Rappahannock Record

Section • B •

November 2, 2006

KILMARNOCK, VIRGINIA

Tuesday is Election Day

by Joan McBride

Lancaster and Northumberland county election officials say they are ready for election day next Tuesday, November 7, when local polling places will be open from 6 a.m. to 7 p.m.

Three candidates will appear on the ballots for both the U.S. Senate and U.S. House races.

Senate candidates are incumbent Republican George F. Allen, Democrat James H. "Jim" Webb Jr. and Independent/ Green Party candidate Glenda Gail Parker.

Competing for the First District House of Representatives office are incumbent Republican Jo Ann S. Davis, Democrat Shawn M. O'Donnell and independent Marvin F. Pixton III.

Voters also will decide on three proposed amendments to the Virginia Constitution.

Question 1 proposes that a valid marriage recognized in Virginia is "only a union between one man and one woman." The Commonwealth will not "create or recognize" a legal status for relationships of unmarried individuals that intends to approximate the "significance" of marriage or "create or recognize another union, partnership, or other legal status" which offers the "benefits" or "effects of marriage."

Question 2 proposes that a portion of Article IV concerning the prohibition of the incorporation of churches be deleted from the Constitution.

Question 3 proposes that a portion of Article X be amended to allow localities to provide a "partial exemption" from real property taxes for real estate with "new structures and improvements in conservation, redevelopment, or rehabilitation areas."

The Lancaster County ballot also includes three candidates for Treasurer. F.W. "Butch" Jenkins Jr., Jayne P. "Lindy" Grigsby and Bonnie J. D. Haynie are vying to complete an unexpired term which ends December 31, 2007.

ELECTION 2006

Lancaster polling places

District 1 votes at the Ruritan Center at 3989 White Chapel Road near Lively. Election officers are chief judge Deborah Saunders, assistant chief Ralph Horne, Edna Bush, Roberta Lewis, Norman Tadlock, Jane Bishop and Barbara Harris.

District 2 votes at Trinity Episcopal Church at 8484 Mary Ball Road in Lancaster. Election officers are chief judge Sherry Ransone, assistant chief Louis Lee, Dorothy Pagano, Catharine Shelton, Cy Revere and Anita Tadlock.

District 3, precinct 0301, votes at the White Stone Fire Department at 578 Chesapeake Drive in White Stone. Election officers are chief judge Mildred Roberson, assistant chief Robert Gauthier, Charlotte Hoyle, Jim Wight, Russell Jackson and Bill Goss.

District 3, precinct 0302, votes at Grace Episcopal Church

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Jessica Powers and Bryant Lampkin are raising money to compete in the U.S. Junior Figure Skating Championship.

Olympic hopefuls continue upward in national ice skating competition

LIVELY—On October 17, local figure skater, Bryant Lampkin of Lancaster advanced to the 2007 U.S. Junior National Championships for Intermediate Pairs.

Lampkin and pairs partner, Jessica Powers of Chesapeake, qualified to compete at the U.S. Junior Figure Skating Championships in Cleveland, Ohio, November 28 to December 2, by placing third at the 2007 South Atlantic Regional Championships in Aston, Pa.

This is the first step towards attaining Olympic level which is Lampkin's dream, he said.

A donation luncheon/dinner sponsored by Kathy Pittman and Sherry Ransone will be held November 12 from 12:30 to 5:30 p.m. at the home of Timmy and Kathy Pittman, at 660 Regina Road in Lancaster, to help with the enormous financial commitment required at this level of competitive skating.

Advance tickets are required as seating is limited. Tickets are $12 for adults and $6 for children 12 and under. The luncheon/dinner includes an elaborate baked potato bar with many toppings, chili, tossed salad, dessert and beverage. For tickets, call Kathy Pittman at 435-0621, or Sherry Ransone at 462-7251.

Lampkin is the son of Billy and Marjie Lampkin of Lancaster. He is 16 years old and began skating at the age of 7. Anyone wishing to make donations to The Powers-Lampkin Skating Fund may do so by mailing a check to "the Powers-Lampkin Skating Fund" c/o Davenport and Company, LLC, P.O. Box 608, White Stone, VA 22578.

Horsing around for Halloween

Halloween came early to Scripture Farms in Mila. During a Northeast Virginia Dressage Association Dressage show, the riders took a break from riding competition to dress their horses for a costume contest.

First place in the costume contest went to Kristina and Sammy Brown on Pilot. They were dressed as firefighters on a dalmatian. Second place went to Jen Radcliffe on Cassie. They were dressed as Santa on a reindeer.

The most current fashion prize went to Carter Aines on Zeus. The most colorful went to Rachael Clark on Dottie West. The best other discipline prize went to Hillary May on To the Max. The best farm representative prize went to Kaitlyn Hand on Ginger. The opposites attract prize went to Liz Hudnall on Golden Affection and most creative went to Brittany Scala on Dancer.

Costume judges were Barbara Hope, Debbie Scripture and Janet Harrison. The overall judge was April Rivers.

Dressage results appear on page B7. (Photos by Robert Mason Jr.)

Police Reports

Northumberland County Sheriff Wayne Middleton reported charges brought against 16 individuals last week.

Michael C. Stevens, 23, of Haynesville was charged October 24 with a Circuit Court probation violation as well as a misdemeanor charge of failure to obey a Juvenile and Domestic Relations Court order.

Vincent O'Neal Noel, 24, of Ophelia was charged October

(Continued on page B16)

Scrape it and scrap it

KILMARNOCK—Town residents will no longer have to make a stop at town hall to purchase vehicle tags. Gone are the days of scraping the decal to replace it with another.

Thanks to a unanimous vote at last week's town council meeting, drivers are no longer required to purchase or display town decals on automobiles. Instead, the fees will be included in the town's property tax bill being mailed out to residents this week. The town will also benefit by saving the expense of printing decals.

A Closer Look

by Jane Tims

Though inconvenient, the rain on both days of the Virginia Groundwater Festival for Northumberland and Lancaster sixth-graders was certainly illustrative.

On Tuesday (LMS) and Thursday (NMS) two weeks ago at YMCA Camp Kekoka on Boys Camp Road in Kilmarnock, children, teachers and 45 volunteers trooped across soggy grass from cabin to cabin for six 30-minute sessions of hands-on groundwater learning activities. The six groups of 20 children each learned from their own damp tootsies that different ground surfaces catch water differently.

Rain joins evaporation and condensation to form the water cycle, taught in varying degrees at each grade level and included in SOL testing. Sixth-graders are well prepared for the annual festival, but Audrey Brainard, coordinator with Maggie Peill and Kathy Moeller, says they'll remember these interactive sessions longer and better than classroom lectures.

The longtime "master" of hands-on science, according to volunteer Jim Groff, Audrey has trained teachers throughout New Jersey and coordinated conferences there. At the recent New Jersey Science Conference, an award in her name was presented to a Taiwanese teacher who said her first conference was Audrey's. A workshop on developing groundwater festivals was taught by a teacher Audrey had trained.

This was the fifth year of the area festival sponsored by the Virginia Department of Environmental Quality and the U.S. Environmental Protection Agency. There are two similar state festivals in rural southwest Virginia, said Mary Ann Massie of DEQ.

Along with invaluable financial support from local garden clubs, churches, environmental and conservation organizations, the Peninsula YMCA and the Northumberland County Health Department, a corps of knowledgeable and loyal volunteers makes the event possible.

Not all this year's volunteer instructors were festival veterans. Former educators Sandy Sperry and Sandy Henbest and former dental hygienist Liz Campbell presented their first workshop, a highly effective and visual session titled "Water, Water Everywhere and Only One Drop to Drink."

"She assured students that all 300 million of us would have two million gallons of water each for our whole lives if it were allotted evenly among the population; but some people live in the desert and have less. We must take care of what's in our own backyards, she said."

Liz asked the children to pull 100 bottles of water from barrels and place them on the table. The bottles represented all the water in the world. Why did I choose 100? Liz asked, and an astute child said that it would make percentages easier to figure.

Remove 97 bottles, Liz told the children, because 97 percent of the world's water is salty seawater and undrinkable. Remove two more, she said, because that water is permanently frozen, and it's not feasible to transport ice from the poles on tugs.

With only one bottle of water remaining, Liz poured most of it out. It's not potable, she said, because some of it is too deep in the earth, some is too high, some has bacteria and some has chemicals. The children were left with one drop – or .003 percent of all the water in the world – fit to drink.

She assured students that all 300 million of us would have two million gallons of water each for our whole lives if it were allotted evenly among the population; but some people live in the desert and have less. We must take care of what's in our own backyards, she said.

Her teammates, Sandy Sperry and Sandy Henbest, demonstrated how easily water is contaminated, and how difficult pollutants are to remove. Into a plastic cup of rocks and water, next to a little "creek" they'd made with their forefingers in the middle of the cup, children squirted two drops of pink liquid, representing pollutants such as chemicals, fertilizers, oil and animal waste.

The pink quickly spread. They poured more water into the cup, representing rain, and were astounded to see the pink spread even more rapidly. In what would be an expensive procedure in real life, they pumped the contaminants out – and pumped and pumped and pumped - without ever removing all the color.

"With the rain it just got nastier," said one child. "I'm not drinking that," said another. "We definitely need to do a cleanup," said another. "This is more fun than school," said another, and that's the point. At the festival, learning is effective and fun.

"This event is to give kids a heads-up on problems and decisions they'll have to make in a few years," said Jim Groff, who gave a "Capture, Store and Release" workshop with Paul Servis.

"They need to know they're part of the problem," said Paul. The hope is that after lessons learned at the groundwater festival, they may become part of the solution.

Reflections

by
John Howard Farmer
pastor, Irvington Baptist Church

My Methodist leanings

My paternal grandparents were married at Beulah Methodist Church in Chester. Granddad Robert Lee Farmer, who lived on his parents' farm on Salem Church Road, was a country mail carrier with a two-seat carriage pulled by a sorrel mare. As the kids came along, he and grandmother Lida Doughtie moved to Manchester, along the James River at the south end of Hull Street, and joined the old Stockton Street Methodist Church. For the next three-plus decades it was our family church.

My dad's oldest sister, Beulah, named for the church, married a young Baptist named Nicholas Allen Vaughan and gradually with other marriages, the war, jobs afar and so forth, we lost our one home church connection.

Stockton Street Church moved west after WWII to land almost adjacent to the McGuire Veterans Administration Hospital at the intersection of the Belt Boulevard and Broad Rock Road.

As a young dad fresh from the U.S. Marine Corps and a brief stop in Lynchburg for a tour with Piedmont Airlines, my family of three moved back to Chesterfield and re-entered the service of God's Kingdom at McGuire United Methodist Church, which no longer exists.

The American Methodist Church is an offshoot of fervent 1700s English Anglicans. Today, after the Southern Baptists, it is the second-largest Protestant denomination in the United States. Like so many faith groups, its history is one of splits and mergers. In 1844, the General Conference of the Methodist Episcopal Church split into two conferences due to tensions over slavery and the power of bishops in the denomination. The two General Conferences, Methodist Episcopal Church (the northern section) and Methodist Episcopal Church, South, remained separate until their 1939 merger, plus a third, the Methodist Protestant Church.

Friendship Church
Middlesex, VA

In 1968, the Methodist Church united with the Evangelical United Brethren, also a result of mergers, to become the United Methodist Church. By 2004, worldwide membership was about 11 million: over eight million in the United States, and two and a half million in Africa, Asia and Europe.

Shortly after graduating from Southern Baptist Theological Seminary in Louisville and serving churches in Kentucky and Tennessee, I was called to pastor the United Parish in Brookline, Mass., a collaboration of Saint Mark's Methodist, the Baptist of Brookline and the Harvard Congregational churches. The pastorate rotates among the three denominations. As a Baptist, I was appointed by the Methodist Bishop of New England to serve the church in conjunction with the other two denominations.

I sometimes forget how many folks keep up with us here through the Rappahannock Record. Mr. and Mrs. McCue Conway and I met through this newspaper column back in the early 1990s while they were living far inland from his childhood home. He was raised here on the Northern Neck. Indian Creek had such a hold on him that in June of 2005, after a detour of 25 years in Missouri and Illinois, he returned with his wife, M.J. Now back home they are stalwart members of the Kilmarnock United Methodist Church. M.J. waded into her church's history with a thirst. She discovered two current members who joined there in 1930, Mary Lee Pittman Johnson and Owen Lewis.

Mary Lee Johnson has never strayed far from home. Mostly just up the King's Highway for teacher training at Mary Washington. (The lovely Miss Jessica Barefoot, a wedding present from bride Janet, to Morratico Baptist Church's pastor, Craig Smith, is now a freshman there.)

Mary Lee taught and counseled public school students for 47 years. She has sung in the Kilmarnock UMC choir for 64 years. She praises God for her health, her blessings, her friends and her church's leaders at every opportunity. Mary Lee is our daughter Jennifer Rae's and son Rob Pittman's great aunt.

Owen Lewis was a youngster whose parents, Mr. and Mrs. Raymond W. Lewis Sr., were invited to the Methodist Church by a friend. Indeed that is the very best form of evangelism: invite a neighbor to church.

Mr. Lewis, Mrs. Johnson and other 50-year members were recognized September 16 at Kilmarnock UMC.

M.J. Conway reminded me that, "It's amazing how much wisdom and continuity can be offered by folks who stick around the same church for a long time and persevere through all the changes and budget talks. God knows we need their historical perspectives."

The Kilmarnock UMC has a grand mix of ages and interests. It's like a rich soup of meat and vegetables. Longtime folks and newcomers teach classes, pay the bills, keep the records, lead the mission trips, guide the women's and men's groups, sing the anthems, serve the meals, maintain the facilities, call the homebound members, answer the office phones, arrange the altar flowers, estimate the budgets, and greet the visitors each week. After all, we are all different parts of the body of Christ, (Romans 12:4-5)

Kilmarnock UMC youth worker Sherry Davis Ketner loans our Irvington Baptist youth group Jameson Crandall, a Methodist missionary. Oh, how we have enjoyed borrowing him for our youth mission travels.

The Methodists who gather weekly at 89 East Church Street in Kilmarnock will celebrate 100 years of prayer and worship at 10 a.m. November 12. How very nice it would be for folks to pay them a visit on their centennial celebration.

BAPTIST

Beulah Baptist
4448 Mary Ball Road, Lively; 462-5000
Rev. Ronald Dunaway, Pastor
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship

Bethany Baptist Church
Rt. 360, Callao
804-529-6890
Rev. Kori Kiss
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship
Wednesday, November 8:
7 p.m., Prayer

Calvary Baptist
490 East Church Street
Kilmarnock; 435-1052
Sunday, November 5:
8:45 a.m., Church School
10 a.m., Devotions
10:15 a.m., Worship with Communion
7 p.m., Radio Broadcast, 101.7 FM
Wednesday, November 8:
7 p.m., Prayer Meeting

Claybrook Baptist
2242 Weems Road,
Weems; 438-5570
Rev. Stephen Turner, Pastor
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Morning Worship
6 p.m., Bible Drill, Grades 1-6
7 p.m., Evening Worship
7 p.m., Youth Meeting
Tuesday, November 7:
Election Day, Get Out & Vote
Wednesday, November 8:
7 p.m. Prayer Mtg.
7:45 p.m., Choir Rehearsal
Saturday November 11:
Veterans Day Service, held in cemetery
Followed by soup & sandwich lunch for all in Fellowship Hall

Coan Baptist
Heathsville; 580-2751
Rev. Robert Lee Farmer, Minister
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship
Tuesday, November 7:
7:30 p.m., Sanctuary Choir Rehearsal
Wednesday, November 8:
7 p.m., Prayer Mtg.
7:45 p.m., Choir Rehearsal

Fairfields Baptist
15213 Northumberland Hwy., Burgess
453-3530
www.fairfieldsbaptist.org
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship Service

Friendship Baptist
Hartfield
Pastor McKibbon
693-5503
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship
Nursery is provided
Wednesday, November 8:
6 p.m., Prayer Meeting
7 p.m., Choir Practice

Harmony Grove Baptist
Routes 3 and 33, Topping; 758-5154
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship
Nursery provided, 9:45 a.m. & 11 a.m.
7 p.m., Worship
Wednesday, November 8:
7 p.m., Prayer Meeting/Bible Study

Hartswell Baptist
10559 River Road,
Lancaster; 462-0845
Rev. Bunnie C. Dunaway, Pastor
Sunday, November 5:
10:15 a.m., Sunday School
11 a.m., Prayer & Praise
11:30 a.m., Worship

Irvington Baptist
53 King Carter Drive, Irvington
438-6971; John Howard Farmer, Pastor
Sunday, November 5:
9:45 a.m., Sunday School Assembly
10 a.m., Bible Classes
11 a.m., Worship
Wednesday, November 8:
12 noon, Women's AA
7 p.m., Fellowship and Sharing

Kilmarnock Baptist
65 East Church Street
Kilmarnock; 435-1703
Bill and Mary Dell Sigler, Pastors
Thursday, November 2:
5:30 p.m., Exercise Group
Sunday, November 5:
9:45 a.m., Opening Assembly
11 a.m., Worship Service
12 noon Coffee Hour
After Church Youth Activities
2 p.m., Cub Scout Pack #242
Monday, November 6:
10:30 a.m., World Day of Prayer
5:30 p.m., Exercise Group
6 p.m., Music Team Rehearsal
7 p.m., Boy Scout Troop #242
Tuesday, November 7:
6:45 a.m., Handbell Rehearsal
Wednesday, November 8:
10 a.m., Gurley Girls Mtg.
4:30 p.m., Youth Choir Rehearsal
6 p.m., Worship and Fellowship Supper
7 p.m., Sanctuary Choir Rehearsal

Lighthouse Baptist
Independent
7022 Jessie DuPont Memorial Highway
Wicomico Church, 435-2435
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship/Children's Church
6 p.m., Worship
Wednesday, November 8:
7 p.m., Prayer and Bible Study
Choir Rehearsal afterward
Nursery Provided for all Services

Maple Grove Baptist
Windmill Point Road, Foxwells
Richard C. Newlon, Minister
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship

Morattico Baptist
924 Morattico Church Road,
Kilmarnock; 435-3623
Rev. Craig Smith, Pastor
Organized January 7, 1778
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship

Mount Vernon Baptist
269 James Wharf Road
White Stone; 435-1272
Rev. Robert H. Sutherland Jr., Pastor
Sunday, November 5:
9:30 a.m., Church School
11 a.m., Worship

New Friendship Baptist
Burgess (Elevator access)
Rev. Steve Taylor, Pastor, 453-4235
Sunday, November 5:
9:15 a.m., Coffee, juice and doughnuts
9:45 a.m., Sunday School
11 a.m., Morning Worship
7 p.m., Bible Study
Wednesday, November 8:
7 p.m., Bible Study
8 p.m., Adult Choir Practice

New Hope Baptist
2596 Walmsley Road
Lottsburg, VA, 529-9223
Rev. Aaron Kirchhefer, Pastor
Sunday, November 5:
9 a.m., Sunday School
10:15 a.m., Worship
Wednesday, November 8:
7 p.m., Prayer Service
8 p.m., Choir Practice

