Rappahannock Record

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Treading water:

Kilmarnock council may reconsider usage benchmark

by Audrey Thomasson

KILMARNOCK—It's the talk of the town. Listen to conversations in the grocery store, the hairdresser, coffee shops or anywhere else people gather and invariably talk turns to Kilmarnock's water and sewer rates.

At one shop, two women were overheard discussing the price of a haircut which they said had increased to $20. They blamed the town's new utility rates.

Standing in the hot dog line at the Dog Gone Dog Show, restaurateur Rick Moss claimed the utility bill for Smokin' Joe's was taking a big bite out of profits, increasing nearly 300 percent. The use of disposable plates and utensils saves Moss from using the precious commodity to wash dishes.

Even a Halloween bash last weekend could not scare away the topic as Kilmarnock residents Susan and Bryan Robertson talked about their bill soaring to $93.10 from a steady $40. At 5,040 gallons, their usage, as usual, would have been below the previous 6,000 gallon minimum. But with the new limit set by town council at just 4,000 gallons, they floated over the top and were charged for the extra. The empty nesters' biggest water usage is three to four laundry loads a week and they rely on Mother Nature to water the lawn.

Jan Turner at Hair Design Studio said the salon's utility rate jumped from $201 to $385.30 and forced them to increase prices.

"We hated doing it," he said, "but what are you going to do? It's a domino effect."

Garden centers also felt the pinch. At Greenpoint Nursery the "killer" bill went from $116.89

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Harvest time

Harvest time came to Belle Isle State Park last Thursday as farmer Jock Chilton did his best to get his beans in before the rains came. Chilton farms some 200 acres of the 733-acre park. In addition to soybeans, he raised corn on some of the park cropland this season. (Photo by Robert Mason Jr.)

From left are Northumberland board of supervisors chairman Ronald Jett, Captain Chuck Wilkins of the Northumberland Sheriff's Department, American Police Hall of Fame executive director Donna Shepherd, Deputy Alfred Fisher Jr. and supervisor Joseph Self at the La Cita Country Club in Titusville, Fla.

Just 'doing my job' says Deputy Fisher

by Reid Pierce Armstrong

HEATHSVILLE—Deputy Alfred C. Fisher Jr. doesn't believe he's a hero. He's a charter boat captain, a part-time deputy and firearms instructor, the chairman of the planning commission, an active member of the Lions Club and a husband and father; not a hero, he said.

But, when pressed to define what makes a hero, he said, "A hero is somebody who does something without regard to their own safety to save someone else."

That is exactly what he did on the night of June 19, 2005, when he risked his own life to pull his unconscious partner, Deputy John W. Sanford Jr., from a burning patrol car following a head-on collision. Deputy Fisher then began CPR on Deputy Sanford as help arrived. Deputy Sanford later died from his injuries.

For his bravery that night, the American Police Hall of Fame has named Deputy Fisher "Law Enforcement Officer of the Year."

Each year, only one officer from across the nation is selected for demonstrating a special act of bravery and going above and beyond the call of duty.

"This can be a hard selection to make," said Donna Shepherd, executive director of the American Police Hall of Fame. "There are thankfully many officers from all across the U.S. that do great things, which makes singling out just one officer a very tough decision."

As Deputy Fisher, known locally as "Junior," read the selection letter he received from the hall of fame, strong emotion was audible in his voice.

"All I was doing was my job," he said. "I was doing what I was trained to do. Everyone else would have done the same thing. If it had been me that got hit instead of John, he would have done exactly what I did."

The letter arrived unexpectedly in the mail August 29.

"I almost dropped dead when I got it," he said. "I can't believe there isn't someone more worthy."

He did admit that the award was the "only good thing to come out of this."

"I take it as a way of remembering John and what he stood for more than myself," he said. "Some people give and some people give it all, and he gave it all."

A retired Virginia Marine Patrol officer, Deputy Fisher loves his part-time job working for the sheriff's department and teaching firearms at the academy, and he plans to continue working as long as Sheriff Wayne Middleton is in office.

"We've got a lot of good people at that sheriff's department, and we've all had to pull

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Supervisors reverse decision on employee health care plan

by Joan McBride

LANCASTER—The board of supervisors last Thursday reversed its decision regarding an employee health care plan.

Chairman F. W. "Butch" Jenkins Jr. announced that the board was authorizing county administrator Bill Pennell to cancel the county's recently installed Single Employer Trust (SET) health insurance plan and would reinstate a former plan through Southern Health Services for some 75 employees.

The board earlier decided to go with a SET plan to save money, but employees objected.

Dawn Mahaffey read a brief statement expressing the employees' "sincerest appreciation" to Jenkins and Pennell, who had served as the board's representatives to the group.

YMCA appropriation

The board amended the fiscal year 2007 budget appropriation to the Northern Neck Family YMCA by adding $25,000 to the $50,000 already committed. The $75,000 total represents what the county has awarded the organization annually for the past few years.

Before the vote, supervisor Pete Geilich questioned whether the county had the extra money, reminding the board that during the budget process a few months ago members were "agonizing line by line by line and cutting as little as $5" from line items.

Pennell assured the board there is a million dollars in the general fund.

VDOT delay

Virginia Department of Transportation representative Robert Harper said the department is "moving forward" on the Taylor's

(continued on page A15)

From left, Paulette Scott serves pizza to Marie Muller and Abby Robbins during the second lunch block at LHS.

Prices vary for lunches at LHS

by Audrey Thomasson and Lisa Hinton-Valdrighi

This package of stories, photos and report cards represents the final installment of a three-part series critiquing school lunches. This week, hungry reporters visited Lancaster and Northumberland High schools. Previous stories presented Lancaster Primary and Middle and Northumberland Elementary and Middle schools.

There is a flaw in the school lunch program that surfaced when we visited Lancaster High School.

Sure, the cafeteria was gleam-clean. In three weeks of making surprise visits, we came to expect cleanliness both in the kitchen and lunch area. The cafeteria staff was delightfully friendly—a bonus that made us feel welcomed.

As always, the food was very good, with a variety of main dishes. Although many of the kids told us they eat pizza every single day—which is not so much a flaw with the system but rather defines teenagers' tastes. Jonathan Somers says he's "not lyin' " when he admits to eating pizza every day.

The flaw we're referring to came in the form of the $1.85 lunch tab. It sounds like a bargain, but for a growing teenager, $1.85 only buys a couple of sides and a slice of pizza—and one piece of pizza is not enough.

We found boys taking two or three slices of pizza and having to pay for two or three lunches amounting to $3.70 and $5.55. The full price held even when they didn't take the side dishes that are included. One of the sides was a half piece of corn-on-the-cob which may fly at the third grade level, but seems skimpy to a guy the size of Kenny Wilson, a 5'10", 295-pounder whose lunch has to sustain him through an afternoon of football practice.

Even kids on the reduced lunch program were paying double and triple for additional helpings.

The price-bite affected the girls as well. Tenth-grader Chiffon Beane had a slice of pizza, a handful of tatter-tots and a watermelon slurpy—$2.85. Add a side of chips and the total jumps to $3.85. Five days of eating in the school cafeteria could easily set a parent back $20 or more.

We shared one helping of sides between us—corn-on-the-cob, tatter tots and cherry cobbler dessert. However, by sampling one each of the many main choices (taco, pizza, hamburger, chicken sandwich and chef salad) food supplier Aramark hit the jackpot with us when our bill totaled $12.50. In all fairness, that was a lot of food—more than the two of

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Town is ready to proceed on renovations

WHITE STONE—Construction start dates for the renovation of downtown White Stone will be the focus of the town council meeting beginning at 7 p.m. tonight (November 2) in the town office.

Town manager Garey Conrad said the Virginia Department of Transportation (VDOT) has had the project under final review for so long that the town's engineering consultants will have to update the projected costs. According to Conrad, the town's plan is to obtain bids this fall and begin construction in the slower retail months of January or February.

Also under consideration is the provision of portable bridges for better access to local businesses during the construction.

Council also plans to finalize committee appointments at tonight's meeting. The committees have been reorganized to better utilize council members.

November

2 Thursday

The RFM Modelers meet at 10 a.m. at the Reedville Fishermen's Museum. 453-6529.
Al-ANON meets at 8 p.m. at Palmer Hall in Kilmarnock.
Al-ANON meets at 7 p.m. at Riverside Warsaw Medical Arts building in Warsaw.
The Airport Club of Hummel Field meets at 6 p.m. for a dinner meeting at The Pilot House at Topping. 758-5500.
No-Name Needlers will gather at 1 p.m. at The Art of Coffee in Montross. 493-0873.
The White Stone Town Council will meet at 7 p.m. at the town office.
The Wetlands Board for Northumberland County will meet at 7:30 p.m. at the courthouse in Heathsville.
The Marine Corps League Detachment will meet at 7:30 p.m. at the Callao firehouse. 462-7868.
Auditions will be held from 4 to 8 p.m. at the Lancaster Middle School Theater in Kilmarnock for a variety show December 1 to benefit the Boys and Girls Club of the Northen Neck. Call Joan at 462-0034 for more information.
Pete Atkinson will be featured at Cafe Mojo in Urbanna, beginning at 7 p.m.
A Flood Mitigation meeting will be conducted by the Virginia Department of Emergency Management at 7 p.m. at the Northumberland courts building at 39 Judicial Place in Heathsville. Program topics will include home repair and mitigation, SBA loans, grants, flood insurance, general insurance and coping with the aftermath of flooding.
Flags for display on the graves of Lancaster's veterans will be available free of charge at the American Legion Adams Post 86 on Waverly Avenue in Kilmarnock from 5 to 7 p.m. Families are urged to display the flags on veterans' graves on Veterans Day and Memorial Day.

3 Friday

The Urbanna Oyster Festival will be held from 10 a.m. to midnight. Arts, crafts, demonstrations, food, music and other entertainment will be held throughout the day. The Oyster Festival Queen and Little Miss Spat will be crowned at 4 p.m. The annual Urbanna Fireman's Parade will begin at 7 p.m.
Hot Rod Johnny will be featured at Café Mojo in Urbanna. Shows will be held throughout the day and evening. 758-4141.
Sweet Justice will play from 1 to 5 p.m. on the Angelo's Colonial Pizza Stage at the Urbanna Oyster Festival.
Tilted Axis will play during Sweet Justice breaks from 2 to 2:30 p.m. and 3:30 to 4 p.m. on the Angelo's Colonial Pizza Stage.

Visiting the market

This dalmatian was painted by artist Susan Sills from a photo she took at the Irvington Farmers' Market. The portrait is one of many she has produced from photos of pets and children at that venue, where she also sells her art. The next market will be held Saturday, November 4.

3 Friday

Churchyard Grass will play at 10 a.m. and 1 p.m. on the Rappahannock Avenue Stage at the Urbanna Oyster Festival.
The Janitors will play at 1 and 4 p.m. on the Festival Village Stage at the Urbanna Oyster Festival.
Keith Anderson will play at 10 a.m. and noon on the Old Tobacco Warehouse Stage at the Urbanna Oyster Festival.
The Wayne T. Holt Band will play from 11 a.m. to 2 p.m. on the Urbanna Auto Marine Stage at the Urbanna Oyster Festival.
Threshing Floor will play from 11 a.m. to 2 p.m. on the Urbanna Town Marina Stage at the Urbanna Oyster Festival.
Hot Cakes will play for the annual Firemen's Dance in the field behind the Urbanna Firehouse following the annual firemen's parade.
Bingo will be played at the Upper Lancaster Ruritan Center in Lively at 7 p.m.
Bingo will be played at the Mid-County Rescue Squad Building in Heathsville at 7 p.m.
"Wrap it Up" is the theme of the Steptoe's Walkabout in downtown Kilmarnock. There will be music, working artists, and refreshments throughout the area and shops displaying the Steptoe's decal will be open during the extended hours of 5 to 7 p.m.
Alice Hershiser plays the piano from 7 to 9 p.m. at The Blue Heron Pub and Grill in Kilmarnock.
The RFM Quilters meet at 1 p.m. at Reedville Fishermen's Museum. 453-6529.
The RFM Stitchers meet at 9:30 a.m. at Reedville Fishermen's Museum. 453-6529.
Dessert Bridge/Mahjong will be played at the Woman's Club of White Stone at noon. $4. 435-6207.
"Love Letters," presented by the Center for the Arts, opens at 8 p.m. at The Eubank Building in Kilmarnock. $15. For reservations, call 435-2400.

4 Saturday

The Boogie Sharks will play from 9 to 11:30 a.m. on the Festival Village Stage at the Urbanna Oyster Festival.

4 Saturday

The Urbanna Oyster Festival will be held from 8 a.m. to 6 p.m. Arts, crafts, demonstrations, food, music and other entertainment will be held throughout the day. The Virginia Oyster Shucking contest will be held at 11 a.m. The Grand Parade will begin at 2 p.m.
Mercy Creek will be featured at Café Mojo in Urbanna. Shows will be held throughout the day and evening. 758-4141.
Keith Anderson will play from 10 to 11 a.m., noon to 1 p.m., and 2 to 3 p.m. on the Old Tobacco Warehouse Stage at the Urbanna Oyster Festival.
Johnny St. Clair from 10 a.m. to 2 p.m. on the Urbanna Town Marina Stage at the Urbanna Oyster Festival.
The Wayne T. Holt Band will play from 10 a.m. to 2 p.m. on the Urbanna Auto Marine Stage at the Urbanna Oyster Festival.
Pastel Black will play from 11:30 a.m. to 2 p.m. on the Festival Village Field Stage at the Urbanna Oyster Festival.
Slick Nickel will play from 12:30 to 5 p.m. on the Firehouse Field Stage at the Urbanna Oyster Festival.
Sweet Justice will play from 1 to 5 p.m. on the Angelo's Colonial Pizza Stage at the Urbanna Oyster Festival.
Tilted Axis will play during Sweet Justice breaks from 2 to 2:30 p.m. and 3:30 to 4 p.m. on the Angelo's Colonial Pizza Stage.
The Ray Pittman Project will be featured from 7 to 11 p.m. at the Kilmarnock Firehouse. $5 A fired chicken and barbecue dinner will be served at 6 p.m. $7.
Laurie Rose Griffith and Peter Mealy will be featured in a Farmhouse concert at the home of Mary Beane in Miskimon. $15 by advance reservation, 804-761-0103, or Farmhouseconcerts@hotmail.com.
The Rappahannock Concert Association will present a trumpet-piano duo in concert at 7:30 p.m. at the Richmond County Elementary School. $20 adults, $10 students. For reservations, call 493-9522, or visit www.rappahannock-concert.org.
Alice Hershiser plays the piano from 7 to 9 p.m. at The Blue Heron Pub and Grill in Kilmarnock.
"Love Letters" will be presented by the Center for the Arts at 8 p.m. at The Eubank Building in Kilmarnock. $15. For reservations, call 435-2400.
Cub Scout Pack 222 will host a spaghetti dinner at the Upper Lancaster Ruritan Center from 5 to 7 p.m. $8 adults, $5 children.

4 Saturday

"I Hate Hamlet" opens at 8 p.m. at The Westmoreland Players theater in Callao.$15 adults, $10 students. For reservations, call 529-9345. The play continues November 5,10,11,12,16,17,18 and 19.
The Irvington Farmers' Market will be held from 9 a.m. to 1 p.m. on the Irvington Commons.
The Northern Neck Kennel Club will sponsor a Canine Good Citizen Program and Therapy Dogs certification to honor the American Kennel Club's Responsible Dog Ownership Day at the Irvington Farmers' Market from 9 a.m. to 1 p.m. Registration will begin at 9 a.m.; testing at 9:30 a.m. For details, call 435-0737.
Animals First will hold a microchip clinic November 4 from 11:30 a.m. to 1 p.m. at the Irvington Farmers' Market. $30. Call Kathy Juron at 435-0799 to make an appointment.
A Benefit Estate Sale to support the Northumberland County Animal Shelter will be held from 9 a.m. to 4 p.m. at 18259 Northumberland Highway in Reedville.
The Eighth Annual Quilt Show and Sale will be held in Colonial Beach. The event is sponsored by the Colonial Beach Historical Society. For details, call 224-3379.
A Yard Sale/Bake Sale will be held at Heathsville United Methodist Church, beginning at 8 a.m. Brunswick stew should be ready at 11:30 a.m.
A Book Signing will be held from 10 a.m. to 1 p.m. at The Book Nook in Kilmarnock for Megan Miler of Reedville who recently released *Silly Woman, Reason and Rhyme* under her pen name, Maggie Gunn.
Chicken Dinners will be available at Macedonia Baptist Church beginning at 10 a.m. $8.

5 Sunday

The Widowed Persons Service for Lancaster and Northumberland counties holds its lunch brunch at Rose's Crab House in Kilmarnock immediately following church services.
A Benefit Estate Sale to support the Northumberland County Animal Shelter will be held from 9 a.m. to 4 p.m. at 18259 Northumberland Highway in Reedville.

