improvising solos, or making up the music on the spot as they are playing.

Both of these groups are completely extracurricular, and all of these students have given up a lot of their free time to learn to play this American art form.

"I hope to see everyone there Sunday," said Flester. "Not only is this a great way to end the school year, it's a great way to spend a Sunday afternoon."

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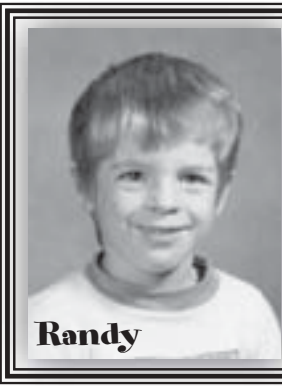

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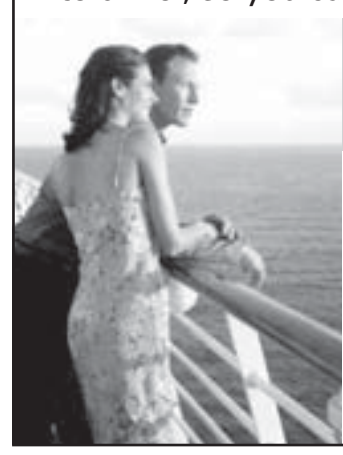

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Festival benefits area

The 16th annual Bay Seafood Festival will be held September 8 at Belle Isle State Park and will benefit many area charities and organizations.

Only 2,000 tickets will be sold and only in advance.

"We have sold over 1,300 tickets already," said David Dew, chairman of the festival committee. "We urge folks to get them now because they won't be available long."

Tickets can be purchased for $50 in Kilmarnock at the Farm and Home and Eubank and Sons; in Irvington at Time to Cook; in White Stone at White Stone Pharmacy; and in Northumberland County at Jetts Hardware, Lilian Lumber Co. and Allison's Ace Hardware. Tickets are also on sale at all area banks. Tickets can be purchased online at www.kiwsrotary.org, or by calling 1-800-777-9717.

The festival menu will feature soft shell crabs, fish, scallops, oysters, crab cakes, shrimp, clam chowder, barbecue, slaw, corn-on-the-cob, French fries, hush puppies, fried sweet potatoes, ice cream, beer, wine, mixed drinks and bottled water.

Music will be provided during the dining portion of the event by the big band sounds of Entertainment Systems and the Kilmarnock and District Pipe Band. Casper will provide dance tunes.

Proceeds from the Bay Seafood Festival are given to area charities and organizations including Rappahannock Community College scholarship fund, area fire departments and rescue squads, Red Cross, Boy Scouts, The Haven, Northern Neck Together, area libraries, CASA, Jacob's Ladder, Northern Neck Free Health Clinic, Healthy Beginnings, Interfaith Committee, Northern Neck Vocational Scholarships, Hospice and Crime Solvers.

Victor Clough, (left) director of college advancement at Rappahannock Community College, receives a scholarship check from Rotarian Norman Scott. The Bay Seafood Festival provides funds for RCC scholarships and many other area causes.

History trail sites announced

The Gloucester Department of Parks, Recreation and Tourism recently announced the opening of the 2006 History Trail, beginning on Saturday, June 10.

The trail sites will be open the second Saturday of each month, June through October, from 1 to 4 p.m.

Participating sights are Abingdon Episcopal Church, Bethel Baptist Church, Walter Reed Birthplace, Long Bridge Ordinary and the archaeology lab at Rosewell.

Admission is free with the exception of Rosewell. However, all of the sites accept donations to help fund their maintenance. Rosewell admission is $4 per adult and $2 for children six to 12 years.

A History Trail guide and map will be available at the Gloucester Visitor Center on the Historic Court Circle and at each location on the trail.

Some sites may not be open every month due to previously scheduled events and every effort will be made to publicize this information as soon as it is available. You may also check with the visitor center at 693-3215.

American Cancer Society announces Relay For Life

On June 2 and 3, teams of walkers and runners from Middlesex, King and Queen and King William counties will join millions of walkers and runners throughout the United States and go around the clock in the battle against cancer during the American Cancer Society's Relay For Life.

Teams will gather at Middlesex High School in Saluda June 2 from 2 to 6 p.m. through June 3 at 10 a.m. in a relay against cancer. Relay For Life is the American Cancer Society's version of a relay with a twist. It is a family-oriented team event where participants can walk or run around a track, relay-style, and overnight.

"We would like to see more than 15 teams relay through the night on June 2 and 3 to raise money for this important cause," said Sharon Darnell, team recruitment chair. "The funds raised by the Relay For Life event will enable the American Cancer Society to expand its services to cancer patients and their families in Middlesex, King and Queen, and King William counties to offer more programs that will teach people to reduce their risk of getting cancer, and to expand its cancer research program."

For more information about the Relay For Life event, call the local American Society unit at 1-800-240-4227. For more information about cancer, call the American Cancer Society's Call Center at 1-800-227-2345, or visit our website at www.cancer.org.

Virginia grape production increased in 2005

Virginia grape producers harvested 5,600 tons of commercial grapes in 2005—51 percent more than the 3,700 tons produced in 2004, according to the National Agricultural Statistics Service (NASS) of the U.S. Department of Agriculture.

Wine grape varieties accounted for the majority of production. Virginia growers harvested a crop valued at $7.6 million, receiving an average price of $1,360 per ton.

Chardonnay grapes represented the largest portion of Virginia's wine grape crop, followed by Cabernet Franc, Cabernet Sauvignon, Chambourcin, Merlot, Norton, Pinot Noir, Seyval, Vidal Blanc, Viognier and White Riesling.

"Virginia's wine grape industry has experienced monumental growth and acclaim in recent years," noted Tony Banks, a commodity and marketing expert for Virginia Farm Bureau Federation. "We're seeing more states explore wine production as an alternative to commodity production or as an impetus for agritourism, and Virginia is fortunate to be among the leading states in this regard."

Virginia is home to more than 100 wineries and more than 250 vineyards, where cumulative bearing acreage increased 5 percent from 1,900 acres in 2004 to 2,000 acres in 2005. The Commonwealth ranked ninth nationally last year in that respect, behind California (800,000 acres), Washington (54,000 acres) New York (31,000 acres), Michigan (14,200 acres) Pennsylvania (12,000 acres), Oregon (11,700 acres) Texas (2,900 acres) and Ohio (2,200 acres). North Carolina was ranked 10th with 1,300 acres.

Nationally, grape production increased 12 percent from 2004 to 6.97 million tons last year, NASS reported. California's grape crop accounts for 88 percent of the U.S. total, with slightly more than half of its acreage being planted in wine grapes and the rest in table grapes and grapes for raisins.

Reedville veteran gets medals 60 years late

by Bill Kling

Now Norris Chamberlain is satisfied.

They're more than 60 years late, but Chamberlain, of Reedville, finally has the medals he earned in World War II combat in the Pacific as a young Navy radioman and tail-gunner aboard a carrier-based Grumman TBF Avenger torpedo-bomber aircraft.

Family, including grandchildren, friends and fellow members of Reedville American Legion Post 117 were among some 50 persons who attended the official ceremony at the post home last month when Chamberlain received the Distinguished Flying Cross and the Air Medal with five gold stars for the 30 combat missions he flew. He was a petty officer second class at the time, stationed with Torpedo Squadron 14 aboard the Navy's aircraft carrier Wasp.

"I'm proud to be part of this ceremony," Navy Commander John Hopkins said after he pinned the medals on Chamberlain's suit coat. "I truly regret that this is an honor I'm never likely to receive."

For six years, Chamberlain supplied the Department of the Navy with a stream of documentation and sworn statements to back up his claim to the medals. When he was notified that he was qualified to receive them, he asked that they be mailed to him. The Navy, however, insisted on a formal presentation ceremony, and Chamberlain chose to have it at American Legion Post 117, where he has been a member for 16 years.

Chamberlain, now a retired telephone company employee, said he saw his first combat on May 19, 1944, and in the ensuing months his assignment took him on a total of 30 bomb and torpedo runs against Japanese shipping and land bases, which he says, "were all exciting." On one mission, his aircraft and another Avenger sank a Japanese destroyer in Manila Bay during the invasion of The Philippines.

On another mission, Chamberlain recalled, enemy ground gunfire shot away a large section of his aircraft's tail, but the crew managed to return to the Wasp. Avenger casualties ran high during World War II, but Chamberlain's crew, which included pilot Bill Morris, now of Santa Rosa, Calif., and turret gunner Harold Waite, now of East Longmeadow, Mass., survived intact and has kept in touch through the years.

The single-engine TBF Avenger, the same aircraft President George H.W. Bush piloted and in which he was shot down in the Pacific during World War II, was designed to carry up to 2,000 pounds of torpedoes or bombs. It had a .50-caliber machine gun mounted in each wing, another .50-caliber machine gun in a revolving top rear turret, and a .30-caliber machine gun in a rear-facing lower fuselage position manned by the radioman, who also operated the aircraft's radar system.

Cmdr. John Hopkins pins a medal on Norris Chamberlain.

Club receives award

Chesapeake District Lt. Governor Charlie Bell (left) presents the 2005 President's Award to Upper Lancaster Ruritan Club 2005 president Kenny Hammell. The award is given to the presidents of those clubs that meet the Ruritan National standards for community service, membership and reporting.

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Dave Hershiser and his painting of the Great Pyramid of Chichen-Itza

Hershiser to exhibit artwork

Reedville resident Dave Hershiser will exhibit his artwork at the Northumberland Public Library during June.

The show will include oil and acrylic paintings of local subjects and images from traveling in Mexico where he visited the Mayan ruins of Chichen-Itza and Tulum.

Also featured will be a model of Atlantis built by the artist and based on the writings of Plato. Hershiser will also display a series of still-life paintings.

He is a graduate of Mercyhurst College in Erie, Pa. He has exhibited his art in the Lancaster Community Library and Chesapeake Bank. His most recent solo exhibition was at the Heritage Center and Bookstore in Virginia Beach.

Answers on Aging

I am 64-years-old and my wife is 56. I am receiving cancer treatment and have excellent health coverage through my wife's employer plan. My wife would like to retire in a couple of years, but we are very concerned about our medical health coverage following her retirement. We would like to start addressing this concern. What options will be available to us?

You and your wife's health insurance options are limited, unless your wife can obtain insurance from her current employer that will cover both of you until you turn 65 and are eligible for Medicare.