Northern Neck Baptist
280 Hampton Hall Hwy.
Callao, VA 529-6310
Rev. Ken Overby, Pastor
Sunday, November 5:
9:45 a.m., Sunday School
10:45 a.m., Morning Worship
6 p.m., Evening Service
Wednesday, November 8:
7 p.m., Prayer Meeting

New St. John's Baptist
Kilmarnock
Rev. Dwight Johnson, Pastor
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Church Service
Wednesday, November 8:
7 p.m., Bible Study/Prayer Meeting

Queen Esther Baptist
7228 River Road, Lancaster; 462-7780
Dr. Vaughan M. Cunningham, Pastor
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship

Second Baptist
34 Wellford Wharf Road
Warsaw, VA 22572 333-4280
Sunday, November 5:
10 a.m., Sunday School
11:30 a.m., Worship Service
Thursday, November 9:
7 p.m., Bible Study

Sharon Baptist
1413 Lumberlost Road,
Weems; 438-6659
Rev. Rodney D. Waller, Pastor
Sunday, November 5:
9:45 a.m., Power Hour
11 a.m., Morning Worship/Holy Communion
Wednesday, November 8:
1 p.m., Mid-day Bible Study
7 p.m., Evening Bible Study

Smithland Baptist
1047 Walnut Point Road
Heathsville; 580-2843
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship
Wednesday, November 8:
7:30 p.m., Prayer and Bible Study

White Stone Baptist
517 Chesapeake Drive
Dr. W. Dennis Martin, Pastor
White Stone: 435-1413
wsbc@kaballero.com
Sunday, November 5:
Nursery Provided at 9:45 & 11 a.m.
9:30 a.m., Church Library open
9:45 a.m., Sunday School for all ages
11 a.m., Worship Service
Lord's Supper
Monday, November 6:
7 p.m., Boy Scouts Meeting
Wednesday, November 8:
6 p.m., Covered Dish Dinner
7 p.m., Business Meeting
Thursday, November 9:
7:30 p.m., Choir Practice

Willie Chapel Baptist
510 Merry Point Road,
462-5500; Rev. Michael Reed, Pastor
Rose Curry, Associate Minister
Sunday, November 5:
9:30 a.m., Sunday School
11:15 a.m., Prayer and Praise
11:30 a.m., Worship with Communion
Wednesday, November 8:
7:30 p.m., Bible Study

CATHOLIC

St. Francis de Sales Catholic
151 East Church Street, Kilmarnock
Rev. James C. Bruse, Pastor
Mass Schedule
Saturday, November 4:
4-4:40 p.m., Sacrament of Reconciliation
5 p.m., Saturday Vigil
Sunday, November 5:
9:15 Confirmation Class
11 a.m., Mass
Monday-Friday
9 a.m., Mass
Tuesday, November 7:
4-5:15 p.m. Religious Education-(K-6)

St. Michael the Archangel Chapel
Roman Catholic
Weems, VA 804-438-9408
www.stdominicchapel.com
Tridentine Latin Mass (pre-Vatican II)
The Most Rev. Robert L. Neville, Pastor
Mass schedule varies
Call for schedule and other information

CHURCH OF GOD

Tibitha Church of God
991 Fleeton Road, Reedville
453-4972;
Rev. Steven P. Hency, Pastor
Home Phone 453-3231
Sunday, November 5:
10 a.m., Worship
11 a.m., Sunday School
7 p.m., Study Group
Wednesday, November 8:
7 p.m., Prayer Meeting and children's activities

Warsaw Church of God
15 Church Lane, Warsaw
333-4951; Rev. Danny Deuell Sr.
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Morning Worship
Wednesday, November 8:
7 p.m., Worship

EPISCOPAL

Grace Episcopal
303 South Main Street,
Kilmarnock; 435-1285
The Rev. David H. May, Rector
Sunday, November 5:
8 a.m., Holy Eucharist
9:30 a.m., Christian Education for all
10:30 a.m., Holy Eucharist
Wednesday, November 8:
10:30 a.m., Holy Eucharist with Prayers for Healing

St. Mary's Episcopal
3020 Fleeton Road, Fleeton, 453-6712
The Rev. Warren A. Schaller, Jr., Rector
Sunday, November 5:
10 a.m., Adult Bible Study
11 a.m., Sunday School
11 a.m., Holy Eucharist
Thrift Shop:
Open Tues.-Sat. 11 a.m.-4 p.m.
108 Fairport Rd., Reedville
453-4830

St. Mary's Whitechapel Episcopal
5940 White Chapel Road, Lancaster
462-5908; Rev. Scott Krejci, Interim Rector
Office Hours: 9 a.m.-2 p.m., Mon.-Fri.
Guided tours by appointment
Sunday, November 5:
11:15 a.m., Worship Service

St. Stephen's Episcopal
(Anglican Communion Network)
6853 Northumberland Highway,
Heathsville; 580-4555
Rev. Jeffrey O. Cerar, Rector
Sunday, November 5:
9 a.m., Holy Eucharist, coffee follows
9:50 a.m., Sunday School with nursery
Thrift Shop:
Open Tuesday-Saturday, 10 a.m. to 4

Trinity Episcopal
8484 Mary Ball Road, Lancaster
Rev. Scott Krejci, Interim Rector
Sunday, November 5:
9:30 a.m., Worship Service
9:30-11 a.m., Sunday School for children

Wicomico Parish
5191 Jessie duPont Memorial Highway
Wicomico Church; 580-6445
Rev. W. Scott Dillard, Rector
Sunday, November 5:
8 a.m., Communion, breakfast follows
10 a.m., Sunday School with nursery
10 a.m., Communion
11 a.m., Coffee Hour
Wednesday, November 8:
10 a.m., Healing Service, Communion
Thrift Shop:
10 a.m.-1 p.m., Wed., Fri., Sat.

St. James Anglican/Episcopal
Rt. 14 at 626, Mathews County
Rev. William T. Kump, 757-244-7955
e-mail: wtkump@juno.com
1928 Prayer Book, 1940 Hymnal
www.stjamesapa.org
Sunday, November 5:
Twenty-first Sunday after Trinity
10 a.m., Exploring the Bible (Study)
9:15 a.m., Early Worship
11 a.m., Service of Holy Communion
Child Care Provided
Wednesday, November 8:
6 p.m., Supper and Prayer at Abingdon

LUTHERAN

Apostles Lutheran
Main Street, Gloucester; 693-9098
Sunday November 5:
9:15 a.m., Sunday School
10:30 a.m., Worship

Good Shepherd Lutheran
2 miles North of Callao on Hwy. 202
Callao; C-529-5948, H-529-9930
Rev. Michael Ramming, Pastor
pastormikeramming@yahoo.com
goodshepherdlcmscallaova@verizon.net
Sunday, November 5:
9 a.m., Worship with Youth Sunday School
10 a.m., Coffee fellowship
10:30 a.m., Adult Bible Study
Wednesday, November 8:
12 noon, Bag Lunch Bible Study

Living Water Lutheran Church (ELCA)
429 E. Church St., 435-6650
www.livingwaterchapel.org
Sunday, November 5:
10 a.m., Worship

Trinity Lutheran
Woman's Club Building, Virginia Street
Urbanna; 758-4257
Luther Baugham, Pastor
Sunday, November 5:
9 a.m., Worship

METHODIST

Afton United Methodist
5130 Hacks Neck Road
Ophelia; 453-3770, Rev. Brant Hays
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship Service

Asbury United Methodist
Foxwells; Rev. Thomas W. Oder
Sunday, November 5:
9 a.m., Worship

Bethany United Methodist
454 Main Street, Reedville, 453-3282;
bethumc@crosslink.net
Rev. Dr. Donna McEwan, Pastor
Sunday, November 5:
9:30 a.m., Worship Service and Sunday School
10:30 a.m., Fellowship Time

Bethel-Emmanuel United Methodist
Rev. Robert O. Jones, Jr., Pastor
462-5790 (Elevator Available)
Website www.beumc.org
Thursday, November 2:
6 p.m., Bell Choir practice at Bethel
Sunday, November 5:
Bethel:
9:45 a.m., Sunday School
11 a.m., Worship Service
Emmanuel:
9:30 a.m., Worship Service
11 a.m., Sunday School
Wednesday, November 8:
7 p.m., BEUMM meet at Emmanuel

Fairfields United Methodist
14741 Northumberland Highway,
Burgess; 453-2631, Rev. Brant Hays
Sunday, November 5:
9 a.m., Sunday School
9:45 a.m., Worship

Galilee United Methodist
747 Hull Neck Road,
Edwardsville; 580-7306
Rev. Vernell M. Carter, Pastor
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship

Heathsville United Methodist
39 Courthouse Road, Heathsville
580-3630; James B. Godwin, Pastor:
Sunday, November 5:
9 a.m., Sunday School
10 a.m., Worship

Henderson United Methodist
72 Henderson Drive, Callao
529-6769; Rev. Sue Ann Salmon
Sunday, November 5:
10 a.m., Sunday School, all ages
11 a.m., Worship, traditional

Irvington United Methodist
26 King Carter Drive, Irvington
438-6800; Rev. John Durkovich, Pastor
Saturday, November 4:
8 p.m., AA
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship
Wednesday, November 8:
7:30 p.m., Choir

Kilmarnock United Methodist
89 East Church Street, Kilmarnock
435-1797; (Elevator access)
Rev. Deborah T. Marion, Pastor
Thursday, November 2:
8 p.m., AA - 11th Step meeting
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship
Monday, November 6:
6 p.m., Emmaus
Tuesday, November 7:
9:45 a.m., UMW
8 p.m., Al-Anon meeting
Wednesday, November 8:
3:30 p.m., Girl Scouts
5:30 p.m., Dinner/Bible Study
6 p.m., Handbells
7 p.m., Choir

Melrose United Methodist Church
1317 Lewisetta Rd., Lottsburg
Pastor: Edna Moore, 529-6344
Parsonage: 529-7721
Sunday, November 5:
8:30 a.m., Worship Service
10 a.m., Sunday School
11 a.m., Worship Service

Rehoboth United Methodist Parish
435-1792; Rev. Karen J. Sandoval
Sunday, November 5:
Bluff Point
11 a.m., Worship
Noon, Coffee Fellowship
Mila
9:45 a.m., Worship
10:45 a.m., Sunday School
Rehoboth
9:45 a.m., Worship
10:45 a.m., Coffee Fellowship
Wicomico
10 a.m., Sunday School
11 a.m., Worship
Wednesday, November 8:
3:30 p.m., Choir-Bluff Point

White Stone United Methodist
118 Methodist Church Road,
White Stone; 435-3555
Rev. James W. Tinney, Pastor
Brenda Burtner, Music Director
Sunday, November 5:
9:45 a.m., Adult Bible Study Classes are also conducted for all
11 a.m., Worship Service
7:30 p.m., AA meeting
*Elevator available for worship services
Wednesday, November 8:
4 p.m., Grief Support Group
7 p.m., Choir Rehearsal
Thrift Shop:
10 a.m.-3 p.m., Tues., Fri., Sat.
9 a.m.-3 p.m., Thurs.

PRESBYTERIAN

Campbell Memorial Presbyterian
Rt. 222 (Weems Road),
In the Village of Weems, 438-6875;
The Rev. Terry A. Robertson, Interim Pastor
Office Hours: Mon.-Thurs. 8 a.m.-4
Sunday, November 5:
9:30 a.m., Church School
11 a.m., Worship Service
Nursery provided during Worship
12 noon, Coffee Hour
Monday, November 6:
9:30 a.m., Staff Meeting
Tuesday, November 7:
9:30 a.m., Presbyterian Women's Coordinating Team
Wednesday, November 8:
5:30 p.m., Chancel Choir Rehearsal
5:30 p.m., Come to the WELL
Thursday, November 9:
10 a.m., Presbyterain women
10:30 a.m., Bible Study w/Pastor Robertson
3:30 p.m., Worship Ministry Group

Milden Presbyterian
Sharps
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship with nursery

St. Andrews Presbyterian
435 East Church Street,
Kilmarnock; 435-3948
Website: saintandrewspc.org
Rev. Dr. Thomas R. Coye, Pastor
Thursday, November 2:
4:45 p.m., Choir Practice
6:30 p.m. Handbells Rehearsal
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship "Word of Life"
(2 Timothy 2:14-19)

Wesley Presbyterian
1272 Taylor Creek Rd., Weems, 438-5853, Rev. M. P. White, Pastor
Sunday, November 5:
9 a.m., Worship
10:15 a.m., Sunday School
Children and Adult

OTHER DENOMINATIONS

Calvary Pentecostal
John's Neck Road, Weems
438-5393; Thelma Jones, Pastor
7:45 a.m., Radio Broadcast, 101.7 FM
Sunday, November 5:
9:45 a.m., Sunday School
11 a.m., Worship
7 p.m., Praise and Worship
Wednesday, November 8:
7:30 p.m., Worship

Christian Science Society
Lancaster Women's Building,
Route 3, Lancaster
Sunday, November 5:
10:30 a.m., Service and Sunday School
1st and 3rd Wednesday
7:30 p.m., Testimony Meeting

Church of Deliverance
3734 Mary Ball Road, Lively; 462-0553, Rev. Donald O. Conaway
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship
7 p.m., Worship
Wednesday, November 8:
7 p.m., Prayer and Bible Study

Cornerstone Fellowship
2243 Buckley Hall Rd.
(corner of Rt. 3 & Rt. 198
Cobbs Creek, VA, 725-9145
Rev. Chris Morgan, Pastor
www.gocfc.com
Saturday, November 4:
7 p.m., Worship
Sunday, November 5:
10 a.m., Morning Worship
Wednesday, November 8:
7 p.m., Midweek Service

(continued on page B5)

To the cause of the church, this page is contributed in part by the following:

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Obituaries

Thelma B. Clarke

WARSAW—Thelma Brown Clarke, 81, of Warsaw, died October 28, 2006.

Mrs. Clarke was the widow of William Alfred Clarke. She was a member of Warsaw United Methodist Church.

She is survived by a son, Dennis Clarke of Richmond; a daughter Deanna C. Clarke, and her husband, Mike, of Warsaw; a sister, Beatrice O'Bier of Lottsburg; three grandchildren, one with a husband, Karen and David Lankford, and Kerry and Kenneth Clarke; and a great-grandson, Blake Lankford.

A funeral service was held October 31 at Warsaw United Methodist Church. Burial was in Calvary United Methodist Church Cemetery.

Memorials may be made to the Warsaw United Methodist Church, P.O. Box 291, Warsaw, VA 22572, or the Richmond County Rescue Squad, P.O. Box 55, Warsaw, VA 22572.

The Welch Funeral Home, Marks Chapel, handled the arrangements.

William G. Crouse

REEDVILLE—William G. Crouse, 58, of Reedville died October 25, 2006.

Mr. Crouse was an army veteran and a retired mechanic.

He is survived by his mother and father, Louise and Gene Crouse; two sisters, Linda Bracey and Melanie Crouse; a niece, Kelly Bracey; and two nephews, Terry Kerth and William Bracey, all of Maryland.

A memorial service was held October 30 at Faulkner Family Funeral Home & Crematory in Burgess with the Rev. Dr. Donna McEwan officiating.

Ernest A. Gaines

TAPPAHANNOCK—Ernest A. Gaines of Tappahannock died October 30, 2006. Mr. Gaines was a former member of the Tappahannock Town Council and former owner of Gaines Exxon Service Center and Gaines Firestone Dealer Store.

Funeral services will be held Friday, November 3, at 1 p.m. at First Baptist Church in Tappahannock.

Remains rest at Scott's Funeral Home, 115 E. Brookland Park Boulevard in Richmond. The online guest book is at www.scottsfuneralhome.com.

Dorothy L. Harcum

WEEMS—Dorothy Lee Harcum, 90, of Weems died October 31, 2006.

Mrs. Harcum was the widow of Argy M. Harcum.

She was a member of Morattico Baptist Church and a retired sales clerk with the Colonial Store in Kilmarnock.

She was predeceased by two children, Jane Morey and Andrew M. Harcum.

She is survived by two sons, George L. Harcum of Chesterfield and Joseph A. Harcum of Pennsylvania; 11 grandchildren; 16 great-grandchildren; two sisters, Edna Fink of College Park, Md., and Eldree Criswell of Oklahoma.

Friends may call Thursday, November 2, at the Currie Funeral Home in Kilmarnock from 6 to 8 p.m.

Funeral services will be held Friday, November 3, at Morattico Baptist Church in Kilmarnock at 2 p.m. with the Rev. Craig Smith officiating. Pallbearers will be her grandsons and nephews. Interment will be in the church cemetery.

Robert C. Krug

IRVINGTON—Dr. Robert Krug, 88, died October 29, 2006, at Rappahannock General Hospital in Kilmarnock.

Mr. Krug was born July 23, 1918, in Richmond to Uldine V. and Charles F. Krug. He married Kathryn Rebecca Leviston June 21, 1941. They resided in Richmond, Columbus, Ohio, Yeadon, Pa., Lexington, Blacksburg, Fairfax, Nelson County and for the last 20 years in the Tidewater area.

He received a bachelor's in science from the University of Richmond, a master's in science from Pennsylvania State University, and a doctorate in chemistry from Ohio State University.

During World War II, he pursued research which led to improving the fuel efficiency of aviation fuel. As a research chemist for Atlantic Richfield in Philadelphia, he was granted a patent for "Desulfurization of Hydrocarbons with Boron Phosphate-Alumina Catalyst."

In 1949, he served as professor of chemistry at Washington and Lee University in Lexington. In 1950, he joined the faculty of Virginia Polytechnic Institute and State University where he later became chairman of the Department of Chemistry and was the first recipient of the W.E. Wine Award for excellence in teaching.

In 1965, he joined George Mason Community College as dean of faculty and professor emeritus of chemistry. When the school became independent of the University of Virginia, he became vice president of academic affairs and later, third president of George Mason University. In January 1980, the board of visitors recognized his 14 years of academic service by naming one of the original buildings of the university "Krug Hall."

He was a deacon and elder at Blacksburg Presbyterian Church and Providence Presbyterian Church in Fairfax. During his years in the Tidewater area, he served as lay reader and senior warden of Abingdon Episcopal Church.

An active civic leader, he was president of the Fairfax Club of Rotary International, and while serving on the Middle Peninsula-Northern Neck Community Services Board, he promoted services for and dignified treatment of the mentally disabled. While living at Rappahannock Westminster-Canterbury near Irvington, he served on the board of directors of the Residents Association.

He was predeceased by his wife of 64 years, Kathryn R.L. Krug.

He is survived by a daughter, Robyn K. Quaid; a son and daughter-in-law, Charles J. and Patricia Krug; four grandchildren, Elizabeth A. Krug, Robert L. Krug, Kathryn M. Quaid and Andrea R. Quaid; and two great-grandchildren, Tasha C. Krug and Connor J. Krug.

Funeral services were held November 1 at Abingdon Episcopal Church with the Rev. Hugh White officiating. Interment was in the church cemetery.

In lieu of flowers, memorials may be made to the Kilmarnock-Lancaster Rescue Squad, P.O. Box 333, Kilmarnock, VA 22482; RW-C Foundation, Rappahannock Westminster-Canterbury, 132 Lancaster Drive, Irvington, VA 22480; or Abingdon Episcopal Church, P.O. Box 82, White Marsh, VA 23183.