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LET'S EAT!

Your guide to the most delicious food & tastiest treats in the Northern Neck and Middle Peninsula.

THE BLUE HERON PUB & GRILL: 37 N. Main Street, Kilmarnock. Casual dining with a diverse menu. Full bar with an excellent selection of specialty draft and bottled beers and extensive wine list. Open for lunch and dinner from 11 am-10pm, Tuesday-Saturday. 804-435-7005.

BUENOS NACHOS MEXICAN GRILL: Delicious Mexican fare in an exciting atmosphere. Outdoor seating available. Join us for Sunday Brunch 11am-8pm. Open 7 days a week. Mon-Thurs 11am-8:30pm, Fri-Sat 11am-9pm. 45 S. Main St. Kilmarnock. 435-6262.

CONRAD'S UPPER DECK RESTAURANT & MARINA: Featuring fresh local seafood in an inviting atmosphere. Expanded hours: Wed. & Thurs. 5-8pm, Friday 5-10pm, Sat. 11am-10pm, Sunday Brunch 11am-2pm, lunch & dinner 2pm-8pm. All you can eat seafood buffet $19.95. Welcoming our new Chef, Cedrick Sanders, formally of the Tides Inn. On/Off site catering, now booking for Christmas banquets. Mollusk 462-7400.

DIXIE DELI: Family owned and operated (forever!) Serving lunch 5 days a week, Mon-Fri., 10:30-3:00, Subs, soup, our famous potato & chicken salad and sandwiches, 50 Irvington Rd., Kilmarnock 435-6745.

FADED GLORY CRUISES: -Irvington "Faded Glory"-the Hope and Glory Inn's classic 1952 Chesapeake Bay dead rise. **Friday Night Crab Cruises:** $65 per person/wine and beer inclusive. Departure 6:30 pm-90 minutes. **Saturday Cocktail Cruises:** $30 per person/Libations a la carte. Departure: 4:30 pm. 90 minutes. Reservations required for cruises-438-6053 and 800-497-8228.

HOPE and GLORY INN: ***Dinners at our Chef's Table:*** $65.00 per person++/Four courses/wine paired/one table limited to 18/prix fixe/7 pm. Reservations required for dinners-438-6053 and 800-497-8228. 65 Tavern Road and King Carter Drive, Irvington.

LANCASTER LANDING RESTAURANT: Seafood, Steaks and daily dinner specials. Located at the foot of the White Stone Bridge. Hours: Main Dining Room: 5:00–10:00 Tues.–Sat; Lounge Dining Room: 4:00–12:00 Tues.–Thursday & 4:00–1:15 Fri. & Sat. Entertainment Friday & Saturday (in the lounge). 436-9060

THE MOUNT HOLLY STEAMBOAT INN: Overlooking beautiful Nomini Creek in historic Westmoreland County. Winter Hours Dinner Wednesday to Saturday. 5:00-9:00 Grand Sunday Brunch Buffet 11:00-2:00. 804-472-9070. 3673 Cople Highway (Rt. 202 at Nomini Bay) www.mthollysteamboatinn.com

NETCRUISERS CAFE: Lancaster's newest experience! Featuring great tasting ESPRESSO coffees and foods and the Northern Neck's first Oxygen Bar. Open Mon-Fri 7am-7pm, Sat. 9am-2pm. 8872 Mary Ball Road (Across from LHS) 804-462-7711. www.netcruiserscafe.com

PAPERBACK WRITER: 367 Chesapeake Drive, White Stone 804-436-9339. Open 7 days 7:30 am-5:30pm, Sat 9-5, Sun 11-3. Fresh Arabica Coffees, espresso, cappuccino, fresh baked pastries and sweets, soft ice cream, reading rooms, music, free WiFi for customers.

ROSE'S CRAB HOUSE AND RAW BAR: Relax and savor delicious food inside or on the deck outside. Enjoy live entertainment. L/D. Open daily, closed Tuesday, Sunday Brunch 11-3. (888) 323-CRAB (2722) or 436-8439. Across from Holiday Inn.

SANDPIPER RESTAURANT: Est. 1982. Casual relaxed dining with friendly service. Featuring nightly specials, charbroiled steaks and fresh seafood dishes. Full menu. (D) Route 3, White Stone. 435-6176.

ST. ANDREWS GRILL AT THE TARTAN GOLF CLUB: Open for lunch 10-3. Open Monday, Wednesday thru Saturday. Closed Tuesday. Daily Specials. Homemade Soups, Salads, Seafood and Sandwiches. Call 438-6009.

SKEETERS Home of the famous Buster Burger! Thursday Shrimp Night, Friday Crab Cake Night. Daily Lunch Specials. 5360 Mary Ball Road, Lively. 804-462-5700.

THE STEAMBOAT RESTAURANT: Enjoy casual dining while overlooking the beautiful Piankatank River Golf Club. We offer a traditional lunch menu, gourmet and traditional evening menus and Sunday Brunch selections. Open Tues.-Sat., 11:00 am - 2:30 pm, Thurs., Fri. & Sat. evenings 5:30 pm - 9:00 pm, and Sunday Brunch 10:30 am - 2:00 pm. Banquets, functions and group outings also available. Call 776-6589 (Reservations suggested). Located off Rt. 33 at 629, Hartfield, Va.

TALK OF THE TOWN COFFEE HOUSE: Featuring a wide slection of gourmet coffees. Freshely prepared pastries, wraps and salads. 41 S. Main St., Kilmarnock 435-TALK (8255).

THAI POT: Authentic Thai cuisine. Serving lunch and dinner. Dine in and carry-out. Hours: Tuesday-Saturday Lunch: 11:30am-3pm. Dinner: 5:30pm-9pm., Catering available. 238 N. Main St., Kilmarnock, 436-Thai.

THE TAVERN RESTAURANT: In the heart of Heathsville, Va. Chef Branden Levine serves a pleasing Progressive American Cuisine. Enjoy steak, seafood, chicken, lamb, and gourmet desserts. Open for lunch: Wednesday - Saturday 11:30 - 2:30, Dinner: 5:30 - 9:00 and Sunday Brunch 10:30-2:00. Call 804-580-7900 for reservations.

TOWN BISTRO: Casual upscale dining in an intimate setting. Featuring Modern American Cuisine. Open Kitchen. Wine & Beer on premises. 62 Irvington Road, Kilmarnock. 435-0070. Tue.–Thur. 5-9 Fri. & Sat. 5-9:30.

WILLABY'S: Comfortable casual atmosphere. Featuring daily chef's specials, gourmet burgers & delectable desserts. Eat in or carry out available. Monday-Saturday 11-3. Items available for take home until 4:00. White Stone. (L) 435-0044.

Email your NEWS to:
editor@rrecord.com

donk's
Joelle Goodwin & Special Guests
Sat., Nov. 11, 8:00 p.m.

Brass Polishing
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BRKSCG (10/01) ED: 12/02

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The Taste You Can't Resist!

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7321 J. Clayton Highway 14, Gloucester, Va.• Schedule for 11/3–11/9
Monday - Ladies Special *Admission, Medium Drink and Medium Popcorn are all for* **$6.00**

FLUSHED AWAY (PG)
1 HR 30 MIN
Fri. (4:00), 6:00, 8:00
Sat. (2:00, 4:00), 6:00, 8:00
Sun. (2:00, 4:00), 6:00
Mon. – Thurs. (5:00), 7:00

THE SANTA CLAUSE 3 (G)
1 HRS 38 MIN
Fri. (4:15), 6:15, 8:15
Sat. (2:15, 4:15), 6:15, 8:15
Sun. (2:15, 4:15), 6:15
Mon. – Thurs. (5:15), 7:15

Students, Senior Citizen & Active Military $3.50 for all shows
Children under 2yrs. (any show) FREE/Children 2 to16yrs. (any show) $3.50
Shows in parentheses ( ) all seats $3.50/Adults all shows on & after 6pm $5.50
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To print money-saving coupon click on *certificate* then *free stuff* icon.

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BINGO
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Ruritan Recreation Center • Rt. 201, in Lively
Doors open at 5:45 pm and games start at 7 pm
To benefit the Upper Lancaster Vol. Fire Department

"Who says there's no such thing as a Free Breakfast?"
Everyone's invited to a
"Meal and a Message"
Trinity Episcopal Church
Route 3, Lancaster Courthouse
Informal Breakfast:
Sunday, Nov. 5 at 8:30 am
Worship at 9:30 am
The Little Church with a Big Heart

ESSEX 5 CINEMAS
located on Route 17 in the Essex Square Shopping Center, Tappahannock • Movie Hotline: 804-445-1166
ADULTS: $7.00 CHILDREN 11 AND UNDER: $5.00
SENIORS 62 AND OLDER: $5.00
ALL SHOWS BEFORE 6:00 ARE $5.00 FOR EVERYONE
* NO PASSES OR COUPONS
FOR FURTHER INFORMATION CALL 804-445-1166

No one under 17 admitted to R Rated films without parent or adult accompaniment - ID's required

FRI. OCT 13
THE GRUDGE 2 (PG13) 5:20, 7:30, 9:45
THE MARINE (PG13) 5:30, 7:35, 9:35
THE DEPARTED (R) 4:10, 7:00, 9:55
JACKASS NUMBER 2 5:25, 7:25, 9:30
OPEN SEASON 5:15, 7:15, 9:20

SAT. OCT 14
THE GRUDGE 2 (PG13) 1:00, 3:10, 5:20, 7:30, 9:45
THE MARINE (PG13) 1:30, 3:30, 5:30, 7:35, 9:35
THE DEPARTED (R) 1:15, 4:10, 7:00, 9:55
JACKASS NUMBER 2 1:45, 3:35, 5:25, 7:25, 9:30
OPEN SEASON 1:20, 3:20, 5:15, 7:15, 9:20

SUN. OCT 15
THE GRUDGE 2 (PG13) 1:00, 3:10, 5:20, 7:30
THE MARINE (PG13) 1:30, 3:30, 5:30, 7:35
THE DEPARTED (R) 1:15, 4:10, 7:00
JACKASS NUMBER 2 1:45, 3:35, 5:25, 7:25
OPEN SEASON 1:20, 3:20, 5:15, 7:15

TUES.-THUR. OCT 16-19
THE GRUDGE 2 (PG13) 7:30
THE MARINE (PG13) 7:35
THE DEPARTED (R) 7:00
JACKASS NUMBER 2 7:25
OPEN SEASON 7:15

GREAT FORTUNE
大富豪
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SATURDAY, NOVEMBER 4
Produce and baked goods, fresh cut flowers and herbs, savory cheeses, soaps, exquisite handmade furniture, original works of art, puppy dogs & kitty cats, pottery, baskets, jewelry, wonderful crafts and much more....
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The Northern Neck
Bay Tones
Present our Annual Show

Melodies & Memories
Also Featuring
"Publick Times" Sweet Adeline Chorus
Plus
"The FO PA's" Comedy Quartet
Saturday, November 11th
7:30 PM Lancaster Middle School Kilmarnock
Tickets ($15) are available in Kilmarnock at the Bank of Lancaster (Main) and Foxy's; in Burgess at the Northern Neck State Bank; from chorus members or call (804) 453-2633.
www.baytones.org

RETURN to Our Holiday
BAZAAR Extravaganza
Irvington United Methodist Church
On the corner of
Irvington Road and King Carter Drive
TIME: 8:00 a.m.-3:00 p.m.
Remember the Holiday Saturday Dates
November 4 • December 2
Homemade Chili will be the featured luncheon
Country cupboard with homemade goodies
COME EARLY
A 20% tithe will be given to the
Clara Forrest Fund at the EVB bank
Theme Baskets–Golf, birthday party, entertainment, bath, flip flop buckets, chicken, hostess, gardening, bird lovers, Thanksgiving, Christmas and many more
Holiday Items–Snowmen, Angels, Santa's, Holiday Nightlights, Christmas Candles, Thanksgiving Cornucopia, Theme Decorated Christmas Trees, Red Hat Tree
Entertainment Gifts–Hostess Gift includes party napkins, spreader and plate Recipe Box with assorted Kitchen items
Special Tables–Children's books with stuffed animal, Grandma's Attic Treasures
Silent Auction Table–Christmas Dinner Service for four, Ceramic Penguin Cookie Jar, Jeweled Fruit Bowl
Wreaths–Fall Wreaths, Christmas Wreaths, Non-Seasonal Wreaths
Coming in December are a number of baskets from area businesses

Upcoming

(continued from page A2)

5 Sunday

"I Hate Hamlet" will be presented at 8 p.m. at The Westmoreland Players theater in Callao. $15 adults, $10 students. For reservations, call 529-9345. The play continues November 10,11,12,16,17,18 and 19.

6 Monday

The Miami String Quartet will present an "On Stage" concert at 8 p.m. at the Lancaster Middle School Theater in Kilmarnock. The performance is sponsored by the Rappahannock Foundation for the Arts.Those who are not season subscribers may call the box office for tickets at 435-0292.
Open Mike Night is from 7 to 9 p.m. at the Gables Coffee and Ice Cream Shop on Main Street in Reedville.
The First-Place Weight-Loss Class meets at 6:45 p.m. at the White Stone Church of the Nazarene Family Life Center at 57 Whisk Drive. 435-5701.
The Historyland Community Workshop volunteer craft group meets at the Lancaster Woman's Club from 10 a.m. to 2 p.m. Brown bag lunch. Guests welcome.
The Lancaster County School Board will meet at 6 p.m. at Lancaster Middle School in Kilmarnock.
The Northumberland School Board will meet at 5:30 p.m. at the school board office in Lottsburg.
Flotilla 33 of the U.S. Coast Guard Auxiliary meets at 7:30 p.m. in Grace House of Grace Episcopal Church in Kilmarnock.
The Parkinson's Care Partners Support Group will meet at 10:30 a.m. at Rappahannock Westminster-Canterbury near Irvington. 435-9553.

7 Tuesday
Election Day

Polls open at 6 a.m. and close at 7 p.m.
The Kilmarnock & District Pipe Band rehearses at 7:15 p.m. at Campbell Memorial Presbyterian Church in Weems. 462-7125.
Al-ANON meets at 8 p.m. at Kilmarnock United Methodist Church.
A Bridge Discussion Group will meet at 9:30 a.m. at the Woman's Club of Lancaster.
Duplicate Bridge will be played at the Woman's Club of Lancaster at 1 p.m. 462-0742.
Duplicate Bridge will be played at 12:15 p.m. at the Northumberland Woman's Club in Lottsburg. 529-7029.
The Tavern Quilt Guild meets at 10 a.m. in the transportation building behind Rice's Hotel/ Hughlett's Tavern.
U.S. Rep. Jo Ann Davis's Staff will conduct satellite office hours from 10 a.m. to noon at the Lancaster Community Library at 235 School Street in Kilmarnock; and from 2 to 4 p.m. at the Northumberland Public Library at 7204 Northumaberland Highway in Heathsville.
The Kilmarnock Chamber of Commerce meets at 8 a.m. at the town office in Kilmarnock. 435-1302.
The Rappatomac Writers Critique Group meets at 10 a.m. at Wicomico Parish in Wicomico Church.
The Northern Neck NARFE Chapter will meet at 2 p.m. at the Lancaster Community Library at 235 School Street in Kilmarnock.

8 Wednesday

The Rotary Breakfast Club meets at 7:30 a.m. at Lee's Restaurant in Kilmarnock.
The Kiwanis Club meets at 7:30 a.m. at St. Andrews Presbyterian Church in Kilmarnock.
The Rotary Club for Kilmarnock, Irvington and White Stone meets at 12:30 p.m. at Rappahannock Westminster-Canterbury.
The Northern Neck Bay Tones meet at 2:30 p.m. at St. Andrews Presbyterian Church in Kilmarnock. 438-5127.
The RFM Quilters meet at 9:30 a.m. at Reedville Fishermen's Museum. 453-6529.
An Open Mike session will be held from 7 to 9 p.m. at Sunrise Studio Gallery at 197 Whittaker Lane near Hughlett Point. 435-2880.
The Lancaster Lions Club will meet at 6:30 p.m. at Rose's Crab House in Kilmarnock. 435-0064.
The Rappahannock Community College Board will meet at 1 p.m. on the Warsaw campus.
Duplicate Bridge will be played at 1 p.m. at the Woman's Club of White Stone. Men, women and newcomers are invited. No reservations needed. 462-7605.
The Woman's Club of Lancaster will meet at 10:45 a.m. Bring a sandwich. All guests are welcome. To attend, call Susie Pierce at 462-7055.

8 Wednesday

The Northern Neck Aging Network will sponsor a free Medicare D Forum from 9:15 to 11 a.m. at the Northern Neck Family YMCA on Harris Drive in Kilmarnock.
Banker Dixon Foster will discuss identity theft and other financial scams at the Grace Church Men's Breakfast at 7:30 a.m. at Grace Church in Kilmarnock.