You will be eligible for COBRA, the Continuation of Benefits program. This program would allow you to continue your wife's medical insurance coverage for 18 months following her retirement/active employment. You would have to pay the full premium for this insurance, including the share of the premium paid by the employer for active employees.

After that, you will have to obtain insurance in the private market to provide coverage until each of you reaches age 65. This insurance can be very expensive and may not be available to you as a result of your illness and medical underwriting.

An independent insurance broker can help you compare options and find a suitable plan.

When each of you turns 65, you become eligible for Medicare and have a six-month open enrollment period to obtain Medicare supplemental insurance. In the six-month open enrollment period, you will have guaranteed issue rights, which means that you cannot be denied coverage as a result of a pre-existing health condition.

Also, you will be able to purchase Medicare supplemental insurance at the same cost as any other Medicare beneficiary; currently, the premiums for Medicare supplemental policies purchased in the open enrollment period are priced between approximately $100 and $135 per month.

To ask an expert about your own aging concerns, visit www.seniornavigator.org.

Lancashire Lines

by Joan M. Foster

Last Monday was a day for games at the Lancashire. Sandra Barnes and Classie Edwards tied for first place in "Guess-A-Sketch." Florine Basker won second place and Bea Jett won third. Parachute Play was great fun during the afternoon, keeping the ball aloft over a huge and colorful "parachute."

Miss Joan led a terrific sing-along Tuesday. Jeannette Angevine won the most Bingo games.

Rev. Hall hosted morning Bible study Wednesday. Residents celebrated "Hamburger Day" during the afternoon and learned some of the history of hamburgers and enjoyed fresh cooked hamburgers on buns, thanks to Miss Emma.

On Thursday, the halls were filled with the beautiful melodies of old-time favorites like "When the Moon Comes Over the Mountain" and "Sweet Rosie O'Grady" as well as "I Saw the Light" and "Amazing Grace." Folks sang out heartily to these and other tunes. Ida laws and Melvin Bromley tied for high scorer in Bingo.

Hymn sing was a joy and blessing on Friday morning. Melvin Bromley was the big winner in afternoon Bingo.

Joe Walker of City Worship Center of Kilmarnock hosted Saturday afternoon Bible study.

Claybrook Baptist Church led Sunday afternoon worship services.

From left, host Jane Hughes points out various flowers to Barbara Ohanesian and Olga Speck.

Club tours refurbished gardens

The Kilmarnock Garden Club recently toured the gardens of Jane Hughes.

Unlike that day in September 2003 when the hurricane demolished 21 trees, joined Indian Creek and a pond in the side yard of her property and pushed sand all over her flower gardens, it was a beautiful, cool sunny day. It has taken Hughes three years to rebuild her gardens that were diminished.

"I had to wait until the following spring to see what the salt water had killed before I could even start to replant,"Hughes explained.

Hughes is a Life Flower Show Judge and Landscape Gardener as well as a longtime member of the Kilmarnock Garden Club. She has used her education in landscape gardening and horticulture to maximize all aspects of her new gardens. Hughes filled her gardens with a variety of plants which always has something in bloom as well as areas that invite the visitor to sit and enjoy the beauty.

After touring the gardens, members and guests of the Kilmarnock Garden Club enjoyed an outdoor luncheon at Captain B's in Irvington.

The next meeting of the Kilmarnock Garden Club will be June 20 at the Kilmarnock Baptist Church in Kilmarnock beginning at 1 p.m. Carole Stephenson of Rappahannock Florist will conduct a workshop.

For more program information, call Barbara Ohanesian at 462-7325. For membership information, call Pat Clawson at 462-0442.

Plant society plans outing

A field outing sponsored by the Northern Neck Chapter of the Virginia Native Plant Society (VNPS) will be held Saturday, June 3, at 2 p.m. at Hickory Hollow Natural Area Preserve.

Participants will look for the rare Kentucky lady's slipper (Cypripedium kentuckiense)—a spectacular tall, yellow orchid of which it is said, "Once seen in flower it is never forgotten."

Kentucky lady's slipper is found in a scattering of sites in the Appalachian plateaux of Kentucky and northern Tennessee, and at lower elevations from Texas and Oklahoma to Alabama. Its only known site in Virginia is the wetland in Lancaster County's Hickory Hollow Natural Area Preserve.

The walk is open to the public and VNPS members and friends.

To find Hickory Hollow, turn north at Milestone from Route 3 between Kilmarnock and Lancaster onto Route 604, Regina Road, then left at the Hickory Hollow sign. The group will meet in the parking lot.

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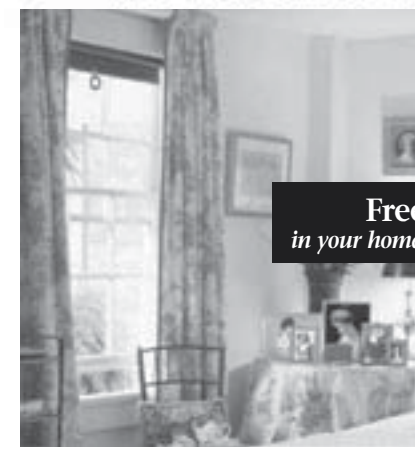

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Today's Hits, Yesterday's Favorites

Orchard residents enjoy festivities

by Debbie A. Wilkins ADC

The Orchard began National Nursing Home Week with a Mother's Day bingo social with coffee, juice, Danishes, doughnuts and muffins. Marjorie Weldon was the big bingo winner.

On Monday, May 15, we pulled out our tape recorders and cameras and talked with the residents about their life accomplishments, goals and dreams. Many shared lifelong dreams as they spoke of their memories and reflections. We were legions telling our stories. The staff joined the dress-up fun of Crazy Shoe Day. The winner was Dee Dee Bradshaw with her glove box shoes, which she paraded for all to see.

As the evening drew on, we ere entertained by Patsy Butler of Sandston singing Patsy Cline songs and old love ballads. She brought back many memories. Her finale earned laughs as she brought out a puppy puppet and sang "How Much is That Doggie In The Window?" She promised to return in a few months.

On Tuesday, we celebrated Crazy Hat Day. Staff paraded their crazy hats for all to see. Kathy Dawson won. The Orchard bus took the men, led by our chaplain Rev. Curtis Hawks and our maintenance man, Billy Courtney, to Lowe's in Tappahannock for a day at the store. We had Danishes, fresh fruit, juices and coffee. We enjoyed strolling in the aisles looking how times have changed, from the little country hardware stores to large stores that carry so many items that make housework, yard work and small home repairs easier.

One resident was amazed with the changes since he had last visited a hardware store. "Holy Moly" he said. "My goodness, I have never seen so much in one store." Several workers and the manager on duty, Nikki, greeted us. One of our prior staff members joined us for a picture. In the afternoon, we rode out to Wake to see the Hooks' Wonderhorse Farm. We also rode to Wake Landing and Wake Beach. All enjoyed the ride on such a beautiful day.

On Wednesday, we celebrated Crazy Sock Day with staff wearing all kinds of crazy socks. Yolanda Day, CNA, won. In the afternoon, we enjoyed music by Wanda and Brian Shinn for our monthly birthday party. Wanda sang old country songs that brought back memories. Among the favorites were "Coal Miner's Daughter," and "Country When Country Wasn't Cool." Then, activity director Debbie Wilkins joined Wanda for her last number with a Shania Twain song, "Whose Bed Have Your Boots Been Under?"

Among songs sung by Shinn were "Mustang Sally," "My Brown Eyed Girl" and "Amazed" by Lone Star. Residents said that they thoroughly enjoyed the music and look forward to having the Shinns back again.

On Thursday, we celebrated Inside Out Day, with staff wearing clothes turned inside out and Baseball Day with staff in their baseball attire. The winner for the day was Lynnette Hammond, DON. In the morning, we enjoyed beach ball volley with an oversized beach ball. In the afternoon, we added a twist to our weekly bingo game–home run bingo. Residents made a diamond shape on their bingo cards and yelled "home run" instead of "bingo." Residents won bags of peanuts, boxes of Crackerjacks and baseball sports bottles. The winner was Irene Woolard who won a baseball bat and ball which she gave to her grandson, Wes Woolard. After the home-run bingo, residents and staff enjoyed foot-long hot dogs grilled by maintenance man Billy Courtney, director of environmental servies Angela Fortune and and director of food services, Tom Rohacek. Dining services set up an afternoon delight of hot dogs with all the fixings, cole slaw, Crackerjacks and apple turnovers. We thank all who made Baseball Day a success.

On Friday, we celebrated Mix-Match Day with staff dressed in the oddest clothes to compete for a prize. The winner was nursing assistant Angie Wilcox. In the morning, we loaded the Orchard bus and headed to Rappahannock Community College to see "The Wall" dedicated to honor those who lost their lives in the Vietnam War. Those attending were Marjorie Weldon, Sally Shackelford, Natalie Baker, Mary Campbell, Etta Dixon, Alice Winn and Miriam Medley.

In the afternoon we enjoyed a "Tie One On Hat and Tie Party." Participants wore a hat and/or a necktie. We served Mai Tais, lemonade, fresh baked cookies and cheese and crackers. While enjoying refreshments, we played Name that TV Tune. Winners were Nellie Kinney, Mollie Weiss, Velma Sisson, Vivian McGuire, Edna Spindle, Herman Washington, Irene Woolard, Virginia Thorne, Mary Reiter, Florence Andrews and Flo Bindert.

National Nursing Home Week ended with a bang on Saturday. In the morning we played bingo. In the afternoon, Mary Johnson of Hartfield came in to sing songs by Shania Twain and other familiar country songs like "Man, I Feel Like a Woman," "That Don't Impress Me," Crazy" and "Walking After Midnight."

During the week, we gave staff opportunities to express themselves and win prizes as well as the residents. We learned about each other when telling our life stories. We had a lot of fun and excitement. Those interested in volunteering or visiting may stop in or phone.

(Above) The Orchard's men's group visiting Lowe's in Tappahannock included, from left, Frank Chenault, John Self, Billy Courtney, Ernest Gaines, Benny Corbett, Rev. Curtis Hawks, Herman Washington and Harold Balderson.

(Left) Orchard residents visiting the portable Vietnam Memorial Wall are, from left, Mary Campbell, Etta Dixon, Sally Shackelford, Natalie Baker and Miriam Medley.

