Rappahannock Record

Thursday, January 12, 2006 • Kilmarnock, Virginia • Eighty-ninth Year • Number 14 • Three Sections • 50¢

The Marples rehearse their moves backstage in Toronto.

Marples participate in 'Nutcracker'

TORONTO—Joan and Allen Marple of Merry Point visited Toronto, Canada, recently and performed as "Cannon Dolls" in the National Ballet of Canada's magnificent "Nutcracker" by the world-renowned choreographer James Kudelka, now in its 10th season.

The "Cannon Dolls" flank a dancer pushing a brightly colored cannon on stage during the battle between good and evil.

One doll urges peace, while the other encourages the firing of the cannon both at the audience with colorful streamers shooting over the heads of the National Ballet Orchestra and at the "Mouse King" and his warriors on stage—guess which Marple played which role.

The Marples have been supporters of the National Ballet of Canada for more than 20 years. Allen Marple is the former chairman of its board of directors.

Windmill Point resort property ownership changes; liens addressed

by Robb Hoff

LANCASTER—The beleaguered Windmill Point Resort redevelopment got a boost last week with a new interest entering the mix—the Atlanta-based Lane Company.

The deeds for the 40-acre resort property and 25 adjacent lots were conveyed to the newly formed Windmill Redevelopment Associates LLC, which is the frontline company for a host of companies affiliated with the Lane Company.

The deed transfer was recorded last Friday in the Lancaster Circuit Court Clerk's office and included a notice of tax exempt status for the transaction, which excludes tax recordation fees based on a sale amount.

With the new ownership, headed by Robert Anclien of Atlanta, the president of Windmill Point Resort & Yacht Harbor Inc., comes an expected settlement of contractor claims for unpaid work at the resort site, where work stopped in May.

Of more than $3 million in mechanics lien claims filed in May and June last year against the resort company, affiliate BrightWater Ventures-I LLC, and the registered agent for both at the time, J. Richard Speer, Connemara Corp. in White Stone filed notice for $1,518,725 in unpaid work and Courthouse Construction Inc. in Gloucester filed notice for $817,671.

During a hearing last Tuesday in Lancaster Circuit Court, the attorney for Courthouse Construction, William Moore of Moore & Moore of Gloucester, said "money changed hands" during a meeting Friday between principals of the Windmill Redevelopment Associates LLC and the unpaid contractors.

At the request of Judge Harry T. Taliaferro III, the terms of the settlement were provided by Moore, who confirmed that the agreement reached between the parties means the contractors will receive 85 percent of the total amount of unpaid work claimed. Of that amount, 25 percent was paid Friday and the remainder is scheduled to be paid at the end of March, said Moore.

The attorney on behalf of the resort interests, Barbara Breeden of Breeden & Breeden in Irvington, said the new redevelopment group is ready to restart the resort project and is "very sincere in its representations and its statements to get these people paid."

Judge Taliaferro noted that the case had included 17 different attorneys and would have been an enormous task for the court to resolve based on the complexities of multiple claims and multiple properties involved.

"I could see this one going into the Hall of Fame for mechanics lien litigation," said Judge Taliaferro.

At the request of Moore, the judge granted a stay for further consideration of enforcement of the mechanics liens until April 13 pending the completion of the

(continued on page A14)

When is parking a problem in downtown White Stone?

by Robb Hoff

WHITE STONE—Parking within walking distance of Chesapeake and Rappahannock drives in downtown White Stone could pose a problem for some, according to survey results shared with the White Stone Town Council last week.

Resident and businessman Mac Davis surveyed some 72 White Stone businesses regarding municipal parking.

About 88 percent of those surveyed were in favor of developing a parking lot within walking distance of the center of town, he said.

"I think there is a general consensus among the business people in town that we definitely don't have enough parking," said Davis.

Davis said the survey included 28 questions seeking information on employee street parking, rear parking for truck deliveries, whether the town should lease or buy property for adding municipal parking, and customer ages by groups.

According to the survey, about half of the downtown shoppers are between the ages of 41 and 64 and 26 percent are 65

(continued on page A14)

Donald McCann is elected school board chair for Lancaster

by Robb Hoff

KILMARNOCK—The Lancaster County School Board reorganized Monday, selecting Donald McCann to serve as chairman and Lindy Grigsby, vice-chair.

McCann also was chosen as the representative to the Northern Neck Special Education and Technical Education Joint Control Board. Grigsby was named the board's delegate to the Virginia School Board Association.

Board member Karen Doyle was selected to serve as representative to the Chesapeake Bay Governor's School joint board and former board chairman William Smith was tapped as alternate delegate to the state school board association.

New board member Carl Failmezger also was recognized at the meeting, his first since winning the November election for the District 1 school board seat.

The board opted to keep its regular monthly meeting on the same day (second Monday of each month), the same time (6:30 p.m.), and the same place (the Lancaster Middle School media center).

The board renamed Sandra Walker as clerk and Joyce Blackstone as deputy clerk.

Budget work sessions

The board set 2006-07 budget

(continued on page A13)

Northumberland school board begins 2006-07 budget study

by Reid Pierce Armstrong

LOTTSBURG—Budgetissues were already rising to the surface during discussions at Northumberland's first school board meeting of the year Monday.

With the reassessment of 2005, Northumberland is among the top 10 counties in the state for property value per student. As a result, the county will have to contribute 6 percent more of the school budget, or 65 percent of the total bill, while the state will kick in only 35 percent.

School superintendent Clint Stables said the formula doesn't seem fair when you realize that Chesapeake, a booming metropolitan area, pays only 35 percent into its school budget.

The school board is already sweating a 5 percent retirement contribution increase, which, in addition to an increase in energy costs, two additional buses, a 2-percent plus step salary increase and insurance cost increases could amount to a budget hike of $1.3 million.

The only good news is that if the governor's budget proposal is approved, an increase in state funding could offset some of that increase.

The board set a preliminary budget hearing for February 13. The public is invited to make requests and comments then on the 2006-07 school budget.

Comment sought on large-scale developments and future growth

KILMARNOCK—The public is invited to exchange comments at a community forum on large-scale developments Tuesday, January 17, at 5:30 p.m. in the Kilmarnock Town Hall at 514 North Main Street.

Planner Jonathan Sanders said the forum will address provisions affecting large-scale developments in Virginia towns.

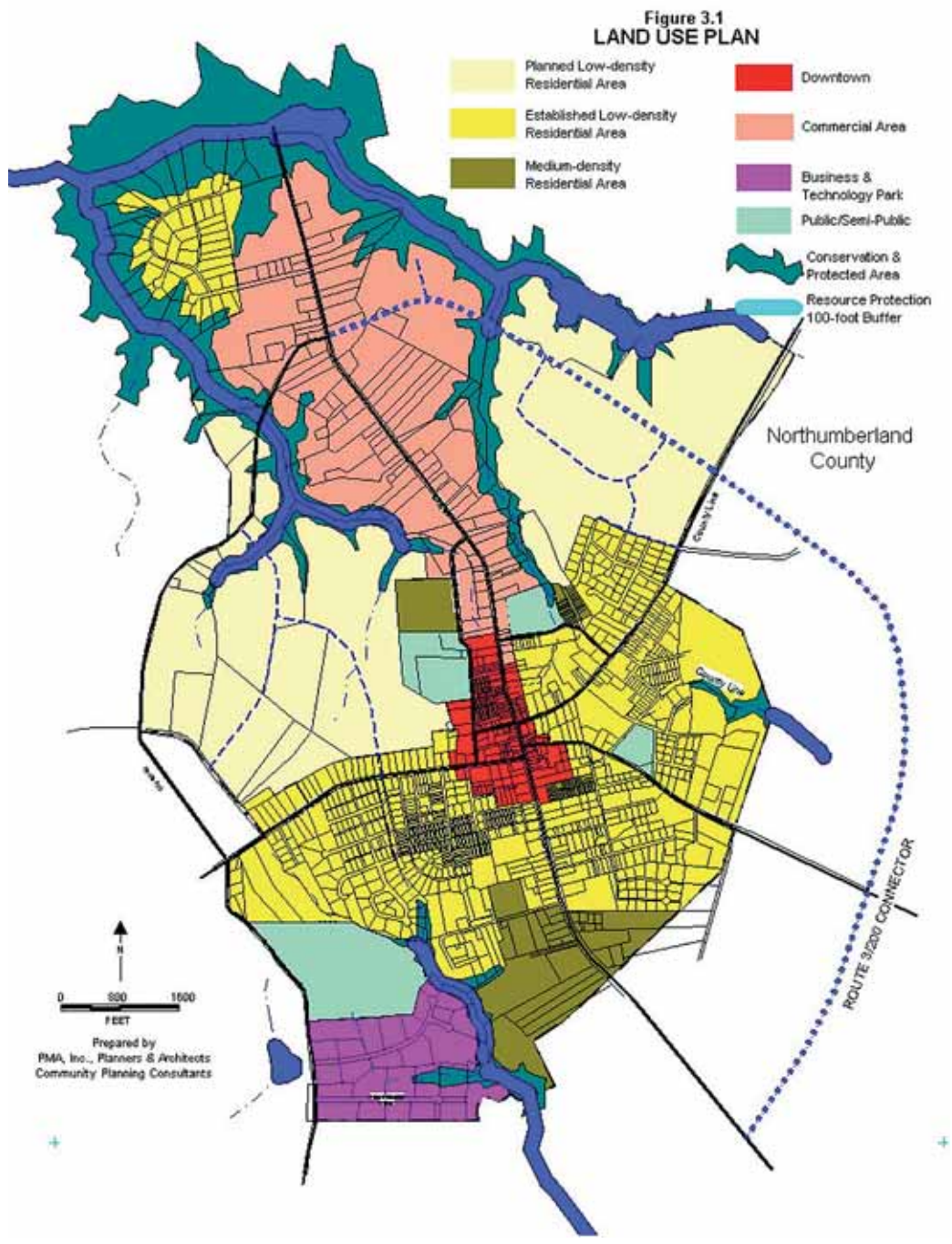
The town attorney, town staff and a representative from the Chesterfield County planning department will collaborate with town council and planning commission members present, said Sanders. A representative from the Town of Ashland also has been invited to participate, he said.

Following the community forum, the planning commission will hold its regular January meeting at 7 p.m. The session will include a public hearing on proposed revisions to the Kilmarnock comprehensive plan.

The planning commission is concluding an eight-month review and revision of the plan, said Sanders. The comprehensive plan outlines the future land use of the town through strategies and policies that will assist the council and staff with the management of the town as it grows.

The town council will review the comprehensive plan February 27. Meanwhile, copies will be available for public review at the Lancaster Community Library in Kilmarnock and the town hall.

Due to the Martin Luther King Jr. national holiday, the town council will not meet Monday, January 16. Instead, the town council will meet January 23 at 7 p.m. in the town hall. No public hearings have been scheduled during the meeting.



This future land use map is among the proposed revisions to the comprehensive plan for the Town of Kilmarnock. The map was prepared by PMA Inc., Planners & Architects.

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Progress continues on the Main Street revitalization project in downtown Kilmarnock.

Project coordinator Jonathan Sanders said construction crews are finishing up with the pouring of concrete for sidewalks from the Bank of Lancaster to East Church Street on the east side of Main Street, the installation of sign foundations from the Bank of Lancaster to East Church Street on the east side of Main Street, and storm drainage upgrades on the east side of Main Street.

Crews also are working on the Verizon duct bank underground utility network from East Church Street to the municipal parking lot on the east side of Main Street, and foundations and power supply for the pedestrian lights from East Church Street to the municipal parking lot on the east side of Main Street, he said.

For the rest of January, Dominion Power crews will be installing power lines underground, Verizon and Cablevision will begin to install utility lines underground, and pavers may begin to be placed in the sidewalks from the Bank of Lancaster to East Church Street on the east side of Main Street, Sanders said.

Merchant and citizen participation is welcome at project meetings held on the last Tuesday of each month at 5:30 p.m. in the Bay Trust conference room at 1 North Main Street. The next meeting is January 31.

January

12 Thursday

Bingo is played at the American Legion Post 86 on Waverly Avenue in Kilmarnock at 7 p.m.
The RFM Modelers meet at 10 a.m. at Reedville Fishermen's Museum. 453-6529.
Al-ANON meets at 8 p.m. at Palmer Hall in Kilmar-nock.
The Wetlands Board for Lancaster County will meet at 9:30 a.m. at the courthouse in Lancaster.
The Board of Supervisors for Northumberland County meets at 3:30 p.m. at the courthouse in Heathsville. Public hearings begin at 7 p.m. in the courts building in Heathsville.
The Irvington Town Council meets at 7:30 p.m. at the town office.
The Interfaith Service Council meets at 7:30 p.m. at Wicomico Episcopal Church in Wicomico Church.
The Upper Lancaster Ruritan Club meets at 6:30 p.m. at the Ruritan Center in Lively.
American Legion Post 117 meets at 7:30 p.m. at the post home in Reedville.
The Rappahannock Amateur Radio Association meets at 7:30 p.m. at the Mid-County Volunteer Rescue Squad building in Heathsville.
Robert Keyes will be featured on guitar at Ferebee's Restaurant in Tappahannock from 6 to 10 p.m.
Diet is the topic for The Basics of Healthy Living Workshop at Northern Neck Family YMCA at 6 p.m. $20.

13 Friday
Lee-Jackson Day

Bingo is played at the Upper Lancaster Ruritan Center in Lively at 7:30 p.m.
A Tai Chi Demonstration Class will be held at 4:15 p.m. at Rappahannock Westminster-Canterbury. Wear comfortable clothes and shoes.
A Baked Spaghetti Dinner will be served by the ladies of King Carter Chapter #5, Order of the Eastern Star, and the men of Lancaster Union Lodge #88 from 5 to 8 p.m. at the Masonic Lodge in Kilmarnock. $7 adults, $3 children.

14 Saturday

A Winter Clearance Sale will be held at the Bethel Emmanuel United Methodist Men's warehouse on Route 201 near Lively from 8 a.m. to noon. All items are 50 percent off.
A Fried Herring Breakfast will be served by the men's club at Bethany United Methodist Church in Reedville from 7 to 9 a.m. The fee is $10. Tickets are available from members and at the door.
A Roast Beef Dinner will be served at Fairfields United Methodist Church in Burgess from 5 to 7 p.m. The menu will feature roast beef, potatoes, gravy, vegetables, desert and coffee or tea. Donations benefit the Nelia Tingle Fellowship. Call 453-2631 for take-outs.

From Goshen to Kilmarnock

Willard Dent, Peggy Dent and Don Kennedy view one of the paintings in a special exhibit on loan from the Virginia Museum of Fine Arts on display at the Studio Gallery in Kilmarnock through January. "Goshen: Lessons from the River" features a collection of works by Jack and Judy Witt. The exhibit pairs watercolors of forest scenes by Judy Witt with nature-based small wall bronzes by Jack Witt.

14 Saturday

The Middle Peninsula African-American Genealogical and Historical Society meets at 11 a.m. at the Essex County Library in Tappahannock. 321-1206.
A Yard Sale will be held from 9 a.m. to 1 p.m. at the Northumberland school board office in Lottsburg to benefit the Northumberland County Animal Shelter.
Apple Seeds, A Mac Users Group, meets at 10:30 a.m. at Rappahannock Westminster-Canterbury near Irvington.
The Northern Neck Computer Useres Group meets at 10 a.m. at the Lancaster Community Library in Kilmarnock. The presentation topic is Web Design for Dummies.
The Middle Peninsula Chapter of Self Help for Hard of Hearing People meets at 10 a.m. at Riverside Walter Reed Hospital in Gloucester. 725-2487.

15 Sunday

The Widowed Persons Service for Lancaster and Northumberland counties holds its lunch brunch at Cap'n B's at the Golden Eagle Golf Club near Irvington immediately following church services.
Brian Latell will discuss Cuba and the United States at Sundays at Two at the Lancaster Community Library in Kilmarnock at 2 p.m.

16 Monday
Martin Luther King Jr. Day

Flotilla 3-10 meets at 7:30 p.m. at the Callao firehouse. 472-4387.
The Historical Society for Lancaster County will meet at 7 p.m. at the G.C. Dawson administrative office in Kilmarnock. 435-6232.
The Northumberland Homemakers will meet at 11 a.m. at St. Stephens Episcopal Church in Heathsville. 580-8613.

16 Monday

The Local Chapter of The National Alliance for the Mentally Ill will meet at 7 p.m. at the Urbanna Baptist Church in Urbanna. 435-3463.
The First-Place Weight-Loss Class meets at 6:45 p.m. at the White Stone Church of the Nazerene Family Life Center at 57 Whisk Drive. 435-5701.
The Rappahannock Music Study Club will meet at 11 a.m. at St. Andrews Presbyterian Church in Kilmarnock. Ralph McPhail Jr. will speak on Gilbert and Sullivan.
Remembering Reedville is the topic for a Reedville Fishermen's Museum Family Lecture Series event at 7 p.m. at Festival Halle in Reedville. $5.

17 Tuesday

The Kilmarnock & District Pipe Band rehearses at 7:15 p.m. at Campbell Memorial Presbyterian Church in Weems. 462-7125.
Duplicate Bridge will be played at the Woman's Club of Lancaster at 1 p.m. 462-0742.
Al-ANON meets at 8 p.m. at Kilmarnock United Methodist Church.
The Kilmarnock Planning Commission will meet at 7 p.m. at the town office.
Bridge will be played at 1 p.m. at Rappahannock Westminster-Canterbury.
The Kilmarnock Museum Board of Directors will meet at 2 p.m. at the museum on North Main Street.
The Economic Development Commission for Northumberland County will meet at 7:30 p.m. at the Northumberland County courthouse in Heathsville.
The Corrotoman Senior Citizens meets at 10 a.m. at the Ruritan Center near Lively. Bring a friend and a prize.
The Board of Directors of Mary Ball Washington Museum and Library meets at 1:30 p.m. at the museum library in Lancaster.
Adams Post 86 of the American Legion and the legion auxiliary will meet at 7 p.m. at the post home on Waverly Avenue in Kilmarnock. 435-1588.
The Republican Committee for Lancaster County meets at 7:30 p.m. at Chesapeake Bank Training Center on School Street in Kilmarnock.
The Final Revision For The Comprehensive Plan for Kilmarnock will be the topic for a public hearing at the town office at 514 North Main Street in Kilmarnock.
Faletta and Friends will be featured "On Stage" at the Lancaster Middle School theater in Kilmarnock. The concert begins at 7:30 p.m. For tickets, call 435-0292.