9 Thursday

The RFM Modelers meet at 10 a.m. at the Reedville Fishermen's Museum. 453-6529.
Al-ANON meets at 8 p.m. at Palmer Hall in Kilmarnock.
The Wetlands Board for Lancaster County will meet at 9:30 a.m. at the courthouse in Lancaster.
The Board of Supervisors for Northumberland County will meet at 5 p.m. at the courthouse in Heathsville. Public hearings begin at 7 p.m. at the courts building.
The Irvington Town Council will meet at 7:30 p.m. at the town office.
The Interfaith Service Council will meet at 7:30 p.m. at Wicomico Episcopal Church in Wicomico Church.
The Upper Lancaster Ruritan Club will meet at 6:30 p.m. at the Ruritan Center in Lively.
American Legion Post 117 will meet at 7:30 p.m. at the post home in Reedville.
No-Name Needlers will gather at 1 p.m. at The Art of Coffee in Montross. 493-0873.
The Rappahannock Amateur Radio Association will meet at 7:30 p.m. at the Mid-County Volunteer Rescue Squad Building at 7990 Northumberland Highway near Heathsville.
Flags for display on the graves of Lancaster's veterans will be available free of charge at the American Legion Adams Post 86 on Waverly Avenue in Kilmarnock from 5 to 7 p.m. Families are urged to display the flags on veterans' graves on Veterans Day and Memorial Day.
The Rappahannock Garden Club will meet at 11:45 a.m. at the White Stone United Methodist Church.

(Submit calendar items to Robert Mason Jr., editor.)

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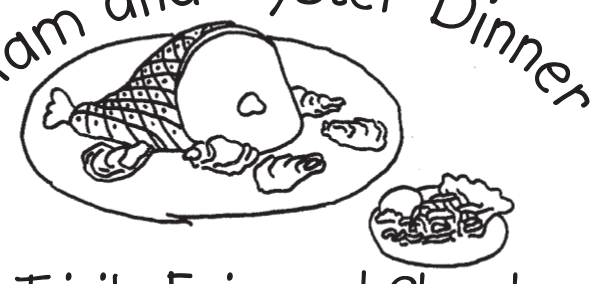
Ham and Oyster Dinner

Trinity Episcopal Church
Saturday, November 11, 2006 • 4:30-7 pm
$15 adults • $5 children 12 & under
Free for children 2 & under
Take out available
Menu: Fried oysters, Virginia ham, rolls, cole slaw, sweet potatoes, green beans,
Apple pie and cake, coffee and tea

Pre-Christmas
Shopping Extravaganza
November 18
Luxury Motorcoach
Kilmarnock to
Potomac Mills Mall
ONLY $39
Adventure Travel
Chesapeake Commons, Kilmarnock
436-9200 1-877-436-9200
"Come join us-we're going places"

Steptoe's Walkabout
Wrap It Up!
Friday, Nov. 3 • 5-7 pm
In Steptoe's District
Children's Activities
Walkabouts
Music
Art
Food
Fun
Shopping

STEPTOE PARTICIPANTS
Buenos Nachos Burke's Jewelers Carried Away Cuisine
Chesapeake & Crescent The Doll House Foxy Higher Health Foods, Inc.
Kilmarnock Christmas House Kilmarnock Furniture Store Kilmarnock Toy Store
Main Street Fine Art & Antique Mall Fletcher's Fix-it The Pedestal
Rappahannock Art League Talk of the Town Coffee Shop
Main St. Pharmacy Pure 'n Simple Blue Heron Pub & Grill
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Excerpts

by Henry Lane Hull

In the spring we welcomed a set of twins to our home, taking the term "home" in an extended meaning. They are two girls of the Nubian goat persuasion, and although they do not live exactly in the home, their quarters are in a house of their own immediately behind the kitchen.

They were born January 28, thus they have passed the nine-month mark. I have had goats at other times in my life, but never been as intensely involved with them as this time. If dog is man's best friend, then goat surely ranks in the top five. These girls, named by the B.E.s Cuddles and Floppy, have unique personalities. They love to be at the center of one's attention, insisting on lengthy sessions of petting and frequent servings of food, any food.

Floppy talks more than Cuddles, calling for us to come out, asking for more food, telling the other barnyard residents to take back seats. Neither girl is a butter, but Floppy likes to rub her head gently against one's leg. Both want human contact more than animal association. They ignore the other denizens, but are willing to share their food with an occasional chicken or turkey. They like sweet goat food, but prefer coarse cracked corn, if they have to eat anything out of a packaged bag. Their favorite food is wisteria.

About 25 years ago, I planted a wisteria vine at the base of a venerable walnut tree. Today it is 60 feet high, and the lower six feet are stripped of all greenery. The girls stand on their hind legs nibbling as far up as they can. The part of the vine that had sheltered the chicken coop is totally bare these days, the results of the girls using their climbing skills most adroitly. Honeysuckle is another delicacy which they consume vine and all, and they delight in white pine needles, whether green or brown.

Floppy's ears are a bit longer than Cuddles' and both girls enjoy having them gently pulled and rubbed. Those are the times when communication is key. Each of them looks into the eyes of the petter and starts neighing some sweet music, and seems perplexed if we do not understand exactly what she means. Each likes direct eye contact and never tires of looking lovingly into the face of the person giving attention.

They sleep together in their own house and they are very good housekeepers, with our help, naturally. They "make their beds" with the straw and grass clippings which we provide, and they are willing to share with an occasional chicken passing that way. We have never seen either of them show any anger or irritability, unlike the billy in the next field, who perhaps is a bit exasperated by their presence so close, yet so far away.

We hope eventually to find suitors for the girls, as they should make wonderful mothers. In the meantime, they seem more interested in people than other persons of a ruminant disposition. As babies they were de-horned and the process was successful in that nothing has grown back. As I say, they do not butt, not even with each other, but other pairs I have had insisted on clanging their horns together.

Goats are exceptionally clean animals. Their hides are so thick that nothing penetrates to the skin, and they shake off any dirt that gets on them. Granted, they are not house-trained by human standards, but by goat standards they do quite well.

The late Senator Everett McKinley Dirksen of Illinois annually would introduce legislation in Congress to declare the marigold the national flower. He never met with any success, but borrowing the idea, I should like to see legislation designating the goat as the national animal. Our two girls merit the title.

Delegate's Report

by Del. Robert J. Wittman

As I have previously mentioned in these updates, I introduced legislation this year that would create biofuel production incentives. The legislation was signed into law and money was put into the budget to fund this initiative.

The use of biofuels has really begun to take off. I am beginning to see all over Richmond and larger cities signs on gas pumps that say the fuel contains 10 percent ethanol. I am also happy to say that the governor has announced an effort to expand the use of ethanol-based fuel in state-owned vehicles.

There are many reasons why the switch to ethanol-based fuels is a smart move. One reason is that it decreases our dependence on foreign oil; another is that it strengthens our economy. It does that by creating jobs in ethanol production and increases the demand for certain crops, benefiting farmers.

Other reasons switching to such fuels is a good idea are the environmental rewards. Ethanol-based fuels are cleaner burning and have lower emissions than standard fuel. Lower emissions result in lower levels of smog-related pollutants and greenhouse gases. This can also reduce respiratory illnesses caused by poor air quality.

Following up on previous updates, November 20 has been set for the Mandated Health Benefits Commission to vote on recommendations for insurance coverage of Intensity Modulated Radiation Therapy as administered by the Mid Rivers Cancer Center in Montross.

I was also informed this week that the governor signed all the legislation that was sent to him during the special session. This means that the next meeting of the House of Delegates will be a pro forma session which is held because the law requires it, but where no business will be conducted. We will not reconvene formally until January.

In the coming weeks, I will begin a series of public meetings to discuss legislation that I have planned for next session, to get citizens' thoughts on how to fund our Chesapeake Bay cleanup efforts and to see if there are additional needs that must be addressed through legislation.

The meetings will begin at 7 p.m. I will be in Richmond County on Wednesday, November 8, in the General District Courtroom. On November 9, I will be at the Lancaster General District Courtroom. On November 14, I will be at the Montross branch of the Bank of Lancaster in the community room. On November 15, I will be at the Caroline Community Services Building. On November 16, I am scheduled to be at the Northumberland Public Library in Heathsville. My last meeting will be in King George at the courthouse in Court Room No. 2. I hope you are able to attend and share your views and concerns.

If I can be of assistance, call 493-0508, or e-mail, robwittman@verizon.net.

Yesteryear in Lancaster

(A reprint from the November 2, 1906, issue of the Virginia Citizen).

Millenbeck

Miss Susan S. Norris has gone to Baltimore, where she will attend school.

Miss Grace Foster, of Bertrand, is visiting her sister, Mrs. J. W. Chewning, at Orange, Va.

L. D. Stoneham has moved his mill from Millenbeck to a tract of timber near here belonging to Messrs. Stoneham and Warren.

A. B. Wood, who went to Camden, N.J., last week to have an operation, is improving rapidly.

G. O. Howeth, of Corrotoman Point, has returned home after several weeks' stay on the Eastern Shore.

Pinckardsville

Our farmers have had a rather distressing time this year, on account of the tie-up of the steamboats and the wetness of the season. There has been much loss of hay and fodder, the corn is damaged and the seeding of wheat has been delayed, and in some instances, abandoned. Nevertheless, hope survives and Thanksgiving day will remind us that we have many things to evoke our gratitude.

Miss Bertie Pinckard has gone to Baltimore where she is teaching a private school.

Willard Hall is at home, but he expects, next Monday, to return to King & Queen county, where he has been helping his brother, Herbert, in the lumber business.

Miss Nannie Dunaway is in Lunenburg county, teaching school near Meherrin.

(Transcribed by volunteers of the Genealogy and Research Center of the Mary Ball Washington Museum and Library.)

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Robert D. Mason Jr., Editor

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J. E. Currell, Publisher, 1927-1993

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Letters to the Editor

Consider the sign thieves

From **F.C. "Doc" Dugan**
Hague

Thank God we live in a country with the freedom to express our beliefs and support political candidates of our choice.

There are those in our midst who don't believe in this freedom of speech and expression. One way they demonstrate their opposition is to steal or remove the roadside signs supporting a particular candidate. I know of 30 to 50 signs on private property that have been removed or stolen.

These disgraceful acts have occurred in areas of Montross, Hague and Kinsale along Route 202 and feeder roads. I am aware that VDOT has been instructed to remove such signs if they are placed in the road's immediate right of way, on either side of the paved road. However, I believe that VDOT, rightly so, unofficially relaxes the strict enforcement of this activity just prior to elections.

The theft or removal of these signs, particularly those on private property, can be squarely attributed to people who do not believe in freedom of expression unless it agrees with their political leaning. These actions reveal the hypocrisy and lack of character of the sign thieves.

Vote friendly

From **Ralph A. Rose,**
Heathsville

As we draw close to our election day, I remember being in the little country of Costa Rica, on their election day.

Schools were closed and everywhere there were families dressed for the holiday on foot or in every possible vehicle making their happy noisy way to the polls.

Voting was a friendly community occasion.

How I hope we can go to our polls with the same spirit of friendly celebration, filled with appreciation for our freedom, and cast off hatred, anger and suspicion, to revel in our opportunity to elect those who we hope will listen to and follow our desires.

Church and school needs to be preserved

From **Rev. T. Wright Morris,**
pastor, Shiloh Baptist
Burgess

It has been my good pleasure to be a participant/observer of the annual homecoming celebration of The Shiloh Baptist Church of Burgess for 36 years. The event is nothing short of phenomenal. The total community is energized by the hundreds of travelers returning to their roots to exchange greetings, celebrate in worship and rehearse the memories of days gone by.

Since 1932, there has been a formal connection with Shiloh and its members who migrated to northern cities.

Bearing the name of Shiloh or Northumberland Benefit Clubs or Fellowships, these groups have maintained connection for more than 70 years with regular meetings in their respective cities throughout the calendar year. Homecoming at Shiloh brings these groups and others from New York, Philadelphia, Baltimore, Washington, D.C., Richmond, North Carolina and points south. They come dressed in their chosen combinations with a grand march displaying a dazzling spectrum of colors. On more than one occasion the count has been 1,000 or more seated in the sanctuary and overflow areas. It is phenomenal.

The question is often asked "What makes the Shiloh Homecoming so Phenomenal?" The answer is in the memories that are fueled by the companion institutions beyond the home that prepares one for life. The first being the church, with the school being its cohort.

For the congregation and its community, The Rosenwald School was the collaborating entity that crafted young men and women in the 1930s, '40s and '50s. Rosenwald High School produced young people with vision and determination to make a difference in the world.

We can identify persons from that era who succeeded as physicians, lawyers, judges, teachers, college professors, administrators, pastors, businessmen, farmers, craftsmen, skilled and unskilled contributors to our world. Homecoming at Shiloh is a kind of reunion of all of that and more.

As we assemble now, driven by those memories, there is a silent tear of sadness that falls for the building that once was alive with energy. That "landmark" stands as a proud symbol of love, loyalty, and labor; learning, leadership and leverage.

There is much gratitude owed and extended to the present property owners for allowing the visible reminder of a noble past to remain. Even in its present condition, the building that yet stands and the ground around it, offers a solemn and sacred witness to the courage and commitment of faith-inspired men and women to struggle against the odds for the sake of a brighter future for their children.

November 5, 2006, once again, hundreds will gather at Shiloh for Homecoming. The memory brings them back. What if on some future return they would have the opportunity to revisit "The Old School house" in its restored state with appropriate monuments to those who made the institution a reality and to those who have allowed its preservation over the years since its 1961 closing?

Relics are rare and good memories are precious. We are tremendously blessed to have both in proximity. The community will benefit from a union of this perfect match.

Below is a representation of how next Tuesday's ballot will appear. In Lancaster County, voters must read both sides of the ballot to find the candidates for Treasurer.

COMMONWEALTH OF VIRGINIA
SAMPLE BALLOT
County of Lancaster
GENERAL AND SPECIAL ELECTIONS
Tuesday, November 7, 2006

TO VOTE:
1. USE ANY NO. 2 PENCIL (OR THE MARKING PEN IF PROVIDED).
2. COMPLETELY FILL IN THE OVAL TO THE LEFT OF YOUR CHOICE LIKE THIS: ●.

To vote for a person not on the ballot for an office, write the name on the line provided and COMPLETELY fill in the oval to the left of that name.

Member
United States Senate
(Vote for not more than one)

- George F. Allen - R
- James H. "Jim" Webb, Jr. - D
- Glenda Gail Parker - IG
- _____

Member
House of Representatives
1st District
(Vote for not more than one)

- Jo Ann S. Davis - R
- Shawn M. O'Donnell - D
- Marvin F. Pixton III - I
- _____

READ BOTH SIDES
(The listing below is on the other side of the Lancaster County ballot)

Treasurer
For unexpired term to end
December 31, 2007
(Vote for not more than one)

- F. W. "Butch" Jenkins, Jr.
- Jayne P. "Lindy" Grigsby
- Bonnie J. D. Haynie
- _____

PROPOSED CONSTITUTIONAL AMENDMENTS

QUESTION 1: Shall Article I (the Bill of Rights) of the Constitution of Virginia be amended to state:

"That only a union between one man and one woman may be a marriage valid in or recognized by this Commonwealth and its political subdivisions.

This Commonwealth and its political subdivisions shall not create or recognize a legal status for relationships of unmarried individuals that intends to approximate the design, qualities, significance, or effects of marriage. Nor shall this Commonwealth or its political subdivisions create or recognize another union, partnership, or other legal status to which is assigned the rights, benefits, obligations, qualities, or effects of marriage."?

- YES
- NO

QUESTION 2: Shall Section 14 of Article IV of the Constitution of Virginia be amended by deleting the provision that prohibits the incorporation of churches, a provision that was ruled to be unconstitutional and therefore now is obsolete?

- YES
- NO

QUESTION 3: Shall Section 6 of Article X of the Constitution of Virginia be amended to authorize legislation to permit localities to provide a partial exemption from real property taxes for real estate with new structures and improvements in conservation, redevelopment, or rehabilitation areas?

- YES
- NO

Authorized by the Electoral Board of the County of Lancaster
P.O. Box 159, Lancaster, VA 22543-0159

Campaigning in Kilmarnock

From left, Chesapeake Bank Training Center employees Tracy Pastella, Pam Redmond and Kimberly Edmonds greet Susan Allen during her recent tour of Chesapeake Bank's Kilmarnock offices. She was in Lancaster County last Tuesday campaigning on behalf of her husband, Sen. George Allen. She also attended a dinner reception at Buenos Nachos restaurant. (Photo by Lisa Hinton-Valdrighi)

This Side of 60

by Marie Snider

Keep your brain healthy

Although I love playing bridge, we rarely play with our friends anymore. I remember with nostalgia when we used to play duplicate bridge twice a month. I still miss it.