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BY ROSS CHRISTIANSEN

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Newborn screening expands

Beginning in March, newborns in Virginia will have a better chance of avoiding the devastating effects on a host of rare inherited disorders that could cause serious harm unless they are discovered and treated soon after birth.

As the result of legislation passed by the 2005 General Assembly, the Virginia Department of Health (VDH) has expanded its Newborn Screening Services to include tests for 17 additional inherited disorders. VDH already screens for 11 genetic diseases such as sickle cell, phenylketonuria (PKU) and hypothyroidism. Among the new tests are those for cystic fibrosis and isovaleric acidemia.

"Some of these disorders are life-threatening, while others may slow down physical development or cause mental retardation," said Commissioner Robert B. Stroube, M.D., M.P.H. "That is why it is important to identify babies with these disorders as early as possible."

In 2004, 129 children were diagnosed with genetic diseases through the newborn screening program.

Most of the diseases are passed on from parents, while others are caused by a chemical imbalance in the child. Although none of the diseases can be cured, serious effects can be reduced and often prevented if the child is placed on a special diet or begins medical treatment within days of discovery.

All newborns in Virginia are screened for the 28 genetic disorders within a few days of birth. The tests are required by law, however, parents may refuse them on religious grounds. A few drops of blood are taken from the baby's heel and placed on special blotter paper, which is sent to the state's Division of Consolidated Laboratory Services for testing.

VDH nurses coordinate necessary follow-up measures, such as notifying health care providers if an infant requires retesting. Follow-up activities continue until the child has a normal screen, is diagnosed, or reaches six months of age, when the age-sensitive newborn screening methods can no longer be considered reliable.

Test results are provided to the child's doctor, clinic or hospital. Generally, parents are told of the results only if there is the possibility of a problem. Parents are encouraged to ask their baby's doctor about test results.

For more information on newborn screening tests, visit www.vahealth.org/genetics/.

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Jacob Jackson (left) of Lancaster goes head-to-head with Rappahannock's Jose Martinez.

Red Devils win; advance to regional soccer tourney

by Lisa Hinton-Valdrighi

Lancaster spotted the Raiders a goal, then scored seven unanswered last Wednesday to rout Rappahannock, 7-1, in a Northern Neck District varsity soccer semifinal.

The win earned the Devils their first shot at the tournament title in eight years, but an anticipated thunderstorm postponed Friday's championship game against Washington & Lee. The two schools opted not to play the tourney final, which would not have affected the seedings of this week's Region A play.

Lancaster, with a 5-1-2 district record and 7-4-2 overall mark, entered the regional tourney as the Northern Neck's top seed and was scheduled to host King William earlier this week. Washington & Lee went to Mathews.

According to LHS coach Amy Stamm, whichever team advances farther in regional or state tournaments will win the Northern Neck District tournament trophy.

"The game would have been a good close to [the district] season," said Stamm, "and a win would have helped keep our momentum going."

Lancaster shifted the momentum early in last week's semifinal and kept it going until the final minutes. After giving up an opening goal by Rappahannock's Marshall Hubert, the Devils tied the game on a shot by Leif Mieras. Mieras went one-on-one with RHS goalkeeper Andrew Harbin and slipped the ball by a diving Harbin from about four feet out.

Sven Eric-Woehlk had the assist on Jacob Jackson's first goal, a header with about three minutes to go in the first half that gave the Devils the lead for good.

Billy Jackson scored his 26th goal of the season on a penalty kick five minutes into the second half before J. Jackson scored back-to-back to cap a hat trick. J. Jackson's third goal came on a PK with nine minutes to play.

Eric-Woehlk got a shot by Harbin with six minutes left and then assisted Mieras on the final goal of the game a minute later.

"We made some changes late in the season that really worked," said Stamm. "The midfield is finally strong enough to steadily move the ball from the defenders to the offense."

In the evenly matching outing, Lancaster took 12 shots to Rappahannock's 10.

In goal, Daniel Robertson made 10 saves for LHS.

Rappahannock claims district baseball trophy

by Lisa Hinton-Valdrighi

Rappahannock picked up its second Northern Neck District baseball trophy last Thursday, beating Essex, 9-7, in the tournament championship.

The Raiders won both the regular season and playoff titles after going 8-0 in district play and 18-2 overall.

As the top seed, Rappahannock was scheduled to host King William earlier this week in a Region A quarterfinal while Essex went to Mathews. The Trojans wrapped up the year at 6-2 in the district and 13-6 overall.

Essex easily advanced to last week's final after beating Lancaster, 15-2, in a five-inning slaughter in the district semifinals.

Jonathan Somers was the losing pitcher for LHS, which finished the season at 3-5 in the district and 7-11 overall. Somers struck out four, walked six and gave up five hits in three innings. Adam Benson retired one batter, walked one and allowed two hits in one inning for the Devils.

Essex batted through the lineup in the first frame, scoring six runs on three walks, two hits and two LHS errors.

The Devils were led at bat by Tim Blake, who went 1-for-1 with a walk and double to score both Lancaster runs. Somers was 1-for-2 with an RBI and Jonathan Frith went 0-for-2 with a sacrifice RBI.

Senior Chris Mozingo of Essex was named the district's MVP following last week's championship game in Warsaw. Mozingo, who is the district's all-time career home run leader, had 12 homers this season.

Essex High's Ken Blackley was chosen by his peers as the coach of the year.

All-District

Despite their early exit from post-season play, the Red Devils named one player to the all-district first team and four to the second team.

Blake, with a .479 batting average, 18 RBI, 19 runs scored and eight stolen bases, represented Lancaster on the first team as third baseman.

Lancaster's Saunders, Josh Jett, Jonathan George and Jonathan Frith were named to the second team.

Jett, with a .303 batting average for nine runs and nine stolen bases, was named as second baseman.

George, who made the second team as catcher, had a .365 batting average this season with an on-base percentage of .607. He scored nine times, had 15 RBI and led the Devils with four home runs.

Saunders, who was named to the honor squad as shortstop, batted .333 and led the team in stolen bases with 10.

Frith, with a batting average of .348 and 13 RBI, was selected as a second team utility player.

Lancaster had seven named to the all-academic team, including Blake, Jett, Somers, Miles Smith, Cleon Rice, William Saunders and Kyle Reid.

Northumberland's Nathan Keyser was named to the first team as second baseman and Kendall Carter was a second-team outfielder.

Scoreboard

Varsity baseball
Northern Neck District Tournament
Final
Rappahannock 9, Essex 7
Semifinals
Rappahannock 15 , Lancaster 2

Varsity softball
Northern Neck District Tournament
Final
Essex 2, Rappahannock 0
Semifinal
Essex 19 , Lancaster 1

Varsity soccer
Northern Neck District Tournament
Semifinals
Lancaster 7, Rappahannock 1

Upcoming games

Track
June 3:
Group A state meet at Radford University (9 a.m.)

Lancaster County Little League
Minor league softball
June 3:
Mathews at Lancaster (5 p.m.)

LHS softball season stops at semi-finals

Essex made easy work of Lancaster last Tuesday on its way to the Northern Neck District tournament title.

The Lady Trojans slaughter-ruled the Lady Devils, 19-1, in five innings in a playoff semifinal and went on to beat second-place Rappahannock, 2-0, in Thursday's championship game.

Megan Wind threw a three-hit shutout and Eboni Veney drove in both runs for the Lady Trojans in the tournament final.

Essex (17-4) was scheduled to host King William in a Region A quarterfinal earlier this week while Rappahannock (13-5) travelled to Mathews.

The Lady Devils ended their season at 2-6 in district play and 7-12 overall.

Brandy Gilbert and Tiffany Lee combined on the mound for Lancaster to give up 13 hits to Essex. A shaky Devil defense committed 11 errors.

"They hit everything we threw at them," said LHS coach Dave Zeiler, "and then when you make that many mistakes that's what happens."

Lancaster's only run of the outing came in the top of the fourth when Gilbert drew a walk and scored on an RBI double by Takeia Jones. The Devils had four hits.

Despite the early exit in the tournament, Lancaster had three selections on the all-district team. Sophomore outfielder Abby Robbins and sophomore infielder Sara Caudle were named to the first team and Gilbert, a junior, made the second team as pitcher.

Summer football camp organizes

Christchurch School this summer will host Tidewater Football Camp 2006, a technique camp open to young men entering grades 8 to 12.

The camp will be held on the Christchurch School campus from June 25 to June 29. Already signed up are players and coaching staff members from Washington and Lee High School, Essex High School, Mathews High School and Middlesex High School.

Tidewater Football Camp 2006 is designed to serve individual players and teams. Some of the area high schools will bring up to 25 players from their squad. Camp begins at 9 a.m. each morning and ends at 8 p.m., with three camp sessions each day. Meals are included in the cost of the camp. Registration is $200 for individual day campers and $350 for individual boarding campers (boarding space is limited). Any team bringing 10 or more players will receive a $50 discount per player.

A non-contact camp will focus on individual football skills for the high school-level player and the college hopeful. Each session will include conditioning and technique work for all positions, and help in developing strength and flexibility for players preparing for the coming season.

Coaches from Christopher Newport University and Virginia Military Institute will offer their expertise. The final session of the camp is a seminar presented by Coach Ed Homer covering the college application process, the NCAA Clearing House, and how to prepare a compelling video for college coaches.

All parents are welcome to join their sons for the final session and for lunch in Cameron Dining Hall before the camp concludes.

Tidewater Football Camp 2006 is directed by Christchurch head coach and Athletic Director Ed Homer. Homer is entering his 20th season as a coach, his 15th at Christchurch. Renard Stevens, the leading receiver at West Liberty State College, and NCAA Division II All-East player, will coach wide receivers. Nate Jackson, 2004 ODFC MVP and First Team All-State Running Back who now plays at Concord University where he will take the reigns as starting tailback this fall, will help coach the running backs.

For more information, call Homer at 758-2306 or 761-4761.

Dr. Julie Ball to speak at River Ride

On Saturday, June 3, Dr. Julie Ball will be the guest speaker at River Ride, the Northern Neck Boat and Bike show at Naylor's Beach Campground near Warsaw.

River Ride and The Sportsman's Magazine will bring the top anglers from the East Coast to talk fishing.

At 1 p.m., Dr. Ball will talk about spade fishing. She will discuss bait and rigs and how to find these beauties.

Dr. Ball is regarded as one of the top saltwater anglers on the East Coast, and continues to push the limit with her angling achievements. Dr. Ball is a practicing dentist in the U.S. Coast Guard, and lives in Virginia Beach.