Andrew Funeral Home in Gloucester Courthouse handled the arrangements.

Eldine M.J. Mould

Eldine Mae Jewell Mould, 87, Mechanicsville, widow of George Raymond Mould Jr., died October 23, 2006, in an Ashland nursing home after a lengthy battle with Alzheimer's.

Mrs. Mould

She was the daughter of the late Lloyd Marvin Jewell and Maud Marion Jewell, formerly of Lottsburg.

Mrs. Mould was born in Lottsburg, but spent most of her life in Washington, D.C., Maryland and Mechanicsville. She owned a decorating business for many years. She was active in the Rural Point Homemakers Club in Hanover County where she served as treasurer, and in the Mechanicsville Homemakers Club. She was a member of Melrose Methodist Church in Lottsburg.

She was predeceased by three sisters, Berkely Jewell, formerly of Lottsburg, Pauline Swann, formerly of Walmsley and Elise Murphy, formerly of Locust Hill.

She is survived by a daughter and son-in-law, Patricia M. and Grayson Balderson of Urbanna; a son and daughter-in-law, George Raymond Mould III and Janet Mould of Young Harris, Ga.; two sisters, Annette Newman of Lottsburg and Maxine Beatley of Wicomico Church; four brothers, Lloyd "L.M." Jewell Jr. and James Jewell of Lottsburg, Richard Jewell of Raleigh, N.C., and Robert Jewell of Mechanicsville; five grandchildren, three with spouses, Ronald and Cindy Balderson, David and Sherri Balderson, all of Mechanicsville, Karen B. and Cliff Sinopoli of Willow Street, Pa., Douglas Mould of Orlando, Fla., and Russell Mould of Oveido, Fla.; two stepgrandchildren, Jason Orleman and Jennifer Parker, both of Ashville, N.C.; eight great-grandchildren, Billy, Melissa, and Joey Sinopoli, Kelly and Molly Balderson, Ashley and Mallorie Mould and Morgan McGowan; and three stepgreat-grandchildren, Justin and Jessie Ford and Bradley Parker.

A funeral service will was held October 27 at Melrose United Methodist Church. Interment was in the church cemetery.

In lieu of flowers, donations may be made to the Melrose Methodist Church Cemetery Fund, P.O. Box 150, Lottsburg, VA 22511, or the Alzheimer's Association of Virginia.

Jones-Ash Funeral Home in Rainswood handled the arrangements.

Myrtle S. Oliver

OTTOMAN—Myrtle Smith Oliver, 91, of Ottoman died October 29, 2006.

Mrs. Oliver was the widow of Luther Calvin Oliver and an active and lifelong member of Corrottoman Baptist Church.

She is survived by two sons and daughters-in-law, Luther Glenn and Susan Oliver of Richmond, and Eric Winfield and Linda Oliver of Montross; four grandchildren, William Oliver, Luther Oliver, Faith Kemp and Corrie Ashburn; seven great-grandchildren; two brothers, Roy A. Smith of Ottoman and Andrew Smith of Massachusetts; a niece, Ann Carter of Kilmarnock; a great-niece, Lindy Grigsby of Merry Point; and a great-nephew, Harry Parsons of Jacksonville, Fla.

Funeral services were held October 31 at Corrottoman Baptist Church in Ottoman with the Rev. Frank Schwall officiating. Interment was in the church cemetery. Pallbearers were Calvin Lewis, Marbary Harcum, Wallace Carter, Charles Smith, Robert Jones and Jim Wright. Honoraries were her grandchildren, Faith and Johnny Kemp, Luther and Darlene Oliver, W.C. and Trishia Oliver, and Corrie and David Wayne Ashburn.

Memorials may be made to Upper Lancaster Rescue Squad, P.O. Box 176, Lively, VA 22507, or Corrotoman Baptist Church, 48 Ottoman Ferry Road, Lancaster, VA 22503.

Sara E. Smith

KILMARNOCK—Sara Elizabeth Smith, infant daughter of William and Cathy Smith of Kilmarnock, died October 18, 2006.

She is survived by her parents; a sister, Natalie; two brothers, Brad and Daniel Smith; and her grandparents, Norman and Judi Schaeffler of Virginia Beach, and Muryline Smith of Reedville.

Funeral services were held October 21 at the White Stone Church of the Nazarene. The Rev. Jimmy D. Jackson Jr. officiated. Interment was at Roseland Cemetery in Reedville.

Memorials may be made to White Stone Church of the Nazarene, P.O. Box 1270, White Stone, VA 22578.

Faulkner Family Funeral Home and Crematory in Burgess handled the arrangements.

Joseph B. Thrift Jr.

HAYNESVILLE—Joseph Bradford "Baby Joe" Thrift Jr., 63, of Haynesville died October 25, 2006.

Mr. Thrift was the retired superintendent of maintenance for the Virginia Department of Transportation after 32 years of service. After retiring, he owned and operated Thrift Seal Coating and Striping until illness disabled him.

He was predeceased by his father, Joseph Bradford Thrift Sr.

He is survived by his wife of 45 years, Olive Jeane Lewis Thrift; a daughter and son-in-law, Daphne T. and Michael Winebarger; his mother and stepfather, Ruby and Lawrence B. Martin; four sisters, Joyce T. Hudson of Lottsburg, Nancy T. Parr of Haynesville, Grace T. Robinson of Callao and Patricia T. Robinson of Callao; a brother, John B. Thrift of Callao; and a grandson, Jacob M. Winebarger.

Funeral services were held October 28 at Totuskey Baptist Church with interment in the church cemetery.

Memorials may be made to Hospice of Virginia, P.O. Box 2098, Tappahannock, VA 22560, or the Richmond County Rescue Squad, P.O. Box 55, Warsaw, VA 22572.

The Welch Funeral Home, Marks Chapel, handled the arrangements.

Josephine W. Whitton

PEACHTREE CITY, GA.—Josephine Wilkinson Whitton, 87, of Peachtree City, Ga., died October 28, 2006.

Mrs. Whitton was predeceased by her parents, Joe and Gertrude Wilkinson; her husband, Norman Whitton; three brothers, Elmo, Austin and Audrey Wilkinson; and two sisters, Maude W. Grundy and Temple W. Apperson.

She is survived by a daughter and son-in-law, Norma Jo W. and Bill Hooten of Peachtree, Ga.; a son and daughter-in-law, the Rev. John Howard and Hazel Farmer of Irvington; two grandchildren, one with a spouse, the Rev. Lee and Kim Farmer of Heathsville, and Mary Ellen Farmer of Knoxville, Tenn.; four great-grandchildren, Laura Farmer of Heathsville, Alicia, Noah and Isaiah Donaldson of Knoxville,Tenn; a nephew, Wayne Davidson of Frederick, Md.; and seven nieces, Jeannette D. Johnson, Donna W. Walker, Sherie W. Mesco, Barbara G. Wirt, Brenda W. Adams, Janet A. Silverthorne and Claudia Apperson, all of Virginia.

Funeral services were held October 30 at Carl J. Mowell and Son Funeral Home in Peachtree City.

Graveside services will be held Wednesday, November 1, at Fort Hill Memorial Park in Lynchburg, conducted by her son and grandson.

In lieu of flowers, donations may be made to the Irvington Baptist Church Building Fund, P.O. Box 417, Irvington, VA 22480.

Teagle recognized

Kilmarnock United Methodist Church recognized Judy Teagle October 29 for her dedication and service, including serving four years as director of religious education. Lay leader Don McGonegal presents her with a resolution of appreciation from the church's administrative council.

Church looking for founders' families

Angel Visit Baptist Church in Dunnsville in Essex County is celebrating its 140th anniversary this year.

As a part of that celebration, the church has identified 11 persons who served as church trustees when the church bought its first property in July of 1867. These founding trustees were James Corbin, Carter Peterson, Isaac Pollard, Anderson Lindsey, Milton Taylor. Peter Garrett, Erastus Edwards, James Lewis, George Bird, Griffin Garley and William Tunstall.

The church is looking for the descendants of these 11 persons. Anyone who thinks that they might be descended from any of these individuals or their collaterals, or who otherwise may have information about any of them, is asked to contact Bessida Cauthorne White at 651-8753, or e-mail cauthornewhite@cs.com.

Observing Children's Sabbath

Kilmarnock United Methodist Church observed Children's Sabbath October 29. The program is observed nationally by hundreds of denominations to highlight children's needs. From left are (front row) Marshall Lee, Sarah Stephens, Elizabeth Ketner and Faith Heiron; (next row) James Stephens, Lane Stephens, Jackson O'Conner, Cabel O'Conner and Liam Bridges; (next row) Brooke Hudnall.

Lancaster board adopts resolution recognizing church's first 100 years

The Lancaster board of supervisors last week adopted a resolution acknowledging the Kilmarnock United Methodist Church's 100th anniversary.

The resolution reads, in part, "Whereas, in 2006 the Kilmarnock United Methodist Church is celebrating 100 years of ministry to its congregation and the community; and Whereas, the Lancaster County Board of Supervisors appreciates the ministry the Kilmarnock United Methodist Church has provided to the citizens of Lancaster County, Now Therefore Be It Resolved, that the Lancaster County Board of Supervisors commends the Kilmarnock United Methodist Church for its longevity and ministry to the community; and Be It Further Resolved, that the Lancaster County Board of Supervisors encourages Lancaster County citizens to attend the November 12, 2006, celebration of 100 years of ministry by the Kilmarnock United Methodist Church to be held at the 10 a.m. service at the sanctuary at 89 East Church Street, Kilmarnock, Virginia."

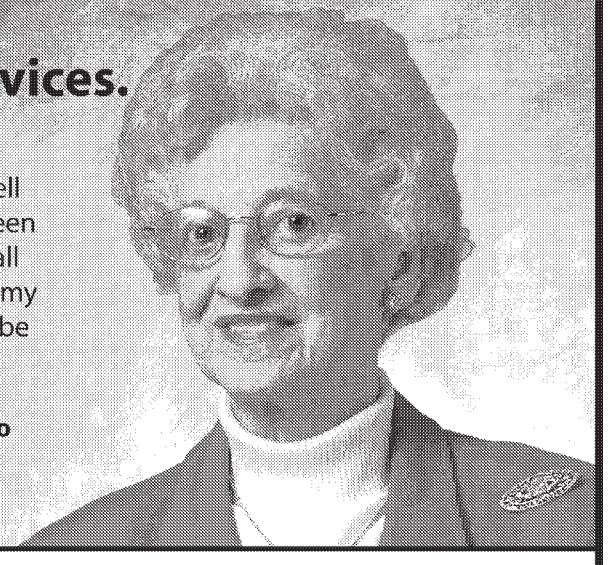
The community is invited to the church service as well as a reception immediately following the service. A number of past members and pastors will be attending the celebration.

TUNE INTO "THY WORD" RADIO
Sunday mornings • 9 a.m. on WKWI Bay 101.7 FM
Pastor Ken Overby
Northern Neck Baptist Church

"Essential qualities for extraordinary relationships"
is the topic of this week's
Christian Science Sentinel Program
Now airing on Sunday at 9:30 a.m.
Tune in Sunday, November 5 on WKWI Bay 101.7 FM

Kilmarnock United Methodist Church
Sunday Worship Services
9:00 am - 11:00 am
Sunday School - 10:00 am
89 E. Church Street
Kilmarnock, Virginia 22482
Rev. Deborah Marion
KUMC_office@verizon.net
804-435-1797

Thank you
Virginia Health Services.
"My two sisters were here at the Lancashire, my cousin was here, as well as lots of friends and relatives. I've been visiting Lancashire for so long they call me the Candy Lady. I've already told my daughter that this is where I want to be when the time comes."
Mrs. Esther Delano



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James River Convalescent and Rehabilitation Center
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Church team returns from Katrina clean-up

From left are Carol Gosse, Martha McLaughlin, Bill Otley, Gary Madson, Gordon Nelson, Anne Cheek and Sandy Griffith who participated in Katrina relief.

A seven-member team from Grace Episcopal Church in Kilmarnock returned October 28 after a week of clean-up and home repairs along the Mississippi Gulf Coast necessitated by Hurricane Katrina.

Operating from the Episcopal Church's Camp Coast Care near Gulfport, the team was assigned to repair two homes near Pass Christian to a condition in which they might be re-occupied. The team was made up of Carol Gosse, Martha McLaughlin, Bill Otley, Gary Madson, Gordon Nelson, Anne Cheek and Sandy Griffith.

The most seriously damaged home the team worked on was flooded to a height of 18 feet. The owner has lived most of the time since the hurricane in a Federal Emergency Management Administration–supplied trailer on her lot.

While much work remains before re-occupancy of the home, considerable progress was made by the church team towards returning it to an approved level of construction and completion. Nelson and Otley, veteran Habitat for Humanity home builders, brought experience to the task.

The homes are two of 77,000 damaged by the storm in the Gulf region. Some 180,000 other homes were completely destroyed. The area was ground zero for the largest natural disaster ever to strike the United States.

Throughout the area, bare concrete pads are all that remain of many homes. For many of the damaged houses, owners await insurance settlements and construction crews.

The team and 80 people from states as distant as Oregon were housed in a school gymnasium where they also had meals and slept.

The coordination of workers with differing home repair skills is a major task. The church organization serving Pass Christian has made a five- to 10-year commitment to help rebuild. It also has assembled an impressive amount of tools and supplies and has the ability to get materials to the sites where workers are assigned.

Answers on Aging

I have received letters from different health insurance companies asking me to enroll in their new "Medicare Part D" prescription drug plan. Which plan should I sign up for?

The Department for the Aging's Virginia Insurance Counseling and Assistance Program (VICAP) is Virginia's source for free, current and impartial information concerning health care coverage.

Trained VICAP counselors are housed at Area Agencies on Aging (AAAs) in communities across the state and provide confidential assistance to individuals in their area free of charge.

To locate the AAA nearest you, visit www.seniornavigator.org.

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Church Notes

■ Youth festival

The Youth Ministry of Mt. Zion Baptist Church in Farnham will celebrate its annual day with a "Youth Festival of Praise" November 12 at 4 p.m. All area youth are invited. A Youth Fellowship Hour will follow the service.

■ Gospel Songfest

Queen Esther Baptist Church will have a gospel songfest November 11 at 5 p.m.

The Harmonies 2 Heaven will be featured. The concert is sponsored by the Missionary Ministry to benefit Christmas gift baskets for the sick.

■ Homecoming

Bethany Baptist Church in Callao will hold its annual homecoming Sunday, November 5, with guest speaker Dr. John V. Upton Jr., executive director of the Baptist General Association of Virginia and Virginia Baptist Mission Board. Lunch will follow the morning service with a musical at 1:45 p.m.

■ Rev. Tetrault to speak

The Rev. David J. Tetrault will speak Sunday, November 5, at 10:30 a.m. at the Unitarian-Universalist Fellowship of the Rappahannock, at 560 Chesapeake Drive in White Stone. He will explore relationships between religion and the larger culture.

A retired Episcopal priest, Tetrault is campus minister for the Unitarian-Universalist congregation at The College of William and Mary. A professional musician and writer, he is one of two chaplains to the Ringling Brothers Barnum and Bailey circus community.

■ Silver anniversary

Sharon Community Choir will celebrate its 25th silver anniversary at Sharon Baptist Church November 11 at 6 p.m.

Gloria Lee will be the worship leader. Special guests will be The Gresham Brothers and Mom from Plum Point. Other area singing groups will also be featured.

The Sharon Community Choir has been directed by Keith Avery for 25 years.

■ Day of Prayer

The churches of the Claybrook-Dunaway Group will observe the World Day of Prayer on Monday, November 6, at 10:30 a.m. at Kilmarnock Baptist Church.

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Earlene (left) and Dr. Don Pickett

Tibitha to host annual homecoming

Tibitha Church of God in Reedville will host its annual homecoming November 11 and 12.

On November 11 at 7 p.m., a gospel concert will be offered featuring The Dills and Curtis Hyler & Jubilation. The public is invited to the concert. There are no tickets, but a free will offering will be received.

On Homecoming Sunday, November 12, Dr. Don Pickett will be the guest speaker. The Rev. Pickett and wife, Earlene, pastored the Tibitha Church of God from 1953 to 1966. He will preach the sermon at the 10 a.m. worship service. Following the service, lunch will be provided.

Tibitha Church of God invites the community to renew friendships with the church and with Pastor Pickett.

The church is at 991 Fleeton Road in Reedville.

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▼ Churches . . . (continued from page B2)

Nursery, Children and Youth Ministry provided

City Worship Centre of Kilmarnock
Dreamfield
Irvington Road, Kilmarnock
Pastors Mike and Lesley Gates
804-761-1578
Sunday, November 5:
10 a.m. Worship Service

Holy Tabernacle of God
Merry Point Road, Lancaster
Elder Nancy Pinn, Pastor
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Morning Worship, Youth Service
Emergency Food Bank: Mon.-Fri: 11-3 p.m.,

Hope Alive Christian Center
149 Queen Street,
Tappahannock; 443-5165
Pete and Pam Sullivan, Pastors
Thursday, November 2:
6 p.m., Prayer
Sunday, November 5:
9:30 a.m., Sunday School
10:30 a.m., Worship
Wednesday, November 8:
Noon, Prayer
7 p.m., Worship

Love Makes a Difference
Outreach Ministries
1027 Jessie duPont Memorial Highway
Burgess; 453-3939
Rev. Raymond C. & Gayle Boyd, Pastor
Sunday, November 5:
9 a.m., Hour of Prayer
10 a.m., Spiritual Enrichment
11 a.m., Worship
Tuesday, November 7:
7 p.m., Spiritual Enrichment
Thursday, November 9:
6 p.m., Spiritual Enrichment for Youth and Youth Adults
Third Friday of every month
7 p.m., Women of Virtue Fellowship

New Life Ministries
10177 Jessie DuPont Mem. Hwy.
462-3234 or 436-6498
Pastor C. Richard Lynn
Sunday, November 5:
9 a.m., Prayer
9:30 a.m., Fellowship
10 a.m., Worship Service
Monday, November 6:
Women's Bible Study
new time and subject of study to be announced
Wednesday, November 8:
7 p.m., Mid-week Service
Thursday, November 9:
7 p.m., Youth Praise Dancer & Worship
7 p.m., Worship Team Preparation
2nd Friday of Month
Food Bank Preparation
7 p.m. Free Worship
4th Saturday of Month
9 - 11 a.m., Food Bank Distribution

Northern Neck Religious Society & Friends (Quakers)
Alice & Dave Hershier 804-453-7062
Sunday, November 5:
11 a.m., Discussion
12 noon, Social Fellowship

Rappahannock Church of Christ
9514 Richmond Road, Warsaw
333-9659; Walker Gaulding, Minister
Sunday, November 5:
10 a.m., Sunday School
11 a.m., Worship
6:30 p.m., Worship
Wednesday, November 8:
7 p.m., Prayer and Bible Teaching

Seventh-Day Adventist
401 South Main Street, Kilmarnock
Clinton M. Adams, Pastor
804-443-3070/804-443-1821
Thursday, November 2:
7 p.m., Prayer Meeting
Saturday, November 4:
9 a.m., Worship Service
10:30 a.m., Sabbath School

Shachah World Ministries of the Northern Neck
Pastor Dean Carter
Sunday, November 5:
8 a.m., Worship @ Holy Tabernacle
Thursday, November 9:
7:30 p.m., Bible Study @ Holy Tabernacle

The Church of Jesus Christ of Latter-Day Saints
11650 Mary Ball Road
Sunday, November 5:
9:30 a.m., Meeting
Wednesday, November 8:
6 p.m.-8 p.m., Genealogical Library Open to Public

Unitarian Universalist Fellowship of the Rappahannock
Woman's Club of White Stone
560 Chesapeake Drive
White Stone
758-4790; L. Lowrey
www.uufrappahannock.uua.org
Sunday, November 5:
10:30 a.m., Worship

Unity of the Chesapeake
473 Timberneck Rd.
Deltaville, VA 776-9172, or 435-9553
www.centerforspiritualawareness.com
Sunday, November 5:
11 a.m., Streamed service from Detroit Unity.
12 noon, Luncheon
12:45 p.m., Meditation, Study Group
"Sermon on the Mount" by Emmet Fox
Non-denominational, for all ages

Victory Temple Church
1252 Morattico Road
Rev. Annie Gaskins, 462-5512
Sunday, November 5:
11 a.m., Sunday School
12 noon, Praise and Worship
7 p.m., Worship Service
Friday, November 10:
7 p.m., Bible Study

White Stone Church of the Nazarene
Family Life Center
57 Whisk Drive
White Stone
Office hours: Mon.-Thur., 9 a.m.-1 p.m.
435-9886 OR 435-1165
Rev. Jim Jackson, Pastor
Rev. Brad Grinnen, Pastor
Rev. Jim Grinnen, Pastor
Sunday, November 5:
9:30 a.m., Sunday School
10:45 a.m., Praise & Worship Service
Children's Church/Nursery Provided
6-7:30 p.m., A.F.T.E.R. God (Teens)
Monday, November 6:
6:45 p.m., First Place Weight Loss Program
Wednesday, November 8:
6:15 p.m., Ladies' Bible Study-Sanctuary
Saturday, November 11:
9-11 a.m., Food Bank

MWB Notes

MARY BALL WASHINGTON MUSEUM & LIBRARY

by Charlotte Henry

The next stop on our meandering through the village of Lancaster will be the Lancaster House, home of the Mary Ball Washington Museum, to visit the latest exhibition in the museum gallery.