18 Wednesday

The Rotary Breakfast Club meets at 7:30 a.m. at Lee's Restaurant in Kilmarnock.
The Kiwanis Club meets at 7:30 a.m. at St. Andrews Presbyterian Church in Kilmarnock.
The Rotary Club for Kilmarnock, Irvington and White Stone meets at 12:30 p.m. at Rappahannock Westminster-Canterbury.
The Northern Neck Bay Tones meets at 3 p.m. at St. Andrews Presbyterian Church in Kilmarnock. 438-5127.
A Grief Support Group meets at 4 p.m. at White Stone United Methodist Church. 435-7585.
The RFM Quilters meet at 9:30 a.m. at Reedville Fishermen's Museum. 453-6529.
Duplicate Bridge will be played at 1 p.m. at the Woman's Club of White Stone. Men as well as women, and newcomers, are invited. No reservations are needed. 435-2755.
The Virginia Watermen's Association meets at 7 p.m. at the Pilot House in Topping.
Sandwich Bridge will be played at the Woman's Club of Lancaster at noon. 462-0742.
Auditions will be held by the Westmoreland Players for "The Art of Dining" and "Driving Miss Daisy." Prospective actors and technicians are urged to attend the auditions from 7 to 9 p.m. at West Side Hall in Callao. 529-9345.
A Winter Clearance Sale will be held at the Bethel Emmanuel United Methodist Men's warehouse on Route 201 near Lively from 3 to 6 p.m. All items are 50 percent off.

19 Thursday

Bingo is played at the American Legion Post 86 on Waverly Avenue in Kilmarnock at 7 p.m.
The RFM Modelers meet at 10 a.m. at the Reedville Fishermen's Museum. 453-6529.
The RFM Photographers meet at 2 p.m. at Reedville Fishermen's Museum. 453-6529.
Al-ANON meets at 8 p.m. at Palmer Hall in Kilmarnock.
Duplicate Bridge will be played at 1 p.m. at the Woman's Club of White Stone. Men, women and newcomers, are invited. No reservations needed. 435-2755.
The Rappatomac Writers will meet from 2 to 4 p.m. in the Chinn House at Rappahannock Community College in Warsaw. Those working on the mystery, meet at 1 p.m.
The Planning Commission for Lancaster County will meet at 7 p.m. at the courthouse in Lancaster.
The Planning Commission for Northumberland County will meet at 7 p.m. at the courthouse in Heathsville.
The Northern Neck Chapter of the Virginia Native Plant Society will meet at 12:15 at Wicomico Parish Church in Wicomico Church. Donna Ware is the featured speaker. Bring a brown-bag lunch.
The Northern Neck/Middle Peninsula Chapter of the Virginia Aeronautical Society meets at noon at the Pilot House Restaurant in Topping.
Auditions will be held by the Westmoreland Players for "The Art of Dining" and "Driving Miss Daisy." Prospective actors and technicians are urged to attend the auditions from 7 to 9 p.m. at West Side Hall in Callao. 529-9345.
Rest is the topic for The Basics of Healthy Living Workshop at Northern Neck Family YMCA at 6 p.m. $20.
(Submit calendar items to Robert Mason Jr., editor.)

Dining Guide

DIXIE DELI: Family owned and operated (forever!) Serving lunch 5 days a week, Mon-Fri., 10:30-3:00, Subs, soup, our famous potato & chicken salad and sandwiches.
50 Irvington Rd., Kilmarnock 435-6745.

THE LITTLE PEOPLE'S GUILD & CAFÉ LOTTÉ : Great BBQ Ribs, chicken, homemade salad, delicious desserts & more. Homemade desserts by order. Serving lunch, 11 am - 4 pm, Mon. - Sat. Closed Sundays. 529-5938 Lottsburg, Va.

LANCASTER LANDING RESTAURANT: Seafood, Steaks and daily dinner specials. Located at the foot of the White Stone Bridge. Hours: Main Dining Room: 5:00–10:00 Tues.–Sat; Lounge Dining Room: 4:00–12:00 Tues.–Thursday & 4:00–1:15 Fri. & Sat. Entertainment Friday & Saturday (in the lounge). 436-9060

THE MOUNT HOLLY STEAMBOAT INN: Overlooking beautiful Nomini Creek in historic Westmoreland County. Winter Hours Dinner Wednesday to Saturday. 5:00-9:00 Grand Sunday Brunch Buffet 11:00-2:00. 804-472-9070. 3673 Cople Highway (Rt. 202 at Nomini Bay)
www.mthollysteamboatinn.com

SANDPIPER REEF RESTAURANT: 4 Star Dining on the Piankatank. Friendly, local atmosphere. Fresh seafood, prime beef. Thurs-Sat. 5-9. Sun. 4 - 8 p.m. Special Parties-Off Nights. Reservations accepted. Off Rt. 198 in Mathews County. Under new ownership. (D). 725-3331.

PAPERBACK WRITER: 367 Chesapeake Drive, White Stone 804-436-9339. Open 7 a.m. to 5 p.m. daily, 9 a.m. to 5 p.m. Sat., Noon to 3 p.m. Sunday. Fresh Arabica Coffees, espresso, cappuchino, fresh baked pastries and sweets, reading rooms, music, free WiFi for customers.

SANDPIPER RESTAURANT: Est. 1982. Casual relaxed dining with friendly service. Featuring nightly specials, charbroiled steaks and fresh seafood dishes. Full menu. (D) Route 3, White Stone. 435-6176.

THAI POT: Authentic Thai cuisine. Serving lunch and dinner. Dine in and carry-out. Hours: Tuesday-Saturday Lunch: 11:30am-3pm. Dinner: 5:30pm-9pm., Catering available. 238 N. Main St., Kilmarnock, 436-Thai.

THE STEAMBOAT RESTAURANT: Enjoy casual dining while overlooking the beautiful Piankatank River Golf Club. We offer a traditional lunch menu, gourmet and traditional evening menus and Sunday Brunch selections. Open Tues.-Sat., 11:00 am - 2:30 pm, Thurs., Fri. & Sat. evenings 5:30 pm - 9:00 pm, and Sunday Brunch 10:30 am - 2:00 pm. Banquets, functions and group outings also available. Call 776-6589 (Reservations suggested). Located off Rt. 33 at 629, Hartfield, Va.

THE TAVERN RESTAURANT: In the heart of Heathsville, Va. Chef Branden Levine serves a pleasing Progressive American Cuisine. Enjoy steak, seafood, chicken, lamb, and gourmet desserts. Open for lunch: Wednesday - Saturday 11:30 - 2:30, Dinner: 5:30 - 9:00 and Sunday Brunch 10:30-2:00. Call 804-580-7900 for reservations.

WILLABY'S: Comfortable casual atmosphere. Featuring daily chef's specials, gourmet burgers & delectable desserts. Eat in or carry out available. Monday-Saturday 11-3. Items available for take home until 4:00. White Stone. (L) 435-0044.

For Display, Classified & Directory Advertising, Call 435-1701

Winter Special
Clearance Sale
50% Discount – All items!
Furniture, Novelties, Books, Linens, Tools and Housewares.
Saturday, January 14, 2006
8 a.m. till Noon
Bethel/Emmanuel Methodist Men's Building
Route 201 South of Lively

When You're On Your Own, We're With You.

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804-462-7631
8674 Mary Ball Rd. Lancaster, VA
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Anthem

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BRKSCG (10/01) ED: 12/02

HILLSIDE CINEMA (804) 693-2770 (804) 693-7766
7321 J. Clayton Highway 14, Gloucester, Va. • Schedule for 01/13–01/19

Monday - Ladies Special $6.00
Admission, Medium Drink and Medium Popcorn are all for

FUN WITH DICK & JANE
(PG13) 1HR 30 MIN
Fri. (4:30), 6:30, 8:30
Sat. (2:30, 4:30), 6:30, 8:30
Sun. (2:30, 4:30), 6:30
Mon. – Thurs. (5:30), 7:30

CHEAPER BY THE DOZEN 2
(PG) 1HR 41 MIN
Fri. (4:15), 6:15, 8:15
Sat. (2:15, 4:15), 6:15, 8:15
Sun. (2:15, 4:15), 6:15
Mon. – Thurs. (5:15), 7:15

Students, Senior Citizen & Active Military $3.50 for all shows
Children under 2yrs. (any show) FREE/Children 2 to16yrs. (any show) $3.50
Shows in parentheses ( ) all seats $3.50/Adults all shows on & after 6pm $5.50

Visit us at www.hillsidecinema.com for show times.
To print money-saving coupon click on *certificate* then *free stuff* icon.

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located on Route 17 in the Essex Square Shopping Center, Tappahannock • Movie Hotline: 804-445-1166
ADULTS: $7.00 CHILDREN 11 AND UNDER: $5.00
SENIORS 62 AND OLDER: $5.00
ALL SHOWS BEFORE 6:00 ARE $5.00 FOR EVERYONE
* NO PASSES OR COUPONS
FOR FURTHER INFORMATION CALL 804-445-1166

No one under 17 admitted to R Rated films without parent or adult accompaniment - ID's required

FRI. JAN. 13
HOODWINKED (PG) 5:10, 7:10, 9:20
GLORY ROAD (PG) 4:45, 7:20, 9:50
LAST HOLIDAY (PG13) 4:30, 7:15, 9:40
GRANDMA'S BOY (R) 9:25
FUN WITH DICK & JANE (PG13) 5:25, 7:25
CHRONICLES OF NARNIA (PG) 4:20, 7:00, 9:45

SAT. JAN. 14
HOODWINKED (PG) 1:10, 3:10, 5:10, 7:10, 9:20
GLORY ROAD (PG) 2:15, 4:45, 7:20, 9:50
LAST HOLIDAY (PG13) 2:00, 4:30, 7:15, 9:40
GRANDMA'S BOY (R) 9:25
FUN WITH DICK & JANE (PG13) 1:25, 3:25, 5:25, 7:25
CHRONICLES OF NARNIA (PG) 1:20, 4:15, 7:00, 9:45

SUN. JAN. 15 & MON JAN. 16
HOODWINKED (PG) 1:10, 3:10, 5:10, 7:10
GLORY ROAD (PG) 2:15, 4:45, 7:20
LAST HOLIDAY (PG13) 2:00, 4:30, 7:15
GRANDMA'S BOY (R) 3:25
FUN WITH DICK & JANE (PG13) 1:25, 5:25, 7:25
CHRONICLES OF NARNIA (PG) 1:20, 4:15, 7:00

TUES.-THURS. JAN. 17-19
HOODWINKED (PG) 7:15
GLORY ROAD (PG) 7:25
LAST HOLIDAY (PG13) 7:20
FUN WITH DICK & JANE (PG13) 7:30
CHRONICLES OF NARNIA (PG) 7:10

Seconds Unlimited
1/2 Price Sale
Friday & Saturday
January 13 & 14, 2006
27 Irvington Road
(across from Tri-Star)
from RGH Auxiliary to benefit RGH Hospital

Rappahannock Record Deadlines

Display advertising:
Monday at 5 p.m.

Classified advertising:
Tuesday at noon

News with photos and for calendar listing:
Tuesday at 11 a.m.

All other news:
Tuesday at 2 p.m.

Brass Polishing
OF WILLIAMSBURG
Polishing Brass & Brass Beds
Brass, Copper, Silver & Pewter
Fireplace Accessories
Door Handles/Knockers
Other Home Items
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Cell: 757-810-1677

$48 for all classes
Discounts to YMCA members (YMCA only)
Total Yoga with David
Stretch • Strengthen • Relax
For beginners and continuing enthusiasts
David Scarbrough,PhD,RYT (Registered Yoga Teacher)

YMCA
Kilmarnock
beginning Tuesday, Jan. 17 • Tuesdays
2-3:15 p.m.--8wks.
Call David at 453-3771 for info.

RGH Rehabilitation & Sports Medicine Center
Kilmarnock
Beginning Tuesday, Jan. 17 • Tuesdays
6:00–7:15 pm--8 wks.
Call ahead to register
453-3771

St. Mary's Episcopal Church
Fleeton
beginning Wednesday, Jan. 18 • 6:15-7:30 p.m.--8 wks.
Call ahead to register
453-3771

Auditions set for two plays

The Westmoreland Players will hold auditions for two upcoming plays, "The Art of Dining" and "Driving Miss Daisy" on Wednesday and Thursday, January 18 and 19, from 7 to 9 p.m. at West Side Hall on Route 360 in Callao.

"The Art of Dining" is a comedy by Tina Howe, a nominee for both the Tony Award and the Pulitzer Prize for drama. The play takes place in an upscale restaurant and depicts curious relationships with food and life.

There are roles for three men and six women, ages 20 to 70, all races. Production dates are March 25 through April 9.

"Driving Miss Daisy" is a comedy/drama that tells the story of the developing friendship between an aging Southern matron and her black chauffeur.

There are roles for two men (one is African-American, age 40 to 60, the other is white, age 30 to 50 and one woman, also white, age 60 to 80). The production dates are June 9 through 25.

No previous experience is necessary. Actors will be asked to read selections from the play scripts. Alternative audition dates in case of inclement weather are January 25 and 26.

For more information on the auditions, or to get on the mailing list for tickets, call 529-9345.

Sundays at Two focus to be Cuba and the United States

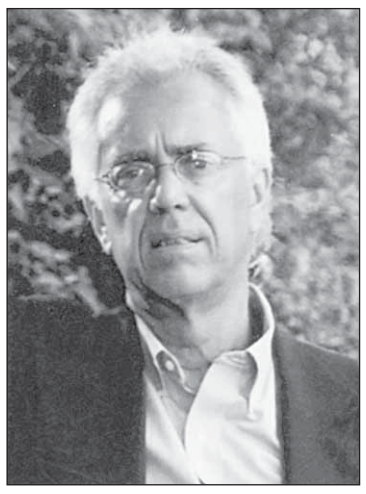
Brian Latell of Millenbeck will speak at 2 p.m. Sunday, January 15, at the Lancaster Community Library Sundays at Two series.

He will talk about Cuba, a timely topic as that country prepares for sweeping and possibly tumultuous change. Latell will discuss the more likely scenarios for the island's future, the personality of the man designated to succeed Fidel Castro, and the prospects for better relations with the United States.

The presentation will elaborate themes from Latell's book, *After Fidel: The Inside Story of the Castro Regime and Cuba's Next Leader.* Now in a second printing, it is a character and leadership study of Fidel Castro and his younger brother Raul, Cuba's defense minister and first in the line of succession. Copies of the book will be available for purchase and signing by the author.

Latell is a senior associate in the Americas Program at the Center for Strategic and International Studies in Washington. In late January he also will serve as a senior research associate for the Center for Cuban and Cuban American Studies at the University of Miami.

A Latin America and Caribbean specialist for the last four decades, he served as National Intelligence Officer for Latin



Brian Latell

America from 1990 to 1994. Latell studied at universities in Washington, D.C., Mexico and Spain before completing his doctorate in Latin American history at Georgetown University.

He has lived or traveled extensively in all but one of the Latin American countries, consulting throughout the region with presidents, foreign ministers, and other senior government officials. He is frequently quoted in press and broadcast media coverage of political trends in Latin America, and particularly Cuba. He lectures regularly on these subjects to university, professional, and political groups and has consulted for a number of U.S. and foreign government agencies.

In 1998 he retired after three and a half decades as a foreign intelligence officer for the U.S. Air Force and as a Latin America specialist at CIA and the National Intelligence Council. His last government position (1994-98) was director of the CIA Center for the Study of Intelligence where he was concurrently the chairman of the editorial board of "Studies in Intelligence, "the journal of the intelligence profession. He is the recipient of the CIA's Distinguished Intelligence Medal. He is a member of the board of directors of the Association of former Intelligence Officers and of the editorial board of the on-line interdisciplinary journal, Cuban Affairs.

Latell served for more than 25 years as an adjunct faculty member at Georgetown's School of Foreign Service, teaching courses on Cuba, Latin America, and American policy making. His publications include many on Mexico, Cuba, Venezuela and other Latin American countries as well as foreign intelligence issues. In 1985 the Hoover Institution Press published his *Mexico at the Crossroads*. he co-edited *Eye in the Sky: The Story of the Corona Spy Satellites*. He is now at work on another book.

Quilting course will begin Jan. 16 in White Stone

A six-week course in quilting will begin Monday, January 16, at the Briar Patch Quilt Shop near White Stone.

The course will be held once a week for six Monday afternoons and will be taught by Jeanne Rose, owner of the area's only quilt shop. She will take participants step-by-step through the process of creating a small wall quilt, which is made completely by hand, and includes many techniques.

To register, call 435-9065 or 435-6406.

Area Events

■ Baked spaghetti

The ladies of King Carter Chapter #5, Order of the Eastern Star, and the men of Lancaster Union Lodge #88 are planning a baked spaghetti dinner Friday, January 13, from 5 to 8 p.m. at the Masonic Lodge on Main Street in Kilmarnock.

The menu includes baked spaghetti, salad, bread, beverages and dessert. The cost is $7 for adults and $3 for children. Carryout meals will be available.

■ Herring breakfast

The men's club of Bethany United Methodist Church on Main Street in Reedville will sponsor its annual Fried Herring Breakfast from 7 to 9 a.m Saturday, January 14. Tickets are available from members or at the door. The fee is $10.

■ Networking dinner

Dinner at Seven, a networking group for singles age 50 and older, will meet January 21 at 6 p.m. at Yesterday's in Montross. To attend, email grnponds@aol.com, or call 462-5430 by January 20.

■ Remember Reedville

The Reedville Fishermen's Museum Family Lecture Series will host Remembering Reedville Monday, January 16, at 7 p.m. at Festival Halle. The fee is $5. Refreshments will be served.

Longtime Reedville residents will share accounts of the fascinating and sometimes brutal life on the waters of the Chesapeake Bay. In addition to a panel of residents, the event will include video clips from several Reedville Fishermen's Museum's Oral History interviews.

■ Human rights

The Middle Peninsula Northern Neck Local Human Rights Committee will meet January 23 at The Brambles at 20 Plantation Road in Mathews. The meeting will begin at 1 p.m.

■ Garden design

The Chesapeake Bay Garden Club will host a garden design workshop January 24 at Festival Halle in Reedville.

The workshop will be held from 9:30 a.m. to noon. A craft session will follow from 1 to 3:30 p.m. Bring a lunch.

■ Beef for dinner

A roast beef dinner will be served at the Fairfields United Methodist Church in Burgess Saturday, January 14, from 5 to 7 p.m. The menu includes roast beef, potatoes, gravy, vegetables, dessert and coffee or tea.

The dinner is sponsored by the Fairfields Nelia Tingle Fellowship. Donations will be accepted. Call 453-2631 for take-outs.

Celebrations
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235 School Street

FREE LECTURE SERIES
Saturday, January 14, 2006
Stratford Hall Plantation Presents
"The Path of Honor:
From Stratford to Lexington – The Robert E. Lee Educational Series."
Al Stone, a masterful portrayer of Robert E. Lee, will recreate with presentations at 11:30 a.m. and 1:30 p.m., the moment of General Lee's decision whether to remain loyal to the Union or go to the aid of his native Virginia.
There will be a **FREE CHILDREN'S TOUR** at 11:30 a.m., 12:30 p.m., 1:30 p.m. and 2:30 p.m., featuring various points of interest relating to Lee's childhood at Stratford." In addition, each child will receive a book and other printed material.
A special exhibit will display original Robert E. Lee letters, along with Grant's "Terms of Surrender" and Lee's "General Order #9." Period music will be provided by Evergreen Shade.
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For more information on this series and other special events visit www.stratfordhall.org
Sponsorship for this event is being provided by the Lee-Jackson Educational Foundation.