Dr. Ball has earned over 80 trophy fish citations for over 30 different species of fresh and saltwater fish, including the rare Virginia Tarpon citation. Julie concluded the 2004 fishing year with the top Expert Angler position in Virginia with 18 trophy fish, which also included the largest tautog ever caught by a female angler at 22 pounds, 9 ounces.

Naylor's will take on a festive atmosphere when the gates open at 10 a.m. A fee of $5 per vehicle will be charged and for motorcycles this automatically enters them into the bike judging contest.

Staff and volunteers from the Richmond County YMCA are conducting River Ride to raise money for its YMCA Guardian Program.

Many local and regional boat dealers will be on hand including Whelan's Marina, Mid-Atlantic Marine and Garrett's Marina. Bikes of all makes and models from all over the state, and children's activities are some of the main attractions.

Food will include crab cakes, soft shell crabs, sausages, barbecue chicken, pork and ribs, sno cones and funnel cakes, all sure to satisfy your river-size appetite.

Also scheduled from 11 a.m. to 3 p.m. is music from Richmond's popular "Speed 8 Limit," as well as free boat safety inspections, insurance for boat or motorcycle and shopping with the latest merchandise vendors.

Fishing seminars will begin at noon.

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White Stone/Grey's Point Tides, Sun, & Moon – June, 2006

Fri	**6/2**	Moonset	1:01	High	4:40	1.4′
		Sunrise	5:45	Low	11:22	0.2′
		Moonrise	11:38	High	**5:09**	1.3′
		Sunset	**8:22**	Low	**11:32**	0.3′
Sat	**6/3**	Moonset	1:26	High	5:28	1.3′
		Sunrise	5:45	Low	**12:07**	0.3′
		Moonrise	**12:37**	High	**6:00**	1.3′
1st Q. - **7:06**		Sunset	**8:23**			
Sun	**6/4**	Moonset	1:48	Low	12:29	0.3′
		Sunrise	5:45	High	6:18	1.2′
		Moonrise	**1:35**	Low	**12:53**	0.3′
		Sunset	**8:23**	High	**6:53**	1.3′
Mon	**6/5**	Moonset	2:09	Low	1:27	0.3′
		Sunrise	5:45	High	7:10	1.2′
		Moonrise	**2:33**	Low	**1:39**	0.3′
		Sunset	**8:24**	High	**7:44**	1.4′
Tue	**6/6**	Moonset	2:30	Low	2:24	0.3′
		Sunrise	5:44	High	8:02	1.2′
		Moonrise	**3:32**	Low	**2:25**	0.2′
		Sunset	**8:25**	High	**8:34**	1.4′
Wed	**6/7**	Moonset	2:52	Low	3:18	0.3′
		Sunrise	5:44	High	8:53	1.2′
		Moonrise	**4:33**	Low	**3:12**	0.2′
		Sunset	**8:25**	High	**9:22**	1.5′
Thu	**6/8**	Moonset	3:17	Low	4:08	0.2′
		Sunrise	5:44	High	9:42	1.2′
		Moonrise	**5:37**	Low	**3:57**	0.2′
		Sunset	**8:26**	High	**10:08**	1.6′
Fri	**6/9**	Moonset	3:46	Low	4:56	0.2′
		Sunrise	5:44	High	10:29	1.2′
		Moonrise	**6:45**	Low	**4:43**	0.1′
		Sunset	**8:26**	High	**10:54**	1.6′

Corrections	High	Low	Height
Piankatank River, Cherry Pt.	-1:42	-1:44	86%
Great Wicomico River Light	0:30	0:20	76%
Smith Point Light	1:01	0:44	86%

PM times are in **boldface type**.
Unusually high & low tides are also in **boldface**.
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Bank supports Rage

Bank of Lancaster last week announced its financial support for the Northern Neck Rage, a community-based organization that is dedicated to providing a positive learning environment to help girls throughout the Northern Neck in the development of their character and life skills through the sport of fast pitch softball. From left are (front row) Rage members Whitney Spence, Nicole Crowther and Casey Clarke; (next row) Danielle Shelton, assistant vice president and Bank of Lancaster northsdie branch manager Dianne Gutnecht and Rachel Haywood.

Injuries mar Red Devils' efforts at Region A meet

by Lisa Hinton-Valdrighi

A pre-meet injury and a couple more the day of the event resulted in a disappointing 10th place finish for Lancaster High's boys track and field team at last Thursday's Region A meet.

The Devils, who won the regional title two consecutive years, lost senior sprinter Montel Mitchell about four weeks ago and had two of its top competitors go out with injuries during last week's meet at West Point.

Nick Beale was on pace to win the 200-meter dash with about 10 meters left when he went down with an injured hamstring. Jamie Veney failed to even compete in two of his qualified events — the triple jump and 200-meter — due to illness.

"I don't want to make excuses," said LHS coach Joanne Webb-Fary. "It doesn't matter what you have or who you bring; it's what they do that day."

Tidewater's Middlesex scored 67 points to win the boys' meet. The Chargers produced two region champs, sprinter Jerry Jones and high jumper Rashaan Bowens, in winning the team event. Jones won the 100-meter dash in 10.86 with teammate James Harris on his heels. Harris finished second in 11.21.

Jones was named the MVP of the boys' meet.

Northampton was second with 55 points, Essex third with 49 and Northumberland fourth with 47. Lancaster scored 26 points.

Middlesex was the favorite to win the 4X100-meter relay until Harris went down with a hamstring pull. Lancaster won the event in 43.85.

The Red Devils will take eight boys to the Group A meet in Salem this Saturday, June 3, including top finisher Kenny Wilson, who placed third in the shot put (48'7 1/2").

Although Beale was disqualified from the 200-meter, he will advance to state in the 100-meter and as a member of the relay team. He finished fifth in the 100 in 11.40.

Lancaster's Aaron Holzbach and Clinton Bennett will compete in the state 1600-meter run. Holzbach was fourth in the mile (5:05.39) and Bennett fifth (5:07.24) at regionals.

The Devils' 400-meter relay team will also advance to the Group A meet.

Northumberland's Lavar Rich scored 26 points to lead his team to fourth place. Rich was the Region A champion in the triple jump (42'2"), the runner-up in the long jump (20'11 3/4") and the runner-up in the 400-meter dash (50.73). The Indians' Brandon Webb was second in the 110-high hurdles in 16.54.

Girls action

Lancaster's girls team finished fourth overall and will send six to the state meet including Region A champion Lisa Faulkner. Faulkner was the only regional champ for LHS.

She outpaced the pack in the two-mile to win that event with a time of 13:25.10. Faulkner also finished fourth in the 1600-meter in 6:08.05.

"Lisa took charge from the get-go," said Webb-Fary. "It wasn't a big surprise to me. I knew she could do it."

Erica Patton also advanced in the mile, placing sixth in the race in 14:20.50.

Also on the track for Lancaster, Brianne Oltermann was the runner-up in the 800-meter in 2:42.25 and Tonesha Scruggs was fifth in 2:50.81.

Tatiana Sanders qualified for state in both of the hurdle events, finishing fourth in the 100-meter in 18.86 and fourth in the 300-meter in 55.34.

Tabitha Rinehart was disqualified in the 100 hurdles for a false start. However, she'll go to the state meet in the high jump, clearing 4'6" to finish third in that event.

Rasheeta Hundley of West Point was the region champ in the long jump (17'4), the 100-meter dash (12.27) and the 200-meter dash (25.30) and was named the girls' MVP.

King William won the girls' meet with 120.5 points, West Point was second with 69 and Essex third with 63.

Northumberland, which was sixth, got 18 of its 32 team points from Monet Stevenson and Tykia Thomas in the shot put event. Stevenson was the region champion with a 35'11 1/2" throw and Thomas was the runner-up with a 32'11" throw.

Boys meet

1. Middlesex 67. 2. Northampton 55. 3. Essex 49. 4. Northumberland 47. 5. Surry 43. 6. Washington & Lee 40. 7. Sussex 33. 8. (tie) Windsor 30; Arcadia 30. 10. Lancaster 26. 11. King & Queen 13. 12. Mathews 9. 13. Franklin 8. 14. King William 15. (tie) Rappahannock 4; Charles City 4. 17. West Point 1.

Girls meet

1. King William 120.5. 2. West Point 69. 3. Essex 63. 4. Lancaster 40. 5. Arcadia 33.5. 6. Northumberland 32. 7. Mathews 27. 8. Sussex 26. 9. Washington & Lee 22. 10. Middlesex 21. 11. Franklin 6. 12. King & Queen 3. 13. (tie) Windsor 1; Rappahannock 1.

Ashley Reese of Lancaster just missed qualifying for the Group A meet. Reese was seventh in the discus throw at the regional competition.

Kenny Wilson of Lancaster placed third in the shot put at last week's Region A meet.

Lancaster produced one regional champion in distance runner Lisa Faulkner, who won the two-mile race.

Tabitha Rinehart of Lancaster cleared 4'6" to place third in the high jump at regionals and to qualify for the state meet.

Nance fires perfect score

T. Nance fired a perfect score of 200-20Xs to take first place in the centerfire benchrest match last Saturday at the White Stone range of the Rappahannock Pistol and Rifle Club Inc.

This is the first and only perfect score fired in any of the club matches over the years.

There were three other perfect scores, but with lesser X counts, so Charley Austin placed second with a 200-18Xs and Betty Taylor third with a 200-11Xs. Larry Taylor didn't place even though he too had a 200-10Xs. There had not been four 200s fired in any previous matches.

Competitors were firing at a regulation 100-yard rifle target with an X ring of one inch and the 10 ring of two inches. The X count is always used to determine ties, which occurred in the case of this match.

The next scheduled match is June 17 at 9 a.m. and will be a rimfire benchrest rifle match, iron sights, 50 yards, 20 shots for record.

Contact Larry Taylor for more information.

From left are Betty Taylor and Charley Austin. Taylor is holding T. Nance's "perfect target."

Club Golf

Quinton Oaks Senior League

The Quinton Oaks Senior League first flight winners for May 23 were Ray Herron, John Miles and Dick Conley. Other weekly winners were Jake Russell, Don Rawlings, Marian Dongieux, Ed Hoeck, Larry Uhlfelder, John Texter, Frank Sherman, Dick Holcombe and Frank Klein.