As a result, we look forward to summer when our friends Tom and Ruby return from wintering in Virginia, and try to play with them during the weeks they are here.

On a recent visit, we sat in the living room and caught up for the first hour, then eagerly began playing bridge. I took the first two hands and played brilliantly (in my estimation).

Then it was my turn to deal. Everybody was looking at me expectantly. Although I knew I had a good hand, I had no idea what they expected me to say.

After 45 years of playing bridge with moderate success, my mind was a complete blank.

I turned to my husband in desperation and told him "I'm playing pinochle. I can't remember what I'm supposed to say." Not taking me seriously, he laughed at me and Tom came to the rescue by saying, "One club."

But even with that hint, my mind was still a blank. So, I took charge. I got up from the table and said, "We're going to have dessert." When my husband came to help, I asked him, "What am I supposed to say?"

He responded with, "You have to bid."

With that help and the dessert recess, I was back on track and Ruby and I trounced the men soundly.

I remember a similar experience 20 years ago. I had come home from work one evening and driven my car into the garage. When I got ready to open the door, I couldn't find the handle. As I groped for the handle, I had a panic attack.

What was going on? Why couldn't I find the handle? What was happening to my mind?

I told both stories to my daughter last Tuesday evening and she remembered the 20-year-old story.

I'm not sure why my mind went blank either time. Was I woolgathering or was I half asleep? Was my mind busy planning dinner for tomorrow or was I just confused because we now play more pinochle than bridge?

One thing I know for certain—it was not the beginning of dementia either 20 years ago or last Tuesday.

Dr. Andrew Weil, author of *Healthy Aging: A Lifelong Guide to Your Physical and Spiritual Well-Being* says, "It's important not to jump to dire conclusions about early memory problems. As you age, your mind naturally processes information a little more slowly."

To counter that, Weil has some suggestions of how to keep your brain functioning as long as possible.

Challenge yourself. Pursue a hobby. Learn a language. Play Scrabble. Researchers now believe that challenging activity may help build new brain cells.

Exercise. Research has shown that walking can help lower the risk of Alzheimer's disease.

Eat lots of fruits and vegetables.

Smile and have fun.

Studies show that a positive emotional state helps your brain.

Always remember that lifelong stimulation is the key to a healthy brain. So I, for one, am going to play at least one rubber of bridge with computer partners every night before I go to bed.

Magazine has tips on osteoarthritis

Everyday thousands of arthritis patients in America undergo knee, hip, or shoulder replacement surgery.

When all other treatment options have been exhausted, there is good reason to look ahead to this operation with confidence.

To enhance its high rate of success, however, certain factors should be considered. How can one prepare for the operation, and how can one protect a new joint afterwards?

In the newest issue of Arthritis Info, the American Arthritis Society offers an number of practical tips.

For a free sample issue of Arthritis Info, write to American Arthritis Society, 28 State Street, Suite 1100, Boston, MA 02109 (include a 39-cent stamp for return postage; no envelope is necessary).

To Place Your Ad
Call 435-1701

Letters to the Editor

Animal control

From **Terrie Dort,**
Irvington

I want to make everyone aware of the job that animal control officers Jamie Abbott and Michelle Lackert do in Lancaster County.

In my short time here, I have observed several unfortunate instances of animal neglect and have always been able to count on Abbott and Lackert to follow up on any situation I have brought to their attention. They are always responsive, always follow through and always patient with my lack of knowledge of the animal welfare laws and how they work in this state.

I can't say that I am always happy to hear what Abbott tells me about what must be done to comply with the law, but I know I can trust him to be fair and sympathetic to my concerns, while following the laws he is bound to uphold.

I hope they won't mind my soliciting all Rappahannock Record readers to keep their phone number on file, 462-7175, to be sure that you can call them if ever you have a question or a concern about an animal. They will follow up to check out the situation.

And if you ever have an interest in adopting any of the many dogs and cats in the shelter, give them a call. While the hours at the shelter are limited, Monday through Friday 11 a.m. to 1 p.m. and Saturday 10:30 a.m. to 11:30 a.m., Abbott and Lackert will work with you to make an appointment if necessary.

In short, Abbott and Lackert go above and beyond the call of duty to give our animals the best care possible. The animals are lucky to have them on the job.

Iraq beyond our control

From **Perry Peill,**
Lancaster

President Bush has finally acknowledged that Iraq is a sovereign country. Prime Minister al Malaki has signaled that he is calling the shots now.

The joint statement on cooperation is mere window-dressing. Iraq is in de facto partition, as Shiite Sadrists expel Sunnis from Baghdad, Sunnis expel Shiites from Anbar province, and the Kurds look on.

The democratic government Bush wished for Iraq has a life of its own, as do its people. Bush is now a virtually powerless bystander. Any plan he may actually have is dust in the wind.

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Courtesy of
Northumberland County Democrats

PAID ADVERTISEMENT

TO THE CITIZENS OF LANCASTER COUNTY

As the outgoing Treasurer of Lancaster County I am endorsing **Jayne Lindy Grigsby** for the position of **Treasurer of Lancaster County**.

I sincerely believe she is the best qualified candidate for the position of Treasurer and I plan to vote for **Lindy Grigsby** on **November 7, 2006.**

Anna Lee C. Haynie
Retired Treasurer of Lancaster County

Authorized by Jayne P. "Lindy" Grigsby Candidate for Treasurer

Paid Political Advertisement

On Election Day (Tuesday)

Vote REPUBLICAN

to keep your *trustworthy* voices in Congress for a *strong* national defense, *low* taxes, and *true* Virginia values

Vote to RE-ELECT

☑ **Senator George Allen**

☑ **Congresswoman Jo Ann Davis**

and vote "YES"

for the Marriage Amendment to the Virginia Constitution
1 Man + 1 Woman = 1 Married Couple

Paid for and authorized by The Lancaster County Republican Committee; P.O. Box 1215 Kilmarnock, Va 22482, Chairwoman Joan Blackstone; The Northumberland County Republican Committee; P.O. Box 126 Callao, Va. 22435, Chairman Allen Webb

Do you remember . . .

Horses on Main Street in Kilmarnock? A portion of the Eubank and Standard Products buildings appear in the upper left corner. The photo was taken in the early 1920s. (Courtesy of the Kilmarnock Museum)

Federal grant promotes home ownership

Gov. Tim Kaine recently announced the Virginia Community Action Partnership (VACAP) has been awarded $997,500 in federal grant funds for the expansion of the Virginia Individual Development Accounts (VIDA) initiative, a program administered by the Virginia Department of Housing and Community Development (DHCD) in partnership with the Virginia Department of Social Services that promotes home ownership for low-income Virginians.

In addition, Gov. Kaine announced that VHDA will provide $977,500 in matching support for the new VIDA PLUS initiative. VIDA PLUS is expected to help nearly 500 Virginia families purchase their first home during the five-year life of the grant, doubling the number of families that can currently be served.

"This is great news for lower-income Virginians who are willing to commit to work toward the American Dream of homeownership," Gov. Kaine said." We know that homeownership brings stability to a community, and the children of homeowners tend to do better in school and are more successful later in life. This federal grant is the largest in the nation in this funding round, and I appreciate VHDA's eagerness to step up to make additional resources available."

The federal grant was awarded through the Assets for Independence program, which is designed to assist those who need help in becoming financially stable. VACAP is the lead applicant for a coalition of state and local organizations and agencies committed to homeownership and individual economic self-sufficiency that applied for the grant.

VIDA PLUS will make homeownership more accessible for families through individual development accounts—special matched savings accounts that help individuals build productive assets and self-sufficiency. VIDA PLUS will offer a match rate of 2:1. For example, $2,000 in savings will be matched by $4,000 from VIDA PLUS, for a total of $6,000 for a home down payment or other costs related to the purchase of a home.

"We were very pleased to provide VIDA PLUS matching funds for this fedral grant through VHDA's REACH Virginia program," said VHDA executive director Susan F. Dewey. "VHDA is strongly committed to removing the barriers to buying a home faced by Virginia's low-income families. Our funding will help families overcome a significant barrier to homeownership—the down payment."

"VIDA was developed in the late 1990s, based on a national model, as a way to strengthen both families and communities through asset building, like homeownership," said DHCD director Bill Shelton. "VIDA helps improve personal financial planning and management and has offered low-income families the opportunity to achieve the American Dream and own an asset that appreciates in value over time. VIDA PLUS will bring this important opportunity to more Virginians."

"VIDA supports asset building as a way to empower families and individuals to increase their own economic independence and productivity," added Jim Schuyler, VACAP executive director. "VIDA PLUS will link state and regional housing resources to support financial education and homeownership training."

The VIDA PLUS initiative will be launched in the fall. In the meantime, please e-mail VIDA@dhcd.virginia.gov, or call DHCD at 371-7127 to learn more about VIDA.

PAID ADVERTISEMENT

TO THE CITIZENS OF LANCASTER COUNTY

Elected office is, and should be, for the purpose of service to the community not for personal gain or political profit alone.

This should apply particularly to the position such as the Treasurer where there is so much of our tax dollars at stake. Not only should the Treasurer be one of financial ability but one endowed with integrity shown in service to the entire community.

Community Service

Jayne P. "Lindy Grigsby

School Board Member/Vice Chair
Relay for Life
Supporter & former Hospice Volunteer
Community Planning Management Team

I have 30 years experience in banking and in the operating of my own business.

As a school board member I relied on my code of values & fiscal concern for the taxpayers by voting to reduce school board member salaries by 50%.

My family has a public service history of 350 years in the county. I would like to continue my family's service to the county as our Treasurer.

Vote for experience and service with integrity.

Vote Jayne P. "Lindy" Grigsby
Authorized by Jayne P. "Lindy" Grigsby Candidate for Treasurer

Paid Political Advertisement

Congresswoman Jo Ann Davis
Proven Leadership for Virginia

- *Supporting* the global war on terror
- *Working* to secure our borders
- *Supporting* pro-family initiatives
- *Advocating* tax relief
- *Addressing* our transportation issues

This November 7th, if you want someone who works as hard as you do, Re-elect Congresswoman Jo Ann Davis.

Authorized and paid for by Jo Ann Davis for Congress

Area Events

■ Variety show auditions
Auditions will be held tonight (November 2) from 4 to 8 p.m. at the Lancaster Middle School Theater in Kilmarnock for a December 1 Variety Show. Proceeds will benefit the Boys & Girls Club of the Northern Neck. Call Joan McBride at 462-0034 for more information.

■ Estate sale
The Northumberland County Animal Shelter will hold a Benefit Estate Sale November 4 and 5 from 9 a.m. to 4 p.m. at 18259 Northumberland Highway in Reedville. Donated items are from a Carter's Creek home in Irvington and have been moved to Reedville for the sale. Proceeds will benefit the Animal Shelter Building Fund.

■ Fruit orders
The Kilmarnock Seventh-Day Adventist Church's annual citrus fruit sale will be held November 2006 through March 2007. Orders for November should be called in by November 6 to 435-1252, 580-5376 or 435-2048. Orders may be picked up November 16. Dried fruit and nuts also will be available.

■ Serving spaghetti
The Ladies Auxiliary of White Stone Volunteer Fire Department will hold a spaghetti dinner November 11 from 5 to 8 p.m. at the White Stone Firehouse. Tickets are $8 for adults and $4 for children 12 and under.

Tickets can be purchased from any auxiliary member or from Big L Tire, Anchor Pharmacy, Kilmarnock Planing Mill, Hair Design Studio, Kilmarnock Body Shop, or at the door.

■ Stew is $7
The men and women of Heathsville United Methodist Church on Saturday, November 4, will sell Brunswick stew for $7 per quart. The stew should be ready around 11:30 a.m.

There also will be a yard and bake sale conducted by the women of the church beginning at 8 a.m. The church is at the intersection of Northumberland Highway and Courthouse Road in Heathsville.

■ Spaghetti supper
Cub Scout Pack 222 will host a Spaghetti Dinner November 4 at the Upper Lancaster Ruritan Center. The dinner will be from 5 to 7 p.m.

The cost will be $8 for adults; children 5 to 12, $5; and those under 4 are free.

■ Last call for nuts
November 5 is the deadline to order pecans and peanuts from the Women of Grace Episcopal Church. Hubs peanuts, salted or unsalted, are $10 for 20-ounce cans and $15 for 40-ounce cans. Calhoun pecan halves are $9 for a one-pound package. Boxed chocolate-covered pecans are $18.

Place orders with Charlotte Henry at 435-7001.

■ NAACP banquet
The Northumberland County Branch of the NAACP will hold its annual Freedom Fund Banquet November 11 at the Northumberland County Community Center at 579 Browns Store Road.

The guest speaker will be the Rev. Charles Bates, pastor of Galilee United Methodist Church in Edwards. The fee is $20. For reservations, call 580-2764, or 580-2477.

■ Church dinners
Macedonia Baptist Church will sell chicken dinners Saturday, November 4, beginning at 10 a.m.

The menu is chicken, potato salad, string beans, dessert, roll and punch. Eat in or carry out. The fee is $8.

■ Farmhouse concert
Laurie Rose Griffith and Peter Mealy will be featured Saturday, November 4, in a Farmhouse concert at the home of Mary Beane in Miskimon.

Dessert and coffee will be served at intermission. There is a $15 donation per person. Advance reservations are required; 804-761-0103, or Farmhouseconcerts@hotmail.com.

■ Flags for veterans graves
American Legion Adams Post 86 will provide flags for the graves of Lancaster's veterans this Veterans Day, Saturday, November 11.

The flags are available free of charge at the Post Home on Waverly Avenue in Kilmarnock on Thursdays, November 2 and 9, from 5 to 7 p.m. The flags should be removed, and preserved for reuse next spring, on Memorial Day.

■ Veterans Day
The sixth-graders at Lancaster Middle School will present a Veterans Day celebration November 10 at the Lancaster Middle School Theater at 9 a.m. and 1 p.m.

Refreshments will be served following each performance.

■ Theater production
Virginia Premiere Theatre will present a benefit reading of the World Premiere Production of "Smith! Being the Life and Death of Cap'n John," by Ivor Noel Hume, November 18 at 1 p.m. at The Kimball Theatre in Williamsburg.

The full production will premiere April 5 at The Kimball Theatre and continue weekly throughout 2007. Rebecca Taylor will direct and the cast features John Hamant, Bill Barker and Ron Reid of Williamsburg, Ellen Lopez of Virginia Beach and Denny O'Rork of Mathews.

■ Radio Club to meet
The Rappahannock Amateur Radio Association will meet Thursday, November 9, at the Mid-County Volunteer Rescue Squad Building at 7990 Northumberland Highway near Heathsville.

The meeting time is 7:30 p.m. James Campbell and Russell Kidwell will continue their presentation on RF cables. Amateur Radio operators and persons interested in radio communications are welcome to attend.

■ Male caregiver
The Alzheimer's Association will offer a program November 17, from 9 to 10:30 a.m., to assist men who are caregivers for loved ones with dementia. It will be held at the Gloucester Moose Lodge, 6565 Moose Drive.

The discussion will be led by Mary Ann Johnson, program director of the Alzheimer's Association's Greater Richmond Chapter. Breakfast will be provided. Men who wish to attend must pre-register at 800-272-3900, or fran.foster@alz.org.

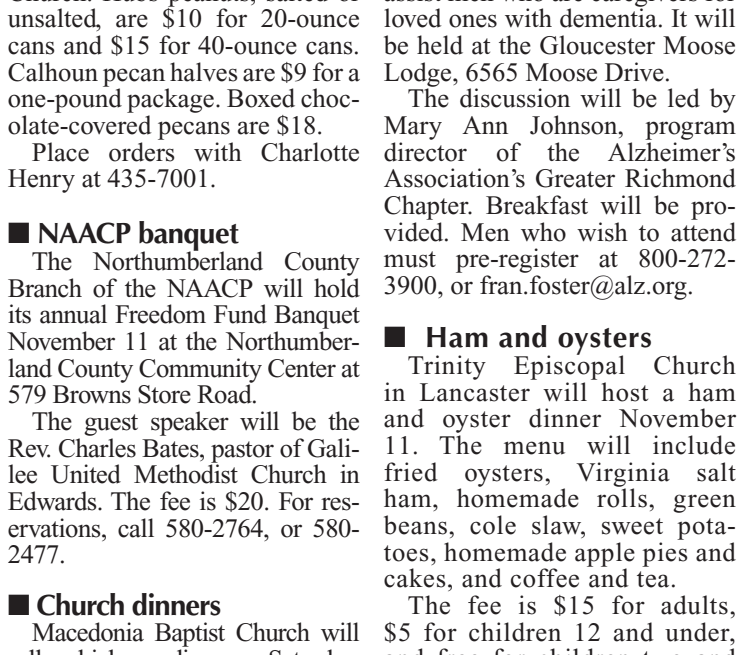
■ Ham and oysters
Trinity Episcopal Church in Lancaster will host a ham and oyster dinner November 11. The menu will include fried oysters, Virginia salt ham, homemade rolls, green beans, cole slaw, sweet potatoes, homemade apple pies and cakes, and coffee and tea.