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Includes a Glass of Wine. Additional glass of wine ONLY $2.00
435-2000
Next to the Post Office in White Stone

Excerpts

by Henry Lane Hull

One of the Northern Neck's "in" places 35 years ago was Howard's Drive-in on Route 200 in Burgess. Its greatest culinary attribute was a type of soft ice cream which was truly delectable. Howard's drew a large crowd from far and wide. Its greatest human resource was Gladys Spence who manned the drive-in window, and served at the counter as well.

At the time, my parents had a large black car, with electric windows which were not as common then as they are today, and a gregarious English springer spaniel named Angie. When we would roll into Howard's, Gladys would lift her window to greet us as my father would roll down his to place our order.

Each evening that we were there, Gladys would hand us our cones, then ask us to wait while she prepared a special cone for Angie, who was standing on the back seat waving her cropped tail at Gladys, who never failed to develop her own rapport with all of her canine clients. I am sure by modern veterinary standards the concept of giving a dog soft ice cream is "verboten," but Angie sure liked being the beneficiary of her boundless love of people and animals. The ritual never changed.

Gladys' daytime job was driving a Lancaster County school bus, which she did for nearly a quarter of a century, well into her 70s. On the side, she grew a large garden and excelled in canning and preserving, arts which for a few folks she did as a source of spending money. She was always happy, and her home at Browns Store was impeccable in every respect. To visit her was to step back in time to an earlier stage of genuine country living.

A few years ago she and I were reminiscing about my parents and the good old days, when she mentioned some of the folks I had known who had been her canning customers. She then passed to her current project of preserving some figs. I asked if she would consider doing some for our family, and true to her kind nature, she responded that she would.

A few days later she called and told me she had a jar of figs ready. When I went to her home, she insisted that I take it home and try it to see if we liked it before getting any more. She refused to be paid for it, and I thanked her after telling her I knew it would be wonderful. That was an understatement; it was "suvine" to quote a term coined by the Elder B.E. I called and told her so, and she replied that I then could come to get the other jars.

She placed only one caveat on our transaction, specifically, that I not mention her figs in this column as she did not want a rush of customers. For the next few Septembers, she would call to say that the figs were ready. I complained only that she did not charge enough and had to force her to accept more for the pristine jars, but I respected her wish that the business be kept secret.

Gladys' life received a terrible blow several years ago when her son, Leonard, developed cancer, and underwent a long and painful passing. That next year I expected no figs, but not long after his funeral she called, and I went for our usual visit of reminiscing, during which she seemed to be her normal happy self, accepting her loss, but showing the effects of all the tears she had shed.

She said that she was enjoying being free of responsibilities of driving the school bus and how good God had been to her. She was looking forward to getting back into the routine of her life. I stayed a long time, never realizing that it was to be the last of our typical visits. Shortly thereafter, her surviving son, Victor, stopped to tell me that his mother had been diagnosed with Alzheimer's Disease and was in a nursing home.

We went to see her and the shock was incredible. Of our family she knew only me, and was unable to carry on any coherent conversation, but was happy we had come. For the past year, poor Gladys continued to decline and each visit proved less comprehensible. This past Monday she died, and a part of our history went with her. Now that she is gone and I am no longer bound by the promise not to write about her figs, I can write about the good lady she was, and reflect on how much I miss the old ice cream cones, the figs, and most of all, dear Gladys.

Gladys Claire Fallin Spence, April 24, 1928—January 9, 2006, R.I.P.

Delegate's Report

by Del. Robert J. Wittman

It's hard to believe that another year has flown by already, and what a year it was. This week I headed to Richmond to fill the position I have spent the past year working towards. There will be big shoes to fill left by Del. Albert S. Pollard Jr., Del. W. Tayloe Murphy Jr., Del. Calvin Sanford, Del. Walter Fidler and others before. They have all worked very hard for the citizens of the 99th District and have focused on advancing causes that have and will continue to improve the quality of life for all Virginians.

I especially thank Pollard for his hard work and help in this transition and Murphy and Fidler for their advice and guidance. There have been a number of distinguished leaders from the Northern Neck and I will work hard to carry on that tradition.

Our General Assembly office in Richmond officially opened on January 9. At 8 a.m. January 11, I was sworn in as the delegate for the 99th District. Now, the work of the past year will finally begin its purpose.

I am anxious to begin our work in advancing legislation that will empower and protect citizens and localities, as well as legislation that will work to help protect our natural resources.

Our efforts focus on strengthening citizen's rights in regards to eminent domain and for localities to manage growth based on water supply projections. We also look to provide for technological improvements in rural areas and throughout Virginia. To preserve and protect our natural resources, I have proposed increased penalties for littering and incentives for the production of biofuels, which will also stimulate our economy by providing more opportunities to farmers. These are just a few of the pieces of legislation I have proposed to give the 99th District the tools necessary to thrive.

While committee assignments have yet to be made, I have received my room assignment. If you are interested in visiting, my office will be on the fifth floor of the General Assembly building in room 516. Since the Capitol building is under renovation, the House and Senate will hold session in the Patrick Henry building. This is the first time it has not been held in the Capitol in 216 years. Since the Patrick Henry building is temporarily housing the House and Senate Chambers, there is no gallery seating; however, proceedings can be viewed on closed circuit monitors in the General Assembly building and in the Patrick Henry building.

If you wish to contact us in Richmond, there are several ways to do that. The phone number to our General Assembly office is 804-698-1099 and our mailing address is General Assembly Building, P.O. Box 406, Richmond, Va. 23218. I can also be reached by email, delrwittman@house.state.va.us.

Another interesting feature available is our Constituent Viewpoint Hotline. This is a toll-free number constituents can call and give their thoughts on a bill or their contact information for us to receive feedback. The number to the hotline is 1-800-889-0229.

While we may be in Richmond away from the district, we hope to stay in contact with each of you. Please do not hesitate to contact us if there is any way we can be of assistance.

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Letters to the Editor

Thanking Dee Carter

To The Editor:

In my 40 years of living I've grown to know people by what they do, and not just by what they say. Many people will say, "God Bless You," but they seldom open their hearts and hands to actually be a blessing to someone else.

Well, that's not the case with sister Diana "Dee" Carter and the Salvation Army. I have witnessed her helping others even from her sick bed. She has been through a great deal of pain, yet she extended a strong arm of much needed help to others in their times of need.

I told her that God raised her up from her sick bed to be an angel here on earth for many children and their families in this area. She has certainly blessed my children, self included. They attended Camp Happyland for two years and were blessed during the Christmas Holidays as well. She has blessed me with words of encouragement and prayers. I don't believe in Santa Claus, but I do believe in angels.

Thank you sister Dee and the Salvation Army of Lancaster County.

Aline Waller Weems

Praise for VDOT

To The Editor:

I would like to compliment the Virginia Department of Transportation for the way in which they respond to calls.

I'm one of those people who can't leave a dead animal laying dead for the buzzards. Every time I have contacted VDOT, the animal was picked up the day of the call. Mr. Moody usually answers and is polite and businesslike at all times. I wish we could get the same action for the litter along all the roads.

If all the businesses in our area responded to the community the way VDOT does, we'd be hearing fewer people rooting for a big box store in our town. That is something we don't need.

Joyce Page
Lancaster

Del. Pollard offers pledge

To The Editor:

Over six years ago on the eve of my first election, I wrote a letter to the editor which said in part that whether I won or lost, the important thing was for the Northern Neck to pull together and work across party lines to improve our systems of education, economy and environment.

Obviously, that election was successful as were the two following elections. I hope that during my tenure I have, indeed, made the Northern Neck and Virginia a better place to live.

Political parties are important but policy is more important than party. Equally true is the fact that our system is designed so that a legislator cannot be any stronger than the collective will of those who elect him. Therefore, as I prepare to "officially" leave office it is incumbent upon me to thank the voters who used their collective judgment to focus on the policy issues challenging our region.

While unusual, it is also important to thank those civil dissenters who did not support me. The ability to have differences of opinion and informed debate is what makes ours the greatest country in the world.

Please know that though my title has changed, I will continue to work with friends and neighbors to make the Northern Neck and Virginia an even better place to live.

Albert C. Pollard Jr.
Lancaster

Volunteers help food drive success

To The Editor:

Interfaith held its annual Christmas Food Drive in December.

Non-perishable foods were collected by Interfaith's member churches and Bank of Lancaster. The donated foods were sorted and bagged for eligible recipients at St. Andrews Presbyterian Church.

Interfaith was able to expand the food drive from Meals-On-Wheels recipients to also include eligible families in 2005. The Lancaster and Northumberland Departments of Social Services determined eligibility and advised Interfaith of the number of bags needed. Over 150 bags of food were distributed.

The food drive could not have been accomplished without the assistance of many volunteers. The Departments of Social Services screened applicants, allowing Interfaith to reach those in need. Bank of Lancaster's Golden Advantage Club participated by receiving donations from the community and assisting in gathering and transporting the food. Tri-Star Supermarket generously donated cases of canned goods and the number of bags required. St. Andrews Presbyterian Church graciously opened their doors for the food drive. Representatives from Bethany United Methodist Church, the Church of Latter-Day Saints, Corrottoman Baptist Church, Irvington Baptist Church, St. Andrews Presbyterian Church, St. Francis de Sales Catholic Church and Trinity Episcopal Church helped bag, sort and distribute the food.

To everyone who volunteered or made donations, Interfaith thanks you. Without this support, we could not continue this valuable service for our community.

Michelle Lewis
First vice president
Interfaith Service Council

In Mr. Bush's own words

To The Editor:

"Now by the way, any time you hear the United States government talking about wiretap, it requires - a wiretap requires a court order. Nothing has changed, by the way. When we're talking about chasing down terrorists, we're talking about getting a court order before we do so. It's important for our fellow citizens to understand, when you think Patriot Act, constitutional guarantees are in place when it comes to doing what is necessary to protect our homeland, because we value our Constitution."

President George W. Bush, spoke these words at Buffalo, N.Y., in April 2004, two full years after he first authorized wiretaps by the NSA, without court orders.

Jerry Peill
Lancaster

Notes from an expedition among the younger generation

by Jeff Warren

Community Comments

The changes taking place from generation to generation have become so rapid and overwhelming that when I visit my son and his family for Christmas, I feel like an anthropologist dipping into a society thoroughly different from my own.

I am a child of the early 1940s, so my quest to understand this generation must cross an expanse that includes Baby Boomers, Nintendo Kids, Gen X, and whatever they have named the latest generation. It is a difficult and fascinating task, this expedition into the world of our children and grandchildren.

The most sweeping change is in technology, especially for one who thought the IBM Selectric typewriter the epitome of change.

My son's house has a wireless network. This permits computer on-line access from anywhere in the house, allowing family members scattered around the place to peck away at their laptop keyboards like office secretaries of old. It also permits two children, sitting on the sofa in the family room, to totally zone out on their respective hand-held Gameboys, playing each other through a remote and unseen computer. For all I know, the wireless system is capable of satellite spying activities.

My wife and I watch very little television at home, so during this visit we saw some eye-opening new programs. The children love "Fear Factor," which on this episode made contestants eat ground earthworms and leap into barrels of slime. In vain I sought to see what motivates these people, but I presume it is cash.

Later, we saw college-age kids competing for a place in Donald Trump's organization, quite openly revealing raw ambitions and competitive juices we had in full, but kept disguised under a veneer of good manners. Forget about that.

In this new generation, one no longer needs to rely upon the evening television network schedules. Instead, the favorite programs of family members are video recorded – Tivo-ed – to be played back at the family's convenience. Tonight we saw two episodes of "Deal or No Deal," a "Fear Factor," and "Imaging America," a PBS feature. It is possible, I now understand, to put together an evening of favorite family programs, while at the same time off-screen, your recorder is busy capturing any program you might miss live.

Think of the possibilities. Steven Bornstein may be president of the ABC Network, but the viewer is the chief programmer in his house and chief scheduler of the family's nightly entertainment. One is no longer hostage to network programming.

This, however, can create problems. At one time, after every Redskins game, my son and I were on the telephone parsing the ups and downs of our favorite team. That is no longer possible. If I call him now after the contest, he cautions me right off not to speak of the game; he has it recorded and will watch it the next evening.

This can also lead to ridiculous situations. He tells of a Christmas shopping trip on a recent Saturday when the Redskins were playing. In the Circuit City store, there was a near-disastrous encounter with a bank of televisions tuned to the Redskin game, displaying the score on the screen. He ducked away and stopped his ears to avoid hearing the score and headed outside, leaving mom to do the shopping.

Due to the recording of programs, commercials are a thing of the past. We fast-forward through commercials, leaving me to wonder what cultural gaps will occur among our young if they are ignorant of modern commercials. Aren't these, along with the canon of Western literature, an essential part of our culture?

Movies are watched on the home theater screen, unless the children are there first converting it to a booming battleground of electronic games. And one no longer needs to go to the local Blockbuster for movies. The DVDs arrive by mail twice a week from Netflix.

Under the tree, the gifts are electronic. New gadgets this year include a speaker phone kit for the iPod, for those occasions when one's ears are tired out from earphones.

The differences emerging between generations are not limited to technology. With both parents employed and three children in school, there is a steady blitz of activity in my son's home. Everyone is on the go. Parents multi-task, feeding children and pets on the run, staying in touch by cell-phone. Childrens' schedules today are more complicated because they can include not only football and baseball practice, but such exotics as indoor soccer, lacrosse and rugby.

Each member of the household is cell-phone connected, right down to the 10-year-old. They check in with each other constantly from supermarkets, offices, schools and cars. Cell-phones are equipped with instant messaging, camera, email, games, and, so far as I know, a couple of movies to watch during study hall. Incoming calls to the house on the land line not only play a tune, but a female voice announces the name of the caller on a speaker.

I am not skeptical of all these changes. My visits have led me to admire the younger generation's embrace of technology and the ready incorporation of change into their lives. With the exception of the hectic pace and rising stress levels, I think these changes are quite positive.

And now, inspired by my son and his family, I too am taking tentative steps into this brave new future. I should say I am hooked on this brave new future. I can no longer get along now without my computer, cell-phone, digital camera and Photoshop. My son has given me a Tivo recorder for Christmas and I am eagerly learning to operate it.

As any anthropologist will tell you, thorough submersion is the key to understanding an unfamiliar society. If I get too submerged, throw me a life-line will you? Or, more appropriately, throw me a trusty telephone land line.

(Jeff Warren is a resident of Kilmarnock.)

Animal Tails

By Audrey Thomasson

The Gift: A eulogy to animal companions waiting at the Rainbow Bridge

As anyone who loves animals will tell you, in the journey from the physical world to spiritual understanding, our pets can be our best guides and teachers. Susan Wheeler and her mother, Rose Marie Entz, got a first-hand lesson from their special cat, Bandit.

Doctors gave Rose Marie 12 weeks to live. The tumor on her brain was aggressive and there was little hope. Surgery might increase her chances, but it was risky.

Rose Marie and her husband, Harry, shared their modest home with two felines, Smoky and Bandit, named after the Burt Reynolds movie. Bandit was an affectionate cat and over the years developed an especially close bond with Rose Marie. Perhaps because of that, Bandit sensed her illness even before symptoms began to appear. The cat became like Velcro, always sticking to her side or climbing into her lap. He followed her from room to room and cried when she was out of sight.

When she left for the hospital, no one knew if she would be coming home again. The operation went as well as could be expected. Now they could only wait and pray.

Susan stayed with her mom at the hospital but made frequent trips home to take care of the cats. She noticed Bandit was very depressed. He moped around the house and refused to eat. He began to lose weight and his fur lost its luster. But Susan was preoccupied with her mother's condition and didn't pay too much attention.

In the days after the surgery, Rose Marie was in the intensive care unit. Healthcare professionals were constantly running tests on her to check her cognitive functions, having her count fingers, checking her speech. And as she slowly made progress, her family was delighted.

But with each day of her mother's recovery, Susan saw that Bandit was not doing well. The once vibrant cat that had never been sick a day in its life, was suddenly very ill. She stayed with Bandit a little longer, giving him comfort and attention and coaxing him to eat.

After a week, the doctors decided to release Rose Marie so she could continue her recovery at home surrounded by her family. Despite her strange appearance, the shaved head wrapped in bandages, and all the anti-seizure medications, once she was situated in bed, Bandit took up his post at her side. The black cat leaned his body into hers. Though she was very tired and weak, Rose Marie wove her fingers through his fur and caressed this special cat that would not leave her side.

Bandit's health had declined rapidly, but he hung on so he could make sure Rose Marie came home safe. It was as if Bandit understood the seriousness of her condition and was sacrificing his life to strengthen hers, one small animal's profound gift of love.

The end came for Bandit days later at the animal hospital. With her head wrapped from surgery, Rose Marie held her beloved cat in her arms. And as he slipped away she told him how much she loved him and that it was okay for him to go because she would be joining him soon.

In the months since Bandit's passing, Rose Marie's tumor has returned. She has decided not to undergo any more chemotherapy treatments.

This story is offered as a tribute to all the specially loved animal companions that passed away in 2005. They fortified us and blessed our hearts and homes with their gifts of love and devotion. Knowing they are waiting to be reunited with us on the other side is a small, but special comfort for those they left behind.

2005 memorials

Raven and Bella, mother and daughter yellow Labs who will live in Pam Beane's heart forever.

Simon, Millie and Truffle, all much loved cats and fur kids of Merry Drew of Kansas City, Mo. They are greatly missed.

Cubbon the Cat, after 17 years with his family, died Christmas Eve at his Naples, Fla., home.

Cats Sneakers, Bandit and Valentino and St. Bernard, Lady, beloved furry children of Carole Bettinger.

Prissy, beloved Lhasa Apso of Dolly Urdanick.

Tigger, Turtle, Bo and Mama, beloved cats who were saved off the streets and lived out their lives with their rescuer, Anita Brewer.

Chames, a wonderful hound dog who inspired his parents, Kris and Craig Haley of Phoenix, Ariz., to write and record a song in his memory, "Living in the Moment."

Misc, two-year old kitty who filled Jerry and Trudy Saulmon's home in South Fulton, Tenn., with love. Misc loved to hide in his jungle of house plants and attack unsuspecting victims.

Maude and Spot, black and yellow Labradors that were best friends. Both are missed by their mom, June Wellisley.

Lucy, 14-year-old cat and loving companion of Susan Wheeler of Hallstead, Pa.

Bandit, 12-year-old companion of Rose Marie and Harry Entz of Binghamton, N.Y.

Blue Eyes, a wonderful feral cat who passed away the same day as Pope John. She is dearly missed by Elaine Savage.

Blush of the Whiskers Benevolent Society's rescue shelter, a long-haired black cat who lived and died in quarantine with a deadly disease. After death she finally got a home; her ashes are with Patty Keelen of Waterford, N.Y.

Melissa, sweet angel of cat rescuer Lynn Sheldon; she was Lynn's best friend for over 13 years.

Bear and Shyla, forever loved and remembered by Tere and Steve Moore.

Faith and Hope, two puppy mill survivors that overcame incredible odds to live the ends of their lives in the loving home of Kellie Hay.

Jasmaine, a quirky little kitty who was loved and will be forever missed by Victoria Rizzi and her daughter, Christina, in Middlesex County.