Shooting closest to the pin were Hoeck on #3, Conley on #8, Stan Rembixz on #12 and Tom Cernicky on #17.

ICYCC men

The Indian Creek Yacht and Country Club men midweek gathering May 24 featured a two best ball net. Winners were first, Tom Wilhelmsen, Dick Rounds, Phil Purrington and Buddy Stone (123); and second, Bill Lowe, George Urban and Richard Ranc (130).

ICYCC 18-holers

The Indian Creek Yacht and Country Club 18-holers on May 23 played a best ball of threesome net event. Winners were first, Elise Hilbert, Harriett Baggett and Rebecca Smiley (62); second, Pat Gwaltney, Carol Haaland and Lois Pancoast (62); and third, Joan May, Mickey Kirby and Ellie Davis (62). All ties were broken on the scorecard. Davis and Haaland had chip ins.

ICYCC 9-holers

The Indian Creek Yacht and Country Club 9-holers on May 25 played a four-person scramble. Winners were first, Lynn Georgiadis, Judy Ripley Connie Ruble and Dee Ross (41); and second, Louise Petralia, Betsy Chambers, Jan Litsinger and Pat Calkins (44).

Tartan Golf Club

In recent Play Day men's action at the Tartan Golf Club, Don Bowser, Buddy Stone and Herbie Hammock tied for first, Toodles Sadler was fourth, Andy Kauders was fifth, John Burton was sixth and Butch Miller was seventh.

In women's action, Isabelle Bunch was low gross and Barbara Sandborne was second. Nancy Sturm was first net, Pat Kirby was second and Nancy Collings was third.

In Sunday Twilight action, Butch and Marlene Miller finished first; Ed and Isabelle Bunch, second; Pete and Nancy Sturm and Bill and Jinx Wright tied for third; and Dick and Peggy Sevila, fifth.

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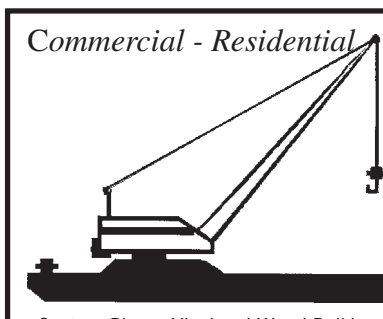
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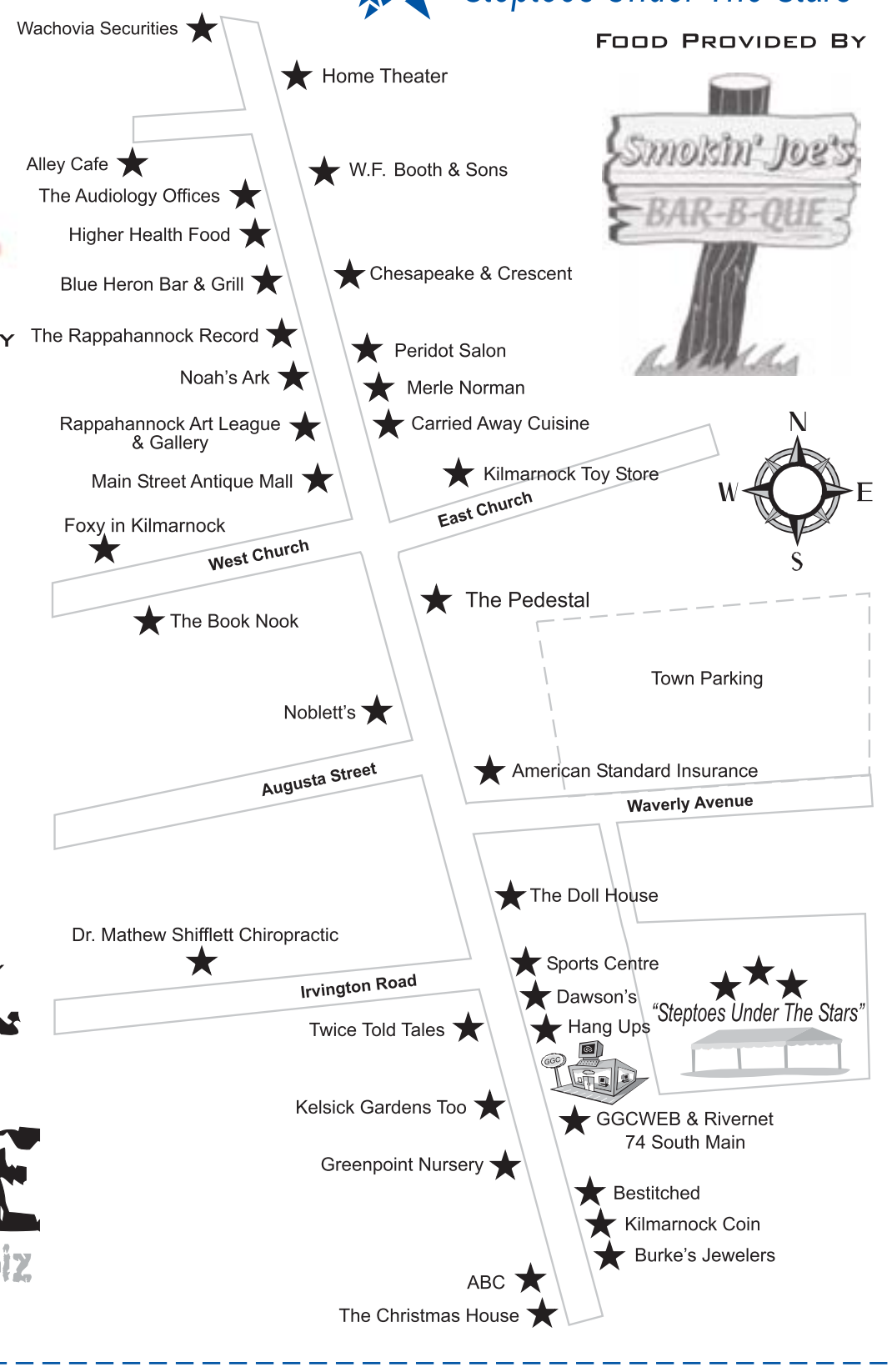

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From left are USA World Championship silver medalist Kasey Daiger, Leanne Seitzinger, and regional gold medalist Skylar Kellum.

Kellum is regional champ

Skylar Kellum of Weems tied for the gold medal in the double mini trampoline event with a score of 59.3 and was named the 2006 regional champion for Level 8 ages 11 and 12 at a meet in Wilmington, Del., May 20 and 21.

She will travel to Chicago in July to compete in the Junior Olympic National Championships.

Kellum attended the meet with Leanne Seitzinger of Mathews and Kasey Daiger of Westmoreland.

Seitzinger trains at Novak's Gymnastics in Dumfries. She was a member of the USA Gymnastics Tumbling World Championship Team. She recently returned from the Netherlands where the team won a silver medal placing just behind the Russian team. She will compete in tumbling in the Junior Olympic National Championships in July.

Daiger is Kellum's teammate and a silver medalist. They train at the Northern Neck Athletic Center in Warsaw under coach Janice Collins.

Daiger also will compete in Junior Olympics in Chicago in July.

Virginia State Parks offers vacation guide

Planning summer fun in the Old Dominion is made easier with a new guide from the Virginia Department of Conservation and Recreation, which manages the award-winning Virginia State Parks.

The 2006 Virginia State Parks Guide introduces visitors to exciting outdoor activities.

The 24-page Virginia State Parks Guide offers descriptions of every state park, information about camping, cabins, accessibility, and a chart that shows each park's amenities.

A special section of the guide profiles the 70th anniversary of Virginia State Parks and its rich and interesting history.

The guide is available at Virginia Welcome Centers, local visitor centers, Virginia State Parks, or by calling 1-800-933-7275. Comprehensive Virginia State Parks information is also available at www.dcr.virginia.gov.

On June 15-18, Virginia State Parks celebrates the anniversary by rolling back the daily admission fee to 1936 rates - visitors will be charged 10 cents each, all weekend long.

Jones receives epaulets

Bert Jones of Burgess recently was promoted to lieutenant colonel upon completing command and staff training and reaching the master's level in aerospace education. Above, Lt. Col. Jones (center) receives his epaulets at Hummel Field from Cadet Cmdr. Andrew Bowling (left) and Cmdr. Frank Bernhardt.

Lions tournament deemed a success

Thanks to the hole sponsors and participants, the Lancaster County Lions Golf Tournament May 10 was an unqualified success, according to president Edward M. Kidwell.

Funds raised by the tournament will be used by the Lions Club to provide eye exams, eyeglasses and hearing aids to residents of Lancaster County who otherwise could not afford them, as well as providing scholarships to several deserving Lancaster High School graduates, he said.

First flight winners were Dixon Foster Jr., Sonny James, Ward Currin and Dixon Foster Sr. Second place went to Jim Tice, Roger Smith and Travis Abbott.

Second flight winners were Len Brand, Larry Myrick, Fred Davis and Bill Shook. Second place went to Lee Gill, Ronnie Dodson, David Cornell and Alan Whitaker.

A number of prizes were awarded. Travis Abbott won closest to the pin on hole 5. Mike Swinney was closest to the pin on hole 9. Ward Curtis was closest to the pin on hole 13. Welby Saunders was closest to the pin on hole 17. Ronnie Dodson was straightest drive on hole 6. Alan Whitaker won straightest drive on hole 15.

Birding class and meeting planned

On Monday, June 5, the Northern Neck Audubon Society (NNAS) will present the fifth in a series of five free birding classes. The class will begin at 6:30 p.m. and will be followed by the NNAS monthly meeting at 7:30 p.m.

Former NNAS president B.J. Norris, will conduct the class, "Birds of Summer." She will show slides of approximately 50 birds which will be here this summer and discuss where to look for them. Common "backyard birds" and other non-yard varieties will be covered.

At the meeting, the guest speaker will be nature photographer Dr. William H.D. Leaning. Leaning is a retired veterinarian in Earlysville, with his wife Clare. In his program, "Birding Down Under," he will present a sample of the bird life found in Australia and New Zealand.

Both the class, which is open to the public and requires no pre-registration, and the meeting will be held at Grace Episcopal Church in Kilmarnock. Class participants are urged to stay for the meeting.

Audubon to conduct bird walk

The Northern Neck Audubon Society will lead a bird walk June 12 on the grounds of the Alexandria Police Boys Camp near Kilmarnock.