Entitled "Working Our Her Destiny—Women's History in Virginia" the display is on loan from the Virginia State Library. In addition to the state library display, museum directors are adding special tributes to three local women closely associated with the institution.

These will feature Mary Ball Washington, mother of George Washington, who was born in Lively. When the Mary Ball Washington Memorial Museum and Library (the name was changed at a later date) was formed, it was reverentially named in her honor. Additionally, there will be a tribute to Jesse Ball duPont, who established the fund which through the years has greatly benefited numerous organizations. Finally, there is a special recognition of Catherine "Treenie" Barham Chilton, a wonderful neighbor, beloved friend and the principal benefactor of the museum.

This seems an appropriate time to remember and recognize the unheralded but vital contributions many other local women made to the community. Since this monthly offering has for over two years concentrated on the history of the buildings in the village, we look beyond the walls of the structures and offer a brief glimpse of the people, at this time particularly the women, who brought life to the story.

The women cited in the gallery exhibit were greatly accomplished and in many instances, "pioneers" in breaking the long-standing gender barrier. So too were many of our Lancaster women, in some instances at an even earlier date. Pictured in the exhibit is Lottie Moon (1840-1912). Among her exploits was her appointment in 1873 as a missionary to China.

Fifty-six years earlier, a local girl, Henrietta Hall Shuck, (1800-1827), born in Kilmarnock, is recognized as the first woman missionary to China, where she worked tirelessly as an advocate for the then terribly oppressed Chinese women. Ten years into her mission, Henrietta died giving birth to her fourth child.

Another woman recognized in the state library exhibit is Elizabeth Van Lew (1818-1900), a lifelong Richmond resident. Considered "the most effective Union espionage agent in the capital of the Confederacy," Van Lew was rewarded for her efforts by U.S. Grant after he was elected to the presidency in 1869. She was appointed the first woman Postmaster of Richmond.

In the village of Lancaster, several years earlier, Elizabeth Hughlett (1831-1897) served as the first woman Postmaster beginning in 1866 and continuing through 1877. She was the wife of Aretas Mitchell Hughlett and the mother of six sons and two daughters.

Mary Stuart Harvey Gresham (1842-1925) was the wife of a noted local attorney, Samuel P. Gresham and the mother of nine children, eight of whom survived to adulthood. With her children grown by the 1890s, Gresham forged a career in journalism, writing for the Fredericksburg Free Lance. Her columns describing events both historic and social, were kept in scrapbooks and in many instances were the only extant record of some important historic moments.

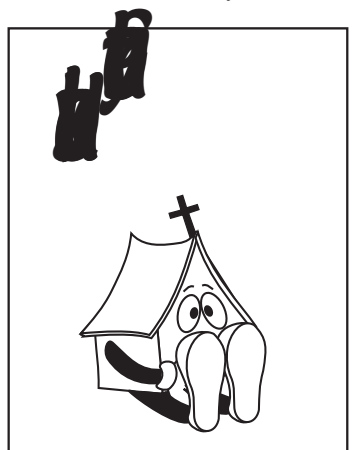
Her description of the fire that destroyed the Masonic Hall standing from 1849-1896 on the property immediately east of the courthouse, revealed the existence of an important landmark in 19th-century Lancaster, of which later historians were unaware. A later column reported the ceremonial opening of the cornerstone of the burned building with meticulous detail. Gresham's scrapbooks and substantial family records may be found in the MBWM&L Archives as well as on micro-film.

In today's society, women's potential and capability is pretty much 'a given.' It was a long time coming. The familiar expression, "the power behind the throne," undoubtedly originated as a political observation, but as frequently, if facetiously, implied the influence of a strong woman behind a man's success. Until the mid 19th century, women's contributions were seldom recorded nor officially recognized.

Nowhere is this perspective more evident than in the surviving colonial era's Tithable Lists, valuable to researchers and historians as a record of landowners in a particular area. The tax structure of each precinct or county was based on these enumerations.

The owners of property were taxed on each 'tithable' in his household. These included males who had reached their majority, indentured servants and male and female slaves. A 'tithable' was loosely defined as a productive person. In our early agrarian society, these were the persons whose labor produced income. White women and grown daughters didn't make the cut.

It wasn't until the period of reconstruction, following the Civil War, that women were chosen our of necessity, to take responsible, formerly male-dominated roles in society.



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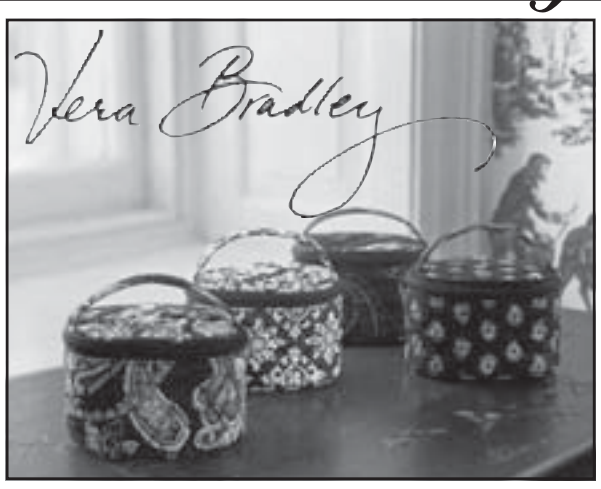

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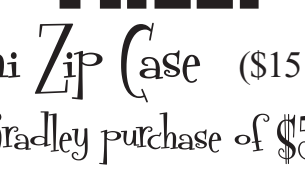

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**** Special Thanks to King Carter Golf Course, David Donofrio and his staff for hosting the 2nd Annual Firemen's Golf Challenge.**

Essex powerhouse steamrolls Lancaster

by Lisa Hinton-Valdrighi

Lancaster may now have to rely on another team to decide its playoff fate.

Had the Devils upset undefeated Essex last Thursday, they would have secured a Region A, Division 2 playoff berth. As it went, the Trojans amassed nearly 500 yards rushing and rolled to a 56-35 win over Lancaster to improve to 8-0 overall and 2-0 in the Northern Neck District.

Essex will play Washington & Lee this Saturday, November 5, in a clash of the giants that will decide the district title.

Before last week's game, Essex led the Division 2 teams in the playoff points standings with 20.1. King William, at 6-1, was second with 15.4. Lancaster held on to third place with 14.4, edging W&L by only a point, "which is very unusual, since they beat us already," said LHS coach Billy Jarvis.

There are only two weeks remaining in regular season play with Lancaster (5-3, 1-2) facing Division 1 teams Mathews (1-6, 1-2) and Northumberland (0-8, 0-2).

Lancaster Player of the Week

Sophomore running back Marcus Betts carried the ball 15 times for 95 yards and scored on a 20-yard run in Lancaster's 56-35 loss to Essex last Friday.

To secure a playoff berth, Lancaster must win at least one of those games and Washington & Lee needs to lose one of its last two games against Essex and James Monroe.

"It's too many ifs right now," said Jarvis. "What can happen is, if we win one game and Northampton loses, then we're in."

Northampton will end its regular season tomorrow night (November 3) against Nandua.

Lamar Stewart helped secure Essex High's spot in the playoffs last Thursday, rushing for 307 yards and six touchdowns on 22 carries.

Jordan Wind added 135 yards on 10 carries and went 4-for-6 passing for 54 yards and a 31-yard scoring strike to Malcolm Ball. Maurice Gaines had the other score for the Trojans on a 16-yard scamper.

The homestanding Trojans took a 21-8 lead at the half with the Devils' only score of the first half coming on a 5-yard run and two-point conversion carry, both by Larry Brown.

Brown, who rushed for 170 yards on 30 carries, scored again for Lancaster on a 40-yard run in the second half and hit Jonathan Somers on a 20-yard scoring pass. Brown completed 6 of 18 passes for 98 yards with a TD and two interceptions.

Marcus Betts gained 95 yards on the ground for the Devils, scoring in the second half on a 20-yard run.

Lancaster also got 35 yards rushing on three carries from Gibson and as a team amassed 402 yards on the ground.

Lancaster's Tevin Beale (50) and Michael Newton pull down an Essex ball carrier during a JV game last week. (Photo by Lisa Hinton-Valdrighi)

Around the District

Here's a look at other games last weekend involving Northern Neck District teams:

King & Queen 22, Northumberland 0

King & Queen scored a pair of second-half touchdowns last Saturday to open up a close game and spoil Northumberland's homecoming.

The Tigers beat the Indians, 22-0, to keep NHS winless at 0-8 overall and 0-2 in the district.

After a scoreless first quarter, King & Queen scored midway through the second for an 8-0 halftime lead. The Tigers scored a touchdown each in the third and fourth quarters.

Northumberland managed only 123 yards total offense, including 82 on the ground. Peyton Waller led the running game with 29 yards on five rushes. Andre Turpin had 24 yards on seven runs and Adam Tavious and Jamie Knighton both gained 16 yards on the ground.

Quarterback Dalton Keyser completed two of five passes for 26 yards with an interception. Tavious, who started at QB, threw three interceptions and had 21 yards passing.

The Indians threatened three times, driving to the King & Queen 10-yard line where they fumbled twice and turned it over on downs once.

Player of the week

For Northumberland

Sophomore offensive and defensive lineman Trey Rock was "very active" in Northumberland's homecoming loss to King & Queen Saturday, according to coach Ricky Riddick. "[Trey] got in on a lot of plays on both offense and defense," he said.

"We're just a bunch of ninth- and tenth-graders trying to make something happen," said NHS coach Ricky Riddick.

Along with missing several players for academic and discipline reasons, the Indians lost starting running back Derrick Crockett early in the game to a shoulder injury. Crockett may be out for the season.

"The kids' spirits are still high and right now we're trying to get going and establish a program for next year," said Riddick. "We need to focus on getting these ninth- and-tenth graders in the weight room year 'round."

The Indians have two chances left to pick up a win: they visit Rappahannock tomorrow night (November 3) and end regular season play next Friday, November 11, at Lancaster.

King & Queen.....0 8 8 6 — 22
Northumberland....0 0 0 0 — 0

Washington & Lee 21, Rappahannock 0

Justin Hobbs scored three touchdowns Monday night to lead Washington & Lee (6-2, 3-0) to a 21-0 Northern Neck District win over Rappahannock.

Hobbs scored on runs of 16 and 5 yards and recovered a fumble in the end zone in the fourth quarter.

The Eagles' victory brings up a showdown this Saturday (November 4) against unbeaten Essex (8-0, 2-0). The game should decide the district title.

Washington & Lee..7 0 7 7 — 21
Rappahannock.....0 0 0 0 — 0
WL — Hobbs 16 run (A. Luna kick)
WL — Hobbs 5 run (A. Luna kick)
WL— Hobbs fumble recovery in the end zone (A. Luna kick)

JV Trojans stomp Red Devils, 26-0

Essex High's JV team scored four unanswered touchdowns in the first half last Wednesday and cruised to a 26-0 Northern Neck District win over Lancaster.

The Trojans scored three touchdowns in the first quarter and one in the second to build a 26-0 halftime lead. Neither team scored in a quick, running-clock second half.

The Devils, who dropped to 0-3 in the district, made a late second-quarter threat, driving inside the Trojans' 30-yard line before Essex picked off an Anton Veney pass at the goal line.

Kendrick Diggs gave the Devils a little spark early in the fourth quarter, batting down an Essex pass behind the line of scrimmage and recovering the loose ball inside the LHS 40. The turnover opened Lancaster's second threatening drive of the night, with Veney hitting Michael Newton on a 25-yard pass to move the Devils to the EHS 37. Veney threw two more complete passes to move the ball to the Essex 20 before Lancaster turned the ball over on downs.

Veney completed three passes for the night and rushed for 45 yards on 12 carries.

Newton carried the ball eight times for 40 yards and Shawn Lee gained 12 yards on five rushes.

Lancaster's JV team was scheduled to end the season last night (November 1) on the road with a non-district game against Mathews.

Holzbach and Ransome lead district harriers; Lancaster places second

by Lisa Hinton-Valdrighi

Lancaster produced the boys and girls individual champions of the Northern Neck District cross country meet last Thursday.

Junior Aaron Holzbach paced a field of 28 male harriers with a 17:33 time as the individual medalist in the boys' meet and freshman runner Ashley Ransome won the girls' individual title in 22:03. Ransome led 19 female runners on the 3.2 mile track at Washington & Lee, where both the girls' and boys' district meets were held.

The host Eagles celebrated a dual team victory with the girls' team edging Lancaster by two points for the title and the boys beating the Red Devils by 10 points.

Washington & Lee's girls scored a low 32 points with four runners in the top 10, while the boys also claimed four of the top 10 spots to score 32 points.

Sara Flickenger was the top W&L female harrier and the runner-up. Ransome outpaced Flickenger by a whole 1:21 with Flickenger finishing the race in 23:22. Christina Cheng of W&L was third in 23:36.

Lancaster's team score was 34 points with the Lady Devils taking four of the top 10 spots. Sarah Davis was fifth in 24:44, Marina McGrath was seventh in 24:56 and Tiffany Pittman was tenth in 26:03.

Lancaster's boys scored 42 points with Clinton Bennett coming in fifth in 18:22 and Justin Stewart placing ninth in 19:11.

Essex High's Levi Heacock was the runner-up in the boys' race despite the Trojans' fourth-place overall finish. Heacock ran the race in 17:46.

Dabney Beahm of W&L was fourth in 18:13 and Zach Sudduth was fifth in 18:22.

Aaron Holzbach of Lancaster is the Northern Neck District boys' medalist.

Ashley Ransome of Lancaster is the Northern Neck District girls' medalist.

Team scores

Boys meet — 1. W&L 32. 2. Lancaster 42. 3. Northumberland 61. 4. Essex 94.

Girls meet — 1. W&L 32. 2. Lancaster 34. 3. Essex 62.

Top 15 individual scores

Boys meet — 1. Aaron Holzback (L) 17:33. 2. Levi Heacock (E) 17:46. 3. Dabney Beahm (W&L) 18:13. 4. Zach Sudduth (W&L) 18:15. 5. Clinton Bennett (L) 18:22. 6. Matt McVey (W&L) 18:29. 7. Monty Hendershot (W&L) 18:45. 8. Jared Scripture (N) 19:06. 9. Justin Stewart (L) 19:11. 10. Cody Payne (N) 19:27. 11. Chris Bennett (L) 20:00. 12. Adam Moore (W&L) 20:08. 13. Lavar Rich (N) 20:12. 14. Carson Klein (N) 20:16. 15. Nick Roe (W&L) 20:38.

Girls meet — 1. Ashley Ransome (L) 22:03. 2. Sara Flickenger (W&L) 23:22. 3. Christina Cheng (W&L) 23:36. 4. Alicia Guridy (E) 24:31. 5. Sarah Davis (L) 24:44. 6. Leah Coates (W&L) 24:54. 7. Marina McGrath (L) 24:56. 8. Katie Crossman (W&L) 25:18. 9. Vanessa Lara (E) 26:02. 10. Tiffany Pittman (L) 26:03. 11. Jenny O'Shaughnessy (L) 26:23. 12. Anna Heacock (E) 26:35. 13. Annah Latane (W&L) 26:53. 14. Christina Jones (W&L) 27:05. 15. Carol Davis (L) 28:54.

Scoreboard

Varsity football
Essex 56, Lancaster 35
W&L 21, Rappahannock 0
King & Qn 22, Northumberld 0
King William 48, Middlesex 13
Franklin 26, Northampton 0

JV football
Essex 26, Lancaster 0

Varsity volleyball
Lanc def. Northumberland, 2-1
Rappahannock def. Lanc, 2-1

JV volleyball
Northumberland def. Lanc, 2-1
Lanc def. Rappahannock, 2-0

Cross country
Northern Neck Distict
Boys meet
W&L 32, Lancaster 42, Northumberland 61, Essex 94
Girls meet
W&L 32, Lancaster 34, Essex 62

Upcoming Games

Varsity football
(7:30 p.m.)
November 2:
Tidewater District:
King & Qn at Middlesex (7 p.m.)
November 3:
Northern Neck District:
Mathews at Lancaster
Northumberld at Rappahannock
Tidewater District:
West Point at King William
Tri-Rivers District
Charles City at Surry
Franklin at Sussex
Eastern Shore District:
Northampton at Nandua
November 4:
Northern Neck District:
Essex at W&L (1 p.m.)

Volleyball
(JV 6 p.m.; varsity 7:30 p.m.)
November 2:
Northern Neck District champ at Essex (7 p.m.)