Ben, a long, tall personable cat, quick to touch noses with cats and people alike. He was the glue that held the cat rescue, A Place in the Sun, together. He is missed by Ginny and Helen of Wicomico Church.

Mollie, a 14-year-old golden retriever dearly loved and forever missed by her family.

Lillie, a special donkey that lived 35 years, 25 of which were spent in her family's pasture.

Lilly, a beautiful Doberman, who loved to run up and down her river with her family, the Oltermanns of White Stone.

Bubba, a gentle chocolate lab of Dawn and Dean Delventhal of Vienna, rescued after living life in a crate, Bubba spent his final years in a warm loving home getting lots of hugs and kisses.

Vincent, 18-year-old cat of Audrey Thomasson of White Stone. Vincent loved to hang out in trees waiting for his mom to come home. Now he is at the Rainbow Bridge with all the other animals, waiting for mom to come home.

Email: animaltails@verizon.net

Yesteryear in Lancaster

(A reprint from the January 12, 1906, issue of the Virginia Citizen.)

Weems

B. G. Doggett and daughter, Miss Orah Lee, spent Sunday at the home of the former's sister, Mrs. Henry Stegeman, at Wicomico.

Work is expected to begin shortly on the new Methodist chapel to be built here.

Bluff Point

Captain B. L. Potter, Randolph Lewis and Herbert Boatman, who have been trap fishing at Nomini Creek, are home again.

Our Blackstone girls, Misses Ina Hall and Enid Kelley, returned to their studies last week after an enjoyable vacation spent at their homes.

Mrs. William Dize is spending some time with her parents at Crisfield.

Colie Dawson and bride spent a few days with his mother, Mrs. Clay Crowther, recently.

Whealton

Hon. Jno. Curlett left Saturday for Richmond, to assume his Legislative duties.

Misses Lula and Villa Whealton, who spent the holidays at their homes, returned to Blackstone Saturday.

Mrs. Susie Curlett is visiting her sister, Mrs. R. O. Norris, of Lively.

F. W. Lewis, Jr., who spent the holidays with his parents, has returned to William and Mary.

(Transcribed by volunteers of the Genealogy and Research Center of the Mary Ball Washington Museum and Library.)

This Side of 60

by Marie Snider

You don't have to be an exercise failure

Exercise is easy for younger people, but they often feel they don't have time to walk two miles a day or play tennis. Many older people have the time, but exercising is difficult and sometimes hurts. So every person has a different excuse. But none of the excuses are valid.

Young or old—exercise is critical for your health.

In my files, I have a manila folder labeled simply "Exercise." The folder is filled with articles that laud the benefits of keeping active.

"Exercise Is the Key to Strong Bones," "Housework and Walking Help Cancer Risk," "Walking May Ward Off Alzheimer's," "Exercise May Help in Treating Depression" and "Sweating Makes You Smart."

There was one other interesting article titled—"You Don't Have to be an Exercise Failure'— that I clipped from Woman's Day in 1988. An article as current today as it was 17 years ago.

The article says that just because you haven't stuck to a fitness program before doesn't mean you can't get exercising now. It lists four exercise pitfalls and suggests ways to overcome them.

• You exercise off and on. You faithfully begin walking daily or going to the gym three times a week. Then your schedule gets crowded or the weather gets bad and that's the end of your exercising until the next time you feel guilty.

Solution: Don't give up exercise when the weather gets bad or you are too busy. Just adjust your type of exercise. Go to the pool or walk on the treadmill while you watch your favorite television show.

• You start off doing too much.

Solution: In exercise, like everything else, slow and steady works best. When I began water aerobics, my husband complained that I didn't work hard enough. And he was right. I didn't work very hard. He, on the other hand, splashed and splattered water everywhere as he vigorously did his exercises.

But, he quit after nine months. I, conversely, am still at it after five years and am getting stronger all the time.

• You set your goals too high.

Solution: If you want to lose 15 pounds quickly or you want to avoid knee surgery and exercise doesn't seem to help immediately, don't give up. Maybe it will take a little longer than expected. And even if you can't lose the weight or it's still difficult to walk, exercise is very important for your health.

• You do the wrong exercises.

Solution: Make sure to pick an activity that you enjoy and that is easy for you. Don't jog if you prefer walking. Don't pick a solitary activity if you are a social person. Experts say that the people who stick with exercise are the ones who choose a type that's compatible with their lifestyle, personality, interests and health needs.

Even daily activities provide exercise. So, carry your own groceries, vacuum your house and walk to the corner store. Although it's often tempting to take the easy way and let others do your work, such a pattern will only cause you to lose strength, stamina and eventually your physical independence.

Even if you've never been physically fit, starting an exercise program late in life will help. You can't afford to be an exercise dropout.

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Letters to the Editor

Power corrupts

To The Editor:

When over 100 congressmen plus the president are giving money to a charity from their political contributions, you have to know something big is happening.

Add to this the news that Tom DeLay, probably the most powerful man in Congress, has decided not to run for House speaker and it's pretty obvious that the political landscape is undergoing a major shakeup.

The epicenter of this earthquake is the Abramoff case. Like a layered onion, the case reveals symptoms of an ethical cancer that has metastasized deep into the Republican party. What makes this scandal unique is it's overriding political objective once stated with forthright candor by Abramoff; "It is not our job to seek peaceful coexistence with the left. Our job is to remove them from power permanently."

With Tom DeLay, Karl Rove and other top Republicans, Abramoff was a key player working to build the GOP's political machine and corporate-lobbying complex to assure total and permanent GOP control of every aspect of the American political system.

Abramoff's statement goes to the heart of this cancer that infects Washington. Too many politicians are no longer devoted to public service, only service to those corporations and special interests which control big money. Seeking bipartisan solutions to our nation's problems is not their objective, winning and destroying the other party is all that matters.

Surely the great irony here is that it was scandals involving two prominent Democratic Congressmen which helped bring the Republicans to power on a platform of restoring morality to politics. But sadly, we see once again, "Power corrupts–and absolute power corrupts absolutely."

A pertinent footnote to this sad affair was a remark by our own Gov. Warner in an interview with the Washington Times. Warner said, "In Washington, people are more interested in scoring partisan points than getting things done, and I think there is a real yearning in this country for action."

Let's hope he's right.

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January
Is National Mentoring Month!

1st Row. l to r: Jennifer Wildenstein, Jessica Davis 2nd row, l to r: Anna Kellum, Lisa Hudnall, Martha Crittenden, Amanda Headley

Beyond the home, a child's first mentor is a teacher

♥♥♥

The mentors of Northern Neck Together thank the outstanding first grade teachers at Lancaster Primary School for the caring education they provide to our community's children and for the guidance and encouragement they give us.

The Mentors of Northern Neck Together

1st Row, l to r: Lisa Radtke, David Messinger, Jackie Stevens, Cheryl Makulowich, Rosie Kelley 2nd Row, l to r: Carolyn Hines, Kayana Roane, Cathy Gregory, Barbara Kuberski, Barbara Everton, Sandy Ball, Marilyn McGlamary 3rd Row, l to r: Rob Grace, Carter LaPrade, William Hines, C. D. Hathaway, Danny Kiser, Jim Evans, Denny Sulick, Ella Davis, Kim Bunns, Jones Felvey, Steph Jewell, Connie Felvey, Donald Conaway, Nancy Pinn; Not pictured: Kathy Morchower, Barbara Bowling, Pat Abenante, Rosa Prescott and Kate Hanley.

Who mentored you? Pass it on.
Contact Northern Neck Together at 435-8902
ch@northernnecktogether.com

Mrs. Allen Wiatt Garland Jr.

Garland-O'Bier nuptials held

Leslie Erin O'Bier and Allen Wiatt Garland Jr. were united in holy matrimoney December 10, 2005.

The bride is the daughter of Mr. and Mrs. Stuart Allen O'Bier. The groom is the son of Mr. and Mrs. Allen Wiatt Garland, all of Callao.

The double-ring candlelight ceremony was officiated by pastor Sue Ann Salmon and Rev. Kory Kiss of Bethany Baptist Church.

The bride was escorted by her father and given in marriage by her family. She is the maternal granddaughter of Mr. and Mrs. William Everett Hillman of Heathsville, and the paternal granddaughter of Mrs. Nettie Bryant O'Bier of Kilmarnock and the late Clifton William O'Bier. The groom is the grandson of Mr. and Mrs. Charles Reuben Thrift and Mr. and Mrs. James Vincent Garland Jr., all of Callao and the late Mrs Louise Haydon Garland.

The maid of honor was Susan Cowart of Richmond, a childhood friend of the bride. Bridesmaids were Erin Swann and Eva Balsam of Richmond and Whitney Thompson and Dare Burgess of Burgess. Sarah and Diane Kelly served as junior bridesmaids and Jackie Self was the flower girl.

Wiatt Garland, father of the groom, was the best man. Groomsmen, close friends of the groom, were Todd Jones of Richmond, Justin Pinkard of Virginia Beach, Michael Brann of Heathsville and Curtis O'Bier, brother of the bride. Ushers were Nathaniel O'Bier and Haydon Garland, brothers of the bride and groom. Master Rett Hillman, cousin of the bride, was the ring bearer.

Mrs. Todd Barnes and Mrs. Olivia Cockrell served as musicians, playing piano and harp. Tommy Thompson sang The Lord's Prayer.

Mrs. Sylvia Dameron and Bootsie Burgess were mistresses of ceremonies. Greeters were Lindsey Shearin and Mary Rittenhouse.

A rehearsal dinner was hosted by the groom's parents at The Mooring Restaurant in Kinsale. Following the ceremony, an evening dinner and dancing was held at the Linden House Plantation in Champlain. Music was provided by the Bruce Swartz Group.

After a cruise to the Caribbean, the couple will make their home in Callao with their Yorkie, Mango.

Genealogical society to hold annual meeting

The Genealogical Society of the Northern Neck of Virginia will hold an annual meeting January 21 at 10 a.m. at White Stone United Methodist Church at 118 Methodist Church Road, off Route 3 between Kilmarnock and White Stone.

The program will be "Family Genealogies in the Northern Neck." Please bring family histories to share in an open discussion. A social period begins at 9:30 a.m. Annual membership dues of $10 are payable at the meeting.

The Genealogical Society of the Northern Neck of Virginia (GSNNV) was organized in 1992 to advance genealogical interests and activities in the counties of the Northern Neck. Genealogical topics with wider scope are also presented.

The group holds four business meetings each year and a spring picnic. Meetings rotate among the four counties of the lower Northern Neck. Membership is open to anyone with an interest in genealogy. Guests and prospective members are always welcome.

For more information, call secretary Peggy Hill at 435-3279.

Participate in Democracy.
Read your Public Notices.

WINE PAIRED WINTER DINNER
at the
The HOPE and GLORY Inn
Hope and Glory Chef Craig Vanderpool's Selection for Saturday evening, January 14

Zucchini Almond Soup with Fried Leeks
Robert Pecota Sauvignon Blanc 2003

Confit of Duck Breast and Pear with Manchego Cheese
Bott – Geyl Burgreben Riesling 2001

Crusted Outer Banks Flounder in a Curry Bisque on Creamy Polenta with Wilted Greens
Bogle Chenin Blanc 2004

Baked Virginia Drizzled with Clover Honey
Nino Franco Prosecco Rustico NV

7 pm in our Dining Hall Prix Fixe: $50.00 per person plus tax and gratuity
Reservations only: 804-438-6053 or 800-497-8228

Congratulations
Mary & Willie!

Thanks for letting us be a part of your special day.

May you have a great life together!!

It was a terrific surprise, A New Year's Eve to remember!

Love ya!

Michael, Karen, Bo, Randy, Connie, Steve, Mom, Dad, Suzy, Mark, Samantha, Joe, J.T. Nannie, Phil, Taylor, Kenneth Wayne, Tada-bug, and Tony.

Local News

Dr. Joe Shehigh has returned to Bristol where he is a professor at Virginia Intermont after spending the holidays with his mother, Mrs. Maurice Fulcher, and Mr. Fulcher in Kilmarnock.

Ms. Olga Litvishko has returned to the University of Pittsburgh where she is studying as a Fulbright scholar, after visiting Mr. and Mrs. Jim Conley on Dividing Creek. Ms. Litvishko served as team interpreter for Mr. and Mrs. Conley and other Volunteers in Mission from the Virginia Conference of the United Methodist Church.

Mrs. Wilton Snelling of Indian Creek and Steve Snelling of Everett, Wash., returned on Saturday from Orlando, Fla., where they were joined by other family members for the New Year's holiday.

Guests of Mr. and Mrs. Tom Fletcher for the recent holiday were their children, Mr. and Mrs. David Fletcher and children, Riley and Will, of Springfield, Dr. Wade Fletcher of Alexandria, Miss Kacy Fletcher and her friend, Matt Huff, of Charlotte, N.C., and Brandt Fletcher of Alexandria. Other guests were an aunt, Mrs. David Trent and daughter, Brenda Giles, Mrs. Betty Hill and daughter, Mrs. Mike Abbott, all of Newport News, and Ben and Gloria Abbott of Woodstock.

Dinner guests of Mrs. Paul Ticer on Sunday were nephews Lee Harrison, wife Rhonda and daughter Rebecca of Ohio, Glenn Harrison and wife Gina and Dean Harrison and daughter, Sarah, of Jacksonville, Fla., Mrs. Ticer's daughters Sharon Estabrook of Annapolis, Md., and Kay Weaver and daughter Lydia of Mechanicsville, and Mrs. Ticer's granddaughter Katie Harrison of Ophelia. They were all in town to attend the funeral of their grandmother and great-grandmother, Lillie Harrison Bryant.

Miss Courtney Burke and friend, Felix Dominquez, of the University of North Texas, Denton, Texas, spent a part of the Christmas holidays with her parents, Mr. and Mrs. Fred Burke Jr. They were joined by the Burke's son, Justin, of Radford University, and friend, Melissa Smith. The entire group joined the grandparents, Mr. and Mrs. Fred Burke Sr., for a family dinner on December 26.

Mr. and Mrs. Hobson Walker and grandson, Lane Walk of Asheboro, N.C., entertained their families during the Christmas holidays at Belle Isle.

David Mitchell Reiblich of Indianapolis, Ind., and two sons, Ryan John and Brandon Mitchell, students at the University of Indiana, spent several days during the Christmas holiday with David's mother, Mrs. W. R. Keyser, and Mr. Keyser at their home on Kent Cove.

Mrs. Nannie Booth of Warsaw Health Care Center spent the holidays with her son-in-law and daughter, Mr. and Mrs. Gilliam Hall, in Wicomico Church. Others visiting were her brother and sister-in-law, Eyllison and May Balderson of White Stone, a granddaughter and husband, Marine Chief Officer (ret.) and Mrs. Timothy Hoffman, a great-granddaugther, Lila Hoffman, all of Jacksonville, N.C., a great-grandson and wife, James and Katie Hoffman of Beale A.F.B., Calif., and Mrs. Jeanine Abbott of Wicomico Church. Mrs. Booth spent Thursday, the 28th with son-in-law, Tom Northern and family.

Births

Collin Kenneth Darrall

Wayne and Dawn Darrall of Lively announce the birth of their son, Collin Kenneth Darrall, born October 23, 2005, at Riverside Regional Medical Center. He weighed 7 pounds, 11 ounces and was 19 inches long.

His maternal grandparents are Kenny and Sylvia Vanlandingham.

His paternal grandparents are Tommy Lee Towles and the late Linda Darrall Towles and the late Clinton Darrall.

His maternal great-grandmother is Naoma Vanlandingham.

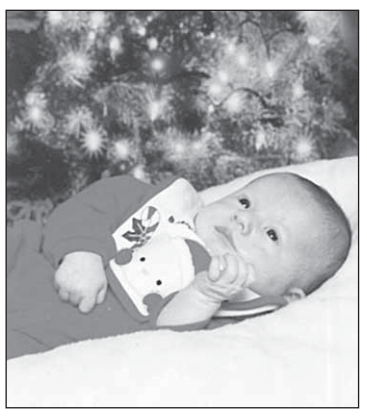
He was welcomed home by his big brother, Eric.

Todd Allen Donovan Jr. and Jesse Alexander Donovan

Todd and Jessica Donovan of Lancaster annoounce the birth of their twin sons, Todd Allen Donovan Jr. and Jesse Alexander Donovan, born at Henrico Doctors Hospital in Richmond November 9, 2005. Allen weighed 5 pounds, 3 ounces and Alex weighed 3 pounds, 4 ounces.

Maternal grandparents are Darlene Dodson of Lancaster and the late Jesse Dodson. The paternal grandparents are Becky and Sherwood Donovan Sr. of Farnham.

The twins were welcomed home by their sister, Hailey.



David Ethan Parks

David and Ann Parks of Lively announce the birth of their son, David Ethan Parks, born December 12, 2005. He weighed 8 pounds, 1½ ounces and was 20 inches long.

His maternal grandparents are E.M. and Elizabeth Jackson; his paternal grandparents are Roger and Virginia Parks.

Habitat for Humanity seeks home applicants

The Lancaster/Northumberland Habitat for Humanity will accept applications for home ownership from January 21 to February 15.

Information sessions will be held January 21 at Grace Episcopal Church in Kilmarnock from 10 a.m. to noon and at Macedonia Baptist Church in Heathsville from 2 to 4 p.m.

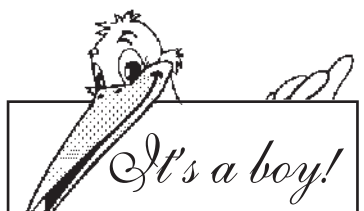
Applications may also be picked up at Lancaster and Northumberland Social Services departments, Lancaster and Northumberland libraries and area banks.

Family education program planned

The Middle Peninsula Northern Neck Community Services Board prevention services staff will offer a 15-week family education program beginning February 7 at Warsaw United Methodist Church. The course for parents and their children, ages 5 to 11, will continue on Tuesdays from 6 to 8:30 p.m.

The free program will increase family communication, cooperation, closeness and respect. Parents and children, meeting separately and together, learn to handle feelings, communicate needs, understand each other better, take charge of their own behavior, feel good about themselves, enjoy each other and have fun. Practical, effective techniques are taught for handling challenging behavior and conflicts.

To enroll, call Tammy Bagby or Sheilah Benjamin at 758-9398, or 1-888-773-8550.



Luke Daniel Pickett
November 3, 2005
5:44 am
6 lbs 6 oz.
18 1/2" inches
Lake Charles, Louisiana

Parents
Bill and Amy Pickett

Siblings
Tinslie, Hunter, Jack

Maternal Grandparents
Dan and Brenda Smith
Daleville, VA

Paternal Grandparents
The late Shriver and Connie Pickett
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JEWELRY FACTS
BY ROSS CHRISTIANSEN

Are there diamonds on the moon? Probably not. Lunar material shows a low percentage of carbon, of which diamonds are made. Moon diamonds, if there are any, would probably be found near the center of the moon.

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Sheryl Warner and the Southside Homewreckers (above) will present a program of traditional early blues music from rural Virginia Thursday, January 12, at St. Margaret's School.