The property on Indian Creek at the end of Boys Camp Road provides several wildlife habitats, including waterfront, open fields and forest edges. Possible bird sightings include killdeer, woodpeckers, hawks, eagles and warblers.

Participants wishing to carpool to the camp should meet in the parking lot of Grace Episcopal Church in Kilmarnock by 8 a.m. Those driving directly to the camp should plan to arrive by 8:15 a.m.

Binoculars and water-resistant footwear are recommended. For more information, call Rick Skelton at 580-9066.

Little League Report

The Lancaster Fireballs lost a couple of games in minor girls softball last week, falling to the Mathews Angels, 13-11, last Tuesday and to the Middlesex Braves, 13-1, last Friday.

Katherine Keyser and Emily Lux had two hits each to lead Lancaster at the plate against Mathews. Paige Pittman, Amber Cutting, Micaela Pittman and Kelli Tignor had one hit each.

M. Pittman was the starting pitcher against Mathews with P. Pittman coming in to close.

P. Pittman went the distance on the mound against Middlesex. Keyser and Lux had a hit each and Kelsey Clarke drew a walk to score the only run.

The Fireballs will play Saturday, June 3, at home against Mathews

Karate classes to begin June 6

The Academy of Performing and Creative Arts (APCA) will offer two evenings of karate classes this summer.

Tuesday classes from 6:30 to 8 p.m. beginning June 6, will be under the direction of Donna Haynie Clark. Wednesday classes from 6 to 7:30 p.m. beginning June 7 will be under the direction of Glenn Fallon.

New or more experienced students are welcome. All ages, beginning at 4 years of age, women, men, boys and girls are urged to participate.

Karate increases body strength and helps in coordination, balance and enhances heart health. New students may attend a free first class. Classes will be offered through August at The Eubank Building, formerky known as The Arts Building, on Route 200 in Kilmarnock.

To register, call 435-2400.

Karate instructors from left are Glen Fallin and Donna Haynie Clark.

Alvis, Booth and Knight finish River Races on top

The traditional River Races were held Sunday, May 28, jointly sponsored by the Rappahannock River and Fishing Bay Yacht clubs. Racers from Yankee Point Yacht Club also participated.

The course was on the Rappahannock River off Irvington. Winds were moderate around 5 to 10 knots.

After two races, top finishers in the spinnaker A class were first, Alex Alvis aboard Chilcoot; second, Anker Madsen aboard Stephanie; and third, Lissenden/Krush aboard Voodoo Chile.

Top finishers in the spinnaker B/C class were first, Miles Booth aboard Shenanigan; second, Sam Marshall aboard Play It Again; and third, Philip Denvir aboard Rattlesnake.

In the non-spinnaker class, Pete Knight finished first aboard Salute.

Additional competitors included Andrea Latell, Old School; Mike Dale, Juggernaut; Brad Miller, Schiehallion; Wayland Rennie, Trilogy; Lew Thatcher, Catitude; Bill McCarty, Aerwana; David Hazlehurst, Oracle; Seldon Tompkins, Baby Beluga; and Broaddus/Cone, Bodacious Too.

Pit Stop

Virginia Motor Speedway
May 27 results:
Sprint - Nick Smith, first; Jason Johnson, second; Jan Howard, third.
Late models – Tom Cohick, first; Somey Lacy Jr., second; Jared Powell, third.
Sportsmen – Walker Arthur, first; Robert Marshall, second; Donnie Owens, third.
Modifieds – Bret Hamilton, first; Brian Dobie, second; Brent Bordeaux, third.
Upcoming races:
June 3
(VMS is on Route 17, eight miles north of Saluda. Pit gates open at 3 p.m..; spectator gates open at 4 p.m. Track activities begin at 6:15 p.m.)
Late models (35 laps), **sportsmen** (30 laps), **modifieds** (25 lap), **chargers** (25 laps), **all-Americans** (15 laps).

Bridge Results

Five tables of bridge were in play May 23 at Rappahannock Westminster-Canterbury.

Winners north/south were first, Norma Drinnon and Barbara Hubbard; and second, Judy Peifer and Jane Hughes.

Winners east/west were first, Cynthia Birdsall and Virginia Adair; and second, Marilyn Reed and Margaret Livesay.

The next bridge for this group is June 13.

Six tables of bridge were in play May 25 at Indian Creek Country Club.

Winners north/south were first, Ilva Doggett and Carolyn Reed; second, Barbara Bryant and Mary John Gilchrist; and third, Beverly Oren and Ronnie Gerster.

Winners east/west were first, Jane and Lee Conner; second, Judy Peifer and Shirley Crockett; and third, Suzi Winter and Marilyn Burkholder.

The next bridge for this group is Thursday, June 1, at 1 p.m.

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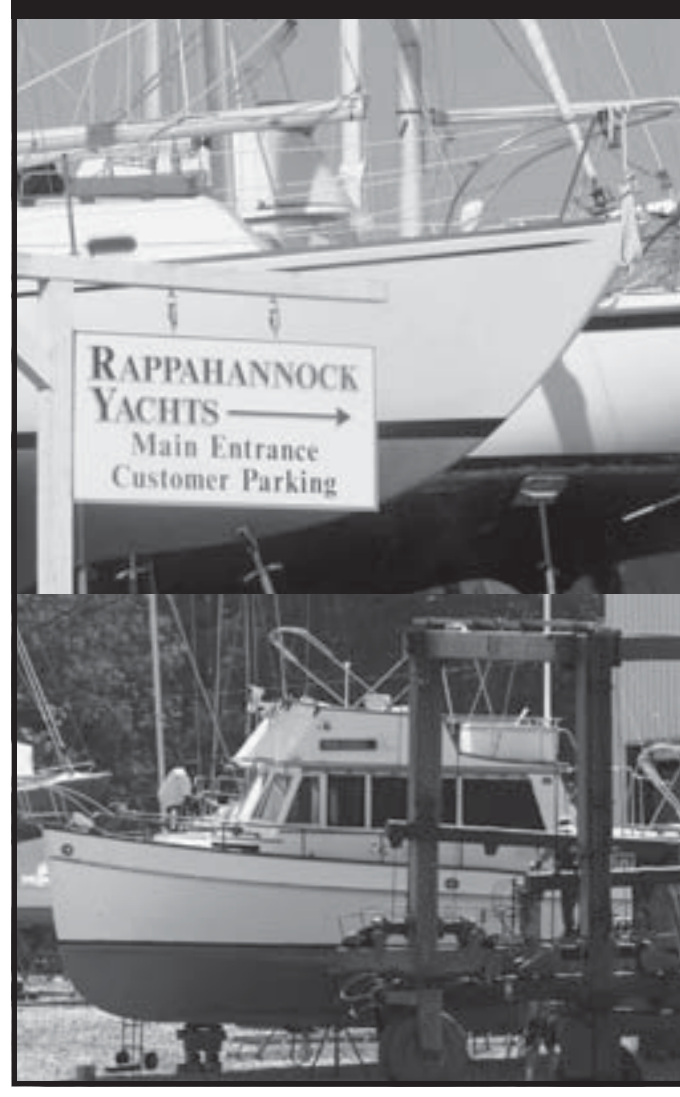

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Graduates and instructors of the GPS for Mariners course are, from left, front row, Cathy Chagalis, Bill Reckert, Frances Lange, Carolyn Barley, Jim Neal; next row, George Chagalis, Wally Dawson, Robert Moore, Margie McMillen, Ray Edgell, Steve Saylor, Mickey Hawkins, Kay Hawkins, Georgia Vinup, Gerry Vinup, Jim Bowman, Ed Lange, Don Gallagher and Paul Rockefeller.

17 boaters complete GPS course

Seventeen boaters completed the GPS for Mariners course May 27. It was the largest group ever to participate since USCG Flotilla 33 began offering the course in Kilmarnock.

The attendance reflects the growing number of area boaters who are concerned about safe boating and improving their navigation skills.

The course is designed to help students understand their GPS equipment, its operation, limitations and how to use it more effectively. Instructors were Wally Dawson, Larry Uhlfelder and Don Gallagher.

The one-day course will be offered Saturday, June 3, and July 8.

The course includes an introduction to boating, boating laws, personal safety equipment, safe boat handling, navigation, boating problems, trailering, carrying hunting gear and weapons in a boat, fishing from a boat, waterskiing and PWC safety.

America's Boating Course satisfies the Virginia law requiring certificates for 14- and 15-year-old personal watercraft operators. Some insurance companies offer discounts for completion of these courses. The fee for the eight-hour course is $25. To enroll, call Jim Wroth at 435-0376.

Event to feature lawn mower races, truck and tractor pull

The Spring Thing at the Field Day of the Past show grounds in Goochland on June 10 will feature lawn mower racing and truck and tractor events.

The Virginia Lawn Mower Racing Association (VLMRA) will kick The Spring Thing into action at noon. These "bad boys" will kick up some grass in fierce competition in three classes.

The stock class is open to the public; just don't forget to remove your blades. The single cylinder class is a faster one. These mowers are lowered and widened for stability and reach speeds of more than 40 miles per hour. The twin cylinder class, otherwise known as "The Big Boys" reach speeds of 80 miles per hour.

The single and twin classes run 20 laps each and then get together for a 20-lap " race out." Registration will begin at 11 a.m. For more information on the Virginia Lawn Mower Racing Association, visit the website at www.vlmra.com, or call Mike Moss at 761-8176.

The Interstate Truck and Tractor Pullers (ITTP) event will begin at 4 p.m. The 6,500-pound antique class will start off these pulls, followed by 12,000-pound farm stock; 7,000-pound modified turbo; 6,000-pound non turbo; 8,500-pound modified turbo; 11,000-pound hot stock. There will be two 4X4 classes; the 6,200-pound and the 6,500-pound classes.

Several of these classes are ITTP sanctioned points classes. The truck events will include classes for dump trucks, road tractors, both modified and road, and street 4X4 classes. A $10 hitch fee is charged for participants in these events.

Gates will open on The Spring Thing at 10 a.m., so come early armed with your lawn chairs and grab a good place to see all the action. Food is available on the grounds and parking is free. This is a family event. No alcoholic beverages, glass bottles or containers will be allowed on the grounds. Rain date for this event is Sunday, June 11.

Admission to The Spring Thing is $10 per person. Children younger than 13 are admitted free.