The fee is $15 for adults, $5 for children 12 and under, and free for children two and under. Doors will open at 4:30 p.m. and serving will continue until 7 p.m., or until the food runs out. Take-outs will be available.

■ Soul Soliloquy
Soul Soliloquy, an open mike night at Rappahannock Community College, will be held November 16 at the Warsaw campus. For more information, e-mail rsidney@rcc.vccs.edu, or call 804-333-6733.

■ Yard/bake sale
Bluff Point Community League will hold a yard/bake sale November 11, beginning at 8 a.m. at the Bluff Point Community building on Bluff Point Road.

Proceeds will benefit the improvement fund.



On deck for the cure

Bob Wayland of White Stone (right) and some 35 other passengers and crew of the MS Maasdam, participated in a 5k walk to benefit the Susan G. Komen Breast Cancer Foundation during the ship's recent cruise from Montreal to Norfolk. Holland America Lines is inviting guests "On Deck for the Cure" on each of its cruises.

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Wednesday Dinner Specials are BACK!!

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November 15: Cassoulet de Joulouse or Stuffed Shells

November 22: Chicken Marsala or Baby Back Ribs

November 29: Coq au Vin or Classic Beef Stew

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Includes a Glass of Wine. Additional glass of wine ONLY $2.00

Next to the Post Office in White Stone

WHY VOTE FOR VIRGINIA DEMOCRATS?

Virginia Democrats are taking a bold new direction for a secure America. We seek HONEST leadership and OPEN government. Real security and energy independence are a necessity. For our children and grandchildren we must have economic prosperity and educational excellence. Virginia needs a healthcare system that works for everyone along with retirement security.

ECONOMY FOR THE FUTURE:

- While several of us in the Northern Neck are at or near retirement age, we worry about our children and grandchildren. We must have leadership dedicated to responsible federal government, job creation, and a strong economy. Jim Webb and Shawn O'Donnell will provide this leadership. Our currently elected "representative" politicians have voted with and support the failed Bush economic policies. Allen has voted 96% and Davis 85% with the failed Bush policies.
- Virginia Democrats believe that the most effective means of increasing opportunity is by ensuring the availability of high quality, good paying jobs.
- Virginia Democrats believe in balanced budgets and paying down the national debt while the presently elected republicans continue to put huge burdens on future generations by borrowing hundreds of billions of dollars from foreign nations.

KEEPING AMERICA SAFE:

- Jim Webb and Shawn O'Donnell are unwavering in their commitment to keep our nation safe. They will lead the fight to continue a strong Department of Homeland Security along with ensuring that our ports, nuclear and chemical plants, and other sensitive facilities are secured against attack and kept in the hands of Americans.
- Throughout history, Virginia Democrats stand as a shining example shaping freedom and democracy. There is no need to mislead our citizens in order to force democracy on others through the barrel of a gun.

VETERANS:

- Virginia Democrats believe we must support our troops by modernizing our military so that it better meets the threats of the 21st century.
- We must keep our commitments to veterans when they return from war and will continue to stand up for the families of those who serve our country, including providing access to affordable health care and prescription drugs.

EDUCATION:

- Virginia Democrats know that the key to expanding opportunity is to provide every child with a world-class education. Our schools must have the resources they need to help our kids meet high standards from grade school though college.

RETIREMENT:

- Protection of Social Security is absolute. Our commitment is to those who, after a life of hard work, have earned a secure retirement. Virginia Democrats will not allow anyone to endanger Social Security or take a single step toward dismantling it.

HEALTH CARE:

- Jim Webb and Shawn O'Donnell believe that in the wealthiest, most powerful nation on earth, no one should have to choose between taking his or her child to a doctor and paying the rent, or between taking medication and paying the utility bill. Virginia Democrats are committed to making sure every single American has access to affordable, effective health care coverage.

CORRUPTION IN GOVERNMENT:

- Virginia Democrats Jim Webb and Shawn O'Donnell are committed to genuine reform that protects our rights and ensures that elected officials act ethically – not just within the law, but within the spirit of the law.

THE CHOICE IS OBVIOUS, STAY WITH FAILED POLICY OR VOTE FOR A CHANGE

VOTE

JIM WEBB FOR SENATE
SHAWN O'DONNELL FOR CONGRESS

AUTHORIZED AND PAID FOR BY: Mary L. Lay, Frank Mann, Sherry Mann, Larry McGlamary, Dick Sisson, Marybeth Sisson, and George Van Sant, among others.
Not authorized or paid for by any candidate or any candidate's committee

Local News

Celebrating 50 years

Tom and Betty Davis of Weems celebrated their 50th anniversary October 14, 2006. A party was hosted by their daughter and son-in-law, Patty and Dennis Brent, and their nephew, David Staley.

Scouting for Food to begin Saturday

Scouts from local troops and packs will participate again in Boy Scouts of America Scouting for Food. This is the 19th year the Heart of Virginia Council has helped out with this endeavor.

The need for donated food is more vital in 2006 than it was in 1987. The Central Virginia Food Bank and its partner agencies provide food every month to more than 200,000 disadvantaged individuals, half of whom are children.

The Scouting for Food, Good Turn, is a great lesson for Scouts on how they can help other people. It provides them an opportunity to, "Do a Good Deed," said Donna McGrath.

On Saturday, November 4, Boy Scouts and Cub Scouts will be dropping off brown shopping bags to their neighbors. The bags will be hung on front doors, and have preprinted information on them. The Scouts will return after 10 a.m. November 11 to pick up the bags.

Please help them out by placing nutrious, non-perishable canned and boxed foods in the bags, and leave them by the front door. One hundred percent of the food collected stays in Lancaster County, so please help the scouts help their neighbors.

Mrs. Ashby Blackwell joined her daughter's family, Janice and John Bangit and David Bangit, all of Williamsburg, to attend the Virginia Wesleyan-Emory and Henry Volleyball game in Norfolk. The Bangits' daughter, Virginia, is a member of Emory and Henry's team.

Mr. and Mrs. Ralph Ingram and caregiver, Carol, of Durham, N.C., were recent guests of his brother and sister-in-law, Mr. and Mrs. Reynolds Ingram in Remo, and his sister, Mrs. Driscoll Pitman in Wicomico Church.

Weekend guests of Mr. and Mrs. Mitch Forrester were a son and his family, Mr. and Mrs. Michael Forrester and children, Caroline and Henry, of Rocky Mount, N.C.

Guests of Mr. and Mrs. Bob Butler from Wednesday through Sunday at their home, Hollyhurst, on Jarvis Creek, were her niece, Ms. Pamela Glokengiser of Littlestown, Pa., and her son-in-law and daughter, Troy and Karen Gawlion, of Huntington, Md. The Butlers are residents of Rappahannock Westminster-Canterbury.

Nannie Mae Booth of Warsaw Health Care Center in Warsaw celebrated her 91st birthday on November 1.

Mr. and Mrs. W. R. Keyser have returned home after being in Falls Church for several days attending the Exemplification of the Fourth Degree of the Knights of Columbus. There were over 1,000 in attendance from all over Virginia, with 250 candidates being received as Sir Knights. Keyser is the Faithful Navigator of St. George Assembly of St. Francis de Sales Catholic Church in Kilmarnock.

Guests of Mr. and Mrs. Tom Fletcher several days last week were her aunt and two daughters, Mrs. Mary Potter and Jan Copenhaver and Nancy Adamson of Roanoke.

Larry and Betty Taylor have returned after attending the reunion of the USS Mullany, a World War II destroyer on which Larry had served. Friday morning they toured the USS Kidd 661, attended a memorial service followed by visiting a real Cajun tavern for music, dancing, food and a swamp tour. The reunion concluded with a banquet on Saturday evening.

En route to Baton Rouge-Larry and Betty visited the Gen. George S. Patton Jr. museum, the Ft. Knox Gold Depository, Swope's cars of yesterday in Elizabethtown, Ky., and a day at Mammoth Cave.

Mr. and Mrs. Warren Sellew were recently in Hickory, N.C., with their son-in-law and daughter, Mark and Pam Siemering, and daughters, Elise and Nichole. While there, they celebrated Nichole's 12th birthday.

Mr. and Mrs. Tom Fletcher were in Springfield last weekend with their son and family, Mr. and Mrs. David Fletcher, Riley and Will. They enjoyed the grandsons' early neighborhood Halloween Party. On Sunday, Mrs. David Fletcher was among the 44,000 participating in the Marine Marathon in Washington.

Oyster roast to benefit Schroeder scholarship

Chesapeake Academy's fifth annual Oyster Roast will be held November 18 on the Rowe Campus in Irvington from 4:30 to 9 p.m. Proceeds benefit the Catherine E. Schroeder Scholarship and co-curricular programs at the Academy.

Five years ago the Chesapeake Academy Alumni Association started the Oyster Roast as a fall homecoming and alumni reunion and as a way to recognize long-time faculty member, Catherine E. Schroeder. At the same time, the Catherine E. Schroeder Scholarship was initiated which is now awarded annually to a deserving student.

The menu will include roasted oysters, clam chowder, hot dogs, beverages and all the fixings. Music will be provided by DJ Tom Davis. The event will be held rain or shine. Casual dress. Bring an oyster knife. Tickets are $30 per person and limited to the first 300 people. Those attending must be 21.

For tickets, call 438-6490.

To announce your "newest addition" call 435-1701

Celebrations
editor@rrecord.com

Births

Brad and Susan Bates of Heathsville announce the birth of their son, Turner Grayson Bates. Turner was born October 11, 2006, at Bon Secours Memorial Regional Medical Center. He weighed 6 pounds, 3 ounces, and was 20 inches long.

Turner's grandparents include Ronnie and Kathy Bray of Burgess, and Stockton and Jan Bates of Heathsville.

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Holiday Open House
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10am-6pm
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Special Trunk Show featuring the Vera Bradley Spring 2007 Collection
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• Only through a strong national defense will aggressors be deterred
• Transportation reform • Reduce congested highways • Support light and high speed rail
• Exercise fiscal responsibility • Force balanced budget • No New Taxes
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• Two combat tours in Vietnam (Over 800 Missions!)
Command and senior leadership experience
Worked w/international forces
Experience in managing large Government programs
Education:
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• MBA Pepperdine University
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Paid for by PIXTON FOR CONGRESS

‘On Stage’ to welcome ‘Miami sound’ Monday

“If there can be anything called a Miami sound (apologies to Gloria Estefan), it is a vibrant, perfectly tuned blend, a matched virtuosity and the deep attention to every note and nuance of music,” noted a Hartford Courant staff writer following a recent performance at the University of Hartford by the Miami String Quartet.

Monday, November 6, the “Miami sound” will fill the Lancaster Middle School Theater in Kilmarnock as the Miami String Quartet takes the stage for an “On Stage” performance. The concert will begin at 8 p.m.

The performance is sponsored by the Rappahannock Foundation for the Arts with financial assistance from Spotts Fain Attorneys and Counselors at Law in Irvington. Those who are not season subscribers may call the box office for tickets at 435-0292.

The Miami String Quartet

The ensemble features Ivan Chan on violin, Cathy Meng Robinson on violin, Chauncey Patterson on viola and Keith Robinson on cello.

Chan, a bronze medalist of the 1990 Indianapolis International Violin Competition, received his education at the Curtis Institute of Music and Indiana University. His principal teachers included Jascha Bordsky, David Cerone, Miriam Fried, Felix Galimir, and Jaime Laredo. Chan became first violinist of the Miami String Quartet in January of 1995.

Cathy Meng Robinson is a founding member of the Miami String Quartet. She received her bachelor’s of music from the Curtis Institute of Music, and her master’s from the San Francisco Conservatory of Music. Her teachers include Ivan Galamian, David Cerone, and Isadora Tinkleman.

Patterson has been violist of the Miami String Quartet since 1990. He attended both the Curtis Institute of Music and the Cleveland Institute of Music where he studied with Michael Tree, Karen Tuttle, and Robert Vernon.

Keith Robinson is a founding member of the Miami String Quartet and has been active as a chamber musician, recitalist, and soloist since his graduation from the Curtis Institute of Music. Robinson has had numerous solo appearances with orchestras throughout Texas and Florida, and in 1989 won the P.A.C.E. “Classical Artist of the Year Award.”

Oyster Festival to feature food, crafts, music and entertainment

by Tom Chillemi

The 49th Urbanna Oyster Festival will be held Friday and Saturday, November 3 and 4. The festival will again be highlighted by food, music and entertainment.

On the waterfront

Urbanna Town Marina at Upton’s Point will showcase exhibits by the Reedville Fishermen’s Museum, Deltaville Maritime Museum and others.

Boats on display will include the skipjack Claud Summers, the oyster buyboats East Hampton and Ellen Marie, and Explorer, a replica of the boat used by Capt. John Smith to explore the area in 1607.

For the kids, there will be “Seaworthy Small Ships,” which allows children to build model sailboats and sail them on a pool. “Omar the Oyster,” a life-size character, will also entertain.

Water taxis will not run this year. However, the town marina has a free floating dinghy dock.

Nearby, The Old Tobacco Warehouse/Visitor’s Center on Virginia Street will be open both days for model boat builders to display their craft.

Food, arts and crafts

Some 120 vendors will be open for business when the festival officially begins on Friday at 10 a.m.

Food will be available in many different forms by over 50 vendors. The honored oyster is always available and in a variety of presentations—raw, roasted, fried, steamed, frittered and stewed.

In addition, visitors can enjoy crab soup, seafood chowder, clams, crab cakes, shrimp, fish, corn dogs, sausages, hamburgers, hot dogs, turkey legs, roast beef, funnel cakes, cotton candy, snow cones, candy apples and other goodies too numerous to mention.

A variety of crafts will be available throughout the town. Among the many offerings are handmade furniture, stained glass, woodcarvings, sculpture, pottery, dolls, brass, silver, leather goods, jewelry and more.

Prince George Street’s Community Row will feature local crafts, demonstrations and exhibits.

A Children’s Activity Corner will be on Grace Avenue under the big white tent and will feature crafts, puppet shows, and clowns with magic and juggling.

The Middlesex Woman’s Club on Virginia Street will sell crab bisque, ham biscuits, handmade crafts and raffle tickets for a handmade quilt. Local artists will show their artwork next to the clubhouse.

Craft booths also will be in Festival Village off Rappahannock Avenue in the playground area, and on Cross Street.

Friday events

The Oyster Festival Queen and Little Miss Spat will be crowned at 4 p.m. Friday on the Rappahannock Avenue stage near Festival Village.

The Urbanna Fireman’s Parade will take place at 7 p.m. Friday, and a dance featuring Hot Cakes will begin after the parade on the firehouse grounds.

Friday music

Five stages will feature music and there will be entertainment around town both days. Two stages will be at Festival Village on Rappahannock Avenue. There also will be entertainment on the front porch of the Old Tobacco Warehouse and at the town marina.

On the Angelo’s Colonial Pizza stage (at the bridge), Sweet Justice will perform from 1 to 5 p.m. Tilted Axis will play from 2 to 2:30 p.m. and 3:30 to 4 p.m.

Churchyard Grass will perform from 10 a.m. to 1 p.m. on the Rappahannock Avenue Stage; the Janitors will play from 1 to 4 p.m. at Festival Village; and Keith Anderson from 10 to 11 a.m. and noon to 1 p.m at the Old Tobacco Warehouse.

The Wayne T. Holt Band will play at the Urbanna Auto Marine Stage on Prince George Street near Community Row; and Threshing Floor will play at the Urbanna Town Marina at Upton’s Point on Urbanna Creek from 11 a.m. to 2 p.m.

Saturday events

Throughout the day starting at 8 a.m., the festival will pick up where it left off on Friday.

Model boat builders and Urbanna souvenirs will be available at the Old Tobacco Warehouse/Visitor’s Center.

The Virginia Oyster Shucking Contest will be held at 11 a.m. on Saturday behind the firehouse. The top professional shucker wins $300. The first-place prize in each of the men’s and women’s divisions is $100; second, $50; and third, $25.

There will be an amateur division with a plaque for the winner, and official Oyster Festival T-shirts for second and third places.

Contestants must register at the firehouse stage by 10 a.m. the day of the shucking championship. There is no cost to enter. Call Karen Ambrose at 758-2037 for information.

The Grand Parade will begin at 2 p.m.

Saturday music

The Boogie Sharks will perform from 9 to 11:30 a.m. at Festival Village Stage; Keith Anderson from 10 to 11 a.m., noon to 1 p.m., and 2 to 3 p.m. at the Old Tobacco Warehouse; and Johnny St. Clair from 10 a.m. to 2 p.m. at the Urbanna Town Marina.