Traditional blues program featured at St. Margaret's

Area residents are invited to join the St. Margaret's School community for "Old Dominion Songsters," an educational evening of traditional Virginia blues music presented by Dr. Gregg Kimball and the acoustic trio Sheryl Warner and the Southside Homewreckers. The event will take place Thursday, January 12, at 6:30 p.m. in Ball Memorial Gymnasium on Water Lane.

The program will include the ragtime-inspired music of Tappahannock's William Moore, a blues legend whose work in the early 20th century continues to influence musicians today. Moore's legacy was honored in December with a highway marker.

Kimball, an award-winning musician and historian who works for the Library of Virginia, was instrumental in obtaining the recognition for Moore. He researched and wrote "Old Dominion Songsters" to explore the music of rural Virginia in the 1920s and 1930s and the the larger cultural and historical context of the blues in the Jim Crow South.

Sheryl Warner and the Southside Homewreckers has performed at the DC Blues Festival, the Theater at Lime Kiln and a variety of schools, colleges, libraries, museums and cultural organizations.

The program is offered free through the St. Margaret's School Speakers Series. Future programs include Mike Roberts of Return to Nature Inc. February 15 and mystery novelist Ted Blain April 4.

For more information, contact program coordinator Tobey Taliaferro at (804) 443-3357.

The Corrotoman Senior Citizens officers for 2006 include (from left) president Fannie Clingan, first vice president Lois Kellum, second vice president Hilda Courtney, third vice president Lois Wilmore and treasurer Hazel Ford. Reba Haynie will serve as secretary.

Corrotoman Seniors to meet

The Corrotoman Senior Citizens will meet Tuesday, January 17, at 10 a.m. at the Ruritan Center near Lively.

A representative from Interfaith will be guest speaker.

Bring a friend and a prize. A luncheon of ham biscuits, chips, dessert and beverages will be served. Bingo will be played.

Hostesses for the meeting will be Hazel Ford, Frances Marsh, Jean Smith and Ginny Schmidt.

Upcoming day trips include Riverside Theatre January 18 for "The Sound of Music," and April 12 for "Ragtime."

Also planned are trips to Atlantic City, March 28 to 30, and to Ocean City, featuring Charlie Prose, April 24 to 27.

For more information, call Hazel Ford at 462-7895, or Fannie Clingan at 435-1713.

Scholar to speak at music club meeting

On Monday, January 16, at 11 a.m., Gilbert and Sullivan scholar professor Ralph McPhail Jr. will be the guest speaker for the Rappahannock Music Study Club. The meeting will be held at St. Andrews Presbyterian Church in Kilmarnock.

Until his retirement from Bridgewater College, McPhail was instructor of theater, speech and English, and director of theater. He retired as Professor Emeritus in May of 2005.

His love of Gilbert and Sullivan has been the focus of much of his professional life. He directed five productions of Savoy operas at Bridgewater College. Most of his Gilbert and Sullivan directorial work was created for other theaters, including the Richmond Opera Company and the Barksdale. He has directed five productions for the Austin (Texas) Gilbert and Sullivan Society since 1988.

Beyond his directing and writing contributions, McPhail carries on an extensive correspondence with other "Savoyards," performers, collectors and enthusiasts..

The program is free and open to the community. The Rappahannock Music Study Club is a member of the National and State Federated Music Clubs.

Donna Ware to address native plant society

The Virginia Native Plant Society's Northern Neck chapter will feature Donna Ware at its monthly meeting Thursday, January 19. A snow date will be one week later at the same time if there is inclement weather on January 19.

The meeting will be held at Wicomico Parish Church (Episcopal) in Wicomico Church at 12:15 p.m. Attendees are urged to bring a brown-bag lunch. Beverages and light refreshments will be furnished.

Ware grew up on a small farm in the Missouri Ozarks. While in high school, she purchased a copy of the Golden Guide to Wildflowers to identify intriguing plants that she saw while exploring the pastures. With the guidebook, she was able to identify plants such as bullnettle, small bluets, bee balm, and purple milkweed. Her interest in wildflowers inspired her to major in biology in college at Southwest Missouri State where she worked as a student assistant in the herbarium.

This interest led to graduate work in botany at Vanderbilt University, where her dissertation topic was the taxonomy of Valerianella (lamb's lettuce). For 30 years, Ware served as curator of the William and Mary Herbarium.

Her botanical interests include coastal plain flora, habitat preservation, the Lee Park in Petersburg, and the Williamsburg Botanical Garden.

Ware is a member of the atlas group that has produced the *Atlas of the Virginia Flora* and the *Digital Atlas of the Virginia Flora*. She is also on the board of the Flora of Virginia Project and on the stewardship committee of the Williamsburg Land Conservancy.

She has served as botanical consultant for *With Paintbrush and Shovel—Preserving Virginia's Wildflowers*.

Falletta and Friends trio concert is Tuesday night

The "On Stage" performing arts series will present Falletta and Friends Tuesday, January 17, at the Lancaster Middle School Theater in Kilmarnock. The concert will begin at 7:30 p.m.

For ticket availability, call the box office at 435-0292. Season subscribers who won't be attending are reminded to call the box office.

The trio will feature JoAnn Falletta on classical guitar, Robert Alemany on clarinet and Debra Wendells Cross on flute. The program will include the Gioachino Rossini "Overture to The Thieving Magpie," the Ludwig van Beethovan "Serenade, Opus 8," the Bela Bartok "Rumanian Folk Dances" and the Joseph Kreutzer "Grand Trio, Opus 16."

Falletta is music director of the Buffalo Philharmonic and the Virginia Symphony Orchestra, and artistic advisor to the Honolulu Symphony. As a guest conductor, she has appeared with many of the world's finest symphony orchestras. She is the most recent recipient of the Seaver/National Endowment for the Arts Conductors Award for exceptionally gifted American conductors. She has performed nearly 300 works by American composers, including more than 60 world premieres and has received many awards.

Falleta's discography includes over 30 titles. Of note is "Schubert's Guitar," featuring Falletta on guitar.

Falletta recently received a Grammy Nomination in the category of Instrumental Soloist Performance with Orchestra. The nomination, which she shares with English horn soloist, Thomas Stacy, is for their recording of "Eventide, Concerto for English Horn, Harp, Percussion, and String Orchestra," by Kenneth Fuchs, performed by Thomas Stacy and the London Symphony Orchestra. "Eventide" is included in "Kenneth Fuchs: An American Place," issued on the Naxos American Classics label (2005, Naxos 8.559224).

Alemany has performed with numerous orchestras in the United States. and abroad including the Czech National Symphony, Moravian Philharmoic, Central Philharmonic Orchestra of China, Orchestra Sinfonico di San Remo, the Cape Town Symphony, Denver Chamber Orchestra (principal), Santa Cruz Symphony, the Queens Philharmonic (principal), the Juilliard Symphony, the Scandia Chamber Orchestra (principal) and the Waterbury Symphony (principal). He performs frequently with the Virginia Symphony and the Buffalo Philharmonic.

Alemany has recorded on the KOCH, Classic CD, Albany and Newport Classic labels. His recording of trios by Beethovan and Kreutzer received a "CD Choice of the Month" award from Classic CD magazine and were acclaimed by Fanfare magazine.

Alemany recorded on Albany Records with the Czech National Symphony the premiere recording works for clarinet and orchestra by Frederick Shepherd Converse, Burnet Tuthill and Jacob Avshalomov along with the rarely recorded Concertante for Clarinet and Orchestra by Norman Dello Joio and the concerto for clarinet by Elie Siegmeister.

Cross holds the position of principal flute in the Virginia Symphony and serves on the faculty of Old Dominion University. She has participated in many music festivals including Tanglewood, Colorado Philharmonic, Music Academy of the West, Skaneateles Festival and the Virginia Arts Festival. For 17 years, she was principal flutist of the Eastern Music Festival in Greensboro, N.C.

She has recorded for Albany Records, New Albion Records and NPR Classics, She also can be heard on "Schubert's Guitar."

The concert is sponsored by the Rappahannock Foundation for the Arts with financial support from Hills Quarter.

Trio to perform at RW-C

Bassoonist Ibby Roberts will return to Rappahannock Westminster-Canterbury for a recital January 21 at 4 p.m. She will perform with Mary Ann Archer on flute and piccolo and Frank Archer on piano.

The free concert is part of the Bazaar Performance Series, funded by proceeds from RW-C's annual fall bazaar.

The program, "All Creatures Great and Small – A Romantic Recital," includes works by Carl Maria Von Weber, Paul Schoenfield, Edward Elgar, Gary Schoker and H. Kling.

Roberts last performed at RW-C in November 2004. She teaches bassoon at the University of Virginia and is an adjunct professor at Mary Baldwin College. She is principal bassoonist of the Charlottesville and University Symphony Orchestra and is a member of the Albemarle Ensemble, the UVA faculty woodwind quintet.

She earned a professional studies diploma and a bachelor's of music from Harid Conservatory in Boca Raton, Fla., and a master's of music performance from the University of Southern California, where she was a Presidential Fellow and received the Dean's Special Commendation. She has performed throughout the country.

Husband and wife, Frank and Mary Ann Archer, teach music at Hampden-Sydney College. She was a member of the Metropolitan Opera Orchestra in New York City from 1977 to 2003 and is featured on many of the Met's video and audio recordings.

She received a bachelor's of music from the University of Cincinnati, a master's of music from Catholic University of America, and a master's of arts in spiritual direction from General Theological Seminary in New York. She served as associate for spiritual development at St. Elizabeth's Episcopal Church in Ridgewood, N.J., where her husband was organist and choirmaster for 21 years. She also directs a women's spiritual group at John's Memorial Episcopal Church in Farmville.

In addition to his church music, Frank Archer was associate professor of music at Caldwell College in New Jersey before coming in 2003 to Hampden-Sydney, his alma mater. He received a master's of music with distinction from Westminster Choir College and the choirmaster's certificate from the American Guild of Organists.

He often accompanies his wife in recitals, and together they performed the world premiere of Robert Baksa's piccolo sonata in New York at the National Flute Association convention in 1996.

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Virginia Historical Society announces upcoming courses

The Virginia Historical Society (VHS) last week announced a new educational initiative, "We'll See You In Class."

As part of plans to celebrate the society's 175th anniversary in 2006, "We'll See You In Class" invites students of all ages to explore Virginia history topics with both guest and staff instructors. The inaugural class begins in February as a four-part series taught by retired Brigadier General John W. Mountcastle.

Brig. Gen. Mountcastle will focus on the key roles played by Virginians in the planning and execution of the Cross-Channel attack in a course entitled "OVERLORD–The Allied Invasion of Europe, 6 June 1944." Classes will be held February 23 and March 2, 9, and 16, from 5:30 to 7 p.m. in the Halsey Family Lecture Hall at the Virginia Historical Society at 428 North Boulevard in Richmond.

A reading list is available for those who would like to explore the topic before classes begin. Tuition is $110 for members and $125 for others, $32 for an optional day-long bus tour to the D-Day Memorial in Bedford March 18.

Enrollment is limited to 100. To register, send a check payable to the Virginia Historical Society to Cynthia Moore, P.O. Box 7311, Richmond, VA 23221. After February 1, tuition is non-refundable.

The second course will be held in June 2006. Dr. Paul A. Levengood, managing editor of the Virginia Magazine of History and Biography and program coordinator for the Reynolds Business History Center, will explore Hollywood's depiction of the South by examining five major films; "The Birth of a Nation," "Gone With the Wind," "To Kill a Mockingbird," "In the Heat of the Night," and "O Brother, Where Art Thou?"

Dr. Levengood will provide research and commentary while the class enjoys memorable scenes from these seminal movies.

Classes will be held from 5:30 to 7 p.m. in the new 500-capacity auditorium that will be available for society programming after construction on the new wing is complete in the Spring of 2006. Advance registration is not required. Tuition for each class is $5 for VHS members and $10 for others and can be paid the evening of class.

Bank supports lecture series

From right, Reedville Fishermen's Museum president Susan Tipton welcomes Bank of Lancaster president and chief executive officer Austin Roberts, recent speaker Sen. John H. Chichester and Bank of Lancaster vice president and Golden Advantage officer Theresa Ransone to the museum's 2005-06 family lecture series sponsored by the bank. The series continues Monday, January 16, at 7 p.m. at Festival Halle in Reedville with "Remembering Reedville," featuring Capt. John Lowry, Carlyle France and Rudy Haynie reminiscing about the "good old days."

St. Margaret's School to host seminar to benefit The Haven

A seminar, "Re-inventing Your Image 2006," featuring Maria Boren will be held January 21 at St. Margaret's School in Tappahannock from 8:30 a.m. to noon. Proceeds will benefit The Haven.

Boren has 10 years of corporate training and 15 years of public speaking experience. She will help attendees understand what their image is saying to others, who they are psychologically, how to assess their strengths and weaknesses, and what changes they should make to affect others positively.

Boren also will perform a make-over for one person from the audience with Arbonne Products, a Swiss-formulated all-botanical line of make-up.

The event will include a continental breakfast courtesy of Wal-Mart and The Essex Florists, and a fashion show provided by The Klotz Patch.

Tickets are $10 for adults and $8 for high school girls. For tickets, visit The Rivah Hair Studio at 225 Prince Street in Tappahannock, or call Robin Lamb or Lisa Zirkle at 443-5060, or Dayna Schools at 387-3759.

African-American genealogy group to meet in Tappahannock

The Middle Peninsula African-American Genealogical and Historical Society of Virginia will meet Saturday, January 14, at 11 a.m. at the Essex County Public Library at 117 North Church Lane in Tappahannock.

Anyone interested in African-American genealogy is encouraged to attend.

Almost everyone who has researched a family tree has encountered a stumbling block from time to time. Persons attending the meeting are expressly invited to share genealogical problems that they may have encountered. Issues could range from how to get started on one's family tree to how to get around a "brick wall" that one might have encountered after years of research.

For more information, contact Bessida White at 321-1206, or cauthornewhite@cs.com.

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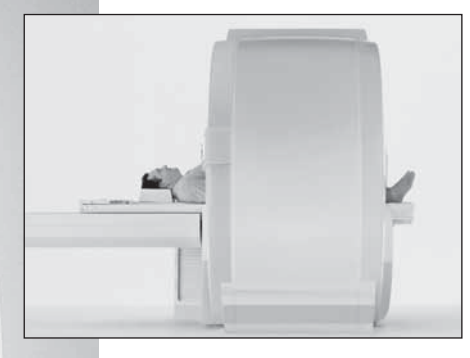

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Join hundreds of Virginians for clean water at the State Capitol on Monday, January 16th. This is your opportunity to show your support for dedicated funding to clean up Virginia's rivers, streams and the Chesapeake Bay. Get dedicated to permanently restoring our dismal water quality by making sure your voice is heard in Richmond.

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Please join Chesapeake Bay Foundation, Northern Neck Land Conservancy, Float Fishermen of Virginia, Friends of the New River, Friends of the Rappahannock, Friends of the Rivers of Virginia, Friends of the North Fork Shenandoah River, Friends of the Roanoke River, James River Association, Potomac Conservancy, Rivanna Conservation Society, Shenandoah Valley Pure Water 2000 Forum, and Virginia Conservation Network on January 16th.

Thrift to lead hitting clinic at Virginia Sports Complex

Former Major League Baseball manager Syd Thrift of Kilmarnock will be joined by players and coaches from several MLB teams on Saturday, January 21, for an instructional hitting seminar at the Virginia Sports Complex in Ruther Glen.

Thrift, who has served in executive positions with the Pittsburgh Pirates, Kansas City Royals, Oakland A's, New York Yankees, Chicago Cubs and Baltimore Orioles, has developed a comprehensive model for effective hitting at all levels. For over 35 years, he has examined and evaluated the top hitting performers in MLB and is the director of the only research and development program in baseball.

"We're trying to reach players, coaches and parents," said Thrift.

He will lead sessions on vision training and preparing mentally and physically for action.

The seminar includes a general session on "building the perfect swing" with Hal McRae and Denny Walling. Specialized instruction also includes sessions on improving contact, two-strike hitting and bunting, team management and time drills.

McRae is a hitting coach with the St. Louis Cardinals, a three-time all-star, the Silver Slugger recipient and has tied the MLB record with six extra-base hits in a game.

Walling is a hitting coordinator for the Baltimore Orioles and had an 18-year playing career with the Oakland Athletics, Houston Astros, St. Louis Cardinals and Texas Rangers.

Other instructors at the seminar include Thrift's son, Jim, who has 21 years of professional experience in both player development and scouting, and Ryan Zimmerman, a former University of Virginia player who will likely be the starting third baseman for the Washington Nationals this spring.

The seminar is from noon to 4 p.m. and is $95 per person. Youth 12 and under are free with a paying adult. Financial assistance is available.

The Virginia Sports Complex is at 22182 Jefferson Davis Highway in Ruther Glen.

To register, call 1-877-482-7778. For more information on the seminar or the Virginia Sports Complex, visit www.vasportscomplex.com.

Syd Thrift

Charger Antonio Hodges tries to draw the charging foul as Lancaster's Andre Henderson goes up for a shot.

Red Devils rebound to beat Chargers 50-46

by Lisa Hinton-Valdrighi

The varsity Devils enjoyed a 10-point plus lead several times last Saturday night, but in the end barely got by the persistent Middlesex Chargers, 50-46, in a non-district basketball game in Saluda.

Lancaster led 21-13 in the second quarter before allowing Middlesex a 10-2 run to bring up a 23-23 lock at the half.

The two teams traded shots in the third quarter for a 33-33 tie going into the fourth quarter when the Devils took a 10-point lead with 1:25 to play.

The Chargers got a pair of three-pointers from Andre Fells and Reshawn Bowen in the waning minute but failed to get a third one to fall.