Rappahannock Almanac

White Stone/Grey's Point Tides, Sun, & Moon – November, 2006

Fri	**11/3**	Moonset	4:09	Low	3:06	0.0′
		Sunrise	6:33	High	9:09	**1.9′**
		Moonrise	**3:50**	Low	**3:51**	0.0′
		Sunset	**5:05**	High	**9:36**	1.6′
Sat	**11/4**	Moonset	5:25	Low	3:55	-0.1′
		Sunrise	6:34	High	10:01	**2.0′**
		Moonrise	**4:20**	Low	**4:45**	-0.1′
		Sunset	**5:04**	High	**10:27**	1.6′
Sun	**11/5**	Sunrise	6:35	Low	4:44	-0.1′
		Moonset	6:43	High	10:51	**2.0′**
		Moonrise	**4:56**	Low	**5:36**	-0.1′
Full - 7:58		Sunset	**5:03**	High	**11:16**	1.6′
Mon	**11/6**	Sunrise	6:36	Low	5:32	-0.1′
		Moonset	8:00	High	11:41	**2.0′**
		Sunset	**5:02**	Low	**6:27**	-0.1′
		Moonrise	**5:38**			
Tue	**11/7**	Sunrise	6:37	High	12:05	1.6′
		Moonset	9:15	Low	6:20	-0.1′
		Sunset	**5:01**	High	**12:30**	**2.0′**
		Moonrise	**6:29**	Low	**7:17**	0.0′
Wed	**11/8**	Sunrise	6:38	High	12:53	1.5′
		Moonset	10:22	Low	7:09	0.0′
		Sunset	**5:00**	High	**1:21**	**1.9′**
		Moonrise	**7:28**	Low	**8:08**	0.1′
Thu	**11/9**	Sunrise	6:39	High	1:43	1.4′
		Moonset	11:18	Low	7:59	0.1′
		Sunset	**4:59**	High	**2:13**	1.7′
		Moonrise	**8:32**	Low	**9:01**	0.2′
Fri	**11/10**	Sunrise	6:40	High	2:36	1.3′
		Moonset	**12:03**	Low	8:52	0.2′
		Sunset	**4:59**	High	**3:07**	1.6′
		Moonrise	**9:38**	Low	**9:55**	0.2′

Corrections	High	Low	Height
Piankatank River, Cherry Pt.	-1:42	-1:44	86%
Great Wicomico River Light	0:30	0:20	76%
Smith Point Light	1:01	0:44	86%

PM times are in **boldface type**.
Unusually high & low tides are also in **boldface**.
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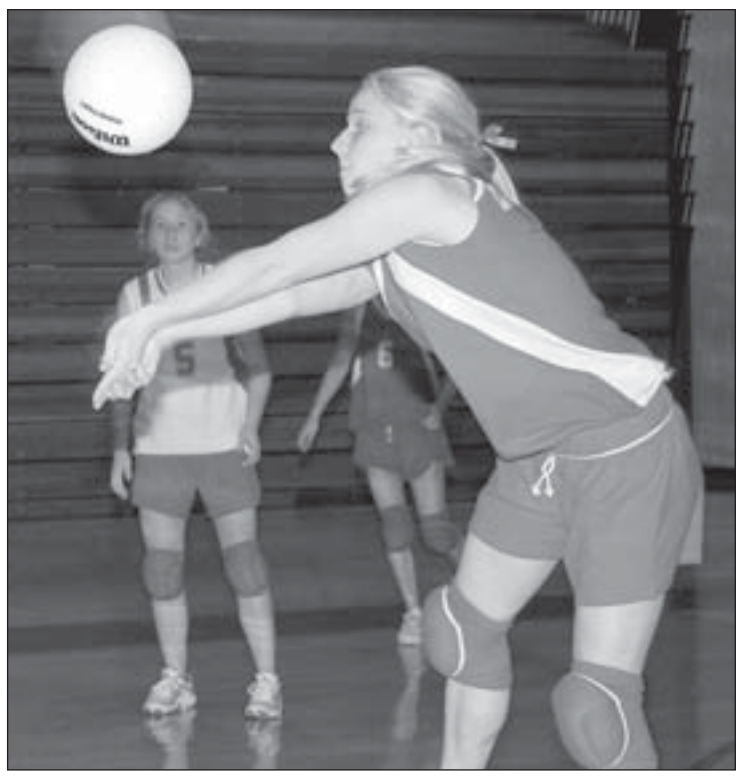
Lancaster's Takeia Jones bumps up a returned serve.



Danielle Shelton of Lancaster passes the ball to the front line.

JV Lady Devils claim season championship in district volleyball

by Lisa Hinton-Valdrighi

Despite a season ending loss to Northumberland last Wednesday, the JV Lady Devils claimed the Northern Neck District regular season volleyball title for a second straight year.

The Indians upset Lancaster, 13-25, 25-22, 25-20, for the Devils' only district loss.

Lancaster claimed the season championship with a 7-1 district record and 14-3 overall mark.

Lancaster swept the Raiderettes, 25-21, 26-24, last Wednesday with Kati O'Brien and Lauryn Turner leading behind the service line.

O'Brien put over nine service points with two aces and Turner scored seven points with an ace. Ariel Grulkowski also had six service points with an ace.

O'Brien had a kill and Grulkowski six assists.

Lancaster won the opening game against the Indians Wednesday, then got down by 10 points in the second before cutting the Indians' lead to three. NHS held on for the win and took an early lead to a victory in the third game of the best two of three series.

Takeia Jones was dominant behind the line for Lancaster with 20 service points. Nicole Shelton served for nine points and Danielle Shelton had six with an ace.

O'Brien led at the net with seven spikes including two kills. Kimberly Crockett also had a kill and Grulkowski had 12 sets.

Lady Devils scorch Lady Indians' almost perfect volleyball mark

by Lisa Hinton-Valdrighi

Lancaster proved the district giant could be toppled last Wednesday when the Lady Devils upset Northumberland in a varsity volleyball regular season finale.

The Indians were previously unbeaten in district play and ended the year in first place in the Northern Neck with a 7-1 record.

Lancaster, after losing to third-place Rappahannock last Tuesday, finished with a 5-3 district record and 11-7 overall mark for second place in the Northern Neck.

The Lady Devils were scheduled to play the Raiderettes in a tournament semifinal last night (November 1) in Tappahannock. Another semifinal had Northumberland facing the winner of a fourth-place tie-breaker between Essex and Washington & Lee. The tournament championship game is tonight (November 2) at 7 p.m. at Essex High School.

Madison Smith led Lancaster at the net with 11 kills and three blocks in the 2-1 upset of Northumberland. The Devils edged the Indians, 22-25, 25-20, 26-24, with an extra-point nail-biter deciding the match.

Tabitha Rinehart scored 13 service points with an ace to lead Lancaster. Sara Caudle had seven points and Brandy Gilbert six.

Gilbert also had nine assists to lead the setters.

Dominating on the front line alongside Smith were Tyesha Harvey with three kills and three blocks and Sarah Robertson with three kills.

Rappahannock defeated Lancaster, 16-25, 25-18, 25-19, in the best of three series last Tuesday.

Lancaster's Tyesha Harvey goes up for a kill last Wednesday when the varsity Lady Devils upset Northumberland.

Caudle served for nine points and Robertson eight to lead Lancaster.

Harvey put over seven kills in the first game and Smith finished with six in the match.

Rimbey is Coach of the Year

Christchurch School volleyball coach Patty Rimbey has been named Virginia Commonwealth Conference Volleyball Coach of the Year.

Rimbey was a first team all-district volleyball player for Appomatox High School and has played in adult leagues. This is her fourth year coaching the Seahorses.

She is also the school's director of annual giving.

Patty Rimbey

Scripture Farms hosts fall show

Scripture Farms in Mila last Sunday hosted the Northeast Virginia Dressage Association Dressage Show.

First level champion was Tricia Brennan riding Yosemite Sam; reserve champion was Barbara Hope riding Rocky Mountain High.

Training level champion was Sarah Groat riding Dottie West; reserve champion was Liz Hudnall riding Golden Affection.

Intro level division 1 champion was Leah Clark riding Rocket; reserve champion was Rachael Clark riding Dottie West.

Intro level division 2 champion was Kaitlyn Hand riding Ginger; reserve champion was Susan May riding To the Max.

The high point rider of the day was Hand on Ginger at 70 percent.

The judge for the event was April Rivers of Charlottesville.

THE RECORD ONLINE

www.rrecord.com

Sports Shorts

■ Football contest results

Joanne Dietz of Mollusk was among three people who missed just two games in last week's Rappahannock Record Football Contest and she took first based on her tiebreaker prediction. David Cooper of Lancaster took second.

Dietz, Cooper and John Grady of Columbus, Ohio, each missed two games but only Dietz and Cooper picked Essex to beat Lancaster in the first tiebreaker. Dietz guessed 53 points would be scored in the game and Cooper guessed 42. Essex won the slugfest, 56-35.

Everyone is invited to enter this week's contest by submitting the form in the paper or online at RRecord.com. Those who do not place in the weekly contests during the year are eligible for a $50 consolation drawing at the end of the season.

■ Game raffle

The Church of Francis de Sales in Mathews and the Church of Visitation in Topping are raffling two "Joe Gibbs Club Seat" tickets to see the Atlanta Falcons verses the Washington Redskins at FedEx Field December 3 at 1 p.m. The prize includes $200 and free stadium parking. The package is donated by Hutchens Chevrolet in Newport News.

Two autographed professional football helmets, one signed by members of the Washington Redskins and the other signed by Michael Vick of the Atlanta Falcons, also will be raffled. Tickets are $20 each. To purchase tickets, call 758-5160 or 725-2776.

■ Volksmarch

The 36th International Germanna Volksmarch will be held at U.S. Marine Corps Base, Quantico, November 4 and 5. Choices are a 3- or 6-mile self-guided walk at Lunga Park Recreation Area.

Sign in from 8 a.m. to 1 p.m. and finish by 4 p.m. Free to walk. Adults 18 and older must show a valid picture ID.

It's a....basketball

Niki Rockson of Burgess, eight and a half months pregnant, came to an October 28 Halloween party at Glebe Point Campground with a basketball under her shirt.

Rage captures second

The Northern Neck Rage 12U girl's softball team won second place in the Virginia Fall Classic at Mathis Park in Hopewell. Six teams competed. The Rage fought its way undefeated to the championship game and lost to the Virginia Lady Titans. From left are (front row) Brittany Jordan, Hannah Marks, Hallie Berger and Amanda Headley; (next row) Mackenzie Moughon, Rachel Berger, Elizabeth McCarthy, head coach Chip McCarthy, Bethany Pritchard, Taylor Glass, Nicole Crowther and coaches Glenn Marks and Michelle Crowther.

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Entries must be delivered to the Rappahannock Record office before 5 p.m. each Friday, or mailed to the Rappahannock Record Football Contest, P.O. Box 400, Kilmarnock, Va. 22482, with a postmark no later than Friday or enter online at www.rrecord.com (same deadline).

Persons picking the most correct winners will win $25 and the runner-up will win $15. In case of a tie, the first tiebreaker game will decide the winner. If there is still a tie, the second tiebreaker game will decide the winner.

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Deliver to Rappahannock Record by 5 p.m. Friday, Nov. 3, 2006

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Boating classes set

Northern Neck Sail and Power Squadron commander Gene Wolski (left) and instructor Dave Cook will present one-day boating classes November 11, December 2, January 27 and February 10. They suggest giving a Boat Smart course as a holiday gift. The fee is $35 per person, but is reduced to $45 for two family members sharing a book. The classes alternate between the Northumberland Public Library in Heathsville and the Northern Neck Insurance Company in Irvington. To register, call Twy Williams at 529-5093, or visit twynan@msn.com.

From left are Larry Taylor, Harvey Boyer and John Bentley.

Bentley, with 1858 pistol, wins black powder match

The weather was rainy and windy Saturday morning, October 28, and the black powder match scheduled at the Rappahannock Pistol and Rifle Club was officially cancelled. That did not stop a few die-hard shooters who went to the club range expecting to shoot. The weather cleared, the sun came out, so an informal match was held.

John Bentley, Harry Boyer, Larry Taylor, Betty Taylor and Fred Ajootian held a black powder pistol match. Bentley won first place with a 95, Larry Taylor was second with a 94 and Harvey Boyer was third with a 71.

Bentley used an 1858 44 caliber New Army pistol. Larry Taylor shot with an 1851 36 caliber Navy Colt and Boyer used an 1860 44 caliber Army pistol.

Ted Haynie, Larry Taylor and Betty Taylor fired their black powder rifles but did not keep score.

The next match will be a bowling pin event November 18 at 9 a.m.

Members are reminded to make dinner reservations for the club banquet on November 10.

From left are John Abbott, Red Cross office manager Julie Dudley, Shawn Donohue and Ward Currin.

Bank team wins Red Cross golf tournament

The River Counties Chapter of American Red Cross held its first golf tournament October 29 at the Golden Eagle Golf Course near Irvington.

First flight winners were first, the Bank of Lancaster team of Ward Currin, who made a hole in one, Tucker Currin, Marty Stanley and Matt Dunn; and second, The Tides Inn team of Gordon Slatford, Sterline Caudle, Dick Purkapile and Jim Crowley.

Second flight winners were first, the team of George Gilpin, Vik Balani, Bill Barton and Bryant Champion; and second, the American Red Cross team of Washington, D.C., of Paul Coughlin, Bob Coughlin, Bill Brothers and Willie Brothers.

Millie Wiley won closest to the pin and Ward Currin won longest drive.

Holly Rittenhouse of River Towne Properties sponsored a $10,000 hole-in-one prize for hole 3 monitored by board members and volunteers which had no winner. Currin aced another hole.

Other businesses that entered teams and sponsors included Bay Meadows Real Estate, Chainey Construction, Chesapeake Homes, Kilmarnock Christmas House and Toy Store, the County of Middlesex, EVB, Cable Vision, Hubbard Insurance, James M. Alga CPA, James Company, Kilmarnock Town Council, Noblett's, attorney P. Christian Stamm, River Pool and Spa, Spotts Fain and Tri-Star Supermarket.

Revere Gas sponsored the drinks tickets. The Tides Inn, The Tartan Golf Club, King Carter Golf Club and Hobbs Hole Golf Course gave prizes of four rounds of golf each. The Hope and Glory Inn donated a one-night stay. The YMCA gave a six-month family membership.

Raffle prizes were given by The Backdraft, Foxy's, White Stone Pharmacy, Alley Cat, Lipscombe's, Khakis, Tommy's in Reedville, Geo Products and Greenpoint Nursery.

The Rivers Counties Chapter also thanks Dick Donovan of the Kilmarnock Chamber of Commerce, general manager Gordon Slatford of The Tides Inn, Creative Designs, Northern Neck Office Supplies and the volunteers who helped organize the event, especially Dale Rice and Angela Mitchell.

435-1701 .... this number will get you places!

Club Golf

ICYCC 9-holers

The Indian Creek Yacht and Country Club 9-holers on October 26 played a scramble. Winners were first, Betsy Chambers, Robin Perks, Marilyn Reed and Pat Willett; second, Elaine Bentley, Jean Ehlman, Helen Hopton and Louise Petralia; and third, Dee Byrne, Connie Purington, Sharon Rowe and Shelia Stepko.

ICYCC ladies

Indian Creek Yacht & Country Club ladies held an end-of-year celebration October 21 at the club. The event included challenges to ladies on the game of golf. Game winners were Ann Cotter, Patty Doyle, Nan Liner, Jan Litzinger, Karen Mullins, Dee Ross, Dana Smith, Shelia Stepko and Susie Winters. Doyle and Mullins were co-charis. After the games, a buffet dinner was enjoyed by the members and guests.

Indian Creek

Indian Creek Yacht and Country Club held its annual Cooper Cup tournament October 28. Winners were first, George Urban and Pat Thomas (60); second, Mike Swinney and John Halley (61); and third, Steve Richardson and Emory Williams (62).

Tartan club

Sunday Twilight winners were first, Dick and Peggy Sevila; and second, Peter and Nancy Sturm.

Men's Monday playday winners at the Tartan Golf Club were first, Mike Osteen; second, John Burton; third, (tie) Hank Little and Ron Hugate; fifth, (tie) Charlie Armfield and Dick Huffman; and seventh, Butch Miller and Pete Sturm.

Piankatank

The Pankatank River ladies association last week played a captain's choice tourney. Winners were first, Ann Padget, Kim Harris, Betsy Garrett and Bonnie Norton (71); and second, Carole Lloyd, Betsy Ripley, Alice Wohlleben and Christy Pitts (72).

Quinton Oaks ladies

The Quinton Oaks Ladies Golf Association on October 25 played a "Plant the Tombstone" tournament. Flight A winners were first, Darlene Bean; second, Terry Sartori; third, Joan Frie; fourth, Cheryl Rembisz; fifth, Sara Goodwyn; and sixth, Juanita Miles.

Fight B winners were first, Charon Dickens; second, Harriet Baggett; and third, Alice Rawlings. Bean and Rembisz tied for low putts at 28. Baggett had a chip-in. Rembisz, Miles, Goodwin, Su Schmalz, P.J. Kienast and Anna McCauley each had a birdie.

On the field or in the stands, good nutrition is key

Virginia Tech's football team has been nationally ranked for a good part of the last decade. While hard work, skill and good coaching have contributed to the team's success, so has good nutrition.

The school was one of the first universities to hire a full-time nutritionist and dietician for its sports programs in 2002. Ironically, one of the goals many players have is to lose weight, not gain it.

"You can have a lot of weight on you, and if it's a lot of unhealthier, fat weight, you can't move very quickly off the ball," said sports nutrition director Amy Freel. "You can't be fast, you can't be quick and you can't jump as high."

Freel said that the nutrition staff tailor diet plans to each individual player's position and needs. While the U.S. Department of Agriculture's nutrition guidelines call for adults to consume 2,000 calories a day or less, sometimes a collegiate lineman can eat as much as 8,000 calories' worth of food a day. But he's burning those calories off, playing and training. And Freel also works to teach players lifelong diet skills.

"I spend a lot of time educating them on what are appropriate choices (to eat). What are the choices to make before practice, what are the choices to make after practice, what are the choices to make for breakfast, what are the choices to make on not-so-busy days, what are the choices to make on very hectic days? Not only are we trying to get them to eat right when they are in college and playing football, but what are they going to do later on in life as well?"

Drinking enough fluids is also a vital part of any football player's diet. Freel said athletes sweat heavily whether its 80 degrees or 30 degrees outside, so water and sports drinks are constantly available for players.

While the Hokies are trained athletes in peak physical condition, Freel's dietary advice easily translates to the average person. Her recommendations to anyone trying to lose weight are simple.

"Stay active, and eat a variety of fruits and vegetables," she said. "I want my athletes to eat a well-rounded diet that includes lots of fruits or vegetables, lean choices of meat and healthy whole grains. So what the athletes are eating here... maybe you just need to back down on portion sizes and eat a smaller quantity."

A Doctor Speaks

by Goeroge Moore, MD

The Cost of Loneliness

Loneliness is usually associated with depression, but a new NIH-funded study links it to high blood pressure—yes, high blood pressure.

Some 230 people ages 50 to 63 in Chicago were studied for hypertension. They underwent a physical exam and a series of blood tests to measure stress hormones. To assess their loneliness, the investigators asked a series of carefully designed questions. They found that systolic blood pressures were the highest among the loneliest participants by an average of 30 mm/HG.