The Wayne T. Holt Band will be at the Urbanna Auto Marine Stage on Prince George Street from 10 a.m. to 2 p.m. Pastel Black will play from 11:30 a.m. to 2 p.m. on the Field Stage at Festival Village; Slick Nickel, from 12:30 to 5 p.m. on the stage behind the firehouse; Sweet Justice from 1 to 5 p.m. at Angelo’s Colonial Pizza Stage with Tilted Axis from 2 to 2:30 p.m. and 3:30 to 4 p.m.

Alcohol

There will be two beer gardens this year—at the Urbanna Firehouse and Shucker’s Restaurant. Alcohol is restricted to these designated areas or inside restaurants.

In addition, the Virginia ABC store will close at 2 p.m. on Friday and be closed all day Saturday.

Drivers should note that the Virginia State Police usually conducts a sobriety checkpoint looking for drivers who have been drinking.

Street closings, parking

On Friday, the Oyster Festival begins at 10 a.m. and closes at midnight. On Saturday, the festival runs from 8 a.m. to 6 p.m.

Under the Oyster Festival plan, the town will be closed to motor vehicle traffic on Saturday from about 9 a.m. to 6:30 p.m. as a safety precaution. Also, packages, coolers and backpacks may be inspected to ensure public safety. Leave pets at home.

The town streets also may be closed to motor vehicles on Friday as pedestrian conditions dictate.

Hay wagon shuttles will run on Saturday only from the Rosegill side of Urbanna Bridge to the Urbanna Exxon. The cost is $1 per person each way.

Official Oyster Festival parking will cost $5 on Friday and $10 on Saturday. Some private property owners may charge more. A portion of Saturday’s parking fees goes to the Oyster Festival Foundation to continue promotion of the festival.

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A sample of Ann Vliet's "Photographic Encounters."

Vliet is November artist at RW-C

Ann Vliet applies the computer to her photographs like a painter puts brush to canvas.

Her exhibit featured at Rappahannock Westminster-Canterbury during November, "World Enough in Time: Photographic Encounters by Ann Vliet," includes three dozen pieces.

"My work begins with photographs and ends with digital images," said Vliet. "It runs from almost realism to almost abstract."

A former theater professor directing programs at the college level, Vliet said that composition of a photograph is like composition of a scene on stage.

After retiring at 55 from the Massachusetts college system, she studied photography and became a photojournalist. She moved to this area in 1993, bought a new computer and began to dabble with the basic graphics software included. In 1997, she bought Photoshop.

"It was like opening up a huge painter's toolbox, this wonderful new medium with all these tools," said Vliet. Self-taught, she has evolved with the sophistication of the software.

A member of the Rappahannock Art League, Vliet has juried wall space at the Studio Gallery in Kilmarnock. Portraits, usually of people she does not know, are her favorite subjects, and she received a blue ribbon at the recent Labor Day Show for a portrait called "Survivor."

"She's very tough looking and primitive, and the look on her face is 'I'm getting through this no matter what.' I took the picture at a parade in Bermuda, but took that background out and replaced it with a desolate background to echo the mood on her face," said Vliet.

She calls her portraits "fictional" because she alters them digitally to reflect her interpretation of a look, a mood or a character trait that she sees in her subject. She says they are portraits not of people as they really appear but of characters playing a role.

She exhibits at Hang Ups in Kilmarnock and at J's Gallery at The Tides Inn. She has had shows at the Lancaster Community Library, the Northumberland Public Library and Chesapeake Bank. Browsers may view her show at RW-C's Chesapeake Center.

SouperFest to heat up November 12

"The 2006 SouperFest and Family Fun Night" will be held November 12 from 4 to 8 p.m. at the Piankatank Ruritan Club on Route 198 in Hudgins. This is the major, annual fund-raiser for the Laurel Shelter Inc. which provides services for victims of domestic violence and sexual assault.

This year 12 area restaurants are making their special soup recipes and competing against each other for winner status. In addition to bottomless bowls of soup, homemade bread, hot dogs with all the fixins, homemade cookies and hot and cold beverages, there will be a silent auction. A selection of gift baskets, decorated wreaths and decorated tabletop Christmas trees will all be up for bid. The auction will be from 4 to 7 p.m.

Entertainment all evening will be provided by Ol' Hat and Dragon Run. There will be face painting for the kids too.

Admission will $10 per person, or $30 per family (immediate family members). Tickets are available in advance at Love2Quilt and Twice Told Tales in Gloucester, or Cattails and Moughon's in Mathews. They also are available at the door.

For more information or to donate a gift basket for the auction, call Cherie Stone at 694-5552, or Teddy Palmer at 725-0378 or 804-843-4802.

Proceeds benefit the Laurel Shelter Inc.

Lancaster High School cafeteria employees Faye Wright and Paulette Scott lend their expertise to the pie-baking operation.

Pie sale to support band

The Lancaster High School Band Boosters are reprising their popular homemade pie sale. Coconut, chocolate chess, lemon chess and pumpkin pies will be handcrafted by band boosters, in time for Thanksgiving dinner.

The pies are $8 each, with proceeds to go to the LHS Red Devil Band.

Individual orders will be available for pick-up in the LHS band room November 22, from 8 to 11:45 a.m. Free delivery is available to local businesses upon request.

Order forms are available from band boosters and in the band room.

Due to time and space constraints, the number of pies that may be baked is limited. Orders will be taken until 5 p.m. November 16, or until the limit is reached.

For information, call Lisa Pittman at 436-1096.

Walkabout to wrap up

Steptoe's Walkabout will wrap up its first season Friday, November 3. Virginia poet laureate Carolyn Kreiter-Fronda of Hardyville will be at the Studio Gallery. She will read her own poetry at 5:30 and 6:30 p.m. A painter, sculptor, and educator, Kreiter-Fronda is a member of the Rappahannock Art League. A reception will be held in her honor from 5 to 7 p.m.

Children's readings will be performed at Northern Neck Solutions by Lancaster Community librarian, Tonya Carter. In keeping with the November Walkabout theme, "Wrap It Up In Steptoe's," children will have the opportunity to decorate gift bags in preparation for the approaching holiday season.

Complimentary refreshments are a regular feature offered by many of the participating shops during the First Friday event. Artists will paint at several locations throughout the district. Music for the evening will be supplied by River Song, a local barbershop quartet featuring Mike Roderick, Jim Harnsberger, Cal Boyd and Dick Goertemiller.

Steptoe's Walkabout was conceived by the Rappahannock Art League as a community outreach project. Its purpose is to offer the public an opportunity to enjoy the arts while patronizing the wide variety of shops and restaurants within the revitalized area, said Agnes Carter.

Carolyn Kreiter-Fronda

Although storms have caused two of the festivities to be canceled, those sponsoring the event have been very pleased with the enthusiasm Steptoe's Walkabout has fostered within the targeted area of Kilmarnock, said Carter.

Everyone is invited to wrap up and come out on Friday evening where the hospitality will be warm and the lights will be bright, she said.

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JEWELRY FACTS

BY ROSS CHRISTIANSEN

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Betty Johannessen prepares for the holiday bazaar.

Holiday bazaar slated November 18

The Women of Wicomico Parish Episcopal Church are preparing for their biennial holiday bazaar November 18 from 9 a.m. to 1 p.m.

Everyone in the church participates in the event which helps fund the many outreach programs sponsored by the church including The Haven, the Free Health Clinic, The Interfaith Council, Habitat for Humanity, Hospice, local libraries and rescue squads.

Featured again this year will be Betty Johannessen's hand painted decorated furniture and other wooden items. Johannessen is a professional artist who lives in Richmond and in Wicomico Church.

She has painted shelves, benches, mirrors, picture frames, occasional tables, candle holders, sconces, magazine racks, a paper towel holder, trays and stools. Her work is always a best seller at the bazaar.

The church is in Wicomico Church just south of the Route 200 and 609 intersection. There is plenty of parking. Refreshments will be sold.

Concert tickets to go on sale

Rehearsals are in full swing for the Chesapeake Chorale's 10-year anniversary concerts scheduled for December 2 at 8 p.m. at the Lancaster Middle School Theater in Kilmarnock and December 3 at 3 p.m. at St. Clare Walker Middle School in Locust Hill.

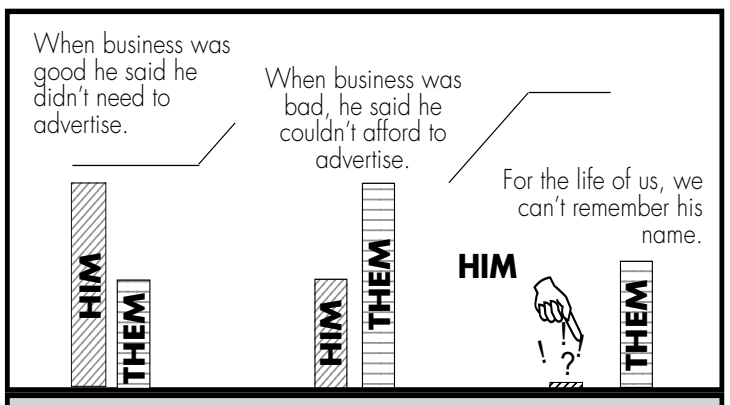
Chesapeake Chorale artistic director Matt Rosendahl has planned a holiday program with all new selections to be performed by the 115-member chorale. During the concert, the Chesapeake Singers will also entertain with lively Christmas numbers.

Chorale founder Kim Leggett will return as guest director to lead the group in the classic, "Mary, Did You Know?" She will also perform a four-hand piano duet with chorale accompanist Doug Harris.

Tickets go on sale the second week of November at $5 each.

In the Northern Neck, ticket locations will be Twice Told Tales, Rappahannock Westminster-Canterbury, Ross's Rings and Things, Bank of Lancaster's main branch, All Occasions, and Main Street Fine Art and Antiques.

In the Middle Peninsula, tickets will be sold at Papeterie, the Deltaville and Urbanna branches of EVB, and the Saluda and Mathews offices of Family Chiropractic.



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Marines to celebrate 231st anniversary

Area residents who served in or with the U.S. Marine Corps are invited to celebrate its 231st birthday November 9 at Indian Creek Yacht and Country Club at 5:30 p.m.

The evening includes light hors d'oeuvres, cash bar, sit down buffet and a birthday cake. The program will include the traditional reading of the birthday message of the 13th Commandant of the Marine Corps, Gen. John A. LeJeune, and a reading of the birthday message of the present Commandant Gen. Michael W. Hagee. There also will be a color guard, guest speaker Lt. Col. Jim Schafer, and a choral music program.

Lt. Col. Schafer will speak on the Bell-Boeing MV-22 Osprey V/STOL aircraft development program, of which he was the project officer, and on other current Marine issues.

The Hon. Tristram T. Hyde will direct the choral music program. To participate, call Judge Hyde at 462-9973, or join the sing-along. Choral participants are requested to be at the club by 4:30 p.m.

The Northern Neck Marine Corps League in Callao will supply the color guard.

Those who have and can still fit into their dress uniform are encouraged to wear them. If not, attire is coat and tie for men and cocktail dresses for ladies.

For the past four years, attendees have been asked to bring an unwrapped "Toy for Tots." The Marines deliver the toys to the Department of Social Services of Northumberland County and the Sheriff's Department of Lancaster County to be distributed.

The cost for the evening is $30 per person. Checks should be made payable to the NNMCBG and mailed to Don Smith, 185 Redwood Lane, Weems, VA 22576. Phone 435-0693, or visit "mailto:donsmith@keyisp.com"donsmith@keyisp.com. RSVP by November 4. On your check mark and circle your age on November 10 to help identify the oldest and youngest Marine present.

Sale items displayed at library

The display case at the Lancaster Community Library in Kilmarnock has some of the many gift items to be sold November 18 at the Historyland Community Workshop Sale in the cafeteria of the Lancaster Middle School in Kilmarnock from 8:30 a.m. to 12:30 p.m. Raffle tickets and a snack bar will be available.

Celebrate holiday traditions at the annual Victorian Christmas

For more than 30 years, Maymont has been a special part of the holiday season for Richmond area families. The Dooleys' grand estate comes alive with holiday sights, sounds and traditions for the 31st annual "Victorian Christmas at Maymont" December 3 from noon to 5 p.m. in the Peacock Alley.

Families can enjoy a "Victorian Tea with Father Christmas" at 3 p.m. This new treat features delicious beverages and snacks, Victorian toys and stories, costumed carolers, a visit with Father Christmas and a surprise gift for each attendee. After tea, participants will see the decorated Maymont House Museum on a special tour.

The annual celebration also includes tours of the decorated Maymont House Museum, festive carriage rides, visits and photographs with Father Christmas, storytelling by Pam Bomboy, and a fun holiday craft.

Victorian ladies and gentlemen will mingle with the crowds to enhance the ambience of Christmas past, and joyful holiday sounds fill the air as caroling and bell ringing community groups perform. Lamar Banister charms audiences with his Dickens-style musical presentations featuring numerous instruments, and in the Maymont Holiday shop, guests find gifts and seasonal decorations.

Complimentary hot cider and cookies provide the sweet smells and tastes so reminiscent of this traditional event. The celebration will end with a carol sing-a-long.

The fees for Maymont House Museum tours and carriage rides are $3 per person; $2 for children under 12; and $1 for Maymont members. The fee for the tea is $20 per person; $17 for children ages 12 and under; $15 for Maymont members. Advance registration is recommended for the tea; call 358-7166, ext. 363. Advance registration is available for Maymont House Museum tours; call 358-7166, ext. 310. Fees vary for other activities; Maymont members receive discounts.

The event takes place in Maymont's Peacock Alley located at 1700 Hampton Street. Free train service from Maymont's Children's Farm and Nature and Visitor Center is provided from 11:30 a.m. to 5: 30 p.m. For information, call Maymont at 358-7166 ext. 310.

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It's all about healthier combinations at NHS

by Joan McBride and Reid Pierce Armstrong

High schoolers are a hungry bunch. In a cafeteria where packing a lunch is no longer considered cool, almost every kid buys lunch almost every day. They eat it. They eat it all. And, then they wish there was more.

"It's just a snack for me," said Senior Joy Lampkin of the nachos and apple cobbler on the menu at Northumberland High School last Thursday.

Although there were some general complaints about the food from students in the lunch line, teacher James Long said that the staff and administration have worked hard in recent years to improve the quality of the offerings.

The proof of their success is in the pudding, so to speak.

"There are more kids eating this year than in any given year in the last 10 years," he offered as evidence. More students are drinking juice and water than before, he also observed.

"We've worked hard to get the soda machine cut off after the first [morning] bell and the sodas are gone until after school," he explained.

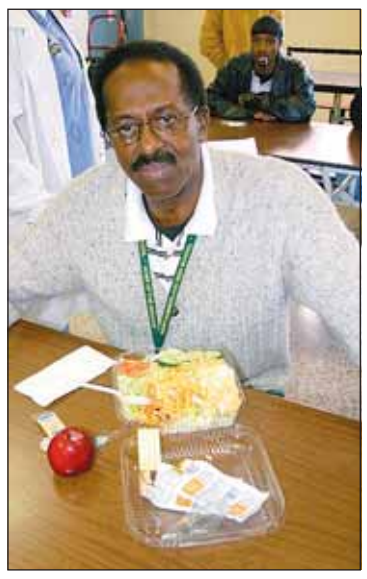
As another example in the campaign to make the lunches more healthy, Long pointed to the early-retirement of the long-used deep fryer and its resulting beloved French fries. All the frozen French fries are now baked.

The scoop of nacho meat on the plates that day was all beef and cooked in a steamer instead of a fryer. As a result, it wasn't greasy but it still had that taco flavor.

The meat, however, was covered with a thick ladling of processed cheese sauce, negating any healthy value gained by steaming the meat. A smaller amount of melted, shredded cheddar or American cheese would have been preferable to us.

The nacho dip was served with a small topping of shredded lettuce and diced tomato which counted as the meal's scanty serving of vegetables. Some cooked corn or salsa would have "beefed" up the vegetable serving and added another complimentary ingredient to the nacho dip.

What the nacho dip lacked in nutritional value, however, it made up for in taste. If only there had been enough corn chips, we would have scarfed the entire scoop down. But, sadly, the chips ran out long before the nacho dip.



Teacher Jim Long is among those who enjoy the new, healthier options on the menu including the chef's salad and a fresh apple.

We should have looked to the experts for advice on how to eat the nachos. Most of the students solved the proportions problem by making a large taco salad from the get-go, crushing up the chips, tossing in the lettuce and tomato and mixing it all together before eating it.

The apple cobbler, much to our surprise, was homemade with fresh Granny Smith apples and crispy oats. The students may not have noticed the fresh ingredient, but the discerning chef on our writing team recognized the taste of fresh apples and was so flabbergasted that she had to go into the kitchen to make sure she was right. And she was.