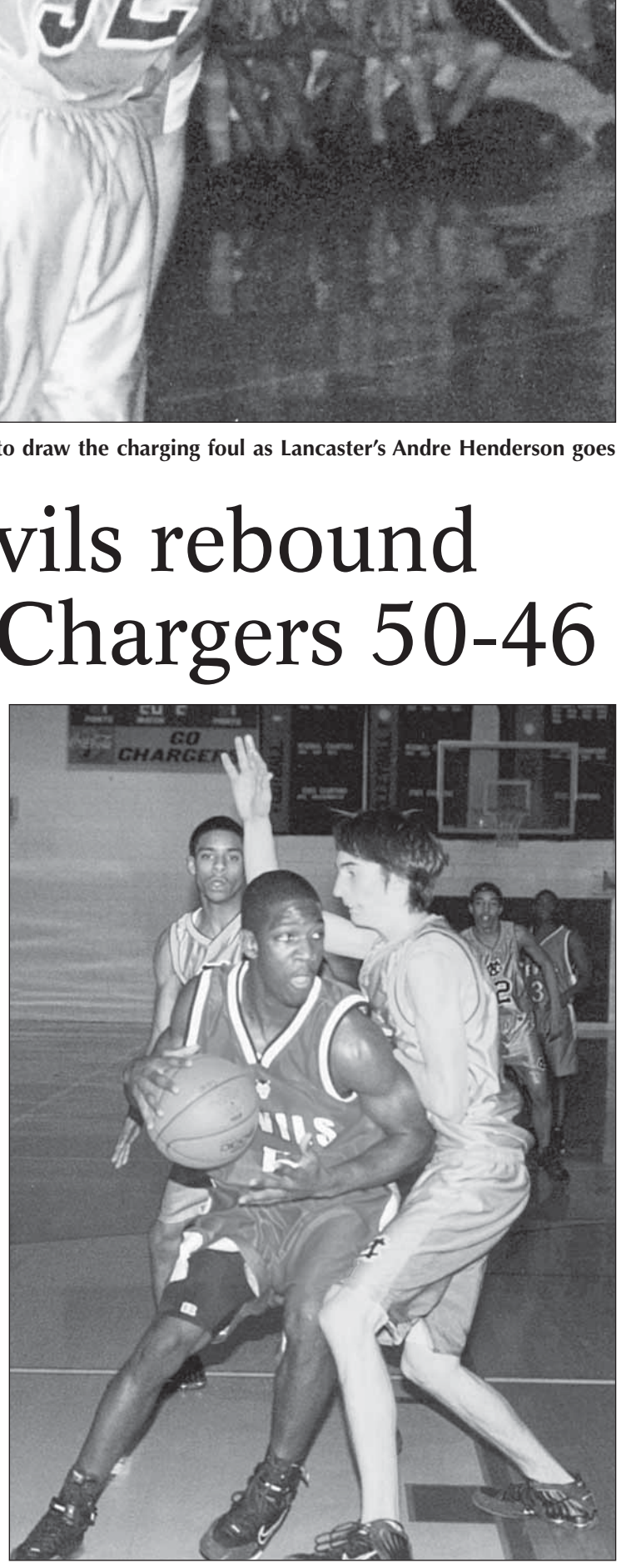
Middlesex did most of its damage from three-point land with nine treys on the night. Brad Bess found his spot in the cheap seats, hitting five three-pointers.

Although Lancaster was more effective inside, Trevor Henderson did hit twice from outside and finished with 11 points. Andre Henderson paced the visitors with 13 points.

Fells had the game-high 19 points and Bess chipped in 13.

The win capped a three-game week for the Devils, who split against Caroline and Surry to take a 4-6 overall record into Northern Neck District play. Lancaster

(continued on page A11)


Jamie Veney of Lancaster drives by Middlesex defender Brad Bess during last Saturday's varsity game.

LHS girls win 46-44

The varsity Lady Devils picked up their first Northern Neck District win of the season last week, edging Rapppahannock, 46-44.

Takeia Jones scored 16 points to lead Lancaster, which improved to 1-1 in the district and 2-4 overall.

After trading baskets with the Raiderettes in the opening period, the Lady Devils took a two-point lead at the half then expanded it to six in the third period.

Rappahannock made a late-game stab at Lancaster, outscoring the Lady Devils 11-7 in the fourth period.

Miesha Wiggins contributed 10 points for Lancaster and Rayna Randle eight.

The Lady Devils will go to Essex tonight (Thursday, January 12).

Rappahannock..13 9 11 11 – 44
Lancaster..... 10 14 15 7 – 46

Scoreboard

Varsity boys basketball
Lancaster 50, Middlesex 46
Lancaster 57, Surry 33
Caroline 54, Lancaster 40

JV boys basketball
Lancaster 52, Middlesex 33
Lancaster 42, Surry 31
Lancaster 43, Caroline 39

Varsity girls basketball
Lancaster 46, Rappahannock 44

Upcoming Games

Boys basketball
(JV 6 p.m.; varsity 7:30 p.m.)
January 13:
King William at Northumberland
Essex at Lancaster
January 17:
Essex at Northumberland

Girls basketball
(JV 6 p.m.; varsity 7:30 p.m.)
January 12:
Lancaster at Essex
January 13:
Northumberland at King William
January 17:
Northumberland at Essex
January 19:
Northumberland at W&L

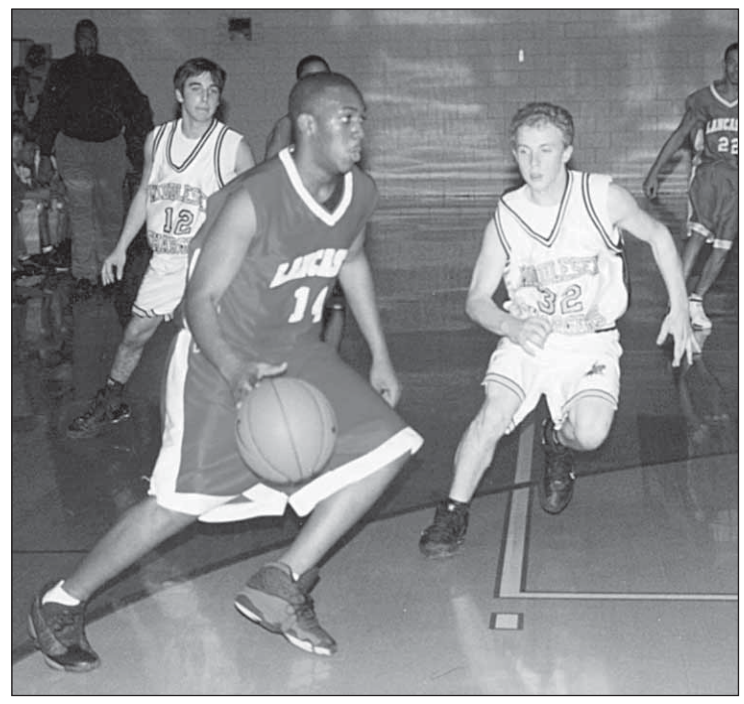
Wrestling
January 13-14:
Lancaster, Northumberland & Woodbury Forest at Christchurch Quad
January 18:
Northumberland and Sussex at Franklin Triangular

Sports Shorts

■ Tai chi

A free tai chi demonstration class will be held at 4:15 p.m. Friday, January 13, at Rappahannock Westminster-Canterbury.

Wear comfortable clothes and shoes.


Jamal Tiggle drives the lane against Middlesex High's Josh Brown (32) during a JV game last Saturday.

JV Devils improve with 3-game surge

by Lisa Hinton-Valdrighi

Lancaster's JV boys basketball team picked up a trio of non-district wins last week to improve to 6-2 overall.

The Devils are 1-0 in the Northern Neck District and dive full-force into district play tomorrow night (January 13) when they host Essex. They travel to Rappahannock January 20.

Lancaster picked up regional wins over Middlesex, Surry and Caroline last week. Saturday's 52-33 rout of the Chargers was the Devils' second win this season over MHS. Lancaster has split with Surry, losing to the Cougars before the holiday break.

Marcus Betts led the charge against the Devils in Saluda with 10 points to pace nine scorers.

Travis Baker and Donte Lee added nine points each for Lancaster, which blew open a seven-point halftime lead with a 21-11 run in the third period. The Devils jumped ahead by 17 in the third quarter when Baker scored seven points and Quenton Henderson six.

Malcolm Ward led the Chargers with 13 points.

Lancaster.....11 10 21 10 — 52
Middlesex .....8 6 11 8 – 33

Lancaster — Carter 0, Veney 0, Christman 0, Betts 10, Moore 2, Tiggle 2, Thomas 4, Henderson 6, Baker 9, Kuykendall 4, Somers 3, Lee 9. Three-point goals: Baker.

Middlesex — Fletcher 6, Bess 6, Ward 13, Bryant 0, Morris 3, Johnson 0, Brown 3, Brooks 2, Eades 0, Duke 0.

Lancaster 42, Surry 31

Lee Kuykendall spread out 11 points to pace the Devils in a 42-31 win over Surry last Thursday, when the Devils avenged an early season loss to the Cougars.

Betts added eight for Lancaster, which took a nine-point lead in the first quarter.

Vincent Batten had 13 points for Surry. Montel White chipped in 10.

Surry .....5 8 7 11 — 31
Lancaster...14 9 8 10 — 42

Lancaster — Baker 5, Betts 8, Moore 2, Thomas 3, Lee 0, Somers 4, Gibson 0, Henderson 6, Veney 0, Christman 3, Kuykendall 11. Three-point goals: Henderson.

Surry — White 10, Howell 2, Thomas 2, Cypress 0, Batten 13, Evans 4, Brown 1, Ruffin 0. Three-point goals: White 2.

Lancaster 43, Caroline 39

Jonathan Somers scored five points and Baker four to lead Lancaster in a third quarter comeback last Wednesday.

Somers and Baker combined for half of the Devils' 18 points in the period to help lead LHS to a 43-39 win over Caroline.

Somers and Betts scored 11 points each for Lancaster, which trailed by five at the half.

The Devils rallied in the third with eight unanswered points to take a 32-29 lead. The teams traded shots in the fourth as Lancaster held on for the win.

Caroline ..... 6 13 10 10 — 39
Lancaster..... 8 6 18 11 — 43

Caroline — Fells 0, Thomas 0, Stevens 4, Jones 13, Smith 8, Hickman 5, Mines 9, Armstrong 0.

Lancaster — Baker 6, Betts 11, Moore 2, Thomas 0, Lee 0, Somers 11, Gibson 2, Henderson 9, Kuykendall 2. Three-point goals: Henderson.

✳ Rappahannock Almanac ✳

White Stone/Grey's Point Tides, Sun, & Moon – January, 2006

Fri	**1/13**	Moonset	7:09	Low	4:36	-0.1′
		Sunrise	7:20	High	10:53	1.5′
		Moonrise	**4:20**	Low	**5:33**	0.0′
		Sunset	**5:09**	High	**11:06**	1.2′
Sat	**1/14**	Sunrise	7:20	Low	5:20	-0.1′
		Moonset	7:51	High	11:34	1.5′
		Sunset	**5:10**	Low	**6:12**	0.0′
Full - 4:47		Moonrise	**5:22**	High	**11:46**	1.2′
Sun	**1/15**	Sunrise	7:20	Low	6:02	-0.1′
		Moonset	8:27	High	**12:12**	1.5′
		Sunset	**5:11**	Low	**6:49**	0.0′
		Moonrise	**6:24**			
Mon	**1/16**	Sunrise	7:19	High	12:25	1.2′
		Moonset	8:56	Low	6:42	-0.1′
		Sunset	**5:12**	High	**12:47**	1.4′
		Moonrise	**7:24**	Low	**7:24**	0.0′
Tue	**1/17**	Sunrise	7:19	High	1:02	1.2′
		Moonset	9:21	Low	7:22	0.0′
		Sunset	**5:13**	High	**1:21**	1.4′
		Moonrise	**8:24**	Low	**7:58**	0.0′
Wed	**1/18**	Sunrise	7:19	High	1:39	1.2′
		Moonset	9:44	Low	8:01	0.0′
		Sunset	**5:14**	High	**1:55**	1.3′
		Moonrise	**9:21**	Low	**8:31**	0.0′
Thu	**1/19**	Sunrise	7:18	High	2:17	1.2′
		Moonset	10:05	Low	8:42	0.1′
		Sunset	**5:15**	High	**2:29**	1.2′
		Moonrise	**10:19**	Low	**9:05**	0.0′
Fri	**1/20**	Sunrise	7:18	High	2:56	1.2′
		Moonset	10:25	Low	9:25	0.1′
		Sunset	**5:16**	High	**3:06**	1.2′
		Moonrise	**11:17**	Low	**9:41**	0.1′

Corrections	High	Low	Height
Piankatank River, Cherry Pt.	-1:42	-1:44	86%
Great Wicomico River Light	0:30	0:20	76%
Smith Point Light	1:01	0:44	86%

PM times are in **boldface type**.
Unusually high & low tides are also in **boldface**.
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Michelle Lybarger

Lybarger completes 2005 marathon goal

Michelle Lybarger of Irvington decided late in 2004 to "celebrate" her 50th birthday in 2005 by running a marathon (or more) a month. On December 10, she achieved her goal by completing the Rocket City marathon in Huntsville, Ala.

Lybarger, an avid runner for 15 years, began her odyssey in January with the Houston Marathon. She first competed in the Myrtle Beach marathon February 18 and, as she was scheduled to be in New Orleans for a conference the following week, registered and participated in the Mardi Gras marathon February 27, which started and ended in the Superdome.

The Shamrock marathon in Virginia Beach was the March marathon and in April she completed her eighth Boston marathon. May was the "or more" month as Lybarger finished the Old Dominion Memorial 50-mile run in Woodstock.

Marathons for the balance of the year included the Hatfield-McCoy in Williamson, W.Va., (June), Grandfather Mountain in Boone, N.C. (July), the Grizzly marathon in Choteau, Mont. (August), Adirondack marathon in Schroon Lake, N.J. (September), Marine Corps marathon in Washington, D.C. (October) and the Suntrust marathon in Richmond (November).

Early into the year, Lybarger recognized that she needed to focus only on completing the races and not on finishing times. Even so, she managed to place in her age division in 8 of the races, three first places, two second places, two third places and a fourth place.

Furthermore, she ran a qualifying time for the Boston Marathon in seven of the marathons. Obstacles to her goal included a severe shin splint in August, a car wreck in September in which she sustained badly bruised ribs, and a painful Morton's neuroma in December. The accident occurred three days prior to her September marathon in Erie, Pa., and sent her scrambling to locate, register, and make travel plans for a marathon later in the month (the Adirondack marathon).

While Lybarger is pleased (and relieved) to have achieved this ambitious goal, she vows it is not one she plans to repeat any time soon.

Her future goals include completing a 100-mile run and finishing a marathon in all 50 states. While she has currently run and completed 36 marathons and 4 ultra-marathons of 50 miles, many have been repeats in the same locations.

Lybarger works at Rappahannock General Hospital where she is the director of rehabilitation services and is a physical therapist.

▼ Red Devils rebound . . . .

(continued from page A10)

is 1-0 in the league after beating Washington & Lee in December and begins four weeks of district play tomorrow night (January 13) at home against Essex.

Lancaster.... 16 7 10 17 — 50
Middlesex ... 10 13 10 13 — 46

Lancaster — T. Henderson 11, Mitchell 8, Veney 8, C. Henderson 4, Laws 0, Segar 0, Saunders 0, A. Henderson 13, Rice 6. Three-point goals: T. Henderson 2, A. Henderson.

Middlesex — Bess 15, Fells 19, Hodges 3, Bowen 9. Three-point goals: Bess 5, Fells 2, Bowen, Hodges.

Lancaster 57, Surry 33

The Devils took control early last Thursday, scoring 35 first-half points en route to a 57-33 win over visiting Surry.

A. Henderson paced Lancaster with 16 points, scoring 12 in the first half when Lancaster mounted a 35-13 lead. The Devils went up by 10 in the first period, then outscored the Cougars 20-8 in the second quarter.

J. Veney added 13 points for Lancaster.

Surry ..... 5 8 10 10 — 33
Lancaster... 15 20 14 7 — 57

Lancaster — T. Henderson 5, Mitchell 7, Veney 13, C. Henderson 5, George 1, Saunders 9, A. Henderson 16. Three-point goals: T. Henderson, Mitchell, Saunders, A. Henderson.

Caroline 54, Lancaster 40

Caroline outscored Lancaster 30-18 in the middle quarters last Wednesday and went on to beat the homestanding Devils, 54-40.

After trading baskets in the first quarter, Lancaster allowed five unanswered points in the second quarter and another seven in the third as Caroline secured the win.

J. Veney led the Devils with 13 points and A. Henderson added eight.

Caroline ..... 10 15 15 14 — 54
Lancaster..... 11 10 8 11 — 40

Lancaster — T. Henderson 0, Mitchell 0, Veney 13, C. Henderson 0, Segar 1, A. Henderson 8, Rice 4. Three-point goals: T. Henderson 2, Saunders, Rice.

Rappahannock Record Deadlines

Display advertising:
Monday at 5 p.m.

Classified advertising:
Tuesday at noon

News with photos and for calendar listing:
Tuesday at 11 a.m.

All other news:
Tuesday at 2 p.m.

Free throw contest shoots for Jan. 28

All boys and girls ages 10 to 14 are invited to participate in the Knights of Columbus Free Throw Championship at the Northern Neck YMCA in Kilmarnock, starting at 8:30 a.m.

The Knights of Columbus Free Throw Championship is sponsored annually. Winners progress through local, district and state competitions. International champions are announced by the Knights of Columbus International headquarters based on scores from the state-level competitions.

Participants will compete in their respective age divisions. Last year more than 179,000 sharpshooters participated in over 3,000 local competitions.

Participants are required to furnish proof of age and written parental consent. For entry forms or additional information, contact Kevin Stepko at 435-3884. Entry forms are also available at the Lancaster and Northumberland middle schools and the Northern Neck YMCA.

The Knights of Columbus is an international Catholic family fraternal service organization with nearly 1.7 million members in over 12,500 local councils. Last year, Knights of Columbus donated 60 million volunteer hours and $130 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, families and youth.

Aeronautical chapter to meet January 19

Retired Navy Capt. Tracy D. Connors will be the speaker for the Northern Neck/Middle Peninsula Chapter of the Virginia Aeronautical Historical Society meeting Thursday, January 19, at noon at the Pilot House Restaurant in Topping.

Connors enlisted in the Naval Reserve before graduating from high school and was senior petty officer after graduating from the University of Florida. He served 10 years of active duty, including sea duty on the USS F.D. Roosevelt (VCA 42), and on the public affairs staff command in chief, U.S. Atlantic Fleet in Norfolk.

Connors left the Navy to start a business career in management of a non-profit organization of advanced technology development programs and online publishing and communications programs.

In 1981, he was re-commissioned in the Naval Reserve, and earned surface warfare officer qualifications aboard the USS Saipan (LHA-2). Connors was recalled to active duty for long periods of time from 1985 to 1999, serving in responsible positions for the Secretary of the Navy, the chief of naval operations, and other senior Navy commands in the National Capital Region prior to his Navy retirement in 1999.

He has authored many handbooks, and management publications. His *Trackbusters from Dogpatch* was started as a memorial to his uncle, First Lt. Archibald "Archie" Connors, a Mustang pilot, 67th Squad, who was killed in action in 1952. This book has developed into a comprehensive history of the 18th Wing during the Korean War. Connors will speak on the 18th Fighter-Bomber Wing in the Korean War.

The meetings are open to the public. Anyone may attend and join the chapter.

LHS is first runner-up for sportsmanship award

Lancaster High School has been named first runner-up for the 2005 George Gasser Sportsmanship Award by the Central Virginia Football Officials Association (CVFOA).

The Red Devils won the award in 2004.

Trinity Episcopal School is the recipient of this year's award. Central of Lunenburg was the second runner-up.

Twenty-seven AA, A and independent schools were served and rated by the CVFOA. The award means CVFOA officials gave Lancaster's football players, coaches and fans high ratings during the 2005 season.

George Gasser was a longtime official with CVFOA, a past commissioner of the association and a Virginia High School League Hall of Fame inductee. The award has been presented annually since his death in 1997.

Other past winners include Blessed Sacrament/Huguenot Academy, Charles City, King & Queen and West Point high schools.

Mills Godwin High School won the CVFOA's Stretch Gardner Football Sportsmanship Award, the equivalent of the George Gasser Award for AAA and prep league schools.

EPA commits $10 million to protect the nation's beaches

In order to get a jump start on the 2006 beach season, the Bush Administration announced 30 states and five territories will share $10 million in EPA grants for beach water quality monitoring and notification programs.