The researchers were surprised to find that loneliness increased systolic blood pressure by the same amount as weight loss and exercise lower it. They pointed out that a tendency of lonely people to perceive stressful situations as threatening rather than challenging could contribute to episodes of high blood pressure. Additionally, lonely people tend to withdraw rather than seek support when stress arises.

It's important to realize that loneliness is not necessarily being alone. Feeling lonely has more to do with the perception of one's social connectedness than with how social one actually is. One person may be comfortable living alone, seeing friends once a week, whereas another person might feel lonely despite the fact that they live in a full house and are an active part of the community. Curing loneliness may not be as simple as making an effort to be more social. Social obligations can be hard to keep if one lives alone, doesn't drive, or has trouble getting around.

Some warning signs of loneliness include feelings of a lack of companionship or friends, having nothing in common with the people around you, isolation from others and as if you are left out of group activities.

Despite the researchers' findings, they are optimistic, noting, "Improvements in the sense of social connectedness may have clinical benefits comparable to, if not greater than, lifestyle modifications."

Bridge Results

Five tables of bridge were in play October 26 at Indian Creek Yacht and Country Club.

Winners north/south were first, Ilva Doggett and Carolyn Reed; and second, Arden Durham and Dianne Monroe.

Winners east/west were first, Shirley Crockett and Ronnie Gerster; and second, Joy Straughan and Helen Kinne.

Seven tables of bridge were in play October 24 at Rappahannock Westminster-Canterbury.

Winners north/south were first, Ginger Klapp and Judy Peifer; second, Arden Durham and Jane Hughes; and third, Ilva Doggett and Kay Williams.

Winners east/west were first, Liz Hargett and Tot Winstead; second, Carolyn Reed and Alice Slember; and third, Peggy Dent and Connie Cross.

The next bridge for this group is November 14 at 1 p.m.

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Students complete navigation course

Eight students recently completed Basic Coastal Navigation, a public education course taught by members of U.S. Coast Guard Auxiliary Flotilla 33. From left are (front row) Kevin Hulbert, Doug Small and Dianne Towler; (next row) Bill Blocher, David Heavenridge, Dwight Towler, John Haszard, Flotilla Cmdr. Rita Theisen and instructor Don Gallagher.

Seven graduate from 3-10 Boat Crew Academy

Flotilla 3-10 initiated a crew qualifying approach last January and recently celebrated its success with seven new crew members.

A graduation ceremony to honor the members' qualification was held recently. The flotilla's approach was praised by Stephen Mc Elroy, Fifth District Southern Region District commodore. He suggested the approach be replicated throughout the District's Auxiliary units.

Flotilla commander Wayne Ploger came up with the "Boat Crew Academy" name. From there, the name and the idea took on a life of its own as Ollie Knight and Tom Courtless offered new members opportunity to participate in the program.

Their goal was for all interested members to be fully qualified crew members before summer's end. Members who participated in weekly classes and on-the-water training were Carroll Barrack, Dick Flaherty, Judy Julian, Joe Moschetti, Jack O'Neil, Charlie Thomas and Glen Thomason. Three others who joined late or had conflicting schedules hope to finish up later this year.

"This has really been an excellent demonstration of teamwork by the operations and member training officers and our experienced mentors to meet the expectations of the membership, together with the hard work and commitment of the candidate crew members; the flotilla has a larger cadre of talented individuals to help support the United States Coast Guard," said Ploger.

Flotilla 3-10 has eight coxswains and 11 crew members among its 35 members and 10 vessels equipped and approved for patrol activity on the Potomac and Rappahannock rivers.

Boat crew training covered boating skills and teamwork. This was supplemented with emergency care and damage control procedures. The graduates underwent a dockside examination and a check ride with a Coast Guard certified qualification examiner. Julian Everly, a retired Coast Guard Master Chief and member of Flotilla 3-10 served as the examiner.

To join the Coast Guard Auxiliary in the Northern Neck or Tappahannock area, call Ploger at 472-3835, or Dick Flaherty at 445-1029.

Virginia Gardening

by Jim May

Trees are the basic elements of any landscape plan. Because they set the stage for the rest of our landscape, consider them first when planning. The type used and their location determine to a great extent what other types of plant materials are appropriate.

Selection of the proper tree species is a very important first step when considering planting a tree. Selecting the wrong plant can be a waste of money when the plant fails to survive, or it can be the beginning of years of problems when it fails to thrive. Also, it is very important to consider the mature size of a tree when planting. That cute little oak tree may become a liability if planted too close to the house or under overhead utility wires.

While there are no species of trees that are so superior to others that they could be called "the best," there are some that are better than others. There are differences of opinion as to which tree is better in a situation from a design standpoint; however, I tend to look at them from a purely functional point of view.

There are hundreds of different types of shade trees that are suitable for planting in Virginia. Our climate is incredibly diverse as it ranges from the colder mountains of the southwest part of the state to the much warmer coastal areas. Few states in the country have three hardiness zones, but we do and they range from zones 6 to 8. Shop for trees that will survive and thrive in your hardiness zone.

Maples are good trees to consider in all parts of the state. They transplant easily, grow quickly, have beautiful fall color and some have interesting bark that provides winter interest. You can't go wrong with a red maple. While the species grows to 60 feet, there are cultivars that were developed for their smaller size and reliable fall color such as "October Glory" and " Red Sunset," both of which reach only 45 feet at maturity. The hybrid cultivar "Armstrong" has a narrow or columnar canopy and is suitable for smaller spaces.

Sugar maple is one of our most beautiful native trees. It grows to 75 feet and can overwhelm small yards, but its fall color is spectacular. There are also columnar cultivars.

Norway maple is another very large tree. However, its fall color is better some years than others and its root system can make mowing difficult. The cultivar "Crimson King" is a popular Norway maple because of its dark red leaves.

While there are dozens of species of maples suitable for planting, a few are not recommended because of their weak wood or "trashy habits" including silver maple and box elder.

Oaks are the quintessential shade trees. Some of the best for the northern and western part of the state include scarlet oak, pin oak, willow oak, northern red oak and shumard oak. There is also a columnar English oak commercially available, which makes an interesting landscape statement.

When you get over to the eastern part of the state, many trees that will not survive in colder areas thrive here. Live oak, laurel oak and willow oak are good examples of warmer clime oak trees. Check with local nurseries for species that do well in your area.

Fast-growing used to be synonymous with weak-wooded, but there are few desirable shade trees that grow quite quickly. The green ash and white ash have compound leaves and a coarse texture when they shed. Shop for seedless varieties such as "Marshall's Seedless" or "Patmore." The native tulip tree, or tulip-popular, needs a deep, fertile, moist soil to really thrive. It gets very large and should be planted only where there is plenty of space.

If you want a birch tree, consider a river birch and resist the temptation to plant the white, or paperbark birch. The river birch tolerates Virginia's hot summers, while the white birch gets stressed and becomes susceptible to the bronze birch borer, an insect which kills trees quickly. There are other white birches that are more resistant to the borer. Check with your favorite nursery for recommendations. The river birch cultivar "Heritage" has a light salmon-colored bark that peels (exfoliates) and is quite beautiful year-round.

Other trees with interesting bark include the London planetree, a hybrid of the native sycamore. Unlike the sycamore, it does not produce fruit and lots of messy leaves and twigs. The lacebark elm is a fine-textured, fast-growing tree with exfoliating bark that is quite striking when the tree matures. Japanese zelkova is another elm-like tree with a base shape, fine texture and interesting bark. The muscle-like smooth, gray, fluted bark of the American hornbeam lends it another name, ironwood. While not typically available in nurseries, ironwood and others such as the common persimmon, Kentucky coffeetree and American hopornbeam are native shade trees with interesting bark definitely worth seeking out. Lastly, the ginkgo tree has beautiful bark, an interesting growth habit and spectacular color. Be sure to seek out only male ginkgos, due to the stinky fruit produced by the female.

We are fortunate to have dozens of excellent nurseries in Virginia with knowledgeable staffs. Check with them for other recommendations.

(Jim May is a retired Extension agent from Christiansburg. His specialty is horticulture. His column is sponsored by the Virginia Green Industry Council and the Virginia Department of Agriculture and Consumer Services).

Bowling Results

Ladies League

On October 9, the Misfits won two games against R.P. Waller when Lynn Gordon bowled a 325 set with games of 115 and 119. Jean Reynolds rolled a 320 set with games of 103, 103 and 114. Patsy Headley had a 301 set with games of 105 and 110. Kim Kent bowled two games of 101 and April Haydon had a 113 game. For R.P. Waller, Dee Atkins had a 375 set with games of 106, 119 and 150. Ilva Jett bowled games of 101 and 103. Claudette Hames had a 130 game. Marsha Nash rolled a 105 game and Ola Nash had a 101 game.

Callis Seafood won two games against Yeatman's Forklift when Betty Evans bowled a 320 set with games of 102, 104 and 114. Donna Thomas had a 312 set with games of 107 and 115. Sharon Price had a 109 game and Gayle Conrad games of 103 and 109. For Yeatman's, Alma George rolled a 305 set with games of 100 and 115. Clara Yeatman had a 101 game and Theresa Davis rolled a 113 game.

TCH Oil won three games against D&L Doc-n-Divas when Marie Piccard bowled a 337 set with games of 103, 111 and 123. Sandra Evans rolled a 334 set with games of 112 and 129. Greta Walker had a 120 game and Vicki White had a 104 game. Vivian Callaway bowled a 104 game and Cathy Savalina rolled a 123 game. For D&L, JoAnne Paulette had a 354 set with games of 111, 116 and 127. Terry Stillman bowled a 304 set with a 119 game and Bev Benson had games of 103 and 105.

On October 16, D&L Doc-n-Divas won two games against R.P. Waller when Terry Stillman bowled a 336 set with games of 107 and 141. Bev Benson had a 306 set with games of 104 and 122. JoAnne Paulette had a 105 game. Linda Lake bowled a 312 set with gams of 104 and 119. For R.P. Waller, Ola Nash rolled a 308 set with a 120 game. Claudette Hames had a 116 game and Dee Atkins bowled a 104 game.

The Misfits won two games against Yeatman's Forklift when Jean Reynolds bowled a 360 set with games of 125 and 146. Patsy Headley rolled a 315 set with games of 100 and 119. Kim Kent had games of 100 and 103. For Yeatman's, Pat Harris bowled a 338 set with games of 109, 111 and 118. Alma George rolled a 318 set with games of 107 and 120. Theresa Davis had a 300 set with games of 104 and 108. Clara Yeatman bowled a 105 game.

TCH Oil won two games against Callis Seafood when Vicki White rolled a 348 set with games of 116 and 137. Cathy Savalina bowled a 321 set with games of 101, 101 and 119. Greta Walker had a 107 game. Marie Piccard rolled a 100 and Sandra Evans bowled a game of 139. For Callis, Gayle Conrad rolled a 334 set with games of 109, 111 and 114. Donna Thomas had a 329 set with games of 114 and 119. Mary Savalina bowled games of 103 and 111. Betty Evans had a 108 game.

On October 23, Callis Seafood won two games against the Misfits when Mary Savalina had a 309 set with games of 105 and 112. Betty Evans rolled a 302 set with games of 101 and 105. Donna Thomas had games of 101 and 102 and Gayle Conrad rolled a 105 game.

R.P. Waller won three games against TCH Oil when Marsha Nash bowled a 362 set with games of 116 and 154. Ola Nash rolled a 355 set with games of 101, 120 and 134. Karen Hames rolled a 302 set with games of 115 and 116. Claudette Hames had a 317 set with games of 100, 104 and 113. Ilva Jett bowled a 305 set with games of 102 and 104. For TCH Oil, Marie Piccard had a 325 set with games of 111 and 115. Sandra Evans bowled a 326 set with games of 102, 105 and 119. Greta Walker had a 118 game and Vicki White rolled a 117 game.

Yeatman's Forklift won two games against D&L Doc-n-Divas when Pat Harris bowled a 345 set with games of 106, 115 and 124. Alma George had a 322 set with games of 105, 108 and 109. Theresa Davis bowled a 315 set with games of 112 and 118. Katherine Deihl rolled a 101 game. For D&L, Betty Steffey bowled a 321 set with games of 101, 110 and 110. Linda Lake rolled a 317 set with games of 102, 105 and 110. Terry Stillman had a 332 set with games of 112 and 127 and Bev Benson bowled a 118 game.

High game: Bev Benson and Marsha Nash, 154; Dee Atkins, 150.

High set: Dee Atkins, 375; Theresa Davis, 372; Lynn Gordon, 365.

High team game: R.P. Waller, 633; D&L, 580; Callis, 555.

High team set: R.P. Waller, 1,771; D&L, 1,650; Callis, 1,624.

High average: Sandra Evans, 110; JoAnne Paulette, 109; Betty Steffey and Terry Stillman, 107.

Standings

	W	L
Yeatman's	13	8
Callis	11	10
TCH Oil	10	11
D&L	10	11
Misfits	10	11
R.P. Waller	9	12

Men's League

On October 19, the High Rollers won three games against The Bowling Boys. For the High Rollers, Rolaid Lewis bowled the high set of the week of 426 with games of 167, 118 and 141. Frank Perkins rolled games of 135 and 133 in a 377 set. Curly Lewis had a 146 game and Steve Edwards rolled a 129 game. For the Bowling Boys, Scotty George bowled the high set of 348 with a 151 game. John Hollowell rolled games of 118 and 117. Ryan Dawson had a 113 game and Harry Donavon a 94 game.

Sal's Pizza won three games against Hammock Printing. For Sal's, Bob Huff bowled the high set of 399 with games of 139 and 148. Bill Hendershot rolled a 157 game in a 378 set. Clay Gill had a 137 game and Justin George bowled a 126 game. For Hammocks, Ernie George had the high set of 380 with a 163 game. Herbert rolled a 143 game, Benny Balderson a 106 and Joe Hinson a 97.

Evans Bowling Center won three games against D&L Marine Construction. For Evans, Wilson Evans bowled the high set of 363 with games of 130 and 125. Bunks Mitchell rolled games of 136 and 138. John Forrester had a 147 game and Richard Savalina rolled a 122 game. For D&L, Mark Obsharsky bowled the high set of 354 with games of 130 and 117. Steve Hinson bowled a 123 game and Dana Stillman rolled a 114.

On October 26, Hammock Printing won two games and lost one against the High Rollers. For Hammock, Joe Hinson bowled the high set of the week of 383 with games of 103, 121 and 159. David George rolled a 371 set with games of 113, 126 and 132. Ernie George had games of 117 and 121. Benny Balderson rolled a 104 game. For the High Rollers, Curly Lewis had the high set of 361 with games of 144 and 115. Frank Perkins bowled games of 121 and 122. Rolaid Lewis rolled a 122 game and Steve Edwards had a game of 120.

Sal's Pizza won two games and lost one against D&L Marine Construction. For Sal's, Wayne Condrey bowled the high set of 376 with games of 127, 122 and 127. Bill Hendershot rolled games of 137 and 124 in a 363 set. Justin George had a 120 game. For D&L, Dana Stillman bowled the high set of 325 with a 123 game. Steve Hinson had a 118 game and Doug Hundley a 112 game.

The Bowling Boys won two games and lost one against Evans Bowling Center. For the Bowling Boys, Ryan Dawson bowled the high set of 360 with games of 125 and 148. Louis Coates rolled a 314 set. Billy Hudson had a 104 game. For Evans, Woodie Evans bowled the high set of 344 with games of 110, 121 and 113. John Forrester had a 117 game and Bunks Mitchell and Richard Savalina each had a 107 game.

High game: Curly Lewis, 192; Rolaid Lewis, 167; Ernie George, 163; Woodie Evans, 162; Steve Edwards, 160.

High set: Curly Lewis, 439; Rolaid Lewis, 426; Woodie Evans, 418; Bob Huff, 399; Clay Gill, 390.

High team game: High Rollers, 598; Hammock, 534; Sal's, 528; D&L, 526; Bowling Boys, 520; Evans, 518.

High team set: High Rollers, 1,519; D&L, 1,482; Hammock, 1,477; Evans, 1,482; Sal's, 1,461; Bowling Boys, 1,390.

High average: Wayne Condrey and David George, 123; Rolaid Lewis, 122; Curly Lewis and Woodie Evans, 121.

Standings

	W	L
High Rollers	14	10
Sal's Pizza	13	11
Hammock	12	12
Evans	12	12
D&L Marine	11	13
Bowling Boys	10	14

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M-Teq breaks ground in Kilmarnock

M-Teq broke ground last Monday to begin construction of an 11,000-square-foot building with 7,000 square feet designated for an assembly plant and 3,000 for office space. Specializing in circuit board assembly, M-Teq will be the first technology company to build in Kilmarnock's Business and Technology Park off Harris Road. From left are owners Greg and Mary Williams, vice mayor Fletcher Brown IV, council member Barbara Robertson, builder Erral Cutter of Courthouse Construction Inc. in Gloucester and Tom Richardson of Chesapeake Bank. M-Teq's 20 employees participated in the ceremony along with council members Carmen Kilduff, Frank Tomlinson and Les Spivey. Primarily handling federal government contracts, the company has several new military contracts in the works. Mary Williams credits the employees for the company's return business. (Photo by Audrey Thomasson)

Donahues acquire real estate firm

From left are Shawn Donahue, Jane Ludwig and Al Ludwig.

Sandy and Shawn Donahue recently purchased Bay Meadows Real Estate from Jane Ludwig, principal broker who founded the agency in White Stone in 1989. She will continue to operate the 18-agent business with her husband, Al Ludwig, who has served as managing broker and comptroller since its start.

The agency will retain its name and location at 607 Rappahannock Drive in White Stone and will add a second office at 98 North Main Street in Kilmarnock.

"The Donahues will bring us broader exposure and give Al and me the freedom to do what we like to do best, and that's take care of our clients by selling and listing," said Jane Ludwig. "When we decide to retire in several years, our dream will live on."

A native of Richmond, Jane Ludwig was educated at Collegiate School and the University of Richmond. She has vacationed or lived in the Northern Neck since she was 18 months old when her parents purchased their first property in Lancaster County; they subsequently retired here. After teaching at Chesapeake Academy several years, she married Al Ludwig in 1971. They returned to the area permanently in 1981.

Trained in real estate by James Rouse of The Rouse Company of Columbia, Md., she has won the Diamond Award for the last five years and the Platinum Award from the Chesapeake Bay and River Association for 13 consecutive years; they are the highest awards given.

"Real estate is one of the most important professions because you're dealing with a person's largest single investment, not only monetarily but emotionally and mentally," said Jane Ludwig. "Anyone can put a sign in front of a house. It takes a special person who really cares and is well-trained to walk someone through the maze of buying and selling. I strive continually to be that person and train my agents and brokers to do the same."

The Donahues' first contact with Bay Meadows was when they bought a home through them at Yankee Point 15 years ago. They have renovated a second home in Kilmarnock. Shawn Donahue owns Donahue Properties and has purchased, restored and started restaurant and retail operations in several buildings on and near Main Street in Kilmarnock. He chairs the board of the River Counties Chapter of the American Red Cross.

Sandy Donahue works at the Bureau of National Affairs in Washington, D.C., and returns to Kilmarnock and Yankee Point on weekends. Their daughter, Tara Donahue, is an agent with Bay Meadows.