Whether or not they appreciated the homemade quality of their dessert, they certainly appreciated its taste.

Senior Kendall Carter said he wasn't "big on school lunches"; however, three dishes of apple crisp lined up horizontally in front of him for lunch last Thursday indicated he was big on apple crisp.

When pressed, Carter said that his favorite lunch was the chicken tender wrap and the sausage or pepperoni pizzas are "not too bad"; he compared them to popular national brand Tony's frozen pizza.

Friend Terry Brumley, also a senior, was in luck since that day's offering happened to be his favorite nachos and chips.

Freshman Kyle Hall likes the chicken patties made with real chicken breast and the spaghetti. He, like many of the other students, buys his lunch every day because, he explained, it's not considered 'cool' to pack your lunch in high school. This is the first year he has regularly purchased his lunch at the cafeteria. In elementary and middle school, his mom sent him to school with a packed lunch.

The single most popular lunch of the year is the Thanksgiving menu of turkey, mashed potatoes, candied yams, cranberry sauce, homemade rolls and apple pie. That meal alone boosts the number of students eating by about 40-45.

For students and teachers looking for a healthier option, the chef's salad and a red delicious apple is almost always an option. Nearly a quarter of the students eating school lunch purchase the generous chef's salad served in a container about 12-inches square.

Kitchen manager Edith Parker, who came out of early retirement two years ago to work under food service director Saunee McCaldon, said she and her staff work hard to provide healthy ingredients and homemade dishes whenever possible.

"This is the healthiest food I've worked with," she said.

School Lunch Report Card
Northumberland High School

October 26, 2006

Subject	Grade
Lunch	
Main dish	B
Vegetable	B
Whole grain	I
Dessert	A
Drink	A
Variety	B
Affordability	C
Food Appeal (hot/cold)	A
Food Preparation	
Cleanliness	A
Friendliness of staff	A
Snack Food Service	
Variety	B
Affordability	B
Overall Grade	B

Grading Scale:
A=Excellent B=Above Average C=Satisfactory D=Unsatisfactory
F=Failing I=Incomplete

▼ LHS . . . .

(continued from page A1)

us could pack away and still be able to walk. Also, we paid the adult price of $2.50 for each 'main'.

While student Rebecca Wineland began buying her lunch in the cafeteria this year because she thinks the switch to food supplier Aramark is an improvement, Isaac Clark continues to bring lunch from home because he thinks it's more nutritious.

Darnisha Jones and Corinne Ludwig both enjoy the added choices and salads this year, but want more broccoli when it's served.

"They give you one piece," Darnisha said.

"And we need more time to eat," chimed in Katisha Crippen.

Rodney Beale and Wilson said there was not enough food for the money, admitting to doubling up on pizza. They also complained the cookies and chips went from 50 cents to a dollar.

Woefully missed by school bookkeeper Valerie Beck is the kitchen's homemade rolls. "We are all grieving the loss of the rolls," she said.

Teacher Alex Stickler misses the homemade breakfast biscuits. "You could smell those biscuits all through the school."

Children can still buy breakfast every morning in the cafeteria through the National School Lunch Program. Considering the national program serves lunch to more that 29 million kids nationwide every day—more than the combined totals of all fast food chains—we think they deserve two thumbs up.

With the lunch critiques behind us, thanks to cooperative administrators and cafeteria staff, our next stop is the gym.

School Lunch Report Card
Lancaster High School

October 27, 2006

Subject	Grade
Lunch	
Main dish	A
Vegetable	A
Whole grain	I
Dessert	A
Drink	A
Variety	B
Affordability	C
Food Appeal (hot/cold)	A
Food Preparation	
Cleanliness	A
Friendliness of staff	A
Snack Food Service	
Variety	B
Affordability	B
Overall Grade	A-

Grading Scale:
A=Excellent B=Above Average C=Satisfactory D=Unsatisfactory
F=Failing I=Incomplete

RIVER TOWNE PROPERTIES HELPS LOCAL CHILDREN HAVE A FUN AND SAFE HALLOWEEN

River Towne agents Susan Beauchamp and George Yeatman presented bags to Skylar Vanlanding, Quinaisha Cox, Joey Hoffman, Kayona Laws, Queenasia Croxton, Drew Seskin, La'derah Daye, Caroline Beck, Kevin Gaines of Lancaster Primary School.

River Towne agents Nancy Greer and Lynn Gillikin presented bags to Tahaunna Griffin, Christopher Thorn, Jacob Smith, Mackenzie White of Middlesex Primary School.

River Towne agents Becky Haynie and Joe Hunt presented bags to Jazmine Conley, Sabrina Melgar, Thomas Curry, Olivia Lawson, Dahawna Smith and Jamel Newton at Northumberland Primary School.

River Towne agents Beth Altaffer and David Stinson presented bags to Mrs. Antonio and Mrs. Marple's first grade class at Chesapeake Academy.

Realtors from River Towne Properties visited the Lancaster, Northumberland, Middlesex and Chesapeake Academy primary schools last week to distribute Halloween bags to the children in the first through third grades. It's our hope these reflective bags with helpful safety tips for children and their parents helped make the children more visible and safe for Trick-or-Treating.

Rising Above

RIVER TOWNE PROPERTIES

Association raises $3,500 for scholarships

Treasurer Jere Litsinger of the Northern Neck Wild Turkey Association (left) presents president Don Shanklin with a $3,500 check from funds raised from nearly 80 guests at the group's recent Scholarship Foundation Initiative held at the Rappahannock River Yacht Club.

College financing program is Nov. 8

Lancaster High School has announced that it has scheduled the "Making College Financial Planning Count" program for parents of students in grades 9 through 12 on Wednesday, November 8, at the school at 6:30 p.m.

The one-hour presentation is free.

The program is designed to help parents understand how the college financing process works, including options to develop a college-funding strategy, how to plan for and manage all college costs and types of financial aid available. Parents will learn how to send their child to college without risking their financial future.

Last year more than 500 high schools across the country hosted the program. On average, parents rated the value of the ideas presented a 9 on a 10-point scale. The program is presented in conjunction with Bank of America, one of the nation's leading providers of education financing and services for students and their families.

Babygarten story times set

Amy Groh Reihs reads to son, Landon, at Lancaster Community Library's new Babygarten program for children six months to two years old. The next programs will be November 13 and November 20 from 10:30 to 11 a.m. For details, call 435-1729.

FEMA has a site for kids

The Federal Emergency Management Agency now has a website for children to learn about weather and weather-related disaster information.

The site at www.fema.gov/kids/ explains terms like "winter storm watch," or "frost/freeze warning" and others. It is a colorful site that lets children sign up for games, coloring books, certificates and other activities. The site is also useful for educators, parents and caregivers in explaining weather terms in a child-friendly way.

The Department of Homeland Security also has a website with information for kids at www.ready.gov/kids/. Youngsters from kindergarten through fifth grade can get tips on such things as what to do if they are caught in a flood while camping, playing outside or riding in a car. The site also teaches how to create a disaster safety kit.

"The web sites are great ways to get kids prepared in advance for weather news that might otherwise be threatening," said Gracia Szczech, FEMA's federal coordinating officer for recovery operations. "The sites are designed especially for children to make learning about the earth and its weather fun as well as informative," he said.

Lindgren inaugurated

Robert R. Lindgren was inaugurated October 27 as the 15th president of Randolph-Macon College in Ashland.

"Now is the time for Randolph-Macon," he said in his inaugural address in the Blackwell Auditorium as he spoke to a standing-room-only crowd.

"Randolph-Macon is among the most selective, residential liberal arts colleges in America and among the best true liberal arts colleges in the Commonwealth," he said.

"Our goal is to be a leader in all that we do; all the while ensuring that the liberal arts education we offer remains the best educational experience for undergraduates anywhere in the world. Randolph-Macon must lead."

A crowd of some 650 people included three past R-MC presidents, Luther White, Roger Martin and C. Ladell Payne, who also brought well wishes on behalf of the other former presidents. This was likely the only time in the college's history that four presidents have been on stage at the same time.

Also attending were Richmond Mayor and former governor L. Douglas Wilder, Virginia secretary of Natural Resources the Hon. L. Preston Bryant Jr., Lafayette College President Daniel Weiss, Ashland Mayor Faye Prichard, Johns Hopkins University President Dr. William R. Brody and George Mason University President Dr. Alan Merten.

Bus drivers needed to complete training

The Lancaster school board is seeking school bus driver trainees to participate in a state certification course required for all new bus drivers.

This mandatory 48-hour course, which is in addition to any commercial driver's license (CDL) requirements by the Division of Motor Vehicles (DMV), enables a person to be fully certified to drive a school bus.

To qualify for the course, all trainees must have secured a CDL learner's permit from the DMV prior to the first class. The classroom portion of the course will be offered Monday through Friday beginning November 27 and continuing through December 1 from 8:45 a.m. to 2:30 p.m. at the Lancaster school board office.

The course is divided into two main parts. The first part includes 24 hours in the classroom. The trainer will cover such topics as driver's role and responsibilities; passenger control; and loading/unloading students. The second part includes a minimum of 24 ours of training with 14 hours behind the wheel without students and 10 hours behind the wheel with students.

There is no charge for the course, but those who complete it would be expected to become a substitute bus driver for the Lancaster school system. Call transportation director Tim Guill at 435-3183 no later than 4:30 p.m. November 17 to sign up for the course.

Molly Vanderpool

Vanderpool to speak at conference

Chesapeake Academy pre-kindergarten teacher Molly Vanderpool will present "Teaching the Same Old Things in an Exciting New Way" at the annual Virginia Association of Independent School's Conference November 6 in Richmond.

Vanderpool will lead the one-hour session for early childhood educators on using the philosophies of understanding by design, a framework for designing curriculum units and addressing student learning-style differences adopted by the academy in 2004.

"Teaching with the end in mind is our primary focus," Vanderpool said. "The session I'm presenting explains our philosophy and offers lesson plans to help teachers meet curricular objectives in a more enjoyable and creative way," she added.

Vanderpool and academy teacher Karen Baker use a multisensory approach to meet learning objectives and cross-curricular themes that merge language arts, science, math, geography and art to engage four-year-olds.

"After many years in the classroom, even teachers with the best intentions can get set in their ways, bogged down by changing theories and educational philosophies. While approaches do change, most basic early childhood learning objectives stay the same. In the end, we still have a posse of hungry little brains to feed," said Vanderpool.

School Notebook

■ Biotech grant

The U.S. Department of Labor (DOL) recently awarded a grant of $1,493,369 to the Virginia Biotechnology Association, the only grant recipient from Virginia and one of 11 groups selected from 186 applicants. The grant will fund training in biotechnology skills.

The project will work with employers in biotech, biomedical, pharmaceutical, chemical, advanced material, semi-conductor companies, as well as the state's workforce investment and community college systems.

■ Burke graduates

James Justin Burke of Kilmarnock graduated from Radford University at the end of the summer session. Burke earned a bachelor's of business administration in management.

THE RECORD ONLINE
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Stained glass classes offered

Two stained glass courses will be offered at Yates House Gallery in Deltaville beginning November 14.

Allan Langer of By The Bay Stained Glass will teach one section of beginning stained glass at 9 a.m. and another at 6 p.m. Each class will be 2 hours and the course will be held November 14, 15, 17 and 18. There will be a field trip to the Glass Gallery in Kiln Creek.

This beginner course will introduce students to stained glass copper foil techniques and each student will complete a holiday sun catcher or ornament. Students will learn basic pattern-drawing, glass-cutting, copper foiling and soldering. Patterns will be furnished. Each student will purchase their choice of glass for their specific piece.

The fee is $50 per student and pre- registration is required. Call 776-8505 to register.

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Spring 2007 registration begins at Rappahannock

On January 6, classes will begin for the spring 2007 semester at Rappahannock Community College.

Assisted on-campus registration is available Monday through Friday, 8 a.m. to 4:30 p.m. through January 5.

At www.rappahannock.edu, new or returning students can find revised and improved step-by-step instructions for online registration through RCC's Student Information System (SIS). Online registration will continue from December 8 through January 6, with immediate payment online.

All students, whether registering online or on campus, should first meet with their advisors. Late registrations will be allowed, January 8 to 12, but only with permission from the course instructor.

For first-time RCC students, the college will offer two New Student Seminars, in Room 182 on the Glenns Campus November 16, and in Room 180 on the Warsaw Campus December 7. Both sessions will be from 4 to 7 p.m. Faculty advisors and representatives of the counseling centers and the financial aid, admissions, student support services, and job placement offices will be available for consultation.

All students should attend the spring semester welcome sessions January 6, from 8:30 a.m. to noon on both campuses. They can meet with their advisors and instructors, and learn more about the technology, learning resources, and academic support services available at RCC. First-time Flexible Learning Opportunities students will also have the opportunity to attend a Distance Education Orientation during the January 6 event.

The spring 2007 class schedule includes a cover story on Lancaster High School graduate Courtney Carter.

The class schedule for the spring semester has been mailed to over 88,000 local homes and businesses, and is also available in various locations around both campuses.

The cover story for the schedule features Courtney Carter. During her last two years at Lancaster High School, Carter earned 50 dual-enrollment credits from the Chesapeake Bay Governor's School (CBGS). The credits not only counted toward her 2006 high school graduation, but also gave her a head start at her first-choice college, James Madison University; she will attain the status of a junior there by the end of the Fall 2006 semester.

Carter noted the Governor's School helped her prepare for a four-year college.

"The classes at CBGS were taught just like those in college . . . and the teachers were phenomenal," said Carter.

Carrying a college workload on top of her high school responsibilities gave her a sense of creative tension and kept her busy and productive, she said.

"I felt such a sense of accomplishment when I was done," said Courtney.

Her major at JMU is in dietetics. After earning her degree and passing the licensing examination, she hopes to attend culinary school.

For more information about the Spring 2007 schedule or the registration process, please call the admissions and records office in Glenns at 758-6740, or Warsaw at 333-6740.

Course contributes to YouthBuild

Leadership, education, skills, and work readiness are the focus of YouthBuild USA, a federal program to "unleash the intelligence and positive energy of low-income youth to rebuild their communities and their lives." It does this through practical exercises, counseling, service projects and classroom education. In pursuit of these goals, 12 YouthBuild participants from the Northern Neck are taking Entrepreneurship, a three-credit Rappahannock Community College course that explains the steps essential to the process of starting a new business or taking over an existing one. From left, participants are (front row) Kanisha Turner, Marcus Kelly, Clete Fulcher and instructor Joy Corprew; (next row) Robert Griffin, Samuel Rucker, Brandon Kelly and Lloyd Newton.

Community college honors 2006-07 scholarship recipients

A formal ceremony was held at Rappahannock Community College October 18 to recognize donors of scholarship awards, and the students who have received them for the academic year of 2006-07.

The college's administrative faculty and counselors greeted all honorees as they entered the auditorium, and later in the program these outstanding students were introduced individually to applause from their families and other attending college and community members. Donors also stood and were recognized as their scholarships were announced.

"I'm thrilled to report that gifts establishing scholarships and endowments have increased greatly as compared to last year," said president Dr. Elizabeth Crowther, "and it's because of the positive energy that comes from you." When RCC dean of student development Robert Griffin read aloud the names of all the students and the scholarships they received, she exclaimed, "A wonderfully long list."

RCC Educational Foundation board president Chip Minor introduced attending members of the foundation board including Margie Stevens, Alexander Smith Jr., and professor emeritus Dr. Norman Howe. He extended a special recognition to Victor Clough, director of college advancement, and his administrative specialist, Sharon Drotleff, for the many hours they have spent on the detail work necessary to transfer scholarship funds from donors to recipients.

Referring to some two dozen scholarship donors present, Minor said, "These people make it possible for you to get a two-year degree at RCC, go on to a four-year college, maybe become a CEO, a head nurse, or a teacher . . . nothing is stopping you. Although we have problems in the Northern Neck, the best way to confront those problems is through education. Therefore we owe the people in this room a great debt of gratitude."

RCC professor emeritus Dr. Dorothy C. Cooke of Gloucester County, addressed the gathering on the subject of "The Winning Team." She emphasized the concept of students, donors, and RCC personnel working together to achieve exceptional results. "I challenge each of you and myself to assess our roles," she said. "We need to stay focused on the students, and the students' goals need to crystallize." Turning to the scholarship recipients, she said, "Plan carefully to ensure that your strategies work for you, and don't let anything disrupt your goal. Don't give up—keep trying!"

In a surprise presentation, Dr. Cooke gave Clough a check for $6,000 to add to the endowed scholarship she has sponsored for many years, joking that since every penny is important to the foundation's scholarship funds, she had brought it with her to the ceremony to save the price of a 39-cent stamp.

Some 160 RCC students, some of whom have received as many as five separate awards from various sources, were honored at the ceremony.