The Field Day of the Past show grounds are off I-64, 14 miles west of Richmond. From the south and east, take I-95 North to I-64 West, Exit 173, or take Route 288 North to Broad Street West Exit. Follow Broad Street (Rt. 250) to Centerville and turn right at Wachovia Bank. The show grounds are on the right.

The Rockville-Centerville Steam & Gas Historical Association, the nonprofit organization hosting The Spring Thing, will conduct its 15th annual Field Day of the Past on September 15-17. Call 804-741-8468 for more information on both events.

The Stripers are, from left, Donna Funkhouser, Mary Helne, Pauli Dillard, Kathryn Gregory, Ray Funkhouser, Kathy Broderick and Betsy Chambers.

Stripers win 17 medals at YMCA national meet

The Stripers brought home 17 first-, second- and third-place medals from the YMCA National Swim Meet at the Fort Lauderdale Aquatic Complex May 18 to 21. Some 408 swimmers competed in the event.

Pauli Dillard was first in the 50-yard backstroke, second in the 50-yard breast stroke and the 50-yard freestyle, and third in the 200-yard backstroke.

Betsy Chambers was second in the 200-yard breast stroke, the 100-yard backstroke and the 200-yard backstroke. She was third in the 100-yard breast stroke, the 1000-yard freestyle, the 200-yard freestyle and the 50-yard backstroke.

Mary Helne was second in the 500-yard freestyle and the 100-yard butterfly.

Katherine Gregory was second in the 50-yard backstroke. She was third in the 100-yard backstroke and the 200-yard backstroke.

Kathy Broderick was third in the 200-yard individual medley and the 100-yard butterfly.

Sports Shorts

■ Golf memorial

The Third Annual and Probably Never-to-be-Repeated Cliff Asbury Golf Classic will be played September 29 at the Royal New Kent Golf Club in Providence Forge. The captain's choice, four-man team tournament will open with a shotgun start at noon.

Box lunch and dinner included. Non-golfers welcome. The registration fee is $100 per person, or $400 per team. The tournament benefits Friends of Cliff Asbury, a charity serving youth. To sign up, call Ed Richardson at 757-229-8727, or e-mail RichardsonRun@aol.com.

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Antiques attracting

Sheldon and Shirley Smith of Miami, Fla., discuss earrings with Tom Shewmaker of Lady Di's Antiques during the third annual Northern Neck Antiques Fair at Epping Forest near Lively last Saturday. Again, the fair attracted numerous vendors and thousands of shoppers. (Photo by Conrad Wineland)

Reedville cluster projects return for consideration by board of supervisors

by Reid Pierce Armstrong

HEATHSVILLE—Two contentious development applications return to the Northumberland board of supervisors for debate on Thursday, June 8. The public hearing session will be held in the Northumberland High School auditorium at 7 p.m.

The board will reopen public comment on a request to build 32 condominiums on slightly more than nine acres along Fleeton Road near Reedville. Double D Development has made no changes to its application since the board first considered the project in February.

As proposed, the project would include seven buildings, each containing four or five 2,000 square foot units. The proposed density of this project is roughly three-and-a-half units per acre.

More than 200 citizens attended the first public hearing on this application. Those who spoke objected to the scale of the project, the amount of impervious surface and open space on the site, the architectural style of the buildings and the impact such a project would have on Fleeton Road.

Supervisors voted to table a decision on the proposed development in order to consider county-wide guidelines for multi-family housing and cluster developments.

They have since reviewed, but not adopted, a new chapter to the county zoning ordinance that would require a minimum of ten acres for a cluster or multi-family housing development. According to the proposed amendments, a developer could build no more than three units per acre on a 10- to 20-acre lot. He would be required to preserve at least 50 percent of the property as "open space" and would be allowed to cover a maximum of 35 percent of the property with impervious surface.

Because the board has not adopted these amendments, Double D Development is not bound by the new language, said zoning administrator W.H. Shirley.

The board may wish to use the proposed amendments as a guideline for making its decision, but is not bound to them, Shirley said. For instance, if the board chooses to follow the three-unit-per-acre density guideline, it may decide to allow only 27 or 28 units on this property rather than 32. The board could also decide that the nine-acre parcel is not large enough to support a multi-family housing development.

The board may legally approve Double D Development's application with the condition that it cut a certain number of units or buildings from its overall site plan. The developer would then be required to redraw the site plan, which would have to be submitted and approved by the zoning administrator before construction begins.

The supervisors also will reopen the public hearing on a request to build 12 homes on a little more than two acres in Reedville behind Reed Square. With a density of six homes per acre, the proposed spacing between each of the 1,000-square-foot homes is only about 10 feet. Six homes would face Main Street and six would face Reed Avenue. Access to the homes would be along a private drive between the two rows of houses.

At the original public hearing in March, citizens expressed concern about the number of homes proposed for the small lot. Although Reedville has a water and sewer system and can support higher-density projects, most people said they would be comfortable with six houses on that lot, but not a dozen.

Another major public concern was the health department's moratorium on connections to Reedville's water system. Watson Construction and Development Inc. has since located a place for a community well, if needed, said Shirley, but hopes that the moratorium will be lifted if Aqua Virginia purchases the system.

Shirley also said that Watson Construction has obtained a permit to build one home on the property. That home is currently under construction. If the application is approved, that house will become part of the overall development. If the application is denied, Shirley said, Watson intends to sell the property with only the single residence.

When the board of supervisors reviewed the staff's proposed guidelines for cluster and multi-family housing, it noted that alternative language was needed to address development in areas such as Reedville and Callao where access to public sewer systems is available.

The board recognized that higher density guidelines and smaller lot sizes may be appropriate in these areas.

The staff has not yet presented the board with any language specific to developing cluster housing in villages.

The board also will consider public comment on the comprehensive plan, a request by Clinton and Elizabeth Welch for an exception to the Bay Act to build within the 50-foot buffer in White Sands Harbor; a request by Robert Saunders Jr. to open a sign shop in Callao, and a request by River Dream Homes and Double D Development to construct a private community marina with 14 mooring slips in a cove of the Great Wicomico River.

▼ *Out-of-county students . . . .*

(continued from page A1)

needs to look at that issue," said Lancaster supervisor Pete Geilich during last month's work session. "That's a high percentage of students that are being subsidized by Lancaster County taxpayers. And that's not right."

Geilich argued that, because of Lancaster's local share of the school budget, taxpayers spent about $390,000 this year to educate the 69 students.

The school board, "needs to consider tuition at least equal to the county's contribution," Geilich said.

Supervisor Jack Russell said counties charging out-of-county tuition don't necessarily charge the actual county cost "but a variable."

Lancaster superintendent Dr. Randolph Latimore argued that the out-of-county program benefits the students and brings the county much needed state and federal aid.

This year, the state and federal governments paid Lancaster almost $240,000 to educate its out-of-county students.

But the Lancaster supervisors don't seem to see the same benefits to the school. They told the school board they would like the number of out-of-county students reduced by at least half.

Stables believes cutting even half of their out-of-county students from the system would impact Lancaster more than Northumberland.

"If they attrition only one teacher but lose all those kids, it's going to leave a hole in their revenue," he said.

Stables said he would be happy to see all 61 Northumberland students return to his district. The additional state and federal funding for 61 students would be something of a welcome windfall, he explained.

By the numbers

This chart represents the number of out-of-county students per grade level in Lancaster County for the 2005-06 school year.

Pre K	2
K	8
First	0
Second	3
Third	2
Fourth	5
Fifth	6
Sixth	5
Seventh	1
Eighth	4
Ninth	11
Tenth	7
Eleventh	6
Twelfth	9

He said the district would be able to absorb the additional students without much trouble. Spread over 13 grades, the impact on any individual class would be minimal, he said.

It would be easier to absorb students at the high school level where there are seven class periods and student schedules can vary, continued Stables. At the elementary school, an influx of five students at one grade level could force the district to hire a new teacher and find additional classroom space.

"We've talked about how we would do that," Stables said. "I don't think it would overwhelm us."

Northumberland would pick up some $210,000 in state funding for those 61 students, or about $3,500 per pupil.

Additional local funds would not be needed to educate these students, Stables said. With the extra funding, the system could hire as many as five new teachers. However, Stables said he could hardly imagine needing that many teachers to absorb 60 students across 13 grades.

The remaining money, therefore, would go into the Northumberland school coffers for other uses.

Meanwhile, if Lancaster eliminated even half of its out-of-district students, it would lose more than $100,000 in state and federal funding. Depending on the distribution of students it removed from the schools, the district would be lucky to drop one teacher, saving only $30,000 to $40,000.

Unless expenses could be cut to make up for the revenue lost by eliminating out-of-county students, Lancaster taxpayers could actually end up paying more to support the existing school budget.

Eliminating teachers would save the district money, but it could also impact Lancaster's coveted student-teacher ratio. Lancaster boasts one of the lowest student-teacher ratios at the primary level in the area: 16-to-1, Latimore said.

Lancaster's central office has not yet contacted Northumberland regarding any plans to ship students back across the county line next year, nor are they obligated to, said Stables. It would be a nice courtesy, he added.

The Lancaster school board and board of supervisors acknowledged a potential hardship to students near the end of their high school careers if the county began reducing the number of out-of-county students or started charging tuition.

However, there was no debate on whether some of the Lancaster supervisors felt the practice was fair to the county taxpayers.

"We don't give scholarships," said Geilich.

Sen. Warner casts 10,000th vote

WASHINGTON, D.C.—Late on the evening of May 24, Sen. John W. Warner, the chairman of the Senate Armed Services Committee, cast his 10,000th vote in the United States Senate, becoming the first Virginia Senator to reach this milestone.

A total of 1,885 senators have served in the 218-year history of the U.S. Senate. With his vote, Sen. Warner becomes the 26th senator to reach the 10,000 mark.

Sen. Warner is the second-longest serving senator from Virginia, with Harry F. Byrd Sr. holding the record for longest service.

"I humbly thank the dear Lord for the strength and wisdom he has given me, for the support and the friendship of—I calculated—the 241 senators I have served with during this time, and for a family that has stood by me for these many years," said Sen. Warner.

"To the people of Virginia, I express thanks. And to whoever up there provides luck, I am the luckiest man you have ever met."

Women urged to protect their health

RICHMOND—The Virginia Department of Health (VDH) urges women to incorporate simple and manageable preventive health steps into their everyday lives.

"Women lead such busy lives and shoulder so many responsibilities that they often forget to make their own health a priority," said State Health Commissioner Robert B. Stroube, M.D., M.P.H.