During the past six years, EPA has provided nearly $52 million under the Beaches Environmental Assessment and Coastal Health Act (BEACH) of 2000 to states with shorelines along the nation's ocean coasts or around the Great Lakes.

"While most of us are not thinking about hitting the beach in January, this funding will ensure that families are better protected when heading to their vacations this summer," said EPA administrator Stephen L. Johnson. "These grants are an integral part of the Administration's Clean Beaches Plan, improving water quality and keeping the public informed."

Grants are available to eligible coastal states and territories based on the length of beach season, the miles of beach and the number of people who use that beach. In addition, money will be made available to eligible Indian tribes who apply. The grants, which cover a five-year period, will be awarded early this year. States and territories must make formal application to receive their allotted funds.

The BEACH Act of 2000 requires coastal states and territories to adopt up-to-date pathogen criteria to protect beach goers from harmful bacteria. Information about EPA's beach program, grant information and a list of eligible states, territories and available 2006 funds can be found at www.epa.gov/waterscience/beaches/grants.

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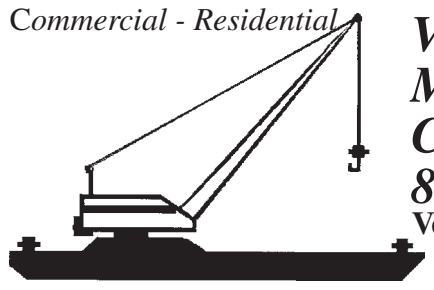

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Saturday, January 14, 2006
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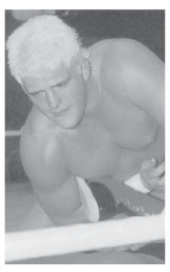
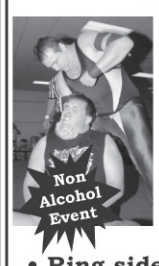
Bell Time 8 p.m. Sharp!!!
"Lone Star" Dustin Rhodes
AKA The WWE Superstar Wrestler formally known as "Golddust"



The Gloucester Hater Generation Next David Flair
vs.
Gloucester Simply Perfect Preston Quinn
Mathews, VA - Mike Slaughter



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Northern Neck Family YMCA · 804.435.0223
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Greater Williamsburg Family YMCA · 757.220.7045
Northumberland Family YMCA · 804.580.8901
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www.peninsulaymca.org
YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Explaining the nature and validity of BMI

Americans are getting less and less healthy. According to the National Center for Health Statistics (NCHS), between the years of 1999 to 2002, 64 percent of Americans over the age of 20 were overweight or obese.

Such statistics represent a key element in the ongoing debate over America's supposed obesity epidemic. These statistics were compiled using the notion of Body Mass Index (BMI), a somewhat controversial and, at times, unreliable way of determining healthy body weights for Americans.

Before getting to the heart of the BMI debate, one must first understand just what BMI is. Essentially, BMI is a number based on height and weight that is used to analyze the effects of weight on people of varying heights. BMI has predetermined levels that indicate a person's health with respect to their weight.

For instance, the Center for Disease Control and prevention (CDC) considers a BMI below 18.5 underweight; between 18.5 and 24.9 is considered normal. Anything above 25.0 and less than 29.9 is considered overweight. A number 30.0 and above is considered obese. Calculating BMI can be done in a matter of seconds by dividing weight in kilograms by height in meters, squared.

While these standards might appear to offer a clear index of exactly what is and isn't healthy, overweight or obese, that is not necessarily the case. BMI is only an estimate of obesity. A common misconception with respect to BMI is that it indicates a person's percentage of body fat.

This is not true, nor should BMI be considered the determining factor as to whether or not a person is overweight or obese. Statistics such as those released by the NCHS are somewhat misleading, as BMI is not a universal tool for every individual. For example, many bodybuilders have BMIs above 25.0, yet no one would classify them as overweight or even unhealthy. In other words, what might be a drastically unhealthy BMI for one person might be perfectly fine for another person with the same height and weight.

When determining a person's BMI, body fat distribution is never taken into consideration. Numerous studies, for instance, have linked abdominal adiposity (measured by the waist-hip ratio or waist circumference) with cardiovascular disease. Therefore, someone with an unhealthy amount of fat in his abdominal region is at a greater risk for heart disease, regardless of his BMI. By failing to take fat distribution into account, the BMI could potentially be very misleading, implying that a person is healthy and not at risk when that might not be the case at all.

Similarly, BMI does not take into account the weight of muscle versus the weight of fat. A bodybuilder who is 6 feet 3 inches tall and weighs 220 pounds will have the same BMI as someone who doesn't exercise but is also 6 feet 3 inches tall and weighs 220 pounds. Clearly, the former will be healthier, while the latter is likely carrying around an unhealthy amount of fat. However, the BMI formula will suggest these men are of equal health.

Why is BMI even used at all? As a guideline, BMI is quite valuable, offering a formula for adults (BMI offers age and gender specific guidelines for children separate from those for adults) to determine whether their weight is considered healthy and if their weight is increasing their likelihood for cardiovascular disease or diabetes.

When looked at as more of a suggested value and an estimate rather than a deciding factor on health or obesity, BMI offers a great guideline and formula that can be easily applied at home. Still, the best and most accurate means of determining whether or not one's weight is healthy is to visit a physician, who has access to a variety of tests.

To learn more about BMI, talk to a physician or visit the CDC website at www.cdc.gov.

A Doctor Speaks
by George Moore

A pain patch of interest

People with osteoarthritis may have a new option for pain relief.

The item is a self-adhesive patch called Lidoderm made by Endo Pharmaceuticals. It was approved by FDA to treat chronic pain from shingles only. The patch contains 5 percent lidocaine, an analgesic, and is applied to the intact skin.

At a recent meeting of the American Pain Society, a paper was delivered on results of the patch when used for reducing knee pain. In a study of 100 patients with moderate to severe knee pain, the lidocaine patch significantly reduced the intensity of pain.

However, there was no control group against which to compare the effects of the patch.

In another unpublished study, the patch was just as effective as Celebrex in reducing knee pain among 143 people with osteoarthritis. Endo Pharmaceuticals funded these studies and more research is needed to make sure that the patch works and is safe for patients. The patch may be an option for knee pain, especially if other medications don't work.

Any drug delivered by a patch generally has fewer side effects. The patch can still sometimes cause temporary skin irritation, redness, swelling and rarely, allergic reactions. It may not be suitable for people with severe liver disease and those taking antiarrhythmic or other heart drugs such as digoxin.

If your doctor feels that the Lidoderm patch is worth a try to reduce your pain, be sure to tell him about all the other medications and other analgesic creams you are using.

Time will tell whether the patch is worth using and perfectly safe, but the news is promising for those who look for pain relief.

Until Lidoderm is approved for osteoarthritis, it may not be covered by insurance.

Virginia Motor Speedway releases 2006 schedule

The tentative 2006 schedule for Virginia Motor Speedway includes 23 weeks of Thurston Spring Service Dirt Series Championship action starting with opening night April 1 and ending with the 37th Annual Fall Classic September 22 and 23.

To see the entire 2006 schedule, visit www.vamotorspeedway.com.

The speedway will hold an open practice for all divisions March 25 from 9 a.m. to 5 p.m. All cars must be registered and inspected before practice. Registrations are being accepted with the top 20 in each class having their number saved until February 15 when all numbers will become first come first serve.

Competitors can obtain a 2006 registration form at the track website, or by calling the speedway Monday through Friday from 10 a.m. through 3 p.m. at 758-1867.

Returning during the 2006 season will be the very successful Victory Lap Late Model $25,000 Challenge Series for steel-head late models. The four-race series will offer a bonus program for multiple wins. The Victory Lap Late Model $25,000 Challenge will again pay a $5,000 bonus to anyone winning two of the four events with it going to $15,000 if a driver wins three of four events. And finally, if a driver sweeps all four events that driver would pick up a cool $25,000 bonus. Track rules for the Victory Lap Late Model Division will apply.

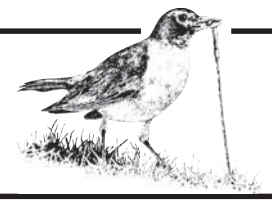
"With the success of the Victory Lap Challenge over the last three years, we felt it was imperative to bring back the Challenge Series and give our steel-head late models four premier events during the 2006 season," said track owner Bill Sawyer.

Tentative dates for the Victory Lap Model $25,000 Challenge Series are April 29, June 10, August 5 and September 2.

VMS will also hold three special events for the Super Late Models during the 2006 season. Tentatively scheduled are the World of Outlaws Late Model Series on April 8, the Lucas Oil Dirt Car Series on June 17 and the MACS Series on August 19. All four races will be $10,000 to win events.

The speedway also will host an AMA Grand National event on July 15 for the very first time. The Joe Weatherly Memorial will be the first time in 36 years that the national motorcycle tour has visited the state of Virginia.

Also visiting Virginia Motor Speedway for the first time will be the Emmett Hahn's O'Reilly ASCS National 360 Tour on May 27.



Window On Wildlife
by Joyce Fitchett Russell

Lately, of all our many blessings, having our entire family together was the best. We took long walks on favorite natural places.

Down on the farm, we spotted and heard a flock of wild turkeys flying over.

At Hughlett Point, we saw a flock of hundreds of Canada geese, and from Dameron Marsh there were many swans resting.

On a beach, we gathered shells brought in on the tide; razor clam, blue mussel, and even a barnacle. On a sandbar came six sand pipers.

Around our home, we saw lots of action; four male flickers with black bib on speckles breast, pecking for insects in the front yard.

Up in the pines three of four black vultures were challenging for territory. One buzzard had a blood red head.

Although we have few birds at our feeders, there are many birds still here, doing what they usually do. Let's hope and pray they come back to us soon.

Audubon sets birding course

The Northern Neck Audubon Society will present a free course, "Improve Your Birding Skills" to residents who wish to identify birds by sight and by sound.

The course will meet for five sessions at Grace Episcopal Church in Kilmarnock, from 6:30 to 7:30 p.m., on the first Monday of the month, beginning February 6.

Participants will be welcome to stay and attend the regular NNAS meetings immediately following the sessions.

The first session, "Bird Vocalizations, Visual Clues and Behavioral Clues," will be presented by wildlife biologist Sandy Spencer.

On March 6, Audrey Brainard will present "Birds at Home," and discuss habitats, seasonal changes, and attracting birds with plants and foods to one's backyard.

On April 3, Bob Adrience will present "Narrowing the Possibilities" and describe bird classification, shapes, feathers, silhouettes, beaks and patterns.

On May 8, Rae Hinch and Barbara Groff will present "Birding by Ear" and describe bird calls and songs.

On June 1, B.J. Norris will present "Birds of Summer" and discuss where to look and what to look for.

Each session will be convened by education chairman Jim Groff. He and president Peter Saam organized the course.

"We are fortunate to have several outstanding birders in our club who are willing to share their skills with us," Groff said. "Sandy Spencer is a biologist with the National Fish and Wildlife Service. Audrey Brainard is a former educator and national science consultant. Bob Adrience and Barbara Groff are former teachers. Rae Hinch is an NNAS board member active in conservation groups, and B. J. Norris is a former NNAS president and one of the area's most skilled birders."

For more information, call Groff at 453-8591.

Bowling Results

Ladies League

Northern Neck Surgical Services won two games against Lively Oaks when Terry Stillman bowled a 382 set with games of 113, 132 and 137. Bev Benson rolled a 317 set with games of 100, 106 and 111. For Lively Oaks, Debbie Dodson had a 316 set with games of 115 and 117. Jean Reynolds bowled a 311 set with two games of 109. Patsy Headley rolled a 109 game and Becky Thrift had a game of 104.

Yeatman's Forklift won three games against Abby. Myrtle Royall bowled a 301 set with a 121 game. Alma George rolled a 308 set with a 118 game.

Callis Seafood won two games against Young Country when Mary Savalina bowled a 369 set with games of 120, 121 and 128. Gayle Conrad rolled a 335 set with games of 101, 112 and 122. Betty Evans had games of 101 and 107. Donna Thomas rolled games of 104 and 105. For Young Country, Betty Steffey bowled a 395 set with games of 124, 128 and 143. Cathy Savalina rolled a 337 set with games of 104, 106 and 127. JoAnne Paulette had a 307 set with games of 102 and 119. Theresa Davis bowled a 302 set with games of 104 and 106. Linda Lake had a game of 100.

R.P. Waller won two games against TCH Oil when Marsha Nash bowled a 342 set with games of 110, 115 and 117. Dee Atkins rolled a 306 set with games of 101 and 115. Ola Nash had a 302 set with games of 102 and 110. For TCH Oil, Vicki White and Vivian Callaway each bowled games of 103. Marie Piccard and Cindi Hollowell each had games of 106.

High average: Betty Steffey, 114; Sandra Evans, 109; Terry Stillman, 108.

Standings

	W	L
Young Country	35	10
TCH Oil	29	16
Callis Seafood	29	16
R.P. Waller	25	20
Lively Oaks	24	21
Yeatman's	21	24
N.N. Surgical	19	26
Abby	0	45

Men's League

January 5 was the end of the first half of the season.

J&J Construction won three games against Cap'n John's when Curly Lewis bowled the high set of the week of 409 with games of 179 and 122. Frank Perkins rolled games of 124 and 136 in a 364 set. Steve Edwards had a 139 game. For Cap'n John's, Ryan Dawson bowled the high set of 375 with games of 133 and 134. Herbert Hammock rolled a 124 game and Ernie George had a 118 game.

Sal's Pizza won two games and lost one against D&L Marine Construction when Bill Hendershot bowled the high set of 380 with games of 142 and 137. Wayne Condrey rolled games of 125 and 155 in a 377 set. Bob Huff had games of 118 and 129. For D&L, Steve Hinson bowled the high set of 357 with games of 125 and 134. Mark Obsharsky rolled a 134 game and Doug Hundley had a 118 game.

Evans Bowling Center won two games and lost one against H&S Printing when Woodie Evans bowled the high set of 361 with a 134 game. Wilson Evans rolled a 122 game and John Forrester had two games of 113. For H&S, Louis Coates bowled the high set of 376 with games of 129 and 144. Gary Hodge and Bill Hayden each rolled a game of 116.

High game: Curly Lewis, 179; Herbert Hammock, 167; Bob Huff, 166; Ryan Dawson, 165; Wayne Condrey, 160.

High set: Wayne Condrey, 413; Curly Lewis, 409; Bub Huff, 404; John Forrester, 396; Ryan Dawson, 395.

High team game: Sal's, 523; Cap'n John's, 515; D&L, 508; H&S, 506; Evans, 495; J&J, 493.

High team set: Sal's, 1,471; D&L, 1,429; Evans, 1,427; J&J, 1,416; Cap'n John's, 1413; H&S, 1,365.

High average: Bill Hendershot, 120; Wayne Condrey and Curly Lewis, 119; Wilson Evans, 117.

Standings

	W	L
Sal's Pizza	32	16
Cap'n John's	31	17
Evans	30	18
J&J	26	22
D&L Const.	16	32
H&S Printing	9	39

Bridge Results

The Bridge Discussion Group will begin a new session Tuesday, January 17, at 9:30 a.m. at the Woman's Club of Lancaster in Lancaster.

The session will be held for eight weeks. The session will consist of the presentation of a topic, discussion/questions and play. Each topic is accompanied with a handout and some topics will be reinforced with pre-set hands to play. Instruction will concentrate on play of the hand, defense and newer conventions.

The sessions are for the person who wants to improve their bridge skills or has played bridge in the past and wants to 'brush up' on newer conventions. There will be a 'beginners bridge' session in May

No reservations are required. The fee is $4 per session. For more information, call Betty Thornton at 462-0742.

Six-and-a-half tables of duplicate bridge were in play January 3 at the Woman's Club of Lancaster.

Winners north/south were first, Dianne Monroe and Babs Murphy; second, Cynthia Birdsall and Arden Durham; and third, Kate Frayne and Ronnie Gerster.

Winners east/west were first, Liz Hargett and Tot Winstead; second, Bob and Carol Rosiciky; and third, Judy Peifer and Ginger Klapp.

The next bridge for this group will be Tuesday, January 17, at 1 p.m.

The Woman's Club of White Stone held its monthly dessert bridge and mahjong session January 6.

Dessert bridge chairman was June Swanell. Helpers were Ginger Philbrick, Helen Withers and Grace Leach. Swanell was the top scorer.

Call Carolyn Reed at 435-6207 to schedule reservations for the February 3 dessert bridge.

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U.S. COAST GUARD AUXILIARY
BOATING SKILLS and SEAMANSHIP
Public education course to begin Feb. 2 at the Lancaster Community Library on School St. in Kilmarnock
The course is suitable for the novice as well as for the experienced boater. Topics include boating terminology, boat types, boat handling, boating laws, personal safety equipment, navigation rules and aides, use of nautical charts, knots, marine radio, trailering and weather. The course runs for 14 sessions on Tuesday and Thursday evenings from 7:30 – 9:30 from Feb. 2 through March 21. There is a fee of $45 per individual, $65 per couple to cover cost of materials. This course is co-cponsored by the Coast Guard Auxiliary and the Department of Game and Inland Fisheries (www.dgif.state.va.us). For information or to enroll in the course contact Larry Uhfelder, Staff Officer for Public Education at (804) 453-5012 or by e-mail at luhfelder@direcway.co
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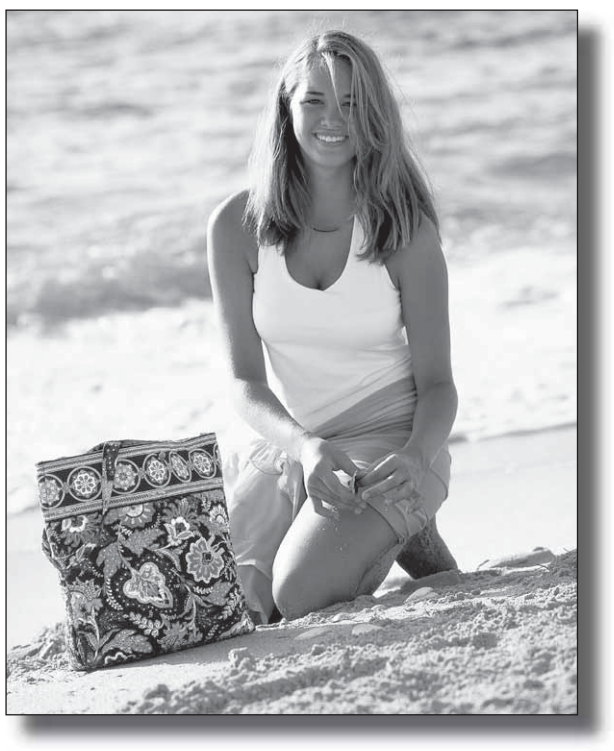

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Phillips receives award

Worshipful Robert Phillips of Westmoreland Lodge 212 A.F.&A. M. (left) receives the Master Craftsman Award from worshipful Lynn Spears, the ninth district Masonic home ambassador.

▼ *School board . . . .* *(continued from page A1)*

work session dates.