They were Holly A. Alexander, Amy N. Ashberry, Myrna M. Ashley, Anthony L. Bailey, Cheryl M. Baranski, Steven R. Baranski, Ciara O. Berry, Ashley L. Bibbens, Whitney S. Billups, Terrylle A. Blackstone, Kathryn C. Brann, Or'sasha T. Brooks, Jacqui L. Brown, Etha F. Brummett, Michael Butler, Sean A. Cain, Dustin R. Calhoun, Gregory M. Carey, Patricia L. Carter, Tiffany R. Coates, Breann K. Cobb, Joanne G. Coor, Ronald L. Corder, LaShanna M. Curtis and Dolores F. Cutright.

Also, Kelly M. Davis, Stacey L. Davis, Amy C. Dawson, Debra L. Dawson, Carlette R. Dickerson, Nateia L. Diggs, Andrea E. Dix, Ashlynn N. Dixon, Pamela S. Farmer, Katina D. Fauntleroy, David R. Feller, Jennifer D. Ferrell, Jessica D. Fletcher, Leslie N. Fones, Everett J. Fortune, Keyondra D. Frederick, Morgan Fussell, Amanda K. Garnett, Charlene M. Gluck, Virginia M. Gordon, Lisa S. Grady, Karen P. Guridy, Amanda R. Hall, Lauren A. Hamilton, Rachael A. Hardesty, Amber D. Harlow, Jody R. Hashberger, Alicia S. Hayes, Barbara A. Hayes, Kristen J. Haynes, Kimberly C. Headley, Megan L. Headley, Melissa A. Helbert, Dawn M. Hobgood, Sarita D. Holmes, Stephanie A. Hottle, Sarah M. Hundley and Trella L. Hundley.

Also, Robert F. Jackson, Thomas H. Jarvis, Terry M. Jenkins, Cynthia E. Jessie, Kimberly K. Johnson, Tiara L. Jones, William C. Jones, Nikole E. Juelicher, Termain L. Kenner, Janice H. Kilman, Heidi A. Lally, Stephanie B. Lawson, Lauren J. Lechowicz, Andrea L. Lee, Latisha D. Lee, Rose D. Lee, Aislinn B. Lewis, Shannon J. Lewis, Todd B. Lewis II, William K. Lorenzino, Dianna N. Marlow, Christian N. Marshall, Melissa J. Martin, Tanika E. McCray, Robert A. McMahan, Katherine A. McNeal, Jessica J. Middlebrook, Justin D. Miller, Beverly H. Minor, Sissi L. Mise, Kristen L. Mitchell, Jawan O. Morris, Jessica C. Morris, Lauren B. Moubray, Connie T. Newton, Phyllis D. Nickens, Joshua K. Owens and Latricia D. Owens.

Also, Sarah A. Palmer, Gideon J. Parker, Sally K. Parr, Tammy W. Payne, Tiania N. Payne, Jennifer L. Pierce, Kimberly H. Pratz, Scott A. Pruitt, Rebekah L. Randall, Jessica R. Reed, Elliott B. Revere, Covey K. Rich, Joyce M. Richards, Deborah J. Riggins, Suzanne E. Ripley, Kayana M. Roane, Colin W. Roberts, Ebonie Robinson, Justin K. Rowe, Belinda A. Samuels, Monica Sanders, Louise Santangelo, Melissa A. Santangelo, Jessica L. Shelton, Margaret R. Shifflett, Mary K. Short, Joshua M. Sites, Erica N. Smith, Joshua P. Smith, LaNita N. Smith, Marshall R. Smith, Patrick W Smith, Rebekah J. Smith, Renee A. Smith, Brooke A. Smithson, Stacey M. Snyder, Amanda L. Spicer, Richard E. Spriggs, Holly N. Stainback, Amber A. Sydnor and Brian Sydnor.

Also, Brittany E. Taylor, Darchelle J. Taylor, Heather A. Teller, Monica L. Thurston, Rochelle S. Usual, Gentry E. VanLandingham, LaNieve N. Vanlandingham, Fashionate L. Veney, Alyssa A. Vijuk, Christopher A. Walker, Dwayne L. Ward II, Phillip L. Weldon, Rebekah K. Wilkins, Norman R. Williams, Jr., Jeanine K. Wilson, Sheri V. Wilson, Trevor T. Winstanley, and Jeffrey A. Withers.

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Smoking banned in many Virginia facilities

RICHMOND—Gov. Tim Kaine recently signed an Executive Order to prohibit smoking in state government offices and common areas occupied by the executive branch, and state-owned vehicles, beginning January 1.

The policy does not include offices occupied by legislative or judicial branch employees, or local government, though Gov. Kaine urged them to consider a similar ban on indoor smoking.

Earlier this year, a United States Surgeon's General Report recommended elimination of smoking from indoor spaces to fully protect nonsmokers from exposure to secondhand smoke.

"As a major employer in Virginia, I am committed to taking steps to improve the health of employees and minimize health risks in the workplace," Gov. Kaine said. "Banning smoking inside state government buildings and vehicles also will protect citizens doing business with state government, and ultimately will help hold down our state workforce health care costs."

Examples of facilities that will be affected by this smoking ban include:

• Executive offices within the Patrick Henry Building on Capitol Square;

• The Executive Mansion;

• Local offices of the Virginia Department of Social Services;

• Public two- and four-year colleges and universities.

Gov. Kaine will allow professionals who operate Virginia's mental health facilities and state prisons to set smoking policies for their facilities. The Superintendent of State Police will set guidelines for vehicles assigned to Virginia State Police personnel.

The executive order directs agency managers to set appropriate guidelines for smoking outside on state-owned property, including appropriate signage. These guidelines should be in accordance with guidance to be issued by the Virginia Secretary of Administration, in consultation with the Virginia Commissioner of Health.

▼ *Supervisors . . . .*

(continued from page A1)

Creek Road project, acknowledging that the rainy weather had been a problem, but that the plan is to put a "plant-mix" surface on the road this year.

When supervisor Wally Beauchamp learned that the local VDOT office had "heard nothing else" on the board's requests for a signal light at the Harris Road intersection with Irvington Road and the James B. Jones Memorial Highway, or the speed study on Weems Road, he complained that at least 60 days had gone by.

"The problem is getting worse instead of better" at the Harris Road intersection, said supervisor Jack Russell.

Hearing results

Following public hearings, the board repealed a citizen user fee regarding the Cooperative Law Library and approved a request from R. Eddie Headley Jr. to place a data antenna on his White Chapel Road property.

The board denied a request from James Christopher Felthouse to place an individual manufactured home on a Norwood Church Road parcel.

The board continued a decision on Donahue Properties LLC's application to expand a nonconforming restaurant use (Lancaster Landing) to a planned 27-unit hotel on the approximate one-acre property on the northwest side of the Robert O. Norris Jr. Memorial Bridge.

Other matters

The board approved a request from the Lancaster school board to reappropriate recently-received state revenues of $53,947 due to an increase in school enrollment last spring. The board wants to put the funds toward the purchase of a new school bus expected to cost about $61,000.

The board also decided to consider the metes and bounds of the most recent boundary line adjustment proposed by the town of Kilmarnock at the supervisors' November 30 meeting.

Notes played by all ages

Tyler Lindsay, 11, of Virginia Beach, belts out a riff during a tribute to the Big Band Era at the Northern Neck Orchestra "Ages of Notes" concert. The performance was last Saturday at the Lancaster Middle School Theater in Kilmarnock. (Photo by Joan McBride)

State to lead African-American historical data digitizing project

RICHMOND—Gov. Tim Kaine recently announced that Virginia will be the first state in the nation to participate in an historic project to index and digitize Freedmen's Bureau records, allowing historians and descendants of emancipated slaves, freed Blacks, and Black Union soldiers to access historical data, much of which was never before available.

Virginia was chosen to take the lead in this important project in recognition of the Jamestown 2007 Commemoration of America's 400th anniversary, and considering the critical role African-Americans have played in Virginia's early history.

"This is an exciting opportunity for Virginia, and really, for the world," said Gov. Kaine. "Just like the archeological work being done at Jamestown Island, this project gives us the unique opportunity to see and learn for the first time about the lives of these early Virginians."

The Freedmen's Bureau records are effectively the "genesis records" of African-American identity post Civil War. They provide the earliest major compilation of information on the African-American community, documenting for the period 1865 to 1872 names, legalized marriages, educational pursuits, work contracts, and receipt of rations, health care, legal, and other services.

After nearly five years of effort, the National Archives and Records Administration (NARA) of the United States recently completed the microfilming of all Bureau records, which produced over 1,000 rolls of microfilm. The Genealogical Society of Utah (GSU) will scan these records and provide overall direction to the extraction effort, and FamilySearch will provide online access to the genealogy-related data extracted.

The GSU is now scanning the 203 rolls containing the Virginia records, and will assess over 300,000 digitally scanned images for inclusion in the Virginia Freedmen Project. Ultimately, Howard University will place the broader collection of extracted and indexed records on the Internet for access to genealogists and historians.

"These records capture a special moment in the history of our nation," said Dr. Roice Luke, a Virginia Commonwealth University Department of Health Administration professor who attended the news conference on behalf of the Genealogical Society of Utah. "This is the first attempt we made as a nation to apply the equality principle, articulated by the founding fathers, to all Americans. We are proud to be part of today's announcement and pleased to see Virginia taking a leading role."

The Black History Museum and Cultural Center of Virginia will spearhead the recruitment and coordination of community volunteers, who will extract and index information contained on the scanned records. The Virginia volunteers will utilize updated FamilySearch indexing software and implementation procedures that FamilySearch is currently using to index the 2.4 million rolls of microfilm in its collection.

"This partnership fits perfectly with our mission," said Stacy Burrs, chairman of the board of directors of the Black History Museum and Cultural Center of Virginia. "Educating people about the experiences and contributions of African-Americans is at the very heart of what we do. We are enthusiastically embracing this project and can easily envision the benefits it will carry for those seeking information about their ancestors."

Volunteers interested in participating in the Virginia Freedmen Project can do so by contacting the Black History Museum and Cultural Center of Virginia at 780-9097.

By focusing exclusively on records generated by the Virginia Freedmen's Bureau, the Virginia Freedmen Project will serve as a "pilot" for subsequent freedmen extraction projects in other southern states.

Gov. Kaine also unveiled a mock-up Virginia historical marker today that will be erected outside the General Assembly Building signifying where the Freedmen's Bureau first operated in Richmond. The Governor's Office is working with the Virginia Department of Historic Resources to begin the process of creating and placing a permanent marker on the site.

▼ *Deputy Fisher honored . . . .*

(continued from page A1)

through this together," he said. "(Captain) Chuck Wilkins had to bury his own grief and hold us together."

Deputy Fisher plans to dedicate the remainder of his career to taking impaired drivers off the road, but he also enjoys the brighter side of law enforcement.

"It's nice to do things for people and see them appreciate it. I like it when people look at you, smile and say 'thank you.'" he said.

Deputy Fisher, Captain Wilkins and supervisors Joe Self and Ronald Jett, along with all their wives, travelled to Titusville, Fla., for the awards banquet October 20.

Deputy Fisher was awarded a plaque engraved with his image and the following story of his heroism:

"June 19, 2005, was to be the sixth wedding anniversary of Deputy John W. Sanford and his loving wife Eleanor, however that summer night became surrounded by a set of circumstances that make true heroes out of those in law enforcement and reaffirm the fact that law enforcement officers, no matter their rank, years served or training taken are police officers twenty-four hours a day, seven days a week.

"On that fateful night, the Northumberland County, Virginia Sheriff's office received a 911 call reporting a fight in progress involving weapons. Deputies Alfred C. Fisher Jr. and John W. Sanford Jr. responded to the call with emergency lights and sirens activated. Deputy Fisher was nearly a mile in front of Deputy Sanford. Deputy Fisher encountered an oncoming vehicle straddling the center line of the highway. Due to a combination of his training and his instinct as a police officer, Deputy Fisher was able to take evasive action and narrowly missed the approaching vehicle. Fisher immediately radioed a warning back to his shift partner; however there was no response from Deputy Sanford.

"Deputy Fisher found his partner's cruiser had been struck head-on by the oncoming vehicle and both vehicles were on fire. Again, Deputy Fisher acted upon police training and instinct and immediately notified fire/rescue. The doors to Sanford's patrol car were wedged shut by the violent crash of epic proportions. Deputy Fisher tried to extinguish the flames but his efforts had little effect. As the white-hot flames began to come into the passenger compartment of the squad car, Deputy Fisher summoned his inner strength and forced the car door partially open, removed the seatbelt and dragged his partner from the flame-engulfed vehicle. Deputy Fisher began CPR on Deputy Sanford as help began to arrive. The paramedics on the Med-flight helicopter pronounced Deputy John Sanford dead.

"The courage, stamina and care of one human being for another more than qualifies Deputy Alfred C. Fisher Jr. as the American Police Hall of Fame 2006 Law Enforcement Officer of the Year. Officer Fisher's heroic actions provided his partner's family the comfort and solace of knowing the phrase 'above and beyond the call of duty' is indeed more appropriate than ever each and every time the tragedy of June 19, 2005, in Northumberland County, Virginia is recalled."

A duplicate plaque will hang in the American Police Hall of Fame near the memorial where Deputy John Sanford's name is engraved.

Official visit

Officers of the Kilmarnock Volunteer Fire Department recently visited the Kilmarnock Museum to view the Carnival Exhibit. From left are president Dana Stillman, captain 2 Melvin Gordon, fireman L.P. Schools and chief Benny Balderson.

▼ *Water bills . . . .*

(continued from page A1)

to $331. Prior to the increase, the most they ever paid was $240.

Last month, Carroll Ashburn pleaded with town council to give the non-profit Kilmarnock Museum a break. The museum board is waiting for a reply.

Probably one of the biggest water/sewer bills around goes to Rappahannock General Hospital. Controller John Headley said the hospital's total bill increased from an average $12,000 to $17,863. He estimated it will result in a $70,000 increase over the course of a year.

With the 2000 census listing Kilmarnock's median household income at $31,625, and with nearly 15 percent of town residents living below the poverty line, the high price of water may be hard for many other users to swallow.

Complaints to town council have resulted in a call to the consulting firm that calculated the rate structure. Because planned upgrades to the wastewater plant eliminated the need to install a new outfall line at a cost of $1.3 million, council has discussed bringing the minimum water usage back up to the 6,000 gallon level.

"We are sensitive to the public's comments on their water bills," said Mayor Dr. Curtis Smith at the October council meeting. "We have put it back on the consultants to come up with a solution."

It gets deeper

Other utility problems facing Kilmarnock go a lot deeper. What lies beneath the roads and buildings of much of the newly renovated Steptoe's District are aging terra cotta sewer lines.

Robert Finch, chief operator at the water treatment facility, told council that not only is the wastewater treatment plant unable to handle the additional water each time there is a heavy rain, but they are also finding "large chunks of (clay) pipe coming into the wastewater plant."

Without doing an inspection of the lines, he could not speculate on where the pieces are coming from.

Rainwater typically runs through storm drains and into gullies and streams that feed the surrounding creeks. However, because the majority of sewer pipes in town are made of clay and installed sometime prior to 1920, Finch explained the joints—placed every four feet—have loosened or cracked and are taking on ground water during storms. Just two inches of rain can overload the plant, he explained, reminding council that tropical storm Ernesto dropped 10 inches on the town.

During Ernesto, two equalization basins overflowed and sewage spilled onto the ground at the Wiggins pump station off Route 3 and at the wastewater treatment plant, incidents that required reporting to the Department of Environmental Quality.

According to utility field supervisor James Seagle, another possible cause of the overload during a storm is that there could still be gutters tied into the sewer lines downtown.

Finch said today's technology of "slip-lining" would allow the installation of a liner in existing pipes rather than the costly process of digging up the old clay pipes and installing PVC pipes.

The town's utility department has already slip-lined some sewer lines in Kilmarnock.

"It's a good alternative for 8-inch pipes," Seagle said. However, he said most of the old pipes feeding the main line down Main Street are 6 inches in diameter—a tight squeeze for the installation equipment, but possible as long as the lines are straight. Unfortunately for Kilmarnock, most of the old lines are on the west side of Main and make a turn under the street to join into the main line.

According to Finch, heavy trucks running over clay lines can damage them to the point of causing erosion and cave-ins.

Another concern to the utility experts is that as Main Street was widened over the years, some buildings were set back and built right on top of the old sewer lines. Should those lines fail, they would have to be capped off and new lines installed behind the buildings.

Finch told council the sewer spillage must be addressed with generator upgrades and $30,000 in capital expenditures for sewer cleaning equipment and portable pumps, but that the leaking pipes would continue to plague the system.

Smith asked Finch to evaluate all the sewer line problems and report back to council with prioritized solutions.

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Authorized by F. W. "Butch" Jenkins, Jr.