For example, heart disease is the No. 1 killer of women in Virginia, claiming 7,042 in 2004. Yet many women have not had their cholesterol checked or know their blood pressure, which can help determine the risk for heart disease and other chronic illnesses.

Because women make roughly 90 percent of their family health care decisions, VDH encourages women to make healthy lifestyle choices, lowering the risk of chronic diseases for themselves and for their families.

"Many of the leading causes of death among women can be prevented or treated if women get regular health screenings and adopt a healthy lifestyle," said Dr. Stroube.

Women can protect their health by adopting the following habits:

- Don't smoke.
- Be physically active for a total of 30 minutes most days of the week. Walk, dance or work in the yard.
- Eat a healthy diet including fruits and vegetables. Limit saturated fat.
- Maintain a healthy weight. Balance the number of calories taken in with the amount burned through physical activity. Watch portion sizes.
- Limit alcohol to one drink a day; none if pregnant or planning to be.

Avoid joint pain and injury while exercising

ATLANTA—Exercise in addition to eating balanced meals is essential to optimal health. However, for the 70+ million people who suffer from arthritis and/or chronic joint symptoms, according to the Centers for Disease Control and Prevention (CDC), exercise can be painful, resulting in a lack of interest.

Joints of the body that are typically susceptible to strain and subsequent pain from exercise include the knees. Since most fitness activities involve bending and support from the knees, it can be easy to see why people with joint problems may avoid physical activity.

However, remaining sedentary can actually compound the problems you face. Without exercise, excess weight gain can occur and these extra pounds can put extra strain on already compromised parts of the body.

Finding a balance between exercise and pain-free joints is possible. Here are some simple measures to try:

- Consult a doctor—Always check with a doctor before beginning an exercise plan. He will be able to advise activities that are appropriate and beneficial to one's condition.
- Get up and go—Regular exercise in moderation can relieve joint pain and stiffness. Taking a daily brisk walk around the neighborhood or hopping on a treadmill can provide a low-impact exercise that's easy on the joints, but still promotes movement and flexibility.
- Stretch adequately–Ease into it. Don't stretch cold. Warm up slightly before hand—a short walk will do it. This will prepare muscles, tendons and joints. It will also stretch out muscles so they don't stiffen up and get sore after a workout. Don't try to overextend or push the body, though. If one feels any pain when stretching, pull back.
- Look to low-impact exercises–These are activities such as walking, cycling, light jogging or swimming. Water aerobics are particularly good because the water provides buoyancy and actually serves as a moderate form of resistance. If participating in light jogging, try to do so on grass, sand or a padded track, which are kinder to the knees than pavement.
- Wear clothing that maximizes your workout and minimizes injury—Thanks to modern technology, there is now fitness apparel that provides body support during workouts.

These products use patented web technology to support the major muscles and joints in the legs and add greater stability to the torso, thus minimizing fatigue and the risk of injury. Web technology minimizes the chance for injury and the result is a more comfortable and effective fitness routine for those prone to joint pain, or anyone who is physically active.

- Don't employ a "no pain, no gain" mentality—If there is any pain from exercise or extreme soreness the next day, do not think that it is the result of a thorough workout; it probably means you overdid it. Take a break for a few days, and next time work out at a lower intensity. If discomfort lasts for an extended time, consult your doctor.

A Doctor Speaks

by George Moore, MD

Don't throw away your good Teflon and other nonstick pans.

It is true that the Environmental Protection Agency has asked manufacturers to gradually eliminate perfluorinated acid (PFOA), a chemical used in the production of nonstick coatings, as well as in many industrial and consumer products. At very high levels, PFOA causes cancer in lab animals, and recently, an EPA advisory panel said it may also be a human carcinogen.

However, studies have found that virtually no PFOA remains in the cookware after manufacture. The EPA does not advise people to stop using these products.

Still, don't overheat nonstick cookware. As the instructions state, it is not designed for high-heat cooking. The coating begins to break down at 535 degrees F. (frying is typically 400 to 470 degrees) at which point fumes may be released. No one knows if the fumes pose any long-term risk to humans, but such temperatures can easily start a fire.

▼ *Sweets . . . .*

(continued from page A1)

a time. It doesn't make much sense to make less. I quadruple the recipe."

Along with cookies, she packs toiletries, magazines and games into the care packages.

"The boxes are heavy and usually include five or six dozen cookies of different varieties, so they can share them with friends."

She once shipped Sam a banana cake that followed him via mail for three months during transfers from the USS Essex to the USS WASP. By the time it reached her husband-to-be, the cake was so hard, he and his buddies had to chip it apart and dunk it in coffee.

It still tasted good, said Sam, because it was from "back home."

It's for that reason, to bring a smile to a homesick soldier's face, that Bridgeman makes her sweets.

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▼ *Memorial Day Service . . . .*

(continued from page A1)

He also is a field director for the Commonwealth's Division of Shellfish Sanitation.

Del. Wittman emphasized the sacrifices of America's soldiers, noting that a million have lost their lives in all the wars making up the history of this land, "from the first colonial soldiers who took up arms in 1775 to fight for independence to the war we are currently fighting in Iraq."

He traced the history of "Decoration Day" from the grieving 1863 Civil War widows, daughters, and sisters tending the graves of their Confederate-soldier loved ones who noticed the neglected Union soldiers' graves nearby.

Understanding that the graves marked dead Union soldiers who "were the cherished loved ones of families and communities far away . . . they showed great kindness by cleaning the graves of the fallen Union soldiers as well."

The "Decoration Day" tradition spread until in 1882 the nation held its first official Memorial Day, "a day set aside to remember and honor the sacrifice of those who died in all our nation's wars," according to Del. Wittman.

From left, retired U.S. Air Force Col. Arval J. Roberson and James E. Kelly, Commander of American Legion Adams Post 86, were honored in a wreath ceremony.

He read a poem by Charles M. Province which he said reminds us that it is the soldier who has won many of our rights.

"It is the Soldier, not the reporter,
Who has given us Freedom of the Press.
It is the Soldier, not the poet,
Who has given us Freedom of Speech.
It is the Soldier, not the campus organizer,
Who has given us the Freedom to demonstrate
It is the Soldier, not the lawyer,
Who has given us the right to a fair trial;
And it is the Soldier — who salutes the flag,
Who serves the flag, and
Whose coffin is draped by the flag —
Who allows the protester to burn the flag."

Wittman also quoted President John F. Kennedy concerning America's service men and women being the "visible evidence" of this land's determination to meet threats to our peace.

"'They are also evidence of a harsh but inescapable truth -- that the survival of freedom requires great cost and commitment, and great personal sacrifice,'" he affirmed.

Del. Wittman reminded folks that the sacrifice of our young men and women "represents what is good and right about our country" and "it reminds us of the courage we all hope to muster when we need it."

Near the close of his remarks, he asked those present to join in a moment of silence and remembrance. The giant room was absolutely silent, but through the open doors came the outside sounds first of a morning dove's call and then the echoing shrill call of a crow.

The congregation was treated to another musical echo from high up in the balcony, as Lancaster High band director Robbie Spiers took the lead in a trumpet duet of "Taps" and student Lucy McCann echoed him phrase for phrase.

Kilmarnock eyes Main Street tract for office complex

by Audrey Thomasson

KILMARNOCK—A municipal office complex closer to downtown may be the next major undertaking for Kilmarnock.

In a call for architectural bids, council is taking steps to bring the town offices inside Steptoe's District and closer to the people in terms of land use.

The proposed location is a 9.5-acre parcel at First and Main streets. The land adjoins an additional seven-acre parcel already owned by the town, bringing the total land use potential to 16 acres in an L-shape.

According to mayor-elect Dr. Curtis Smith, who is leading the bid process, council is seeking a plan that would include an office complex large enough to accommodate a new town hall with the potential of facilitating state or county departments interested in establishing a local office. A portion of the property will be retained as a public commons for outdoor events.

Smith said there have been a couple of inquiries into the purchase of the current town hall, which is on a three-acre strip on North Main Street. He indicated council would like to build the new facilities with the money it receives from the sale of the old property.

Approximately 10 years ago, in a study by the University of Virginia, a recommendation was made to relocate town hall closer to the town center. The first step was introduced at Mike Robertson's first council meeting as mayor in 2002. He spearheaded the purchase of the nine-acre parcel 10 months later for approximately $525,000.

Town manager Lee Hood Caps said the next step is obtaining an engineered plan. Kilmarnock is advertising for licensed architects to submit bids by June 30.

County and towns pursue budget process

LANCASTER—Budget fever has hit local government officials in the county of Lancaster towns of Kilmarnock, Irvington and White Stone.

The Lancaster board of supervisors will hold a work session today (June 1) at 4 p.m. in the General District courtroom.

Supervisors will consider ways to trim the proposed budget for 2006-07 in the hope of avoiding tax increases for county residents, according to county administrator William H. Pennell.

Meanwhile, public hearings have been called in all three town halls to hear from citizens concerning where their tax dollars will be spent for the 2006-07 fiscal cycle beginning July 1.

Kilmarnock

While all the town councils invite citizens to participate, Kilmarnock is the only municipality publicly posting a proposed budget in the newspaper for review by citizens.

Kilmarnock will hold a special council meeting and public hearing on the budget at Kilmarnock Town Hall, 514 N. Main Street, Monday, June 5, at 7 p.m.

Residents of the town are invited to attend and participate in the discussion.

No tax increases are projected for Kilmarnock. Projected revenue totals $3.112 million, estimated expenditures total $2.622 million. The effective tax rates are 14 cents per $100 of assessed real estate value, 16 cents per $100 of assessed personal property value, and 16 cents per $100 of assessed machinery and tools value.

A copy of the proposed budget is available for inspection during regular business hours at the town hall.

Irvington

Irvington town council has called a special budget planning meeting for tonight, June 1, at 7:30 p.m. in town offices at 235 Steamboat Road.

Citizens interested in reviewing the proposed budget may pick up a copy by 1 p.m. today at the town office. All residents are invited to attend the public hearing and comment on the proposed budget.

White Stone

White Stone also will hold its public hearing and town council meeting tonight, June 1, at 7 p.m. in the town hall at 433 Rappahannock Drive. In addition to reviewing the budget, the council will also hear from concerned citizens on the possibility of additional new revenue from a town meals tax.

A copy of the budget will be available for public inspection at the town hall.

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