"We approached Jane and Al about the prospect of purchasing Bay Meadows to expand our real estate business and have direct contact with the buyers and sellers in the market. The company's long standing reputation of integrity, honesty, and service was of great importance to us." said Shawn Donahue.

"Part of our growth strategy is to invest a lot more money in marketing and training, and to attract both new and experienced agents to the firm," said Shawn Donahue. "We want to continue the legacy that Jane and Al started 17 years ago."

Master Sgt. McCarty retires

On July 14, U.S. Air Force Master Sgt. Robert D. McCarty was honorably retired after serving 23 years by Cmdr. Stanley L. Saunders Jr., U.S. Navy, retired, who traveled to California to perform the ceremony for his brother-in-law. Master Sgt. McCarty is the son of John Robert McCarty of Ottoman and Suzanne Williams McCarty of Cape Coral, Fla. He is the grandson of Norwood and Mary McCarty of Ottoman.

McCarty enlisted in the Air Force in July 1983. His first duty assignment took him to Minot Air Force Base in North Dakota where he was assigned to the 91st Strategic Missile Wing. During his assignment at Minot, McCarty served as vehicle control specialist, missile handling team member, missile handling team chief and a missile handling inspector/evaluator.

While assigned to the missile handling section, McCarty was selected by Strategic Air Command Headquarters to conduct initial integration testing on the Minuteman transporter erector. As a result of his dedication and systems knowledge, he was able to eliminate multiple technical, hardware, and human discrepancies in minimal time enabling the multi-million dollar system to become quickly operational.

This effort resulted in his promotion to staff sergeant through Stripes for Exceptional Performers. During this assignment, he also served as the missile handling team chief on three Minuteman III test evaluations launches conducted at Vandenberg Air Force Base.

From left are Stanley Leon Saunders Jr., Airman 1st Class Adam McCarty, Chelsea McCarty, Ann Saunders McCarty and Master Sgt. Robert D. McCarty.

McCarty's final duty station was the 30th Space Wing at Vandenberg AFB, Calif., where he directly contributed to 23 space launch missions supporting the National Command Authority, combatant commanders, and the global war on terrorism by delivering space assets into polar orbit. He also served as the generation flight superintendent where he was responsible for the military effectiveness of assigned enlisted personnel.

McCarty has earned two Air Force Meritorious Service Medals, four Commendation Medals, four Achievement Medals, nine Outstanding Unit Awards, seven Good Conduct Medals and the National Defense Service Medal. He has been awarded the ICBM Master Technician, ICBM Master Instructor, ICBM Master Inspector/Evaluator, Space Launch Master Controller and Space Launch Master Instructor badges and the Master Missilier and Master Space badges.

A highlight of the retirement ceremony was the presence of McCarty's son, Airman 1st Class Adam McCarty, who graduated from basic training at Lackland AFB, Texas, in March and the U.S. Air Force Fire Academy technical training in June. During the ceremony, a special flag folding was held to retire the flag under which McCarty has faithfully served. The Air Force Honor Guard presented the flag to McCarty, who in turn presented it to his son, to carry on the tradition.

Master Sgt. McCarty's Air Force retirement pin was presented and pinned on by his daughter, Chelsea. He is married to the former Ann Pierce Saunders of Lancaster, daughter of the late Stanley Leon Saunders Sr. and Mrs. Margaret Pierce Luckham of Irvington.

Robert, Ann, and Chelsea make their home in Lompoc, Calif. Adam McCarty is now stationed at Little Rock Air Force Base, Ark., where he is a fire fighter.

Old Dominion Electric named to Co-op 100

Old Dominion Electric Cooperative (ODEC) has again been named to the NCB Co-op 100, a list of the top 100 cooperative businesses in the United States ranked by revenue.

ODEC is ranked no. 57 on the list with 2005 revenues of $738 million. The Cooperative moved up six spots from the 2004 list when it was ranked 63rd.

The Co-op 100 list has been compiled each year since 1991 by NCB, formerly the National Cooperative Bank, in Washington, D.C., to publicize the importance of cooperative businesses to the American economy.

The list includes cooperatives in agriculture, grocery, energy and communications, finance, hardware and lumber, and others. Among the more well-known cooperatives listed are Land O' Lakes at no. 3; Ace Hardware, no. 7; Southern States, no. 21; Ocean Spray, no. 36; Sunkist, no. 43; Blue Diamond Growers, no. 69; and National Grape Cooperative Association (Welch's), no. 73.

Old Dominion Electric Cooperative, based in Glen Allen, provides power to Northern Neck Electric Cooperative and 11 other member electric distribution cooperatives that serve Virginia, Maryland and Delaware. It owns 50 percent of the generating capacity of the Clover Power Plant in Halifax County, 11.6 percent of the capacity of the North Anna Nuclear Power Station in Louisa County, and three combustion-turbine power plants in Fauquier and Louisa counties, and in Cecil County, Md.

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Dominion Resources	80.58
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Bank delivers Halloween bags

Northern Neck State Bank annually purchases Halloween bags for the entire Lancaster Primary School and for the other elementary schools at each of its nine branches throughout the Northern Neck and Essex County. From left, recipients include (front row) Makenna Fantozzi and Keith Gaskins; (next row) Haydon Davenport, Karen Beltran, Emily Weddle and Latoy Davenport; (next row) Shyheim Noel, Kalin Benza, Ashleigh Smith, Jarius Harris and Whitney Gamble of Northern Neck State Bank.

Animals for adoption

The Animal Welfare League has many animals for adoption to good, loving homes. The dogs, puppies, cats and kittens change rapidly; in lieu of listing them, interested persons may call the league at 435-0822 or Joyce at 462-0091 to be advised of what is available at that time. Visits to local animal shelters also are encouraged.

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From left are (front row) Shelva Gaskins, Shirley Melhorn, Florence Kellum, Dolores Cole, Lucille Christopher and Doris Gill; (next row) Hazel Farmer, Edith Houghton, Anita Sanders, Betty Hinton, Mary Gibson, Jean Syrett, Pearl Sydnor and Bob Morgan; (next row) John Clickener, Clarence Alston, Ruth Anne Cralle, Jennifer Riley, Austin Roberts, Catherine Shelton, Walter Carr. Unable to attend were retirees Edna Campbell, Liz Coggin, Jack Garrett, Donna Jewell, Joyce Syndor, Bea Warwick and Joe Wood.

Bank and trust honor retirees

Bank of Lancaster and Bay Trust Company retirees recently enjoyed the first annual retiree luncheon held at Indian Creek Yacht and Country Club near Kilmarnock.

President Austin Roberts and senior vice president Hazel Farmer welcomed the retirees. The group represents 516 years of devoted service.

Roberts thanked the group for their commitment to service and community, all of which "has helped to shape the solid foundation that Bank of Lancaster and Bay Trust Company enjoy today."

"It is important as any company grows to remember those who have worked so hard in the past and given so much of themselves," he said. "We would not be on such a successful journey today without their commitment, their professionalism, and their genuine concern for our customers and the work that we do as community bankers to meet the needs of our customers and our communities."

Farmer noted it was "a wonderful time of fellowship that included a delicious meal along with lots of hugs, laughs, and sharing of memories."

NARFE chapter to meet

The National Active and Retired Federal Employees (NARFE) Northern Neck Chapter will meet November 7 at the Lancaster Community Library at 235 School Street in Kilmarnock. The meeting will begin at 2 p.m. Non-members or guests are welcome.

Dr. Christopher Walsh of the Mid-Rivers Cancer Center in Montross will speak on the improved radiological oncology treatment which reduces toxicity to good tissue while being more effective on malignant tumors. He will also address the issue of this treatment being considered experimental by Anthem Blue Cross/Blue Shield (BC/BS) of Virginia and, therefore, not a procedure generally covered by their insurance.

A representative from BC/BS has been invited to address the new supplemental dental and vision plans made available in the Federal Employee Health Benefit Plan (FEHBP) this open season, November 13 through December 11.

The Office of Personnel Management (OPM) has awarded contracts to insurance carriers that will offer supplemental dental and vision benefits under the new Federal Employees Dental and Vision Insurance Program. Following an extensive review, OPM has selected the Aetna Life Insurance Company, Government Employees Hospital Association Inc., MetLife Inc., United Concordia Companies Inc., Group Health Inc., Comp-Benefits, and Triple-S Inc. to offer dental benefits and Blue Cross/Blue Shield Association, Spectera Inc. and Vision Service Plan to offer vision benefits.

Dr. Tyson joins medical group

Rappahannock Health System president James M. Holmes Jr. recently announced the addition of Deidre L. Tyson M.D. to Chesapeake Medical Group Pediatrics in Kilmarnock.

Dr. Tyson will join Dr. Barbara Kahler in providing pediatric care at Chesapeake Medical Group and Rappahannock General Hospital effective November 3.

"We are very fortunate to have Dr. Tyson on our medical staff," said Holmes.

Dr. Tyson received her undergraduate degree from New York Medical College and her postgraduate training from Babies Hospital, Columbia Presbyterian Medical Center, Harlem Hospital Center. She completed a fellowship in pediatric endocrinology from New York University Medical Center. She is Board Certified in pediatrics and pediatric endocrinology.

Dr. Tyson and her two children, Matt, 13, and Julia, 10, moved to Irvington from the Richmond area. She recently worked at

Deidre Tyson M.D.

Medical College of Virginia/Virginia Commonwealth University, 12th Floor Pediatrics.

"I am very ecstatic to call Lancaster County my home and to begin working here," said Dr. Tyson.

She will specialize in pediatrics and pediatric endocrinology medicine.

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Susan T. Cockrell

Cockrell named association manager

The George Washington Birthplace Association, an organization that supports the Washington Birthplace National Monument, has named Susan Cockrell to a newly-created position of association manager.

After 20 years in the industrial private sector, Cockrell returned to the Northern Neck to be closer to family. She lives in Heathsville.

As association manager she will work closely with the association board of directors and the National Park Service Rangers who are responsible for the operation of the national park that honors the Washington heritage in the Northern Neck. Her responsibilities include overseeing the Gift Shop and Book Store, which is operated by the association for the national park.

"My first priority will be to put together a program to increase membership in the association," Cockrell said. "At the same time, I will work on the fund-raising programs that support this beautiful site."

Cockrell has a degree from the College of William and Mary in Williamsburg and has an MBA from Case Western Reserve in Cleveland. Her industrial career has taken her to companies in Pennsylvania, Iowa and Ohio.

"The birthplace board has many good ideas. And now we have someone to make sure they get done," said association president Jan Beckett.

The George Washington Birthplace National Monument is at Popes Creek in Westmoreland County off of Route 3.

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Workshop to address business plans for farms and rural businesses

The Agribusiness Development Services Office of the Virginia Department of Agriculture and Consumer Services (VDACS) and Virginia Cooperative Extension invite people interested in learning the basics of sustainable business planning to attend a five-session course on developing a business plan for farms and other rural enterprises.

The first class will be held November 9 from 4 to 6 p.m., at the Southern Virginia Higher Education Center in South Boston.

Proper business planning helps producers evaluate production alternatives, identify new market opportunities, and communicate business ideas to lenders and other stake holders. Business planning also provides a farmer or rural business owner with tools to adjust to changes while working toward defined goals. Classes will continue the second Thursday of each month, from November through March. A one-time registration fee of $15 will include the course textbook and other educational materials.

Classes build on one another so those who sign up need to plan on attending all six. Modules will cover: Identifying Values Important to the Owner(s); Financial Analysis: Analyzing the Agribusiness History and Current Situation; Developing a Vision, Mission and goals for the Business; Developing a Strategic Plan and Other Business Evaluation Tools; Learning to Present, Implement, and Monitor the Business Plan.

To register, contact Charles Green at VDACS, 225-4539, or charles.green@vdacs.virginia.gov; or Mike Roberts at Virginia Cooperative Extension at 733-2686, or mrob@vt.edu.

Business Briefs

■ Flood mitigation

The Virginia Department of Emergency Management will hold a meeting November 2 at 7 p.m. at the Northumberland courts building at 39 Judicial Place in Heathsville for persons interested in flood mitigation.

The program will focus on "ask the experts" about home repair and mitigation, SBA loans, grants, flood insurance, general insurance and coping with the aftermath of flooding.

■ Market thanks

The Heathsville Farmers' Market has come to a close for 2006. Rice's Hotel/Hughlett's Tavern Foundation, the supporting organization, thanked the community, dedicated vendors and awesome volunteers.

"Without you, there would be no Farmers' Market" said Ellen Hollows.

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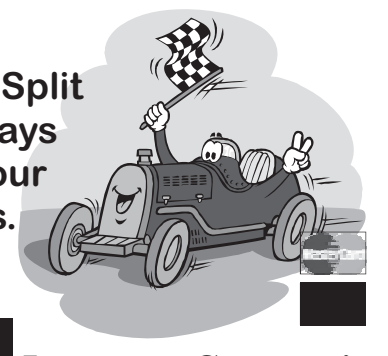

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Express *Yourself* with AREA RUGS

by Cheryl Nunnally

Use area rugs to organize your space, pull together your decor and express your personal style. They're so easy to work with: you can try them out at home before you buy and you can move them around whenever you want. There are sizes, styles and textures for every budget. The only question is which one is right for you. Here are some things to keep in mind:

Size. If room-sized rugs are needed to unify space, leave 3, 6 or 12 inches between the rug's edge and wall or up to 18 inches in a very large room. 8 x 10 or 9 x 12-sized area rugs are perfect for dining room and living room layouts. Area rugs that measure 6 x 9 feet serve as excellent accent rugs.

Is your room too big for a standard area rug? Consider a custom border rug. Custom border rugs are made by combining different carpets and other materials into a single area rug of any size. For example, you can pick out a carpet remnant at The Outlet and have it bound. Or put a tapestry border around a textured carpet. Or select from a large assortment of coordinating fields and borders.

Color and Pattern. Consider the relationship between the rug, furnishings and architectural elements. A center medallion makes a great focal point in the foyer, while an all-over pattern works better in a room where there's lots of furniture, or an architectural feature like a fireplace is the focal point. Relate one room to another by picking up the dominant color in one rug in the border of another.

Fiber. Not so long ago, area rugs were limited to costly, handmade wool imports. But now, manufacturers produce rugs with hand, texture, design clarity and coloration indistinguishable from imported originals—at a fraction of the cost. And synthetic fibers like polypropylene, for example, are durable and easy to clean, too.

Padding. Once you've found the perfect size, style and fiber, choose the right pad. Padding prevents unsightly buckling and wrinkling and protects your floors and the rug itself. Use a non-slip, hypo-allergenic synthetic felt with smaller rugs and loftier pads for larger ones. Pads should be 1-1/2 inches smaller all around so the rug will be attractively and safely flush with the floor at the edges.

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Flooring AMERICA

Museums plan Holiday Shopper Fair

With 18 museum stores in one location, shopping for the person who has everything becomes a manageable task. The 12th annual Holiday Shoppers Fair will bring together Richmond's eclectic museum shops and offers a one-stop shopping experience.

Shoppers will find a variety of gifts for children, parents, history lovers, garden aficionados, and science fanatics.

"Our motto is 'a museum collection where you get to walk away with the exhibits,'" said Doris Delk, retail operations director for the Virginia Historical Society. "And it's true—shop for everybody on your list, and if there is anyone left over, you can always buy a membership to the museum itself."

Shoppers Fair is open to the public from 9:30 a.m. to 5 p.m. November 3 and 4, and admission is free. Participating museum shops are Agecroft Hall, APVA Preservation Virginia, Beth Ahabah Museum and Archives, Chesterfield Historical Society, Children's Museum of Richmond, The Cultural Arts Center at Glen Allen, Edgar Allen Poe Museum, Henricus Historical Park, Lewis Ginter Botanical Garden, Library of Virginia, Maymont Foundation, Old Dominion Railway Museum, Science Museum of Virginia, St. John's Church, Valentine Richmond History Center, Virginia Center for Architecture, Virginia Historical Society, VMFA Shop. Each museum shop will bring a broad selection of merchandise and holiday items that relate to its particular specialty. Proceeds will benefit the educational mission of each museum.

On Saturday, November 3, a number of stores have book signings planned throughout the day. For more information, call 342-9671, or visit www.vahistorical.org.

U.S. aquaculture is a billion dollar industry

Aquaculture production is a billion-dollar industry, with sales of fish, shellfish and related products growing by 11.7 percent over the past seven years, according to results of the 2005 Census of Aquaculture.

The 2005 count was the second nationwide aquaculture census conducted by the U.S. Department of Agriculture's National Agricultural Statistics Services (NASS). The first took place in 1998. Results show that between 1998 and 2005, U.S. sales of aquaculture products grew from $978 million to nearly $1.1 billion. Virginia was a significant contributor to that growth, with aquaculture sales increasing 66 percent, to $40.9 million.

Census results show that food fish—including catfish, perch, salmon, hybrid striped bass, tilapia and trout—accounted for 62 percent of all aquaculture sales in 2005. Mollusks—including abalone, clams, mussels and oysters—comprised 19 percent of 2005 sales. Crustaceans, such as lobsters and shrimp, and ornamental fish, such as koi and tropical fish, each accounted for approximately 5 percent of sales. They were followed by bait fish at 4 percent and sport fish at 2 percent.

Mississippi led the nation in sales of aquaculture products, with nearly $250 million dollars in 2005. Arkansas, Alabama and Louisiana were the other states with sales topping $100 million. Louisiana had the largest numbers of aquaculture farms. The state's 873 farms were more than double the number in any other state.

Virginia saw a 158 percent increase in mollusk sales compared to the 1998 Census of Aquaculture. The number of mollusk farms in Virginia increased from 33 to 53 farms statewide. Even though Virginia saw a decrease in fresh and sale water farms, saltwater farm acres increased from 4,299 acres in 1998 to 12,412 acres.

The 2005 Census of Aquaculture collected detailed information on issues including production methods, water sources, sales, distribution and farm labor. For the purpose of the census, an aquaculture farm was any commercial or non-commercial place from which $1,000 or more of aquaculture products were raised and sold, or distributed for restoration, conservation or recreational purposes during the census year.

Complete results of the 2005 Census of Aquaculture, including Virginia-specific data, are available at www.nass.usda.gov/aquaculture/.

Megan Miller

Poet releases her latest book

Megan Miller of Reedville has released a book of poetry called *"Silly Woman, Reason and Rhyme"* under her pen name, Maggie Gunn.

Miller has been writing poetry for more than 30 years and her new collection has something for everyone. The book includes her humorous and slightly cynical perspective on real life and real people as well as lessons learned from love and loss.

The Book Nook on West Church Street in Kilmarnock will host a book signing for "Miss Gunn" November 4 from 10 a.m. to 1 p.m. She will sell and personalize a limited number of books.

The book will continue to be available at The Book Nook in Kilmarnock starting November 4. It also is available online at Barnes and Noble, Amazon, Target and Borders.

Don't forget...

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Holding company increases dividend

The board of directors of Union Bankshares Corporation has declared a quarterly dividend of $0.17 per share.

This is the first dividend since the company's recent 3-for-2 stock split, effective October 2.