The first will be February 27 at 5:30 p.m. in the school board office at Irvington and Weems roads. A follow-up session will be held March 7 at 5:30 p.m. in the school board office.

The board opted to complete some work sessions prior to requesting a joint budget meeting with county supervisors.

"I feel we should get two or three meetings under our belt before we target a meeting date with the board in March," said McCann.

School superintendent Dr. Randolph Latimore said the board should know in late March the amount of state revenues expected for the year.

Doyle suggested that the joint meeting with the supervisors be set after those state revenues are known.

Other reports

Coach Craig Oren of the school division's wrestling program reported to the board that student participation in the program has increased from 25 students at the start of the program seven years ago to 80 students now, including students from the primary school, the middle school and Lancaster High School.

Assistant coach Matson C. Terry II recapped the success of the wrestlers in competition and also credited efforts to ensure academic performance by the student athletes and parental support of the program.

Latimore reported on a plan to donate school computers to students following the end of the useful life of the computers for school purposes.

Latimore said primary school students would be the primary recipients of the donations based on the federal Title 1 status of the school, which is determined by lower income levels. He said state standards of learning performance might also factor into the donations and said students must apply for donations.

The board will vote on a computer donation policy February 13.

Drawing a winner

Library director Susanna Collins holds the hat while staff librarian Sally Rohlfing draws the winning ticket in the Lancaster Community Library's annual lottery last Saturday. The winner of the $15,000 prize was Thomas "Ricky" Reynolds of Lancaster, owner and operator of Reynolds Garage in Ottoman.

Photo contest seeks 'preservation' entries

"Preservation" is the topic for the fifth Environment Virginia Photo Contest. Complete rules may be found at www.environmentva.org.

Photographers have three opportunities to win. A panel of judges will award a gold, silver, and bronze winner ($400, $300 and $100 respectively).

To enter, email entries to photocontest@vmi.edu. The deadline for entries is April 1. All photos will be accepted in JPEG, Tiff, or bitmap format, not exceeding 10" by 10" and 300 pixels per inch (PPI).

The contest is open to all Virginia residents, who are amateur photographers, and limited to one entry per person. The panel of judges will judge photos as they relate to the theme. Awards will be presented at the 17th annual Environment Virginia Symposium at Virginia Military Institute April 18 to 20.

Environment Virginia is the premiere environmental conference in the state. Over 600 environmental professionals from business and industry, state and local government, academia and non-profit environmental organizations, plus 60 exhibitors, are expected to attend.

The U.S. Army Corps of Engineers, Virginia Department of Environmental Quality, the Virginia Department of Conservation and Recreation and the VMI Research Laboratories host the two-day conference held on Post at VMI.

IRS mails 442,000 tax packages to Virginians

The Internal Revenue Service last week launched the 2006 filing season with a new look to its website, improved online tools and enhanced electronic services that will better assist taxpayers and tax preparers.

According to IRS spokeswoman Gloria Wajciechowski, the agency is sending more than 442,000 tax packages this week to Virginians who have previously filed paper tax returns. Nationwide, 17.7 million 1040 tax packages were mailed to paper filers. The number of paper tax booklets being mailed to Americans is continuing to decline as more people opt for electronic filing.

Nationally, the IRS expects to process 135 million individual tax returns in 2006, with more than 3.4 million of these coming in from Virginians. The agency surpassed an important milestone last year as more than half the Virginians filing tax returns chose to file their returns using some type of electronic filing. This same fact held true for taxpayers nationally. IRS e-file will be available beginning later this month.

"We expect e-file will continue to grow this year," said IRS Commissioner Mark W. Everson. "We remind taxpayers that e-filing is fast, secure and reliable."

"Taxpayers who use IRS e-file and have their tax refunds deposited directly into their bank account can receive their refund in two weeks or less," Wajciechowski said. "That's less than half the time needed for paper returns."

Now, taxpayers can find even more help 24 hours a day, seven days a week on IRS.gov. The newly redesigned IRS.gov provides a more usable look and feel. Also, the agency improved overall site navigation and enhanced the search engine to increase search result accuracy and usability. Users should more easily find needed forms and publications, electronic tools and tax information. A new drop-down menu called "I Need To" provides taxpayers with quick access to frequently requested information.

New and improved features for IRS.gov in 2006 include:

• **1040 Central.** This is the one-stop online shop for people hunting key forms, looking for what's new in the tax code and answers to frequently asked questions.

• **Free file.** The IRS and a consortium of tax software manufacturers will begin the fourth year of the popular service to income-eligible individuals later this month. Free File provides free tax preparation software and free e-filing to individuals who earn approximately $50,000 or less. Each manufacturer offers a proprietary product and sets its eligibility criteria within certain limits. Taxpayers who formerly used Telefile should give Free File a try.

• **Alternative Minimum Tax Assistant.** Every year taxpayers need to consider whether they will have to pay the alternative minimum tax (AMT). The AMT Assistant is intended to provide a simple test for taxpayers who fill out their tax returns without using software to determine whether they may be subject to the AMT.

• **EITC Assistant.** Tax professionals and taxpayers themselves should give the Earned Income Tax Credit Assistant a try. The EITC Assistant helps determine an individual's eligibility for the valuable tax credit and provides an estimate on the amount of the credit. This year, it will also help Hurricane Katrina victims determine which optional income to use. It is available in English and Spanish.

• **Hurricane Assistance.** The IRS has established a toll-free number for hurricane victims, 1-866-562-5227. There are also numerous tax law changes for the victims of Hurricane Katrina, Rita and Wilma, businesses located in the disaster areas and for individuals donating to charities helping the victims. These changes are available on IRS.gov. also, the agency is preparing Publication 4492 that also will detail these changes.

For 2006, tax returns must be filed by April 17 because the traditional date of April 15 falls on a weekend. However, some taxpayers living in the Northeast—Maine, Maryland, Massachusetts, New Hampshire, New York, Vermont and the District of Columbia—will have a filing deadline of April 18 because of a state holiday in Massachusetts where the IRS has a processing facility.

"Another change will give the expected 216,000 late-filers from Virginia an additional six months to get their return in the mail," Wajciechowski advised. "Taxpayers who cannot meet the April deadline should file a Form 4868, Application for Automatic Extension. Now, the extension to file will be through October 16 for more taxpayers. Previously, Form 4868 automatically gave taxpayers an additional four months."

Once Virginians file their tax return, they can track their refund through the online tool "Where's My Refund?" Taxpayers will need some of the exact information from their tax return in order to use the tool. Access this secure website to find out if the IRS has processed the tax return and sent the refund.

Email your NEWS to:

editor@rrecord.com

Officers installed

Westmoreland Masonic Lodge 212 A.F. & A.M. in Kinsale recently installed officers for 2006. From left are (front row) junior deacon Julian Everly, senior warden Mike McKenny, worshipful Master William "Bud" Forman, junior warden Jim Michel, senior steward Harry Self Jr. and junior steward Ray Chatham; (next row) treasurer Chris Cralle, marshal Wade Hudson, tiler Joe Neale, chaplain Wade Wilkins, secretary Robert Phillips and junior deacon Gordon Page.

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The next training is scheduled for:
Part I on March 11 & Part II on March 18, 2006
10:00 am - 4:00 pm

If you are interested in becoming a volunteer and are over the age of 18, please call: Marianne Capanelli, Volunteer Coordinator at 804-281-0451 if you would like to volunteer in the Richmond area or Bobbie Griffith, Volunteer Coordinator at 804-281-0451 if you would like to become a volunteer in the Tappahannock area. You may also call Toll Free at 1-800-501-0451.

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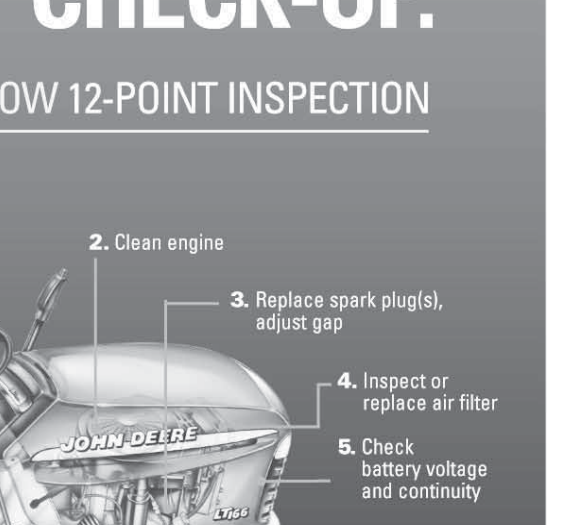

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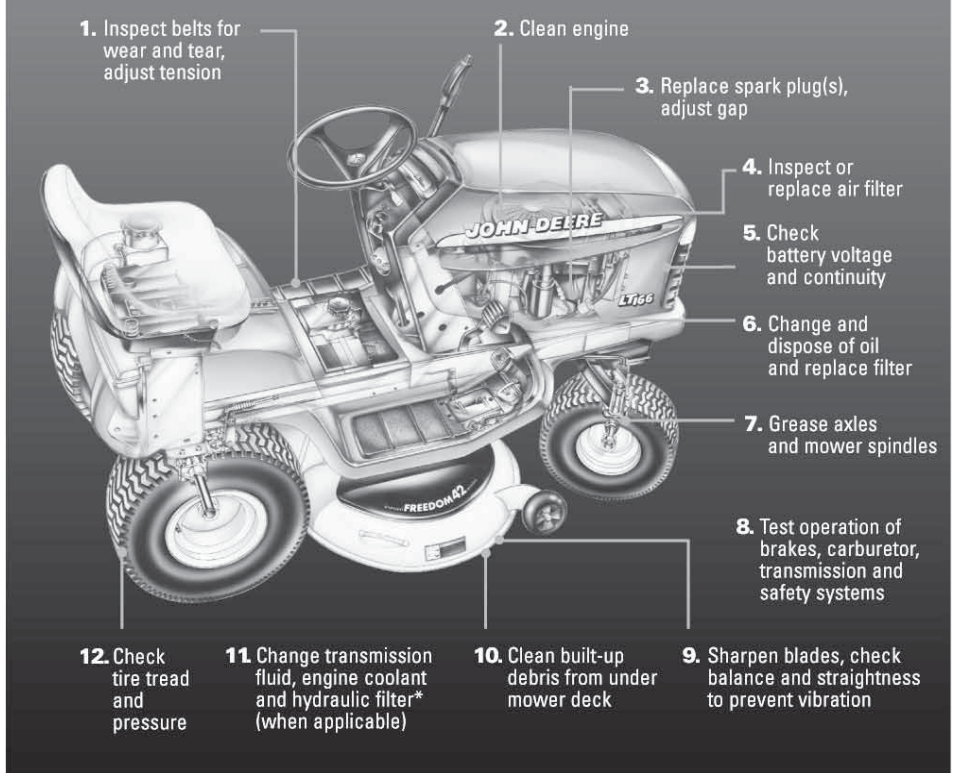

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Supervisors to reorganize

HEATHSVILLE–With the dawning of a new year comes the reorganization of the Northumberland board of supervisors today (January 12).

For a few brief minutes, county administrator Kenneth D. Eades will chair the proceedings while the board elects a new chairman. The board will then elect a vice-chair and adopt its by-laws, meeting schedule and holidays.

Today's session begins at 3:30 p.m. at the courthouse in Heathsville.

The board will hear from the Virginia Department of Transportation, school superintendent Clint Stables, Joe Madej of the Economic Development Commission about a county brochure, and Social Services director Sharon Fisher.

Greg Haugan will lead a discussion on the comprehensive plan.

The board will break for dinner around 6 p.m. and reconvene in the courts building at 7 p.m. for public hearings on:

• a request from David Shaffer for a permit to construct a boathouse on Tipers Creek.

• a request from C. Jacob Keck Jr. for a permit to operate a bed and breakfast in Reedville.

• an amendment to the zoning ordinance to include cargo container storage.

• an amendment to the county code to include provisions for tax relief for the elderly and disabled.

▼ *White Stone merchants are looking for parking spaces . . . .* *(continued from page A1)*

and older, he said.

An inventory of existing parking shows 130 spaces in the downtown area including 86 street parking spaces, 22 at the post office with two handicap spots, and another 22 at the new town office with two handicap spots, said Davis.

However, he noted that finding additional parking could be difficult.

"The [available] real estate in the core area of town is extremely limited," said Davis.

He estimated that at least 30 more parking spaces are needed and urged council to act on adding them before the town begins construction on its $1.1-million Main Street enhancement project. The project will eliminate street side parking spaces where traffic neckdowns jut from the curb and will require other spaces to be temporarily closed while the work is under way.

Davis said the future growth of the town and the resulting need for more parking areas also should be considered.

He said the Virginia Department of Transportation estimates a daily average of 9,300 vehicles already pass through downtown and cited the success of upscale specialty retailers in town as an example of town business growth.

Council authorized Davis to continue the next phase of the study, which he said will take more time because it deals with reviewing surveys and deeds to find potential sites for municipal parking lots.

Other issues

By consensus, council authorized town manager Garey Conrad to send a written request to Kilmarnock and Lancaster County seeking notification when the formal process begins for a major development like a Wal-Mart or other big-box store in Kilmarnock.

Mayor Lloyd B. Hubbard Jr. said a Wal-Mart would impact White Stone with issues like whether the town should pursue construction of a highway bypass.

"It's something we definitely need to address," said Hubbard.

Councilman Trip Hornsmith noted that such a big-box store development would also impact the town budget through state revenues received by the town.

"Projected sales tax revenues could affect us a great bit," said Hornsmith.

As for this year's budget cycle and the town's share of state sales tax revenues, White Stone can expect a bigger share than previously thought.

Conrad said Ernest W. Palin Jr. of the county school system informed him that the state sales tax share will be based upon 109 school-age children living within town limits rather than the 38 figure provided to the town following the census taken in 2004.

"We thank Mr. Palin for all of his diligence and hard work," Hubbard said.

▼ *Windmill Point resort changes hands . . . .* *(continued from page A1)*

settlement process.

"Hopefully we won't have to use that day to come back to court," said Judge Taliaferro.

Other documents related to the new ownership of the resort were also filed with the deed transfer in the clerk's office.

Windmill Redevelopment Associates entered into a credit line deed of trust for the benefit of the Atlanta based Lane II Limited Partnership for a loan up to $3.5 million.

The redevelopment company also entered into an agreement to assume up to $3,285,529 in debt secured through existing loans to previous developers.

Another loan assumption agreement was reached for a revolving credit note currently at $881,740 but not to exceed $1.1 million without the consent of Windmill Redevelopment Associates LLC affiliate company Lane NE Windmill LLC based in New Jersey.

The documents also included an intercreditor agreement through which Windmill Redevelopment Associates LLC requests a credit line of up to $3.5-million from the Lane Company that would be secured by the deed of trust for the properties involved.

The new ownership entity and settlement progress means the resort redevelopment is closer to beginning again after a work stoppage left a 14,000-square-foot building with a 100-seat restaurant and conference center unfinished.

Besides the restaurant and conference center building, the redevelopment plan for the 40-acre site (estimated at $80 million in November of 2004) included construction of a four-story hotel and 28 condominium buildings with 147 units.

Plans to reopen the resort in the spring of 2005 fell through, even though two hotel buildings with 52 guest rooms were renovated and the marina was overhauled.

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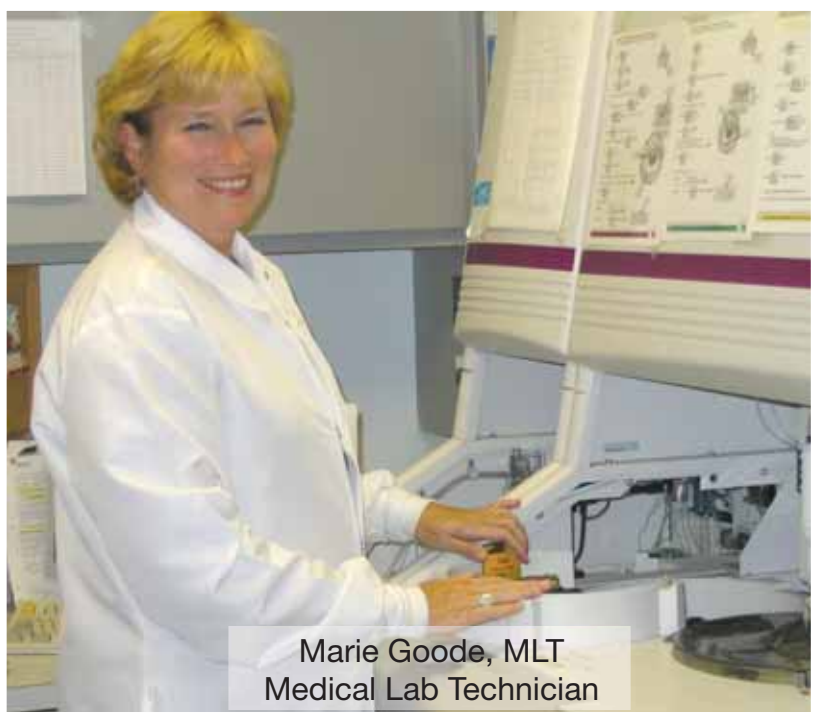

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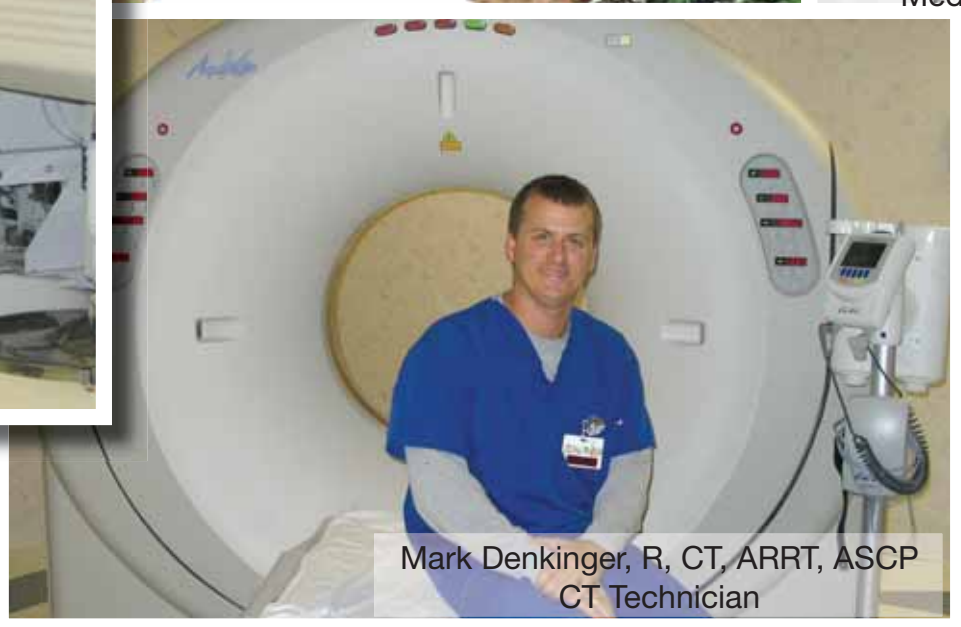

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