This is also the fourth quarterly dividend paid since the company announced in October 2005 that it would pay dividends on a quarterly basis, instead of semi-annually.

On an annualized and split-adjusted basis, this dividend is a 6.25 percent increase from the $0.16 per share quarterly dividend paid August 31, 2006, and a 25.9 percent increase from the $0.27 per share semi-annual dividend paid November 1, 2005.

The dividend is payable November 30 to shareholders of record as of November 18, 2006.

Union Bankshares is a holding company for banks in the central, Rappahannock, Williamsburg, and Northern Neck regions of Virginia, including Northern Neck State Bank.

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STAN AND MARIA WHITEHEAD JOIN RIVER TOWNE PROPERTIES

River Towne Properties announces that Stan and Maria Whitehead have joined its sales team of realtors.

Stan and Maria Whitehead

Stan and Maria Whitehead have over 30 years experience in Real Estate. They are members of the Chesapeake Bay and Rivers Board of Realtors and the Northern Neck Board of REaltors as well as the Virginia and National Association of Realtors.

- Maria entered the Real Estate profession in 1976 and obtained her Broker's license in 1980. In 1993 she received a Degree in Interior Design from Virginia Commonwealth University. Maria will gladly assist you in staging your home.
- Maria is also an artist specializing in pen and ink renderings as well as portraits and interiors. She is a member of The American Society of Interior Designers, The American Society of Architectural Illustrators and The American Society of Portrait Artists.
- Stan is retired from the wholesale grocery business, restaurant business and was a residential developer in Richmond. He has been in the area since 1984. An avid fisherman, Stan is'quite familiar with the local waterways as well as water depths and accessibility. Whenever possible he will show property by boat as well as by land.
- Both Maria and Stan have been consistent award winners for the past 5 years and enjoy introducing all to the unique beauty of the Chesapeake Bay Region. Their commitment is to work diligently to assure a smooth and satisfactory transaction whether buying or selling.

Sandra Hargett and Beverly Shultz, co-owners of River Towne, in announcing the new association, states "Stan and Maria will be a tremendous assest especially as they reinforce our sales team in the new Middle Peninsula office located on Route 33 in Locust Hill. We are delighted they have elected to join River Towne."

River Towne Properties has offices on Main Street in Kilmarnock, Route 33 in Locust Hill and Route 360 in Burgess.

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Downtown Kilmarnock merchants welcome return of shoppers

What a difference a year makes. This time last November, with the Urbanna Oyster Festival in full swing across the bridge and the Christmas shopping season looking at its watch, downtown Kilmarnock was mired in construction chaos.

Bulldozers, loaders and steam shovels ate away at Main Street like Falstaff at a feast. Jackhammers made the whole town feel like it was at the dentist. Yellow police tape fluttered merrily, belying its don't-come-near-here threat.

Traffic sneaked and snarled, and drivers swore next time to stay home. Shopkeepers placed "We Are Open" signs in front windows and begged folks to use their back doors. "This, too, shall pass," seemed a fine slogan for other towns, but hopelessly unrealistic for Kilmarnock.

The upheaval did pass, and Main Street is back intact and gleaming with pizzazz, according to some merchants. The prize was worth the wait: merchants survived, new places opened, shoppers returned, and not one free parking place was lost.

"When the project was going on, more people were coming up to me saying how awful it was and what a bad time it was to do it," said vice mayor Fletcher Brown IV.

"Since it was finished, not a day goes by that someone doesn't say how beautiful and wonderful it is," said Brown. "Customers, merchants, the people walking on the sidewalk, and even the nay-sayers say it looks great. Everyone's happy."

Overhead utility lines are buried. Sidewalks and street crossings are dressy and bricked. New traffic lights respond to a sophisticated signal system that determines the number of cars passing, and changes with need.

Flower beds spruce corners and planted median blocks provide mid-street protection for crossing pedestrians. Festive banners, old-fashioned lamp posts, and classy green street signs bearing Kilmarnock's kilted piper, all beckon.

With all the physical fixings comes camaraderie. Merchants gathered with gifts for the construction manager two months ago as Main Street reopened.

Honoring Kilmarnock's history, the town christened the shopping district "Steptoe's" and the Rappahannock Art League initiated "Steptoe's Walkabouts" on first Friday nights, spring through fall. The downtown Christmas parade is December 8 and the third annual crab festival is slated for May.

Meanwhile, there's everything to buy: toys, bikes, books, original art, gifts, furniture, jewelry, home furnishings, Christmas decorations, antiques, sporting goods, cosmetics, carpeting, plants, clothing, appliances, wine and cheese, lighting and restaurants.

Overheard at one store, an out-of-town visitor asked the shopkeeper where to go for lunch. That answer, even for an eavesdropping town resident, was astounding.

"What do you like?" asked the shopkeeper. "Right here in Kilmarnock we have barbecue, fried chicken, hamburgers, Thai, Mexican, Italian, pizza, seafood, pub food and good old Southern home cooking."

There are also the two upscale carry-out places, the new coffee shop and the three new dinner restaurants on and around the corner from Main Street.

The Main Street Project thus far totals $3.2 million. Still to be done are side streets, a parking lot off Waverly Avenue, a playground on green space adjacent to that lot, a new maintenance building and a new Town Hall.

"Our game plan is to leave the town better than we found it," said mayor Dr. Curtis Smith. He'd ridden his bicycle downtown Saturday morning.

Smith ran unopposed after 10 years as vice mayor, and he's proud of the project. He credits former mayor Mike Robertson for the initiative and town manager Lee Hood Capps for finding funding. Simultaneously, local merchants pursued their own improvements.

"One of our worries was that we'd fix up the town and people wouldn't do anything with the buildings," said Brown. "But the ones that were really bad have been redone."

As noon approached Saturday, Rappahannock Art League volunteers redressed show windows at the Studio Gallery. Grandparents bought a wooden train set and table at a toy store. For her anniversary, a shopper at the antiques mall treated herself to an antique cameo of lovers. And a mom and dad and their five daughters capped a morning of downtown exploration with Mexican pizza.

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Northern Neck Brewing Company

From left, Aubrey Mitchell, Stan Mitchell, Robin Mitchell, and Peggy Starr examine vintage household tools and implements at the October 27 meeting of the Northern Neck Farm Museum.

Local farm museum holds annual meeting

by Joan McBride

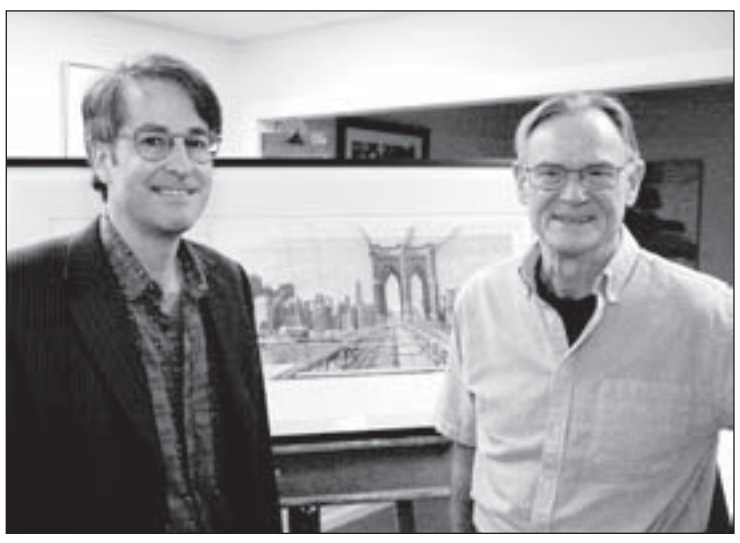
The Northern Neck Farm Museum annual meeting was held October 28.

Museum board chairman Craig Giese welcomed members and guests to the gathering in the transportation building at Rice's Hotel/Hughlett's Tavern. Also on the agenda was the election of new board members and new officers, a contest to name antique household tools and implements, door prizes and a light dinner catered by Northern Neck Gourmet in Warsaw.

Five-year-old Izaak Hagy of Reedville was introduced as the grand prize winner in an October scarecrow contest for youngsters. He won a $100 savings bond from EVB of Heathsville for his creative efforts.

Hagy's entry, an old-fashioned scarecrow named "Scary," boasted a heart and is now on display at the museum's 10-acre Burgess area property next to the windmill donated by James Garland of the Allen Haydon farm in Callao.

Other officers for the coming year will be vice chair Lee Sanders, secretary Luttrell Tadlock and treasurer John Jenkins.



From left are Matt Howard and Jeff Warren

RAL elects officers

New officers were elected at the October 23 meeting of the Rappahannock Art League.

Beginning in January 2007, Jeff Warren will serve a two-year term as president. Other officers will be vice president, Elise Ritter; treasurer, B.J. Norris; and secretary, Barbara Touchette.

Following the election of officers, a program was presented by Matt Harwood, an artist-in-residence at the Torpedo Factory Art Center in Old Town Alexandria. Harwood graduated from Virginia Tech with honors and a degree in architecture. He was accepted into the Torpedo Factory upon graduation, and served as the art center's president from 1992 to 1994. He was honored there as artist-of-the-year in 1997.

Although primarily a landscape watercolorist, Harwood entertained the audience with his experiments into portraiture. His work blends architectural design and model-making skills he learned at Virginia Tech. The finished products are unusual three-dimensional paintings.

Harwood is the son of Michael and Adele Harwood of Wicomico Church. His work can be found in many public and private collections.

New voting machine

Catherine Moore of Lancaster County Electoral Board demonstrates a new Lancaster County voting machine at the October 25 Kilmarnock-Irvington-White Stone Rotary meeting.

State Bar seeks more funding to represent indigents

RICHMOND—Virginia State Bar President Karen A. Gould and 25 former presidents have asked the Virginia General Assembly to provide adequate funding for defense of indigent people charged with crimes in the Commonwealth.

Virginia's fees paid to court-appointed counsel are the lowest in the nation—an "embarrassment which has garnered Virginia unwanted negative national attention and threatens the noble concept of 'equal justice for all,' " the letter states.

The General Assembly's creation of the Indigent Defense Commission in 2004 and recent modest increases in court-appointed fees were good first steps in solving the problem. "However, more fundamental and substantive changes are needed before we will see equal justice for all," the letter states.

The letter was mailed October 13 to all members of the state legislature. The former presidents who signed the letter served terms that ranged as far back as 1976.

This letter is part of an escalated effort by many bar groups to convince the General Assembly that more funding for criminal defense is needed. Virginia caps court-appointed fees at $120 for misdemeanors (which can carry penalties of up to 12 months imprisonment), $445 for felonies with penalties of up to 20 years imprisonment, and $1,235 for felonies with terms of 20 years to life.

The State Bar regulates the legal profession. It is an administrative agency of the Supreme Court of Virginia. It is supported through the licensing dues paid by all Virginia lawyers, and it is governed by a council of lawyers elected or appointed from every judicial circuit in Virginia.

Warning issued regarding charity

RICHMOND—An organization that was the subject of a consumer warning by the Virginia Department of Agriculture and Consumer Services' (VDACS) Office of Consumer Affairs (OCA) has changed its name and OCA wants the public to know.

In May 2006, OCA cautioned consumers that their contributions to the Policemen's Support Fund Inc. may be used for non-charitable purposes. The organization had solicited contributions from Virginia citizens for allegedly charitable purposes, although it had not registered with or been granted the appropriate exempt status by the Commissioner as required by law.

OCA is now alerting the public that in July 2006, the Policemen's Support Fund was renamed the Police Officer's Fund.

According to OCA, the warning previously issued against Policemen's Support Fund remains in effect with the renamed Police Officer's Fund, which, as of October 12, has not registered with VDACS as required by law.

The Department recommends that before responding to any charitable appeal by making a donation or by making a purchase in the name of charity, consumers verify that the organization is registered with the Office of Consumer Affairs. Consumers should also determine how much of their donation will actually be used to support the organization's charitable purpose, and how much will be used for other expenses such as administrative overhead and fund raising.

For additional information, call the Virginia Department of Agriculture and Consumer Services' Office of Consumer Affairs at 1-800-552-9963.

Best time to buy flood insurance may be now

RICHMOND—Every day flooding occurs somewhere in the United States. Floods are the most common natural disaster causing billions of dollars in damage and untold heartache for millions of people.

While there is no way to eliminate the pain and suffering caused from natural disasters, individuals and families can lessen the emotional and financial toll from flooding by purchasing flood insurance through the National Flood Insurance Program (NFIP). Flood insurance provides financial security at an annual average cost of about $400, just over $33 per month. For people living in low-to-moderate risk areas, coverage may be purchased for about $100 a year.About 100 private insurance companies and 20,000 independent insurance agents offer the coverage. People without insurance agents can call 1-800-427-2419 to locate an agent.

FEMA recovery officials remind all property owners that homeowners insurance does not cover floods. Only flood insurance provides protection from water damage due to flooding. Federal officials also recommend property owners purchase flood insurance whether flood risk is high, medium or low.

One in four flood loss claims is filed in low-cost areas. Flood insurance is available to any property owner located in a community participating in the NFIP.

For more information, visit www.FloodSmart.gov to find out how to prepare for a flood, assess your risk, estimate the cost of flood insurance premiums, find local insurance agents and get links to community based information.

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'05 Toyota Prius Hybrid — One owner, gorgeous	Call
'01 Toyota Tundra 4x4 XCab	$12,780
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'05 Chev. Silverado 2500 Crew — Duramax	$32,980
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Police Reports

(Continued from page B1)

24 with a Circuit Court probation violation.

Three male Callao juveniles, two ages 14 and one 15, were charged October 24 with carrying a firearm into a public school.

Warren Ruit, 21, of Lancaster was charged October 27 with felony breaking and entering as well as a misdemeanor charge of contributing to the delinquency of a minor.

Paul Avery Cockrell, 25, of Callao was charged October 27 with a Circuit Court probation violation.

John R. Brewer, 38, of Lottsburg was charged October 28 with embezzlement.

Tia Hines Raines, 40, of Heathsville was charged October 29 with a Circuit Court probation violation.

A Lancaster man, 22, was charged October 24 with failure to obey a court order.

A Lottsburg woman, 58, was charged October 24 with appearing in public in an intoxicated condition.

A Lottsburg man, 48, was charged October 25 with brandishing a firearm.

A Burgess juvenile, 15, was charged October 26 with assaulting a police officer.

A Lottsburg juvenile, 16, was charged October 26 with assault and battery.

A Lottsburg man, 21, was charged October 27 with reckless driving.

A Heathsville man, 33, was charged October 27 on a Hanover County warrant with failure to appear in the Juvenile and Domestic Relations Court.

A Heathsville man, 54, was charged October 28 with appearing in public in an intoxicated condition.

A Callao woman, 51, was charged October 28 with writing a bad check for $136.01 to a Burgess area business.

▼ Election . . . .

(Continued from page B1)

at 303 South Main Street in Kilmarnock. Election officers are chief judge Lena Dixon, assistant chief Collin Riker, Irene Walker, Don Gill and Michael T. Sutherland.

District 4 votes at the Kilmarnock Rescue Squad Building at 61 Harris Road in Kilmarnock. Election officers are chief judge Dean Loudy, assistant chief Carrie Carter, Patricia Cockrell, Laura Waddy, Thomas Luichinger and Nancy Wetherington.

District 5 votes at Irvington Baptist Church at 53 King Carter Drive in Irvington. Election officers are chief judge Ann Gray Wood, assistant chief Ann McClintock, Rhonda Kerr, Mary Beth Sisson, Walt Fadeley, Frank Martin and Richard Newlon.

Absentee ballots will be processed at the Lancaster County Voter Registration Office, 8694 Mary Ball Road in Lancaster. Election officers are chief judge Evelyn Cheatham, assistant chief Margaret Rice and Frances Dameron.

Northumberland polling places

District 1 votes at the Callao Fire Department Building at 314 Northumberland Highway near Callao. Election officers are chief Florence Charlie, assistant chief Mary Little, Dwight Taylor, Eleanor Holden, Judy Julian, Mary Francis Thompson and Bernice Smith.

District 2 votes at St. Stephens Episcopal Church at 6807 Northumberland Highway in Heathsville. Election officers are chief James Peed, assistant chief Marlene Jackson, Mary Curry, Shirley Smith and Irene Bunns.

District 3A votes at the Northumberland Public Library at 7204 Northumberland Highway in Heathsville. Election officers are chief Direthia Thornton, assistant chief Richard Culp, Mary Wildy, Carolyn Crockett and Marguerite Rankin.

District 3B votes at Mt. Olive Baptist Church at 6749 Jessie Ball DuPont Memorial Highway near Heathsville. Election officers are chief Shirley Ritch, assistant chief Joseph Madej, Ilva Madej, Geraldine Carter and Florine Rice.

District 4A votes at Wicomico Parish Church, 5149 Jessie Ball DuPont Memorial Highway, Wicomico Church. Election officers are chief John Kelley, assistant chief Susan Melton, Barbara Jones, Helen Kelley, Lois Kramb, Barbara Hensler, Eleanor Kelly, Jean Vaughan and Larry Norris.

District 5 votes at the Reedville Firehouse at 119 Main Street in Reedville. Election officers are chief Linda Jamison, assistant chief Jacqueline Armentrout, O. Edward Johnson, Marilyn Amburn, Sandra Saxer, Sharon Hunter, Sadie Gee and Kathryn Creeth.

Court Report

The Lancaster County Circuit Court criminal docket for the month of November includes the trial of Robert Louis Braun on November 13 at 9 a.m. Braun was indicted on six counts of forgery, three of uttering, and two felony embezzlements.

The trial of Antonio Marquises Wallace, charged with second degree murder and assault in commission of a felony in the April 15 homicide of Edwin Veney, is set for November 17 at 9 a.m.

Fooling the palate

Cowart Seafood in Lottsburg hosted a Northern Neck Oyster Taste-Off last Saturday to bring awareness to the ecological benefits associated with oyster aquaculture. For example, for every million oysters planted in the bay's tributaries, approximately 12 million gallons of water are filtered every day. Ruth Herrink (right) was one of 130 visitors to compare the taste of native Chesapeake Bay oysters to the faster growing Asian variety. Both varieties were grown in the same waters off the Potomac and most participants could not distinquish a difference in flavor. The event, organized by the Northumberland County Economic Development Commission in cooperation with Cowart Seafood, was co-sponsored by Vision 2048, Northumberland Partnership, the Northumberland Association for Progressive Stewardship and the Vifginia Institute of Marine Science. (Photo by Audrey Thomasson)

Public comment is due on tax credit criteria

RICHMOND—Proposed criteria used to verify the conservation value of donations resulting in land conservation tax credits of $1 million or more are open for review. The public comment period continues through November 10.

The new verification requirement is the result of changes to the land conservation tax credit program proposed by Gov. Tim Kaine and passed by the General Assembly in August 2006. The director of the Virginia Department of Conservation and Recreation will verify the value under the draft criteria being developed by the Virginia Land Conservation Foundation.

The draft criteria can be reviewed at www.dcrvirginia.gov/vlcf.

Comments must be received by 5 p.m. November 10 by e-mail at landcon@dcr.virginia.gov, or by mail to the Virginia Department of Conservation and Recreation, Land Conservation Office, 203 Governor Street, Suite 302, Richmond, VA 23219.

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